

The Surrey Children and Young People's Health and Wellbeing Survey 2019

**A report for
Surrey Secondary**

The Schools Health Education Unit

www.sheu.org.uk

SHEU

Survey Report 2019

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding
Survey Manager
Schools Health Education Unit



Dr. David Regis
Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Surrey	
	Yr 8	Yr 10
Boys	693	527
Girls	694	515

Please note that 25 pupil(s) described themselves as transgender or described themselves in another way, 37 pupil(s) did not want to say and 25 pupil(s) did not provide a response; 0 didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

In the report, you may see '-' in the tables or text (e.g. '-%').

This means we have suppressed the result because the number of valid responses for an item has dropped below 7 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

	Surrey	
	Yr 8	Yr 10
Boys	693	527
Girls	694	515

Background

ETHNICITY

- 75% of pupils responded that they are White British.

HOME LIFE

- 69% of pupils responded that they live with their Mum and Dad together.
- 13% of pupils responded that they live 'mainly or only' with their Mum, while 2% said they live 'mainly or only' with their Dad.

SPECIAL NEEDS

- 1% of pupils responded that someone helped them to fill in the questionnaire, while 2% said they are 'not sure' if someone helped them and 1% didn't want to say.
- 2% of pupils responded that they are disabled, while 5% said they are 'not sure' if they are and 1% didn't want to say.
- 12% of pupils responded that they have a long-standing illness, while 8% said they are 'not sure' if they have and 1% didn't want to say.
- 9% of pupils responded that they have a special educational need or a learning difficulty, while 11% said they are 'not sure' if they have and 1% didn't want to say.
- 19% of pupils responded that they are disabled or have a long-standing illness, special educational need or a learning difficulty.
- 6% of pupils responded that they have additional needs which are properly looked after in school, while 4% said they are 'not sure' if they are and 6% don't have any needs like that.
- This works out as 43% of the 321 pupils with additional needs responding that their needs are properly looked after.

YOUNG CARERS

- 4% of pupils responded that they are a 'young carer', while 5% said they are 'not sure' if they are and 1% didn't want to say.
- 2% of pupils responded that being a young carer takes up at least an hour of their time each day, while 1% said it takes up less than an hour.

ARMED FORCES

- 3% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 3% said they are 'not sure' if they do and 0% didn't want to say.

- 1% of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 1% said their Mum or Dad's partner is.

FREE SCHOOL MEALS

- 6% of pupils responded that they currently have free school meals, while 12% said they have had them in the last 6 years and 2% said they could have them.

Healthy Eating

CONTROL OVER HEALTH

- 91% of pupils agreed with at least one statement about being in control of their health (Q13a&c).
- 52% of pupils agreed with at least one statement saying that they weren't in control of their health (Q13b&d).
- 78% of pupils responded that they are in charge of their health, while 48% said that even if they look after themselves, they can still easily fall ill.

WEIGHT & APPEARANCE

- 9% of pupils responded that they would like to put on weight.
- 41% of pupils responded that they would like to lose weight.
- 50% of pupils responded that they are happy with their weight as it is.
- 17% of pupils responded that they are the main thing that affects the way they feel about their appearance, while 35% said that the comments/attitudes of other people at school affect them.

HEALTHY CHOICES

- 55% of boys and 51% of girls responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- 20% of boys and 22% of girls responded that they 'very often' or 'always' consider their health when choosing what to eat.

5-A-DAY

- 6% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 25% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

LUNCH

- 46% of pupils responded that they had school food for lunch on the day before the survey.

- ❑ 11% of pupils responded that they didn't have any lunch on the day before the survey.
- ❑ 81% of pupils responded that the place where they can get a school lunch is crowded and 63% said it is busy.

BREAKFAST

- ❑ 14% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.
- ❑ 9% of pupils responded that they only had a drink before lessons on the day of the survey.
- ❑ 23% of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 14% had fruit.

FOOD & DRINK

- ❑ 58% of pupils responded that they eat fresh fruit 'on most days'; 62% said the same for vegetables.
- ❑ 32% of pupils responded that they 'rarely or never' eat fish/fish fingers.

Alcohol, Smoking & Drugs

PEER PERCEPTION

- ❑ 8% of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 46% said 'none or just a few' did.
- ❑ 4% of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 64% said 'none or just a few' were.
- ❑ 8% of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 52% said 'none or just a few' did.
- ❑ 4% of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 72% said 'none or just a few' did.

ALCOHOL

- ❑ 16% of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 4% of pupils responded that they were drunk in the 7 days before the survey.
- ❑ 1% of boys and 0% of girls drank over the advised weekly limit of alcohol for adults of 14 units.
- ❑ 4% of pupils responded that they drank beer or lager in the 7 days before the survey and 5% said they drank spirits.
- ❑ 49% of pupils responded that they 'never' drink alcohol.
- ❑ 28% of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 11% said their parents/carers 'usually' know.
- ❑ This works out as 55% of those who drink alcohol responding that their parents 'always know'.

- ❑ 12% of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

ALCOHOL & DRUG INFORMATION

- ❑ 50% of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 19% said they wouldn't know where to go.

SMOKING

- ❑ 16% of pupils responded that they have smoked in the past or smoke now.
 - ❑ 3% of pupils responded that they smoke 'regularly'.
 - ❑ Of the 67 pupils who smoke regularly, 52% said they would like to give up.
 - ❑ 4% of pupils responded that they have smoked in the 7 days before the survey.
 - ❑ 2% of pupils responded that they have bought cigarettes with health warnings in a different language.
 - ❑ 5% of pupils responded that they have 'never heard of' electronic cigarettes, while 70% said they have never used them.
 - ❑ 7% of pupils responded that they use an electronic cigarette 'occasionally' or 'regularly'.
 - ❑ 26% of pupils responded that their parents/carers smoke.
 - ❑ 6% of pupils responded that someone smokes indoors at home in rooms that they use.
 - ❑ 6% of pupils responded that someone smokes in a car when they are in it too.
 - ❑ 69% of pupils responded that no-one ever smokes at home.
 - ❑ 24% of pupils responded that smoking happens only outside.
 - ❑ 3% of pupils responded that smoking happens on the doorstep only.
 - ❑ 3% of pupils responded that smoking happens in certain rooms only.
 - ❑ 2% of pupils responded that smokers can smoke anywhere in their home.
- #### **DRUGS**
- ❑ 35% of pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.
 - ❑ 20% of pupils responded that they have been offered cannabis.
 - ❑ 16% of pupils responded that they have been offered other drugs to get high (not cannabis).
 - ❑ 8% of pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).
 - ❑ 4% of pupils responded that they have taken at least one of the drugs listed during the last month.

- ❑ 7% of pupils responded that they have taken at least one of the drugs listed during the last year.

Emotional Health & Wellbeing

SATISFACTION

- ❑ 6% of pupils responded that they are 'not at all' happy with their life at the moment.
- ❑ 58% of pupils responded that they are at least 'quite' happy with their life at the moment.

SELF-ESTEEM

- ❑ 28% of pupils had a med-low self-esteem score (9 or less).
- ❑ 36% of pupils had a high self-esteem score (15 or more).
- ❑ 71% of pupils responded that they feel happy talking to other pupils at school.

WORRYING

- ❑ 80% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 19% of boys and 40% of girls responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- ❑ 53% of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot' while 28% worry 'quite a lot' or 'a lot' about family problems.
- ❑ 39% of pupils responded that they worry about the way they look 'quite a lot' or 'a lot', while 31% worry 'quite a lot' or 'a lot' about their mental health.
- ❑ 73% of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% said they don't know anyone.

PROBLEM SOLVING

- ❑ 60% of pupils responded that they 'usually' or 'always' listen to music when they have a problem that worries them or they are feeling stressed, while 43% said they talk to someone about it.
- ❑ 29% of pupils responded that they 'usually' or 'always' watch TV when they have a problem that worries them or they are feeling stressed.

RESILIENCE

- ❑ 57% of pupils had a low measure of resilience (0 – 19).
- ❑ 7% of pupils had a high measure of resilience (26+).
- ❑ 51% of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 28% said they get upset and feel bad for ages.
- ❑ 54% of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 41% ask for help and 14% give up.

Sexual Health

SEX & RELATIONSHIPS EDUCATION

- ❑ 71% of pupils responded that they have learned about contraception from school lessons, while 19% said they never learned about it anywhere.
- ❑ 74% of pupils responded that they have learned about sexually transmitted infections from school lessons, while 11% said they never learned about it anywhere.

CONTRACEPTION

- ❑ 29% of pupils responded that they know where they can get condoms free of charge.

HEALTH & ADVICE SERVICES

- ❑ 88% of pupils responded that they have never heard of Catch 22, while 1% said that they know what it is, but not where or how to access it.
- ❑ 0% of pupils responded that they have used Catch 22.
- ❑ 85% of pupils responded that they have never heard of GUM clinics, while 3% said that they know what they are, but not where or how to access them.
- ❑ 0% of pupils responded that they have used GUM clinics.
- ❑ 74% of pupils responded that they have never heard of CASH clinics, while 6% said that they know what they are, but not where or how to access them.
- ❑ 1% of pupils responded that they have used CASH clinics.
- ❑ 48% of pupils responded that they have never heard of sexual health clinics just for young people, while 13% said that they know what they are, but not where or how to access them.
- ❑ 1% of pupils responded that they have used sexual health clinics just for young people.
- ❑ 59% of pupils responded that they have at least heard of one or more of these services, while 1% said that they have used at least one of these services.

YEAR 10+: SEXUAL RELATIONSHIPS

- ❑ 10% of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.
- ❑ 47% of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.
- ❑ 2% of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.
- ❑ 5% of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.
- ❑ 16% of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.

Physical Activity

ENJOY EXERCISE

- ❑ 5% of pupils responded that they don't enjoy physical activities at all.
- ❑ 73% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

PE LESSONS

- ❑ 69% of pupils responded that they enjoy their PE lessons, while 18% are 'not sure' if they do.
- ❑ 58% of pupils responded that they feel they are getting better at PE, while 24% are 'not sure' if they are.

SCHOOL SPORTS

- ❑ 36% of pupils responded that their school has helped them to be more healthy, while 34% are 'not sure' if it has.
- ❑ 37% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ 34% of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.
- ❑ 46% of pupils responded that they don't go to any sports clubs at weekends each week.
- ❑ 9% of pupils responded that they go to at least 3 sports clubs at weekends each week.
- ❑ 47% of pupils responded that they haven't played any sports games or matches at their school this year.
- ❑ 34% of pupils responded that they have played at least 4 matches at their school this year.
- ❑ 64% of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 23% of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 20% of pupils responded that they currently take part in sports volunteering or sports leadership.

EXERCISE

- ❑ 6% of boys and 6% of girls responded that they didn't do any physical activity in the week before the survey.
- ❑ 35% of boys and 25% of girls responded that they did physical activity on five days or more in the week before the survey.
- ❑ 22% of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.
- ❑ 14% of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.
- ❑ 34% of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more on any day in the week before the survey.

- ❑ 9% of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.
- ❑ 76% of pupils responded that their week's pattern of activity was usual, while 12% said it was more active than usual and 12% said it was less active than usual.
- ❑ 39% of pupils responded that they don't have enough time to exercise as much as they would like, or are too busy doing other things, while 12% said transport to get there is a problem.
- ❑ 33% of pupils responded that nothing stops them from exercising as much as they would like to do, while 17% said they are not comfortable about how they look.

Health Services

DOCTOR

- ❑ 69% of pupils responded that they last visited the doctor in the last 6 months.
- ❑ 15% of pupils responded that they last visited the doctor more than a year ago.
- ❑ 22% of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.
- ❑ 21% of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

AT SCHOOL

- ❑ 33% of pupils responded that there is a health clinic in their school, while 50% said they are 'not sure' if there is.
- ❑ 41% of pupils responded that they know who their School Nurse is, while 3% said they don't have one.
- ❑ 56% of pupils responded that they know how to get to see their School Nurse, while 21% said that they do not know.

DENTAL HEALTH

- ❑ 85% of pupils responded that they visited the dentist in the last 6 months.
- ❑ 5% of pupils responded that they last visited the dentist more than a year ago and 1% said they have never been.

SUN SAFETY

- ❑ 10% of pupils responded that they 'never' do anything to avoid sunburn.
- ❑ 56% of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Staying Safe

PEER PRESSURE

- ❑ 66% of pupils responded that they can 'usually' or 'always' say no when a friend wants them to do something they don't want to do.

- ❑ 8% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

BULLYING

- ❑ 28% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 6% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 20% of pupils responded that they have been bullied at or near school in the last 12 months, while 14% said they 'don't know' if they have been.
- ❑ 14% of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 20% said they 'don't know' if they have.
- ❑ 15% of pupils responded that their school deals with bullying 'badly', while 6% said that bullying is not a problem in their school.
- ❑ 34% of pupils responded that their school deals with bullying 'quite' or 'very' well.
- ❑ 55% of pupils responded that they think their school takes bullying seriously, while 30% said they 'don't know' if it does.
- ❑ 19% of pupils responded that they were pushed/hit for no reason in the month before the survey and 11% said they have had belongings taken/broken. 47% said none of the behaviours listed happened.
- ❑ 38% of pupils responded that they have been teased/made fun of in the month before the survey.
- ❑ 21% of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 20% said they experienced it in a classroom during breaktimes.
- ❑ 18% of pupils responded that they were bullied recently and told their Mum or Dad/carer, while 9% said they told a teacher or other staff at school.
- ❑ 11% of pupils responded that the bullying problem stopped after telling someone, while 9% said it didn't stop.
- ❑ This works out as 36% of those pupils who have told someone responding that the bullying problem stopped after doing so; 29% of these pupils said it didn't stop.
- ❑ 22% of boys and 24% of girls think they have been picked on or bullied because of their size or weight.
- ❑ 26% of boys and 38% of girls think they have been picked on or bullied because of the way they look.

LOCAL AREA

- ❑ 75% of pupils rated their safety at school as 'good' or 'very good'; 53% said the same of going out after dark.
- ❑ 17% of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 5% said the same of being at school.

RELATIONSHIPS

- ❑ 28% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

E-SAFETY

- ❑ 80% of pupils responded that they have chatted on the internet.
- ❑ 43% of pupils responded that they chat to friends of friends on the internet, while 25% said they chat to other people who they don't know in real life.
- ❑ 25% of pupils responded that they have received a hurtful, nasty or scary message online, while 10% said someone has changed their password.
- ❑ 11% of pupils responded that they have given personal information to someone online who they didn't know in real life.
- ❑ 23% of pupils responded that someone online who they didn't know has asked to see pictures of them.
- ❑ 6% of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.
- ❑ 3% of pupils responded that they have sent sexual pictures of themselves to someone they don't know.
- ❑ 7% of pupils responded that they have sent sexual pictures of themselves to someone they do know.
- ❑ 17% of pupils responded that someone they don't know in person has asked to meet with them; 6% said this person was, as far as they know, quite a bit older than them and 4% said they did actually meet up with them.
- ❑ 91% of pupils responded that they have been told how to stay safe while online.
- ❑ 67% of pupils responded that they always follow the advice they have been given about how to stay safe online.
- ❑ 74% of pupils responded that they have blocked someone because of something upsetting that happened online and 2% said they have reported something to CEOP.

Enjoying & Achieving

FUTURE PLANS

- ❑ 46% of boys and 56% of girls responded that they want to continue in full-time education at the end of Year 11.
- ❑ 47% of boys and 43% of girls responded that they want to find a job as soon as they can at the end of Year 11.
- ❑ 58% of boys and 49% of girls responded that they want to get training for a skilled job at the end of Year 11.
- ❑ 85% of pupils responded that after school they want to stay in full-time education, find a job as soon as

they can or get training for a skilled job. 1% did not want to do any of these.

- ❑ 15% of boys and 11% of girls responded that they want to start a family at the end of Year 11.

SCHOOL LESSONS

- ❑ 39% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 13% of pupils responded that they enjoy 'hardly any' of their lessons at school.
- ❑ 22% of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
- ❑ 19% of pupils responded that they have found school lessons about citizenship 'not at all' useful.

ATTENDANCE

- ❑ 83% of pupils responded that they think it is important to go to school regularly, while 6% think it isn't important.
- ❑ 77% of pupils responded that they have been away from school due to illness or injury in the 12 months before the survey, while 44% said they have been away due to doctor/dentist appointments.

EVERY CHILD MATTERS

- ❑ 37% of pupils responded that they think the school cares whether they are happy or not and 66% said their work is marked so they can see how to improve it.
- ❑ 22% of pupils responded that they think the school doesn't care whether they are happy or not.
- ❑ 7% of pupils had a low pupil perception score.

- ❑ 40% of pupils had a high pupil perception score.

Leisure

- ❑ 92% of pupils responded that they spent time watching TV or video after school on the day before the survey, while 76% did homework and 50% played video games.
- ❑ 62% of pupils responded that they listened to music after school on the day before the survey, while 28% said they met with friends.
- ❑ 41% of pupils responded that they cared for pets after school on the day before the survey, while 19% said they read a book for pleasure.

Making a Positive Contribution

- ❑ 59% of pupils responded that they are asked for their opinions about what they learn in school; 41% said their opinions make a difference and 58% would like to be consulted more often.
- ❑ 51% of pupils responded that they are asked for their ideas and opinions about how they learn in school; 47% said their opinions make a difference and 58% would like to be consulted more often.
- ❑ 52% of pupils responded that they are asked for their ideas and opinions about the school environment; 51% said their opinions make a difference and 56% would like to be consulted more often.
- ❑ 34% of pupils responded that they are asked for their ideas and opinions about their community; 38% said their opinions make a difference and 48% would like to be consulted more often.

2019/2017 Comparisons

	2019		2017	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	693	527	0	13
Girls	694	515	81	116

2017 data in brackets; see notes on interpreting differences.

Background

ETHNICITY

- 75% (73%) of pupils responded that they are White British.

HOME LIFE

- 69% (73%) of pupils responded that they live with their Mum and Dad together.
- 13% (16%) of pupils responded that they live 'mainly or only' with their Mum, while 2% (2%) said they live 'mainly or only' with their Dad.

SPECIAL NEEDS

- 1% (5%) of pupils responded that someone helped them to fill in the questionnaire, while 2% (1%) said they are 'not sure' if someone helped them and 1% (0%) didn't want to say.
- 2% (1%) of pupils responded that they are disabled, while 5% (2%) said they are 'not sure' if they are and 1% (1%) didn't want to say.
- 12% (9%) of pupils responded that they have a long-standing illness, while 8% (4%) said they are 'not sure' if they have and 1% (1%) didn't want to say.
- 9% (8%) of pupils responded that they have a special educational need or a learning difficulty, while 11% (7%) said they are 'not sure' if they have and 1% (3%) didn't want to say.
- 19% (16%) of pupils responded that they are disabled or have a long-standing illness, special educational need or a learning difficulty.
- 6% (4%) of pupils responded that they have additional needs which are properly looked after in school, while 4% (3%) said they are 'not sure' if they are and 6% (5%) don't have any needs like that.
- This works out as 43% (36%) of the 321 (22) pupils with additional needs responding that their needs are properly looked after.

YOUNG CARERS

- 4% (5%) of pupils responded that they are a 'young carer', while 5% (5%) said they are 'not sure' if they are and 1% (2%) didn't want to say.
- 2% (3%) of pupils responded that being a young carer takes up at least an hour of their time each day, while 1% (0%) said it takes up less than an hour.

ARMED FORCES

- 3% (1%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 3% (1%) said

they are 'not sure' if they do and 0% (0%) didn't want to say.

- 1% (1%) of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 1% (0%) said their Mum or Dad's partner is.

FREE SCHOOL MEALS

- 6% (6%) of pupils responded that they currently have free school meals, while 12% (5%) said they have had them in the last 6 years and 2% (2%) said they could have them.

Healthy Eating

CONTROL OVER HEALTH

- 91% (95%) of pupils agreed with at least one statement about being in control of their health (Q13a&c).
- 52% (47%) of pupils agreed with at least one statement saying that they weren't in control of their health (Q13b&d).
- 78% (81%) of pupils responded that they are in charge of their health, while 48% (44%) said that even if they look after themselves, they can still easily fall ill.

WEIGHT & APPEARANCE

- 9% (2%) of pupils responded that they would like to put on weight.
- 41% (48%) of pupils responded that they would like to lose weight.
- 50% (49%) of pupils responded that they are happy with their weight as it is.
- 17% (16%) of pupils responded that they are the main thing that affects the way they feel about their appearance, while 35% (34%) said that the comments/attitudes of other people at school affect them.

HEALTHY CHOICES

- 55% (69%) of boys and 51% (45%) of girls responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- 20% (23%) of boys and 22% (23%) of girls responded that they 'very often' or 'always' consider their health when choosing what to eat.

5-A-DAY

- 6% (5%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

- ❑ 25% (25%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

LUNCH

- ❑ 46% (41%) of pupils responded that they had school food for lunch on the day before the survey.
- ❑ 11% (11%) of pupils responded that they didn't have any lunch on the day before the survey.
- ❑ 81% (76%) of pupils responded that the place where they can get a school lunch is crowded and 63% (63%) said it is busy.

BREAKFAST

- ❑ 14% (11%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.
- ❑ 9% (5%) of pupils responded that they only had a drink before lessons on the day of the survey.
- ❑ 23% (26%) of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 14% (16%) had fruit.

FOOD & DRINK

- ❑ 58% (63%) of pupils responded that they eat fresh fruit 'on most days'; 62% (70%) said the same for vegetables.
- ❑ 32% (31%) of pupils responded that they 'rarely or never' eat fish/fish fingers.

Alcohol, Smoking & Drugs

PEER PERCEPTION

- ❑ 8% (6%) of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 46% (36%) said 'none or just a few' did.
- ❑ 4% (5%) of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 64% (54%) said 'none or just a few' were.
- ❑ 8% (9%) of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 52% (42%) said 'none or just a few' did.
- ❑ 4% (5%) of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 72% (74%) said 'none or just a few' did.

ALCOHOL

- ❑ 16% (14%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 4% (3%) of pupils responded that they were drunk in the 7 days before the survey.
- ❑ 1% (0%) of boys and 0% (0%) of girls drank over the advised weekly limit of alcohol for adults of 14 units.
- ❑ 4% (5%) of pupils responded that they drank beer or lager in the 7 days before the survey and 5% (3%) said they drank spirits.

- ❑ 49% (53%) of pupils responded that they 'never' drink alcohol.
- ❑ 28% (21%) of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 11% (14%) said their parents/carers 'usually' know.
- ❑ This works out as 55% (46%) of those who drink alcohol responding that their parents 'always know'.
- ❑ 12% (12%) of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

ALCOHOL & DRUG INFORMATION

- ❑ 50% (47%) of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 19% (17%) said they wouldn't know where to go.

SMOKING

- ❑ 16% (11%) of pupils responded that they have smoked in the past or smoke now.
- ❑ 3% (3%) of pupils responded that they smoke 'regularly'.
- ❑ 4% (3%) of pupils responded that they have smoked in the 7 days before the survey.
- ❑ 2% (0%) of pupils responded that they have bought cigarettes with health warnings in a different language.
- ❑ 5% (9%) of pupils responded that they have 'never heard of' electronic cigarettes, while 70% (76%) said they have never used them.
- ❑ 7% (4%) of pupils responded that they use an electronic cigarette 'occasionally' or 'regularly'.
- ❑ 26% (16%) of pupils responded that their parents/carers smoke.
- ❑ 6% (5%) of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 6% (2%) of pupils responded that someone smokes in a car when they are in it too.
- ❑ 69% (79%) of pupils responded that no-one ever smokes at home.
- ❑ 24% (17%) of pupils responded that smoking happens only outside.
- ❑ 3% (1%) of pupils responded that smoking happens on the doorstep only.
- ❑ 3% (1%) of pupils responded that smoking happens in certain rooms only.
- ❑ 2% (2%) of pupils responded that smokers can smoke anywhere in their home.

DRUGS

- ❑ 35% (29%) of pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.
- ❑ 20% (8%) of pupils responded that they have been offered cannabis.

- ❑ 16% (10%) of pupils responded that they have been offered other drugs to get high (not cannabis).
- ❑ 8% (4%) of pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).
- ❑ 4% (2%) of pupils responded that they have taken at least one of the drugs listed during the last month.
- ❑ 7% (3%) of pupils responded that they have taken at least one of the drugs listed during the last year.

Emotional Health & Wellbeing

SATISFACTION

- ❑ 6% (6%) of pupils responded that they are 'not at all' happy with their life at the moment.
- ❑ 58% (55%) of pupils responded that they are at least 'quite' happy with their life at the moment.

SELF-ESTEEM

- ❑ 28% (23%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 36% (39%) of pupils had a high self-esteem score (15 or more).
- ❑ 71% (68%) of pupils responded that they feel happy talking to other pupils at school.

WORRYING

- ❑ 80% (86%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 19% (17%) of boys and 40% (22%) of girls responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- ❑ 53% (66%) of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot' while 28% (26%) worry 'quite a lot' or 'a lot' about family problems.
- ❑ 39% (45%) of pupils responded that they worry about the way they look 'quite a lot' or 'a lot', while 31% (23%) worry 'quite a lot' or 'a lot' about their mental health.
- ❑ 73% (72%) of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% (7%) said they don't know anyone.

PROBLEM SOLVING

- ❑ 60% (61%) of pupils responded that they 'usually' or 'always' listen to music when they have a problem that worries them or they are feeling stressed, while 43% (42%) said they talk to someone about it.
- ❑ 29% (31%) of pupils responded that they 'usually' or 'always' watch TV when they have a problem that worries them or they are feeling stressed.

RESILIENCE

- ❑ 57% (55%) of pupils had a low measure of resilience (0 – 19). (The resilience measure has been updated, but your 2017 figure has been adjusted to match it).
- ❑ 7% (4%) of pupils had a high measure of resilience (26+).

- ❑ 51% (50%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 28% (32%) said they get upset and feel bad for ages.
- ❑ 54% (57%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 41% (46%) ask for help and 14% (12%) give up.

Sexual Health

SEX & RELATIONSHIPS EDUCATION

- ❑ 71% (65%) of pupils responded that they have learned about contraception from school lessons, while 19% (22%) said they never learned about it anywhere.
- ❑ 74% (64%) of pupils responded that they have learned about sexually transmitted infections from school lessons, while 11% (21%) said they never learned about it anywhere.

CONTRACEPTION

- ❑ 29% (12%) of pupils responded that they know where they can get condoms free of charge.

HEALTH & ADVICE SERVICES

- ❑ 88% (95%) of pupils responded that they have never heard of Catch 22, while 1% (1%) said that they know what it is, but not where or how to access it.
- ❑ 0% (0%) of pupils responded that they have used Catch 22.
- ❑ 85% (93%) of pupils responded that they have never heard of GUM clinics, while 3% (0%) said that they know what they are, but not where or how to access them.
- ❑ 0% (0%) of pupils responded that they have used GUM clinics.
- ❑ 74% (81%) of pupils responded that they have never heard of CASH clinics, while 6% (2%) said that they know what they are, but not where or how to access them.
- ❑ 1% (0%) of pupils responded that they have used CASH clinics.
- ❑ 48% (61%) of pupils responded that they have never heard of sexual health clinics just for young people, while 13% (5%) said that they know what they are, but not where or how to access them.
- ❑ 1% (1%) of pupils responded that they have used sexual health clinics just for young people.
- ❑ 59% (46%) of pupils responded that they have at least heard of one or more of these services, while 1% (1%) said that they have used at least one of these services.

Physical Activity

ENJOY EXERCISE

- ❑ 5% (6%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 73% (62%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

PE LESSONS

- ❑ 69% (65%) of pupils responded that they enjoy their PE lessons, while 18% (18%) are 'not sure' if they do.
- ❑ 58% (58%) of pupils responded that they feel they are getting better at PE, while 24% (22%) are 'not sure' if they are.

SCHOOL SPORTS

- ❑ 36% (30%) of pupils responded that their school has helped them to be more healthy, while 34% (35%) are 'not sure' if it has.
- ❑ 37% (39%) of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ 34% (33%) of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.
- ❑ 46% (50%) of pupils responded that they don't go to any sports clubs at weekends each week.
- ❑ 9% (6%) of pupils responded that they go to at least 3 sports clubs at weekends each week.
- ❑ 47% (54%) of pupils responded that they haven't played any sports games or matches at their school this year.
- ❑ 34% (25%) of pupils responded that they have played at least 4 matches at their school this year.
- ❑ 64% (72%) of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 23% (13%) of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 20% (20%) of pupils responded that they currently take part in sports volunteering or sports leadership.

EXERCISE

- ❑ 6% (17%) of boys and 6% (5%) of girls responded that they didn't do any physical activity in the week before the survey.
- ❑ 35% (8%) of boys and 25% (31%) of girls responded that they did physical activity on five days or more in the week before the survey.
- ❑ 22% (15%) of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.
- ❑ 14% (13%) of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.
- ❑ 34% (29%) of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more on any day in the week before the survey.
- ❑ 9% (7%) of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.

- ❑ 76% (74%) of pupils responded that their week's pattern of activity was usual, while 12% (11%) said it was more active than usual and 12% (14%) said it was less active than usual.
- ❑ 39% (51%) of pupils responded that they don't have enough time to exercise as much as they would like, or are too busy doing other things, while 12% (15%) said transport to get there is a problem.
- ❑ 33% (22%) of pupils responded that nothing stops them from exercising as much as they would like to do, while 17% (24%) said they are not comfortable about how they look.

Health Services

DOCTOR

- ❑ 69% (65%) of pupils responded that they last visited the doctor in the last 6 months.
- ❑ 15% (14%) of pupils responded that they last visited the doctor more than a year ago.
- ❑ 22% (22%) of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.
- ❑ 21% (20%) of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

AT SCHOOL

- ❑ 33% (20%) of pupils responded that there is a health clinic in their school, while 50% (64%) said they are 'not sure' if there is.
- ❑ 41% (15%) of pupils responded that they know who their School Nurse is, while 3% (1%) said they don't have one.
- ❑ 56% (29%) of pupils responded that they know how to get to see their School Nurse, while 21% (38%) said that they do not know.

