

The Surrey Children and Young People's Health and Wellbeing Survey 2017

A report for
Surrey Primary

The Schools Health Education Unit

www.sheu.org.uk

SHEU

School Survey Report 2017

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding
Survey Manager
Schools Health Education Unit



Dr. David Regis
Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Surrey	
	Yr 4	Yr 6
Boys	954	1061
Girls	981	1043

Please note that 213 pupil(s) didn't specify whether they are a boy or a girl or were unsure/ preferred not to say/described themselves in some other way and 0 didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

	Surrey	
	Yr 4	Yr 6
Boys	954	1061
Girls	981	1043

Background

ETHNICITY

- 71% of pupils described themselves as White British.

FAMILY

- 77% of pupils responded that they live with their Mum and Dad together.
- 11% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

ARMED FORCES

- 3% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 9% said they are 'not sure' if they do and 2% didn't want to say.

YOUNG CARERS

- 7% of pupils responded that they are a 'young carer', while 7% said they are 'not sure' if they are.
- 2% of pupils responded that their school knows they are a 'young carer'.

FREE SCHOOL MEALS

- 5% of pupils responded that they currently have free school meals, while 13% said they have had them and 1% could have had them.

Healthy Eating

5-A-DAY

- 7% of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.
- 33% of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

LUNCH

- 47% of pupils responded that they had school food for lunch on the day before the survey.
- 1% of pupils responded that they did not have any lunch on the day before the survey, while 0% said they bought lunch from a takeaway or shop.
- 32% of pupils responded that the place where they can get school lunch is friendly, while 50% said it is crowded, and 23% said it is rushed.

COOKING

- 74% of pupils responded that they cook or help with cooking at home (or at a friend's or relation's home), while 23% said that they cook or help with cooking in school lessons.

WEIGHT PERCEPTION

- 4% of pupils responded that they would like to put on weight.
- 25% of pupils responded that they would like to lose weight.
- 72% of pupils responded that they are happy with their weight as it is.

BREAKFAST

- 8% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 6% only had a drink and 9% had a cooked breakfast.
- 28% of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 19% had fruit.
- 84% of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

FOOD & DRINK

- 68% of pupils responded that they eat fresh fruit 'on most days', while 24% said the same of sweets, chocolate, choc bars.
- 6% of pupils responded that they 'rarely or never' eat vegetables, while 26% said the same of fish/fish fingers.

Physical Activity

ENJOY EXERCISE

- 3% of pupils responded that they don't enjoy physical activities 'at all'.
- 82% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

HARD EXERCISE

- 11% of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.
- 22% of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

PE LESSONS

- 82% of pupils responded that they enjoy their PE lessons, while 13% are 'not sure' if they do.
- 71% of pupils responded that they feel they are getting better at PE, while 22% are 'not sure' if they are.

SCHOOL SPORTS

- ❑ 58% of pupils responded that their school has helped them to be more healthy, while 32% are 'not sure' if it has.
- ❑ 28% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ 33% of pupils responded that they go to sports clubs at lunch time or after school at least 3 times each week.
- ❑ 43% of pupils responded that they don't go to any sports clubs at weekends.
- ❑ 9% of pupils responded that they go to sports clubs at least 3 times at weekends.
- ❑ 20% of pupils responded that they don't go to any sports clubs at lunch time, after school or at weekends each week.
- ❑ 48% of pupils responded that they go to sports clubs at lunch time, after school or at weekends at least 3 times each week.
- ❑ 51% of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 25% of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 36% of pupils responded that they haven't played any sports games or matches at their school this year.
- ❑ 38% of pupils responded that they have played at least 4 matches at their school this year.

ACTIVE TRAVEL

- ❑ 61% of pupils responded that they travelled to school by car/van on the day of the survey; while 4% said that they travelled by bicycle.
- ❑ 4% of pupils responded that travelled to school by scooter on the day of the survey; while 43% said that they walked.

Alcohol, Smoking & Drugs

ALCOHOL

- ❑ 3% of Year 6+ pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.
- ❑ 1% of Year 6+ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.
- ❑ 2% of Year 6+ pupils responded that they drank beer or lager in the 7 days before the survey and 0% said they drank spirits.
- ❑ 90% of Year 6+ pupils responded that they do not drink alcohol.
- ❑ 9% of Year 6+ pupils responded that they drink alcohol and their parents 'always' know, while 1% said they 'usually' know.
- ❑ 1% of Year 6+ pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

SMOKING AT HOME

- ❑ 20% of pupils responded that their parents/carers smoke.
- ❑ 5% of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 5% of pupils responded that someone smokes in a car when they are in it too.

SMOKING

- ❑ 1% of Year 6+ pupils responded that they have tried smoking in the past or smoke now.
- ❑ 0% of Year 6+ pupils responded that they smoked in the 7 days before the survey.

DRUGS

- ❑ 50% of Year 6+ pupils responded that their teachers have talked with them in school lessons about illegal drugs, while 45% said that their parents/carers have talked with them and 25% said no-one has talked with them about drugs.
- ❑ 10% of Year 6+ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs.
- ❑ 1% of Year 6+ pupils responded that they have been offered cannabis; while 3% were 'not sure'.
- ❑ 1% of Year 6+ pupils responded that they have been offered other drugs; while 2% were 'not sure'.

Emotional Health & Well-being

GROWING UP

- ❑ 53% of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up, while 62% said that their parents/carers have talked with them and 14% said no-one has talked with them.
- ❑ 55% of pupils responded that they feel they know enough about how their body changes as they get older, while 10% feel they don't know enough.

WORRYING

- ❑ 79% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 36% of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 37% said the same of SATs/tests, and 29% worry 'quite a lot' or 'a lot' about family problems.

PROBLEM SOLVING

- ❑ 76% of pupils responded that they at least 'sometimes' listen to music when a problem worries them. 94% said that they talk to an adult about the problem at least 'sometimes', while 60% said that they keep busy.

SELF-ESTEEM

- ❑ 27% of pupils had a med-low self-esteem score (9 or less).
- ❑ 33% of pupils had a high self-esteem score (15 or more).
- ❑ 86% of pupils responded that they feel happy talking to other pupils at school.

- ❑ 67% of pupils responded that their parents/carers like to hear their ideas.
- ❑ 68% of pupils responded that their teachers listen to them at school.
- ❑ 84% of pupils responded that they have one or more close friends.

Health & Hygiene

HAND WASHING

- ❑ 42% of pupils responded that they washed their hands before lunch on the day before the survey, while 22% said they are 'not sure' if they did.
- ❑ 72% of pupils responded that they wash their hands 'whenever possible' after visiting the toilet, while 3% said they 'never or hardly ever' do and 24% do so only 'sometimes'.

DENTAL HEALTH

- ❑ 2% of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 86% of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 70% of pupils responded that they had a check-up the last time they visited the dentist.
- ❑ 18% of pupils responded that they had fillings the last time they visited the dentist.
- ❑ 4% of pupils responded that they had a brace fitted, checked or removed the last time they visited the dentist; while 8% said that they had a tooth out.

Staying Safe

PEER PRESSURE

- ❑ 43% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 22% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- ❑ 41% of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- ❑ 16% of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

ACCIDENTS

- ❑ 34% of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.
- ❑ 7% of pupils responded that their most recent accident resulted in a broken bone, while 8% said that their most recent accident was a cut.

BULLYING

- ❑ 38% of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

- ❑ 10% of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.
- ❑ 24% of pupils responded that they have been bullied at or near school in the last 12 months, while 19% said they are 'not sure' if they have been.
- ❑ 72% of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 29% said they have done so 'often' or 'every day'.
- ❑ 44% of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while 47% were pushed/hit for no reason.
- ❑ 25% of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while 6% experienced it on the way to or from school.
- ❑ 5% of pupils responded that they think they have been 'picked on' or bullied because of their race, colour or religion, while 14% said that it was because of the way they look. 45% said they haven't been bullied and 30% said they don't know why they've been picked on.
- ❑ 68% of pupils responded that they think their school takes bullying seriously, while 10% don't think their school takes bullying seriously.
- ❑ 2% of pupils responded that they think others may fear going to school because of them, while 19% said they are 'not sure' if others do.

INTERNET SAFETY

- ❑ 88% of pupils responded that they have used the internet at home in the last month, while 50% said they have used it at school and 63% have used it on a mobile device.
- ❑ 62% of pupils responded that they use the internet for schoolwork, while 71% said that they use it for playing games.
- ❑ 26% of Year 6+ pupils responded that they have seen images or videos online that were for adults-only.
- ❑ 30% of Year 6+ pupils responded that they have seen images or videos online that upset them.
- ❑ 31% of Year 6+ pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.
- ❑ 94% of Year 6+ pupils responded that they have been told how to stay safe while using the internet, while 4% said they haven't been told how to stay safe.
- ❑ 70% of Year 6+ pupils responded that they get e-safety information from their parents/carers/family, while 90% said that they get information from school.
- ❑ 19% of pupils responded that they have received a chat message that scared them or made them upset.

- ❑ 15% of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.

School & Leisure

EVERY CHILD MATTERS

- ❑ 71% of Year 6+ pupils responded that in their school, people with different backgrounds are valued.

AFTER-SCHOOL ACTIVITIES

- ❑ 57% of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while 40% spent time playing sport or doing physical activities.

BREAKTIMES

- ❑ 7% of pupils responded that they 'often' spend time reading quietly or being in the library during school playtimes, while 72% spend time chatting/talking.

- ❑ 62% of pupils responded that their playtimes and lunchtimes are friendly, while 33% said that they are crowded, and 9% said that they are boring.

VIEWS & OPINIONS

- ❑ 37% of pupils responded that their views and opinions are asked for in school, while 17% said they aren't asked for.
- ❑ 56% of pupils responded that their views and opinions are listened to in school, while 12% said they aren't listened to.
- ❑ 47% of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while 36% feel they are listened to through a school or class council.
- ❑ 19% of pupils responded that their views and opinions make a difference to how their school is run, while 31% said they don't make a difference.

2017/2015 Comparisons

	2017		2015	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	954	1061	490	579
Girls	981	1043	471	558

2015 data in brackets; see notes on interpreting differences.

Background

ETHNICITY

- 71% (71%) of pupils described themselves as White British.

FAMILY

- 77% (76%) of pupils responded that they live with their Mum and Dad together.
- 11% (12%) of pupils responded that they live 'mainly or only' with their Mum, while 1% (1%) said they live 'mainly or only' with their Dad.

ARMED FORCES

- 3% (2%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 9% (5%) said they are 'not sure' if they do and 2% (2%) didn't want to say.

YOUNG CARERS

- 7% (6%) of pupils responded that they are a 'young carer', while 7% (5%) said they are 'not sure' if they are.
- 2% (2%) of pupils responded that their school knows they are a 'young carer'.

FREE SCHOOL MEALS

- 5% (5%) of pupils responded that they currently have free school meals, while 13% (7%) said they have had them and 1% (1%) could have had them.

Healthy Eating

5-A-DAY

- 7% (7%) of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.
- 33% (34%) of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

LUNCH

- 47% (46%) of pupils responded that they had school food for lunch on the day before the survey.
- 1% (0%) of pupils responded that they did not have any lunch on the day before the survey, while 0% (1%) said they bought lunch from a takeaway or shop.
- 32% (34%) of pupils responded that the place where they can get school lunch is friendly, while 50% (50%) said it is crowded, and 23% (28%) said it is rushed.

WEIGHT PERCEPTION

- 4% (4%) of pupils responded that they would like to put on weight.
- 25% (25%) of pupils responded that they would like to lose weight.
- 72% (71%) of pupils responded that they are happy with their weight as it is.

BREAKFAST

- 8% (7%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 6% (5%) only had a drink and 9% (8%) had a cooked breakfast.
- 28% (33%) of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 19% (19%) had fruit.
- 84% (85%) of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

FOOD & DRINK

- 68% (63%) of pupils responded that they eat fresh fruit 'on most days', while 24% (23%) said the same of sweets, chocolate, choc bars.
- 6% (6%) of pupils responded that they 'rarely or never' eat vegetables, while 26% (24%) said the same of fish/fish fingers.

Physical Activity

ENJOY EXERCISE

- 3% (2%) of pupils responded that they don't enjoy physical activities 'at all'.
- 82% (84%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

HARD EXERCISE

- 11% (16%) of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.
- 22% (23%) of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

PE LESSONS

- 82% (84%) of pupils responded that they enjoy their PE lessons, while 13% (12%) are 'not sure' if they do.
- 71% (71%) of pupils responded that they feel they are getting better at PE, while 22% (24%) are 'not sure' if they are.

SCHOOL SPORTS

- ❑ 58% (58%) of pupils responded that their school has helped them to be more healthy, while 32% (32%) are 'not sure' if it has.
- ❑ 51% (56%) of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 25% (23%) of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 36% (36%) of pupils responded that they haven't played any sports games or matches at their school this year.
- ❑ 38% (39%) of pupils responded that they have played at least 4 matches at their school this year.

ACTIVE TRAVEL

- ❑ 61% (61%) of pupils responded that they travelled to school by car/van on the day of the survey; while 4% (3%) said that they travelled by bicycle.
- ❑ 4% (2%) of pupils responded that travelled to school by scooter on the day of the survey; while 43% (37%) said that they walked.

Alcohol, Smoking & Drugs

ALCOHOL

- ❑ 3% (4%) of Year 6+ pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.
- ❑ 1% (2%) of Year 6+ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.
- ❑ 2% (1%) of Year 6+ pupils responded that they drank beer or lager in the 7 days before the survey and 0% (1%) said they drank spirits.
- ❑ 90% (88%) of Year 6+ pupils responded that they do not drink alcohol.
- ❑ 9% (10%) of Year 6+ pupils responded that they drink alcohol and their parents 'always' know, while 1% (1%) said they 'usually' know.
- ❑ 1% (1%) of Year 6+ pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

SMOKING AT HOME

- ❑ 20% (22%) of pupils responded that their parents/carers smoke.
- ❑ 5% (6%) of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 5% (10%) of pupils responded that someone smokes in a car when they are in it too.

SMOKING

- ❑ 1% (2%) of Year 6+ pupils responded that they have tried smoking in the past or smoke now.
- ❑ 0% (0%) of Year 6+ pupils responded that they smoked in the 7 days before the survey.

DRUGS

- ❑ 10% (8%) of Year 6+ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs.
- ❑ 1% (1%) of Year 6+ pupils responded that they have been offered cannabis; while 3% (1%) were 'not sure'.
- ❑ 1% (1%) of Year 6+ pupils responded that they have been offered other drugs; while 2% (2%) were 'not sure'.

Emotional Health & Well-being

GROWING UP

- ❑ 55% (57%) of pupils responded that they feel they know enough about how their body changes as they get older, while 10% (9%) feel they don't know enough.

WORRYING

- ❑ 79% (73%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 36% (31%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 37% (36%) said the same of SATs/tests, and 29% (26%) worry 'quite a lot' or 'a lot' about family problems.

PROBLEM SOLVING

- ❑ 76% (71%) of pupils responded that they at least 'sometimes' listen to music when a problem worries them. 94% (95%) said that they talk to an adult about the problem at least 'sometimes', while 60% (57%) said that they keep busy.

SELF-ESTEEM

- ❑ 27% (28%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 33% (34%) of pupils had a high self-esteem score (15 or more).
- ❑ 86% (87%) of pupils responded that they feel happy talking to other pupils at school.
- ❑ 67% (68%) of pupils responded that their parents/carers like to hear their ideas.
- ❑ 68% (68%) of pupils responded that their teachers listen to them at school.
- ❑ 84% (82%) of pupils responded that they have one or more close friends.

Health & Hygiene

HAND WASHING

- ❑ 42% (58%) of pupils responded that they washed their hands before lunch on the day before the survey, while 22% (19%) said they are 'not sure' if they did.
- ❑ 72% (75%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet, while 3% (2%) said they 'never or hardly ever' do and 24% (23%) do so only 'sometimes'.

DENTAL HEALTH

- ❑ 2% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 86% (85%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 70% (75%) of pupils responded that they had a check-up the last time they visited the dentist.
- ❑ 18% (17%) of pupils responded that they had fillings the last time they visited the dentist.
- ❑ 4% (3%) of pupils responded that they had a brace fitted, checked or removed the last time they visited the dentist.

Staying Safe

PEER PRESSURE

- ❑ 43% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 22% (21%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- ❑ 41% (42%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- ❑ 16% (15%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

ACCIDENTS

- ❑ 34% (33%) of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.
- ❑ 7% (7%) of pupils responded that their most recent accident resulted in a broken bone, while 8% (7%) said that their most recent accident was a cut.

BULLYING

- ❑ 38% (38%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- ❑ 10% (8%) of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.
- ❑ 24% (23%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (20%) said they are 'not sure' if they have been.
- ❑ 72% (69%) of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 29% (26%) said they have done so 'often' or 'every day'.
- ❑ 44% (43%) of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while 47% (42%) were pushed/hit for no reason.
- ❑ 25% (25%) of pupils responded that they experienced negative behaviour in a classroom (at

breaktimes) in the month before the survey, while 6% (5%) experienced it on the way to or from school.

- ❑ 68% (66%) of pupils responded that they think their school takes bullying seriously, while 10% (10%) don't think their school takes bullying seriously.
- ❑ 2% (2%) of pupils responded that they think others may fear going to school because of them, while 19% (19%) said they are 'not sure' if others do.

INTERNET SAFETY

- ❑ 88% (85%) of pupils responded that they have used the internet at home in the last month, while 50% (59%) said they have used it at school and 63% (60%) have used it on a mobile device.
- ❑ 62% (68%) of pupils responded that they use the internet for schoolwork, while 71% (75%) said that they use it for playing games.
- ❑ 26% (29%) of Year 6+ pupils responded that they have seen images or videos online that were for adults-only.
- ❑ 30% (28%) of Year 6+ pupils responded that they have seen images or videos online that upset them.
- ❑ 31% (36%) of Year 6+ pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.
- ❑ 96% (96%) of Year 6+ pupils responded that they have been told how to stay safe while using the internet, while 4% (4%) said they haven't been told how to stay safe.
- ❑ 70% (72%) of Year 6+ pupils responded that they get e-safety information from their parents/carers/family, while 90% (91%) said that they get information from school.
- ❑ 19% (19%) of pupils responded that they have received a chat message that scared them or made them upset.
- ❑ 15% (15%) of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.

School & Leisure

EVERY CHILD MATTERS

- ❑ 71% (71%) of Year 6+ pupils responded that in their school, people with different backgrounds are valued.

AFTER-SCHOOL ACTIVITIES

- ❑ 57% (63%) of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while 40% (43%) spent time playing sport or doing physical activities.

