

The Surrey Children and Young People's Health and Wellbeing Survey 2022

**A report for
Surrey Secondary**

The Schools Health Education Unit

www.sheu.org.uk

SHEU

Survey Report 2022

Produced by the
Schools Health Education Unit

The contents of this book are © SHEU 2022. Users of the Health Related Behaviour Questionnaire survey service are permitted to reproduce or adapt these materials for use within the classroom only.

The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:

Angela Balding, Survey Manager
Schools Health Education Unit
9 Yeo Business Park
Axehayes Farm
Clyst St. Mary
Exeter EX5 1DP

Tel: 01392 667272 Fax: 01392 667269

e-mail angela.balding@sheu.org.uk

CONTENTS

FOREWORD	2
INTRODUCTION	3
SURREY SECONDARY HEADLINES.....	5
2022/2019 COMPARISONS.....	11
BACKGROUND.....	18
COVID-19.....	24
HEALTHY EATING.....	26
ALCOHOL, SMOKING & DRUGS	34
EMOTIONAL HEALTH & WELL-BEING	42
SEXUAL HEALTH	53
PHYSICAL ACTIVITY	57
HEALTH SERVICES	70
STAYING SAFE.....	74
ENJOYING & ACHIEVING	85
MAKING A POSITIVE CONTRIBUTION	93
LIST OF TABLES.....	95

N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding
Survey Manager
Schools Health Education Unit



Dr. David Regis
Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Surrey	
	Yr 8	Yr 10
Boys	898	700
Girls	894	665

Please note that 112 pupil(s) described themselves as non-binary or described themselves in another way, 61 pupil(s) did not want to say and 4 pupil(s) did not provide a response. These pupils will not be included in any tables or charts which are split by sex, however they will be included in any total figures.

In the report, you may see '-' in the tables or text (e.g. '-%').

This means we have suppressed the result because the number of valid responses for an item has dropped below 7 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

Surrey Secondary Headlines

	Surrey	
	Yr 8	Yr 10
Boys	898	700
Girls	894	665

Background

GENDER IDENTITY

- ❑ 2% of pupils said their gender now is not the same as the sex they were assigned at birth, while 2% said they are 'not sure' if it is and 1% didn't want to say.

ETHNICITY

- ❑ 68% of pupils responded that they are White British.

LANGUAGE

- ❑ 83% of pupils said they speak English most of the time at home, while 3% said they speak another language/languages and 14% said they speak both English and another language.

HOME LIFE

- ❑ 75% of pupils responded that they live with their Mum and Dad together.
- ❑ 11% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

SPECIAL NEEDS

- ❑ 1% of pupils responded that someone helped them to fill in the questionnaire, while 1% said they are 'not sure' if someone helped them and 1% didn't want to say.
- ❑ 2% of pupils responded that they are disabled, while 5% said they are 'not sure' if they are and 1% didn't want to say.
- ❑ 12% of pupils responded that they have a long-standing illness, while 8% said they are 'not sure' if they have and 1% didn't want to say.
- ❑ 12% of pupils responded that they have a special educational need or a learning difficulty, while 14% said they are 'not sure' if they have and 1% didn't want to say.
- ❑ 22% of pupils responded that they are disabled or have a long-standing illness, special educational need or a learning difficulty.
- ❑ 9% of pupils responded that they have additional needs which are properly looked after in school, while 5% said they are 'not sure' if they are and 4% don't have any needs like that.
- ❑ This works out as 47% of the 590 pupils with additional needs responding that their needs are properly looked after.

YOUNG CARERS

- ❑ 5% of pupils responded that they are a 'young carer', while 5% said they are 'not sure' if they are and 1% didn't want to say.

- ❑ 2% of pupils responded that being a young carer takes up at least an hour of their time each day, while 1% said it takes up less than an hour.

ARMED FORCES

- ❑ 2% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 3% said they are 'not sure' if they do and 0% didn't want to say.
- ❑ 2% of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 0% said their Mum or Dad's partner is.

FREE SCHOOL MEALS

- ❑ 7% of pupils responded that they currently have free school meals, while 10% said they have had them in the last 6 years and 2% said they could have them.

COVID-19

WORKING FROM HOME

- ❑ 88% of pupils said they did school work at home (home learning) if they were not at school during COVID-19 and lockdown.
- ❑ 19% of pupils said they did school work at home (home learning) during COVID-19 and lockdown and found it 'hard', while 16% said they found it 'easy'.
- ❑ 79% of pupils said they could find and use the files their school provided for them to work at home at least 'most of the time'; 14% said they could 'all the time'.
- ❑ 14% of pupils said they were unable to get help easily enough for learning at home if they got stuck, while 23% said they could get help from an adult at school and 65% said they could get help from an adult at home.

Healthy Eating

CONTROL OVER HEALTH

- ❑ 90% of pupils agreed with at least one statement about being in control of their health (Q19a&c).
- ❑ 54% of pupils agreed with at least one statement saying that they weren't in control of their health (Q19b&d).
- ❑ 74% of pupils responded that they are in charge of their health, while 49% said that even if they look after themselves, they can still easily fall ill.

WEIGHT & APPEARANCE

- ❑ 11% of pupils responded that they would like to put on weight.

- ❑ 43% of pupils responded that they would like to lose weight.
- ❑ 46% of pupils responded that they are happy with their weight as it is.
- ❑ 19% of pupils responded that they are the main thing that affects the way they feel about their appearance, while 33% said that the comments/attitudes of other people at school affect them.

HEALTHY CHOICES

- ❑ 53% of boys and 52% of girls responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 19% of boys and 22% of girls responded that they 'very often' or 'always' consider their health when choosing what to eat.

5-A-DAY

- ❑ 7% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 22% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

LUNCH

- ❑ 44% of pupils responded that they had school food for lunch on the day before the survey.
- ❑ 14% of pupils responded that they didn't have any lunch on the day before the survey.
- ❑ 77% of pupils responded that the place where they can get a school lunch is crowded and 61% said it is busy.

BREAKFAST

- ❑ 17% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.
- ❑ 10% of pupils responded that they only had a drink before lessons on the day of the survey.
- ❑ 22% of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 13% had fruit.

FOOD & DRINK

- ❑ 58% of pupils responded that they eat fresh fruit 'on most days'; 64% said the same for vegetables.
- ❑ 31% of pupils responded that they 'rarely or never' eat fish/fish fingers.

Alcohol, Smoking & Drugs

PEER PERCEPTION

- ❑ 8% of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 55% said 'none or just a few' did.
- ❑ 5% of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 68% said 'none or just a few' were.

- ❑ 5% of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 62% said 'none or just a few' did.
- ❑ 3% of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 77% said 'none or just a few' did.

ALCOHOL

- ❑ 13% of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 3% of pupils responded that they were drunk in the 7 days before the survey.
- ❑ 1% of boys and 0% of girls drank over 14 units of alcohol in the 7 days before the survey.
- ❑ 3% of pupils responded that they drank beer or lager in the 7 days before the survey and 4% said they drank spirits.
- ❑ 57% of pupils responded that they 'never' drink alcohol.
- ❑ 27% of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 9% said their parents/carers 'usually' know.
- ❑ This works out as 62% of those who drink alcohol responding that their parents 'always know'.
- ❑ 7% of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

ALCOHOL & DRUG INFORMATION

- ❑ 46% of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 21% said they wouldn't know where to go.

SMOKING

- ❑ 10% of pupils responded that they have smoked in the past or smoke now.
- ❑ 1% of pupils responded that they smoke 'regularly'.
- ❑ Of the 22 pupils who smoke regularly, 36% said they would like to give up.
- ❑ 2% of pupils responded that they have smoked in the 7 days before the survey.
- ❑ 1% of pupils responded that they have bought cigarettes with health warnings in a different language.
- ❑ 20% of pupils responded that their parents/carers smoke.
- ❑ 5% of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 6% of pupils responded that someone smokes in a car when they are in it too.
- ❑ 76% of pupils responded that no-one ever smokes at home.
- ❑ 2% of pupils responded that smokers can smoke anywhere in their home, while 3% said people can smoke in certain rooms only.

- ❑ 6% of pupils responded that they have 'never heard of' electronic cigarettes, while 75% said they have never used them.
- ❑ 6% of pupils responded that they use an electronic cigarette 'occasionally' or 'regularly'.

DRUGS

- ❑ 21% of Year 8 pupils and 45% of Year 10 pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.
- ❑ 5% of Year 8 pupils and 25% of Year 10 pupils responded that they have been offered cannabis.
- ❑ 5% of Year 8 pupils and 20% of Year 10 pupils responded that they have been offered other drugs to get high (not cannabis).
- ❑ 2% of Year 8 pupils and 10% of Year 10 pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).
- ❑ 1% of Year 8 pupils and 5% of Year 10 pupils responded that they have taken at least one of the drugs listed during the last month.

Emotional Health & Wellbeing

SATISFACTION

- ❑ 3% of boys and 9% of girls responded that they are 'not at all' happy with their life at the moment.
- ❑ 65% of boys and 42% of girls responded that they are at least 'quite' happy with their life at the moment.

SELF-ESTEEM

- ❑ 32% of pupils had a med-low self-esteem score (9 or less).
- ❑ 30% of pupils had a high self-esteem score (15 or more).
- ❑ 66% of pupils responded that they feel happy talking to other pupils at school.

WORRYING

- ❑ 83% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 20% of boys and 44% of girls responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- ❑ 57% of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot' while 29% worry 'quite a lot' or 'a lot' about family problems.
- ❑ 46% of pupils responded that they worry about the way they look 'quite a lot' or 'a lot', while 38% worry 'quite a lot' or 'a lot' about their mental health.
- ❑ 67% of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 10% said they don't know anyone.

PROBLEM SOLVING

- ❑ 63% of pupils responded that they 'usually' or 'always' listen to music when they have a problem

that worries them or they are feeling stressed, while 37% said they talk to someone about it.

- ❑ 12% of boys and 26% of girls said they at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.
- ❑ 39% of pupils responded that they 'usually' or 'always' watch TV when they have a problem that worries them or they are feeling stressed.

RESILIENCE

- ❑ 39% of pupils had a low measure of resilience (0 – 16).
- ❑ 13% of pupils had a high measure of resilience (24+).
- ❑ 49% of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 32% said they get upset and feel bad for ages.
- ❑ 49% of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 36% ask for help and 19% give up.

Sexual Health

SEX & RELATIONSHIPS EDUCATION

- ❑ 67% of pupils responded that they have learned about contraception from school lessons, while 23% said they never learned about it anywhere.
- ❑ 77% of pupils responded that they have learned about sexually transmitted infections from school lessons, while 10% said they never learned about it anywhere.

CONTRACEPTION

- ❑ 22% of pupils responded that they know where they can get condoms free of charge.

HELP & ADVICE SERVICES

- ❑ 85% of pupils responded that they have never heard of Catch 22, while 2% said that they know what it is, but not where or how to access it.
- ❑ 0% of pupils responded that they have used Catch 22.
- ❑ 88% of pupils responded that they have never heard of GUM clinics, while 2% said that they know what they are, but not where or how to access them.
- ❑ 0% of pupils responded that they have used GUM clinics.
- ❑ 79% of pupils responded that they have never heard of CASH clinics, while 5% said that they know what they are, but not where or how to access them.
- ❑ 0% of pupils responded that they have used CASH clinics.
- ❑ 55% of pupils responded that they have never heard of sexual health clinics just for young people, while 11% said that they know what they are, but not where or how to access them.

- ❑ 0% of pupils responded that they have used sexual health clinics just for young people.
- ❑ 51% of pupils responded that they have at least heard of one or more of these services, while 1% said that they have used at least one of these services.

YEAR 10+: SEXUAL RELATIONSHIPS

- ❑ 9% of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.
- ❑ 48% of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.
- ❑ 6% of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.
- ❑ 2% of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.
- ❑ 8% of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.

Physical Activity

ENJOY EXERCISE

- ❑ 5% of pupils responded that they don't enjoy physical activities at all.
- ❑ 73% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

PE LESSONS

- ❑ 69% of pupils responded that they enjoy their PE lessons, while 18% are 'not sure' if they do.
- ❑ 59% of pupils responded that they feel they are getting better at PE, while 24% are 'not sure' if they are.

SCHOOL SPORTS

- ❑ 35% of pupils responded that their school has helped them to be more healthy, while 37% are 'not sure' if it has.
- ❑ 34% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ 36% of pupils responded that they go to sports clubs at least 3 times at lunch time or after school each week.
- ❑ 44% of pupils responded that they don't go to any sports clubs at weekends each week.
- ❑ 9% of pupils responded that they go to sports clubs at least 3 times at weekends each week.
- ❑ 45% of pupils said they go to a team sports club.
- ❑ 47% of pupils responded that they haven't played any sports games or matches at their school this year.
- ❑ 35% of pupils responded that they have played at least 4 matches at their school this year.
- ❑ 66% of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 22% of pupils responded that they have played at least 4 matches against other schools this year.

- ❑ 18% of pupils responded that they currently take part in sports volunteering or sports leadership.

EXERCISE

- ❑ 5% of boys and 7% of girls responded that they didn't do any physical activity in the week before the survey.
- ❑ 40% of boys and 28% of girls responded that they did physical activity on five days or more in the week before the survey.
- ❑ 21% of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.
- ❑ 15% of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.
- ❑ 32% of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more on any day in the week before the survey.
- ❑ 10% of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.
- ❑ 78% of pupils responded that their week's pattern of activity was usual, while 11% said it was more active than usual and 11% said it was less active than usual.
- ❑ 61% of pupils think doing PE, sport and other physical activities helps them with their mood and 35% think it helps with their behaviour.
- ❑ 74% of pupils agreed that they enjoy taking part in exercise and sports and 52% feel confident when they exercise and play sports.
- ❑ 83% of pupils said being healthy makes them want to be physically active and 78% said having fun does.
- ❑ 62% of boys and 75% of girls said improving their appearance makes them want to be physically active.
- ❑ 20% of pupils said nothing stops them from being physically active.
- ❑ 37% of pupils said a lack of confidence stops them from being physically active.

Health Services

DOCTOR

- ❑ 56% of pupils responded that they last visited the doctor in the last 6 months.
- ❑ 26% of pupils responded that they last visited the doctor more than a year ago.
- ❑ 25% of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.
- ❑ 18% of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

AT SCHOOL

- ❑ 38% of pupils responded that there is a health clinic in their school, while 43% said they are 'not sure' if there is.
- ❑ 32% of pupils responded that they know who their School Nurse is, while 4% said they don't have one.
- ❑ 61% of pupils responded that they know how to get to see their School Nurse, while 19% said that they do not know.

DENTAL HEALTH

- ❑ 76% of pupils responded that they visited the dentist in the last 6 months.
- ❑ 12% of pupils responded that they last visited the dentist more than a year ago and 1% said they have never been.

SUN SAFETY

- ❑ 11% of pupils responded that they 'never' do anything to avoid sunburn.
- ❑ 53% of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Staying Safe

PEER PRESSURE

- ❑ 61% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 11% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

BULLYING

- ❑ 29% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 19% of pupils responded that they have been bullied at or near school in the last 12 months, while 16% said they 'don't know' if they have been.
- ❑ 17% of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 22% said they 'don't know' if they have.
- ❑ 16% of pupils responded that their school deals with bullying 'badly', while 5% said that bullying is not a problem in their school.
- ❑ 27% of pupils responded that their school deals with bullying 'quite' or 'very' well.
- ❑ 46% of pupils responded that they think their school takes bullying seriously, while 35% said they 'don't know' if it does.
- ❑ 24% of pupils responded that they were pushed/hit for no reason in the month before the survey and 15% said they have had belongings taken/broken. 45% said none of the behaviours listed happened.