DENTAL HEALTH

- ❑ 85% (88%) of pupils responded that they visited the dentist in the last 6 months.
- ❑ 5% (4%) of pupils responded that they last visited the dentist more than a year ago and 1% (0%) said they have never been.

SUN SAFETY

- ❑ 10% (9%) of pupils responded that they 'never' do anything to avoid sunburn.
- ❑ 56% (61%) of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Staying Safe

PEER PRESSURE

- ❑ 66% (75%) of pupils responded that they can 'usually' or 'always' say no when a friend wants them to do something they don't want to do.
- ❑ 8% (5%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

BULLYING

- ❑ 28% (19%) of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 6% (5%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 20% (13%) of pupils responded that they have been bullied at or near school in the last 12 months, while 14% (10%) said they 'don't know' if they have been.
- ❑ 14% (6%) of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 20% (12%) said they 'don't know' if they have.
- ❑ 15% (9%) of pupils responded that their school deals with bullying 'badly', while 6% (5%) said that bullying is not a problem in their school.
- ❑ 34% (28%) of pupils responded that their school deals with bullying 'quite' or 'very' well.
- ❑ 55% (51%) of pupils responded that they think their school takes bullying seriously, while 30% (36%) said they 'don't know' if it does.
- ❑ 19% (10%) of pupils responded that they were pushed/hit for no reason in the month before the survey and 11% (9%) said they have had belongings taken/broken. 47% (61%) said none of the behaviours listed happened.
- ❑ 38% (27%) of pupils responded that they have been teased/made fun of in the month before the survey.
- ❑ 21% (11%) of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 20% (12%) said they experienced it in a classroom during breaktimes.
- ❑ 18% (13%) of pupils responded that they were bullied recently and told their Mum or Dad/carer, while 9% (5%) said they told a teacher or other staff at school.
- ❑ 11% (9%) of pupils responded that the bullying problem stopped after telling someone, while 9% (5%) said it didn't stop.
- ❑ This works out as 36% (39%) of those pupils who have told someone responding that the bullying problem stopped after doing so; 29% (22%) of these pupils said it didn't stop.
- ❑ 22% (20%) of boys and 24% (16%) of girls think they have been picked on or bullied because of their size or weight.
- ❑ 26% (40%) of boys and 38% (28%) of girls think they have been picked on or bullied because of the way they look.

LOCAL AREA

- ❑ 75% (77%) of pupils rated their safety at school as 'good' or 'very good'; 53% (46%) said the same of going out after dark.

- ❑ 17% (16%) of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 5% (7%) said the same of being at school.

RELATIONSHIPS

- ❑ 28% (14%) of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

E-SAFETY

- ❑ 80% (86%) of pupils responded that they have chatted on the internet.
- ❑ 43% (45%) of pupils responded that they chat to friends of friends on the internet, while 25% (22%) said they chat to other people who they don't know in real life.
- ❑ 25% (24%) of pupils responded that they have received a hurtful, nasty or scary message online, while 10% (9%) said someone has changed their password.
- ❑ 11% (9%) of pupils responded that they have given personal information to someone online who they didn't know in real life.
- ❑ 23% (15%) of pupils responded that someone online who they didn't know has asked to see pictures of them.
- ❑ 6% (4%) of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.
- ❑ 3% (2%) of pupils responded that they have sent sexual pictures of themselves to someone they don't know.
- ❑ 7% (3%) of pupils responded that they have sent sexual pictures of themselves to someone they do know.
- ❑ 17% (15%) of pupils responded that someone they don't know in person has asked to meet with them; 6% (3%) said this person was, as far as they know, quite a bit older than them and 4% (5%) said they did actually meet up with them.
- ❑ 91% (93%) of pupils responded that they have been told how to stay safe while online.
- ❑ 67% (67%) of pupils responded that they always follow the advice they have been given about how to stay safe online.
- ❑ 74% (74%) of pupils responded that they have blocked someone because of something upsetting that happened online and 2% (2%) said they have reported something to CEOP.

Enjoying & Achieving

FUTURE PLANS

- ❑ 46% (50%) of boys and 56% (62%) of girls responded that they want to continue in full-time education at the end of Year 11.

- ❑ 47% (67%) of boys and 43% (34%) of girls responded that they want to find a job as soon as they can at the end of Year 11.
- ❑ 58% (83%) of boys and 49% (46%) of girls responded that they want to get training for a skilled job at the end of Year 11.
- ❑ 85% (87%) of pupils responded that after school they want to stay in full-time education, find a job as soon as they can or get training for a skilled job. 1% (0%) did not want to do any of these.
- ❑ 15% (50%) of boys and 11% (7%) of girls responded that they want to start a family at the end of Year 11.

SCHOOL LESSONS

- ❑ 39% (47%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 13% (12%) of pupils responded that they enjoy 'hardly any' of their lessons at school.
- ❑ 22% (12%) of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
- ❑ 19% (18%) of pupils responded that they have found school lessons about citizenship 'not at all' useful.

ATTENDANCE

- ❑ 83% (91%) of pupils responded that they think it is important to go to school regularly, while 6% (2%) think it isn't important.
- ❑ 77% (67%) of pupils responded that they have been away from school due to illness or injury in the 12 months before the survey, while 44% (54%) said they have been away due to doctor/dentist appointments.

EVERY CHILD MATTERS

- ❑ 37% (41%) of pupils responded that they think the school cares whether they are happy or not and 66% (70%) said their work is marked so they can see how to improve it.

- ❑ 22% (20%) of pupils responded that they think the school doesn't care whether they are happy or not.
- ❑ 7% (8%) of pupils had a low pupil perception score.
- ❑ 40% (43%) of pupils had a high pupil perception score.

Leisure

- ❑ 76% (81%) of pupils responded that they spent time doing homework after school on the day before the survey and 50% (20%) played video games.
- ❑ 62% (63%) of pupils responded that they listened to music after school on the day before the survey, while 28% (24%) said they met with friends.
- ❑ 41% (40%) of pupils responded that they cared for pets after school on the day before the survey, while 19% (25%) said they read a book for pleasure.

Making a Positive Contribution

- ❑ 59% (55%) of pupils responded that they are asked for their opinions about what they learn in school; 41% (40%) said their opinions make a difference and 58% (61%) would like to be consulted more often.
- ❑ 51% (54%) of pupils responded that they are asked for their ideas and opinions about how they learn in school; 47% (47%) said their opinions make a difference and 58% (63%) would like to be consulted more often.
- ❑ 52% (54%) of pupils responded that they are asked for their ideas and opinions about the school environment; 51% (52%) said their opinions make a difference and 56% (52%) would like to be consulted more often.
- ❑ 34% (27%) of pupils responded that they are asked for their ideas and opinions about their community; 38% (33%) said their opinions make a difference and 48% (46%) would like to be consulted more often.

Significant differences between 2019 and 2017 data

Below we have listed some statistically significant differences between the data collected in the 2019 survey and that collected in 2017. The arrow on the left-hand side indicates whether the percentage for 2019 is higher (↑) or lower (↓) than the percentage for 2017.

	2019		2017	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	693	527	0	13
Girls	694	515	81	116

Sig	2019	2017	Question
↑***	50%	20%	of pupils responded that they spent time playing video games after school on the day before the survey.
↑***	41%	15%	of pupils responded that they know who their School Nurse is.
↑***	56%	29%	of pupils responded that they know how to get to see their School Nurse.
↓***	1%	5%	of pupils responded that someone helped them to fill in the questionnaire.
↑***	29%	12%	of pupils responded that they know where they can get condoms free of charge.
↑***	28%	14%	of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.
↑***	20%	8%	of pupils responded that they have been offered cannabis.
↑***	33%	20%	of pupils responded that there is a health clinic in their school.
↓***	47%	61%	of pupils responded that none of the behaviours listed in Q74 happened in the month before the survey.
↓***	48%	61%	of pupils responded that they have never heard of sexual health clinics just for young people.
↑***	59%	46%	of pupils responded that they have at least heard of one or more of the services listed in Q49.
↓***	53%	66%	of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot'.
↓***	39%	51%	of pupils responded that they don't have enough time to exercise as much as they would like, or are too busy doing other things.
↑***	73%	62%	of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
↑***	21%	11%	of pupils responded that they experienced negative behaviour outside at school during breaktimes.
↑***	22%	12%	of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
↑***	19%	10%	of pupils responded that they were pushed/hit for no reason in the month before the survey.
↑***	9%	2%	of pupils responded that they would like to put on weight.
↑***	33%	22%	of pupils responded that nothing stops them exercising as much as they would like to do.
↑***	77%	67%	of pupils responded that they have been away from school due to illness or injury in the 12 months before the survey.
↑***	26%	16%	of pupils responded that their parents/carers smoke.
↑***	23%	13%	of pupils responded that they have played at least 4 matches against other schools this year.
↓***	85%	93%	of pupils responded that they have never heard of GUM clinics.
↑***	14%	6%	of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months.
↓***	69%	79%	of pupils responded that no-one ever smokes at home.
↓***	88%	95%	of pupils responded that they have never heard of Catch 22.
↑***	38%	27%	of pupils responded that they have been teased/made fun of in the month before the survey.
↑***	74%	64%	of pupils responded that they have learned about sexually transmitted infections from school lessons.
↑***	46%	36%	X888 of pupils responded that they believe 'none or just a few' people their age drank alcohol in the week before the survey.
↑***	16%	5%	of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.
↑***	64%	54%	of pupils responded that they believe 'none or just a few' people their age were drunk at least once in the 7 days before the survey.

↑***	52%	42%	of pupils responded that they believe 'none or just a few' people their age smoked a cigarette in the 7 days before the survey.
↑***	20%	12%	of pupils responded that they experienced negative behaviour in a classroom during breaktimes.
↑***	23%	15%	of pupils responded that someone online who they didn't know has asked to see pictures of them.
↓***	83%	91%	of pupils responded that they think it is important to go to school regularly.
↑***	34%	25%	of pupils responded that they have played at least 4 matches at their school this year.
↓***	17%	24%	of pupils responded that being uncomfortable about how they look stops them exercising as much as they would like.
↓***	44%	54%	of pupils responded that they have been away from school due to doctor/dentist appointments in the 12 months before the survey.
↓***	66%	75%	of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
↑***	28%	19%	of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
↓**	51%	60%	of pupils responded that they want to continue in full-time education at the end of Year 11.
↓**	64%	72%	of pupils responded that they haven't played any games or matches against other schools this year.
↑*	31%	23%	of pupils responded that they worry about their mental health 'quite a lot' or 'a lot'.
↑*	15%	9%	of pupils responded that their school deals with bullying 'badly'.
↑*	16%	10%	of pupils responded that they have been offered other drugs to get high (not cannabis).
↓	2%	6%	of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.
↑	6%	2%	of pupils responded that they think it isn't important to go to school regularly.
↑	20%	13%	of pupils responded that they have been bullied at or near school in the last 12 months.
↓	74%	81%	of pupils responded that they have never heard of CASH clinics.
↓	62%	70%	of pupils responded that they eat vegetables 'on most days'.
↑	8%	4%	of pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).
↓	39%	47%	of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
↓	5%	9%	of pupils responded that they have 'never heard of' electronic cigarettes.
↑	7%	3%	of pupils responded that they have sent sexual pictures of themselves to someone they do know.
↑	22%	15%	of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.
↓	80%	86%	of pupils responded that they have chatted on the internet.
↑	6%	2%	of pupils responded that someone smokes in a car when they are in it too.
↑	16%	11%	of pupils responded that they have smoked in the past or smoke now.
↑	9%	5%	of pupils responded that they were bullied recently and told a teacher or other staff at school.
↑	45%	37%	of pupils responded that they want to find a job as soon as they can at the end of Year 11.
↓	41%	48%	of pupils responded that they would like to lose weight.

Tests: Chi-squared (χ^2).

KEY: * = $p < 0.05$ (5%)

** = $p < 0.01$ (1%)

*** = $p < 0.001$ (0.1%).

Background

Ethnicity

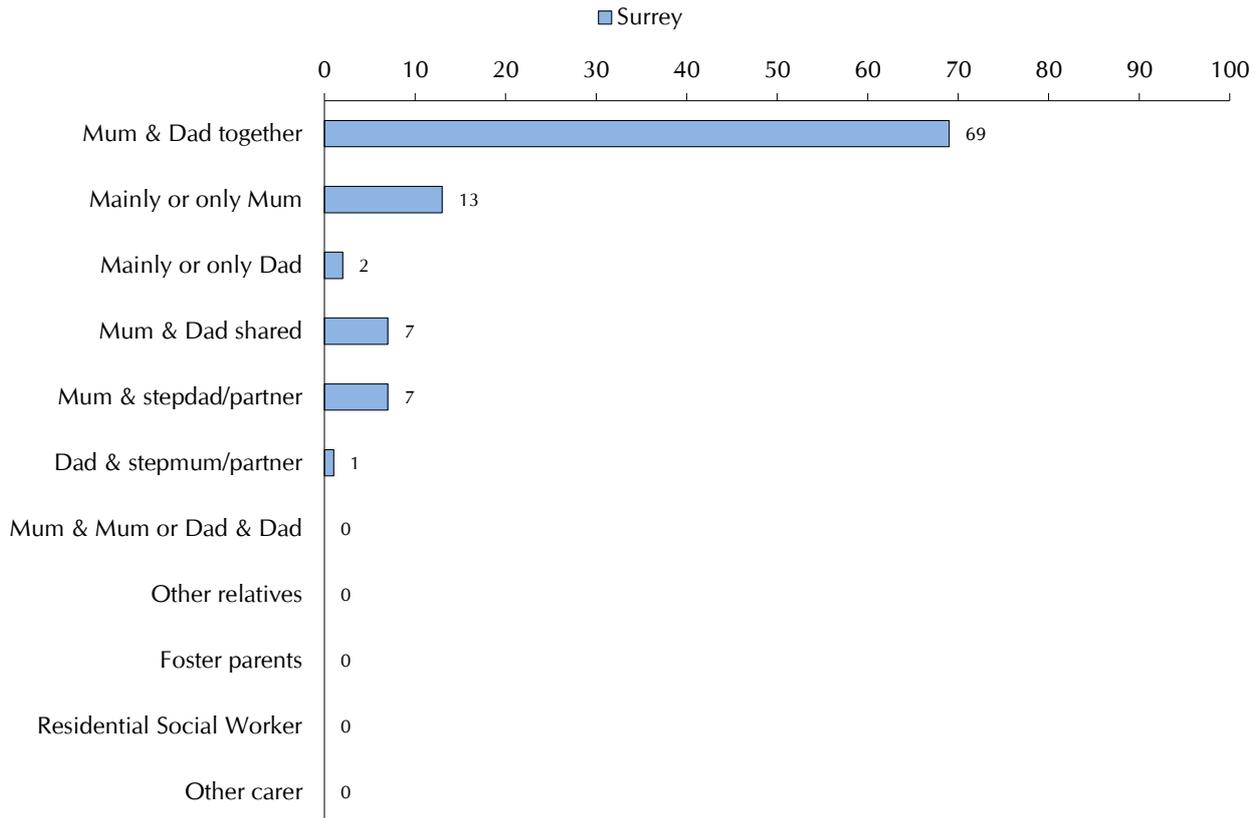
75% of pupils responded that they are White British.

Q2. Percentage answering that they are White British.

	Surrey	
	Yr 8	Yr 10
Boys	73	77
Girls	76	80

Home life

Q4. Which adults do you live with?



69% of pupils responded that they live with their Mum and Dad together.

Q4. Percentage answering that they live with their Mum and Dad together.

	Surrey	
	Yr 8	Yr 10
Boys	71	67
Girls	72	67

13% of pupils responded that they live 'mainly or only' with their Mum, while 2% said they live 'mainly or only' with their Dad.

Q4. Percentage answering that they live 'mainly or only' with their Mum.

	Surrey	
	Yr 8	Yr 10
Boys	11	13
Girls	12	15

Special needs

1% of pupils responded that someone helped them to fill in the questionnaire, while 2% said they are 'not sure' if someone helped them and 1% didn't want to say.

2% of pupils responded that they are disabled, while 5% said they are 'not sure' if they are and 1% didn't want to say.

12% of pupils responded that they have a long-standing illness, while 8% said they are 'not sure' if they have and 1% didn't want to say.

9% of pupils responded that they have a special educational need or a learning difficulty, while 11% said they are 'not sure' if they have and 1% didn't want to say.

19% of pupils responded that they are disabled or have a long-standing illness, special educational need or a learning difficulty.

6% of pupils responded that they have additional needs which are properly looked after in school, while 4% said they are 'not sure' if they are and 6% don't have any needs like that.

This works out as 43% of the 321 pupils with additional needs responding that their needs are properly looked after.

Q5. Percentage answering that someone helped them to fill in the questionnaire.

	Surrey	
	Yr 8	Yr 10
Boys	1	1
Girls	0	1

Q6. Percentage answering that they are disabled.

	Surrey	
	Yr 8	Yr 10
Boys	2	3
Girls	1	1

Q7. Percentage answering that they have a long-standing illness.

	Surrey	
	Yr 8	Yr 10
Boys	10	12
Girls	11	13

Q8. Percentage answering that they have a special educational need or a learning difficulty.

	Surrey	
	Yr 8	Yr 10
Boys	11	10
Girls	6	6

Q6-8. Percentage answering that they are disabled or have a long-standing illness, special educational need or a learning difficulty.

	Surrey	
	Yr 8	Yr 10
Boys	20	20
Girls	16	19

Q9. Percentage answering that they have additional needs which are looked after properly in school.

	Surrey	
	Yr 8	Yr 10
Boys	6	7
Girls	5	5

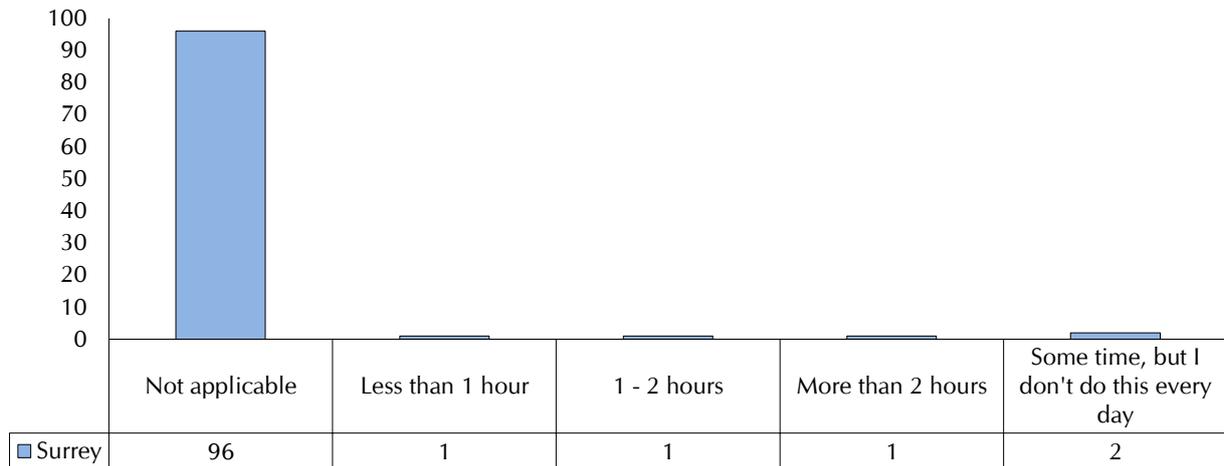
Young carers

4% of pupils responded that they are a 'young carer', while 5% said they are 'not sure' if they are and 1% didn't want to say.

Q10a. Percentage answering that they are a 'young carer'.

	Surrey	
	Yr 8	Yr 10
Boys	5	4
Girls	5	3

Q10c. If you are a 'young carer', how much of your time does it take up each day?



2% of pupils responded that being a young carer takes up at least an hour of their time each day, while 1% said it takes up less than an hour.

Q10c. Percentage answering that being a young carer takes up at least an hour of their time each day.

	Surrey	
	Yr 8	Yr 10
Boys	1	2
Girls	2	1

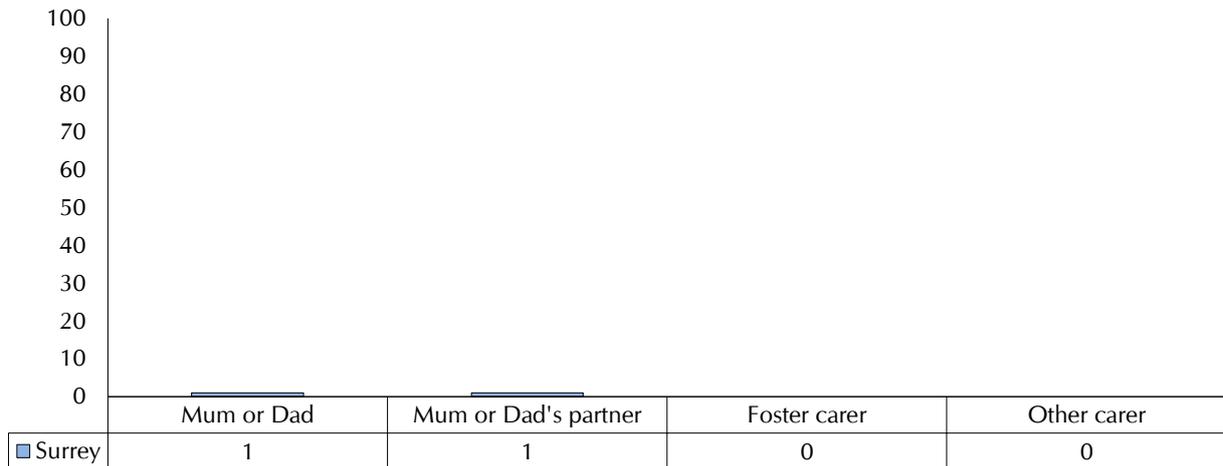
Armed forces

3% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 3% said they are 'not sure' if they do and 0% didn't want to say.

Q11a. Percentage answering that they have a parent/carer who is in the armed forces.

	Surrey	
	Yr 8	Yr 10
Boys	2	3
Girls	2	3

Q11b. If yes, who is it?



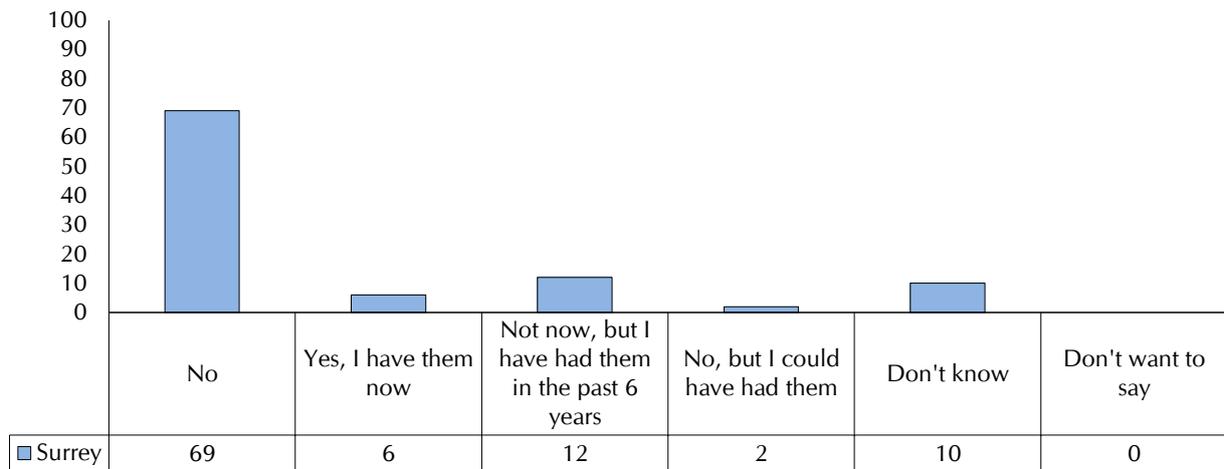
1% of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 1% said their Mum or Dad's partner is.

Q11b. Percentage answering that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves.

	Surrey	
	Yr 8	Yr 10
Boys	1	1
Girls	1	1

Free school meals

Q12. In the last 6 years have you ever had free school meals, or vouchers for free meals?



6% of pupils responded that they currently have free school meals, while 12% said they have had them in the last 6 years and 2% said they could have them.

Q12. Percentage answering that they currently have free school meals.

	Surrey	
	Yr 8	Yr 10
Boys	7	5
Girls	5	7

Healthy Eating

Control over health

91% of pupils agreed with at least one statement about being in control of their health (Q13a&c).

Q13. Percentage agreeing with statements Q13a and/or Q13c.

	Surrey	
	Yr 8	Yr 10
Boys	91	94
Girls	90	93

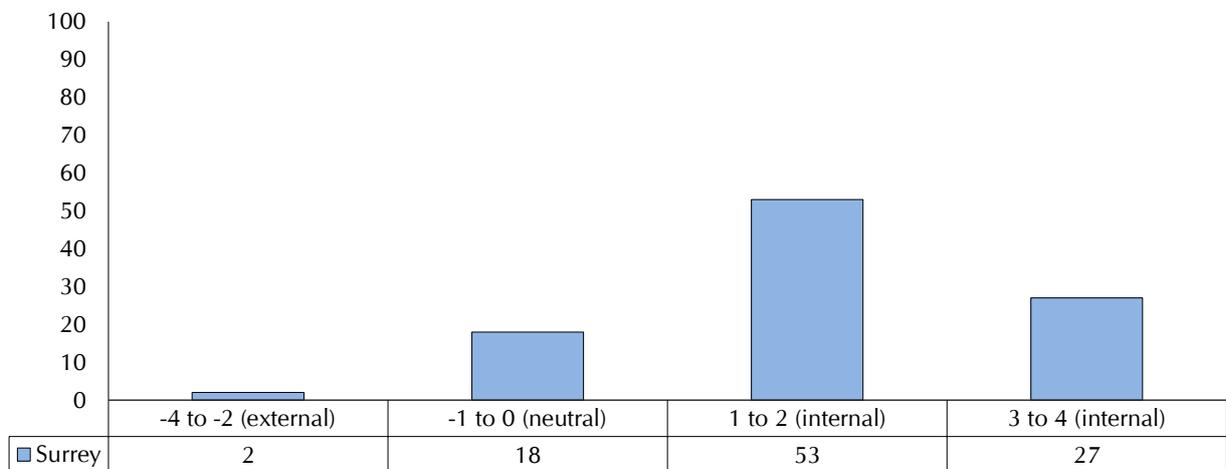
52% of pupils agreed with at least one statement saying that they weren't in control of their health (Q13b&d).

Q13. Percentage agreeing with statements Q13b and/or Q13d.

	Surrey	
	Yr 8	Yr 10
Boys	50	48
Girls	55	55

For an overall 'control' score SHEU add together the scores for the two 'controlling' items (a + c) and take away the score for the two 'chance' items (b + d). This gives a score, in the jargon, of 'health locus of control', whether a person sees themselves as being generally in control of their health or not. If not then this fatalism may make health warnings irrelevant.

Q13. Aggregate health locus of control score:



78% of pupils responded that they are in charge of their health, while 48% said that even if they look after themselves, they can still easily fall ill.

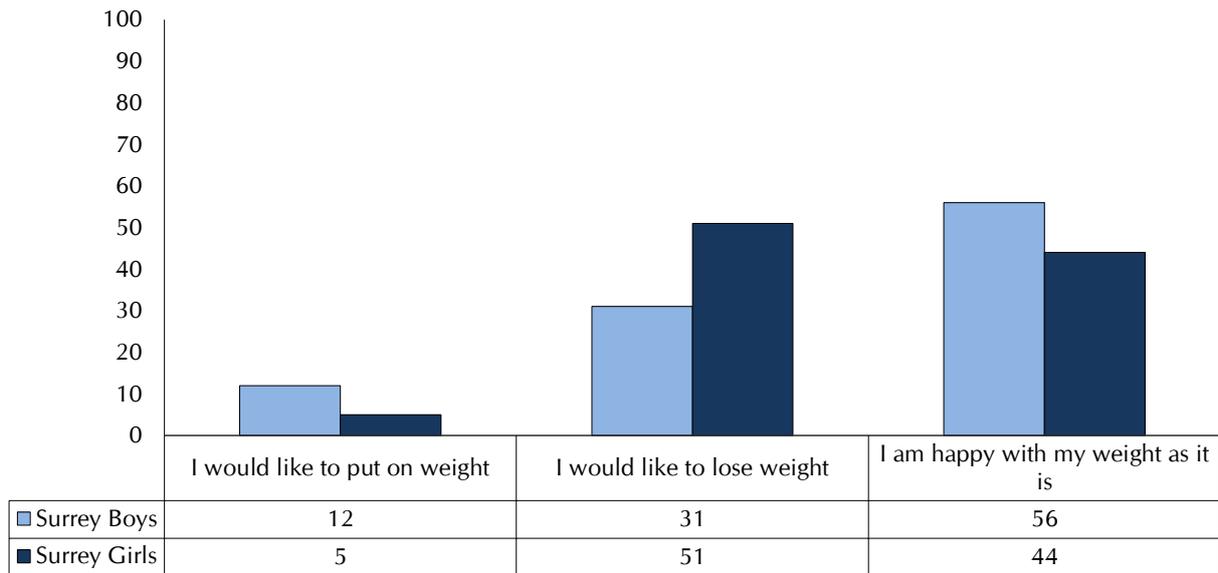
Q13. Percentage of pupils responding that they 'agree' with the following statements:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
a. "I am in charge of my health."	76	75	83	79	78
b. "If I keep healthy, I've just been lucky."	7	8	9	8	8
c. "If I take care of myself I'll stay healthy."	78	71	79	77	75
d. "Even if I look after myself I can still easily fall ill."	47	51	44	51	48
e. "I think I'm healthy but I don't make much effort."*	29	29	33	38	32

*This item does not contribute to the calculation of the health locus of control.