BREAKTIMES

- ❑ 7% (7%) of pupils responded that they 'often' spend time reading quietly or being in the library during school playtimes, while 72% (72%) spend time chatting/talking.
- ❑ 62% (66%) of pupils responded that their playtimes and lunchtimes are friendly, while 33% (39%) said

that they are crowded, and 9% (10%) said that they are boring.

VIEWS & OPINIONS

- ❑ 37% (42%) of pupils responded that their views and opinions are asked for in school, while 17% (14%) said they aren't asked for.
- ❑ 56% (56%) of pupils responded that their views and opinions are listened to in school, while 12% (10%) said they aren't listened to.
- ❑ 47% (51%) of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while 36% (47%) feel they are listened to through a school or class council.
- ❑ 19% (20%) of pupils responded that their views and opinions make a difference to how their school is run, while 31% (25%) said they don't make a difference.

Significant differences between 2017 and 2015 data

Below we have listed some statistically significant differences between the data collected in the 2017 survey and that collected in 2015.

	2017		2015	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	954	1061	490	579
Girls	981	1043	471	558

Sig	2017	2015	Question
***	42%	58%	of pupils responded that they washed their hands before lunch on the day before the survey.
***	36%	47%	of pupils responded that they feel their views and opinions are listened to through a school or class council.
***	5%	10%	of pupils responded that someone smokes in a car when they are in it too.
***	13%	7%	of pupils responded that they have had free school meals.
***	50%	59%	of pupils responded that they have used the internet at school in the last month.
***	11%	16%	of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.
***	79%	73%	of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
***	62%	68%	of pupils responded that they use the internet for schoolwork.
***	43%	37%	of pupils responded that they walked to school on the day of the survey.
***	57%	63%	of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey.
***	33%	39%	of pupils responded that their playtimes and lunchtimes are crowded.
***	76%	71%	of pupils responded that they at least 'sometimes' listen to music when a problem worries them.
***	23%	28%	of pupils responded that the place where they can get school lunch is rushed.
***	36%	31%	of pupils responded that they worry about crime 'quite a lot' or 'a lot'.
***	31%	25%	of pupils responded that their views and opinions don't make a difference to how their school is run.
***	70%	75%	of pupils responded that they had a check-up the last time they visited the dentist.
***	37%	42%	of pupils responded that their views and opinions are asked for in school.
***	28%	33%	of pupils responded that they had toast, bread or bagels before lessons on the day of the survey.
***	68%	63%	of pupils responded that they eat fresh fruit 'on most days'.
***	47%	42%	of pupils responded that they were pushed/hit for no reason at least a 'few times' in the month before the survey.
***	3%	2%	of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves.
***	51%	56%	of pupils responded that they haven't played any games or matches against other schools this year.
***	0%	1%	of pupils responded that they bought lunch from a takeaway or shop on the day before the survey.
***	72%	69%	of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey.
***	3%	2%	of pupils responded that they 'never or hardly ever' wash their hands after visiting the toilet.
***	31%	36%	of Year 6 + pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.
***	71%	75%	of pupils responded that they use the internet for playing games.
***	62%	66%	of pupils responded that their playtimes and lunchtimes are friendly.
***	29%	26%	of pupils responded that they worry 'quite a lot' or 'a lot' about family problems.
***	47%	51%	of pupils responded that they feel their views and opinions are listened to by talking to teachers in school.
***	4%	2%	of pupils responded that travelled to school by scooter on the day of the survey.

***	43%	47%	of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
**	82%	84%	of pupils responded that they enjoy their PE lessons.
**	88%	85%	of pupils responded that they have used the internet at home in the last month.
**	82%	84%	of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
**	17%	14%	of pupils responded that their views and opinions aren't asked for in school.
**	1%	1%	of pupils responded that they live 'mainly or only' with their Dad.
*	63%	60%	of pupils responded that they have used the internet on a mobile device in the last month.
*	26%	29%	of Year 6+ pupils responded that they have seen images or videos online that were for adults-only.
*	72%	75%	of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.

Tests: Chi-squared (χ^2).

KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

Background

Ethnicity

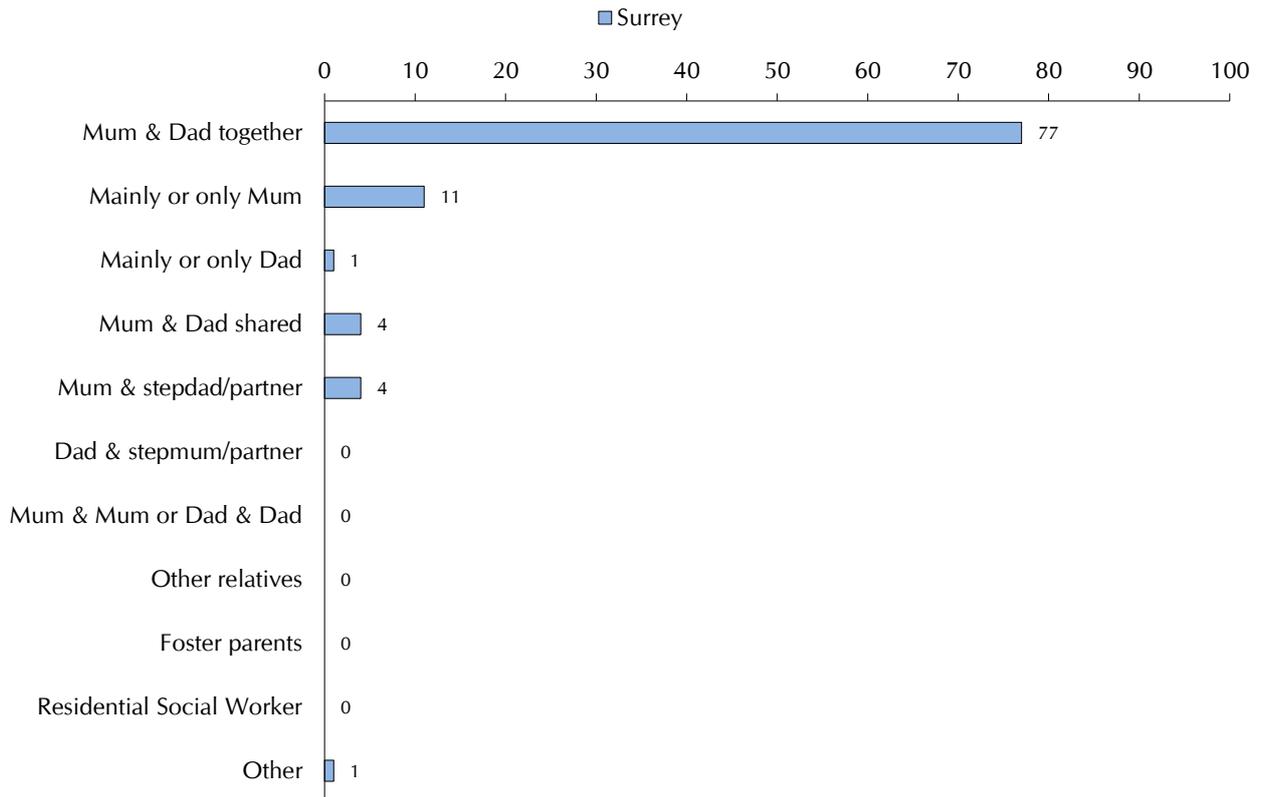
71% of pupils described themselves as White British.

Q2. Percentage describing themselves as White British.

	Surrey	
	Yr 4	Yr 6
Boys	70	72
Girls	71	73

Family

Q4. Which adults do you live with?



77% of pupils responded that they live with their Mum and Dad together.

Q4. Percentage answering that they live with their Mum and Dad together.

	Surrey	
	Yr 4	Yr 6
Boys	79	78
Girls	82	73

11% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

Q4. Percentage answering that they live 'mainly or only' with their Mum.

	Surrey	
	Yr 4	Yr 6
Boys	12	12
Girls	9	12

Armed forces

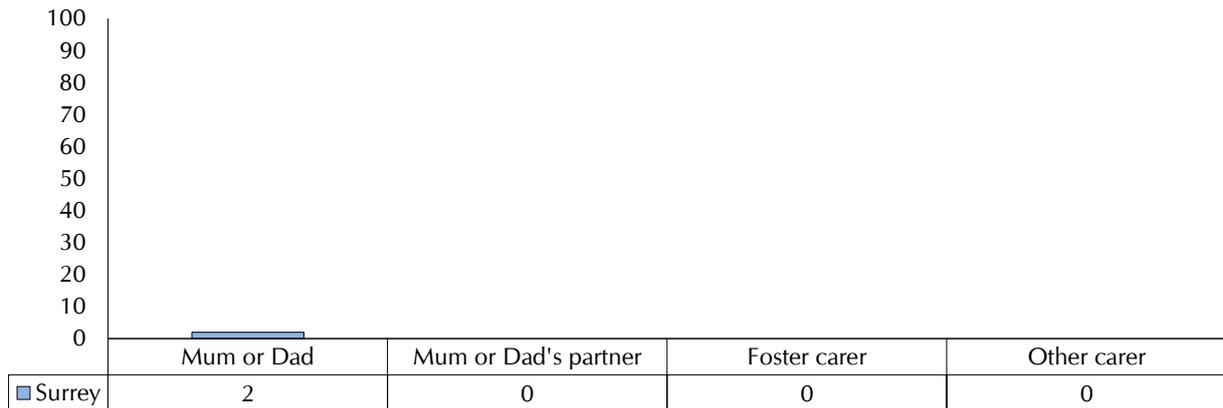
3% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 9% said they are 'not sure' if they do and 2% didn't want to say.

Q5a. Percentage answering that they have a parent/carer who is in the armed forces.

	Surrey	
	Yr 4	Yr 6
Boys	4	3
Girls	3	2

Q5b. Who is it?

Surrey



Young carers

7% of pupils responded that they are a 'young carer', while 7% said they are 'not sure' if they are.

Q6a. Percentage answering that they are a 'young carer'.

	Surrey	
	Yr 4	Yr 6
Boys	7	6
Girls	8	4

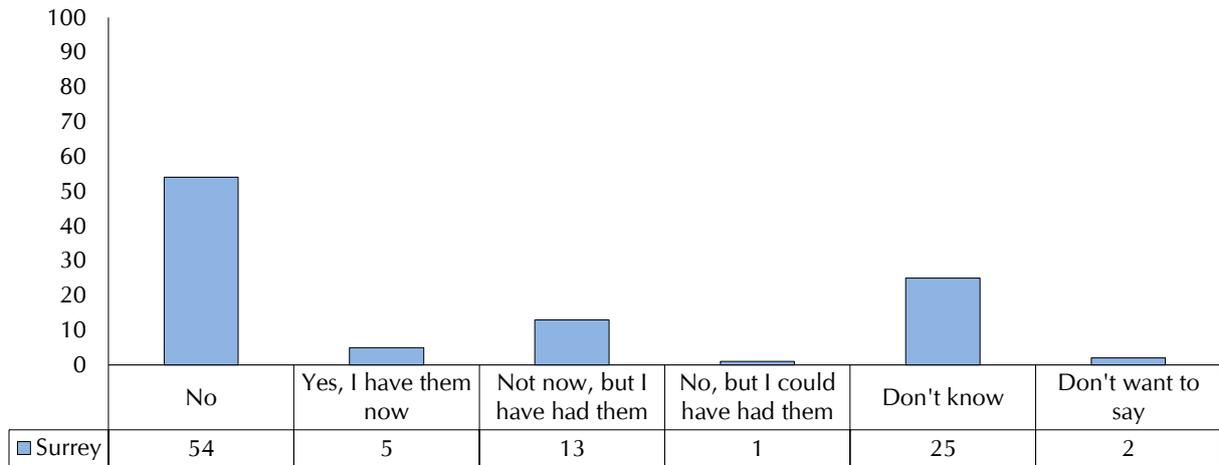
2% of pupils responded that their school knows they are a 'young carer'.

Q6c. Percentage answering that their school knows they are a 'young carer'.

	Surrey	
	Yr 4	Yr 6
Boys	1	2
Girls	2	1

Free school meals

Q10. Have you ever had free school meals, or vouchers for free meals?



5% of pupils responded that they currently have free school meals, while 13% said they have had them and 1% could have had them.

Q10. Percentage answering that they currently have free school meals.

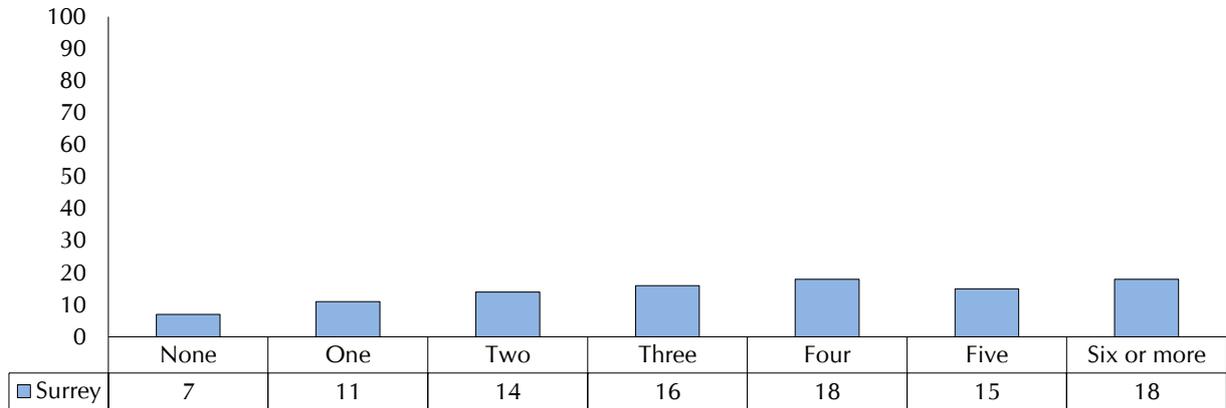
	Surrey	
	Yr 4	Yr 6
Boys	8	4
Girls	5	4

Healthy Eating

5-a-day

Q7. How many portions of fruit and vegetables did you eat yesterday?

Surrey



7% of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.

Q7. Percentage answering that they didn't have any portions of fruit or vegetables on the day before the survey.

	Surrey	
	Yr 4	Yr 6
Boys	12	5
Girls	7	4

33% of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

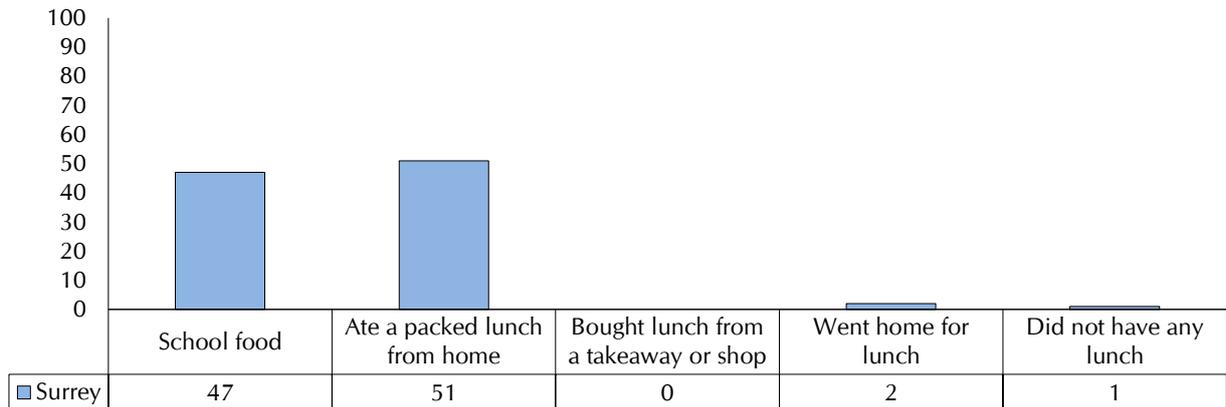
Q7. Percentage answering that they had at least 5 portions of fruit and vegetables on the day before the survey.

	Surrey	
	Yr 4	Yr 6
Boys	32	35
Girls	31	33

Lunch

Q8. What did you do for lunch yesterday?

Surrey



47% of pupils responded that they had school food for lunch on the day before the survey.

Q8. Percentage answering that they had school food for lunch on the day before the survey.

	Surrey	
	Yr 4	Yr 6
Boys	50	42
Girls	55	41

1% of pupils responded that they did not have any lunch on the day before the survey, while 0% said they bought lunch from a takeaway or shop.

Q8. Percentage answering that they did not have any lunch on the day before the survey.

	Surrey	
	Yr 4	Yr 6
Boys	1	1
Girls	0	1

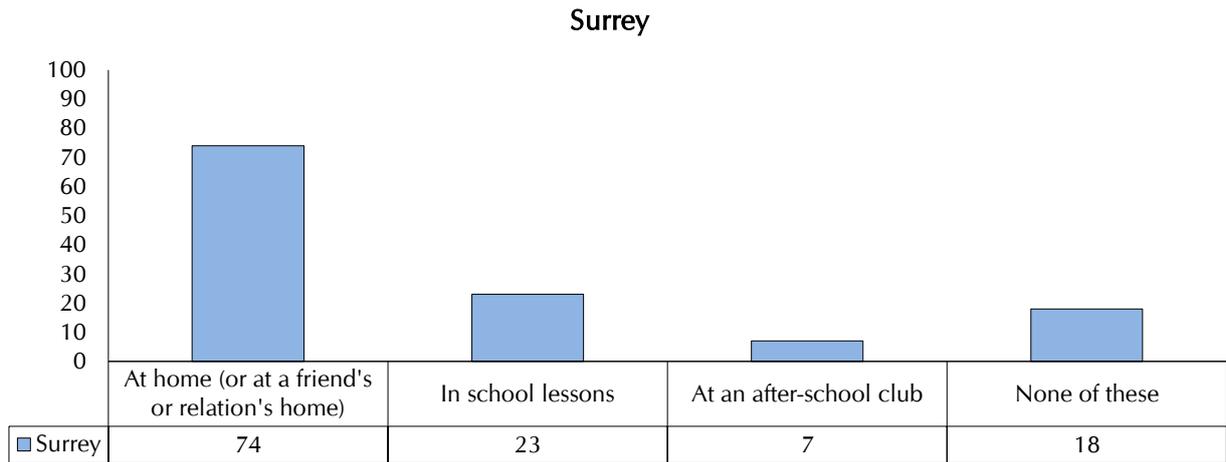
32% of pupils responded that the place where they can get school lunch is friendly, while 50% said it is crowded, and 23% said it is rushed.