- ❑ 39% of pupils responded that they have been teased/made fun of in the month before the survey.
- ❑ 25% of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 19% said they experienced it in a classroom during breaktimes.
- ❑ 16% of pupils responded that they were bullied recently and told their Mum or Dad/carer, while 7% said they told a teacher or other staff at school.

- ❑ 8% of pupils responded that the bullying problem stopped after telling someone, while 11% said it didn't stop.
- ❑ This works out as 27% of those pupils who have told someone responding that the bullying problem stopped after doing so; 37% of these pupils said it didn't stop.
- ❑ 22% of boys and 29% of girls think they have been picked on or bullied because of their size or weight.
- ❑ 24% of boys and 45% of girls think they have been picked on or bullied because of the way they look.

LOCAL AREA

- ❑ 72% of pupils rated their safety at school as 'good' or 'very good'; 50% said the same of going out after dark.
- ❑ 17% of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 7% said the same of being at school.

RELATIONSHIPS

- ❑ 24% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

E-SAFETY

- ❑ 86% of pupils responded that they have chatted on the internet.
- ❑ 54% of pupils responded that they chat to friends of friends on the internet, while 37% said they chat to other people who they don't know in real life.
- ❑ 32% of pupils responded that they have received a hurtful, nasty or scary message online, while 10% said someone has changed their password.
- ❑ 14% of pupils responded that they have given personal information to someone online who they didn't know in real life.
- ❑ 29% of pupils responded that someone online who they didn't know has asked to see pictures of them.
- ❑ 8% of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.
- ❑ 4% of pupils responded that they have sent sexual pictures/videos of themselves to someone they don't know.
- ❑ 5% of pupils responded that they have sent sexual pictures/videos of themselves to someone they do know.

- ❑ 18% of pupils responded that someone they don't know in person has asked to meet with them; 6% said this person was, as far as they know, quite a bit older than them and 4% said they did actually meet up with them.
- ❑ 91% of pupils responded that they have been told how to stay safe while online.
- ❑ 56% of pupils responded that they always follow the advice they have been given about how to stay safe online.
- ❑ 73% of pupils responded that they have blocked someone because of something upsetting that happened online and 1% said they have reported something to CEOP.

Enjoying & Achieving

FUTURE PLANS

- ❑ 63% of boys and 74% of girls responded that they want to continue in full-time education at the end of Year 11.
- ❑ 38% of boys and 44% of girls responded that they want to find a job as soon as they can at the end of Year 11.
- ❑ 54% of boys and 46% of girls responded that they want to get training for a skilled job at the end of Year 11.
- ❑ 15% of boys and 12% of girls responded that they want to start a family at the end of Year 11.

SCHOOL LESSONS

- ❑ 35% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 14% of pupils responded that they enjoy 'hardly any' of their lessons at school.
- ❑ 25% of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
- ❑ 19% of pupils responded that they have found school lessons about citizenship 'not at all' useful.

ATTENDANCE

- ❑ 80% of pupils responded that they think it is important to go to school regularly, while 8% think it isn't important.

- ❑ 81% of pupils responded that they have been away from school due to illness or injury (incl. COVID self-isolation) in the 12 months before the survey, while 41% said they have been away due to doctor/dentist appointments.

EVERY CHILD MATTERS

- ❑ 30% of pupils responded that they think the school cares whether they are happy or not and 62% said their work is marked so they can see how to improve it.
- ❑ 29% of pupils responded that they think the school doesn't care whether they are happy or not.
- ❑ 10% of pupils had a low pupil perception score.
- ❑ 35% of pupils had a high pupil perception score.

LEISURE

- ❑ 91% of pupils responded that they spent time watching TV or video after school on the day before the survey, while 78% did homework and 56% played video games.
- ❑ 54% of pupils responded that they listened to music after school on the day before the survey, while 28% said they met with friends.
- ❑ 38% of pupils responded that they cared for pets after school on the day before the survey, while 18% said they read a book for pleasure.

Making a Positive Contribution

- ❑ 63% of pupils responded that they are asked for their ideas and opinions about what they learn in school; 40% said their opinions make a difference and 54% would like to be consulted more often.
- ❑ 53% of pupils responded that they are asked for their ideas and opinions about how they learn in school; 45% said their opinions make a difference and 54% would like to be consulted more often.
- ❑ 55% of pupils responded that they are asked for their ideas and opinions about the school environment; 49% said their opinions make a difference and 52% would like to be consulted more often.
- ❑ 38% of pupils responded that they are asked for their ideas and opinions about their community; 39% said their opinions make a difference and 44% would like to be consulted more often.

2022/2019 Comparisons

	2022		2019	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	898	700	693	527
Girls	894	665	694	515

2019 data in brackets; see notes on interpreting differences.

Background

ETHNICITY

- ❑ 68% (75%) of pupils responded that they are White British.

HOME LIFE

- ❑ 75% (69%) of pupils responded that they live with their Mum and Dad together.
- ❑ 11% (13%) of pupils responded that they live 'mainly or only' with their Mum, while 1% (2%) said they live 'mainly or only' with their Dad.

SPECIAL NEEDS

- ❑ 1% (1%) of pupils responded that someone helped them to fill in the questionnaire, while 1% (2%) said they are 'not sure' if someone helped them and 1% (1%) didn't want to say.
- ❑ 2% (2%) of pupils responded that they are disabled, while 5% (5%) said they are 'not sure' if they are and 1% (1%) didn't want to say.
- ❑ 12% (12%) of pupils responded that they have a long-standing illness, while 8% (8%) said they are 'not sure' if they have and 1% (1%) didn't want to say.
- ❑ 12% (9%) of pupils responded that they have a special educational need or a learning difficulty, while 14% (11%) said they are 'not sure' if they have and 1% (1%) didn't want to say.
- ❑ 22% (19%) of pupils responded that they are disabled or have a long-standing illness, special educational need or a learning difficulty.
- ❑ 9% (6%) of pupils responded that they have additional needs which are properly looked after in school, while 5% (4%) said they are 'not sure' if they are and 4% (6%) don't have any needs like that.
- ❑ This works out as 47% (43%) of the 590 (321) pupils with additional needs responding that their needs are properly looked after.

YOUNG CARERS

- ❑ 5% (4%) of pupils responded that they are a 'young carer', while 5% (5%) said they are 'not sure' if they are and 1% (1%) didn't want to say.
- ❑ 2% (2%) of pupils responded that being a young carer takes up at least an hour of their time each day, while 1% (1%) said it takes up less than an hour.

ARMED FORCES

- ❑ 2% (3%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy,

Royal Air Force or the Reserves, while 3% (3%) said they are 'not sure' if they do and 0% (0%) didn't want to say.

- ❑ 2% (1%) of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 0% (1%) said their Mum or Dad's partner is.

FREE SCHOOL MEALS

- ❑ 7% (6%) of pupils responded that they currently have free school meals, while 10% (12%) said they have had them in the last 6 years and 2% (2%) said they could have them.

Healthy Eating

CONTROL OVER HEALTH

- ❑ 90% (91%) of pupils agreed with at least one statement about being in control of their health (Q19a&c).
- ❑ 54% (52%) of pupils agreed with at least one statement saying that they weren't in control of their health (Q19b&d).
- ❑ 74% (78%) of pupils responded that they are in charge of their health, while 49% (48%) said that even if they look after themselves, they can still easily fall ill.

WEIGHT & APPEARANCE

- ❑ 11% (9%) of pupils responded that they would like to put on weight.
- ❑ 43% (41%) of pupils responded that they would like to lose weight.
- ❑ 46% (50%) of pupils responded that they are happy with their weight as it is.
- ❑ 19% (17%) of pupils responded that they are the main thing that affects the way they feel about their appearance, while 33% (35%) said that the comments/attitudes of other people at school affect them.

HEALTHY CHOICES

- ❑ 53% (55%) of boys and 52% (51%) of girls responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 19% (20%) of boys and 22% (22%) of girls responded that they 'very often' or 'always' consider their health when choosing what to eat.

5-A-DAY

- ❑ 7% (6%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

- ❑ 22% (25%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

LUNCH

- ❑ 44% (46%) of pupils responded that they had school food for lunch on the day before the survey.
- ❑ 14% (11%) of pupils responded that they didn't have any lunch on the day before the survey.
- ❑ 77% (81%) of pupils responded that the place where they can get a school lunch is crowded and 61% (63%) said it is busy.

BREAKFAST

- ❑ 17% (14%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.
- ❑ 10% (9%) of pupils responded that they only had a drink before lessons on the day of the survey.
- ❑ 22% (23%) of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 13% (14%) had fruit.

FOOD & DRINK

- ❑ 58% (58%) of pupils responded that they eat fresh fruit 'on most days'; 64% (62%) said the same for vegetables.
- ❑ 31% (32%) of pupils responded that they 'rarely or never' eat fish/fish fingers.

Alcohol, Smoking & Drugs

PEER PERCEPTION

- ❑ 8% (8%) of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 55% (46%) said 'none or just a few' did.
- ❑ 5% (4%) of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 68% (64%) said 'none or just a few' were.
- ❑ 5% (8%) of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 62% (52%) said 'none or just a few' did.
- ❑ 3% (4%) of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 77% (72%) said 'none or just a few' did.

ALCOHOL

- ❑ 13% (16%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 3% (4%) of pupils responded that they were drunk in the 7 days before the survey.
- ❑ 1% (1%) of boys and 0% (1%) of girls drank over 14 units of alcohol in the 7 days before the survey.
- ❑ 3% (4%) of pupils responded that they drank beer or lager in the 7 days before the survey and 4% (5%) said they drank spirits.

- ❑ 57% (49%) of pupils responded that they 'never' drink alcohol.
- ❑ 27% (28%) of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 9% (11%) said their parents/carers 'usually' know.
- ❑ This works out as 62% (55%) of those who drink alcohol responding that their parents 'always know'.
- ❑ 7% (12%) of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

ALCOHOL & DRUG INFORMATION

- ❑ 46% (50%) of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 21% (19%) said they wouldn't know where to go.

SMOKING

- ❑ 10% (16%) of pupils responded that they have smoked in the past or smoke now.
- ❑ 1% (3%) of pupils responded that they smoke 'regularly'.
- ❑ Of the 22 (67) pupils who smoke regularly, 36% (52%) said they would like to give up.
- ❑ 2% (4%) of pupils responded that they have smoked in the 7 days before the survey.
- ❑ 1% (2%) of pupils responded that they have bought cigarettes with health warnings in a different language.
- ❑ 20% (26%) of pupils responded that their parents/carers smoke.
- ❑ 5% (6%) of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 6% (6%) of pupils responded that someone smokes in a car when they are in it too.
- ❑ 76% (69%) of pupils responded that no-one ever smokes at home.
- ❑ 2% (2%) of pupils responded that smokers can smoke anywhere in their home, while 3% (3%) said people can smoke in certain rooms only.
- ❑ 6% (5%) of pupils responded that they have 'never heard of' electronic cigarettes, while 75% (70%) said they have never used them.
- ❑ 6% (7%) of pupils responded that they use an electronic cigarette 'occasionally' or 'regularly'.

DRUGS

- ❑ 21% (20%) of Year 8 pupils and 45% (54%) of Year 10 pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.
- ❑ 5% (8%) of Year 8 pupils and 25% (34%) of Year 10 pupils responded that they have been offered cannabis.
- ❑ 5% (7%) of Year 8 pupils and 20% (27%) of Year 10 pupils responded that they have been offered other drugs to get high (not cannabis).

- ❑ 2% (2%) of Year 8 pupils and 10% (16%) of Year 10 pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).
- ❑ 1% (1%) of Year 8 pupils and 5% (9%) of Year 10 pupils responded that they have taken at least one of the drugs listed during the last month.

Emotional Health & Wellbeing

SATISFACTION

- ❑ 3% (4%) of boys and 9% (7%) of girls responded that they are 'not at all' happy with their life at the moment.
- ❑ 65% (66%) of boys and 42% (51%) of girls responded that they are at least 'quite' happy with their life at the moment.

SELF-ESTEEM

- ❑ 32% (28%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 30% (36%) of pupils had a high self-esteem score (15 or more).
- ❑ 66% (71%) of pupils responded that they feel happy talking to other pupils at school.

WORRYING

- ❑ 83% (80%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 20% (19%) of boys and 44% (40%) of girls responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- ❑ 57% (53%) of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot' while 29% (28%) worry 'quite a lot' or 'a lot' about family problems.
- ❑ 46% (39%) of pupils responded that they worry about the way they look 'quite a lot' or 'a lot', while 38% (31%) worry 'quite a lot' or 'a lot' about their mental health.
- ❑ 67% (73%) of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 10% (9%) said they don't know anyone.

PROBLEM SOLVING

- ❑ 63% (60%) of pupils responded that they 'usually' or 'always' listen to music when they have a problem that worries them or they are feeling stressed, while 37% (43%) said they talk to someone about it.
- ❑ 12% (13%) of boys and 26% (21%) of girls said they at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.
- ❑ 39% (29%) of pupils responded that they 'usually' or 'always' watch TV when they have a problem that worries them or they are feeling stressed.

RESILIENCE

- ❑ 39% (57%) of pupils had a low measure of resilience (0 – 16).

- ❑ 13% (7%) of pupils had a high measure of resilience (24+).
- ❑ 49% (51%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 32% (28%) said they get upset and feel bad for ages.
- ❑ 49% (54%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 36% (41%) ask for help and 19% (14%) give up.

Sexual Health

SEX & RELATIONSHIPS EDUCATION

- ❑ 67% (71%) of pupils responded that they have learned about contraception from school lessons, while 23% (19%) said they never learned about it anywhere.
- ❑ 77% (74%) of pupils responded that they have learned about sexually transmitted infections from school lessons, while 10% (11%) said they never learned about it anywhere.

CONTRACEPTION

- ❑ 22% (29%) of pupils responded that they know where they can get condoms free of charge.

HELP & ADVICE SERVICES

- ❑ 85% (88%) of pupils responded that they have never heard of Catch 22, while 2% (1%) said that they know what it is, but not where or how to access it.
- ❑ 0% (0%) of pupils responded that they have used Catch 22.
- ❑ 88% (85%) of pupils responded that they have never heard of GUM clinics, while 2% (3%) said that they know what they are, but not where or how to access them.
- ❑ 0% (0%) of pupils responded that they have used GUM clinics.
- ❑ 79% (74%) of pupils responded that they have never heard of CASH clinics, while 5% (6%) said that they know what they are, but not where or how to access them.
- ❑ 0% (1%) of pupils responded that they have used CASH clinics.
- ❑ 55% (48%) of pupils responded that they have never heard of sexual health clinics just for young people, while 11% (13%) said that they know what they are, but not where or how to access them.
- ❑ 0% (1%) of pupils responded that they have used sexual health clinics just for young people.
- ❑ 51% (59%) of pupils responded that they have at least heard of one or more of these services, while 1% (1%) said that they have used at least one of these services.

YEAR 10+: SEXUAL RELATIONSHIPS

- ❑ 9% (10%) of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.

- ❑ 48% (47%) of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.
- ❑ 6% (2%) of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.
- ❑ 2% (5%) of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.
- ❑ 8% (16%) of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.

Physical Activity

ENJOY EXERCISE

- ❑ 5% (5%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 73% (73%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

PE LESSONS

- ❑ 69% (69%) of pupils responded that they enjoy their PE lessons, while 18% (18%) are 'not sure' if they do.
- ❑ 59% (58%) of pupils responded that they feel they are getting better at PE, while 24% (24%) are 'not sure' if they are.