Weight & appearance

Q15. Weight: Which statement describes you best?



9% of pupils responded that they would like to put on weight.

Q15. Percentage answering that they would like to put on weight.

	Surrey	
	Yr 8	Yr 10
Boys	10	16
Girls	5	5

41% of pupils responded that they would like to lose weight.

Q15. Percentage answering that they would like to lose weight.

	Surrey	
	Yr 8	Yr 10
Boys	34	27
Girls	46	57

50% of pupils responded that they are happy with their weight as it is.

Q15. Percentage answering that they are happy with their weight as it is.

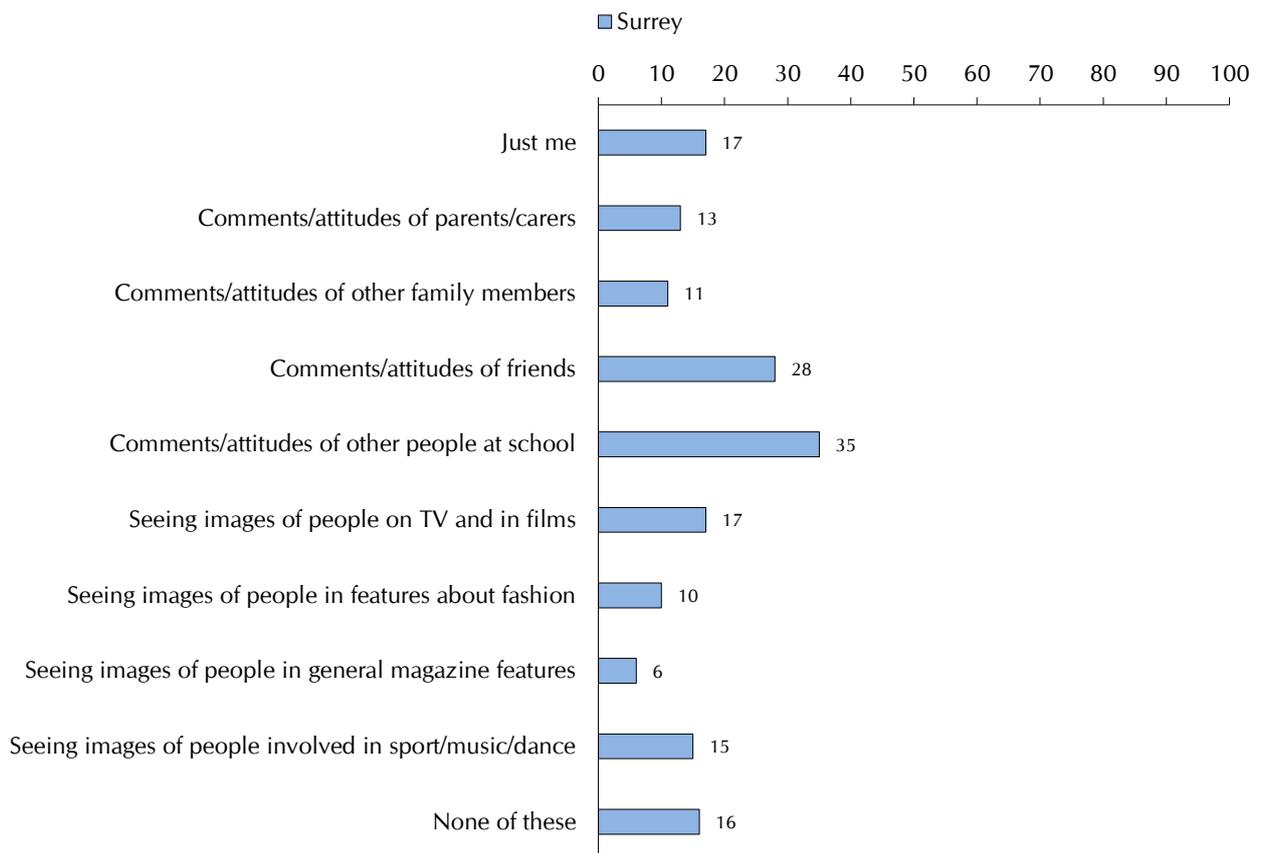
	Surrey	
	Yr 8	Yr 10
Boys	56	57
Girls	49	37

17% of pupils responded that they are the main thing that affects the way they feel about their appearance, while 35% said that the comments/attitudes of other people at school affect them.

Q16. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance (top 5):

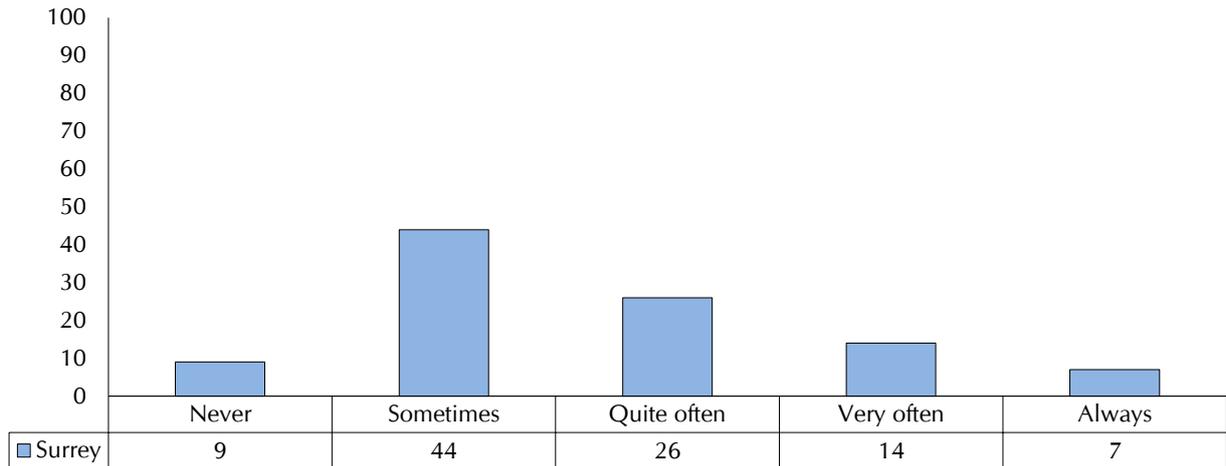
Boys			Girls		
1	Comments/attitudes of other people at school	27	1	Comments/attitudes of other people at school	44
2	Comments/attitudes of friends	27	2	Comments/attitudes of friends	28
3	Just me	20	3	Seeing images of people on TV and in films	23
4	Seeing images of people involved in sport/music/dance	13	4	Seeing images of people involved in sport/music/dance	18
5	Comments/attitudes of parents/carers	12	5	Seeing images of people in features about fashion	18

Q16. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance:



Healthy choices

Q17. When choosing what to eat, do you consider your health?



55% of boys and 51% of girls responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.

Q17. Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.

	Surrey	
	Yr 8	Yr 10
Boys	52	59
Girls	51	51

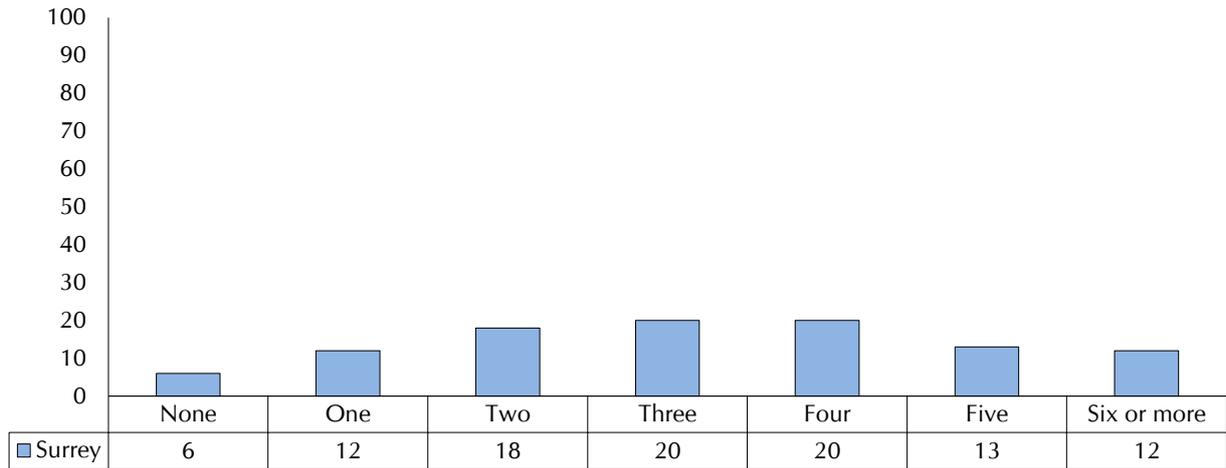
20% of boys and 22% of girls responded that they 'very often' or 'always' consider their health when choosing what to eat.

Q17. Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.

	Surrey	
	Yr 8	Yr 10
Boys	21	18
Girls	22	21

5-a-day

Q18. How many portions of fruit and vegetables did you eat yesterday?



6% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q18. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	5	9
Girls	6	4

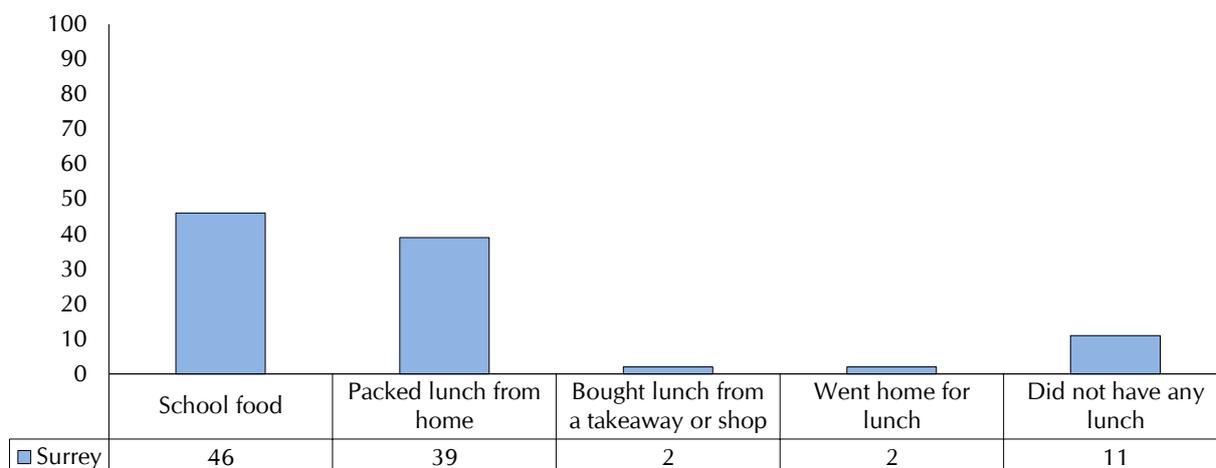
25% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Q18. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	30	20
Girls	25	24

Lunch

Q19. What did you do for lunch yesterday?



46% of pupils responded that they had school food for lunch on the day before the survey.

Q19. Percentage answering that they had school food for lunch on the day before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	52	45
Girls	48	34

11% of pupils responded that they didn't have any lunch on the day before the survey.

Q19. Percentage answering that they didn't have any lunch on the day before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	9	9
Girls	11	13

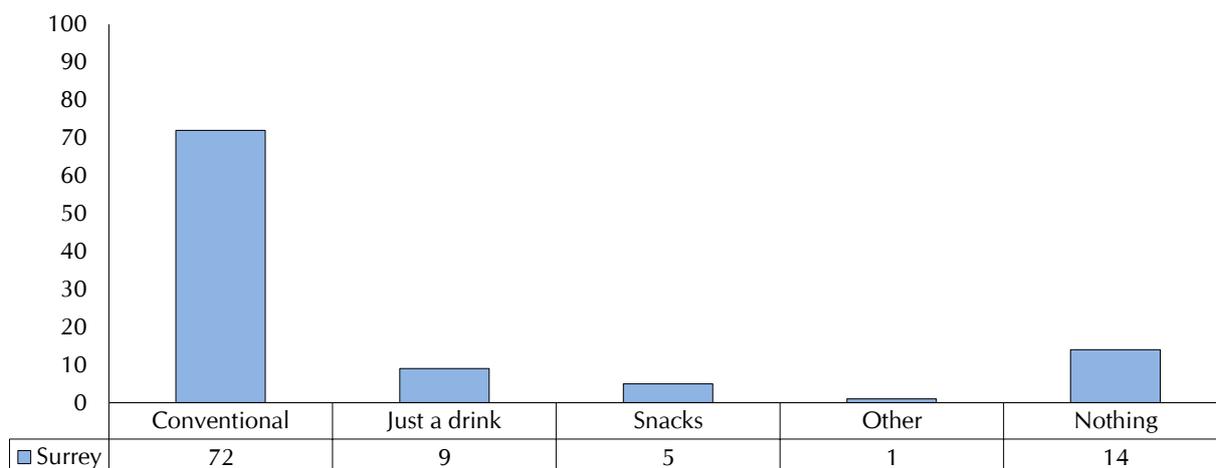
81% of pupils responded that the place where they can get a school lunch is crowded and 63% said it is busy.

Q20. Percentage of pupils responding that they would describe the place where they can get a school lunch as the following:

	Boys		Girls		
1	Crowded	78	1	Crowded	84
2	Busy	58	2	Busy	69
3	Rushed	45	3	Rushed	55
4	Friendly	16	4	Friendly	17
5	Happy	15	5	Happy	15
6	Safe	13	6	Smelly	11
7	Smelly	13	7	Safe	11
8	Relaxed	5	8	Relaxed	3

Breakfast

Q21. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; porridge; toast, bread or bagels; cooked breakfast; fruit; yoghurt or a breakfast bar. Only snacks means: chocolate bar or sweets; biscuits, cakes or croissants or crisp-type snack but not conventional breakfast.

14% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.

Q21. Percentage answering that they didn't have anything to eat or drink before lessons on the day of the survey.

	Surrey	
	Yr 8	Yr 10
Boys	10	13
Girls	16	16

9% of pupils responded that they only had a drink before lessons on the day of the survey.

Q21. Percentage answering that they only had a drink before lessons on the day of the survey.

	Surrey	
	Yr 8	Yr 10
Boys	7	9
Girls	7	13

23% of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 14% had fruit.

Q21. Percentage of pupils responding that they had the following to eat for breakfast on the day of the survey (top 5):

Boys			Girls		
1	Cereals (not sugary/porridge)	33	1	Cereals (not sugary/porridge)	26
2	Toast, bread or bagels	26	2	Toast, bread or bagels	20
3	Fruit	12	3	Fruit	15
4	Sugar-coated cereals	7	4	Biscuits/cakes/croissants	5
5	Porridge/Ready brek	6	5	Sugar-coated cereals	5

Q21. Percentage of pupils responding that they had the following to drink for breakfast on the day of the survey (top 3):

Boys			Girls		
1	Other drink	29	1	Other drink	36
2	Tea/ice tea	11	2	Tea/ice tea	9
3	Energy drink (e.g. Red Bull, Relentless)	5	3	Coffee/cappuccino	4

Food & drink

58% of pupils responded that they eat fresh fruit 'on most days'; 62% said the same for vegetables.

Q22. Percentage of pupils responding that they eat or drink the following 'on most days' (top 10):

Boys			Girls		
1	Water	89	1	Water	91
2	Vegetables	58	2	Vegetables	67
3	Fresh fruit	54	3	Fresh fruit	62
4	Milk	53	4	Milk	37
5	Crisps	26	5	Crisps	30
6	Sweets, chocolate, choc bars	23	6	Sweets, chocolate, choc bars	28
7	Salads	20	7	Salads	25
8	Cheese	20	8	Cheese	25
9	Tea/ice tea	18	9	Tea/ice tea	19
10	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	13	10	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	13

32% of pupils responded that they 'rarely or never' eat fish/fish fingers.

Q22. Percentage of pupils responding that they 'rarely or never' eat or drink the following (top 10):

Boys			Girls		
1	Coffee/cappuccino	72	1	Energy drinks (e.g. Red Bull, Relentless)	77
2	Energy drinks (e.g. Red Bull, Relentless)	67	2	Coffee/cappuccino	72
3	Hot chocolate	50	3	'Diet' (low calorie) drinks	53
4	Tea/ice tea	46	4	Hot chocolate	52
5	'Diet' (low calorie) drinks	41	5	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	48
6	Takeaways (e.g. burgers, pizza)	37	6	Tea/ice tea	45
7	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	33	7	Takeaways (e.g. burgers, pizza)	40
8	Any fish/fish fingers	28	8	Any fish/fish fingers	36
9	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	26	9	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	32
10	Salads	25	10	Eggs	27

Alcohol, Smoking & Drugs

Peer perception

Q23. How many people of your age, do you believe...?

	None or just a few	Some	Many	Most of them	All or nearly all
...drank alcohol in the last 7 days?	46	31	15	6	2
...have been drunk at least once in the last 7 days?	64	22	9	3	1
...have smoked a cigarette in the last 7 days?	52	24	16	5	3
...have taken cannabis in the last 7 days?	72	17	7	2	2

8% of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 46% said 'none or just a few' did.

Q23a. Percentage answering that they believe at least 'most' people their age drank alcohol in the week before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	3	11
Girls	3	15

4% of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 64% said 'none or just a few' were.

Q23b. Percentage answering that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	1	7
Girls	2	6

8% of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 52% said 'none or just a few' did.

Q23c. Percentage answering that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	2	11
Girls	4	14

4% of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 72% said 'none or just a few' did.

Q23d. Percentage answering that they believe at least 'most' people their age took cannabis in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	1	7
Girls	1	5

Alcohol

16% of pupils responded that they had an alcoholic drink in the 7 days before the survey.

Q24. Percentage answering that they had an alcoholic drink in the 7 days before the survey.

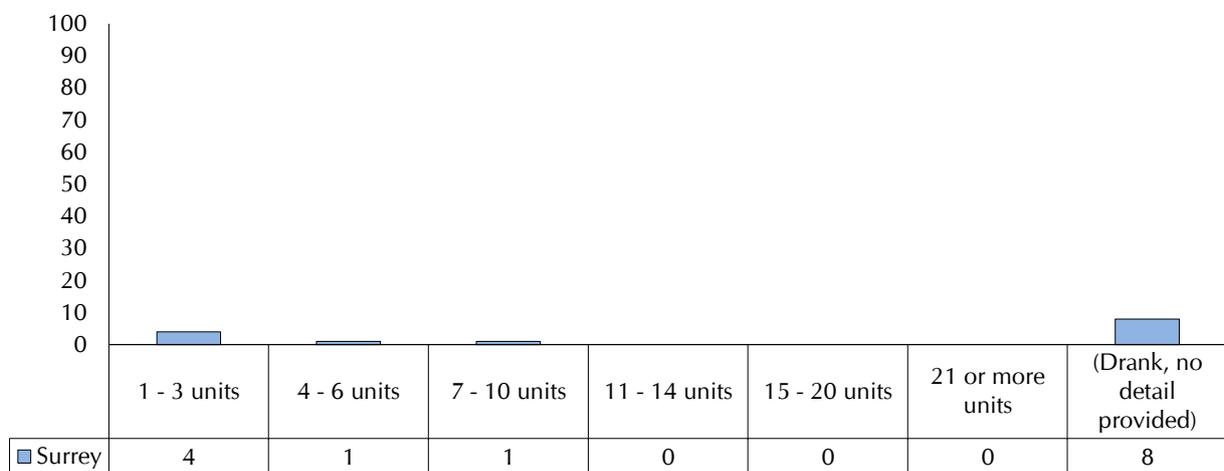
	Surrey	
	Yr 8	Yr 10
Boys	11	26
Girls	7	23

4% of pupils responded that they were drunk in the 7 days before the survey.

Q25. Percentage answering that they were drunk in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	1	7
Girls	2	8

Q26. Total units of alcohol pupils reported drinking in the 7 days before the survey:



1% of boys and 0% of girls drank over the advised weekly limit of alcohol for adults of 14 units.

Q26. Percentage answering that they drank over 14 units of alcohol in the 7 days before the survey.

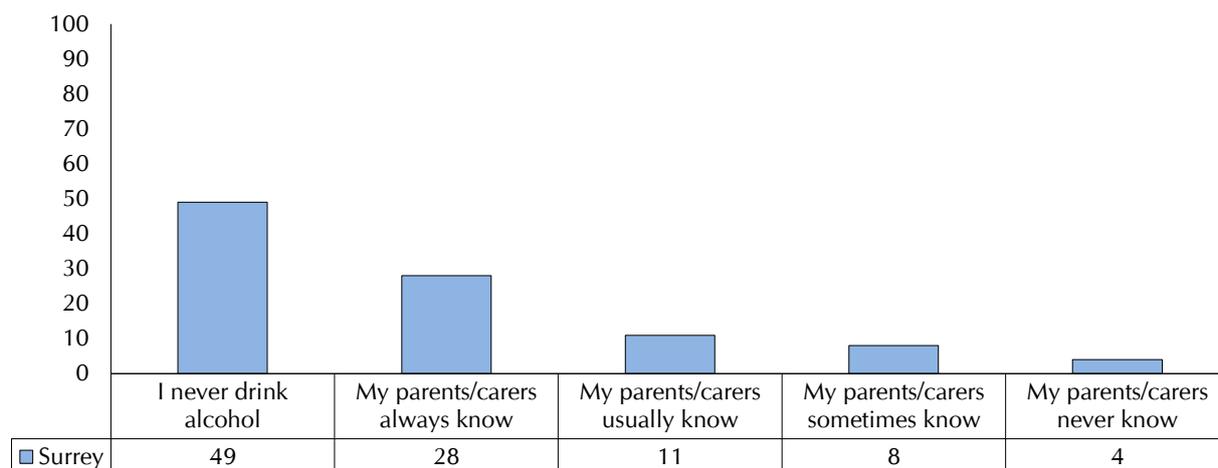
	Surrey	
	Yr 8	Yr 10
Boys	0	3
Girls	0	0

4% of pupils responded that they drank beer or lager in the 7 days before the survey and 5% said they drank spirits.

Q26. Most popular alcoholic drinks in the 7 days before the survey (top 5):

Boys			Girls		
1	Beer or lager	7	1	Spirits	5
2	Cider	4	2	Wine	4
3	Spirits	4	3	Pre-mixed drinks	3
4	Shooters/shots/jelly	2	4	Cider	2
5	Pre-mixed drinks	2	5	Shooters/shots/jelly	2

Q27. If you ever drink alcohol, do your parents/carers know?



49% of pupils responded that they 'never' drink alcohol.

Q27. Percentage answering that they never drink alcohol.

	Surrey	
	Yr 8	Yr 10
Boys	61	34
Girls	63	30

28% of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 11% said their parents/carers 'usually' know.

Q27. Percentage answering that if they ever drink alcohol, their parents/carers 'always' know.

	Surrey	
	Yr 8	Yr 10
Boys	26	33
Girls	25	33

This works out as 55% of those who drink alcohol responding that their parents 'always know'.

12% of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

Q27. Percentage answering that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

	Surrey	
	Yr 8	Yr 10
Boys	8	14
Girls	7	20

Alcohol & drug information

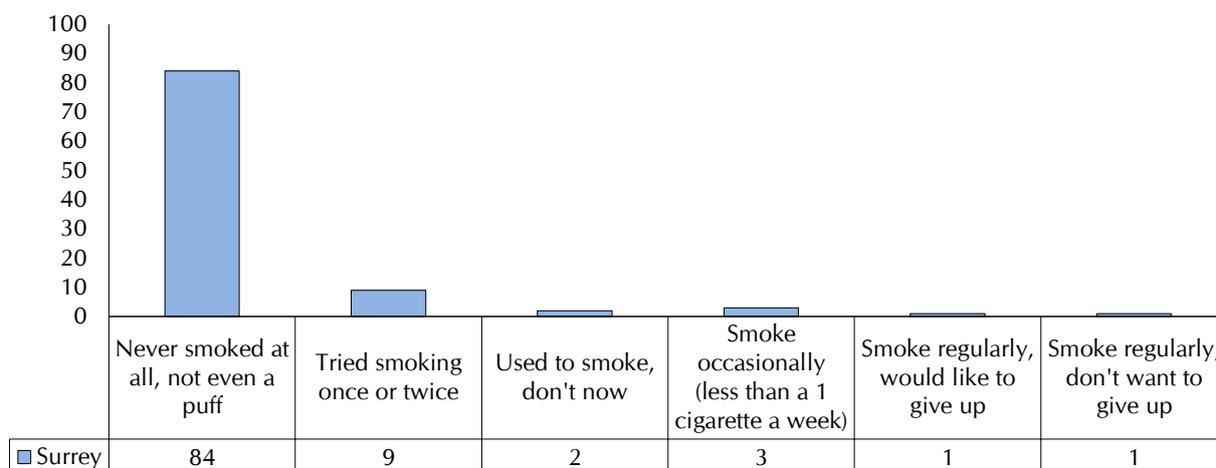
50% of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 19% said they wouldn't know where to go.

Q28. Percentage answering that they would know where to go if they wanted information or support about alcohol or drugs.

	Surrey	
	Yr 8	Yr 10
Boys	53	48
Girls	51	47

Smoking

Q29. Smoking: Which statement describes you best?



16% of pupils responded that they have smoked in the past or smoke now.

Q29. Percentage answering that they have smoked in the past or smoke now.

	Surrey	
	Yr 8	Yr 10
Boys	9	23
Girls	7	29

3% of pupils responded that they smoke 'regularly'.

Q29. Percentage answering that they smoke 'regularly'

Of the 67 pupils who smoke regularly, 52% said they would like to give up.

	Surrey	
	Yr 8	Yr 10
Boys	1	4
Girls	1	6

4% of pupils responded that they have smoked in the 7 days before the survey.

Q30. Percentage answering that they have smoked in the 7 days before the survey.

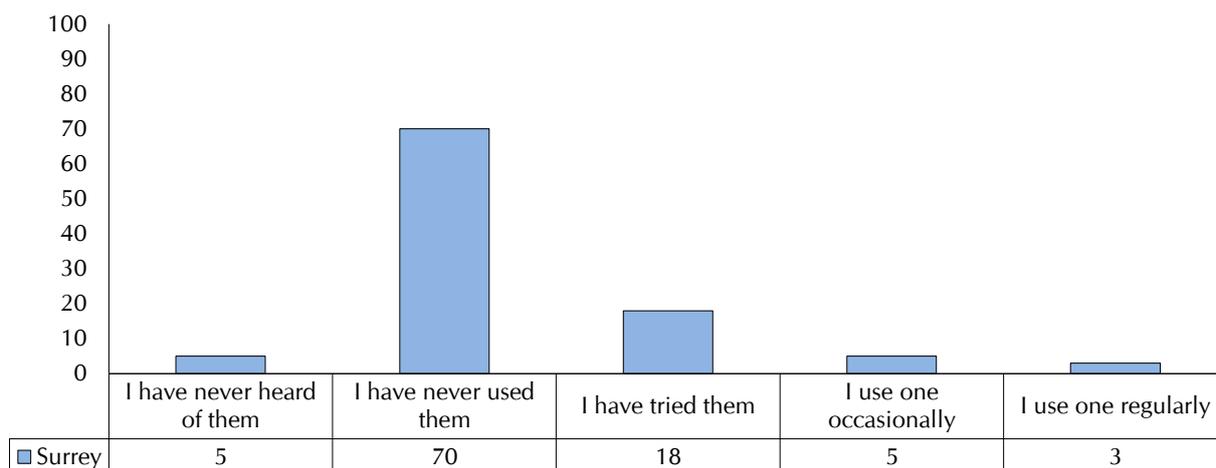
	Surrey	
	Yr 8	Yr 10
Boys	1	6
Girls	1	10

2% of pupils responded that they have bought cigarettes with health warnings in a different language.

Q31. Percentage of pupils responding that they have bought the following:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Cigarettes with health warnings in a different language	1	1	4	3	2
Fake cigarettes (counterfeit)	0	0	1	0	0
Single cigarettes (not in packets)	1	0	3	2	1
Cigarettes from other sellers (e.g. neighbours, market stalls etc.)	1	0	3	3	1
Adults (aged 18 and over) have bought cigarettes for me	1	0	4	8	3

Q32. What do you know about electronic cigarettes or 'e-cigarettes'?



5% of pupils responded that they have 'never heard of' electronic cigarettes, while 70% said they have never used them.

Q32. Percentage answering that they have either 'never heard of' or 'never used' electronic cigarettes.

	Surrey	
	Yr 8	Yr 10
Boys	81	61
Girls	88	65

7% of pupils responded that they use an electronic cigarette 'occasionally' or 'regularly'.

Q32. Percentage answering that they use an electronic cigarette 'occasionally' or 'regularly'.

	Surrey	
	Yr 8	Yr 10
Boys	4	14
Girls	3	10

26% of pupils responded that their parents/carers smoke.

Q33a. Percentage answering that their parents/carers smoke.

	Surrey	
	Yr 8	Yr 10
Boys	25	26
Girls	28	24

6% of pupils responded that someone smokes indoors at home in rooms that they use.

Q33b. Percentage answering that someone smokes indoors at home in rooms that they use.