Q9. Percentage of pupils responding that they would describe the place where they can get school lunch as the following (top 5):

	Boys			Girls	
1	Crowded	49	1	Crowded	51
2	Busy	41	2	Busy	44
3	Happy	32	3	Happy	37
4	Friendly	30	4	Friendly	36
5	Safe	25	5	Safe	28

Cooking

Q11. Percentage of pupils responding that they cook or help with cooking at the following places:



74% of pupils responded that they cook or help with cooking at home (or at a friend's or relation's home), while 23% said that they cook or help with cooking in school lessons.

Q11. Percentage answering that they cook or help with cooking at home.

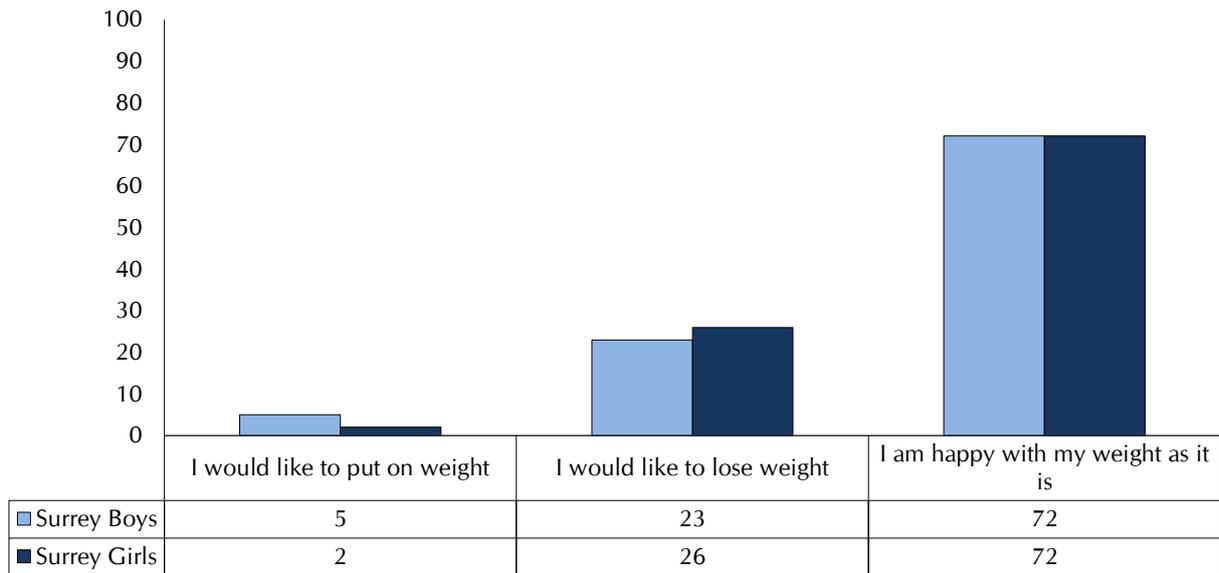
	Surrey	
	Yr 4	Yr 6
Boys	65	67
Girls	82	84

Q11. Percentage of pupils responding that they cook or help with cooking at the following places :

Boys			Girls		
1	At home	66	1	At home	83
2	In school lessons	23	2	In school lessons	23
3	At an after-school club	6	3	At an after-school club	9

Weight perception

Q12. Weight: Which statement describes you best?



4% of pupils responded that they would like to put on weight.

Q12. Percentage answering that they would like to put on weight.

	Surrey	
	Yr 4	Yr 6
Boys	6	4
Girls	2	3

25% of pupils responded that they would like to lose weight.

Q12. Percentage answering that they would like to lose weight.

	Surrey	
	Yr 4	Yr 6
Boys	21	24
Girls	22	29

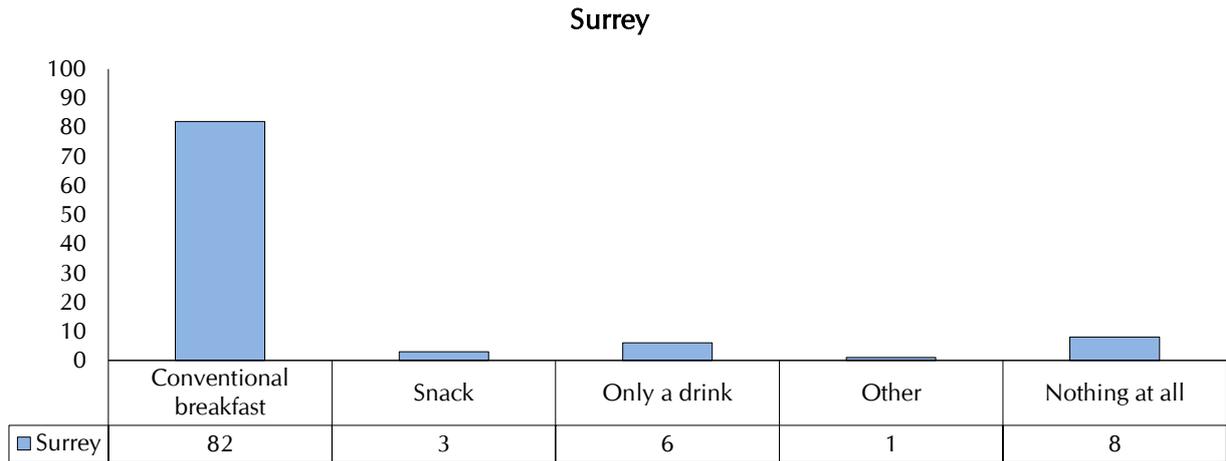
72% of pupils responded that they are happy with their weight as it is.

Q12. Percentage answering that they are happy with their weight as it is.

	Surrey	
	Yr 4	Yr 6
Boys	73	72
Girls	76	68

Breakfast

Q14. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; porridge; toast, bread or bagels; cooked breakfast; fruit; yoghurt or a breakfast bar. Only snacks means: chocolate bar or sweets; biscuits, cakes or croissants or crisp-type snack but not conventional breakfast.

8% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 6% only had a drink and 9% had a cooked breakfast.

Q14. Percentage answering that they had nothing to eat or drink before lessons on the day of the survey.

	Surrey	
	Yr 4	Yr 6
Boys	10	8
Girls	7	7

48% of pupils responded that they had other drink before lessons on the day of the survey.

Q14. Percentage of pupils responding that they had the following to drink before lessons on the day of the survey :

Boys			Girls		
1	Other drink	43	1	Other drink	53
2	Tea/ice tea	7	2	Tea/ice tea	7
3	Hot chocolate	6	3	Hot chocolate	6
4	Energy drink (e.g. Red Bull)	2	4	Coffee/cappuccino	1
5	Coffee/cappuccino	1	5	Energy drink (e.g. Red Bull)	1

28% of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 19% had fruit.

Q14. Percentage of pupils responding that they had the following to eat before lessons on the day of the survey :

Boys			Girls		
1	Other cereals	35	1	Other cereals	36
2	Toast, bread or bagels	27	2	Toast, bread or bagels	29
3	Fruit	17	3	Fruit	22
4	Cooked breakfast	10	4	Yoghurt	9
5	Sugar-coated cereals	9	5	Cooked breakfast	8
6	Porridge/Ready Brek	8	6	Sugar-coated cereals	7
7	Yoghurt	6	7	Biscuits/cakes/croissants	7
8	Biscuits/cakes/croissants	5	8	Porridge/Ready Brek	6
9	Breakfast bars	5	9	Breakfast bars	4
10	Something else	2	10	Something else	2
11	Chocolate bar, sweets	2	11	Crisp-type snack	1
12	Crisp-type snack	1	12	Chocolate bar, sweets	1

84% of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

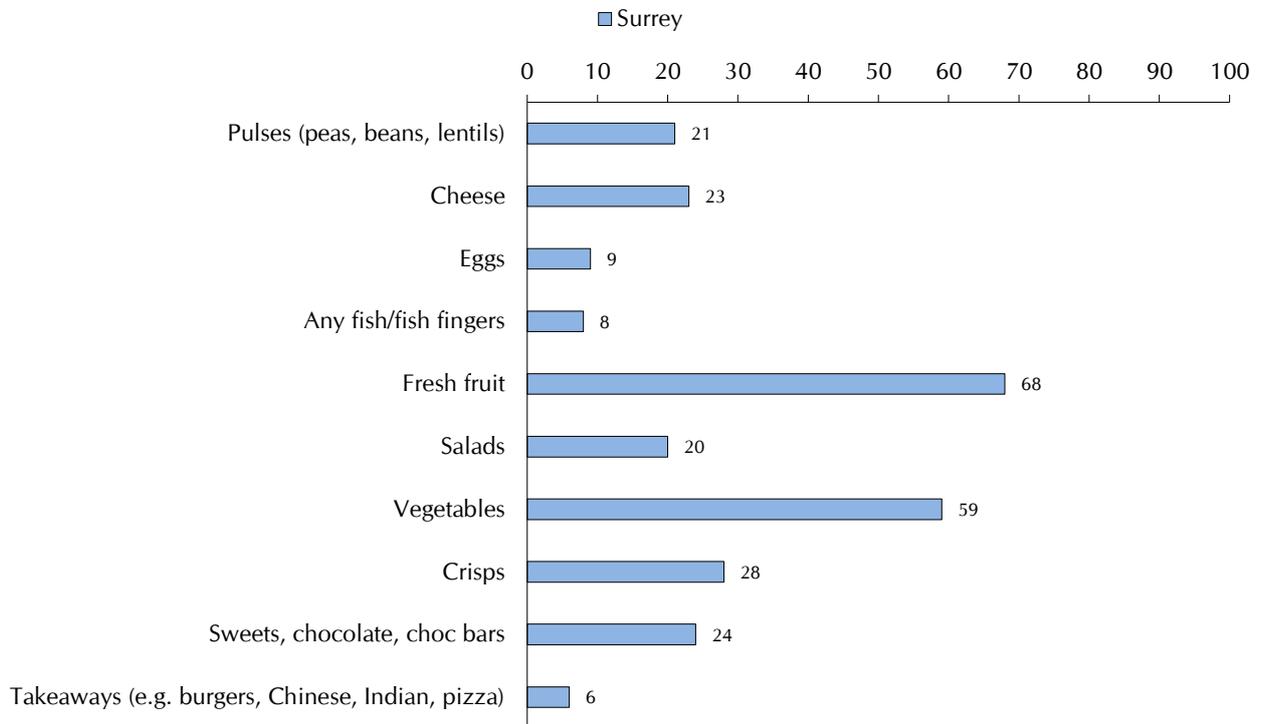
Q13. Percentage of pupils responding that they had something to eat or drink at the following before lessons on the day of the survey:

Boys			Girls		
1	At home	84	1	At home	84
2	At school	17	2	At school	19
3	On the way to school	8	3	On the way to school	9

Food & drink

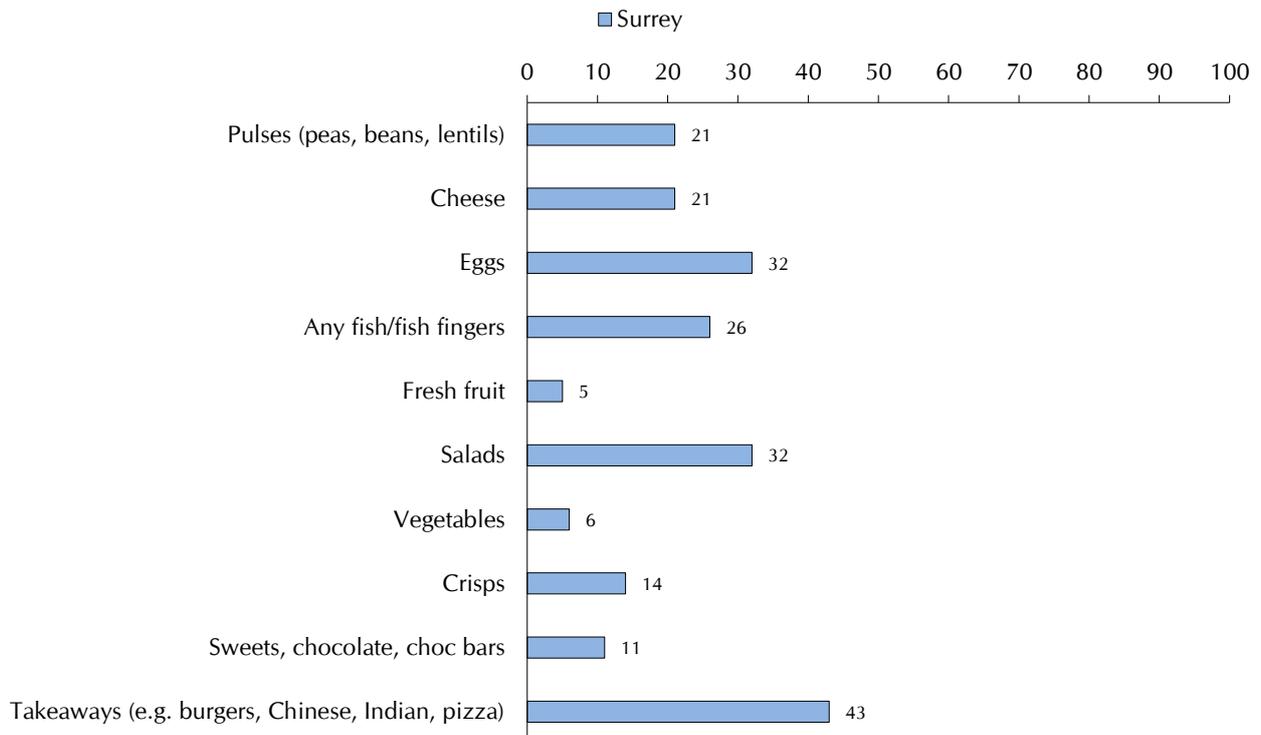
68% of pupils responded that they eat fresh fruit 'on most days', while 24% said the same of sweets, chocolate, choc bars.

Q15. Percentage of pupils responding that they eat the following 'on most days':



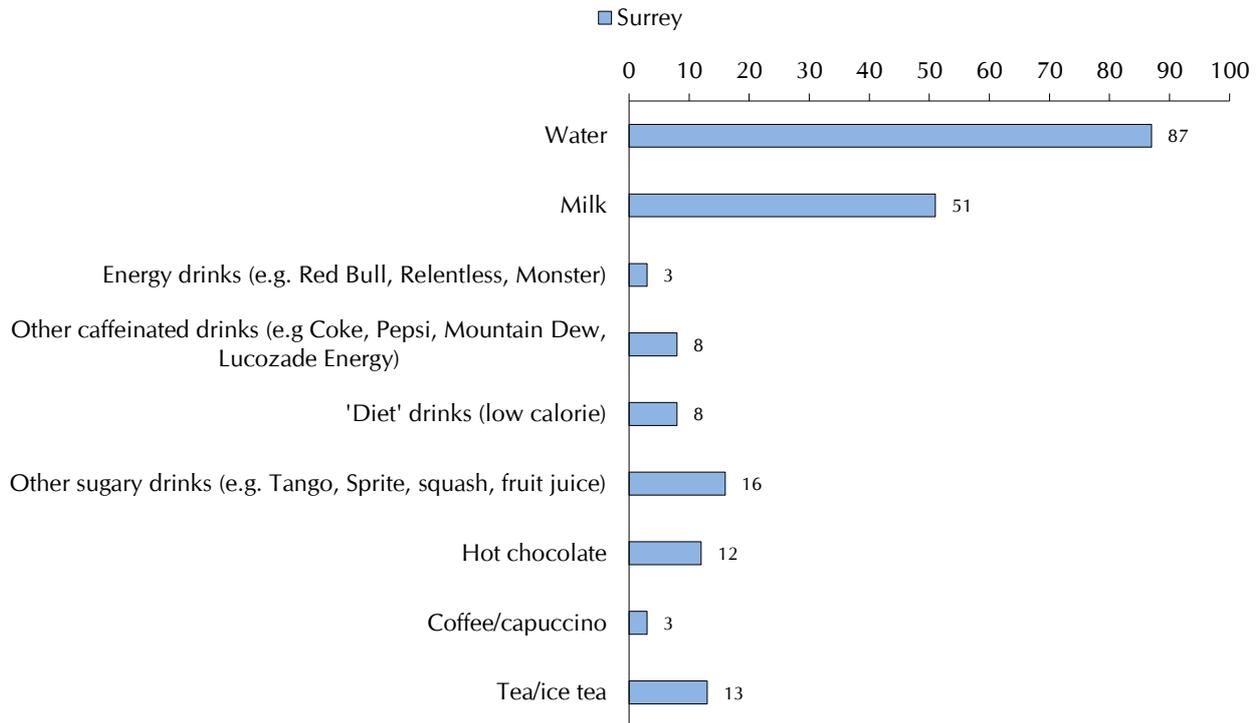
6% of pupils responded that they 'rarely or never' eat vegetables, while 26% said the same of fish/fish fingers.

Q15. Percentage of pupils responding that they 'rarely or never' eat the following:



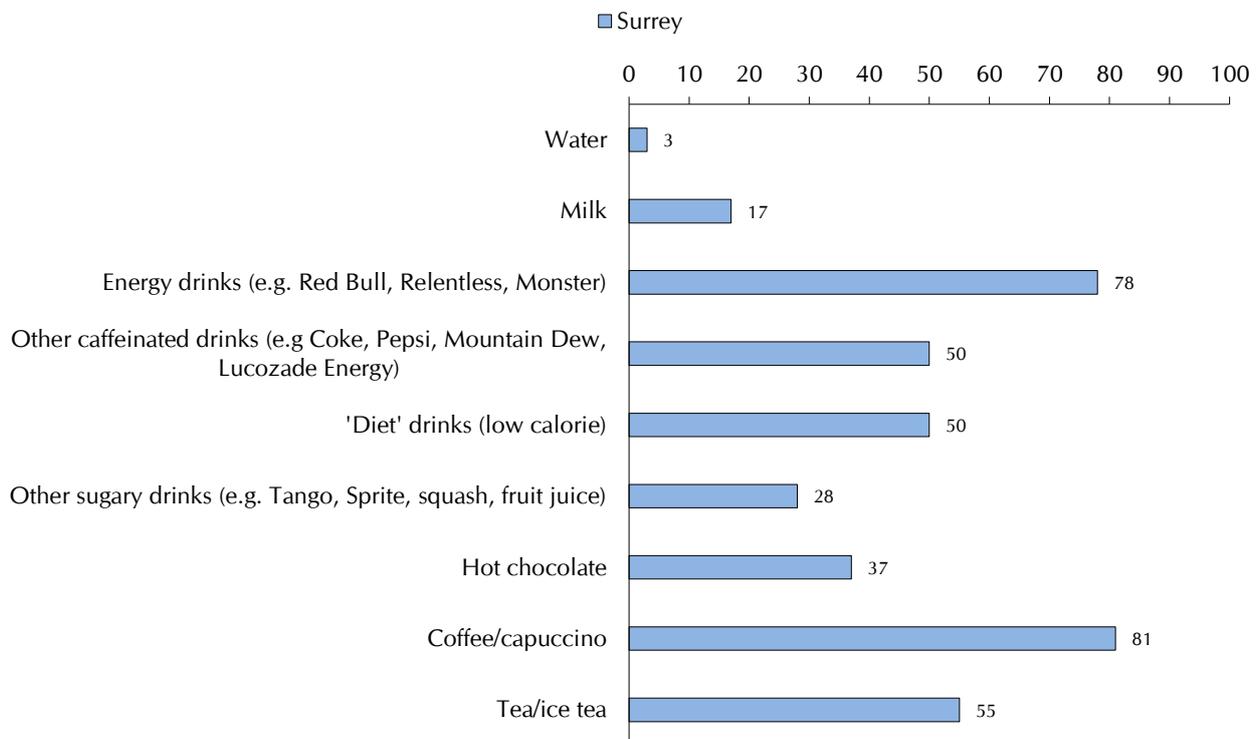
87% of pupils responded that they drink water 'on most days', while 51% said the same of milk.