SCHOOL SPORTS

- ❑ 35% (36%) of pupils responded that their school has helped them to be more healthy, while 37% (34%) are 'not sure' if it has.
- ❑ 34% (37%) of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ 36% (34%) of pupils responded that they go to sports clubs at least 3 times at lunch time or after school each week.
- ❑ 44% (46%) of pupils responded that they don't go to any sports clubs at weekends each week.
- ❑ 9% (9%) of pupils responded that they go to sports clubs at least 3 times at weekends each week.
- ❑ 47% (47%) of pupils responded that they haven't played any sports games or matches at their school this year.
- ❑ 35% (34%) of pupils responded that they have played at least 4 matches at their school this year.
- ❑ 66% (64%) of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 22% (23%) of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 18% (20%) of pupils responded that they currently take part in sports volunteering or sports leadership.

EXERCISE

- ❑ 5% (6%) of boys and 7% (6%) of girls responded that they didn't do any physical activity in the week before the survey.
- ❑ 40% (35%) of boys and 28% (25%) of girls responded that they did physical activity on five days or more in the week before the survey.
- ❑ 21% (22%) of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.
- ❑ 15% (14%) of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.
- ❑ 32% (34%) of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more on any day in the week before the survey.
- ❑ 10% (9%) of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.
- ❑ 78% (76%) of pupils responded that their week's pattern of activity was usual, while 11% (12%) said it was more active than usual and 11% (12%) said it was less active than usual.

Health Services

DOCTOR

- ❑ 56% (69%) of pupils responded that they last visited the doctor in the last 6 months.
- ❑ 26% (15%) of pupils responded that they last visited the doctor more than a year ago.
- ❑ 25% (22%) of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.
- ❑ 18% (21%) of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

AT SCHOOL

- ❑ 38% (33%) of pupils responded that there is a health clinic in their school, while 43% (50%) said they are 'not sure' if there is.
- ❑ 32% (41%) of pupils responded that they know who their School Nurse is, while 4% (3%) said they don't have one.
- ❑ 61% (56%) of pupils responded that they know how to get to see their School Nurse, while 19% (21%) said that they do not know.

DENTAL HEALTH

- ❑ 76% (85%) of pupils responded that they visited the dentist in the last 6 months.
- ❑ 12% (5%) of pupils responded that they last visited the dentist more than a year ago and 1% (1%) said they have never been.

SUN SAFETY

- ❑ 11% (10%) of pupils responded that they 'never' do anything to avoid sunburn.
- ❑ 53% (56%) of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Staying Safe

PEER PRESSURE

- ❑ 61% (66%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 11% (8%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

BULLYING

- ❑ 29% (28%) of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% (6%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 19% (20%) of pupils responded that they have been bullied at or near school in the last 12 months, while 16% (14%) said they 'don't know' if they have been.
- ❑ 17% (14%) of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 22% (20%) said they 'don't know' if they have.
- ❑ 16% (15%) of pupils responded that their school deals with bullying 'badly', while 5% (6%) said that bullying is not a problem in their school.
- ❑ 27% (34%) of pupils responded that their school deals with bullying 'quite' or 'very' well.
- ❑ 46% (55%) of pupils responded that they think their school takes bullying seriously, while 35% (30%) said they 'don't know' if it does.
- ❑ 24% (19%) of pupils responded that they were pushed/hit for no reason in the month before the survey and 15% (11%) said they have had belongings taken/broken. 45% (47%) said none of the behaviours listed happened.
- ❑ 39% (38%) of pupils responded that they have been teased/made fun of in the month before the survey.
- ❑ 25% (21%) of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 19% (20%) said they experienced it in a classroom during breaktimes.
- ❑ 16% (18%) of pupils responded that they were bullied recently and told their Mum or Dad/carer, while 7% (9%) said they told a teacher or other staff at school.
- ❑ 8% (11%) of pupils responded that the bullying problem stopped after telling someone, while 11% (9%) said it didn't stop.
- ❑ This works out as 27% (36%) of those pupils who have told someone responding that the bullying

problem stopped after doing so; 37% (29%) of these pupils said it didn't stop.

- ❑ 22% (22%) of boys and 29% (24%) of girls think they have been picked on or bullied because of their size or weight.
- ❑ 24% (26%) of boys and 45% (38%) of girls think they have been picked on or bullied because of the way they look.

LOCAL AREA

- ❑ 72% (75%) of pupils rated their safety at school as 'good' or 'very good'; 50% (53%) said the same of going out after dark.
- ❑ 17% (17%) of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 7% (5%) said the same of being at school.

RELATIONSHIPS

- ❑ 24% (28%) of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

E-SAFETY

- ❑ 86% (80%) of pupils responded that they have chatted on the internet.
- ❑ 54% (43%) of pupils responded that they chat to friends of friends on the internet, while 37% (25%) said they chat to other people who they don't know in real life.
- ❑ 32% (25%) of pupils responded that they have received a hurtful, nasty or scary message online, while 10% (10%) said someone has changed their password.
- ❑ 14% (11%) of pupils responded that they have given personal information to someone online who they didn't know in real life.
- ❑ 29% (23%) of pupils responded that someone online who they didn't know has asked to see pictures of them.
- ❑ 8% (6%) of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.
- ❑ 4% (3%) of pupils responded that they have sent sexual pictures/videos (just 'sexual pictures' in 2019) of themselves to someone they don't know.
- ❑ 5% (7%) of pupils responded that they have sent sexual pictures/videos (just 'sexual pictures' in 2019) of themselves to someone they do know.
- ❑ 18% (17%) of pupils responded that someone they don't know in person has asked to meet with them; 6% (6%) said this person was, as far as they know, quite a bit older than them and 4% (4%) said they did actually meet up with them.
- ❑ 91% (91%) of pupils responded that they have been told how to stay safe while online.

- ❑ 56% (67%) of pupils responded that they always follow the advice they have been given about how to stay safe online.
- ❑ 73% (74%) of pupils responded that they have blocked someone because of something upsetting that happened online and 1% (2%) said they have reported something to CEOP.

Enjoying & Achieving

FUTURE PLANS

- ❑ 63% (46%) of boys and 74% (56%) of girls responded that they want to continue in full-time education at the end of Year 11.
- ❑ 38% (47%) of boys and 44% (43%) of girls responded that they want to find a job as soon as they can at the end of Year 11.
- ❑ 54% (58%) of boys and 46% (49%) of girls responded that they want to get training for a skilled job at the end of Year 11.
- ❑ 15% (15%) of boys and 12% (11%) of girls responded that they want to start a family at the end of Year 11.

SCHOOL LESSONS

- ❑ 35% (39%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 14% (13%) of pupils responded that they enjoy 'hardly any' of their lessons at school.
- ❑ 25% (22%) of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
- ❑ 19% (19%) of pupils responded that they have found school lessons about citizenship 'not at all' useful.

ATTENDANCE

- ❑ 80% (83%) of pupils responded that they think it is important to go to school regularly, while 8% (6%) think it isn't important.
- ❑ 81% (77%) of pupils responded that they have been away from school due to illness or injury (incl. COVID self-isolation) in the 12 months before the survey, while 41% (44%) said they have been away due to doctor/dentist appointments.

EVERY CHILD MATTERS

- ❑ 30% (37%) of pupils responded that they think the school cares whether they are happy or not and 62% (66%) said their work is marked so they can see how to improve it.
- ❑ 29% (22%) of pupils responded that they think the school doesn't care whether they are happy or not.
- ❑ 10% (7%) of pupils had a low pupil perception score.
- ❑ 35% (40%) of pupils had a high pupil perception score.

LEISURE

- ❑ 91% (92%) of pupils responded that they spent time watching TV or video after school on the day before the survey, while 78% (76%) did homework and 56% (50%) played video games.
- ❑ 54% (62%) of pupils responded that they listened to music after school on the day before the survey, while 28% (28%) said they met with friends.
- ❑ 38% (41%) of pupils responded that they cared for pets after school on the day before the survey, while 18% (19%) said they read a book for pleasure.

Making a Positive Contribution

- ❑ 63% (59%) of pupils responded that they are asked for their ideas and opinions about what they learn in school; 40% (41%) said their opinions make a difference and 54% (58%) would like to be consulted more often.
- ❑ 53% (51%) of pupils responded that they are asked for their ideas and opinions about how they learn in school; 45% (47%) said their opinions make a difference and 54% (58%) would like to be consulted more often.
- ❑ 55% (52%) of pupils responded that they are asked for their ideas and opinions about the school environment; 49% (51%) said their opinions make a difference and 52% (56%) would like to be consulted more often.
- ❑ 38% (34%) of pupils responded that they are asked for their ideas and opinions about their community; 39% (38%) said their opinions make a difference and 44% (48%) would like to be consulted more often.

Top differences between 2022 and 2019 data

<p>Key:</p> <ul style="list-style-type: none">  - 2022 significantly better than 2019  - Not significantly different  - 2022 significantly worse than 2019 	<p>Interpretation</p> <p>In the chart below a coloured circle represents Surrey Secondary's result for 2022, while the black line represents the result for 2019. The distance between the circle and the black line indicates the size of the difference between the percentages – the greater the gap, the larger the difference.</p> <p>The colour of the circle reflects whether a difference is statistically significant and if the difference is positive (green), negative (red) or if it is not statistically significant (blue).</p>
---	---

Most positive differences between 2022 and 2019:

	2022	2019	
Pupils who have smoked in the past or smoke now.	10%	16%	
Pupils who had a high measure of resilience (24+).	13%	7%	
Pupils who have at least tried an electronic cigarette.	18%	25%	
Pupils who have been offered cannabis.	13%	20%	
Year 10 pupils who are either in a sexual relationship or have had one in the past.	8%	16%	
Pupils who said their parents/carers smoke.	20%	26%	
Pupils who have taken drugs to get high (not medicines, tobacco or alcohol).	5%	8%	
Pupils who had an alcoholic drink in the 7 days before the survey.	13%	16%	
Pupils who believe at least 'most' people their age smoked a cigarette in the 7 days before the survey.	5%	8%	
Pupils who have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.	24%	28%	

Least positive differences between 2022 and 2019:

	2022	2019	
Pupils who visited the dentist in the last 6 months.	76%	85%	
Pupils who think their school takes bullying seriously.	46%	55%	
Pupils who have at least heard of one or more of the sexual health services listed.	51%	59%	
Pupils who have received a hurtful, nasty or scary message online.	32%	25%	
Pupils who think the school cares whether they are happy or not.	30%	37%	
Pupils who know an adult they trust who they can talk to if they are worried about something.	67%	73%	
Pupils who had a high self-esteem score (15 or more).	30%	36%	
Pupils who are at least 'quite' happy with their life at the moment.	52%	58%	
Pupils who had a <u>high</u> pupil perception score.	35%	40%	
Pupils who didn't have any lunch on the day before the survey.	14%	11%	

Background

Gender identity

2% of pupils said their gender now is not the same as the sex they were assigned at birth, while 2% said they are 'not sure' if it is and 1% didn't want to say.

Q2. Percentage answering that their gender now is not the same as the sex they were assigned at birth.

	Surrey	
	Yr 8	Yr 10
Boys	1	1
Girls	0	0

Ethnicity

68% of pupils responded that they are White British.

Q3. Percentage answering that they are White British.

	Surrey	
	Yr 8	Yr 10
Boys	67	69
Girls	68	68

Language

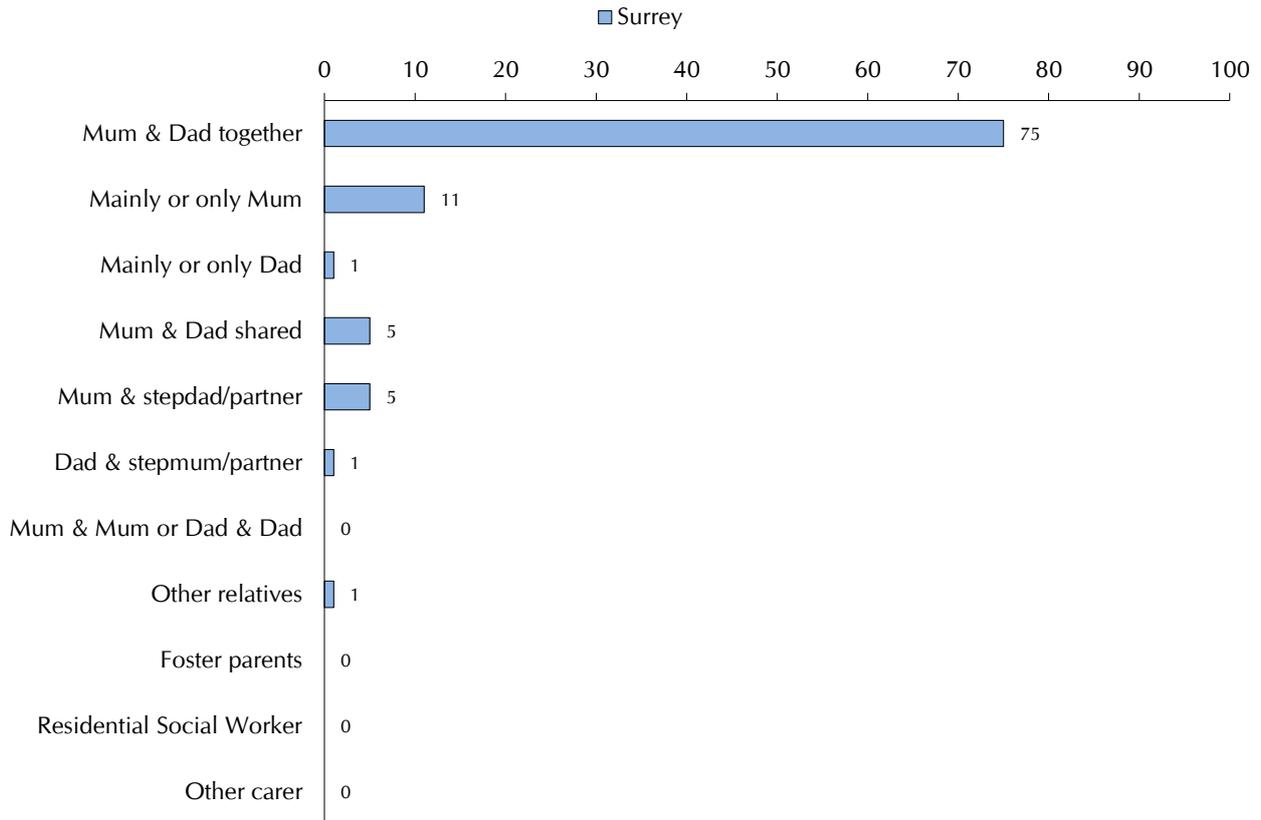
83% of pupils said they speak English most of the time at home, while 3% said they speak another language/languages and 14% said they speak both English and another language.

Q4. Percentage answering that they speak English most of the time at home.

	Surrey	
	Yr 8	Yr 10
Boys	84	85
Girls	82	85

Home life

Q5. Which adults do you live with?



75% of pupils responded that they live with their Mum and Dad together.

Q5. Percentage answering that they live with their Mum and Dad together.

	Surrey	
	Yr 8	Yr 10
Boys	75	75
Girls	75	74

11% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

Q5. Percentage answering that they live 'mainly or only' with their Mum.

	Surrey	
	Yr 8	Yr 10
Boys	11	11
Girls	12	11

Special needs

1% of pupils responded that someone helped them to fill in the questionnaire, while 1% said they are 'not sure' if someone helped them and 1% didn't want to say.

2% of pupils responded that they are disabled, while 5% said they are 'not sure' if they are and 1% didn't want to say.

12% of pupils responded that they have a long-standing illness, while 8% said they are 'not sure' if they have and 1% didn't want to say.

12% of pupils responded that they have a special educational need or a learning difficulty, while 14% said they are 'not sure' if they have and 1% didn't want to say.

22% of pupils responded that they are disabled or have a long-standing illness, special educational need or a learning difficulty.