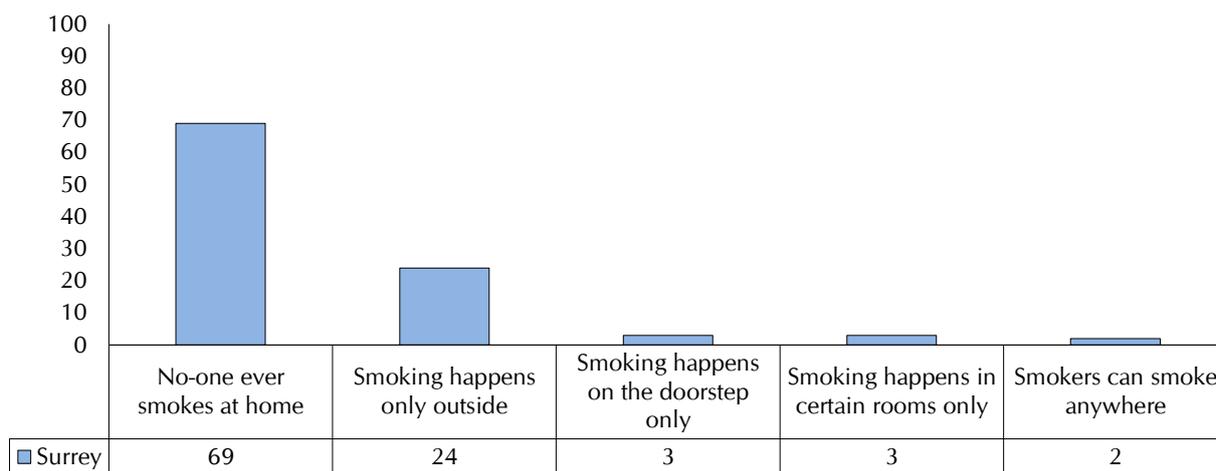
	Surrey	
	Yr 8	Yr 10
Boys	4	5
Girls	6	7

6% of pupils responded that someone smokes in a car when they are in it too.

Q33c. Percentage answering that someone smokes in a car when they are in it too.

	Surrey	
	Yr 8	Yr 10
Boys	5	7
Girls	5	7

Q34. Thinking about smoking at home, what best describes what happens in your home?



69% of pupils responded that no-one ever smokes at home.

Q34. Percentage answering that no-one ever smokes at home.

	Surrey	
	Yr 8	Yr 10
Boys	73	67
Girls	67	67

24% of pupils responded that smoking happens only outside.

Q34. Percentage answering that smoking happens only outside.

	Surrey	
	Yr 8	Yr 10
Boys	20	26
Girls	26	24

3% of pupils responded that smoking happens on the doorstep only.

Q34. Percentage answering that smoking happens on the doorstep only.

	Surrey	
	Yr 8	Yr 10
Boys	2	2
Girls	2	4

3% of pupils responded that smoking happens in certain rooms only.

Q34. Percentage answering that smoking happens in certain rooms only.

	Surrey	
	Yr 8	Yr 10
Boys	3	2
Girls	4	3

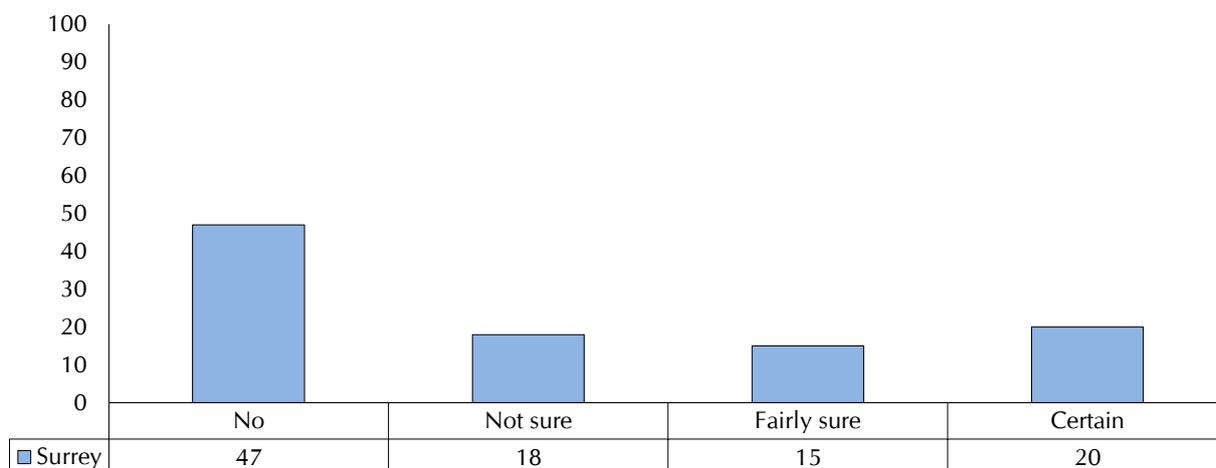
2% of pupils responded that smokers can smoke anywhere in their home.

Q34. Percentage answering that smokers can smoke anywhere in their home.

	Surrey	
	Yr 8	Yr 10
Boys	1	3
Girls	1	2

Drugs

Q35. Do you know anyone personally who you think takes any drugs to get high (not medicines, tobacco or alcohol)?



35% of pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.

Q35. Percentage answering that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.

	Surrey	
	Yr 8	Yr 10
Boys	21	53
Girls	19	54

20% of pupils responded that they have been offered cannabis.

Q36. Percentage answering that they have been offered cannabis.

	Surrey	
	Yr 8	Yr 10
Boys	10	34
Girls	6	33

16% of pupils responded that they have been offered other drugs to get high (not cannabis).

Q37. Percentage answering that they have been offered other drugs to get high (not cannabis).

	Surrey	
	Yr 8	Yr 10
Boys	8	25
Girls	6	27

8% of pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).

Q38. Percentage answering that they have taken drugs to get high (not medicines, tobacco or alcohol).

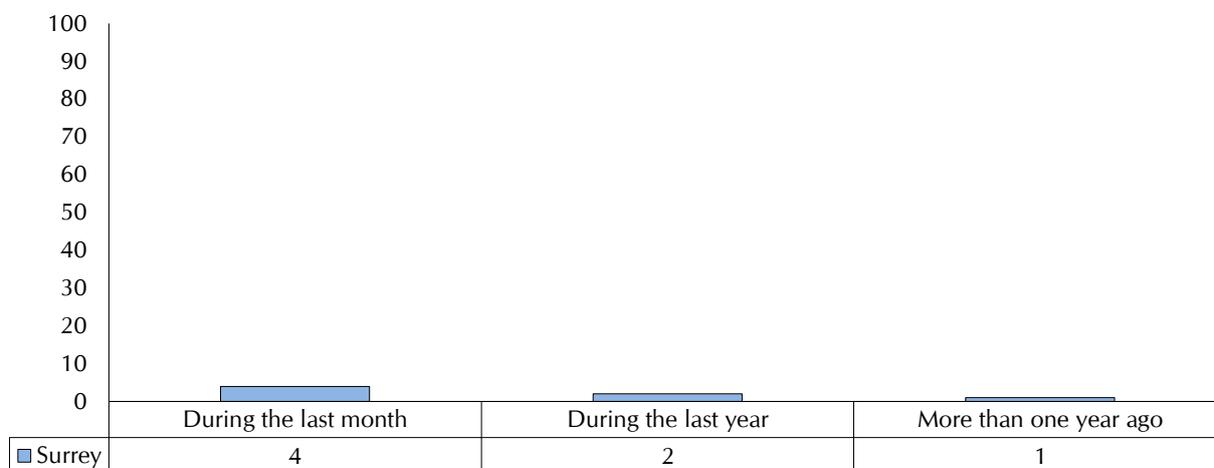
	Surrey	
	Yr 8	Yr 10
Boys	2	14
Girls	2	16

Q39. Summary of some common recreational drugs:

Year 8	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	0	0	0
Cannabis	1	1	1
Ecstasy	0	0	0
Cocaine	0	0	0
Synthetic hallucinogens	0	0	0
Nitrous oxide	0	0	0
Poppers	0	0	0
Solvents used as drugs	0	0	0
New Psychoactive Substances	0	0	0

Year 10	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	0	0	1
Cannabis	8	13	14
Ecstasy	0	1	2
Cocaine	0	0	1
Synthetic hallucinogens	0	1	1
Nitrous oxide	4	6	7
Poppers	0	0	1
Solvents used as drugs	1	2	2
New Psychoactive Substances	0	0	1

Q39. Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:



4% of pupils responded that they have taken at least one of the drugs listed during the last month.

Q39. Percentage answering that they have taken one of the drugs listed during the last month.

Surrey		
	Yr 8	Yr 10
Boys	1	7
Girls	1	10

7% of pupils responded that they have taken at least one of the drugs listed during the last year.

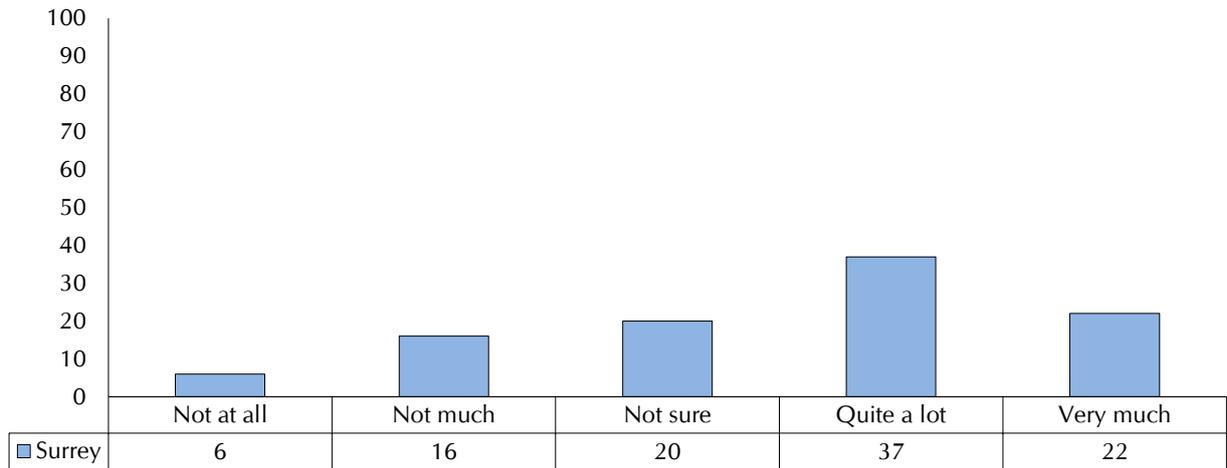
Q39. Percentage answering that they have taken one of the drugs listed during the last year.

Surrey		
	Yr 8	Yr 10
Boys	1	11
Girls	1	15

Emotional Health & Well-being

Satisfaction

Q40. In general, how happy do you feel with your life at the moment?



6% of pupils responded that they are 'not at all' happy with their life at the moment.

Q40. Percentage answering that they are 'not at all' happy with their life at the moment.

	Surrey	
	Yr 8	Yr 10
Boys	3	6
Girls	7	6

58% of pupils responded that they are at least 'quite' happy with their life at the moment.

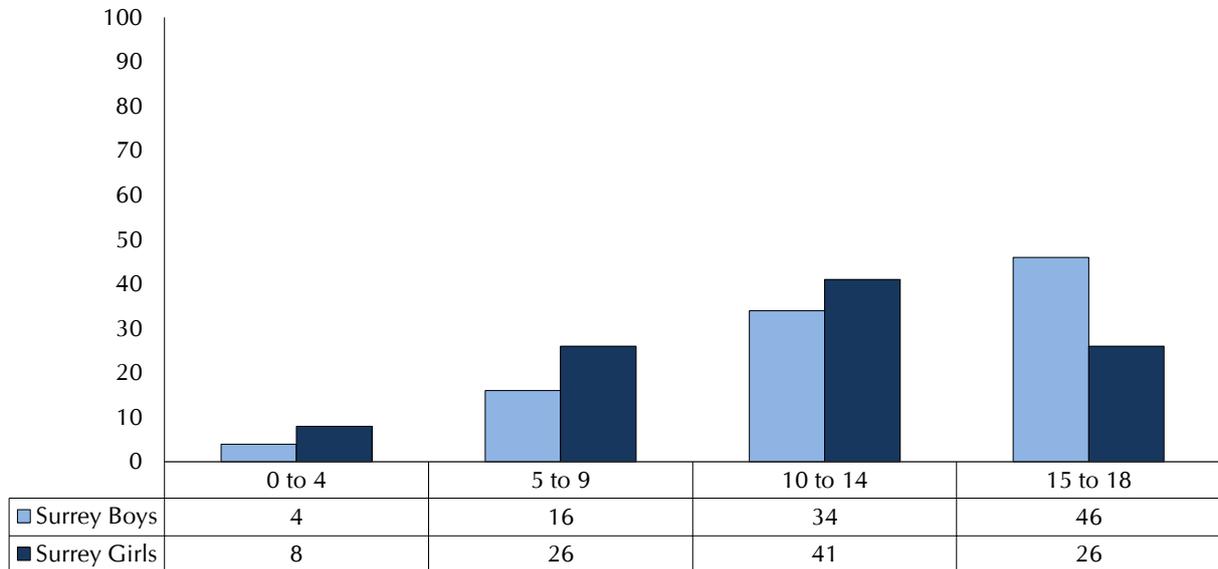
Q40. Percentage answering that they are at least 'quite' happy with their life at the moment.

	Surrey	
	Yr 8	Yr 10
Boys	69	63
Girls	55	46

Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

Q41. Composite self-esteem score:



28% of pupils had a med-low self-esteem score (9 or less).

Q41. Percentage with a med-low self-esteem score (9 or less).

	Surrey	
	Yr 8	Yr 10
Boys	20	20
Girls	36	31

36% of pupils had a high self-esteem score (15 or more).

Q41. Percentage with a high self-esteem score (15 or more).

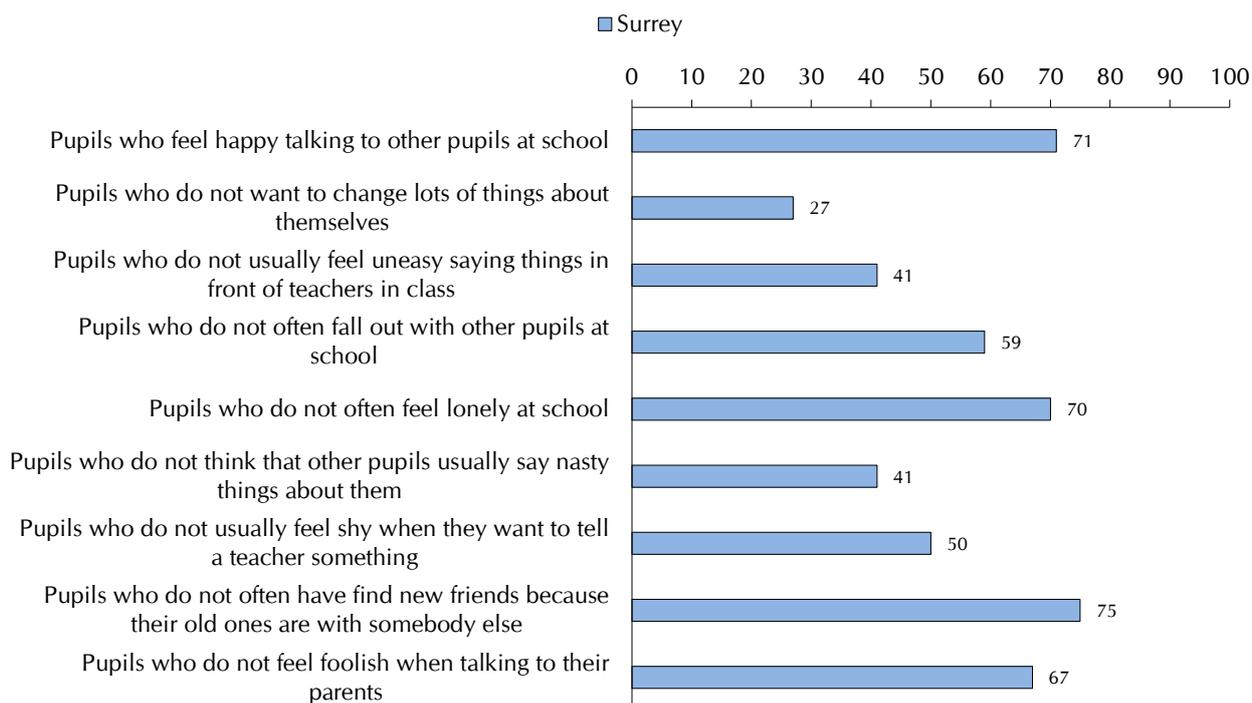
	Surrey	
	Yr 8	Yr 10
Boys	46	47
Girls	24	27

71% of pupils responded that they feel happy talking to other pupils at school.

Q41. (Individual self-esteem items) Percentage in each group giving a high esteem response:

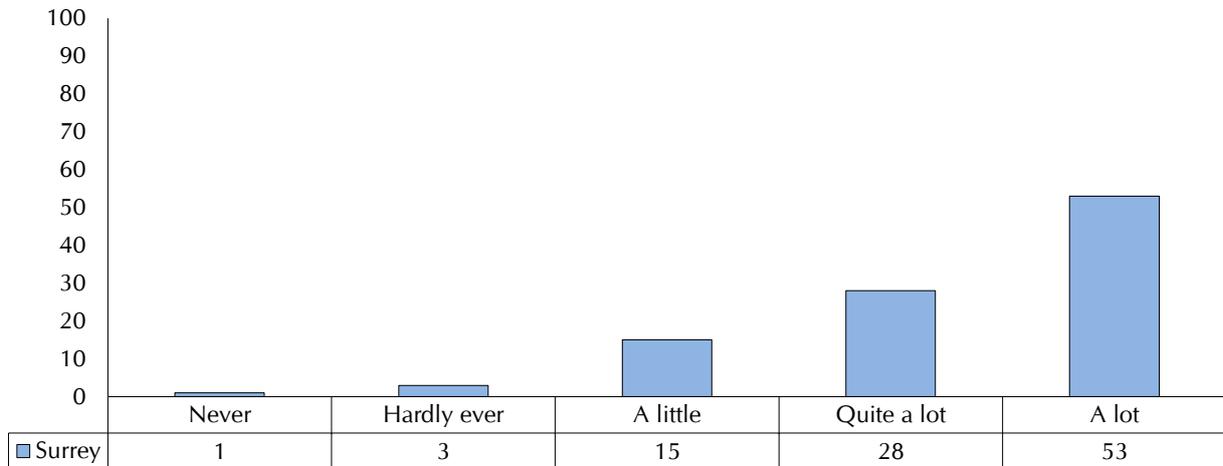
	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	78	67	76	66	71
Pupils who do not want to change lots of things about themselves	34	23	31	20	27
Pupils who do not usually feel uneasy saying things in front of teachers in class	52	32	49	33	41
Pupils who do not often fall out with other pupils at school	59	53	63	65	59
Pupils who do not often feel lonely at school	76	64	77	64	70
Pupils who do not think that other pupils usually say nasty things about them	49	34	44	38	41
Pupils who do not usually feel shy when they want to tell a teacher something	59	37	62	43	50
Pupils who do not often have find new friends because their old ones are with somebody else	79	68	82	77	75
Pupils who do not feel foolish when talking to their parents/carers	74	61	69	66	67

Q41. (Individual self-esteem items) Percentage in each group giving a high esteem response:



Worrying

Q42. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



80% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q42. Percentage answering they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

	Surrey	
	Yr 8	Yr 10
Boys	70	74
Girls	86	93

19% of boys and 40% of girls responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

Q42. Percentage answering that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

	Surrey	
	Yr 8	Yr 10
Boys	19	18
Girls	38	43

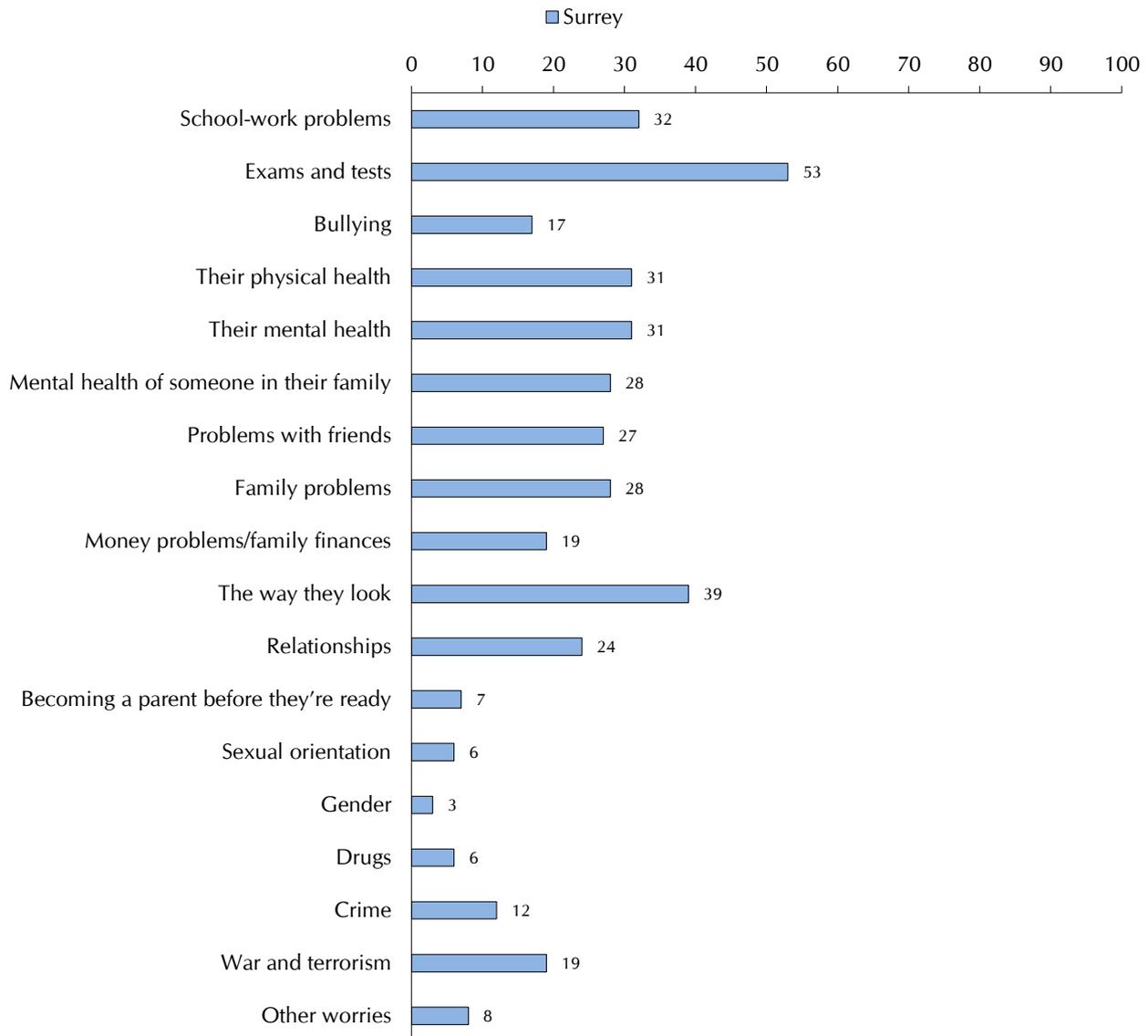
53% of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot' while 28% worry 'quite a lot' or 'a lot' about family problems.

Q42. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10):

Boys			Girls		
1	Exams and tests	42	1	Exams and tests	66
2	Their physical health	24	2	The way they look	54
3	The way they look	24	3	School-work problems	41
4	School-work problems	23	4	Their mental health	39
5	Mental health of someone in their family	23	5	Their physical health	36
6	Their mental health	23	6	Problems with friends	36
7	Family problems	22	7	Mental health of someone in their family	33
8	Relationships	18	8	Family problems	33
9	Problems with friends	17	9	Relationships	29
10	War and terrorism	15	10	Money problems/family finances	24

39% of pupils responded that they worry about the way they look 'quite a lot' or 'a lot', while 31% worry 'quite a lot' or 'a lot' about their mental health.

Q42. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



73% of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% said they don't know anyone.

Q43. Percentage answering they know an adult they trust who they can talk to if they are worried about something.

	Surrey	
	Yr 8	Yr 10
Boys	78	72
Girls	76	69

Problem solving

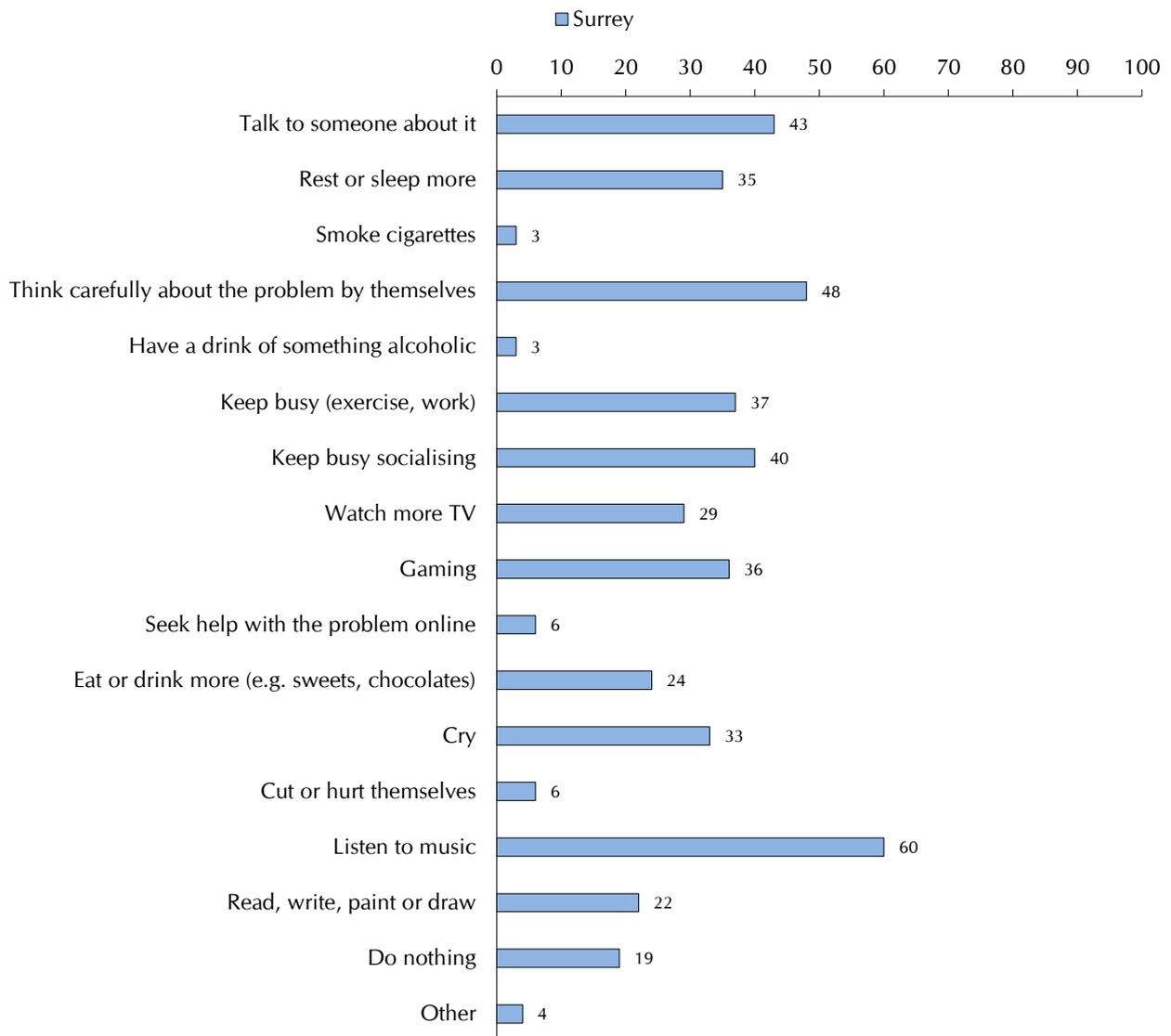
60% of pupils responded that they 'usually' or 'always' listen to music when they have a problem that worries them or they are feeling stressed, while 43% said they talk to someone about it.

Q44. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed (top 10):

Boys			Girls		
1	Gaming	57	1	Listen to music	70
2	Listen to music	52	2	Cry	52
3	Think carefully about the problem by themselves	46	3	Think carefully about the problem by themselves	50
4	Talk to someone about it	43	4	Talk to someone about it	44
5	Keep busy socialising	41	5	Keep busy socialising	40
6	Keep busy (exercise, work)	39	6	Watch more TV	37
7	Rest or sleep more	35	7	Keep busy (exercise, work)	36
8	Watch more TV	21	8	Rest or sleep more	35
9	Do nothing	17	9	Read, write, paint or draw	32
10	Eat or drink more (e.g. sweets, chocolates)	16	10	Eat or drink more (e.g. sweets, chocolates)	30

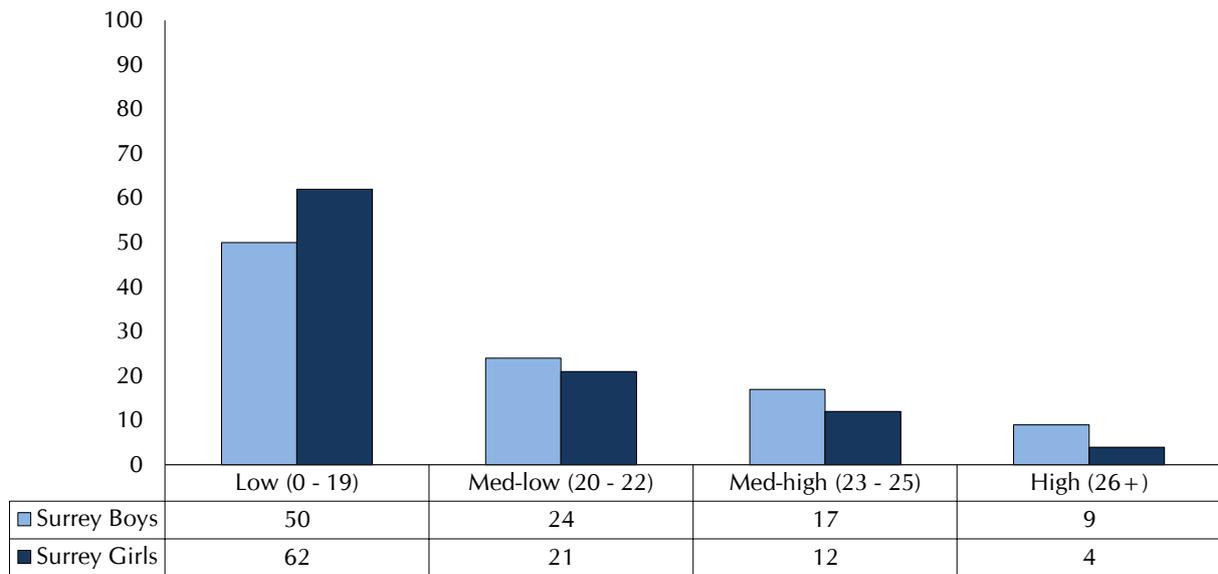
29% of pupils responded that they 'usually' or 'always' watch TV when they have a problem that worries them or they are feeling stressed.