Q15. Percentage of pupils responding that they drink the following 'on most days':



78% of pupils responded that they 'rarely or never' drink energy drinks (e.g. Red Bull, Relentless, Monster), while 81% said the same of coffee/cappuccino.

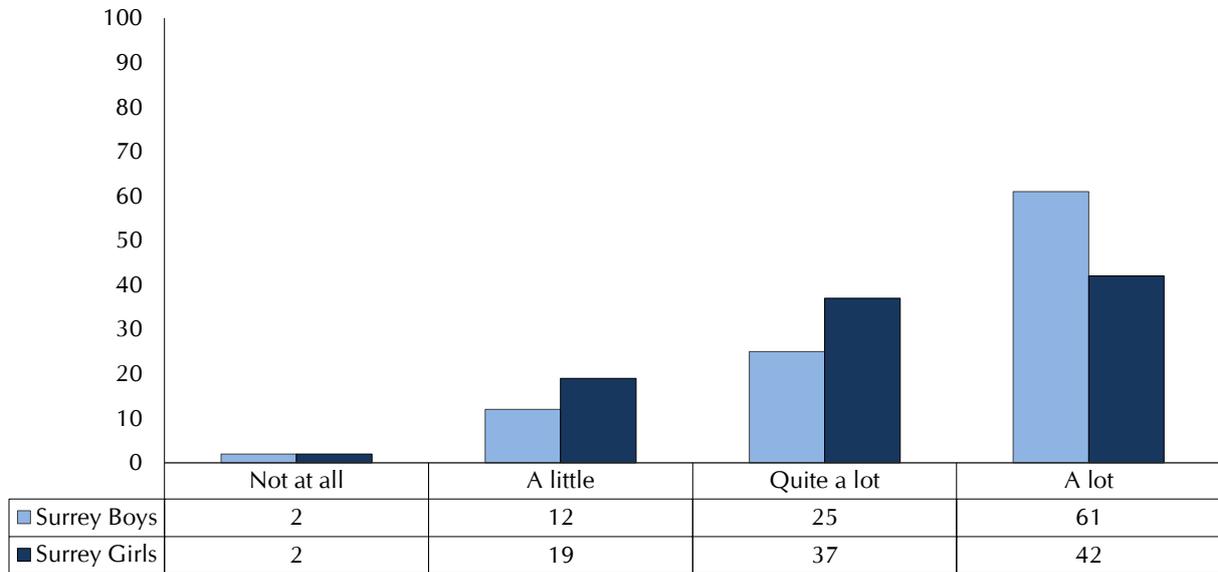
Q15. Percentage of pupils responding that they 'rarely or never' drink the following:



Physical Activity

Enjoy exercise

Q16. How much do you enjoy physical activities?



3% of pupils responded that they don't enjoy physical activities 'at all'.

Q16. Percentage answering that they don't enjoy physical activities 'at all'.

	Surrey	
	Yr 4	Yr 6
Boys	2	2
Girls	2	3

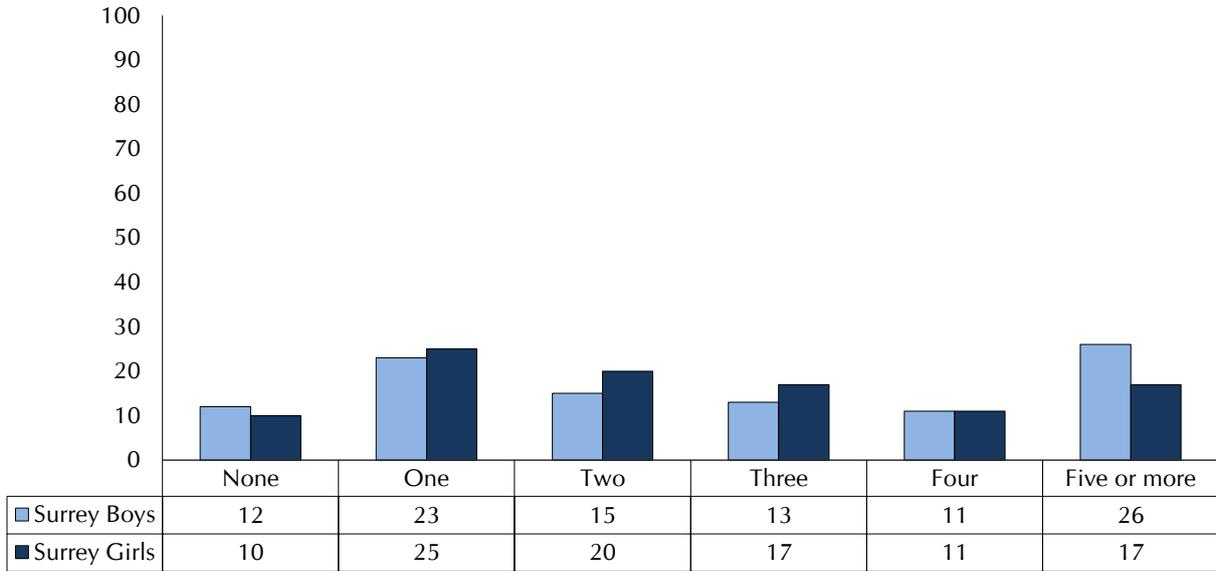
82% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q16. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Surrey	
	Yr 4	Yr 6
Boys	83	88
Girls	77	81

Hard exercise

Q17. On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



11% of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.

Q17. Percentage answering that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.

	Surrey	
	Yr 4	Yr 6
Boys	12	11
Girls	12	9

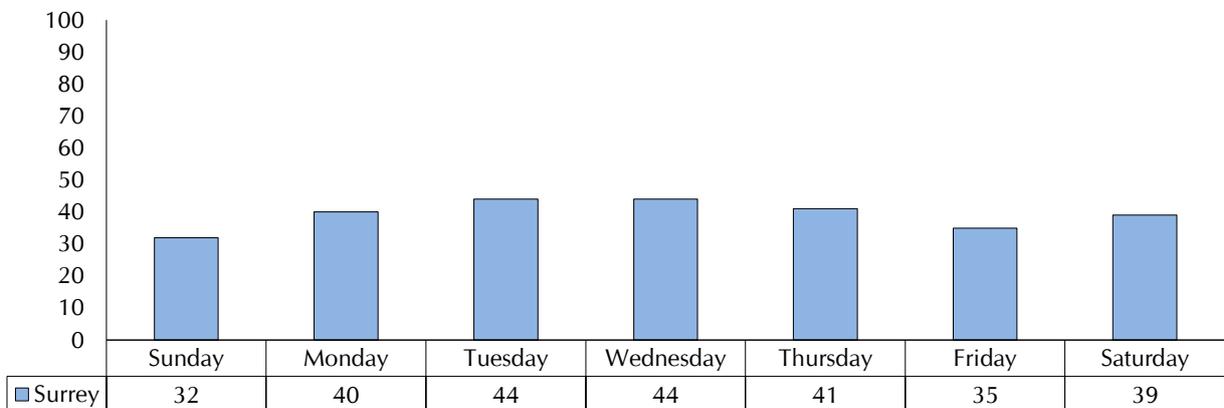
22% of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

Q17. Percentage answering that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

	Surrey	
	Yr 4	Yr 6
Boys	25	28
Girls	16	17

Q17. On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?

Surrey



PE lessons

82% of pupils responded that they enjoy their PE lessons, while 13% are 'not sure' if they do.

71% of pupils responded that they feel they are getting better at PE, while 22% are 'not sure' if they are.

School sports

58% of pupils responded that their school has helped them to be more healthy, while 32% are 'not sure' if it has.

Q18a. Percentage answering that they enjoy their PE lessons.

	Surrey	
	Yr 4	Yr 6
Boys	89	85
Girls	75	79

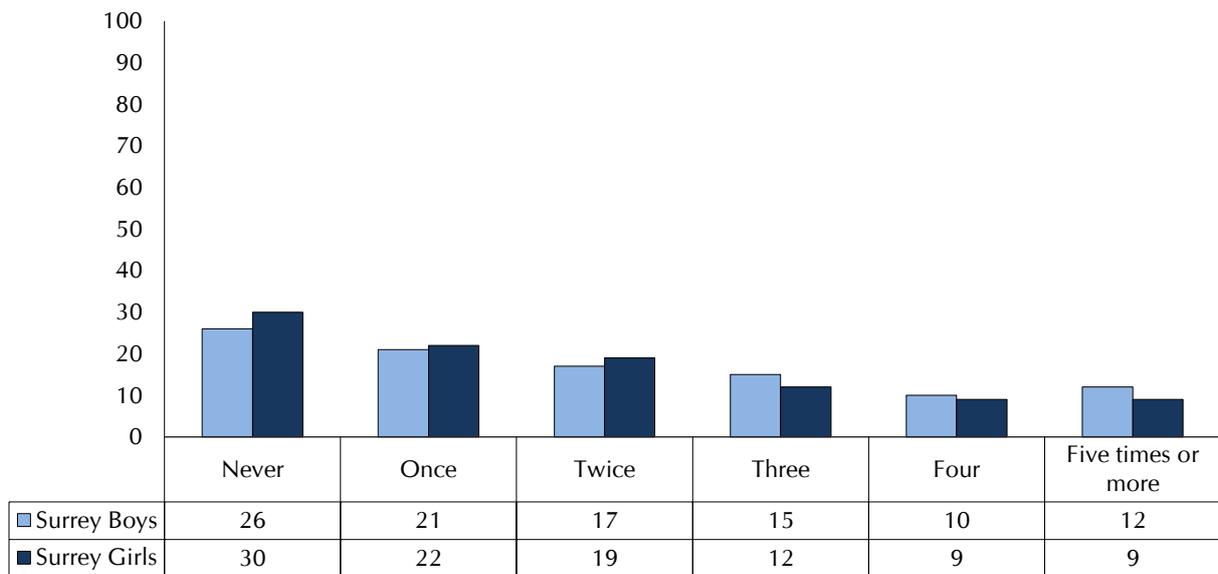
Q18b. Percentage answering that they feel they are getting better at PE.

	Surrey	
	Yr 4	Yr 6
Boys	74	75
Girls	67	70

Q18c. Percentage answering that their school has helped them to be more healthy.

	Surrey	
	Yr 4	Yr 6
Boys	63	54
Girls	62	54

Q19. How many times on weekdays each week do you go to sports clubs at lunchtime or after school?



28% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.

33% of pupils responded that they go to sports clubs at lunch time or after school at least 3 times each week.

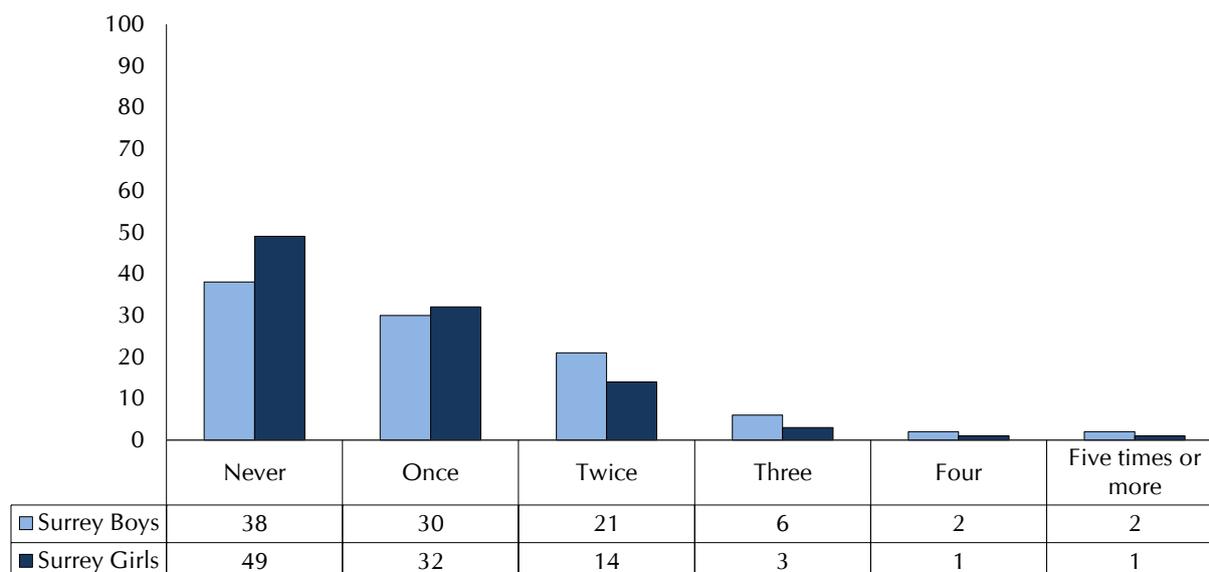
Q19. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.

	Surrey	
	Yr 4	Yr 6
Boys	27	26
Girls	31	28

Q19. Percentage answering that they go to sports clubs at lunch time or after school at least 3 times each week.

	Surrey	
	Yr 4	Yr 6
Boys	34	38
Girls	27	32

Q20. How many times each week do you go to sports clubs at weekends?



43% of pupils responded that they don't go to any sports clubs at weekends.

Q20. Percentage answering that they don't go to any sports clubs at weekends.

	Surrey	
	Yr 4	Yr 6
Boys	40	36
Girls	48	50

9% of pupils responded that they go to sports clubs at least 3 times at weekends.

Q20. Percentage answering that they go to sports clubs at least 3 times at weekends.

	Surrey	
	Yr 4	Yr 6
Boys	10	12
Girls	6	5

20% of pupils responded that they don't go to any sports clubs at lunch time, after school or at weekends each week.

Q19/20. Percentage answering that they don't go to any sports clubs at lunch time, after school or at weekends each week.

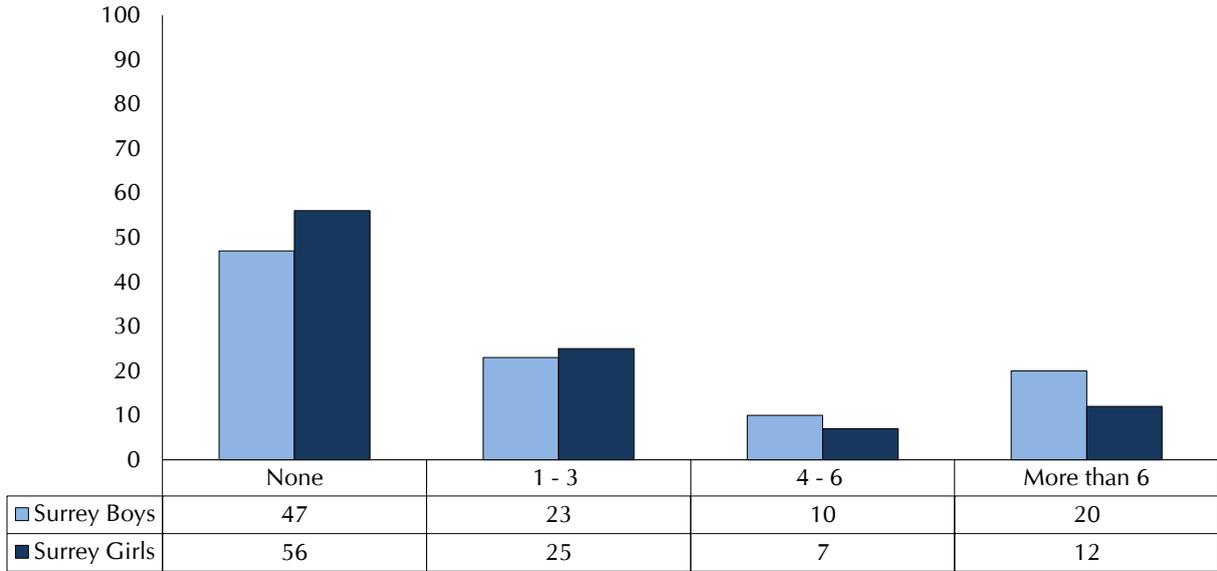
	Surrey	
	Yr 4	Yr 6
Boys	18	17
Girls	23	22

48% of pupils responded that they go to sports clubs at lunch time, after school or at weekends at least 3 times each week.

Q19/20. Percentage answering that they go to sports clubs at lunch time, after school or at weekends at least 3 times each week.

	Surrey	
	Yr 4	Yr 6
Boys	50	56
Girls	42	45

Q21. How many games or matches have you played against other schools this year?



51% of pupils responded that they haven't played any games or matches against other schools this year.

Q21. Percentage answering that they haven't played any games or matches against other schools this year.