9% of pupils responded that they have additional needs which are properly looked after in school, while 5% said they are 'not sure' if they are and 4% don't have any needs like that.

This works out as 47% of the 590 pupils with additional needs responding that their needs are properly looked after.

Q6. Percentage answering that someone helped them to fill in the questionnaire.

	Surrey	
	Yr 8	Yr 10
Boys	1	1
Girls	1	1

Q7. Percentage answering that they are disabled.

	Surrey	
	Yr 8	Yr 10
Boys	1	3
Girls	1	2

Q8. Percentage answering that they have a long-standing illness.

	Surrey	
	Yr 8	Yr 10
Boys	12	11
Girls	10	12

Q9. Percentage answering that they have a special educational need or a learning difficulty.

	Surrey	
	Yr 8	Yr 10
Boys	13	11
Girls	11	11

Q7-9. Percentage answering that they are disabled or have a long-standing illness, special educational need or a learning difficulty.

	Surrey	
	Yr 8	Yr 10
Boys	24	22
Girls	19	21

Q10. Percentage answering that they have additional needs which are looked after properly in school.

	Surrey	
	Yr 8	Yr 10
Boys	10	9
Girls	8	8

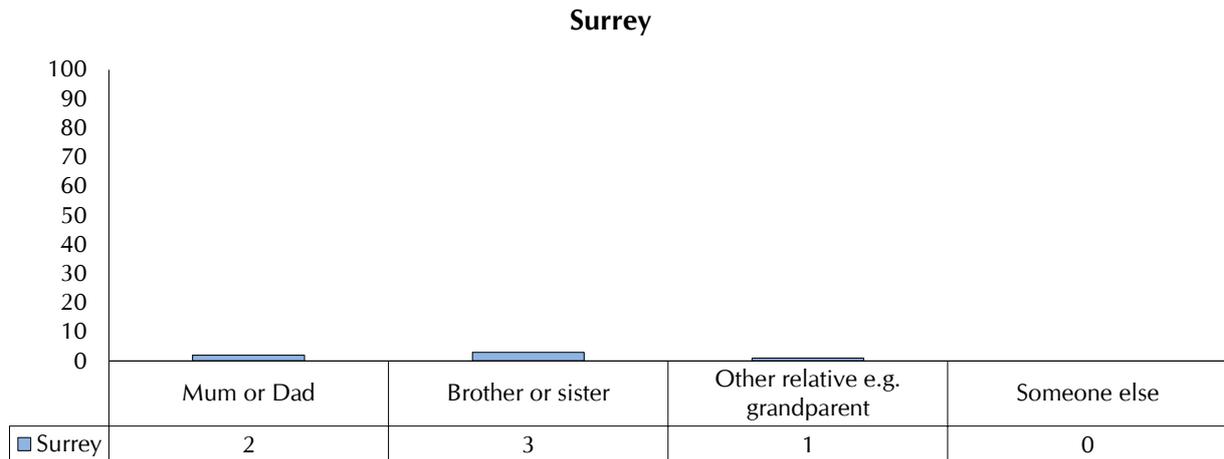
Young carers

5% of pupils responded that they are a 'young carer', while 5% said they are 'not sure' if they are and 1% didn't want to say.

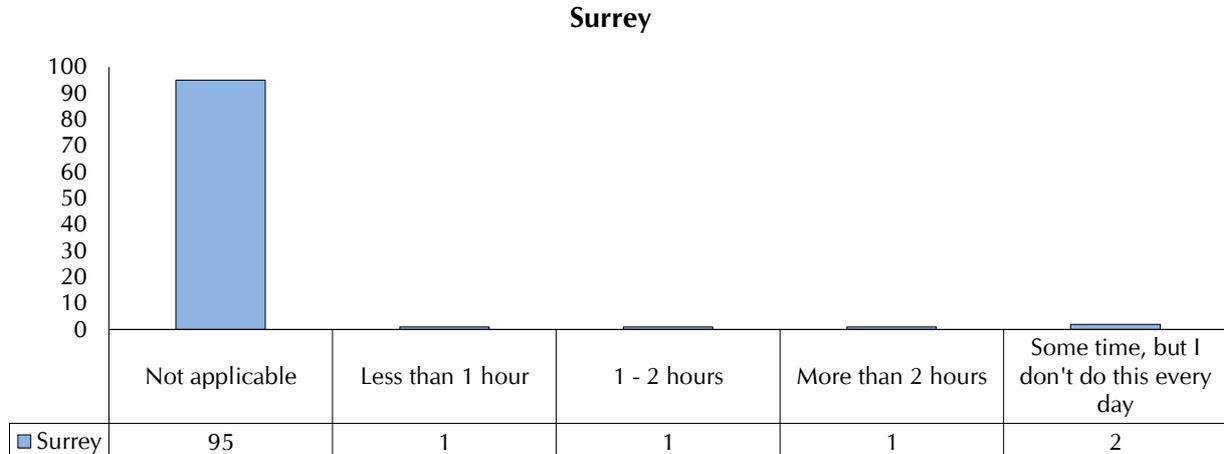
Q11a. Percentage answering that they are a 'young carer'.

	Surrey	
	Yr 8	Yr 10
Boys	5	4
Girls	7	5

Q11b. If you are a 'young carer', who do you look after?



Q11c. If you are a 'young carer', how much of your time does it take up each day?



2% of pupils responded that being a young carer takes up at least an hour of their time each day, while 1% said it takes up less than an hour.

Q11c. Percentage answering that being a young carer takes up at least an hour of their time each day.

	Surrey	
	Yr 8	Yr 10
Boys	2	2
Girls	3	2

Armed forces

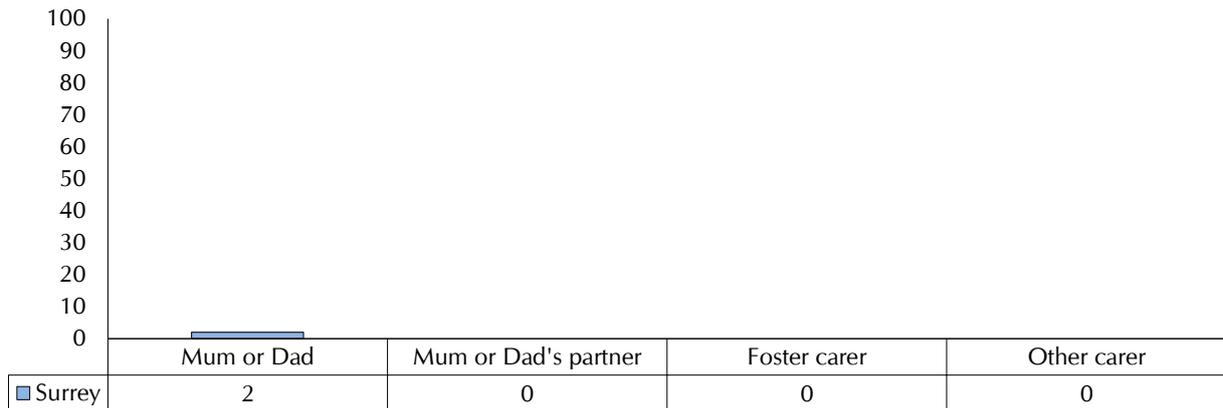
2% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 3% said they are 'not sure' if they do and 0% didn't want to say.

Q12a. Percentage answering that they have a parent/carer who is in the armed forces.

	Surrey	
	Yr 8	Yr 10
Boys	2	2
Girls	2	3

Q12b. If yes, who is it?

Surrey



2% of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 0% said their Mum or Dad's partner is.

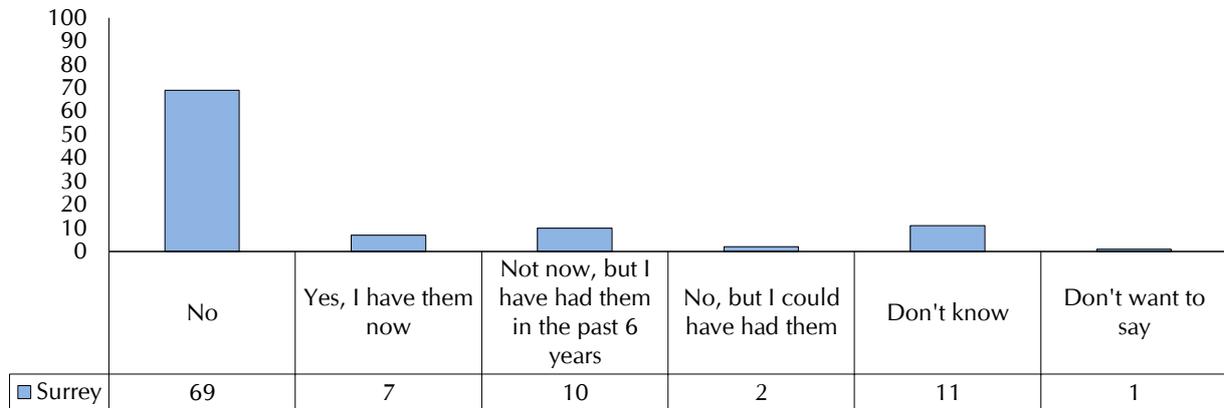
Q12b. Percentage answering that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves.

	Surrey	
	Yr 8	Yr 10
Boys	2	2
Girls	2	3

Free school meals

Q13. In the last 6 years have you ever had free school meals, or vouchers for free meals?

Surrey



7% of pupils responded that they currently have free school meals, while 10% said they have had them in the last 6 years and 2% said they could have them.

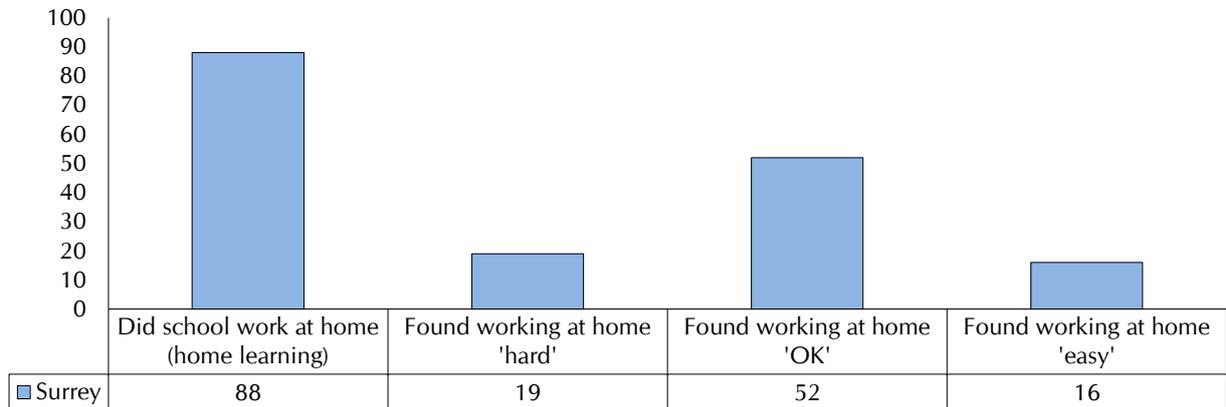
Q13. Percentage answering that they currently have free school meals.

	Surrey	
	Yr 8	Yr 10
Boys	7	7
Girls	8	5

Working from home

Q15-16. Experience of working at home:

Surrey



88% of pupils said they did school work at home (home learning) if they were not at school during COVID-19 and lockdown.

Q15. Percentage answering that they did school work at home if they were not at school during COVID-19 and lockdown.

	Surrey	
	Yr 8	Yr 10
Boys	90	84
Girls	90	87

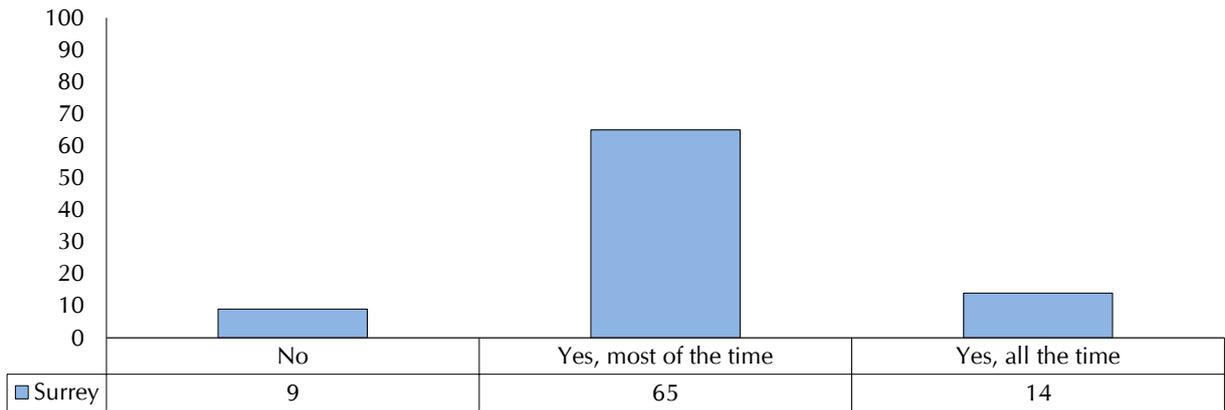
19% of pupils said they did school work at home (home learning) during COVID-19 and lockdown and found it 'hard', while 16% said they found it 'easy'.

Q16. Percentage answering that they did school work at home during COVID-19 and lockdown and found it 'hard'.

	Surrey	
	Yr 8	Yr 10
Boys	16	19
Girls	18	25

Q17. Could you find and use the files your school provided for you to work at home?

Surrey



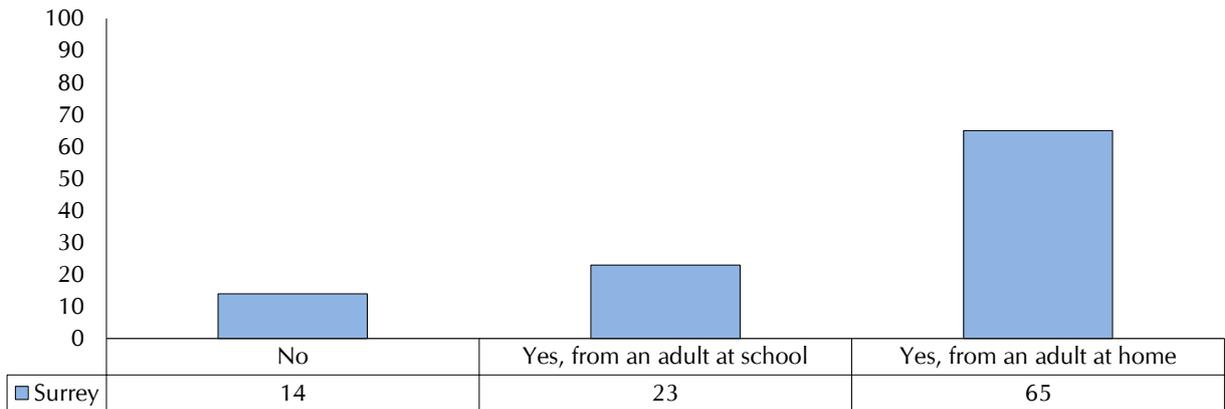
79% of pupils said they could find and use the files their school provided for them to work at home at least ‘most of the time’; 14% said they could ‘all the time’.

Q17. Percentage answering that they could find and use the files their school provided for them to work at home at least ‘most of the time’.

	Surrey	
	Yr 8	Yr 10
Boys	79	76
Girls	80	81

Q18. Could you get help easily enough for learning at home if you got stuck?

Surrey



14% of pupils said they were unable to get help easily enough for learning at home if they got stuck, while 23% said they could get help from an adult at school and 65% said they could get help from an adult at home.

Q17. Percentage answering that they were unable to get help easily for learning at home if they got stuck.