Q44. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed:



Resilience

Q45/46. Composite resilience score:



We have used these two questions (45 & 46) to form an overall measure of “resilience”. All the items are scored 0 – 3 if phrased positively, or 3 – 0 if they are phrased negatively.

57% of pupils had a low measure of resilience (0 – 19).

Q45/46. Percentage with a low measure of resilience (0 – 19).

	Surrey	
	Yr 8	Yr 10
Boys	46	55
Girls	60	65

7% of pupils had a high measure of resilience (26+).

Q45/46. Percentage with a high measure of resilience (26+).

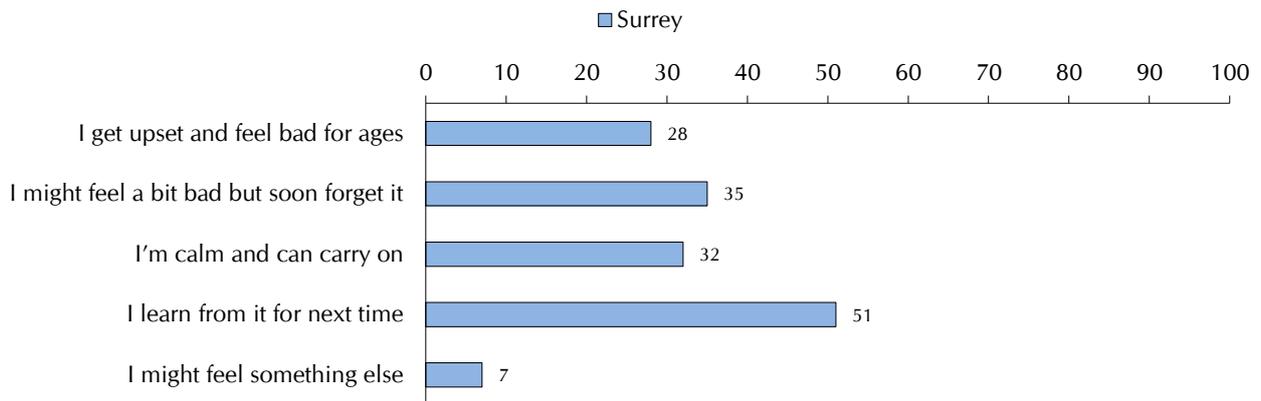
	Surrey	
	Yr 8	Yr 10
Boys	11	8
Girls	5	4

51% of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 28% said they get upset and feel bad for ages.

Q45. Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
I get upset and feel bad for ages	16	37	18	42	28
I might feel a bit bad but soon forget it	41	32	34	32	35
I'm calm and can carry on	41	24	41	21	32
I learn from it for next time	55	49	53	48	51
I might feel something else	6	9	6	7	7

Q45. Percentage of pupils responding that they 'usually' or 'always' feel the following when something goes wrong:

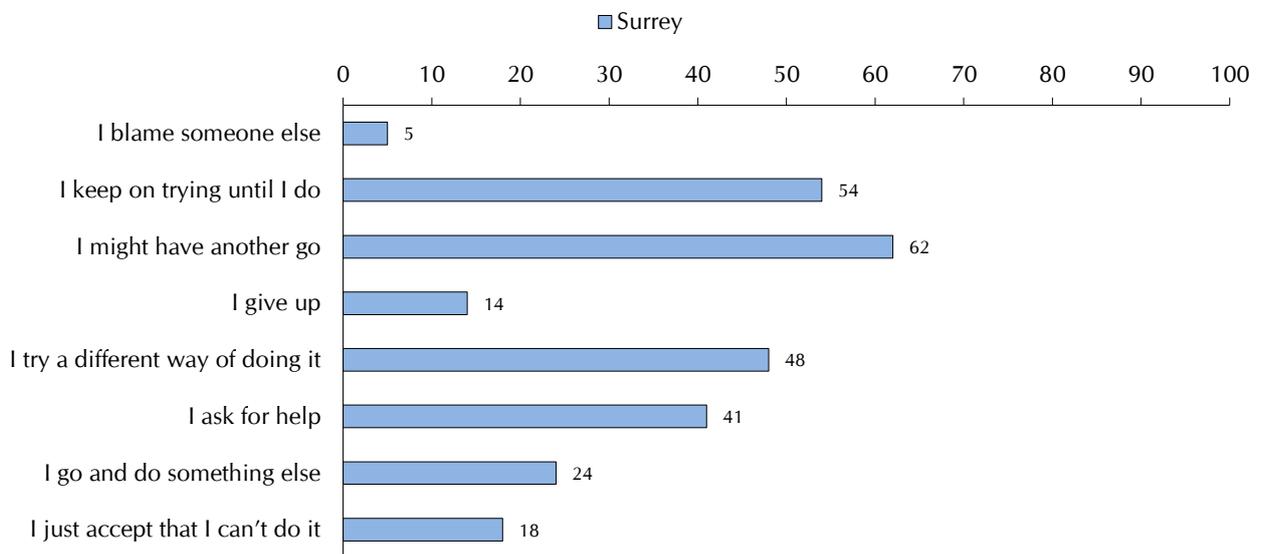


54% of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 41% ask for help and 14% give up.

Q46. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
I blame someone else	4	4	6	5	5
I keep on trying until I do	64	53	52	47	54
I might have another go	69	61	62	57	62
I give up	10	16	12	17	14
I try a different way of doing it	50	49	49	42	48
I ask for help	43	46	31	44	41
I go and do something else	20	26	22	29	24
I just accept that I can't do it	14	22	15	21	18

Q46. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:



Sexual Health

Sex & relationships education

71% of pupils responded that they have learned about contraception from school lessons, while 19% said they never learned about it anywhere.

Q47a. Percentage of pupils responding that they have learned about contraception from the following people or places:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Never learned about it anywhere	31	29	7	3	19
Learned about it from school lessons	59	60	85	89	71
Learned about it from parents/carers	17	22	26	36	24
Learned about it from friends	15	17	25	35	22
Learned about it at a youth club or other group	1	0	3	2	2
Learned about it from the internet or magazines	8	7	20	22	13

74% of pupils responded that they have learned about sexually transmitted infections from school lessons, while 11% said they never learned about it anywhere.

Q47b. Percentage of pupils responding that they have learned about sexually transmitted infections from the following people or places:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Never learned about it anywhere	19	18	2	2	11
Learned about it from school lessons	59	64	91	93	74
Learned about it from parents/carers	20	21	18	22	20
Learned about it from friends	19	16	22	23	20
Learned about it at a youth club or other group	1	0	3	2	2
Learned about it from the internet or magazines	11	9	18	19	14

Contraception

29% of pupils responded that they know where they can get condoms free of charge.

Q48. Percentage answering that they know where they can get condoms free of charge.

	Surrey	
	Yr 8	Yr 10
Boys	23	43
Girls	14	40

Help & advice services

Q49. What do you know about the following services?

	Never heard of it	Heard of, know nothing/little about	Know what it is, don't know where/how to access	Know what it is/how to access, haven't used it	Have used it
Catch 22	88	9	1	1	0
GUM clinics	85	10	3	1	0
CASH clinics	74	16	6	3	1
Sexual health clinics just for young people	48	33	13	6	1

88% of pupils responded that they have never heard of Catch 22, while 1% said that they know what it is, but not where or how to access it.

0% of pupils responded that they have used Catch 22.

85% of pupils responded that they have never heard of GUM clinics, while 3% said that they know what they are, but not where or how to access them.

0% of pupils responded that they have used GUM clinics.

74% of pupils responded that they have never heard of CASH clinics, while 6% said that they know what they are, but not where or how to access them.

1% of pupils responded that they have used CASH clinics.

48% of pupils responded that they have never heard of sexual health clinics just for young people, while 13% said that they know what they are, but not where or how to access them.

1% of pupils responded that they have used sexual health clinics just for young people.

59% of pupils responded that they have at least heard of one or more of these services, while 1% said that they have used at least one of these services.

Q49a. Percentage answering that they have never heard of Catch 22.

	Surrey	
	Yr 8	Yr 10
Boys	90	82
Girls	89	88

Q49b. Percentage answering that they have never heard of GUM clinics.

	Surrey	
	Yr 8	Yr 10
Boys	88	77
Girls	91	81

Q49c. Percentage answering that they have never heard of CASH clinics.

	Surrey	
	Yr 8	Yr 10
Boys	80	65
Girls	79	67

Q49d. Percentage answering that they have never heard of sexual health clinics just for young people.

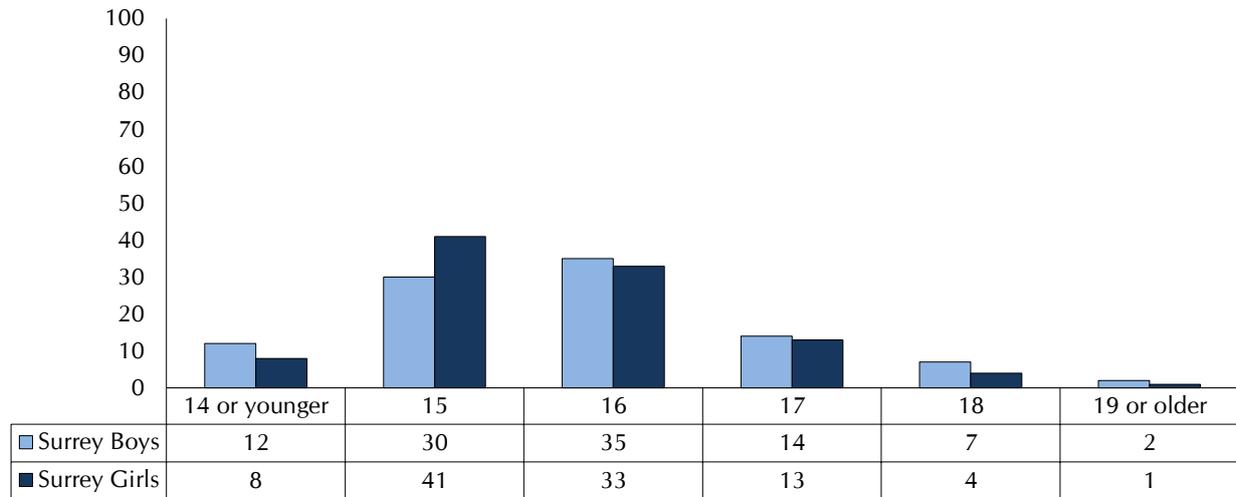
	Surrey	
	Yr 8	Yr 10
Boys	62	44
Girls	47	35

Q49a-d. Percentage answering that they have at least heard of one or more of these services.

	Surrey	
	Yr 8	Yr 10
Boys	45	66
Girls	57	72

Year 10+: Sexual relationships

Q91. Year 10+: At what age do you think most young people start having sex?



10% of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.

Q91. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 14 or younger.

Surrey

Yr 10

Boys 12

Girls 8

47% of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.

Q91. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 16 or 17.

Surrey

Yr 10

Boys 49

Girls 46

2% of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.

Q91. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 19 or older.

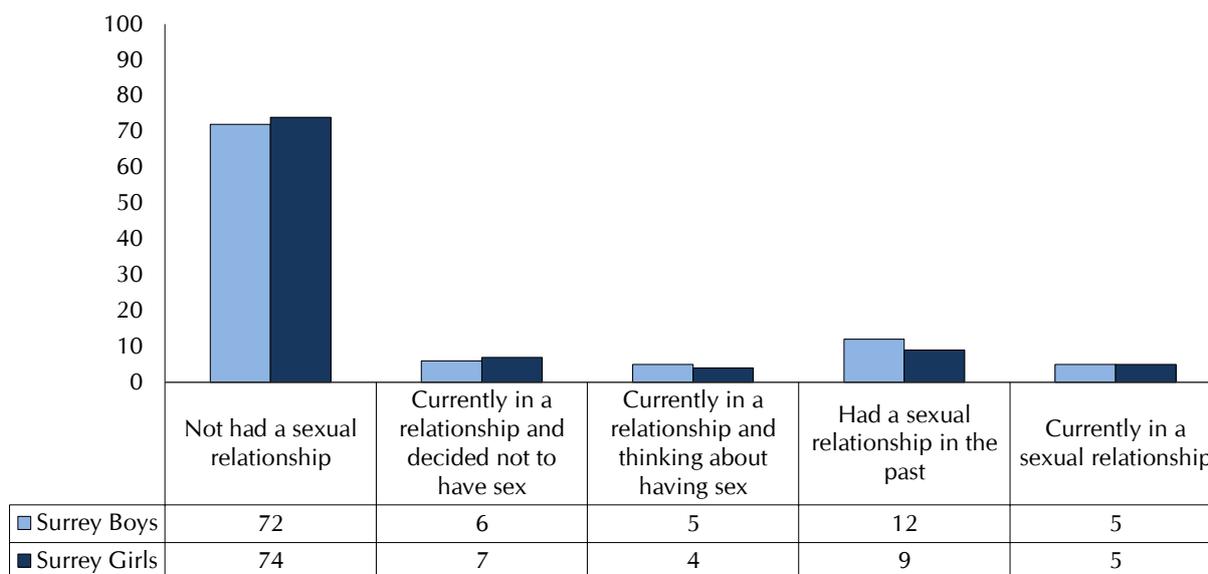
Surrey

Yr 10

Boys 2

Girls 1

Q92. Year 10+: Sexual relationships: Which of the following best describes you?



5% of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.

Q92. Percentage of Year 10+ pupils answering that they are currently in a relationship and thinking about having sex.

Surrey

Yr 10

Boys 5

Girls 4

16% of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.

Q92. Percentage of Year 10+ pupils answering that they are either in a sexual relationship or have had one in the past.

Surrey

Yr 10

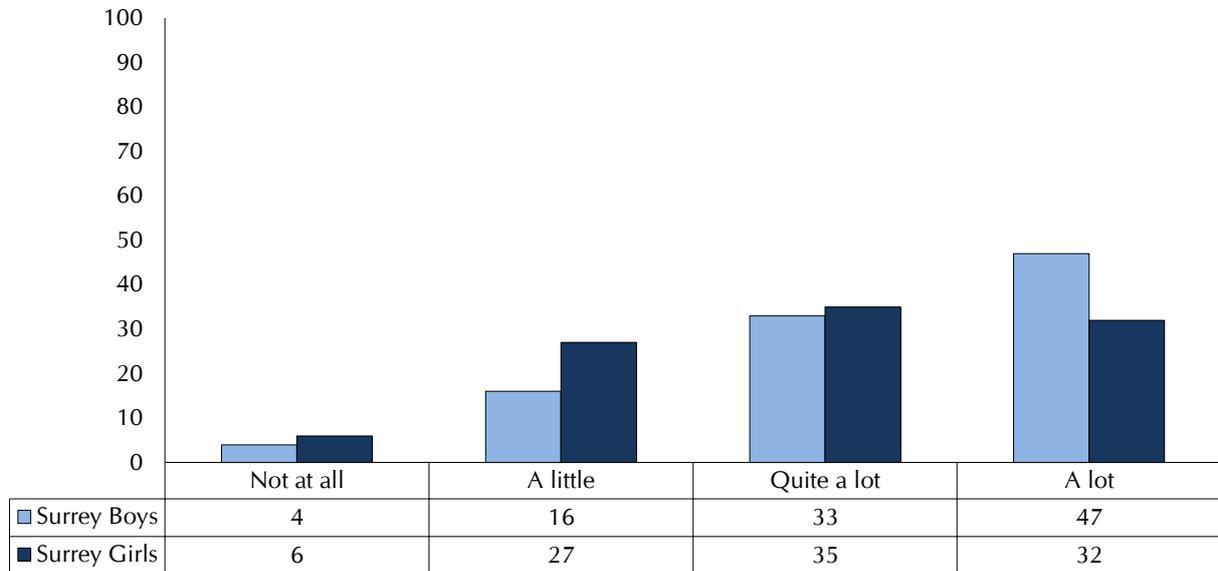
Boys 17

Girls 15

Physical Activity

Enjoy exercise

Q50. How much do you enjoy physical activities?



5% of pupils responded that they don't enjoy physical activities at all.

Q50. Percentage answering that they don't enjoy physical activities at all.

	Surrey	
	Yr 8	Yr 10
Boys	4	4
Girls	5	7

73% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q50. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Surrey	
	Yr 8	Yr 10
Boys	80	79
Girls	70	63

PE lessons

69% of pupils responded that they enjoy their PE lessons, while 18% are 'not sure' if they do.

Q51a. Percentage answering that they enjoy their PE lessons.

	Surrey	
	Yr 8	Yr 10
Boys	81	78
Girls	64	56

58% of pupils responded that they feel they are getting better at PE, while 24% are 'not sure' if they are.

Q51b. Percentage answering that they feel they are getting better at PE.

	Surrey	
	Yr 8	Yr 10
Boys	71	62
Girls	59	39

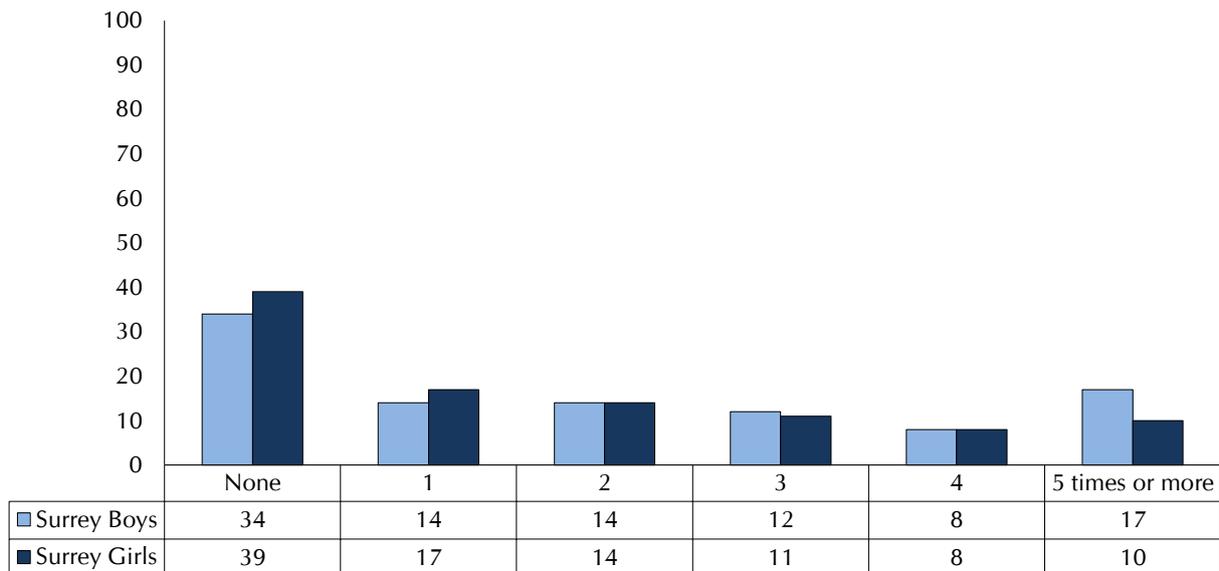
School sports

36% of pupils responded that their school has helped them to be more healthy, while 34% are 'not sure' if it has.

Q51c. Percentage answering that their school has helped them to be more healthy.

	Surrey	
	Yr 8	Yr 10
Boys	47	35
Girls	37	21

Q52. How many times on weekdays each week do you go to sports clubs at lunchtime or after school?



37% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.

Q52. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.

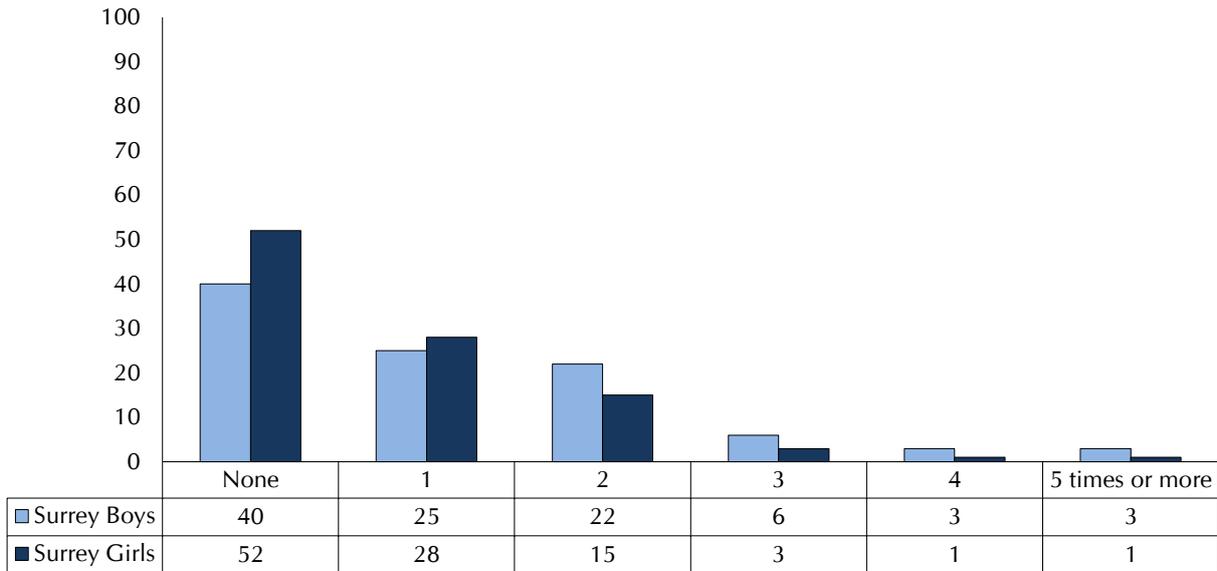
	Surrey	
	Yr 8	Yr 10
Boys	34	35
Girls	35	44

34% of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.

Q52. Percentage answering that they go to at least 3 sports clubs at lunch time or after school each week.

	Surrey	
	Yr 8	Yr 10
Boys	38	37
Girls	31	27

Q53. How many times each week do you go to sports clubs at weekends?



46% of pupils responded that they don't go to any sports clubs at weekends each week.

Q53. Percentage answering that they don't go to any sports clubs at weekends each week.

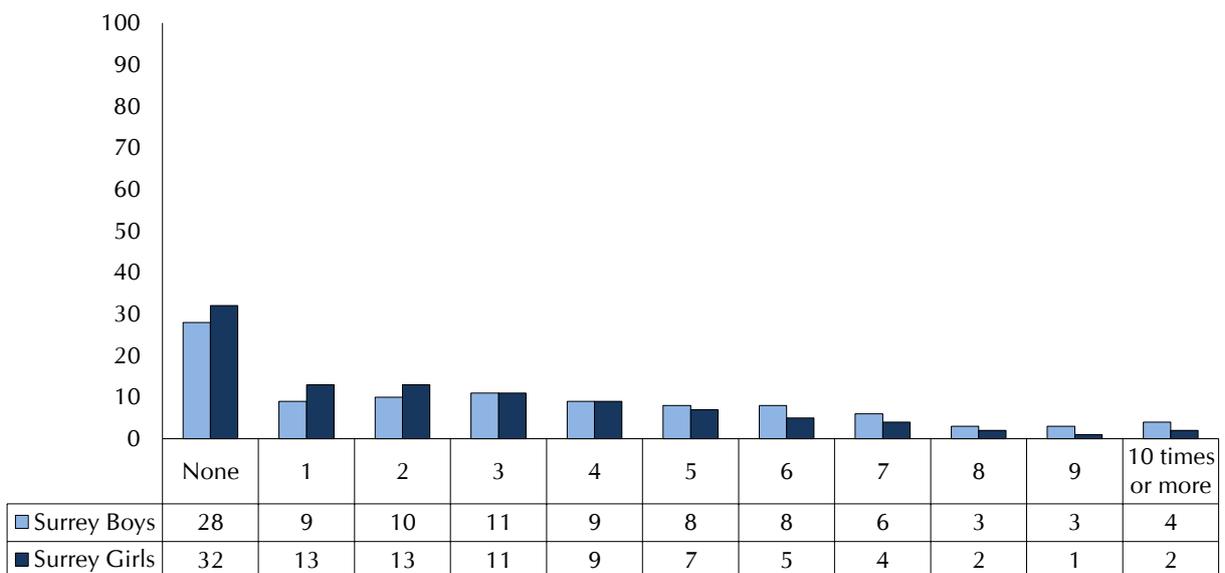
	Surrey	
	Yr 8	Yr 10
Boys	40	41
Girls	47	58

9% of pupils responded that they go to at least 3 sports clubs at weekends each week.

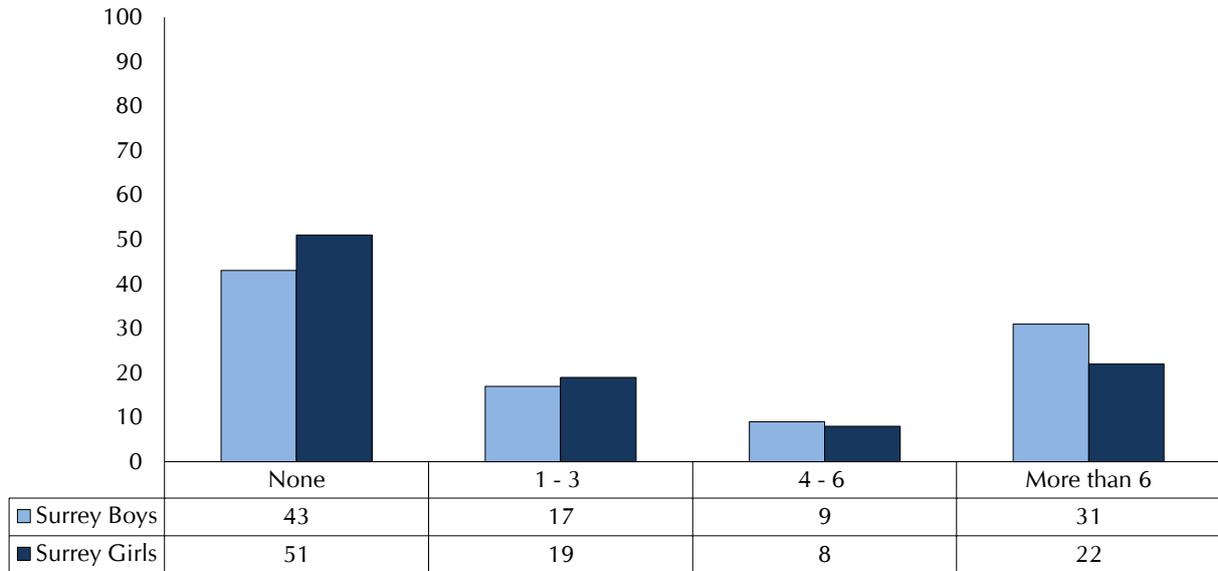
Q53. Percentage answering that they go to at least 3 sports clubs at weekends each week.

	Surrey	
	Yr 8	Yr 10
Boys	14	10
Girls	6	4

Q52/53. How many times each week do you go to sports clubs [at lunchtime, after school OR at weekends]?



Q54. How many sports games or matches have you played in school this year?



47% of pupils responded that they haven't played any sports games or matches at their school this year.

Q54. Percentage answering that they haven't played any sports games or matches at their school this year.

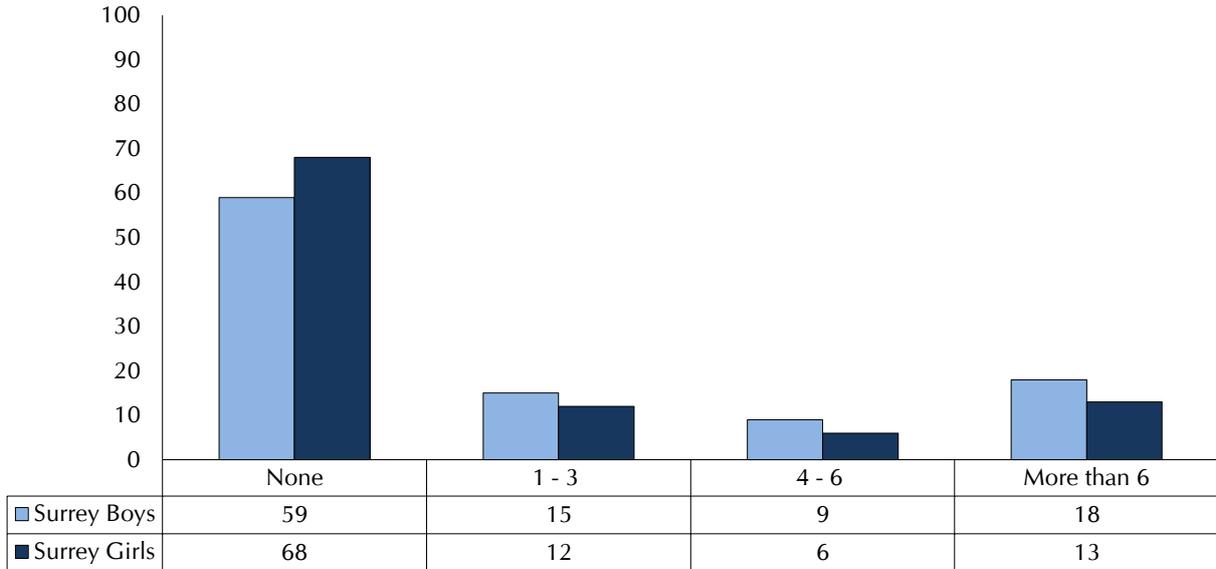
	Surrey	
	Yr 8	Yr 10
Boys	37	51
Girls	39	67

34% of pupils responded that they have played at least 4 matches at their school this year.