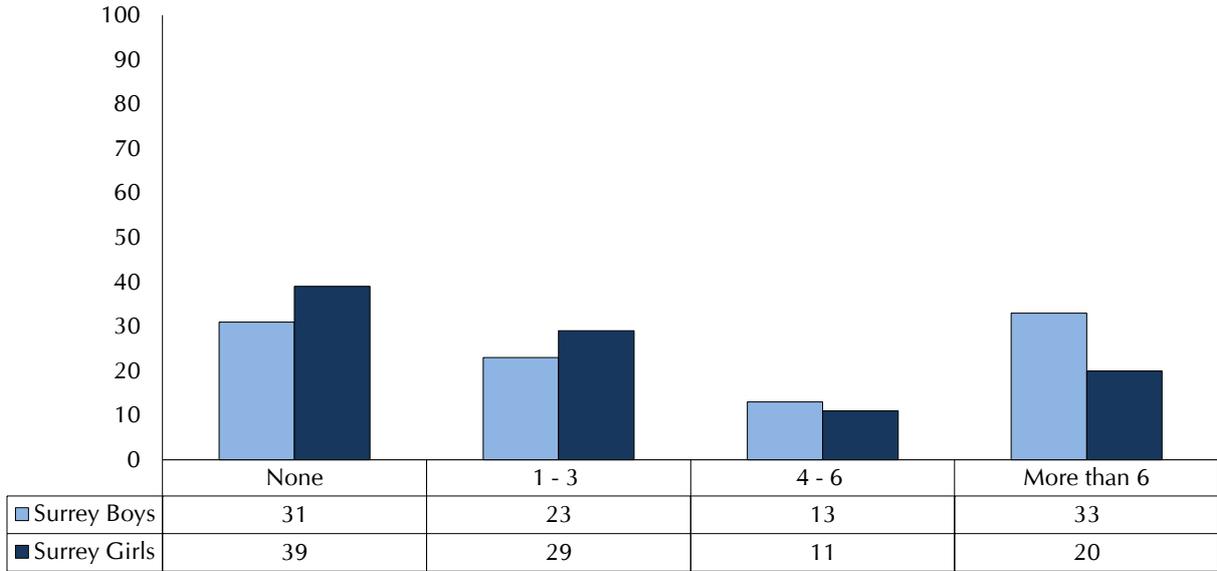
	Surrey	
	Yr 4	Yr 6
Boys	55	39
Girls	64	48

25% of pupils responded that they have played at least 4 matches against other schools this year.

Q21. Percentage answering that they have played at least 4 matches against other schools this year.

	Surrey	
	Yr 4	Yr 6
Boys	23	37
Girls	14	24

Q22. How many sports games or matches have you played at your school this year?



36% of pupils responded that they haven't played any sports games or matches at their school this year.

Q22. Percentage answering that they haven't played any sports games or matches at their school this year.

	Surrey	
	Yr 4	Yr 6
Boys	35	28
Girls	42	37

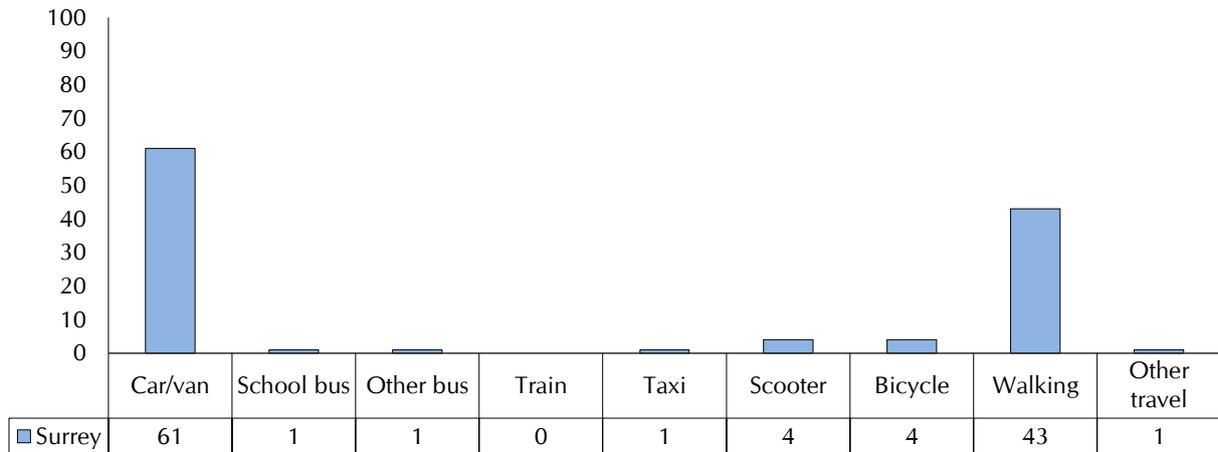
38% of pupils responded that they have played at least 4 matches at their school this year.

Q22. Percentage answering that they have played at least 4 matches at their school this year.

	Surrey	
	Yr 4	Yr 6
Boys	41	50
Girls	27	35

Active travel

Q67. How did you travel to school today?



61% of pupils responded that they travelled to school by car/van on the day of the survey; while 4% said that they travelled by bicycle.

Q67. Percentage answering that they travelled to school by car/van on the day of the survey.

	Surrey	
	Yr 4	Yr 6
Boys	63	58
Girls	58	64

4% of pupils responded that travelled to school by scooter on the day of the survey; while 43% said that they walked.

Q67. Percentage answering that they walked to school on the day of the survey.

	Surrey	
	Yr 4	Yr 6
Boys	40	44
Girls	44	44

Alcohol, Smoking & Drugs

Alcohol

3% of Year 6+ pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.

Q23. Percentage of Year 6+ pupils answering that they had an alcoholic drink in the 7 days before the survey.

Surrey

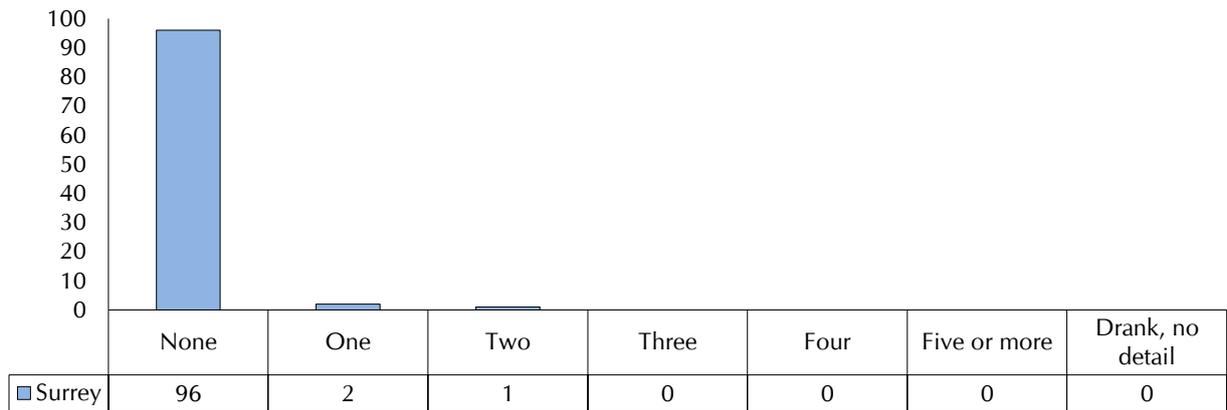
Yr 6

Boys 4

Girls 1

Q24. Year 6+ only: If yes, on how many days did you drink alcohol, in the last 7 days?

Surrey



1% of Year 6+ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.

Q24. Percentage of Year 6+ pupils answering that they drank alcohol on more than one day in the 7 days before the survey.

Surrey

Yr 6

Boys 1

Girls 0

2% of Year 6+ pupils responded that they drank beer or lager in the 7 days before the survey and 0% said they drank spirits.

Q25. Year 6+ only: Most popular alcoholic drinks from the last 7 days (top 5):

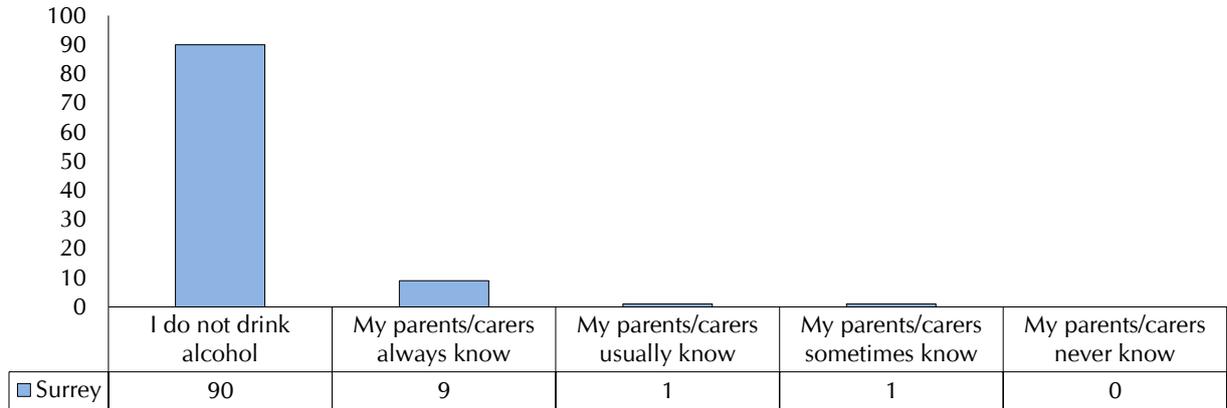
Yr 6 Boys

Yr 6 Girls

1	Beer or lager	3	1	Wine	1
2	Wine	1	2		
3	Shandy (beer mixed with lemonade)	1	3		

Q26. Year 6+ only: Do your parents/carers know if you drink alcohol?

Surrey



90% of Year 6+ pupils responded that they do not drink alcohol.

Q26. Percentage of Year 6+ pupils answering that they do not drink alcohol.

Surrey

Yr 6

Boys 87

Girls 92

9% of Year 6+ pupils responded that they drink alcohol and their parents 'always' know, while 1% said they 'usually' know.

Q26. Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'always' know.

Surrey

Yr 6

Boys 10

Girls 7

1% of Year 6+ pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

Q26. Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

Surrey

Yr 6

Boys 1

Girls 1

Smoking at home

20% of pupils responded that their parents/carers smoke.

Q27a. Percentage answering that their parents/carers smoke.

Surrey		
	Yr 4	Yr 6
Boys	17	21
Girls	18	23

5% of pupils responded that someone smokes indoors at home in rooms that they use.

Q27b. Percentage answering that someone smokes indoors at home in rooms that they use.

Surrey		
	Yr 4	Yr 6
Boys	5	5
Girls	5	5

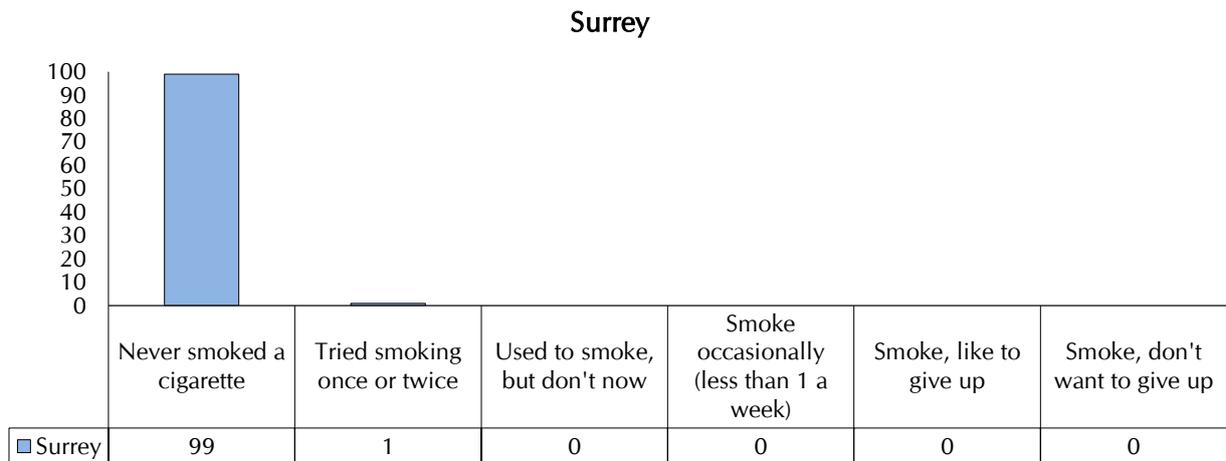
5% of pupils responded that someone smokes in a car when they are in it too.

Q27c. Percentage answering that someone smokes in a car when they are in it too.

Surrey		
	Yr 4	Yr 6
Boys	6	4
Girls	6	4

Smoking

Q28. Year 6+ only: Smoking: Which sentence describes you best?



1% of Year 6+ pupils responded that they have tried smoking in the past or smoke now.

Q28. Percentage of Year 6+ pupils answering that they have smoked in the past or smoke now.

Surrey	
	Yr 6
Boys	2
Girls	1

0% of Year 6+ pupils responded that they smoked in the 7 days before the survey.

Q29. Percentage of Year 6+ pupils answering that they smoked in the 7 days before the survey.

Surrey	
	Yr 6
Boys	0
Girls	0

Drugs

50% of Year 6+ pupils responded that their teachers have talked with them in school lessons about illegal drugs, while 45% said that their parents/carers have talked with them and 25% said no-one has talked with them about drugs.

Q30. Percentage of Year 6+ pupils responding that the following people have talked with them about illegal drugs (top 5):

Yr 6 Boys			Yr 6 Girls		
1	Teachers, in school lessons	48	1	Teachers, in school lessons	52
2	Parents/carers	43	2	Parents/carers	46
3	Visitors or speakers in school lessons	17	3	Visitors or speakers in school lessons	20
4	Friends	17	4	Friends	12
5	Other close relatives	10	5	Brothers or sisters	11

10% of Year 6+ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs.

Q31. Percentage of Year 6+ pupils answering that they are 'fairly sure' or 'certain' they know someone who uses drugs.

Surrey

Yr 6

Boys 11

Girls 9

1% of Year 6+ pupils responded that they have been offered cannabis; while 3% were 'not sure'.

Q32. Percentage of Year 6+ pupils answering that they have been offered cannabis.

Surrey

Yr 6

Boys 1

Girls 1

1% of Year 6+ pupils responded that they have been offered other drugs; while 2% were 'not sure'.

Q33. Percentage of Year 6+ pupils answering that they have been offered other drugs.

Surrey

Yr 6

Boys 1

Girls 0

Emotional Health & Well-being

Growing up

53% of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up, while 62% said that their parents/carers have talked with them and 14% said no-one has talked with them.

Q34a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (top 5):

Boys			Girls		
1	Parents/carers	58	1	Parents/carers	67
2	Teachers, in school lessons	54	2	Teachers, in school lessons	54
3	Friends	14	3	Brothers or sisters	16
4	Brothers or sisters	13	4	Friends	16
5	Other close relatives	12	5	Other close relatives	11

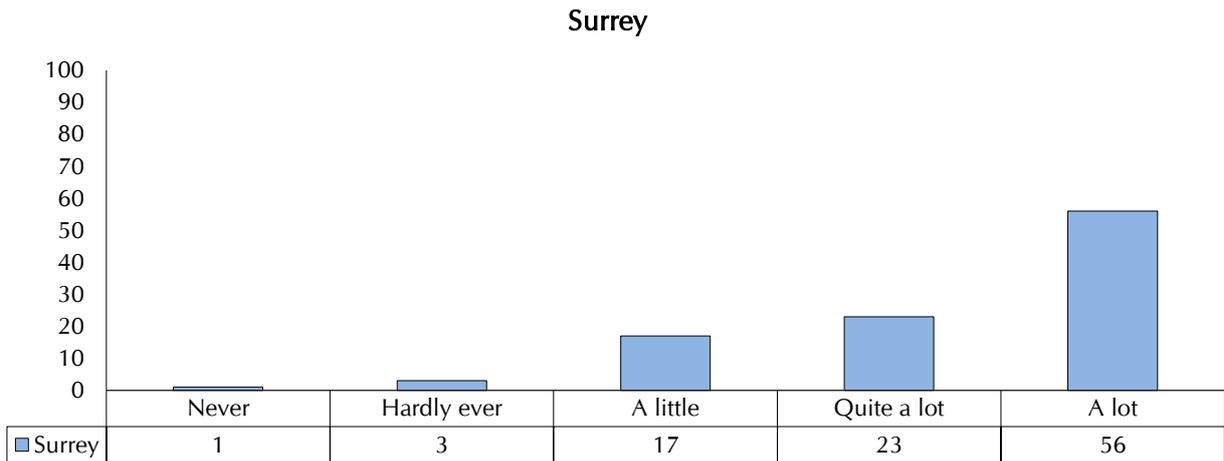
55% of pupils responded that they feel they know enough about how their body changes as they get older, while 10% feel they don't know enough.

Q34b. Percentage answering that they feel they know enough about how their body changes as they get older.

Surrey		
	Yr 4	Yr 6
Boys	46	68
Girls	39	66

Worrying

Q35. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



79% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q35. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

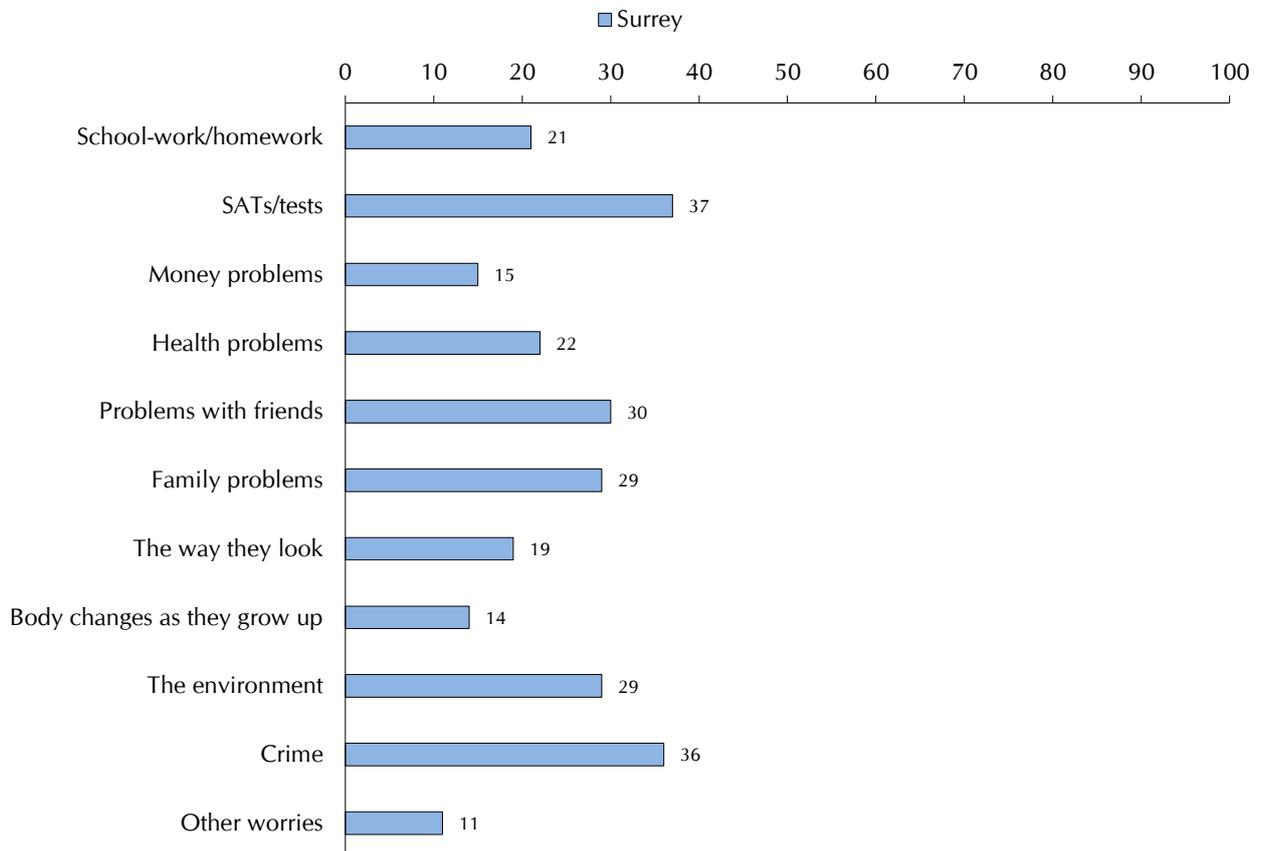
Surrey		
	Yr 4	Yr 6
Boys	78	70
Girls	82	77

36% of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 37% said the same of SATs/tests, and 29% worry 'quite a lot' or 'a lot' about family problems.