	Surrey	
	Yr 8	Yr 10
Boys	12	13
Girls	11	20

Healthy Eating

Control over health

90% of pupils agreed with at least one statement about being in control of their health (Q19a&c).

Q19. Percentage agreeing with statements Q19a and/or Q19c.

	Surrey	
	Yr 8	Yr 10
Boys	94	94
Girls	89	88

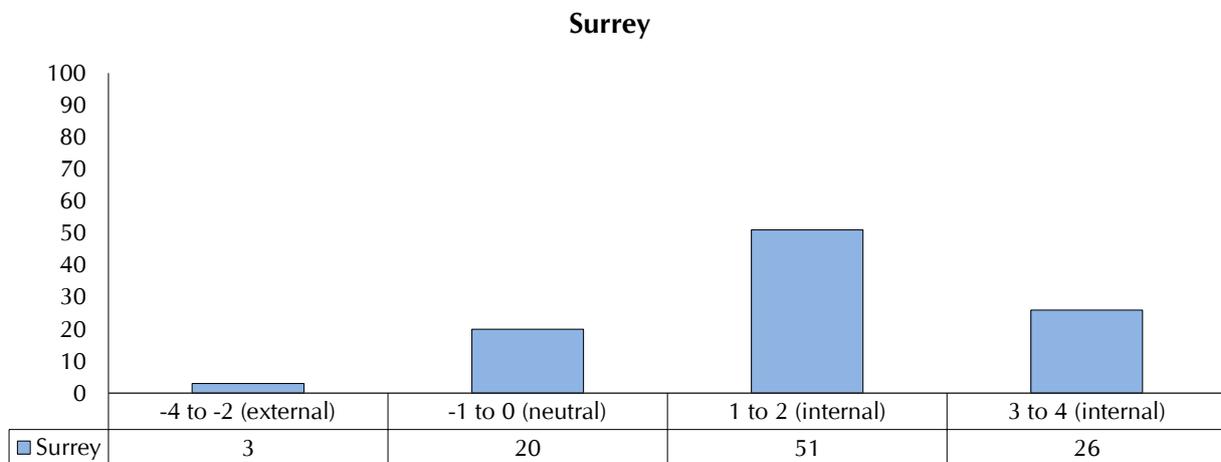
54% of pupils agreed with at least one statement saying that they weren't in control of their health (Q19b&d).

Q19. Percentage agreeing with statements Q19b and/or Q19d.

	Surrey	
	Yr 8	Yr 10
Boys	51	51
Girls	54	62

For an overall 'control' score SHEU add together the scores for the two 'controlling' items (a + c) and take away the score for the two 'chance' items (b + d). This gives a score, in the jargon, of 'health locus of control', whether a person sees themselves as being generally in control of their health or not. If not then this fatalism may make health warnings irrelevant.

Q19. Aggregate health locus of control score:



74% of pupils responded that they are in charge of their health, while 49% said that even if they look after themselves, they can still easily fall ill.

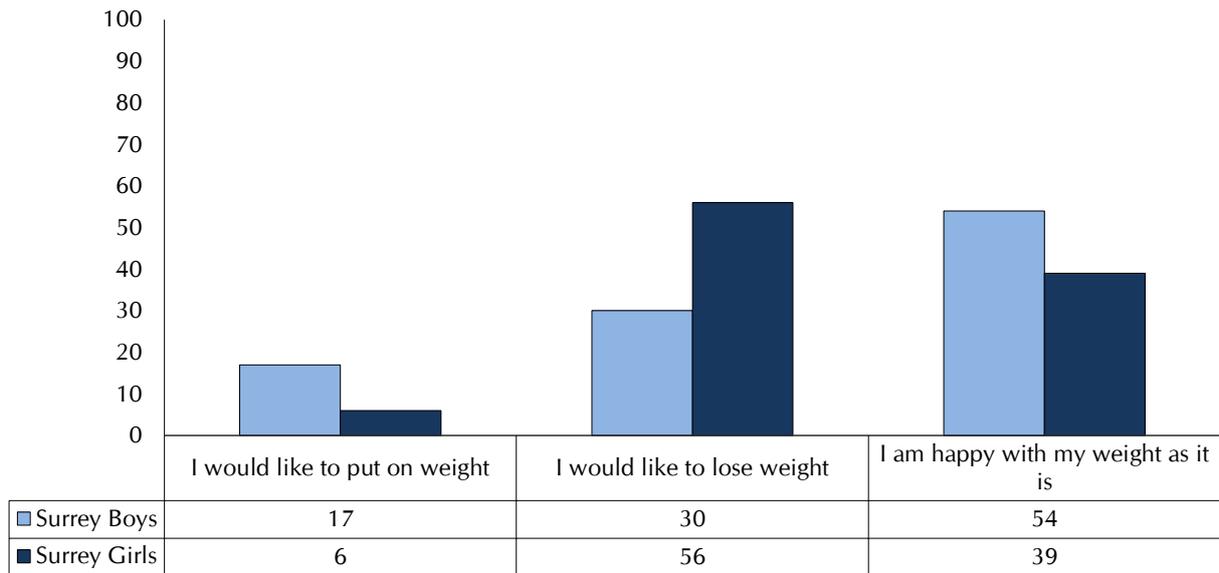
Q19. Percentage of pupils responding that they 'agree' with the following statements:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
a. "I am in charge of my health."	78	68	80	74	74
b. "If I keep healthy, I've just been lucky."	9	12	13	13	12
c. "If I take care of myself I'll stay healthy."	82	75	83	71	77
d. "Even if I look after myself I can still easily fall ill."	46	48	45	56	49
e. "I think I'm healthy but I don't make much effort."*	29	31	35	40	33

*This item does not contribute to the calculation of the health locus of control.

Weight & appearance

Q21. Weight: Which statement describes you best?



11% of pupils responded that they would like to put on weight.

Q21. Percentage answering that they would like to put on weight.

	Surrey	
	Yr 8	Yr 10
Boys	12	23
Girls	5	6

43% of pupils responded that they would like to lose weight.

Q21. Percentage answering that they would like to lose weight.

	Surrey	
	Yr 8	Yr 10
Boys	30	29
Girls	54	58

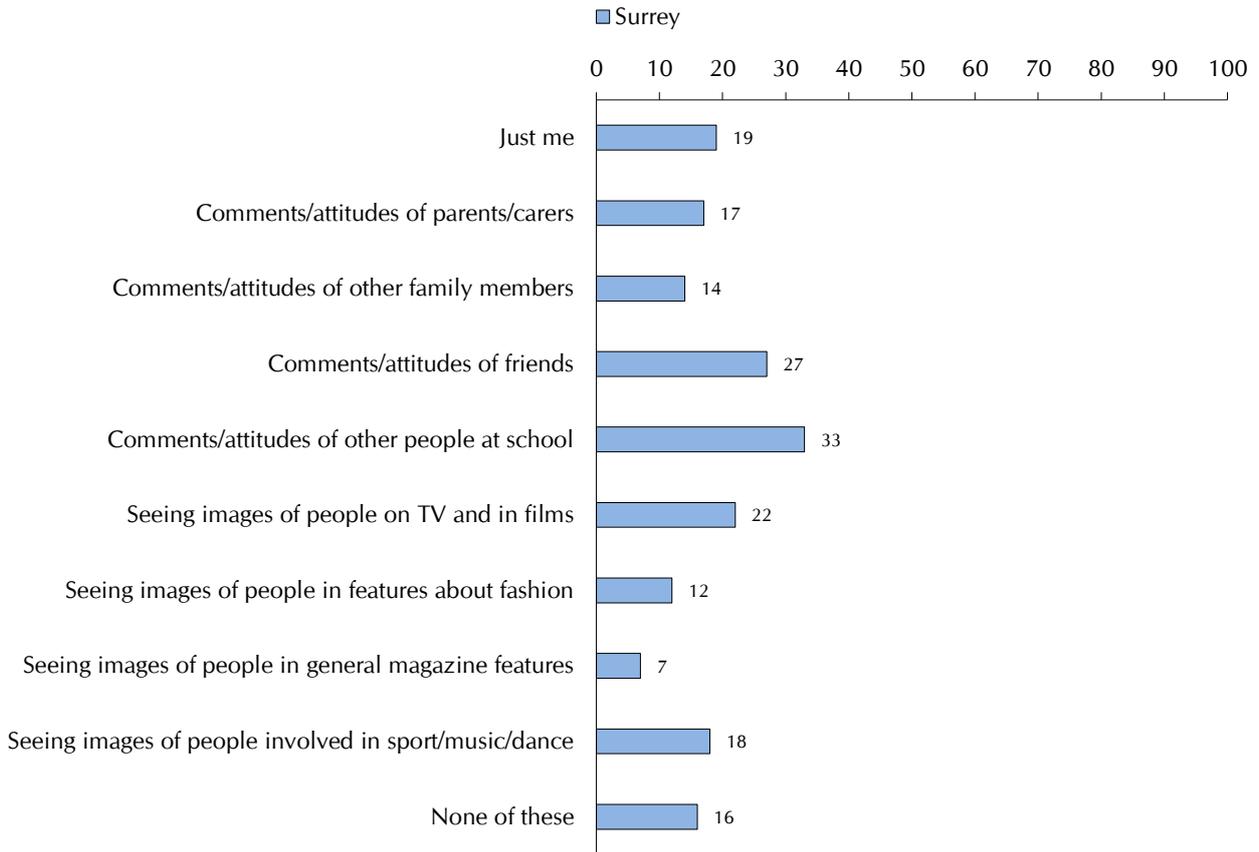
46% of pupils responded that they are happy with their weight as it is.

Q21. Percentage answering that they are happy with their weight as it is.

	Surrey	
	Yr 8	Yr 10
Boys	58	49
Girls	41	35

19% of pupils responded that they are the main thing that affects the way they feel about their appearance, while 33% said that the comments/attitudes of other people at school affect them.

Q22. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance:



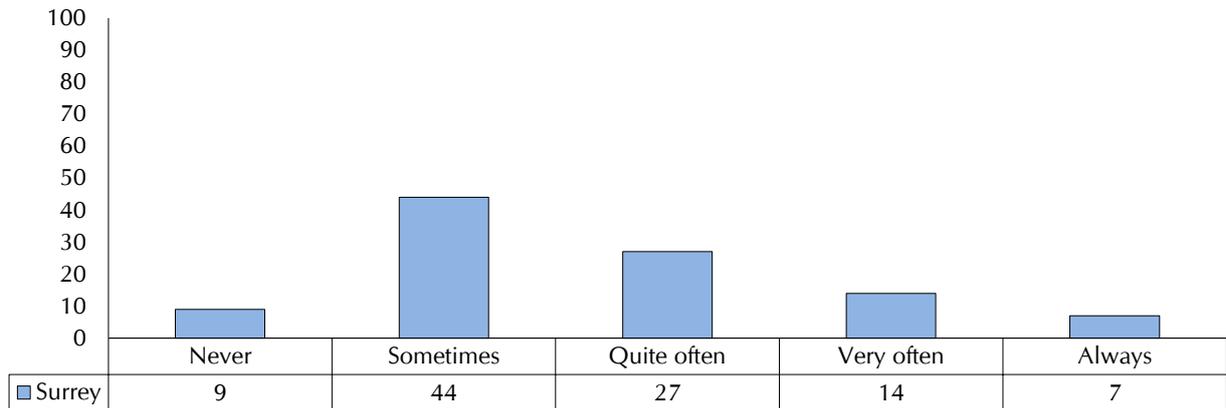
Q22. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance (top 5):

Boys			Girls		
1	Just me	26	1	Comments/attitudes of other people at school	44
2	Comments/attitudes of friends	26	2	Seeing images of people on TV and in films	35
3	Comments/attitudes of other people at school	23	3	Comments/attitudes of friends	29
4	Comments/attitudes of parents/carers	13	4	Seeing images of people involved in sport/music/dance	24
5	Seeing images of people involved in sport/music/dance	11	5	Seeing images of people in features about fashion	23

Healthy choices

Q23. When choosing what to eat, do you consider your health?

Surrey



53% of boys and 52% of girls responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.

Q23. Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.

	Surrey	
	Yr 8	Yr 10
Boys	52	53
Girls	50	53

19% of boys and 22% of girls responded that they 'very often' or 'always' consider their health when choosing what to eat.

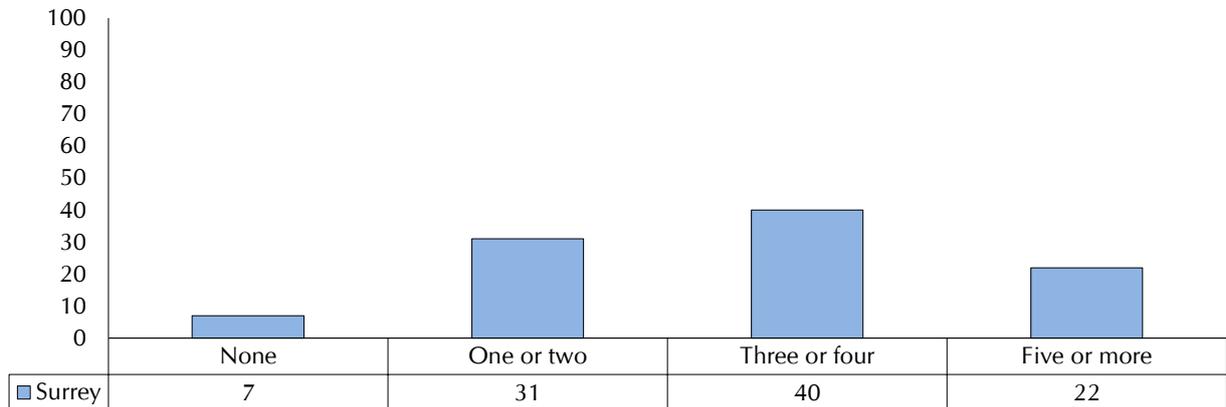
Q23. Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.

	Surrey	
	Yr 8	Yr 10
Boys	20	19
Girls	22	20

5-a-day

Q24. How many portions of fruit and vegetables did you eat yesterday?

Surrey



7% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q24. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	5	9
Girls	5	9

22% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Q24. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	25	24
Girls	21	19

Lunch

Q25. What did you do for lunch yesterday?

Surrey



44% of pupils responded that they had school food for lunch on the day before the survey.

Q25. Percentage answering that they had school food for lunch on the day before the survey.

Surrey

	Yr 8	Yr 10
Boys	50	44
Girls	46	35

14% of pupils responded that they didn't have any lunch on the day before the survey.

Q25. Percentage answering that they didn't have any lunch on the day before the survey.

Surrey

	Yr 8	Yr 10
Boys	9	9
Girls	15	25

77% of pupils responded that the place where they can get a school lunch is crowded and 61% said it is busy.