Q54. Percentage answering that they have played at least 4 matches at their school this year.

	Surrey	
	Yr 8	Yr 10
Boys	42	36
Girls	37	20

Q55. How many games or matches have you played against other schools this year?



64% of pupils responded that they haven't played any games or matches against other schools this year.

Q55. Percentage answering that they haven't played any games or matches against other schools this year.

	Surrey	
	Yr 8	Yr 10
Boys	53	67
Girls	61	78

23% of pupils responded that they have played at least 4 matches against other schools this year.

Q55. Percentage answering that they have played at least 4 matches against other schools this year.

	Surrey	
	Yr 8	Yr 10
Boys	30	21
Girls	24	14

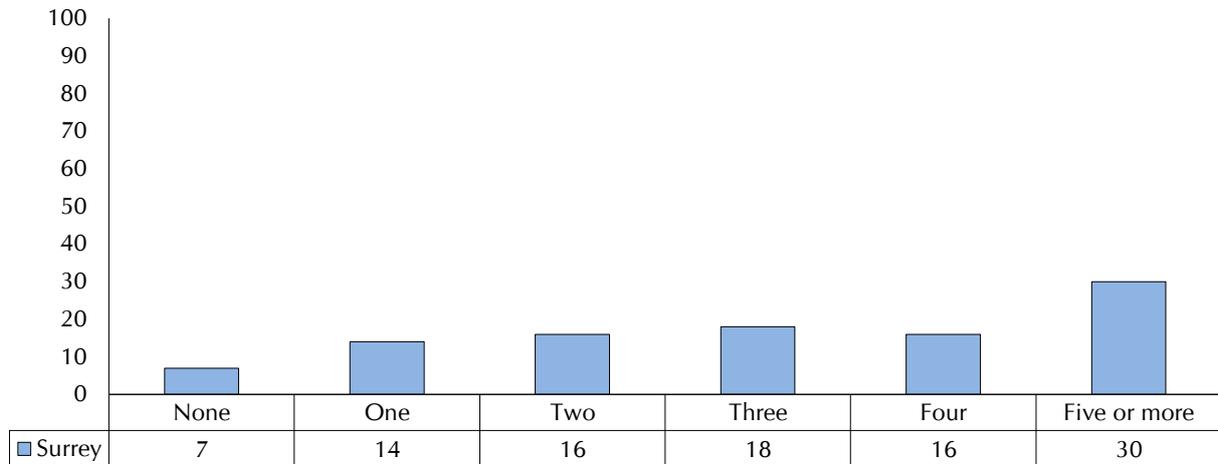
20% of pupils responded that they currently take part in sports volunteering or sports leadership.

Q56. Percentage answering that they currently take part in sports volunteering or sports leadership.

	Surrey	
	Yr 8	Yr 10
Boys	22	23
Girls	14	24

Exercise

Q57. On how many days did you do any physical activity in the last 7 days?



6% of boys and 6% of girls responded that they didn't do any physical activity in the week before the survey.

Q57. Percentage answering that they didn't do any physical activity in the week before the survey.

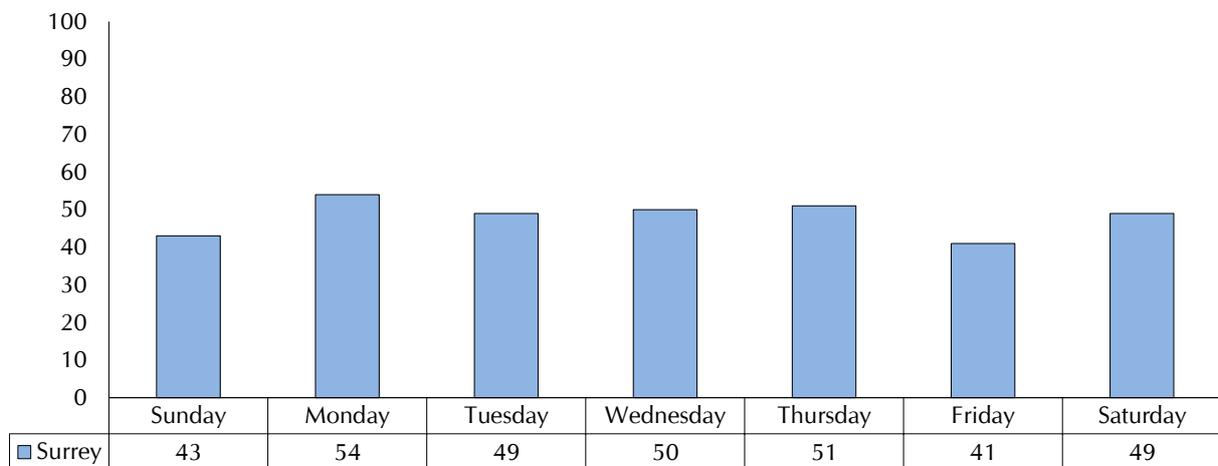
	Surrey	
	Yr 8	Yr 10
Boys	6	7
Girls	5	9

35% of boys and 25% of girls responded that they did physical activity on five days or more in the week before the survey.

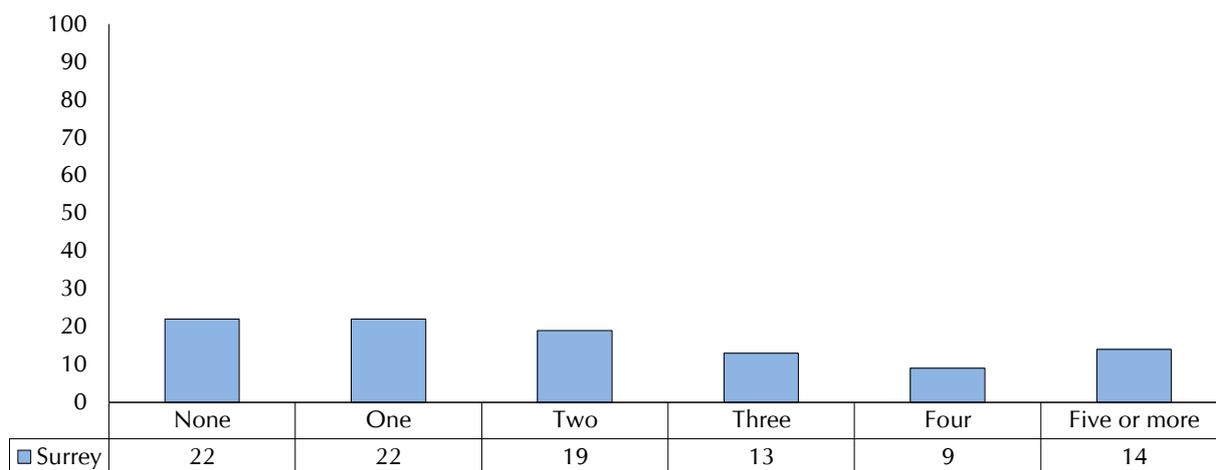
Q57. Percentage answering that they did physical activity on five days or more in the week before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	36	35
Girls	25	25

Q57. On which days did you do any physical activity in the last 7 days?



Q58. On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



22% of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.

Q58. Percentage answering that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.

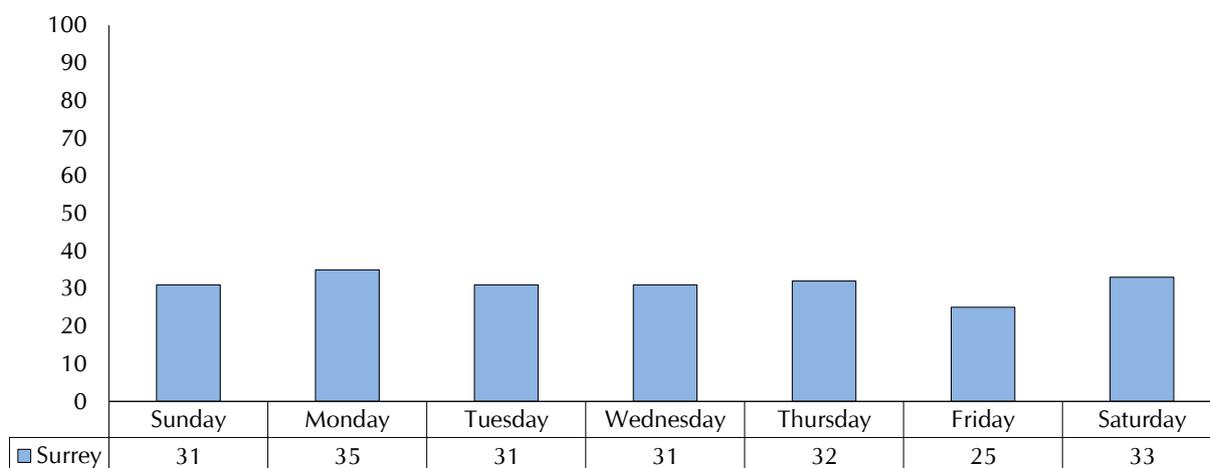
	Surrey	
	Yr 8	Yr 10
Boys	21	21
Girls	21	22

14% of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.

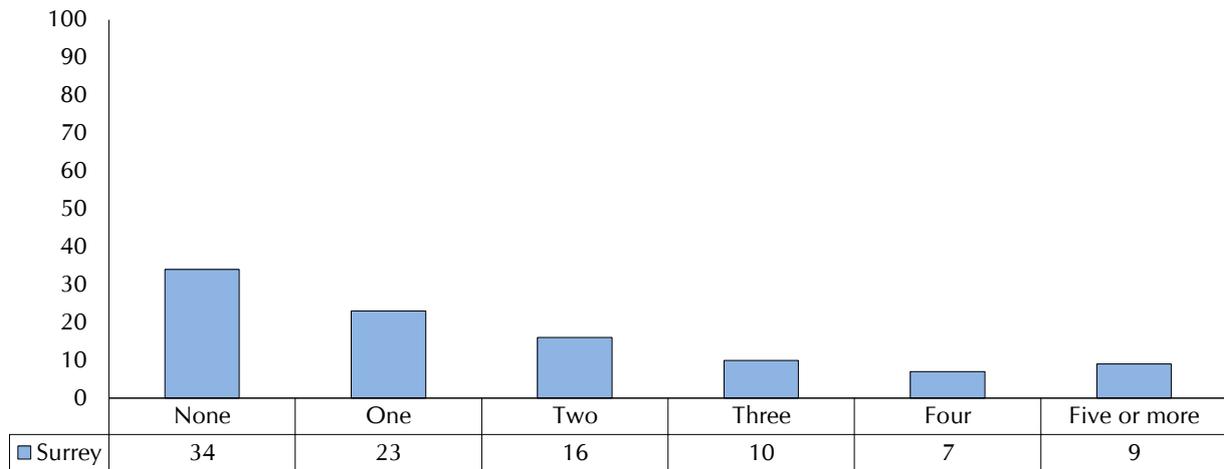
Q58. Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	18	20
Girls	10	10

Q58. On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



Q59. On how many days did you get out of breath and/or sweaty while doing physical activity for an hour or more, in the last 7 days?



34% of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more on any day in the week before the survey.

Q59. Percentage answering that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more on any day in the week before the survey.

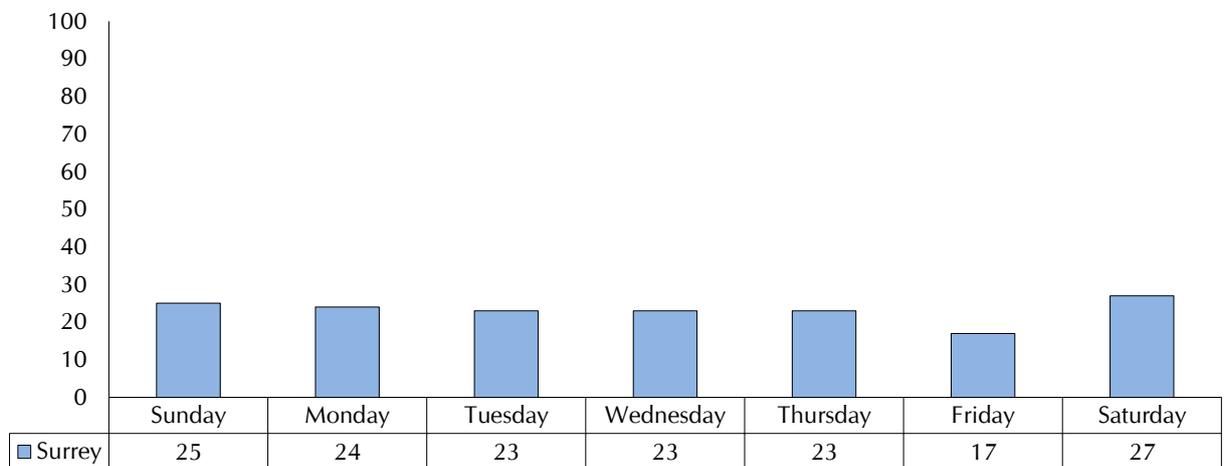
	Surrey	
	Yr 8	Yr 10
Boys	36	32
Girls	34	33

9% of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.

Q59. Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	10	14
Girls	7	6

Q59. On which days did you get out of breath and/or sweaty while doing physical activity for an hour or more, in the last 7 days?



76% of pupils responded that their week's pattern of activity was usual, while 12% said it was more active than usual and 12% said it was less active than usual.

Q60. Percentage answering that their week's pattern of activity was usual.

	Surrey	
	Yr 8	Yr 10
Boys	80	77
Girls	74	72

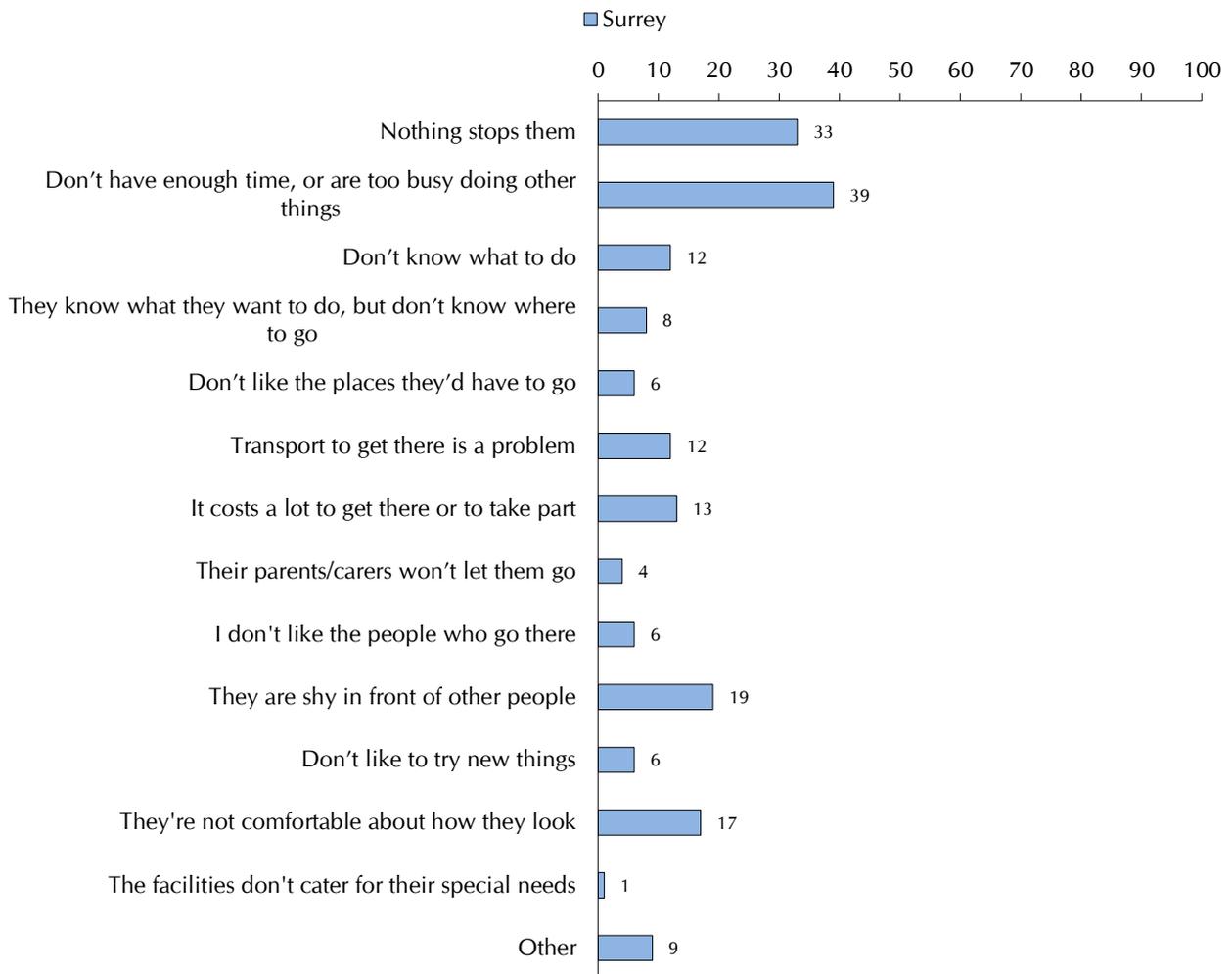
39% of pupils responded that they don't have enough time to exercise as much as they would like, or are too busy doing other things, while 12% said transport to get there is a problem.

Q61. Percentage of pupils responding that the following stops them from exercising as much as they would like (top 10):

Boys			Girls		
1	Nothing stops them	43	1	Don't have enough time, or are too busy doing other things	46
2	Don't have enough time, or are too busy doing other things	32	2	They are shy in front of other people	28
3	They are shy in front of other people	11	3	Not comfortable about how they look	24
4	Don't know what to do	10	4	Nothing stops them	24
5	Transport to get there is a problem	9	5	It costs a lot to get there or to take part	18
6	Not comfortable about how they look	9	6	Transport to get there is a problem	15
7	Other	9	7	Don't know what to do	14
8	It costs a lot to get there or to take part	7	8	They know what they want to do, but don't know where to go	11
9	They know what they want to do, but don't know where to go	6	9	Other	9
10	Don't like the people who go there	5	10	Don't like to try new things	8

33% of pupils responded that nothing stops them from exercising as much as they would like to do, while 17% said they are not comfortable about how they look.

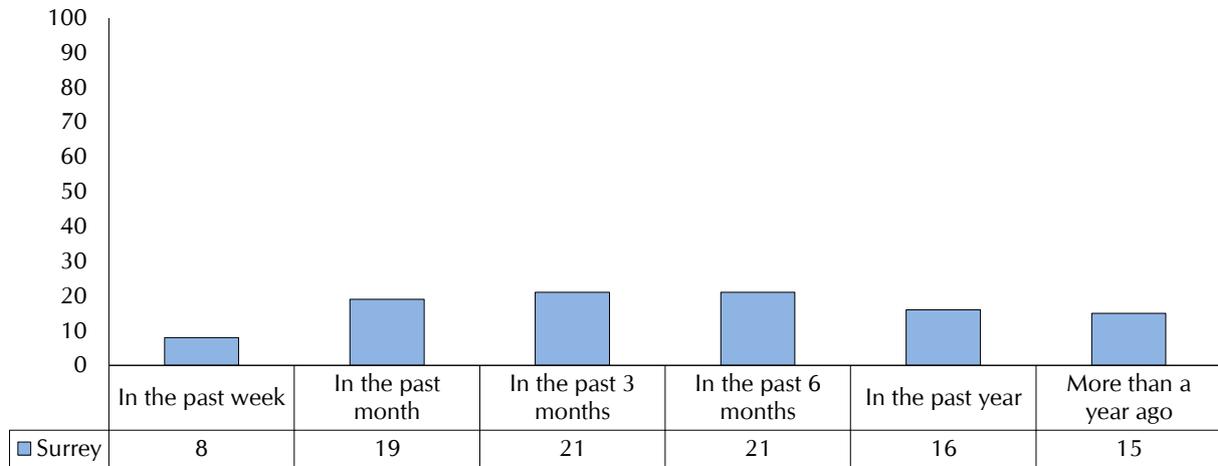
Q61. Percentage of pupils responding that the following stops them from exercising as much as they would like:



Health Services

Doctor

Q62. How long ago did you last visit the doctor?



69% of pupils responded that they last visited the doctor in the last 6 months.

Q62. Percentage answering that they last visited the doctor in the last 6 months.

	Surrey	
	Yr 8	Yr 10
Boys	70	66
Girls	70	69

15% of pupils responded that they last visited the doctor more than a year ago.

Q62. Percentage answering that they last visited the doctor more than a year ago.

	Surrey	
	Yr 8	Yr 10
Boys	13	18
Girls	13	16

22% of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.

Q63. Percentage answering that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.

	Surrey	
	Yr 8	Yr 10
Boys	18	17
Girls	28	23

21% of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

Q63. Percentage answering that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

	Surrey	
	Yr 8	Yr 10
Boys	24	25
Girls	19	15

At school

33% of pupils responded that there is a health clinic in their school, while 50% said they are 'not sure' if there is.

41% of pupils responded that they know who their School Nurse is, while 3% said they don't have one.

56% of pupils responded that they know how to get to see their School Nurse, while 21% said that they do not know.

Q64. Percentage answering that there is a health clinic in their school.

	Surrey	
	Yr 8	Yr 10
Boys	42	31
Girls	36	22

Q65. Percentage answering that they know who their School Nurse is.

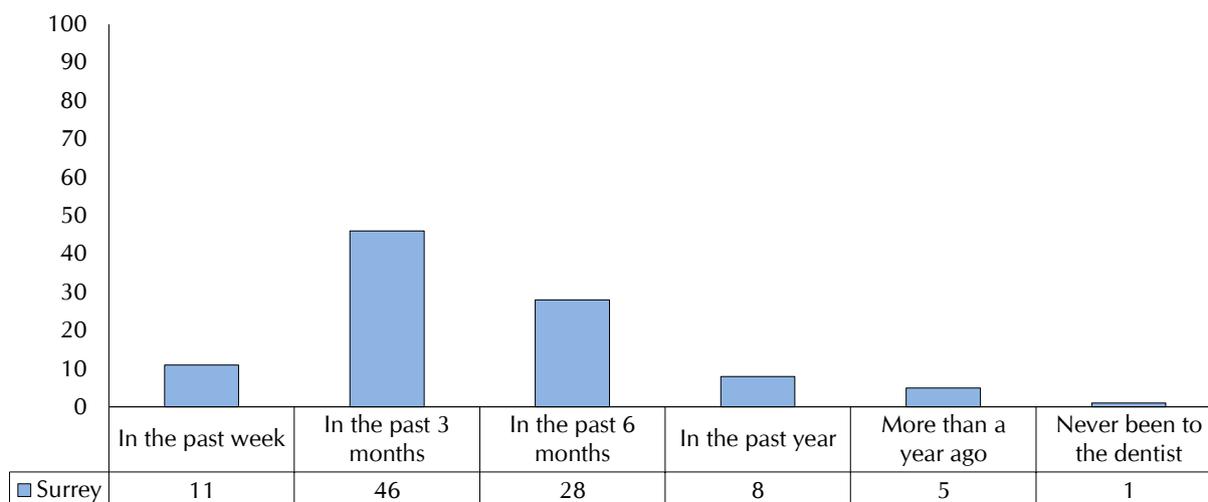
	Surrey	
	Yr 8	Yr 10
Boys	37	38
Girls	49	42

Q66. Percentage answering that they know how to get to see their School Nurse.

	Surrey	
	Yr 8	Yr 10
Boys	59	50
Girls	62	50

Dental health

Q67. How long ago did you last visit the dentist?



85% of pupils responded that they visited the dentist in the last 6 months.

Q67. Percentage answering that they visited the dentist in the last 6 months.

	Surrey	
	Yr 8	Yr 10
Boys	86	82
Girls	88	86

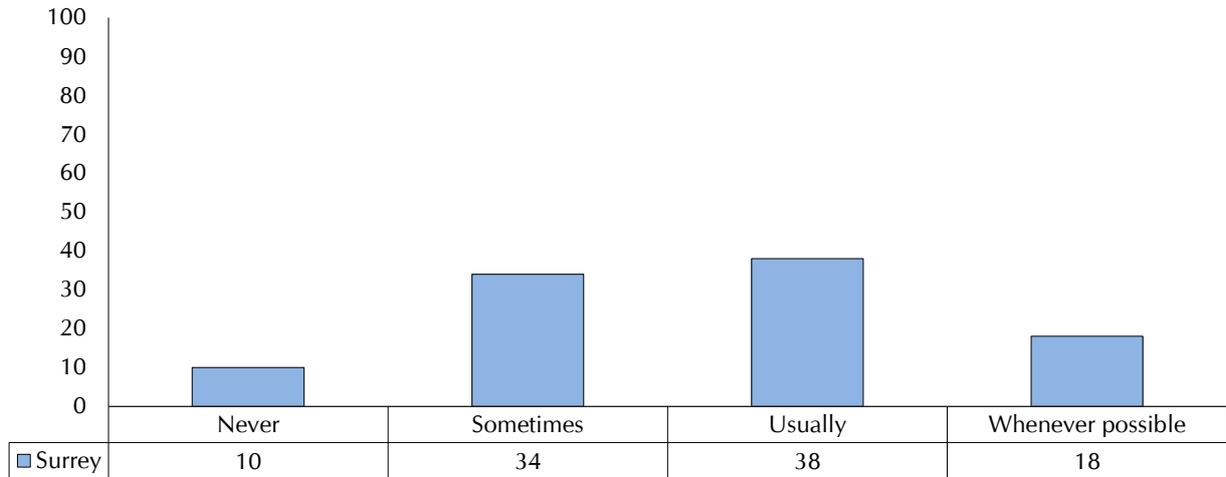
5% of pupils responded that they last visited the dentist more than a year ago and 1% said they have never been.

Q67. Percentage answering that they last visited the dentist more than a year ago.

	Surrey	
	Yr 8	Yr 10
Boys	5	8
Girls	5	5

Sun safety

Q14. Do you do anything to avoid sunburn?



10% of pupils responded that they 'never' do anything to avoid sunburn.

Q14. Percentage answering that they 'never' do anything to avoid sunburn.

	Surrey	
	Yr 8	Yr 10
Boys	11	13
Girls	8	7

56% of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

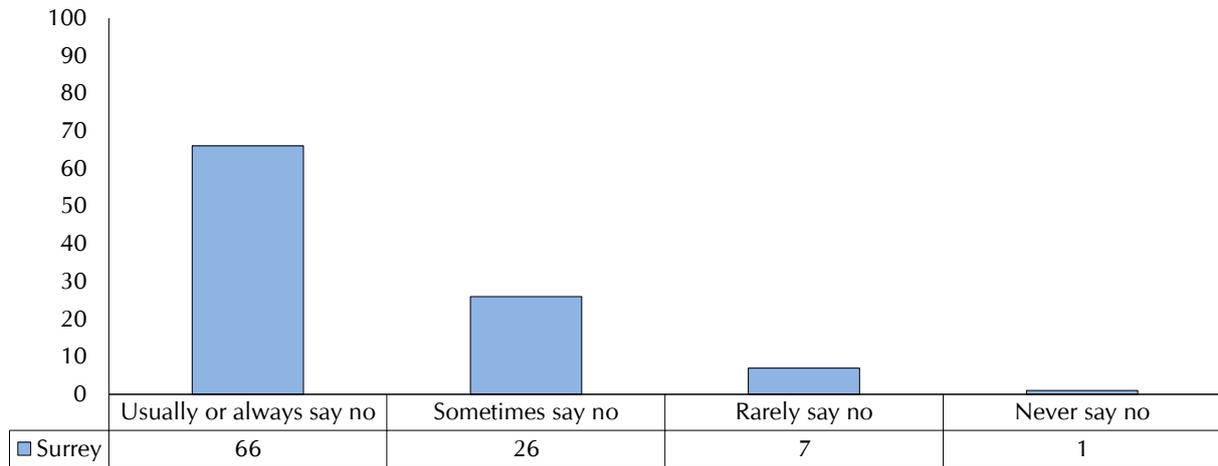
Q14. Percentage answering that they 'usually' or 'whenever possible' do something to avoid sunburn.