Q35. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':

Boys			Girls		
1	Crime	36	1	SATs/tests	42
2	SATs/tests	32	2	Problems with friends	37
3	The environment	30	3	Crime	36
4	Family problems	28	4	Family problems	30
5	Health problems	22	5	The environment	27
6	Problems with friends	22	6	The way they look	22
7	School-work/homework	21	7	Health problems	22
8	Money problems	15	8	School-work/homework	19
9	The way they look	15	9	Body changes as they grow up	16
10	Body changes as they grow up	11	10	Money problems	13
11	Other worries	10	11	Other worries	12

Q35. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



Problem solving

In Question 36 the young people were asked to whom they would turn to share a range of problems. The top five sources of support for each of the issues are as follows:

Problem with school

Boys			Girls		
1	Mum and/or Dad	54	1	Mum and/or Dad	55
2	Teacher	23	2	Teacher	22
3	Keep it to myself	10	3	Friend	11
4	Friend	9	4	Keep it to myself	7
5	Brother or sister	3	5	Brother or sister	3

Family problem

Boys			Girls		
1	Mum and/or Dad	50	1	Mum and/or Dad	45
2	Keep it to myself	19	2	Keep it to myself	19
3	Brother or sister	11	3	Friend	14
4	Friend	9	4	Brother or sister	10
5	Teacher	6	5	Teacher	7

Health problem

Boys			Girls		
1	Mum and/or Dad	78	1	Mum and/or Dad	77
2	Keep it to myself	12	2	Keep it to myself	12
3	Other adult	4	3	Friend	3
4	Friend	2	4	Other adult	3
5	Brother or sister	2	5	Teacher	2

Problem with friends

Boys			Girls		
1	Mum and/or Dad	42	1	Mum and/or Dad	44
2	Teacher	21	2	Teacher	22
3	Keep it to myself	16	3	Friend	13
4	Friend	13	4	Keep it to myself	12
5	Brother or sister	6	5	Brother or sister	6

Bullying problem

Boys			Girls		
1	Mum and/or Dad	50	1	Mum and/or Dad	52
2	Teacher	28	2	Teacher	28
3	Keep it to myself	10	3	Keep it to myself	9
4	Friend	5	4	Friend	6
5	Brother or sister	3	5	Brother or sister	2

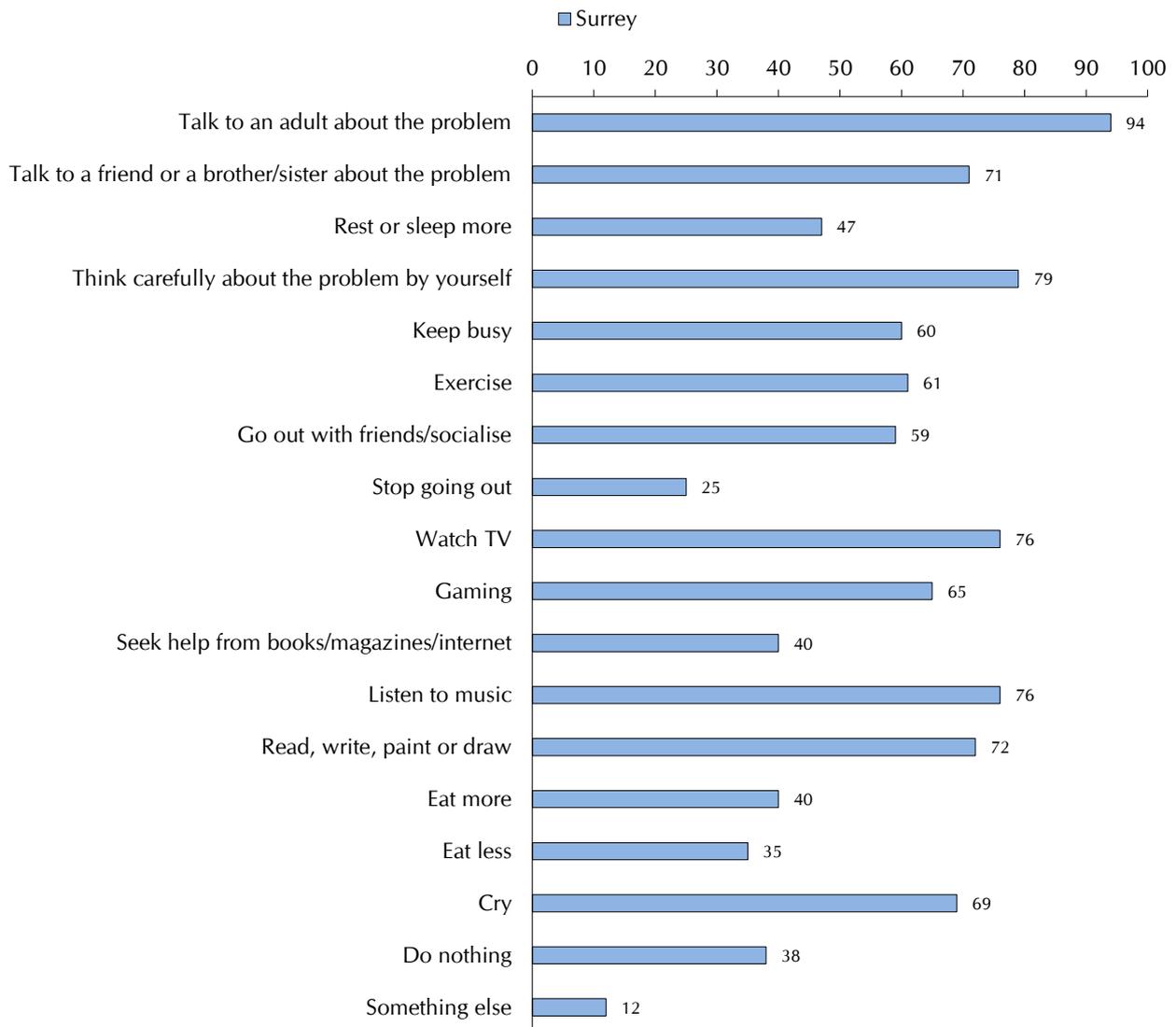
'Keep it to myself' is not necessarily negative. For some pupils it may mean that they feel they can cope without help.

76% of pupils responded that they at least ‘sometimes’ listen to music when they have a problem that worries them. 94% said that they talk to an adult about the problem at least ‘sometimes’, while 60% said that they keep busy.

Q37. Percentage of pupils responding that they at least ‘sometimes’ do the following when a problem worries them (top 10):

Boys			Girls		
1	Talk to an adult about the problem	93	1	Talk to an adult about the problem	96
2	Gaming	79	2	Think carefully about the problem by yourself	81
3	Think carefully about the problem by yourself	77	3	Listen to music	80
4	Watch TV	75	4	Read, write, paint or draw	80
5	Listen to music	72	5	Cry	78
6	Talk to a friend or a brother/sister about the problem	69	6	Watch TV	76
7	Exercise	64	7	Talk to a friend or a brother/sister about the problem	73
8	Read, write, paint or draw	63	8	Keep busy	59
9	Keep busy	60	9	Exercise	59
10	Go out with friends/socialise	60	10	Go out with friends/socialise	58

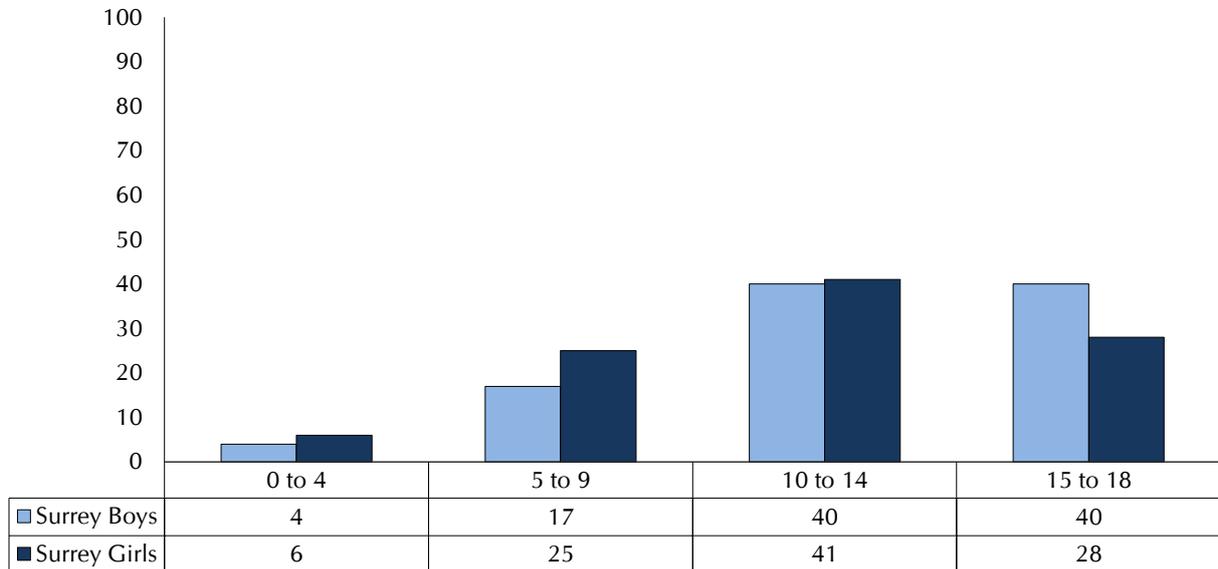
Q37. Percentage of pupils responding that they at least ‘sometimes’ do the following when a problem worries them:



Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

Q60. Composite self-esteem score:



Data from the 'Young People into...' series reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

27% of pupils had a med-low self-esteem score (9 or less).

Q60. Percentage of pupils with a med-low self-esteem score (9 or less).

	Surrey	
	Yr 4	Yr 6
Boys	21	20
Girls	30	32

33% of pupils had a high self-esteem score (15 or more).

Q60. Percentage of pupils with a high self-esteem score (15 or more).

	Surrey	
	Yr 4	Yr 6
Boys	36	44
Girls	26	30

86% of pupils responded that they feel happy talking to other pupils at school.

Q60. (Individual self-esteem items) Percentage in each group giving a high esteem response:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other children at school	87	85	90	86	86
Pupils who do not usually feel uneasy saying things in front of teachers	37	31	46	34	37
Pupils who do not want to change lots of things about themselves	47	42	46	39	43
Pupils who do not often fall out with other pupils at school	46	39	55	47	46
Pupils who do not often feel lonely at school	62	54	73	60	62
Pupils who do not think that other pupils often say nasty things about them	54	45	51	38	46
Pupils who do not usually feel shy when they want to tell a teacher something	52	36	54	33	43
Pupils who do not often have to find new friends because their old ones are with someone else	63	51	71	55	59
Pupils who do not usually feel foolish when talking to their parents/carers	76	71	76	71	73

**N.B: The following items do not contribute to the calculation of the composite self-esteem score and as such are reported separately.*

84% of pupils responded that they have one or more close friends.

Q60. Percentage answering that they have one or more close friends.

	Surrey	
	Yr 4	Yr 6
	Boys	82
Girls	80	88

67% of pupils responded that their parents/carers like to hear their ideas.

Q60. Percentage answering that their parents/carers like to hear their ideas.

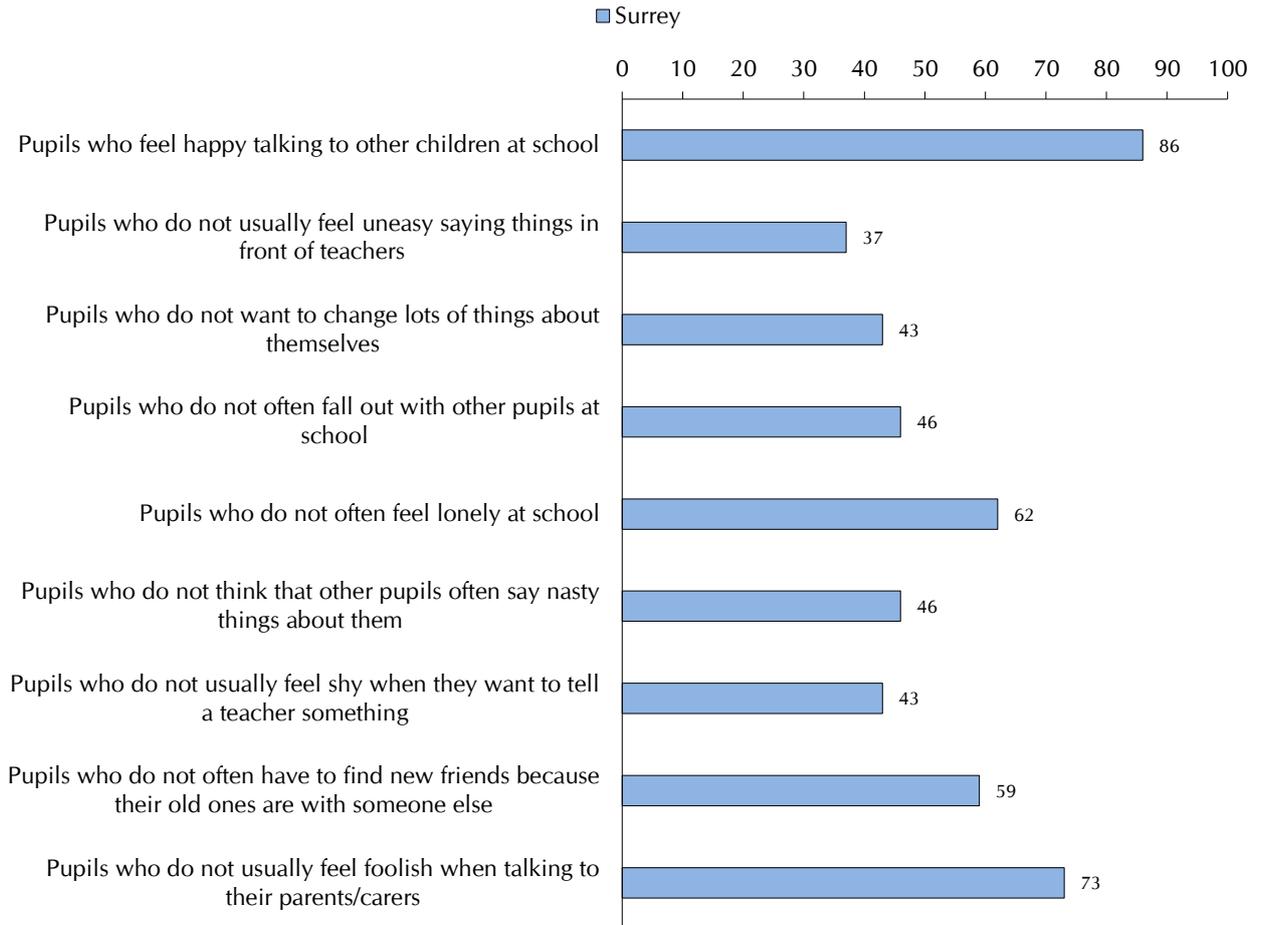
	Surrey	
	Yr 4	Yr 6
	Boys	64
Girls	64	70

68% of pupils responded that their teachers listen to them at school.

Q60. Percentage answering that their teachers listen to them at school.

	Surrey	
	Yr 4	Yr 6
	Boys	69
Girls	72	67

Q60. (Individual self-esteem items) Percentage in each group giving a high esteem response:



Health & Hygiene

Hand washing

42% of pupils responded that they washed their hands before lunch on the day before the survey, while 22% said they are 'not sure' if they did.

72% of pupils responded that they 'properly' wash their hands 'whenever possible' after visiting the toilet, while 3% said they 'never or hardly ever' do and 24% do so only 'sometimes'.

Q39. Percentage answering that they washed their hands before lunch on the day before the survey.

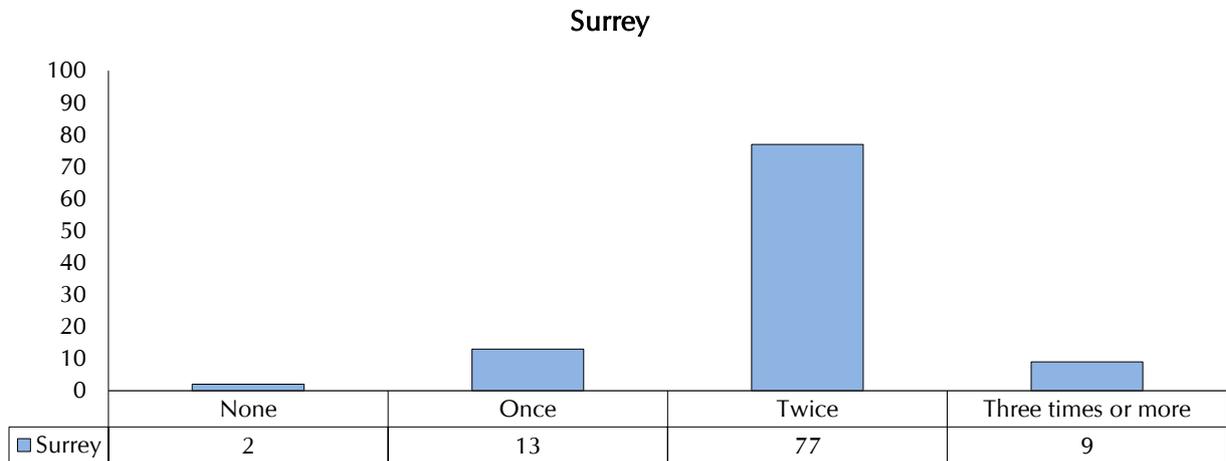
	Surrey	
	Yr 4	Yr 6
Boys	44	45
Girls	42	37

Q38. Percentage answering that they 'properly' wash their hands 'whenever possible' after visiting the toilet.