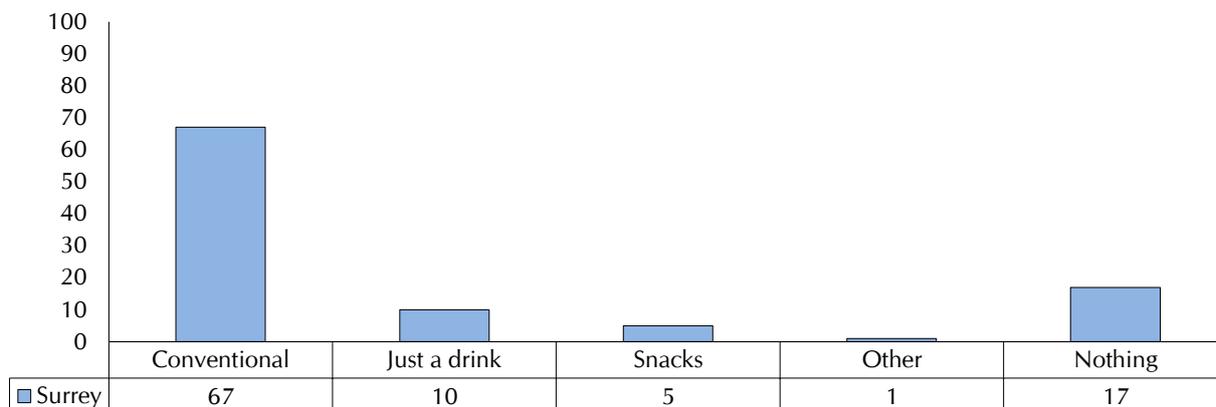
Q26. Percentage of pupils responding that they would describe the place where they can get a school lunch as the following:

Boys			Girls		
1	Crowded	74	1	Crowded	80
2	Busy	56	2	Busy	66
3	Rushed	42	3	Rushed	51
4	Friendly	15	4	Friendly	17
5	Happy	15	5	Smelly	13
6	Smelly	13	6	Happy	11
7	Safe	9	7	Safe	8
8	Relaxed	6	8	Relaxed	4

Breakfast

Q27. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:

Surrey



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; porridge; toast, bread or bagels; cooked breakfast; fruit; yoghurt or a breakfast bar. Only snacks means: chocolate bar or sweets; biscuits, cakes or croissants or crisp-type snack but not conventional breakfast.

17% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.

Q27. Percentage answering that they didn't have anything to eat or drink before lessons on the day of the survey.

Surrey

	Yr 8	Yr 10
Boys	11	19
Girls	18	23

10% of pupils responded that they only had a drink before lessons on the day of the survey.

Q27. Percentage answering that they only had a drink before lessons on the day of the survey.

Surrey

	Yr 8	Yr 10
Boys	7	9
Girls	12	14

22% of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 13% had fruit.

Q27. Percentage of pupils responding that they had the following to eat for breakfast on the day of the survey (top 5):

Boys			Girls		
1	Cereals (not sugary/porridge)	32	1	Toast, bread or bagels	22
2	Toast, bread or bagels	22	2	Cereals (not sugary/porridge)	20
3	Fruit	13	3	Fruit	12
4	Cooked breakfast	9	4	Cooked breakfast	6
5	Sugar-coated cereals	6	5	Biscuits/cakes/croissants	6

Q27. Percentage of pupils responding that they had the following to drink for breakfast on the day of the survey:

Boys			Girls		
1	Other drink	29	1	Other drink	33
2	Tea/ice tea	8	2	Tea/ice tea	6
3	Coffee/cappuccino	3	3	Coffee/cappuccino	5
4	Energy drink (e.g. Red Bull, Relentless)	3	4	Energy drink (e.g. Red Bull, Relentless)	4
5	Hot chocolate	3	5	Hot chocolate	1

Food & drink

58% of pupils responded that they eat fresh fruit 'on most days'; 64% said the same for vegetables.

Q28. Percentage of pupils responding that they eat or drink the following 'on most days' (top 10):

Boys			Girls		
1	Water	92	1	Water	89
2	Vegetables	62	2	Vegetables	66
3	Fresh fruit	56	3	Fresh fruit	61
4	Milk	54	4	Milk	33
5	Crisps	31	5	Sweets, chocolate, choc bars	30
6	Sweets, chocolate, choc bars	30	6	Crisps	29
7	Cheese	25	7	Cheese	24
8	Salads	20	8	Salads	23
9	Tea/ice tea	16	9	Tea/ice tea	17
10	Pulses (peas, beans lentils)	14	10	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	13

31% of pupils responded that they 'rarely or never' eat fish/fish fingers.

Q28. Percentage of pupils responding that they 'rarely or never' eat or drink the following (top 10):

Boys			Girls		
1	Coffee/cappuccino	73	1	Energy drinks (e.g. Red Bull, Relentless)	69
2	Energy drinks (e.g. Red Bull, Relentless)	64	2	Coffee/cappuccino	68
3	Hot chocolate	50	3	Hot chocolate	51
4	Tea/ice tea	47	4	'Diet' (low calorie) drinks	51
5	'Diet' (low calorie) drinks	41	5	Tea/ice tea	46
6	Takeaways (e.g. burgers, pizza)	30	6	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	41
7	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	29	7	Any fish/fish fingers	37
8	Any fish/fish fingers	25	8	Takeaways (e.g. burgers, pizza)	32
9	Salads	23	9	Milk	26
10	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	21	10	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	26

Alcohol, Smoking & Drugs

Peer perception

Q29. How many people of your age, do you believe...?

	None or just a few (0-10%)	Some (10-30%)	Many (30-50%)	Most of them (50-90%)	All or nearly all (90-100%)
...drank alcohol in the last 7 days?	55	24	13	6	2
...have been drunk at least once in the last 7 days?	68	21	7	4	1
...have smoked a cigarette in the last 7 days?	62	22	11	4	1
...have taken cannabis in the last 7 days?	77	16	4	2	1

8% of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 55% said 'none or just a few' did.

In Surrey, 'none or just a few' Year 8, and 'some' Year 10 pupils reported drinking alcohol last week.

5% of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 68% said 'none or just a few' were.

In Surrey, 'none or just a few' Year 8/10 pupils reported getting drunk last week.

5% of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 62% said 'none or just a few' did.

In Surrey, 'none or just a few' Year 8/10 pupils reported smoking last week.

3% of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 77% said 'none or just a few' did.

In Surrey, 'none or just a few' Year 8/10 pupils reported using cannabis last month.

Q29a. Percentage answering that they believe at least 'most' people their age drank alcohol in the week before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	2	11
Girls	3	17

Q29b. Percentage answering that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	2	6
Girls	2	9

Q29c. Percentage answering that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	2	7
Girls	4	10

Q29d. Percentage answering that they believe at least 'most' people their age took cannabis in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	1	4
Girls	1	5

Alcohol

13% of pupils responded that they had an alcoholic drink in the 7 days before the survey.

Q30. Percentage answering that they had an alcoholic drink in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	7	21
Girls	5	22

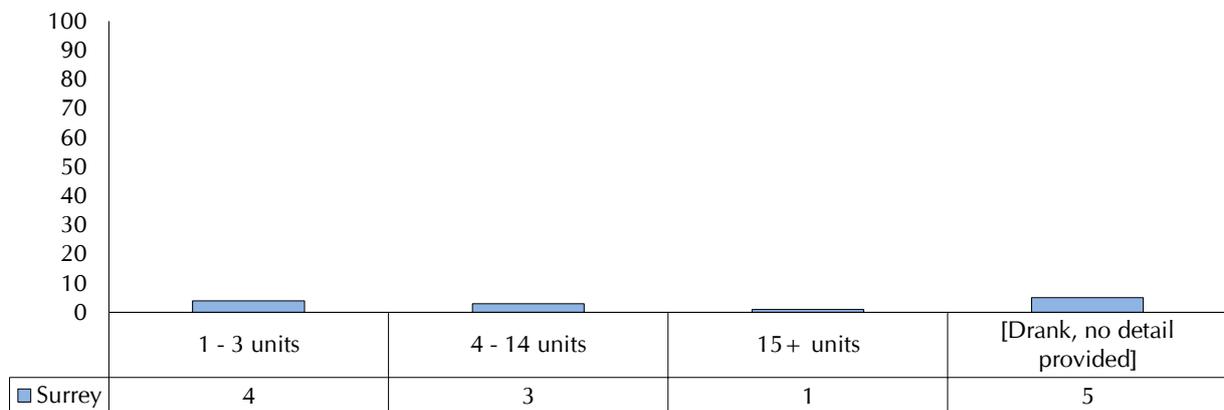
3% of pupils responded that they were drunk in the 7 days before the survey.

Q31. Percentage answering that they were drunk in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	0	7
Girls	1	7

Q32. Total units of alcohol pupils reported drinking in the 7 days before the survey:

Surrey



1% of boys and 0% of girls drank over 14 units of alcohol in the 7 days before the survey.

Q32. Percentage answering that they drank over 14 units of alcohol in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	0	2
Girls	0	1

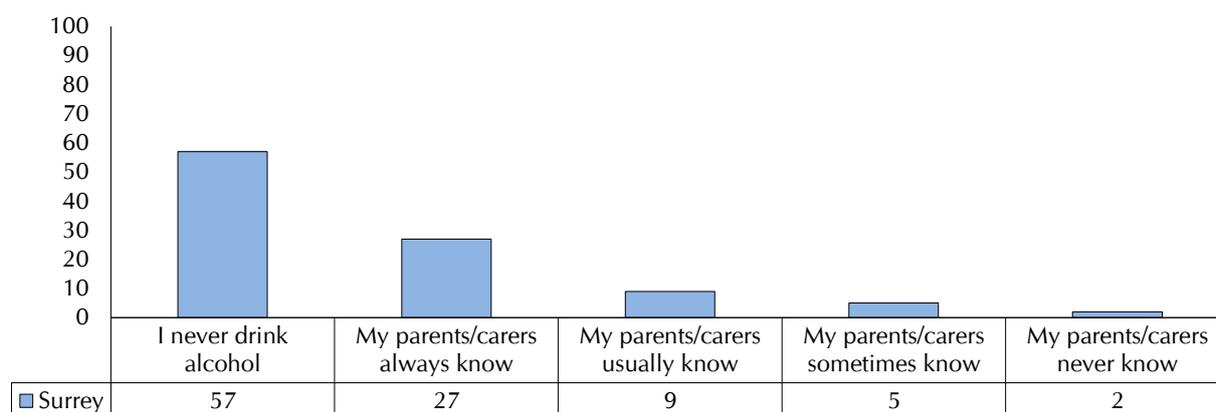
3% of pupils responded that they drank beer or lager in the 7 days before the survey and 4% said they drank spirits.

Q32. Most popular alcoholic drinks in the 7 days before the survey (top 5):

Boys			Girls		
1	Beer or lager	5	1	Spirits	4
2	Cider	3	2	Pre-mixed drinks	3
3	Spirits	3	3	Cider	2
4	Pre-mixed drinks	2	4	Shooters/shots/jelly	2
5	Wine	2	5	Beer or lager	2

Q33. If you ever drink alcohol, do your parents/carers know?

Surrey



57% of pupils responded that they 'never' drink alcohol.

27% of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 9% said their parents/carers 'usually' know.

This works out as 62% of those who drink alcohol responding that their parents 'always know'.

7% of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

Q33. Percentage answering that they never drink alcohol.

	Surrey	
	Yr 8	Yr 10
Boys	69	45
Girls	67	39

Q33. Percentage answering that if they ever drink alcohol, their parents/carers 'always' know.

	Surrey	
	Yr 8	Yr 10
Boys	24	31
Girls	24	30

Q33. Percentage answering that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

	Surrey	
	Yr 8	Yr 10
Boys	3	11
Girls	4	14

Alcohol & drug information

46% of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 21% said they wouldn't know where to go.

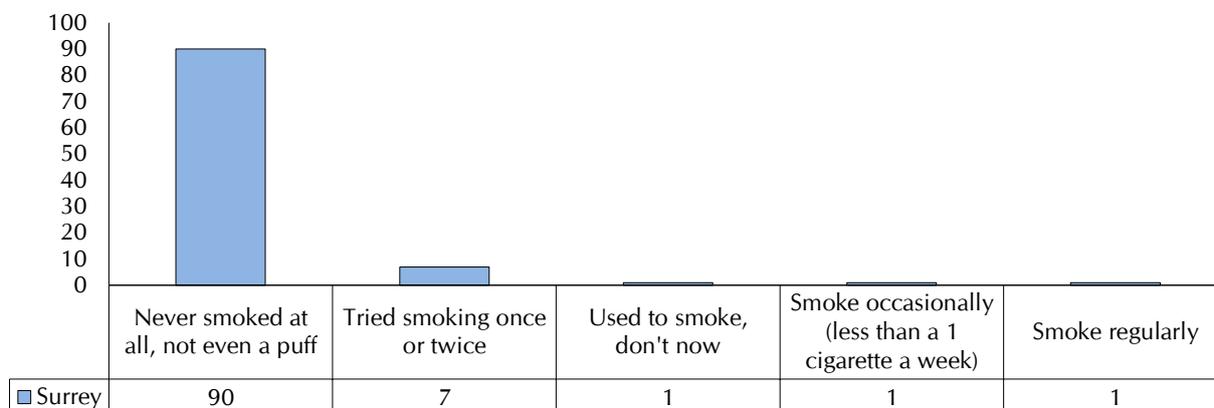
Q34. Percentage answering that they would know where to go if they wanted information or support about alcohol or drugs.

	Surrey	
	Yr 8	Yr 10
Boys	49	50
Girls	44	42

Smoking

Q35. Smoking: Which statement describes you best?

Surrey



10% of pupils responded that they have smoked in the past or smoke now.

Q35. Percentage answering that they have smoked in the past or smoke now.

	Surrey	
	Yr 8	Yr 10
Boys	4	14
Girls	6	17

1% of pupils responded that they smoke 'regularly'.

Q35. Percentage answering that they smoke 'regularly'

Of the 22 pupils who smoke regularly, 36% said they would like to give up.

	Surrey	
	Yr 8	Yr 10
Boys	0	1
Girls	0	1

2% of pupils responded that they have smoked in the 7 days before the survey.

Q36. Percentage answering that they have smoked in the 7 days before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	0	3
Girls	1	3

1% of pupils responded that they have bought cigarettes with health warnings in a different language.

Q37. Percentage of pupils responding that they have bought the following:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Cigarettes with health warnings in a different language	0	0	2	1	1
Fake cigarettes (counterfeit)	0	0	0	0	0
Single cigarettes (not in packets)	0	0	1	1	0
Cigarettes from other sellers (e.g. neighbours, market stalls etc.)	0	0	1	1	1
Adults (aged 18 and over) have bought cigarettes for me	0	1	2	1	1

20% of pupils responded that their parents/carers smoke.

Q38a. Percentage answering that their parents/carers smoke.

	Surrey	
	Yr 8	Yr 10
Boys	21	18
Girls	20	20

5% of pupils responded that someone smokes indoors at home in rooms that they use.

Q38b. Percentage answering that someone smokes indoors at home in rooms that they use.

	Surrey	
	Yr 8	Yr 10
Boys	5	5
Girls	5	6

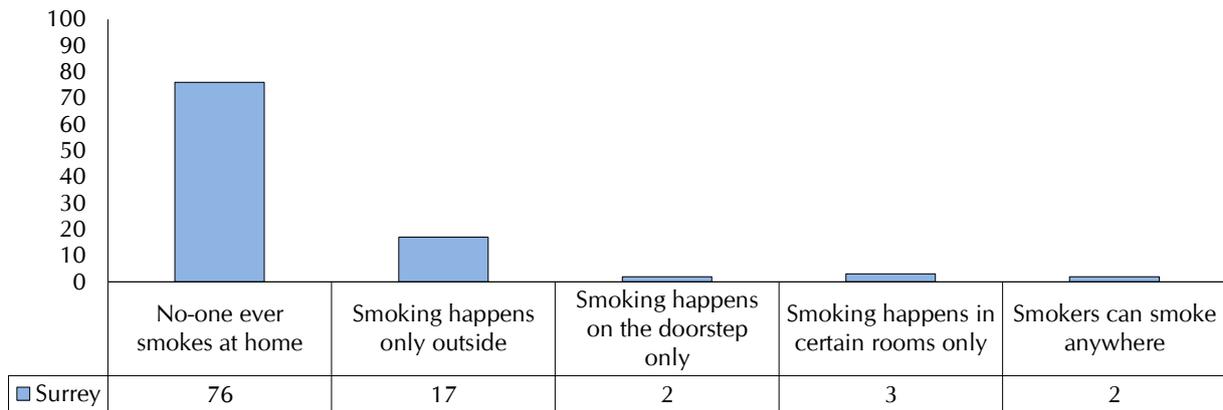
6% of pupils responded that someone smokes in a car when they are in it too.