	Surrey	
	Yr 8	Yr 10
Boys	55	47
Girls	62	58

Staying Safe

Peer pressure

Q68. When a friend wants me to do something I don't want to do, I can...:



66% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q68. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

	Surrey	
	Yr 8	Yr 10
Boys	70	69
Girls	64	63

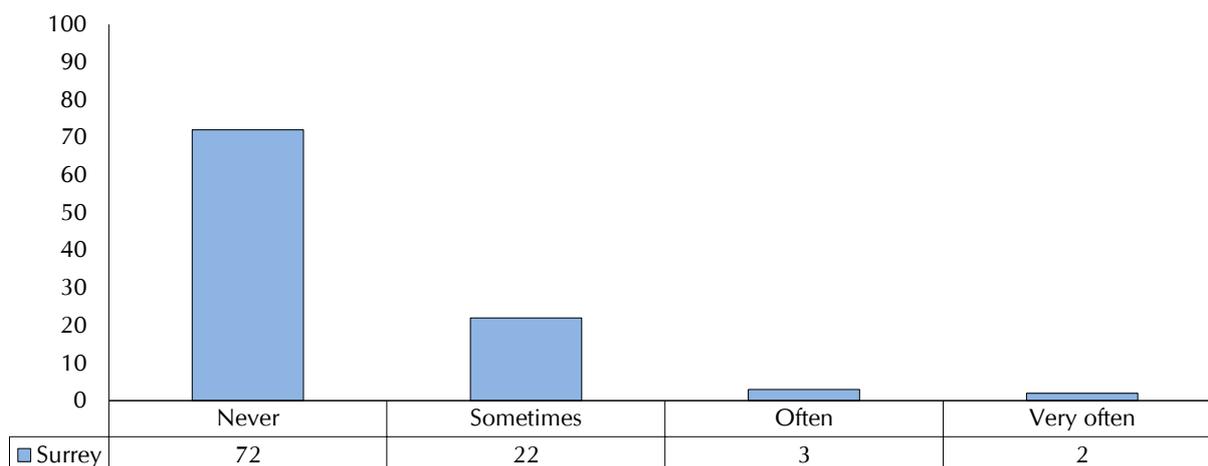
8% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Q68. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	Surrey	
	Yr 8	Yr 10
Boys	6	7
Girls	9	8

Bullying

Q69. Do you ever feel afraid of going to school because of bullying?



28% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.

Q69. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

	Surrey	
	Yr 8	Yr 10
Boys	26	17
Girls	39	24

6% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

Q69. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

	Surrey	
	Yr 8	Yr 10
Boys	4	4
Girls	9	4

20% of pupils responded that they have been bullied at or near school in the last 12 months, while 14% said they 'don't know' if they have been.

Q70. Percentage answering that they have been bullied at or near school in the last 12 months.

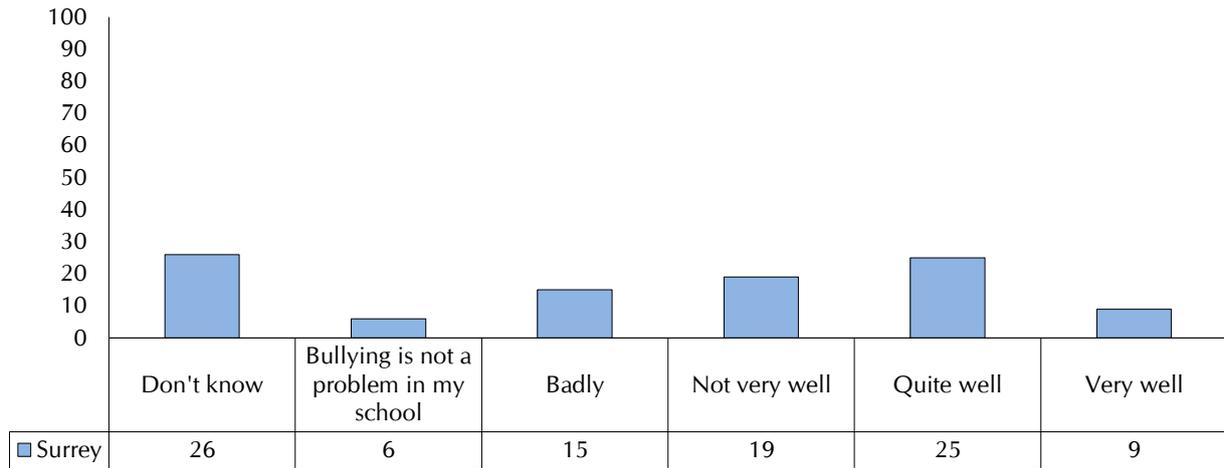
	Surrey	
	Yr 8	Yr 10
Boys	21	15
Girls	26	15

14% of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 20% said they 'don't know' if they have.

Q71. Percentage answering that they have deliberately upset or hurt someone else at school in the last 12 months.

	Surrey	
	Yr 8	Yr 10
Boys	16	19
Girls	10	9

Q72. How well does your school deal with bullying?



15% of pupils responded that their school deals with bullying 'badly', while 6% said that bullying is not a problem in their school.

Q72. Percentage answering that their school deals with bullying 'badly'.

	Surrey	
	Yr 8	Yr 10
Boys	12	18
Girls	14	15

34% of pupils responded that their school deals with bullying 'quite' or 'very' well.

Q72. Percentage answering that their school deals with bullying 'quite' or 'very' well.

	Surrey	
	Yr 8	Yr 10
Boys	41	27
Girls	39	27

55% of pupils responded that they think their school takes bullying seriously, while 30% said they 'don't know' if it does.

Q73. Percentage answering that they think their school takes bullying seriously.

	Surrey	
	Yr 8	Yr 10
Boys	63	53
Girls	57	45

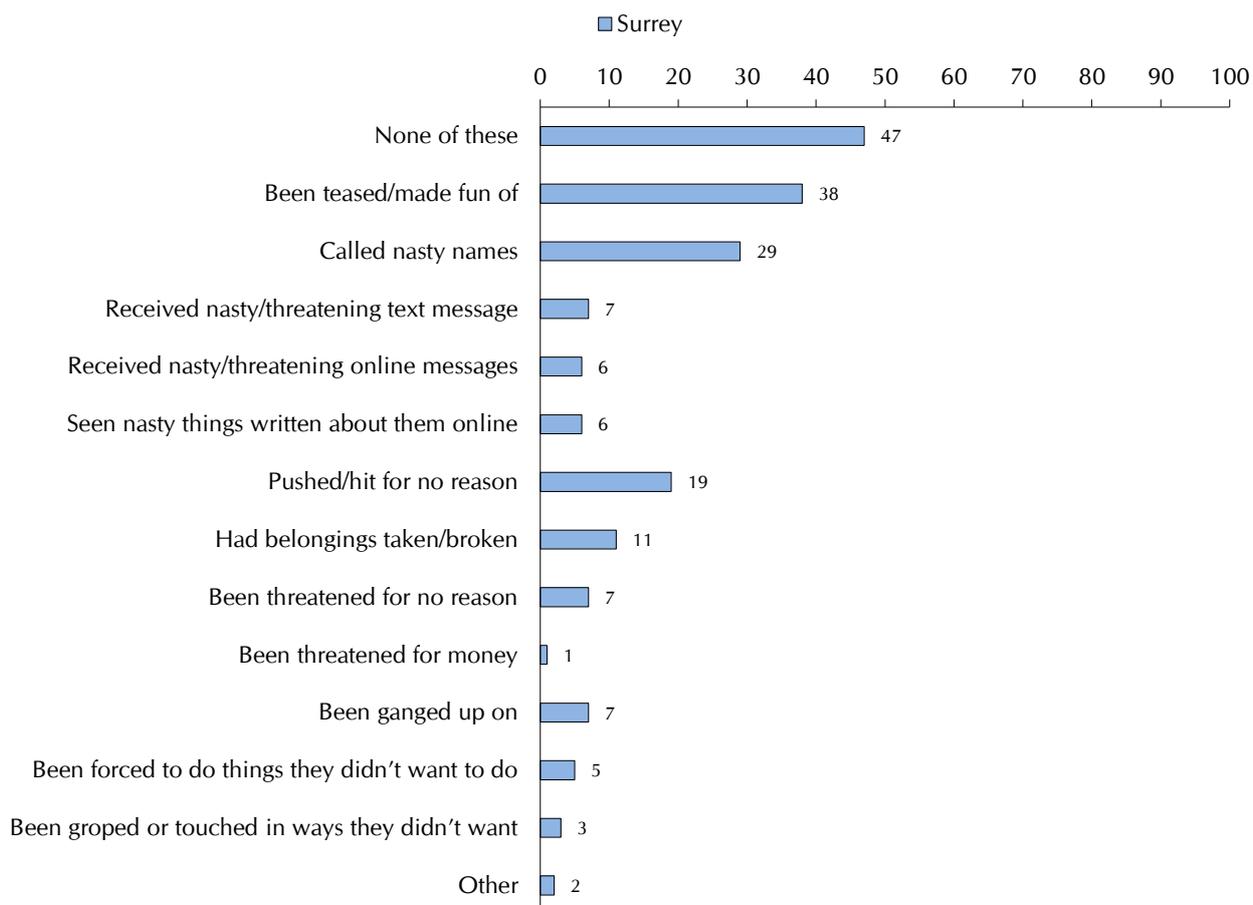
19% of pupils responded that they were pushed/hit for no reason in the month before the survey and 11% said they have had belongings taken/broken. 47% said none of the behaviours listed happened.

Q74. Percentage of pupils responding that they experienced the following in the month before the survey (top 10):

Boys			Girls		
1	Been teased/made fun of	36	1	Been teased/made fun of	40
2	Called nasty names	27	2	Called nasty names	31
3	Pushed/hit for no reason	26	3	Pushed/hit for no reason	13
4	Had belongings taken/broken	10	4	Had belongings taken/broken	11
5	Been threatened for no reason	9	5	Been ganged up on	8
6	Received nasty/threatening text message	6	6	Received nasty/threatening online messages	7
7	Been ganged up on	6	7	Received nasty/threatening text message	7
8	Received nasty/threatening online messages	6	8	Seen nasty things written about them online	6
9	Seen nasty things written about them online	5	9	Been threatened for no reason	6
10	Been forced to do things they didn't want to do	3	10	Been forced to do things they didn't want to do	6

38% of pupils responded that they have been teased/made fun of in the month before the survey.

Q74. Percentage of pupils responding that they experienced the following in the month before the survey:



21% of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 20% said they experienced it in a classroom during breaktimes.

Q75. Percentage of pupils responding that they have experienced negative behaviour at the following places in the month before the survey (top 5):

Boys			Girls		
1	Outside at school (breaktimes)	22	1	During lesson time	22
2	In a classroom (breaktimes)	20	2	In a classroom (breaktimes)	22
3	During lesson time	16	3	Outside at school (breaktimes)	19
4	In the corridors	12	4	In the corridors	13
5	Online	6	5	On their phone	10

18% of pupils responded that they were bullied recently and told their Mum or Dad/carer, while 9% said they told a teacher or other staff at school.

Q76. Percentage of pupils responding that they were bullied recently and told the following people about it (top 5):

Boys			Girls		
1	No one	20	1	Mum or Dad/carer	21
2	Mum or Dad/carer	16	2	Friend	17
3	Friend	10	3	No one	15
4	Teacher or other staff at school	8	4	Teacher or other staff at school	9
5	Brother or sister	3	5	Brother or sister	5

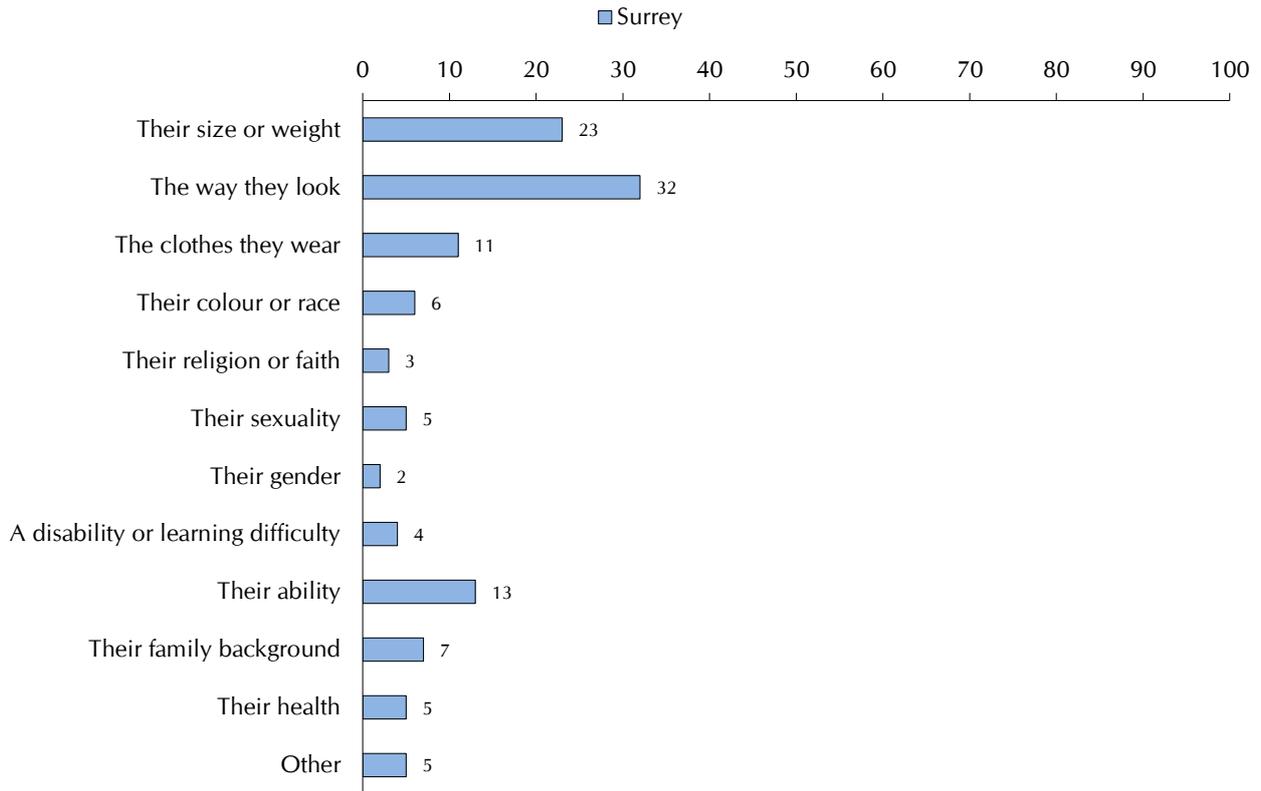
11% of pupils responded that the bullying problem stopped after telling someone, while 9% said it didn't stop.

This works out as 36% of those pupils who have told someone responding that the bullying problem stopped after doing so; 29% of these pupils said it didn't stop.

Q77. Percentage answering that the bullying problem stopped after telling someone.

	Surrey	
	Yr 8	Yr 10
Boys	13	7
Girls	14	11

Q78. Do you think you have been picked on or bullied for any of the following?



22% of boys and 24% of girls think they have been picked on or bullied because of their size or weight.

Q78. Percentage answering that they think they have been picked on or bullied because of their size or weight.

	Surrey	
	Yr 8	Yr 10
Boys	21	24
Girls	22	27

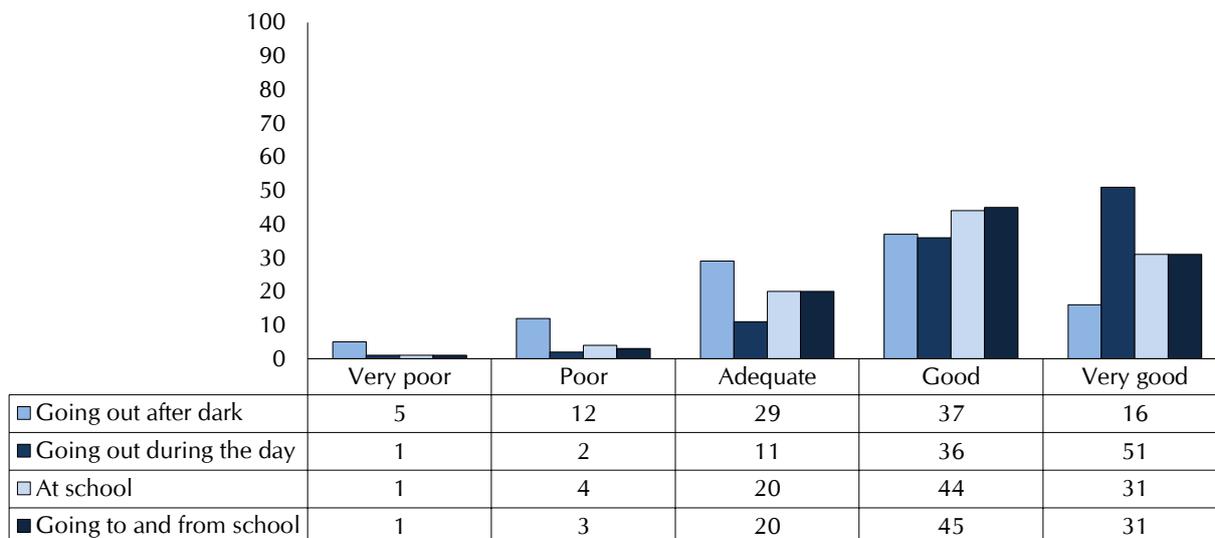
26% of boys and 38% of girls think they have been picked on or bullied because of the way they look.

Q78. Percentage answering that they think they have been picked on or bullied because of the way they look.

	Surrey	
	Yr 8	Yr 10
Boys	26	26
Girls	37	40

Local area

Q79. How do you rate your safety at the following times in the area where you live?



N.B. Chart shows data for Surrey Secondary only.

75% of pupils rated their safety at school as 'good' or 'very good'; 53% said the same of going out after dark.

Q79. Percentage of pupils rating their safety as 'good' or 'very good' in the following circumstances:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Going out after dark	57	53	59	43	53
Going out during the day	87	86	87	87	86
At school	76	76	73	77	75
Going to and from school	78	74	80	74	76

17% of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 5% said the same of being at school.

Q79. Percentage of pupils rating their safety as 'poor' or 'very poor' in the following circumstances:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Going out after dark	17	18	14	18	17
Going out during the day	3	3	2	1	3
At school	6	5	5	2	5
Going to and from school	5	4	2	3	4

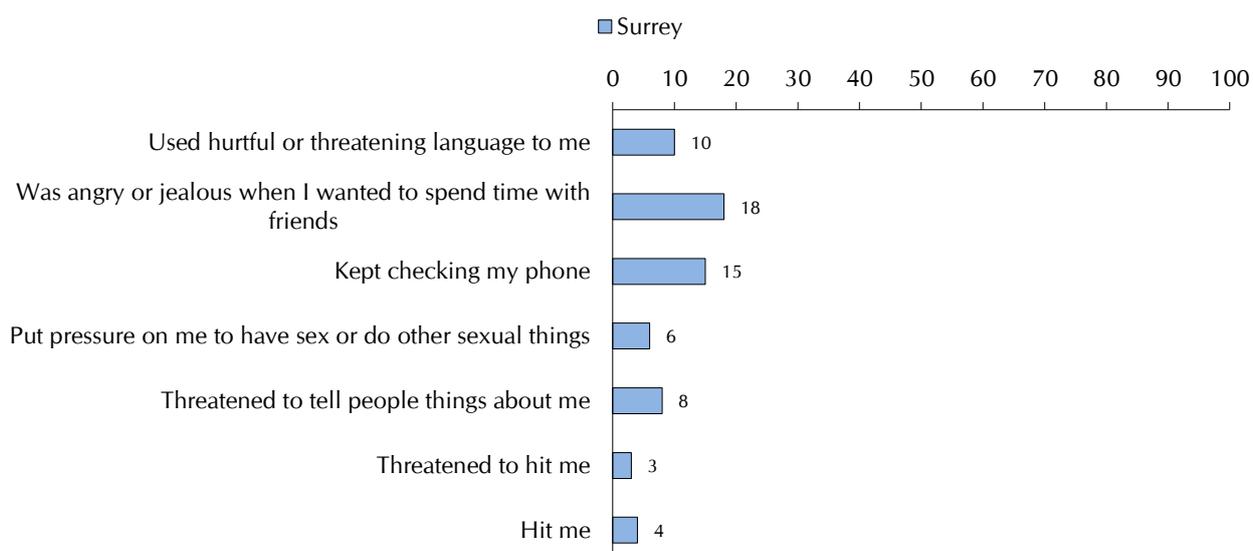
Relationships

28% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

Q80. Have any of these things happened to you in a relationship with a boyfriend/girlfriend?

Boys	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Used hurtful or threatening language to me	90	8	1
Was angry or jealous when I wanted to spend time with friends	82	16	2
Kept checking my phone	82	15	3
Put pressure on me to have sex or do other sexual things	95	3	1
Threatened to tell people things about me	93	7	1
Threatened to hit me	95	3	1
Hit me	94	4	1
Girls	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Used hurtful or threatening language to me	90	9	1
Was angry or jealous when I wanted to spend time with friends	82	16	2
Kept checking my phone	88	10	1
Put pressure on me to have sex or do other sexual things	93	6	1
Threatened to tell people things about me	92	7	1
Threatened to hit me	97	2	0
Hit me	97	2	0

Q80. Percentage of pupils responding that they experienced the following in a relationship with a past or current partner:



E-safety

25% of pupils responded that they have received a hurtful, nasty or scary message online, while 10% said someone has changed their password.

Q81b. Percentage of pupils responding that the following things have happened to them online:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Received a hurtful, nasty or scary message	17	27	27	31	25
Hurtful comments were posted about them on a social networking site	8	14	12	17	12
An insulting poll or webpage was set up about them	3	4	3	3	3
Someone used/changed a picture or video to humiliate them	11	12	17	14	13
Someone posted private information about them (including pictures)	6	7	8	9	7
Someone used their identity/password to post false or hurtful things	3	3	6	3	4
Someone changed their password	8	9	11	14	10
Other	3	2	4	2	3

11% of pupils responded that they have given personal information to someone online who they didn't know in real life.

Q81c. Percentage answering that they have given personal information to someone online who they didn't know in real life.

	Surrey	
	Yr 8	Yr 10
Boys	8	15
Girls	9	11

23% of pupils responded that someone online who they didn't know has asked to see pictures of them.

Q81d. Percentage answering that someone online who they didn't know has asked to see pictures of them.

	Surrey	
	Yr 8	Yr 10
Boys	11	22
Girls	19	45

6% of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.

Q81e. Percentage answering that someone has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.

	Surrey	
	Yr 8	Yr 10
Boys	3	4
Girls	5	12

3% of pupils responded that they have sent sexual pictures of themselves to someone they don't know.

Q81f. Percentage answering that they have sent sexual pictures of themselves to someone they don't know.

	Surrey	
	Yr 8	Yr 10
Boys	1	4
Girls	2	6

7% of pupils responded that they have sent sexual pictures of themselves to someone they do know.

Q81g. Percentage answering that they have sent sexual pictures of themselves to someone they do know.

	Surrey	
	Yr 8	Yr 10
Boys	2	12
Girls	3	15

17% of pupils responded that someone they don't know in person has asked to meet with them; 6% said this person was, as far as they know, quite a bit older than them and 4% said they did actually meet up with them.

Q81h(i). Percentage answering that someone they don't know in person has asked to meet with them.

	Surrey	
	Yr 8	Yr 10
Boys	9	19
Girls	12	31

91% of pupils responded that they have been told how to stay safe while online.

Q81i(i). Percentage answering that they have been told how to stay safe online.

Surrey		
	Yr 8	Yr 10
Boys	87	87
Girls	95	96

67% of pupils responded that they always follow the advice they have been given about how to stay safe online.

Q81i(ii). Percentage answering that they always follow the advice they have been given about how to stay safe online.

Surrey		
	Yr 8	Yr 10
Boys	66	54
Girls	78	69

74% of pupils responded that they have blocked someone because of something upsetting that happened online and 2% said they have reported something to CEOP.

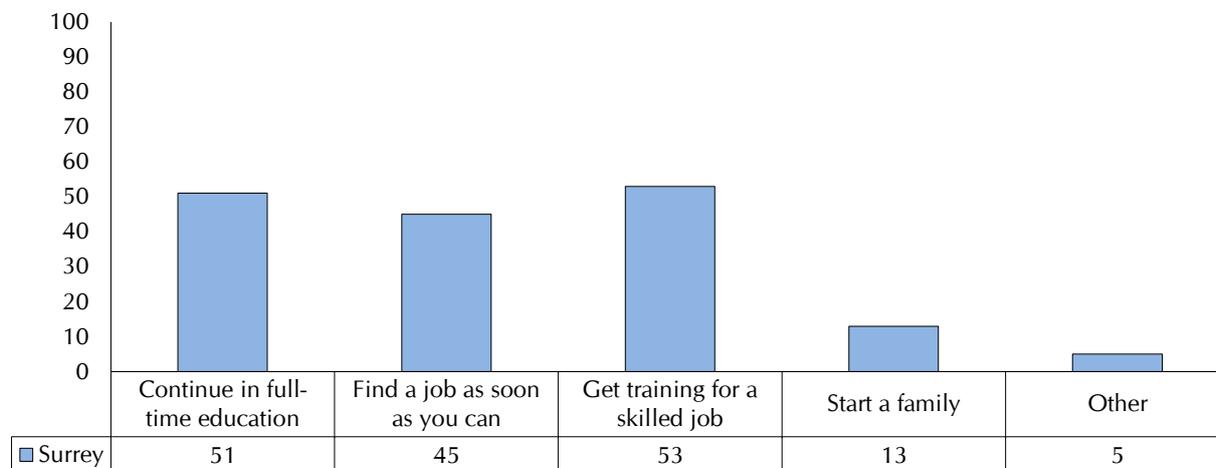
Q81j. Percentage of pupils responding that they have done the following because of something upsetting that happened online:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Blocked someone	71	79	68	78	74
Insulted someone back	30	23	47	36	33
Asked a friend to reply for them	11	24	14	27	19
Talked to their parents/carers	21	38	13	34	27
Reported to CEOP	2	2	2	1	2
Talked to the police	2	2	2	3	2
Talked to an adult at school	4	11	2	9	7
Talked to an adult outside school	5	9	3	5	6

Enjoying & Achieving

Future plans

Q82. At the end of Year 11, do you want to...?



46% of boys and 56% of girls responded that they want to continue in full-time education at the end of Year 11.

Q82. Percentage answering that they want to continue in full-time education at the end of Year 11.

	Surrey	
	Yr 8	Yr 10
Boys	42	50
Girls	50	64

47% of boys and 43% of girls responded that they want to find a job as soon as they can at the end of Year 11.

Q82. Percentage answering that they want to enter into employment at the end of Year 11.

	Surrey	
	Yr 8	Yr 10
Boys	45	49
Girls	43	44

58% of boys and 49% of girls responded that they want to get training for a skilled job at the end of Year 11.

Q82. Percentage answering that they want to get training for a skilled job at the end of Year 11.

	Surrey	
	Yr 8	Yr 10
Boys	64	49
Girls	60	35

85% of pupils responded that after school they want to stay in full-time education, find a job as soon as they can or get training for a skilled job. 1% did not want to do any of these.

Q82. Percentage answering that after school they want to stay in full-time education, find a job as soon as they can or get training for a skilled job.

	Surrey	
	Yr 8	Yr 10
Boys	86	84
Girls	86	86

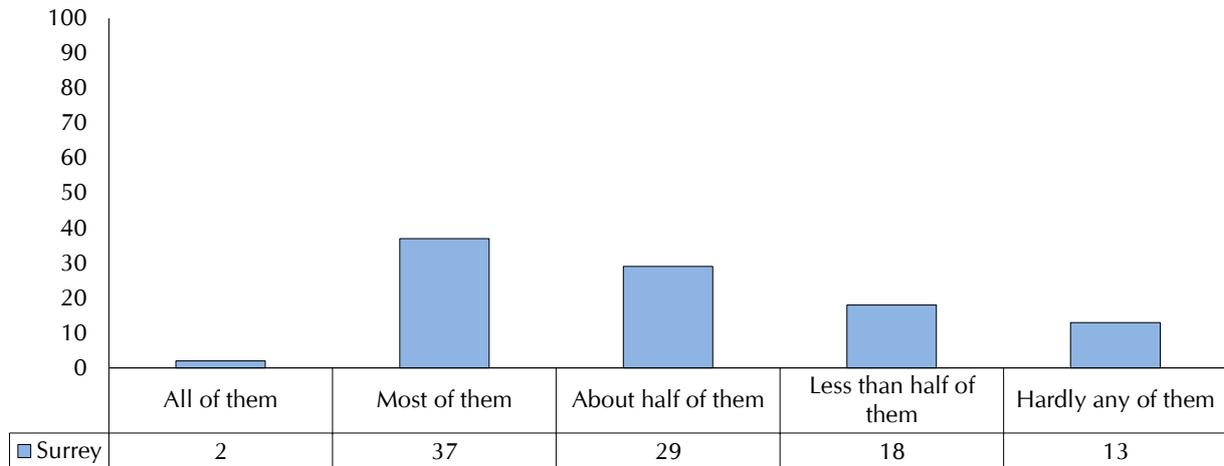
15% of boys and 11% of girls responded that they want to start a family at the end of Year 11.

Q82. Percentage answering that they want to start a family at the end of Year 11.

	Surrey	
	Yr 8	Yr 10
Boys	19	10
Girls	12	8

School lessons

Q83. How many lessons do you enjoy at school?



39% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

Q83. Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

Surrey

	Yr 8	Yr 10
Boys	41	39
Girls	39	38

13% of pupils responded that they enjoy 'hardly any' of their lessons at school.

Q83. Percentage answering that they enjoy 'hardly any' of their lessons at school.

Surrey

	Yr 8	Yr 10
Boys	12	12
Girls	15	12

22% of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.

Q84. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Managing money	19	14	12	6	13
Citizenship	27	24	19	16	22
Drug education (including alcohol and tobacco)	53	49	40	44	46
Emotional health and wellbeing	45	45	28	29	38
Bullying	48	48	29	28	39
Healthy eating	53	46	33	28	41
Physical activity	61	50	42	35	48
Safety	62	62	40	45	53
Sex and Relationships education	44	49	46	47	46

19% of pupils responded that they have found school lessons about citizenship 'not at all' useful.

Q84. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Managing money	17	17	24	25	21
Citizenship	13	16	26	23	19
Drug education (including alcohol and tobacco)	9	9	15	12	11
Emotional health and wellbeing	10	14	22	23	16
Bullying	13	12	26	21	17
Healthy eating	9	11	20	21	15
Physical activity	6	8	15	16	11
Safety	6	5	14	11	9
Sex and Relationships education	15	11	13	11	13

Attendance

83% of pupils responded that they think it is important to go to school regularly, while 6% think it isn't important.