	Surrey	
	Yr 4	Yr 6
Boys	66	76
Girls	71	77

Dental health

Q40. How many times did you clean your teeth yesterday?



2% of pupils responded that they did not clean their teeth at all on the day before the survey.

86% of pupils responded that they cleaned their teeth at least twice on the day before the survey.

Q40. Percentage answering that they did not clean their teeth at all on the day before the survey.

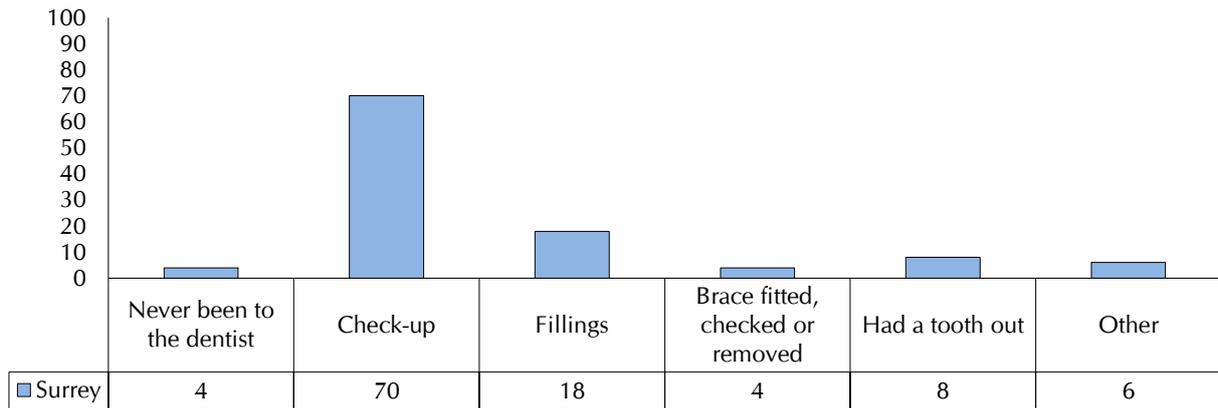
	Surrey	
	Yr 4	Yr 6
Boys	2	1
Girls	2	2

Q40. Percentage answering that they cleaned their teeth at least twice yesterday.

	Surrey	
	Yr 4	Yr 6
Boys	82	85
Girls	88	87

Q41. What treatment did the dentist give you on your last visit?

Surrey



70% of pupils responded that they had a check-up the last time they visited the dentist.

Q41. Percentage answering that they had a check-up the last time they visited the dentist.

Surrey		
	Yr 4	Yr 6
Boys	63	72
Girls	68	77

18% of pupils responded that they had fillings the last time they visited the dentist.

Q41. Percentage answering that they had fillings the last time they visited the dentist.

Surrey		
	Yr 4	Yr 6
Boys	23	16
Girls	19	13

4% of pupils responded that they had a brace fitted, checked or removed the last time they visited the dentist; while 8% said that they had a tooth out.

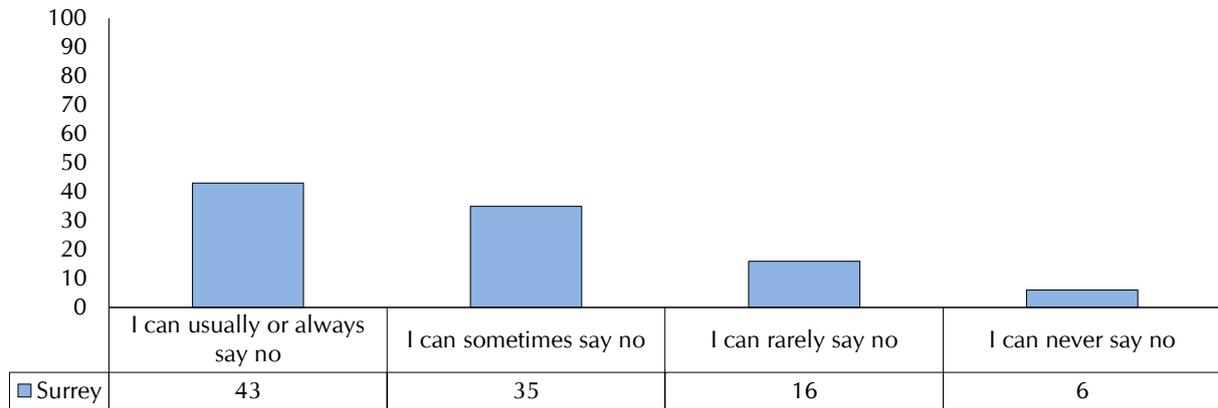
Q41. Percentage answering that they had a brace fitted, checked or removed the last time they visited the dentist.

Surrey		
	Yr 4	Yr 6
Boys	2	4
Girls	2	5

Peer pressure

Q42. When a friend wants me to do something I don't want to do...:

Surrey



43% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q42. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

	Surrey	
	Yr 4	Yr 6
Boys	36	55
Girls	32	50

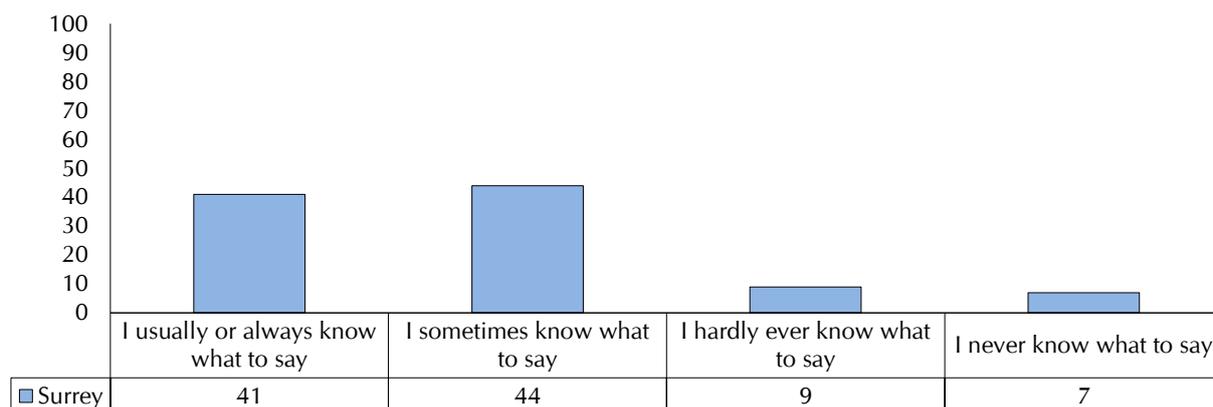
22% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Q42. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	Surrey	
	Yr 4	Yr 6
Boys	26	15
Girls	28	17

Q43. When I want a friend to do something...

Surrey



41% of pupils responded that they 'usually or always' know what to say when they want a friend to do something.

Q43. Percentage answering that they 'usually or always' know what to say when they want a friend to do something.

	Surrey	
	Yr 4	Yr 6
Boys	45	44
Girls	37	37

16% of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

Q43. Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

	Surrey	
	Yr 4	Yr 6
Boys	15	13
Girls	16	16

Accidents

34% of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.

Q44. Percentage answering that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.

	Surrey	
	Yr 4	Yr 6
Boys	36	37
Girls	33	28

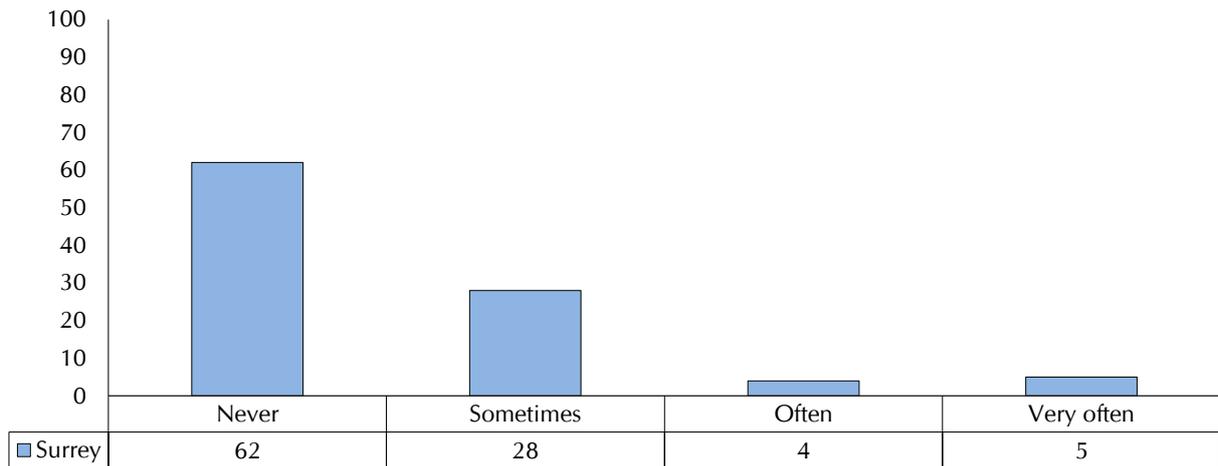
7% of pupils responded that their most recent accident resulted in a broken bone, while 8% said that their most recent accident was a cut.

Q45. Most recent accident: What sort of accident was it? (Top 5):

Boys			Girls		
1	I had a cut	9	1	I had a bruise, graze or sprain	10
2	I had a broken bone	8	2	I had a broken bone	7
3	I had a bruise, graze or sprain	8	3	Other	6
4	I hurt my head	7	4	I had a cut	6
5	Other	5	5	I hurt my head	3

Bullying

Q46. Do you ever feel afraid of going to school because of bullying?



38% of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

Q46. Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.

	Surrey	
	Yr 4	Yr 6
Boys	36	24
Girls	50	40

10% of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.

Q46. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

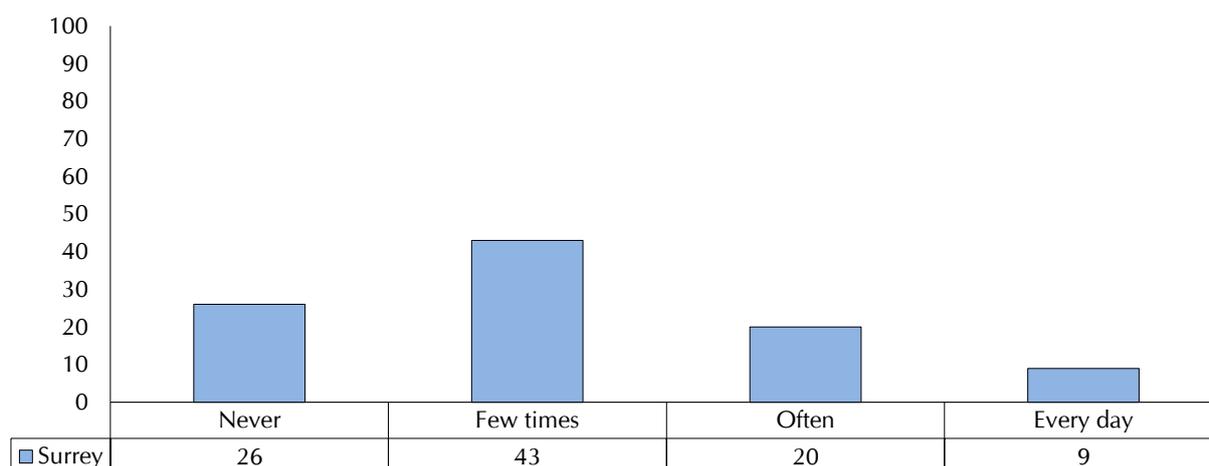
	Surrey	
	Yr 4	Yr 6
Boys	8	5
Girls	14	10

24% of pupils responded that they have been bullied at or near school in the last 12 months, while 19% said they are 'not sure' if they have been.

Q47. Percentage answering that they have been bullied at or near school in the last 12 months.

	Surrey	
	Yr 4	Yr 6
Boys	23	21
Girls	29	22

Q48. Negative behaviour summary: Percentage of pupils responding that they experienced at least one of the negative behaviours listed in the month before the survey:



72% of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 29% said they have done so 'often' or 'every day'.

Q48. Percentage answering that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey.

	Surrey	
	Yr 4	Yr 6
Boys	73	72
Girls	73	69

44% of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while 47% were pushed/hit for no reason.

Q48. Percentage of pupils responding that they experienced the following negative behaviours at least a 'few times' in the month before the survey:

Boys			Girls		
1	Pushed/hit for no reason	50	1	Been teased/made fun of	48
2	Been teased/made fun of	50	2	Called nasty names	43
3	Called nasty names	45	3	Pushed/hit for no reason	42
4	Been called 'gay'	32	4	Had belongings taken/broken	30
5	Had belongings taken/broken	28	5	Been ganged up on	24
6	Been threatened for no reason	26	6	Been threatened for no reason	21
7	Been ganged up on	25	7	Been called 'gay'	12
8	Bullied on my mobile phone	6	8	Bullied on my mobile phone	9
9	Bullied through e-mail/internet	5	9	Bullied through e-mail/internet	5
10	Been threatened for money	5	10	Other	4

25% of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while 6% experienced it on the way to or from school.

Q49. Percentage of pupils responding that they experienced negative behaviours at the following places in the month before the survey (top 5):

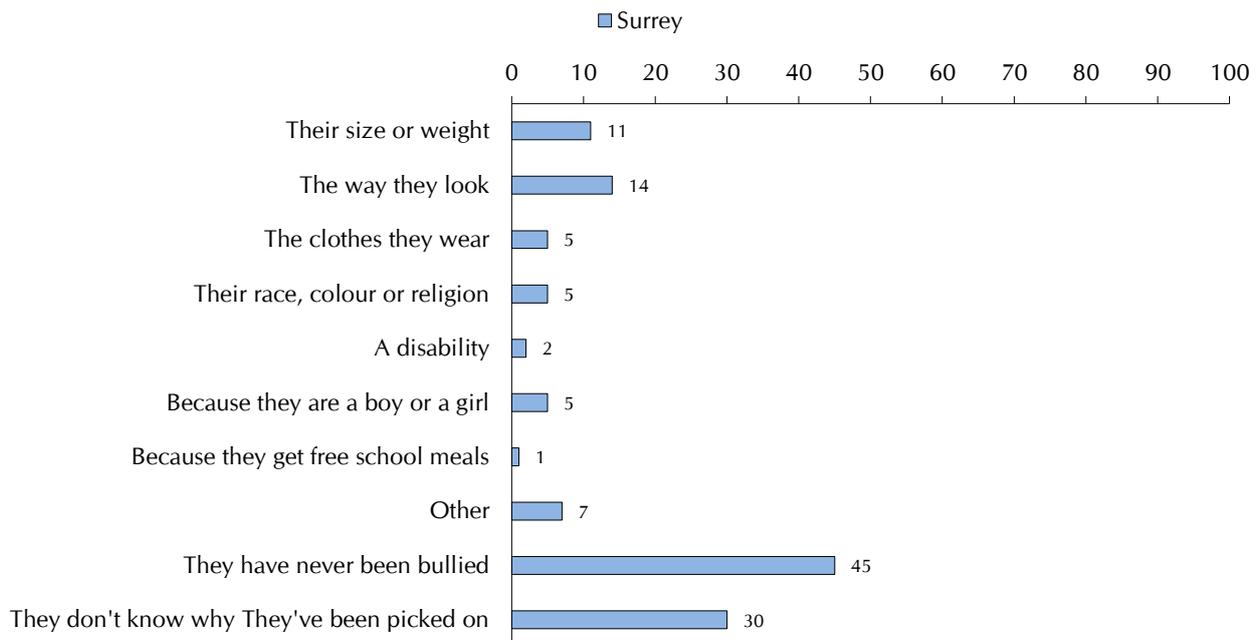
Boys			Girls		
1	Outside at school (breaktimes)	33	1	Outside at school (breaktimes)	32
2	In a classroom (breaktimes)	23	2	In a classroom (breaktimes)	26
3	At or near home	22	3	At or near home	21
4	During lesson times	9	4	During lesson times	12
5	Going out during the day	8	5	In the corridors	7

5% of pupils responded that they think they have been 'picked on' or bullied about their race, colour or religion, while 14% said that it was about the way they look. 45% said they haven't been bullied and 30% said they don't know why they've been picked on.

Q50. Percentage of pupils responding that they think they have been 'picked on' or bullied about the following:

Boys			Girls		
1	They have never been bullied	48	1	They have never been bullied	44
2	They don't know why They've been picked on	29	2	They don't know why They've been picked on	30
3	The way they look	12	3	The way they look	16
4	Their size or weight	10	4	Their size or weight	12
5	Other	7	5	Other	8
6	Their race, colour or religion	5	6	Because they are a boy or a girl	6
7	Because they are a boy or a girl	3	7	The clothes they wear	6
8	The clothes they wear	3	8	Their race, colour or religion	5

Q50. Percentage of pupils responding that they think they are being 'picked on' or bullied about the following:



68% of pupils responded that they think their school takes bullying seriously, while 10% don't think their school takes bullying seriously.

Q51. Percentage answering that they think their school takes bullying seriously.

	Surrey	
	Yr 4	Yr 6
Boys	73	69
Girls	66	69

2% of pupils responded that they think others may fear going to school because of them, while 19% said they are 'not sure' if others do.

Q52. Percentage answering that they think others may fear going to school because of them.

	Surrey	
	Yr 4	Yr 6
Boys	3	3
Girls	2	1

Internet safety

88% of pupils responded that they have used the internet at home in the last month, while 50% said they have used it at school and 63% have used it on a mobile device, 3% said they've not used the internet in the last month.