Q38c. Percentage answering that someone smokes in a car when they are in it too.

	Surrey	
	Yr 8	Yr 10
Boys	5	5
Girls	5	9

Q39. Thinking about smoking at home, what best describes what happens in your home?

Surrey



76% of pupils responded that no-one ever smokes at home.

Q39. Percentage answering that no-one ever smokes at home.

	Surrey	
	Yr 8	Yr 10
Boys	76	77
Girls	75	74

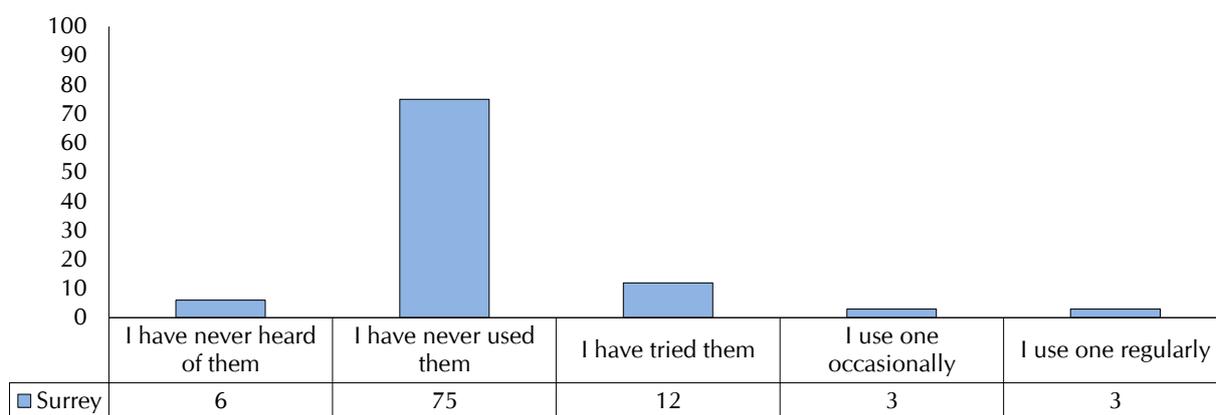
2% of pupils responded that smokers can smoke anywhere in their home, while 3% said people can smoke in certain rooms only.

Q39. Percentage answering that smokers can smoke anywhere in their home.

	Surrey	
	Yr 8	Yr 10
Boys	2	1
Girls	2	2

Q40. What do you know about electronic cigarettes or 'e-cigarettes'?

Surrey



6% of pupils responded that they have 'never heard of' electronic cigarettes, while 75% said they have never used them.

Q40. Percentage answering that they have either 'never heard of' or 'never used' electronic cigarettes.

	Surrey	
	Yr 8	Yr 10
Boys	90	77
Girls	88	66

6% of pupils responded that they use an electronic cigarette 'occasionally' or 'regularly'.

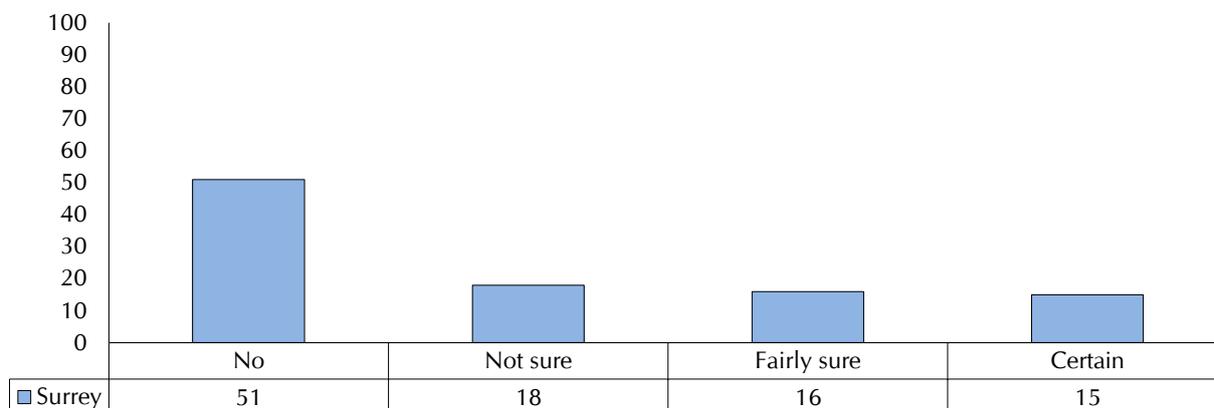
Q40. Percentage answering that they use an electronic cigarette 'occasionally' or 'regularly'.

	Surrey	
	Yr 8	Yr 10
Boys	2	9
Girls	3	14

Drugs

Q41. Do you know anyone personally who you think takes any drugs to get high (not medicines, tobacco or alcohol)?

Surrey



21% of Year 8 pupils and 45% of Year 10 pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.

Q41. Percentage answering that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.

Surrey

	Yr 8	Yr 10
Boys	20	44
Girls	21	45

5% of Year 8 pupils and 25% of Year 10 pupils responded that they have been offered cannabis.

Q42. Percentage answering that they have been offered cannabis.

Surrey

	Yr 8	Yr 10
Boys	6	26
Girls	3	24

5% of Year 8 pupils and 20% of Year 10 pupils responded that they have been offered other drugs to get high (not cannabis).

Q43. Percentage answering that they have been offered other drugs to get high (not cannabis).

Surrey

	Yr 8	Yr 10
Boys	6	19
Girls	5	19

2% of Year 8 pupils and 10% of Year 10 pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).

Q44. Percentage answering that they have taken drugs to get high (not medicines, tobacco or alcohol).

Surrey

	Yr 8	Yr 10
Boys	1	11
Girls	2	9

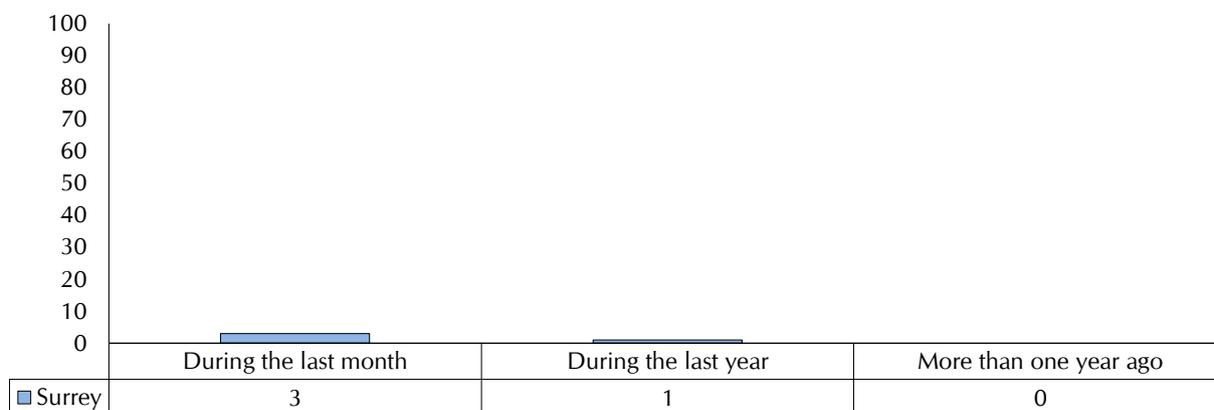
Q45. Summary of some common recreational drugs:

Year 8	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	0	0	0
Cannabis	1	1	1
Ecstasy	0	0	0
Cocaine	0	0	0
Synthetic hallucinogens	0	0	0
Nitrous oxide	0	0	0
Poppers	0	0	0
Solvents used as drugs	0	0	0
New Psychoactive Substances	0	0	0

Year 10	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	0	0	0
Cannabis	5	7	8
Ecstasy	0	1	1
Cocaine	0	0	0
Synthetic hallucinogens	0	0	0
Nitrous oxide	1	1	2
Poppers	0	0	0
Solvents used as drugs	1	1	1
New Psychoactive Substances	1	1	1

Q45. Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:

Surrey



1% of Year 8 pupils and 5% of Year 10 pupils responded that they have taken at least one of the drugs listed during the last month.

Q45. Percentage answering that they have taken one of the drugs listed during the last month.

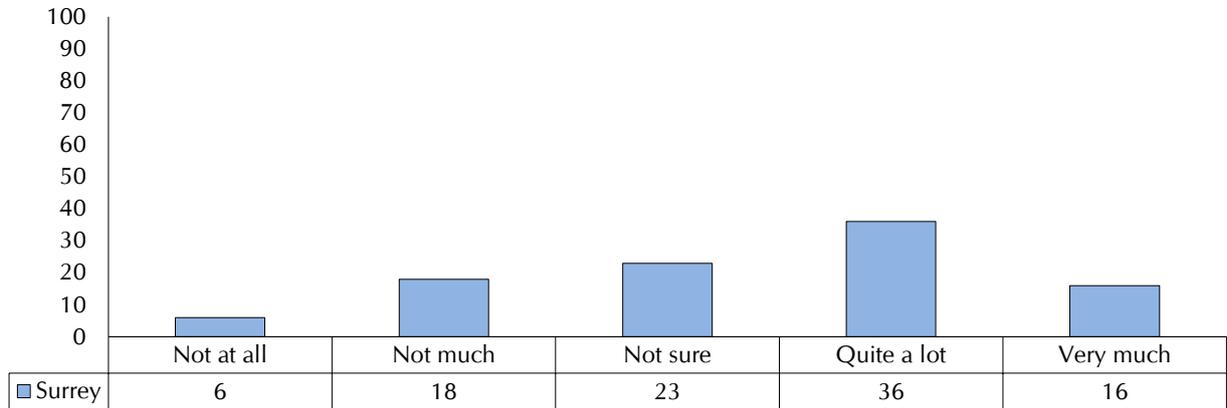
	Surrey	
	Yr 8	Yr 10
Boys	1	6
Girls	1	4

Emotional Health & Well-being

Satisfaction

Q46. In general, how happy do you feel with your life at the moment?

Surrey



3% of boys and 9% of girls responded that they are 'not at all' happy with their life at the moment.

Q46. Percentage answering that they are 'not at all' happy with their life at the moment.

	Surrey	
	Yr 8	Yr 10
Boys	2	4
Girls	7	11

65% of boys and 42% of girls responded that they are at least 'quite' happy with their life at the moment.

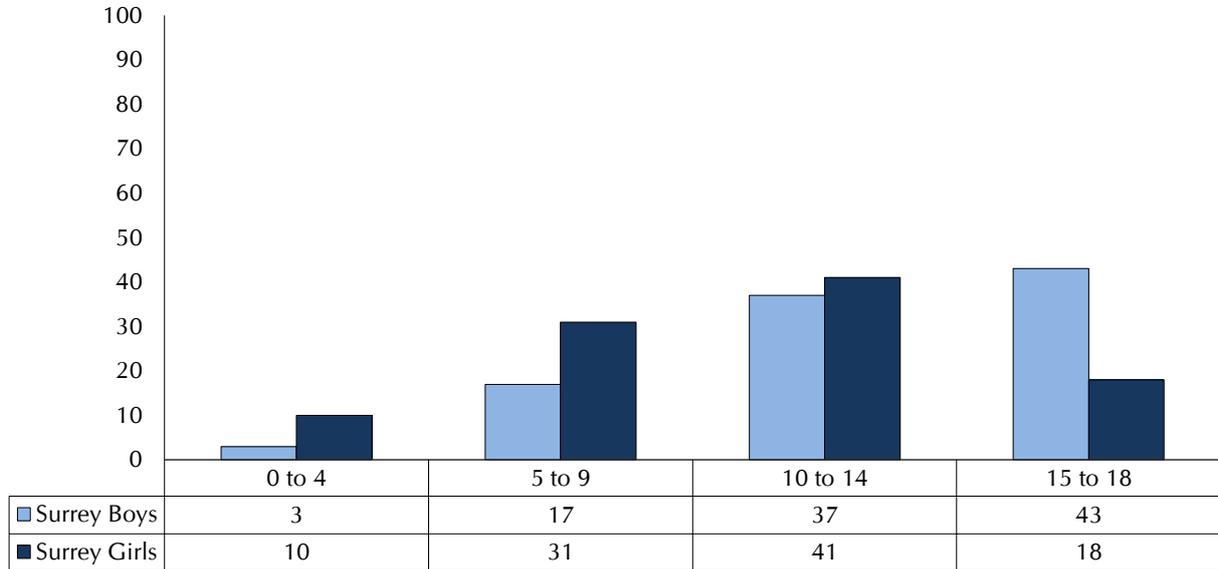
Q46. Percentage answering that they are at least 'quite' happy with their life at the moment.

	Surrey	
	Yr 8	Yr 10
Boys	70	58
Girls	47	35

Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem are:

Q47. Composite self-esteem score:



32% of pupils had a med-low self-esteem score (9 or less).

Q47. Percentage with a med-low self-esteem score (9 or less).

	Surrey	
	Yr 8	Yr 10
Boys	19	21
Girls	40	41

30% of pupils had a high self-esteem score (15 or more).

Q47. Percentage with a high self-esteem score (15 or more).

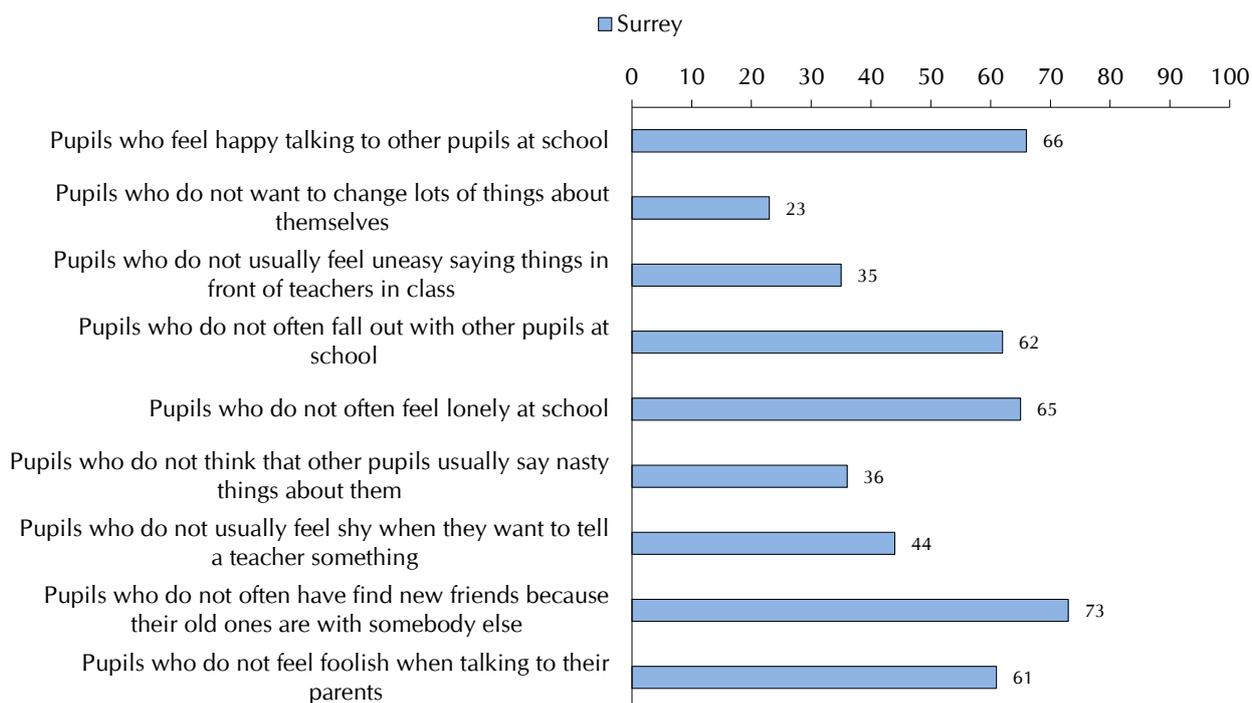
	Surrey	
	Yr 8	Yr 10
Boys	44	43
Girls	19	16

66% of pupils responded that they feel happy talking to other pupils at school.