Q85. Percentage answering that they think it is important to go to school regularly.

Surrey		
	Yr 8	Yr 10
Boys	84	81
Girls	83	88

77% of pupils responded that they have been away from school due to illness or injury in the 12 months before the survey, while 44% said they have been away due to doctor/dentist appointments.

Q86. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (top 5):

Boys			Girls		
1	Illness or injury	79	1	Illness or injury	76
2	Medical/dental appointments	39	2	Medical/dental appointments	49
3	Day trips or holiday in term-time	15	3	Worries about school	17
4	Worries about school	7	4	Day trips or holiday in term-time	16
5	Caring for family members	6	5	Worries about bullying	8

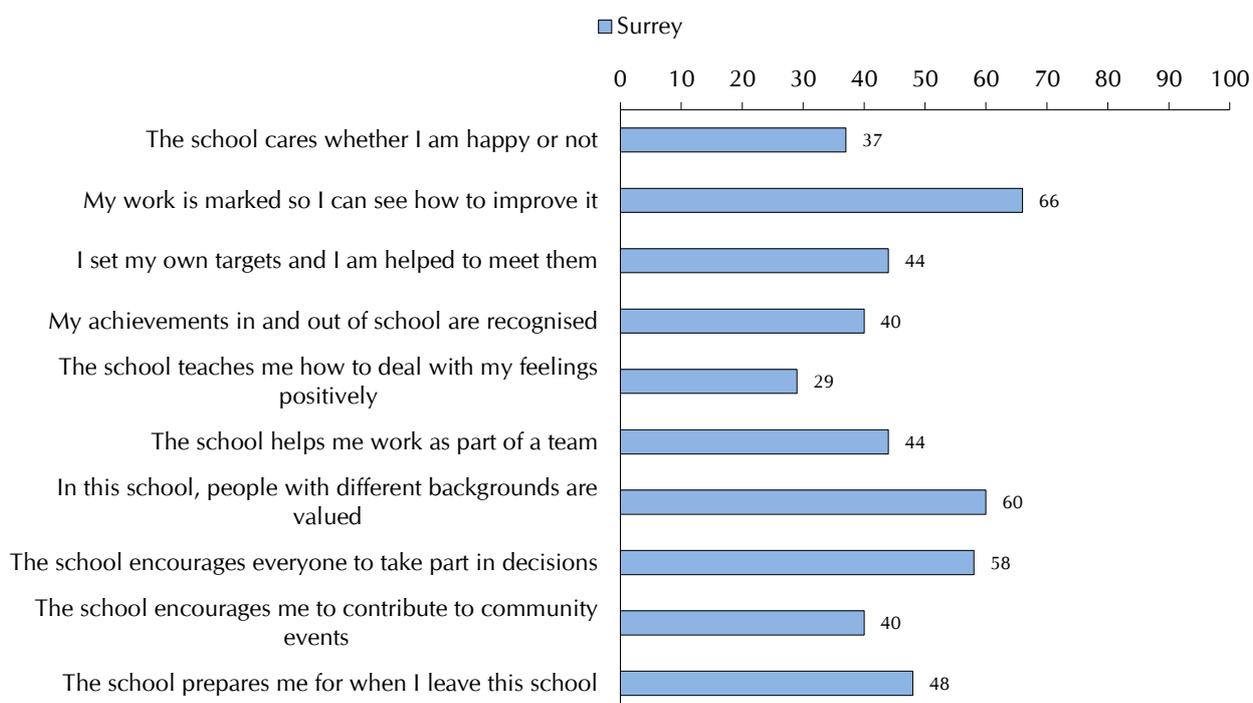
Every Child Matters

37% of pupils responded that they think the school cares whether they are happy or not and 66% said their work is marked so they can see how to improve it.

Q87. Percentage of pupils responding that they 'agree' with the following statements:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	44	39	33	30	37
My work is marked so I can see how to improve it	73	66	65	61	66
I set my own targets and I am helped to meet them	53	45	41	36	44
My achievements in and out of school are recognised	48	40	37	33	40
The school teaches me how to deal with my feelings positively	40	32	23	17	29
The school helps me work as part of a team	54	48	34	37	44
In this school, people with different backgrounds are valued	64	63	49	63	60
The school encourages everyone to take part in decisions	63	62	48	55	58
The school encourages me to contribute to community events	46	41	37	33	40
The school prepares me for when I leave this school	55	53	41	40	48

Q87. Percentage of pupils responding that they 'agree' with the following statements:

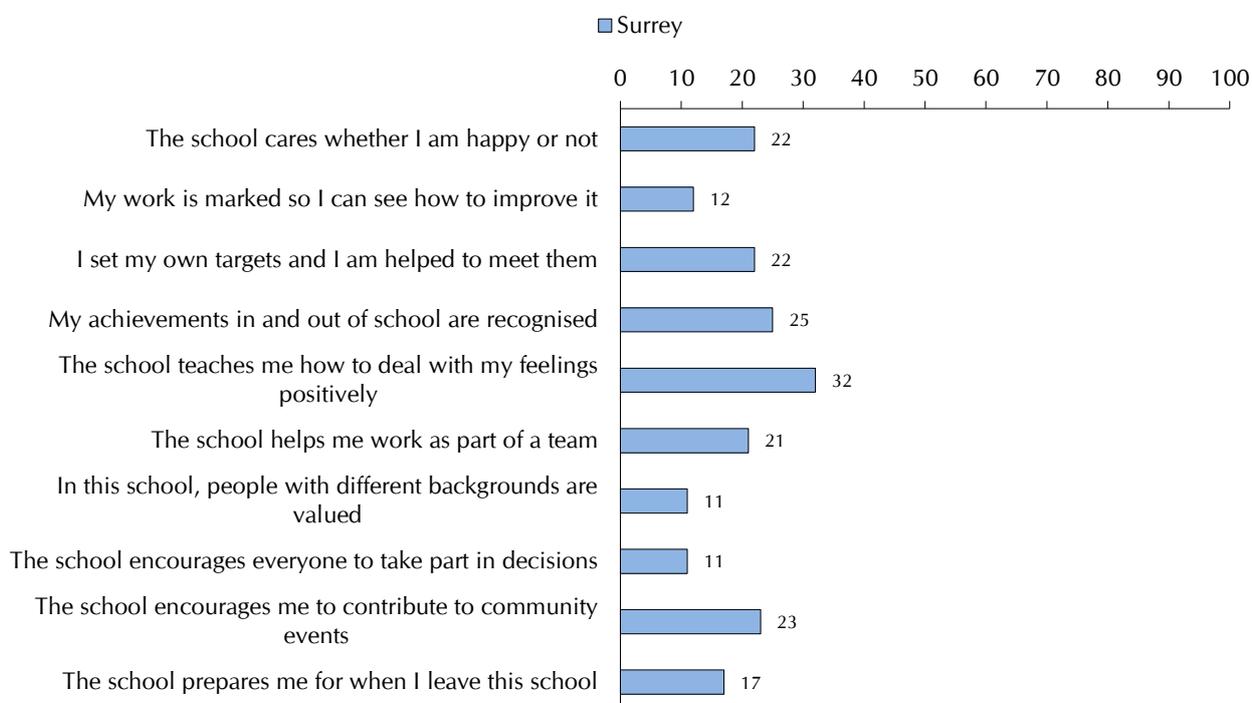


22% of pupils responded that they think the school doesn't care whether they are happy or not.

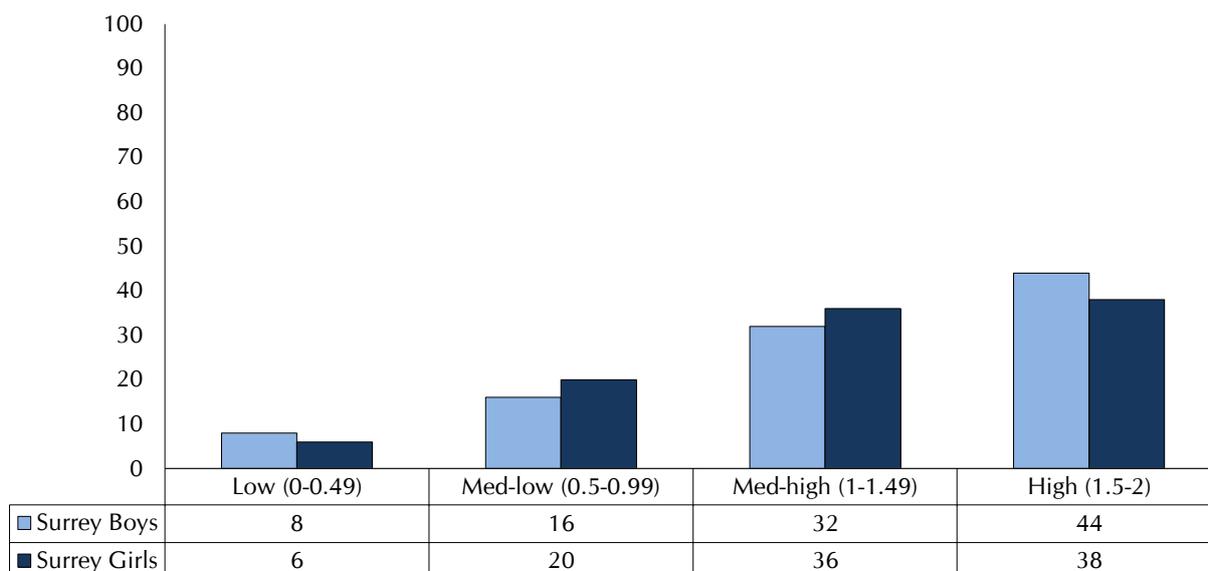
Q87. Percentage of pupils responding that they 'disagree' with the following statements:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	19	19	26	26	22
My work is marked so I can see how to improve it	8	12	12	15	12
I set my own targets and I am helped to meet them	20	17	25	26	22
My achievements in and out of school are recognised	20	21	26	33	25
The school teaches me how to deal with my feelings positively	25	27	37	42	32
The school helps me work as part of a team	16	17	28	24	21
In this school, people with different backgrounds are valued	10	9	15	10	11
The school encourages everyone to take part in decisions	9	9	14	13	11
The school encourages me to contribute to community events	20	20	27	27	23
The school prepares me for when I leave this school	14	14	22	21	17

Q87. Percentage of pupils responding that they 'disagree' with the following statements:



Q87. Composite pupil perception score:



N.B. This score is derived from the levels of agreement to each of the positive statements about their experience in school (Q87).

7% of pupils had a low pupil perception score.

Q87. Percentage who had a low pupil perception score.

	Surrey	
	Yr 8	Yr 10
Boys	5	10
Girls	6	7

40% of pupils had a high pupil perception score.

Q87. Percentage who had a high pupil perception score.

	Surrey	
	Yr 8	Yr 10
Boys	52	33
Girls	43	31

Leisure

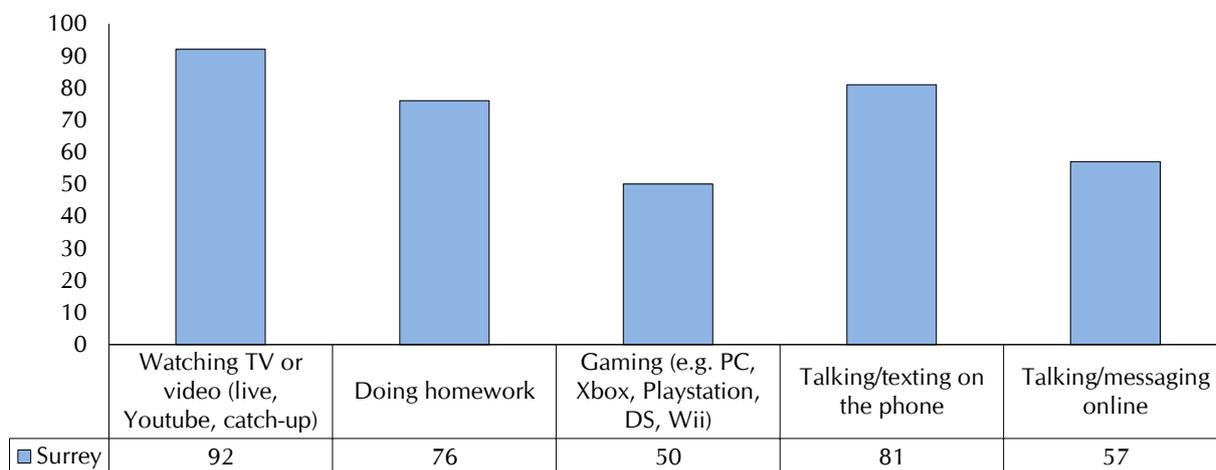
92% of pupils responded that they spent time watching TV or video after school on the day before the survey, while 76% did homework and 50% played video games.

Q88. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:

Boys	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV or video (live, Youtube, catch-up)	7	31	27	14	20
Doing homework	25	49	18	5	3
Gaming (e.g. PC, Xbox, Playstation, DS, Wii)	18	19	18	16	29
Talking/texting on the phone	21	42	13	9	14
Talking/messaging online	47	27	9	4	11

Girls	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV or video (live, Youtube, catch-up)	8	31	29	16	16
Doing homework	21	44	22	7	4
Gaming (e.g. PC, Xbox, Playstation, DS, Wii)	79	10	5	2	4
Talking/texting on the phone	14	40	17	11	18
Talking/messaging online	37	26	13	9	14

Q88. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



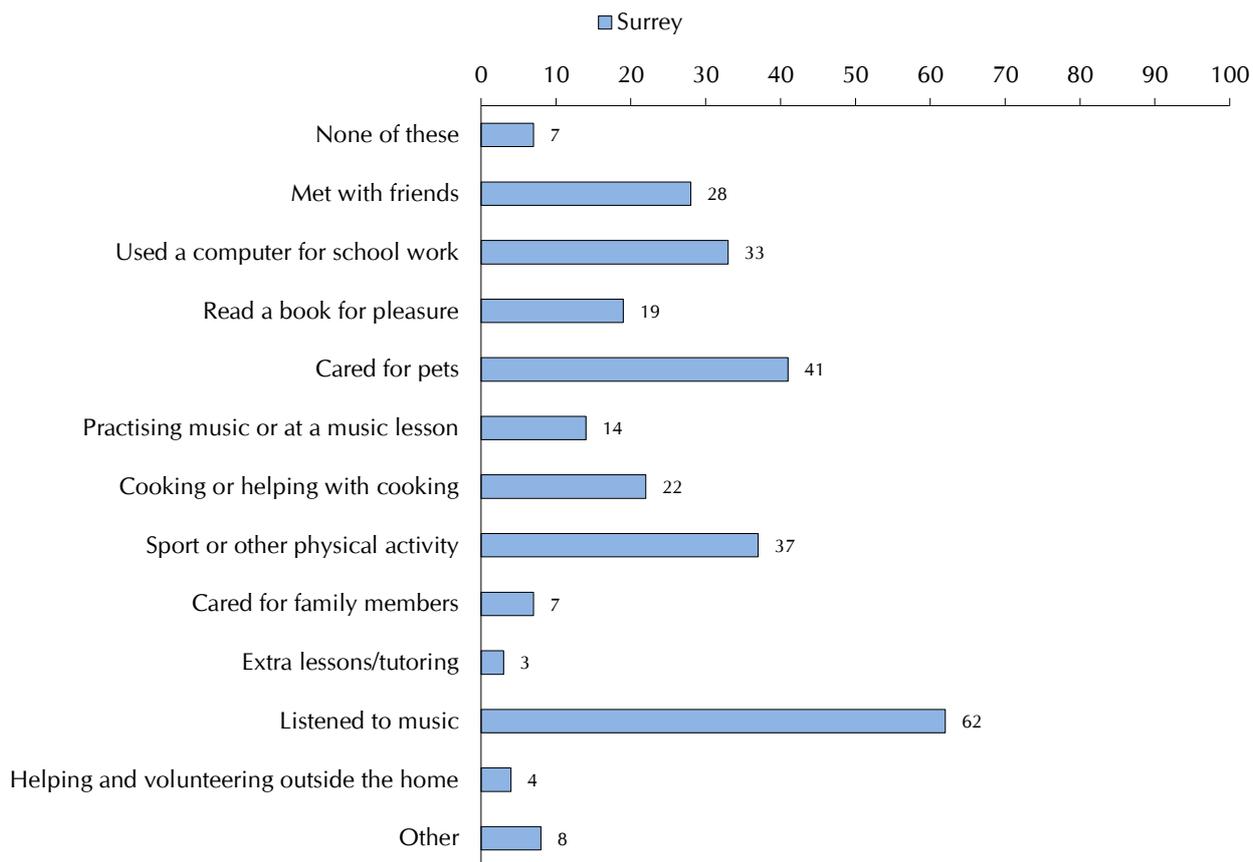
62% of pupils responded that they listened to music after school on the day before the survey, while 28% said they met with friends.

Q89. Percentage of pupils responding that they did the following after school on the day before the survey (top 10):

Boys			Girls		
1	Listened to music	56	1	Listened to music	68
2	Sport or other physical activity	43	2	Cared for pets	45
3	Cared for pets	36	3	Sport or other physical activity	33
4	Used a computer for school work	35	4	Used a computer for school work	33
5	Met with friends	30	5	Cooking or helping with cooking	27
6	Cooking or helping with cooking	16	6	Met with friends	27
7	Read a book for pleasure	15	7	Read a book for pleasure	23
8	Practising music or at a music lesson	13	8	Practising music or at a music lesson	15
9	Other	7	9	Other	8
10	Cared for family members	6	10	Cared for family members	8

41% of pupils responded that they cared for pets after school on the day before the survey, while 19% said they read a book for pleasure.

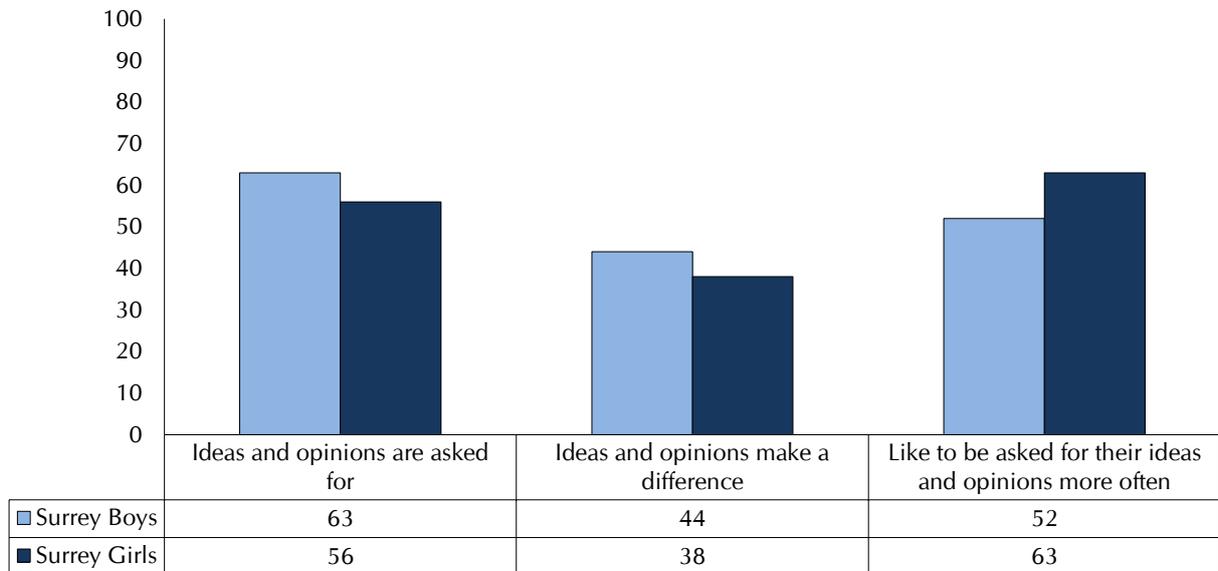
Q89. Percentage of pupils responding that they did the following after school on the day before the survey:



Making a Positive Contribution

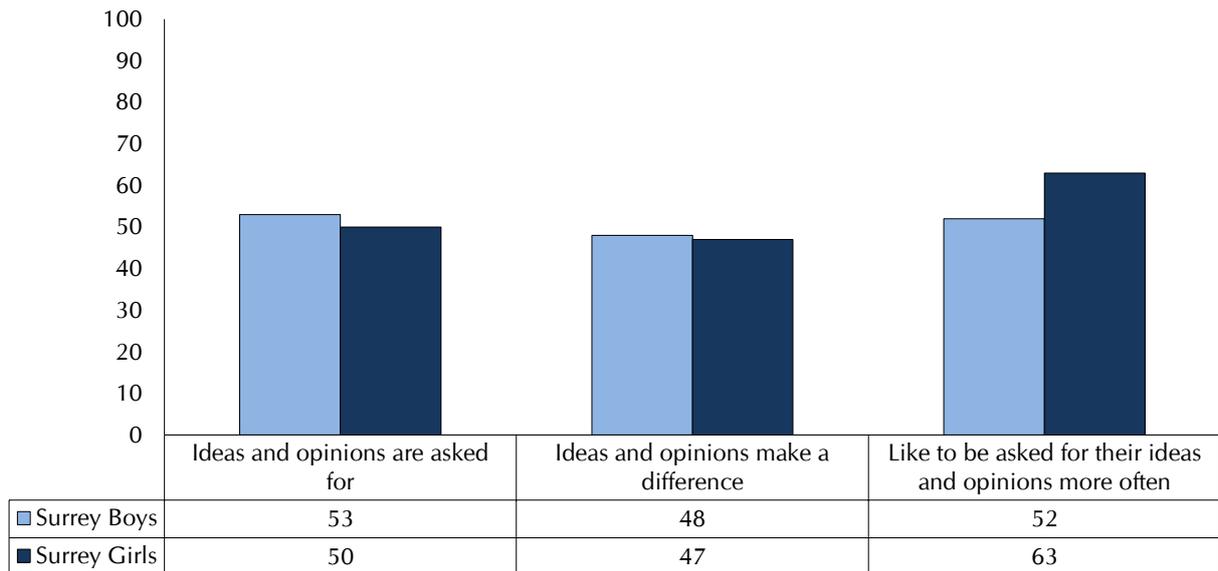
59% of pupils responded that they are asked for their ideas and opinions about what they learn in school; 41% said their opinions make a difference and 58% would like to be consulted more often.

Q90. Percentage of pupils responding to questions about what they learn in school:



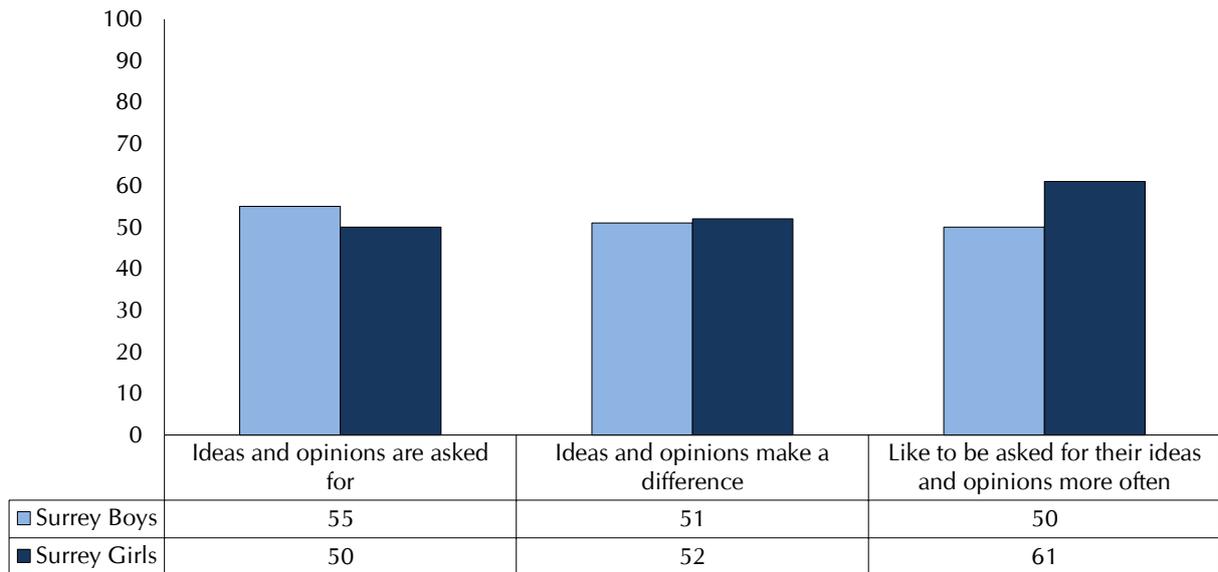
51% of pupils responded that they are asked for their ideas and opinions about how they learn in school; 47% said their opinions make a difference and 58% would like to be consulted more often.

Q90. Percentage of pupils responding to questions about how they learn in school:



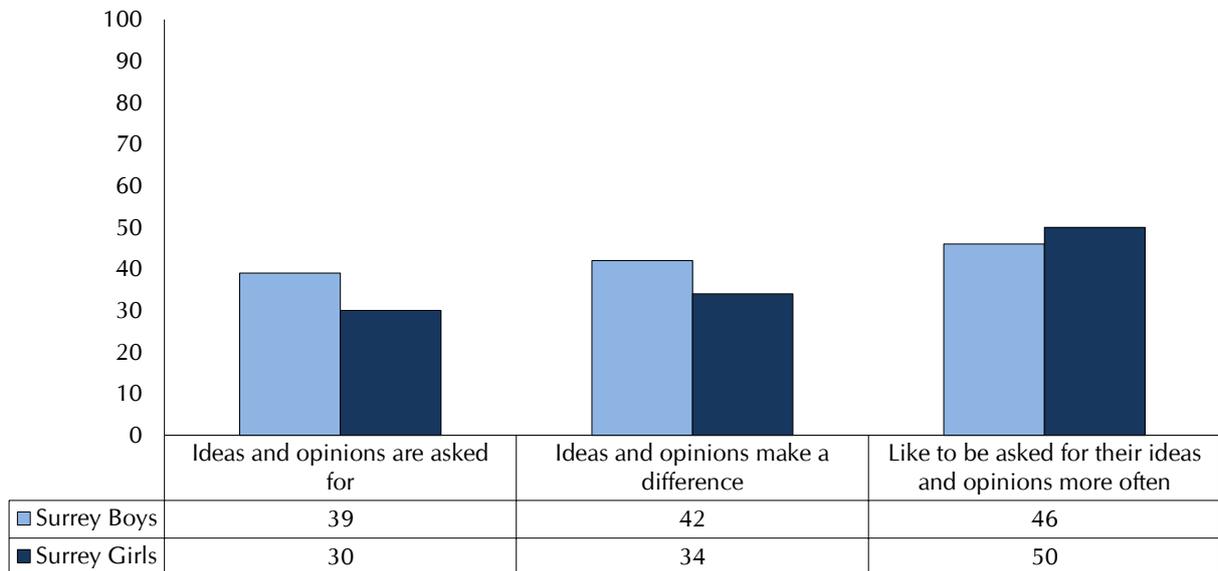
52% of pupils responded that they are asked for their ideas and opinions about the school environment; 51% said their opinions make a difference and 56% would like to be consulted more often.

Q90. Percentage of pupils responding to questions about the school environment:



34% of pupils responded that they are asked for their ideas and opinions about their community; 38% said their opinions make a difference and 48% would like to be consulted more often.

Q90. Percentage of pupils responding to questions about their community:



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Q41. (Individual self-esteem items) Percentage in each group giving a high esteem response:	41
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Q74. Percentage of pupils responding that they experienced the following in the month before the survey:	71

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Q82. At the end of Year 11, do you want to...?.....	79
Q82. Percentage answering that they want to continue in full-time education at the end of Year 11.	79
Q82. Percentage answering that they want to enter into employment at the end of Year 11.	79
Q82. Percentage answering that they want to get training for a skilled job at the end of Year 11.	79
Q82. Percentage answering that after school they want to stay in full-time education, find a job as soon as they can or get training for a skilled job.	79
Q82. Percentage answering that they want to start a family at the end of Year 11.	79
Q83. How many lessons do you enjoy at school?.....	80
Q83. Percentage answering that they enjoy 'most' or 'all' of their lessons at school.....	80
Q83. Percentage answering that they enjoy 'hardly any' of their lessons at school.....	80
Q84. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:.....	81
Q84. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:.....	81
Q85. Percentage answering that they think it is important to go to school regularly.....	81
Q86. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (top 5):.....	81
Q87. Percentage of pupils responding that they 'agree' with the following statements:.....	82
Q87. Percentage of pupils responding that they 'agree' with the following statements:.....	82
Q87. Percentage of pupils responding that they 'disagree' with the following statements:	83
Q87. Percentage of pupils responding that they 'disagree' with the following statements:	83
Q87. Composite pupil perception score:	84
Q87. Percentage who had a low pupil perception score.	84
Q87. Percentage who had a high pupil perception score.	84
Q88. Percentage of pupils responding that they spent time doing the following after school on the day before the survey: ..85	
Q88. Percentage of pupils responding that they spent time doing the following after school on the day before the survey: ..85	
Q89. Percentage of pupils responding that they did the following after school on the day before the survey (top 10):	86
Q89. Percentage of pupils responding that they did the following after school on the day before the survey:.....	86
Q90. Percentage of pupils responding to questions about what they learn in school:	87
Q90. Percentage of pupils responding to questions about how they learn in school:	87
Q90. Percentage of pupils responding to questions about the school environment:.....	88

Q90. Percentage of pupils responding to questions about their community:88



**This is not the end of your
Health Related Behaviour Survey!**

Ask us about...

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related
behaviour: www.sheu.org.uk/node/366**

***We may also be able to introduce you to health and
education contacts, with money and resources, within your
local community***