Q53. Percentage of pupils responding that they have used the internet at the following places in the last month:

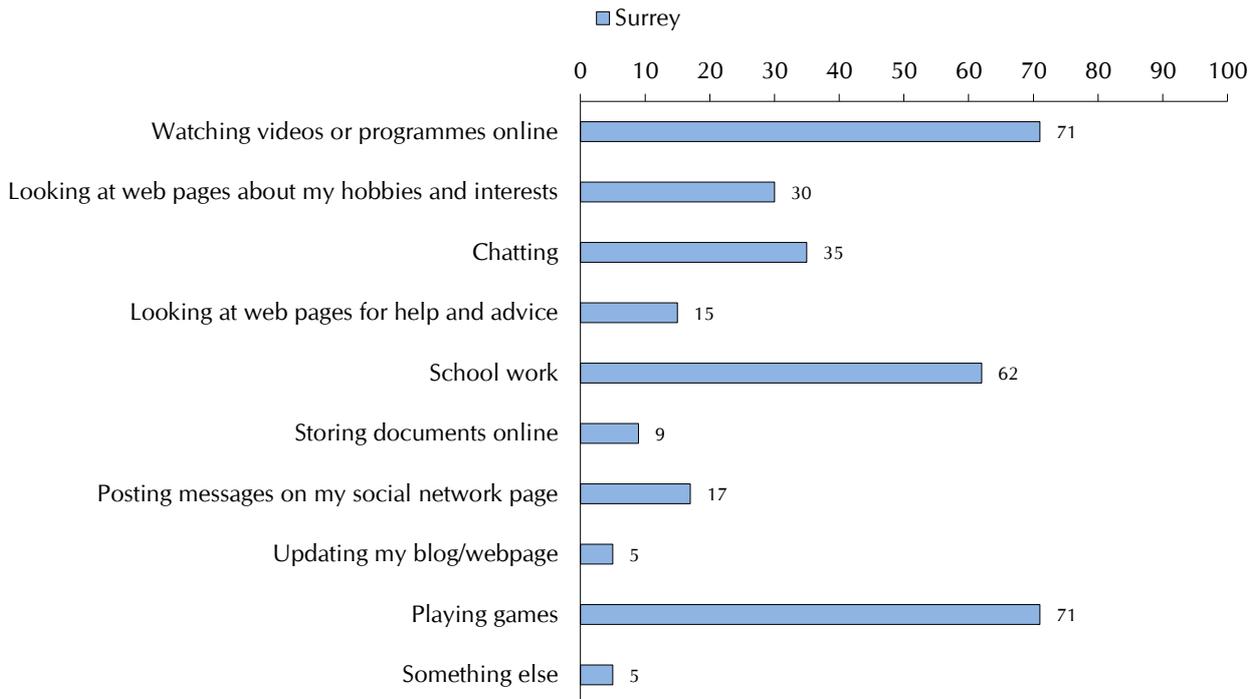
	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
At home	85	85	92	88	88
At school	51	53	53	47	50
On a mobile device (phone, iPad etc.)	52	48	74	76	63
Elsewhere	19	14	26	18	20
Nowhere/not used the internet	3	4	1	1	3

62% of pupils responded that they use the internet for schoolwork, while 71% said that they use it for playing games.

Q54. Percentage of pupils answering that they use the internet for the following (top 5):

Boys			Girls		
1	Playing games	76	1	Watching videos or programmes online	67
2	Watching videos or programmes online	76	2	Playing games	66
3	School work	59	3	School work	65
4	Chatting (e.g. Skype)	34	4	Chatting (e.g. Skype)	38
5	Looking at web pages about my hobbies and interests	29	5	Looking at web pages about my hobbies and interests	30

Q54. Percentage of pupils answering that they use the internet for the following:



26% of Year 6+ pupils responded that they have seen images or videos online that were for adults-only.

30% of Year 6+ pupils responded that they have seen images or videos online that upset them.

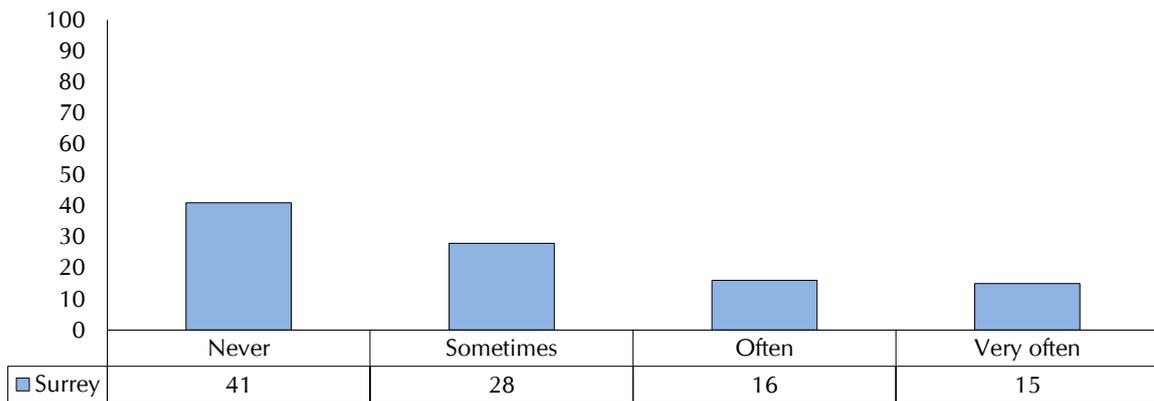
Q55a. Percentage of Year 6+ pupils answering that they have seen images or videos online that were for adults-only.

Surrey
Yr 6
Boys 26
Girls 25

Q55b. Percentage of Year 6+ pupils answering that they have seen images or videos online that upset them.

Surrey
Yr 6
Boys 27
Girls 33

Q56a. Year 6+ only How often do you use internet chat rooms or social networking sites?



31% of Year 6+ pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.

94% of Year 6+ pupils responded that they have been told how to stay safe while using the internet.

Q56a. Percentage of Year 6+ pupils answering that they use internet chat rooms or social networking sites 'often' or 'very often'.

Surrey
Yr 6
Boys 30
Girls 32

Q56b. Percentage of Year 6+ pupils answering that they have been told how to stay safe while using the internet.

Surrey
Yr 6
Boys 95
Girls 98

70% of Year 6+ pupils responded that they get e-safety information from their parents/carers/family, while 90% said that they get information from school.

Q56c. Year 6+ only Percentage of pupils responding that they get e-safety information from the following places:

Yr 6 Boys			Yr 6 Girls		
1	School	89	1	School	93
2	Parents/carers/family	66	2	Parents/carers/family	75
3	Friends	13	3	Friends	18
4	On-line advice	12	4	On-line advice	12

19% of pupils responded that they have received a chat message that scared them or made them upset.

Q57. Percentage answering that they have received a chat message that scared them or made them upset.

	Surrey	
	Yr 4	Yr 6
Boys	13	16
Girls	17	27

15% of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.

Q58. Percentage answering that they have sent a chat message or posted a comment which they later wished they had not written.

	Surrey	
	Yr 4	Yr 6
Boys	13	17
Girls	10	20

School & Leisure

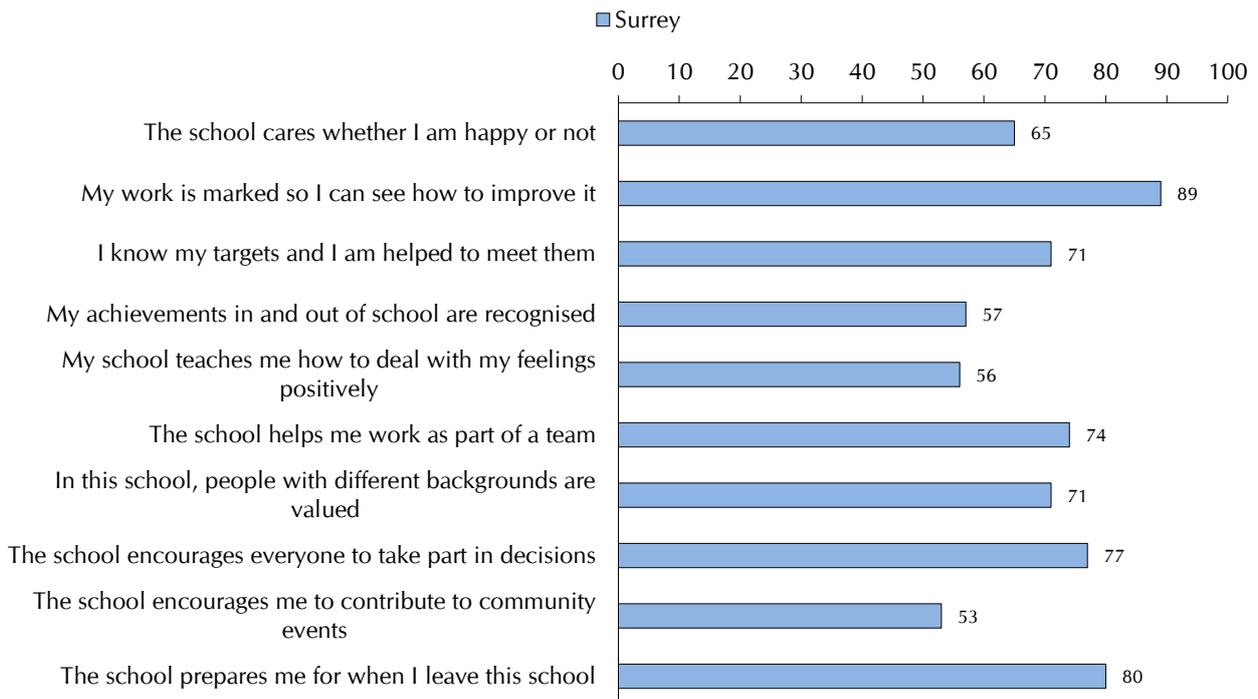
Every Child Matters

71% of Year 6+ pupils responded that in their school, people with different backgrounds are valued.

Q59. Percentage of Year 6+ pupils responding 'yes' to the following statements:

	Year 6		Total
	Boys	Girls	
The school cares whether I am happy or not	65	66	65
My work is marked so I can see how to improve it	89	89	89
I know my targets and I am helped to meet them	74	70	71
My achievements in and out of school are recognised	58	58	57
The school teaches me how to deal with my feelings positively	57	57	56
The school helps me work as part of a team	73	76	74
In this school, people with different backgrounds are valued	68	74	71
The school encourages everyone to take part in decisions	73	81	77
The school encourages me to contribute to community events	54	54	53
The school prepares me for when I leave this school	80	81	80

Q59. Percentage of Year 6+ pupils responding 'yes' to the following statements:



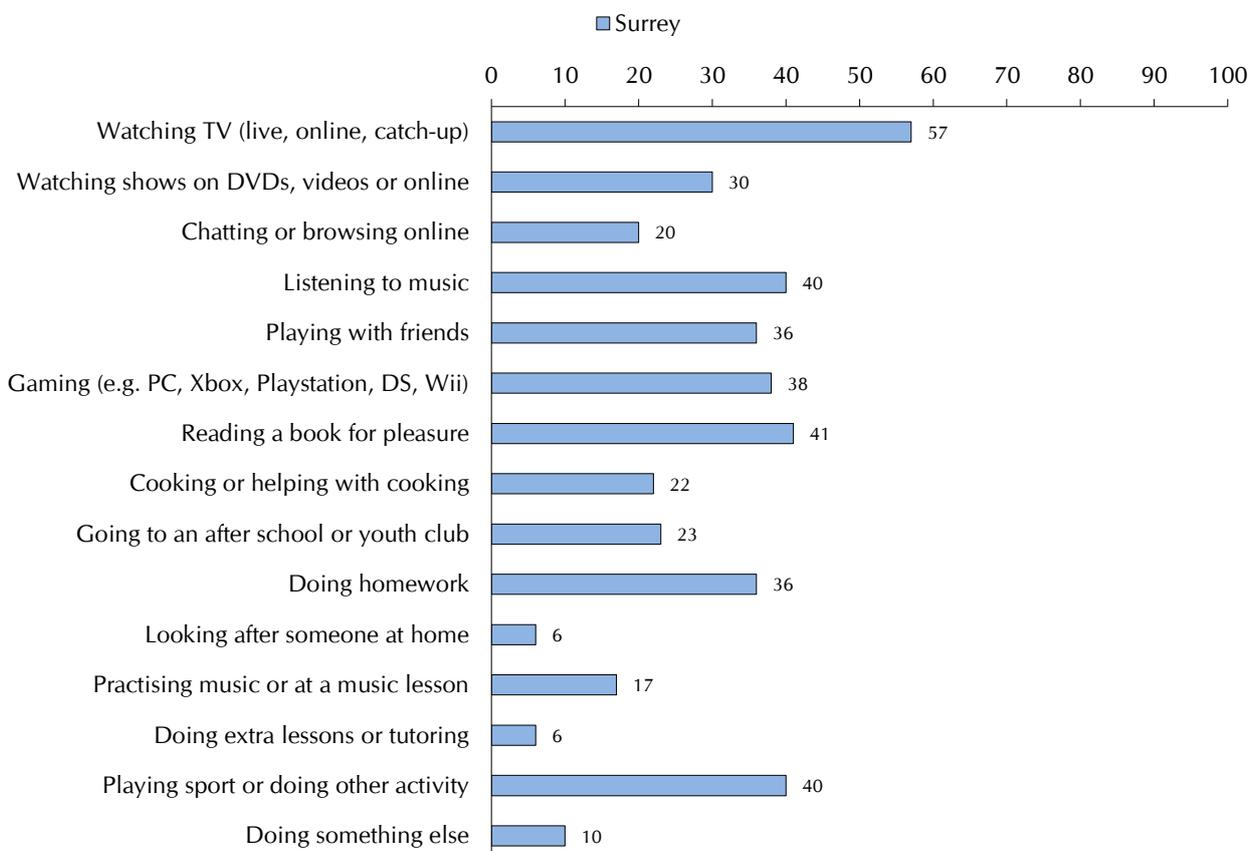
After-school activities

57% of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while 40% spent time playing sport or doing physical activities.

Q61. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10):

Boys			Girls		
1	Gaming (e.g. PC, Xbox, Playstation, DS, Wii)	59	1	Watching TV (live, online, catch-up)	55
2	Watching TV (live, online, catch-up)	59	2	Reading a book for pleasure	43
3	Playing sport or doing other physical activity	44	3	Listening to music	43
4	Reading a book for pleasure	39	4	Doing homework	38
5	Playing with friends	39	5	Playing sport or doing other physical activity	37
6	Listening to music	38	6	Playing with friends	32
7	Doing homework	35	7	Watching shows on DVDs, videos or online	28
8	Watching shows on DVDs, videos or online	32	8	Cooking or helping with cooking	26
9	Going to an after school or youth club	22	9	Going to an after school or youth club	24
10	Chatting or browsing online	20	10	Chatting or browsing online	20

Q61. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



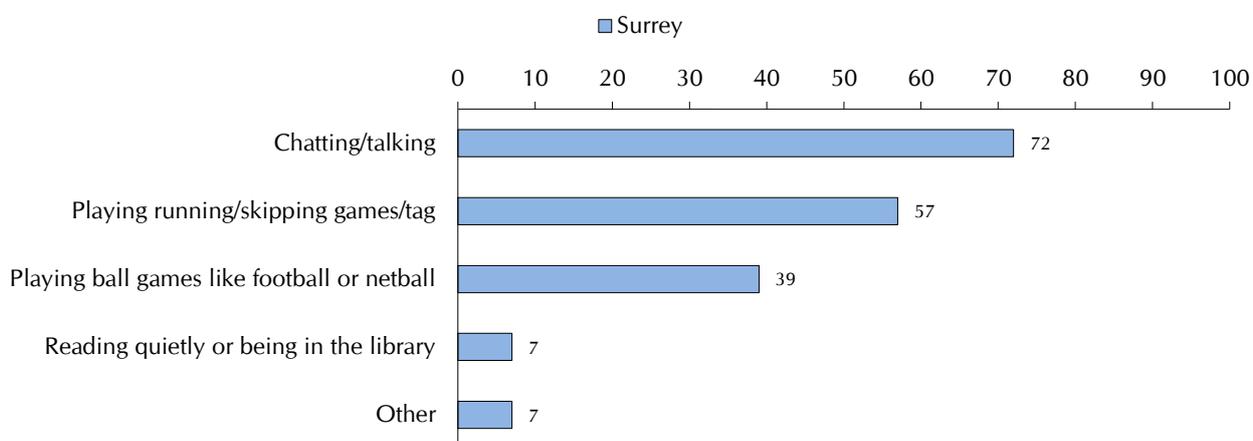
Breaktimes

7% of pupils responded that they 'often' spend time reading quietly or being in the library during school playtimes, while 72% spend time chatting/talking.

Q62. Percentage of pupils responding that they 'often' spend time doing the following during school playtimes:

Boys			Girls		
1	Chatting/talking	72	1	Chatting/talking	74
2	Playing running/skipping games/tag	64	2	Playing running/skipping games/tag	50
3	Playing ball games like football or netball	56	3	Playing ball games like football or netball	22
4	Reading quietly or being in the library	6	4	Other	8
5	Other	5	5	Reading quietly or being in the library	8

Q62. Percentage of pupils responding that they 'often' spend time doing the following during school playtimes:



62% of pupils responded that their playtimes and lunchtimes are friendly, while 33% said that they are crowded, and 9% said that they are boring.

Q63. Percentage of pupils responding that they would describe their playtimes and lunchtimes as the following (top 5):

Boys			Girls		
1	Happy	77	1	Happy	76
2	Friendly	59	2	Friendly	67
3	Safe	37	3	Safe	43
4	Crowded	34	4	Busy	36
5	Busy	33	5	Crowded	32

Views & opinions

37% of pupils responded that their views and opinions are asked for in school, while 17% said they aren't asked for.

Q64. Percentage answering that their views and opinions are asked for in school.

	Surrey	
	Yr 4	Yr 6
Boys	30	42
Girls	31	46

56% of pupils responded that their views and opinions are listened to in school, while 12% said they aren't listened to.

Q65a. Percentage answering that their views and opinions are listened to in school.

	Surrey	
	Yr 4	Yr 6
Boys	52	58
Girls	54	62

47% of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while 36% feel they are listened to through a school or class council.

Q65b. Percentage of pupils responding that their views and opinions are listened to in the following ways:

Boys			Girls		
1	Talking to teachers	44	1	Talking to teachers	51
2	School/class council	34	2	School/class council	40
3	Talking to other adults in school	24	3	Talking to other adults in school	28
4	Talking to trained pupils (e.g. playground pals/buddies)	14	4	Tick time	15
5	Tick time	14	5	Talking to trained pupils (e.g. playground pals/buddies)	13
6	Suggestion box	8	6	Suggestion box	10

19% of pupils responded that their views and opinions make a difference to how their school is run, while 31% said they don't make a difference.

Q66. Percentage answering that their views and opinions make a difference to how their school is run.

	Surrey	
	Yr 4	Yr 6
Boys	17	22
Girls	17	22

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