Q47. (Individual self-esteem items) Percentage in each group giving a high esteem response:

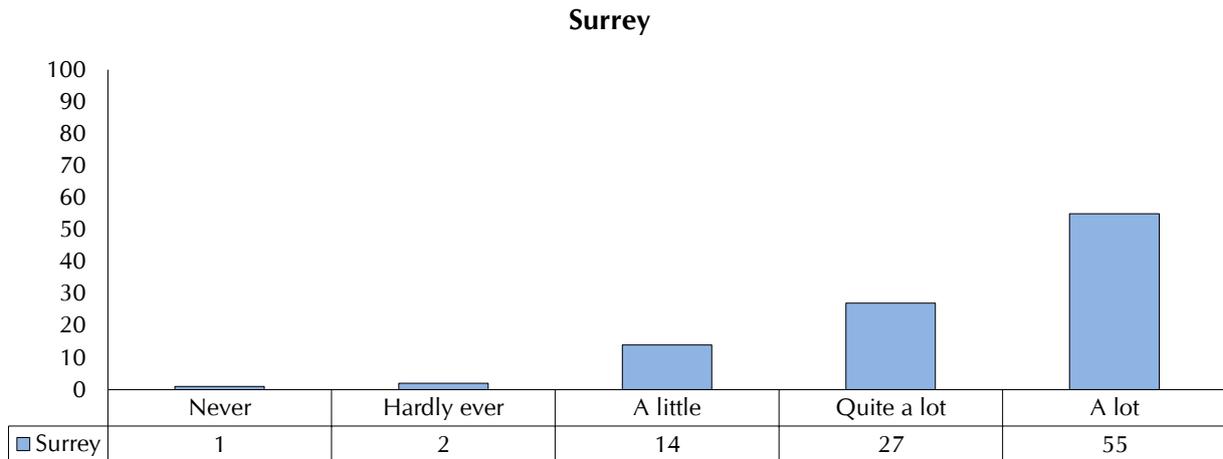
	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	76	61	75	56	66
Pupils who do not want to change lots of things about themselves	33	18	29	13	23
Pupils who do not usually feel uneasy saying things in front of teachers in class	46	25	47	22	35
Pupils who do not often fall out with other pupils at school	64	51	71	66	62
Pupils who do not often feel lonely at school	78	58	73	54	65
Pupils who do not think that other pupils usually say nasty things about them	44	29	46	31	36
Pupils who do not usually feel shy when they want to tell a teacher something	59	32	59	31	44
Pupils who do not often have find new friends because their old ones are with somebody else	81	65	79	68	73
Pupils who do not feel foolish when talking to their parents/carers	72	57	69	53	61

Q47. (Individual self-esteem items) Percentage in each group giving a high esteem response:



Worrying

Q48. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



83% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q48. Percentage answering they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Surrey

	Yr 8	Yr 10
Boys	72	75
Girls	89	93

20% of boys and 44% of girls responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

Q48. Percentage answering that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

Surrey

	Yr 8	Yr 10
Boys	19	22
Girls	42	48

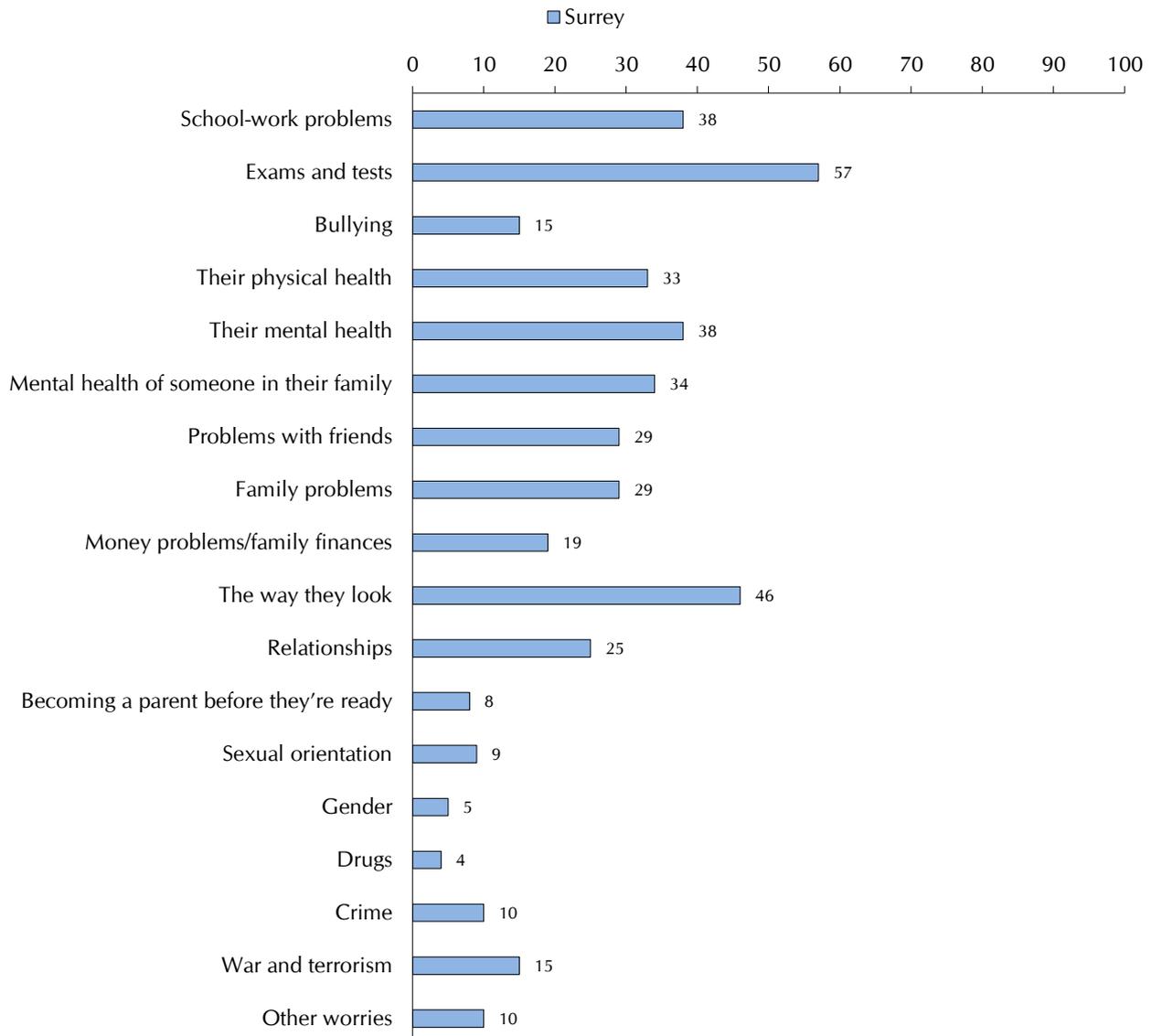
57% of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot' while 29% worry 'quite a lot' or 'a lot' about family problems.

Q48. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10):

Boys			Girls		
1	Exams and tests	45	1	Exams and tests	67
2	Their physical health	27	2	The way they look	64
3	Mental health of someone in their family	27	3	School-work problems	51
4	The way they look	26	4	Their mental health	48
5	Their mental health	25	5	Mental health of someone in their family	40
6	School-work problems	24	6	Their physical health	39
7	Family problems	22	7	Problems with friends	37
8	Problems with friends	20	8	Family problems	35
9	Relationships	18	9	Relationships	30
10	Money problems/family finances	16	10	Money problems/family finances	21

46% of pupils responded that they worry about the way they look 'quite a lot' or 'a lot', while 38% worry 'quite a lot' or 'a lot' about their mental health.

Q48. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



67% of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 10% said they don't know anyone.

Q49. Percentage answering they know an adult they trust who they can talk to if they are worried about something.

	Surrey	
	Yr 8	Yr 10
Boys	77	71
Girls	65	60

Problem solving

63% of pupils responded that they 'usually' or 'always' listen to music when they have a problem that worries them or they are feeling stressed, while 37% said they talk to someone about it.

Q50. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed (top 10):

Boys			Girls		
1	Gaming	68	1	Listen to music	72
2	Think carefully about the problem by themselves	54	2	Cry	61
3	Listen to music	53	3	Think carefully about the problem by themselves	51
4	Keep busy (exercise, work)	45	4	Watch more TV	47
5	Keep busy socialising	42	5	Rest or sleep more	46
6	Talk to someone about it	41	6	Keep busy socialising	43
7	Rest or sleep more	36	7	Keep busy (exercise, work)	37
8	Watch more TV	32	8	Talk to someone about it	34
9	Do nothing	25	9	Eat or drink more (e.g. sweets, chocolates)	30
10	Eat or drink more (e.g. sweets, chocolates)	16	10	Do nothing	28

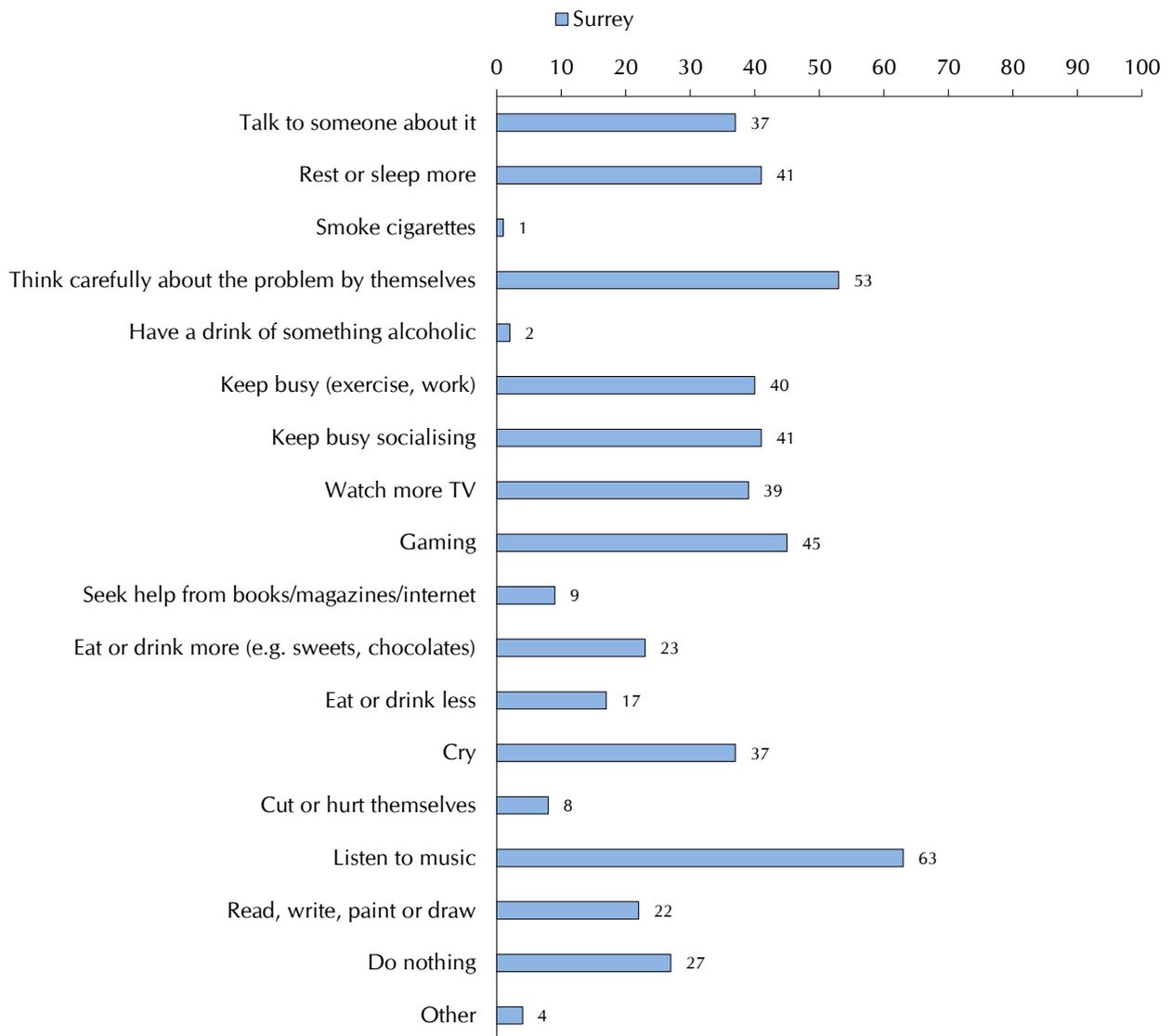
12% of boys and 26% of girls said they at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.

Q50. Percentage answering that they at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.

Surrey		
	Yr 8	Yr 10
Boys	13	11
Girls	24	29

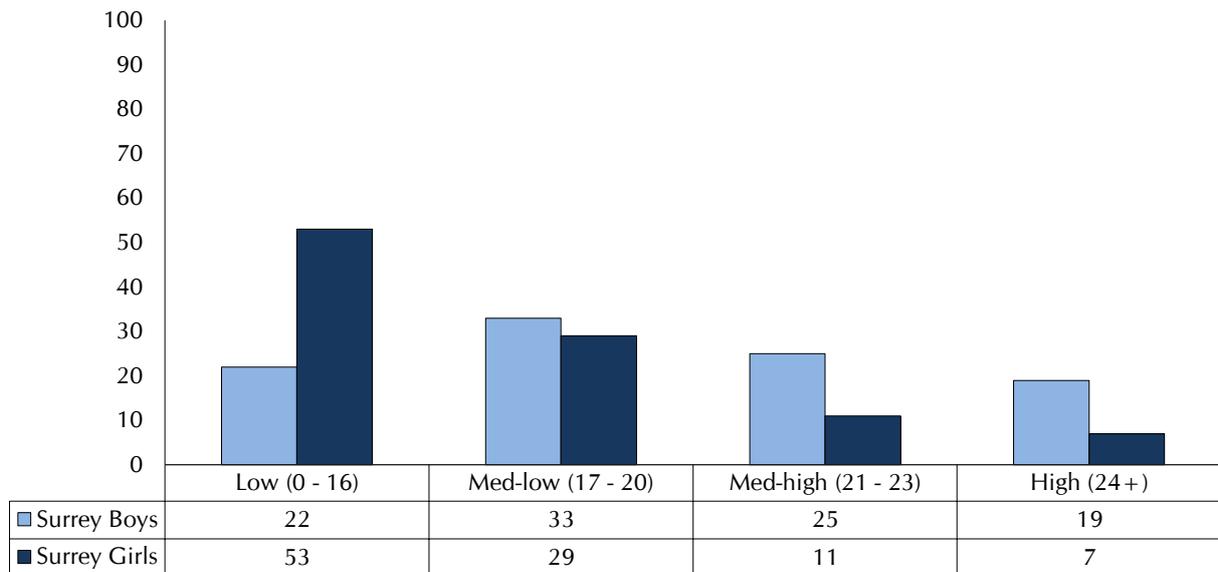
39% of pupils responded that they 'usually' or 'always' watch TV when they have a problem that worries them or they are feeling stressed.

Q50. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed:



Resilience

Q51/52. Composite resilience score:



We have used these two questions (51 & 52) to form an overall measure of “resilience”. 11 of the items are scored 0 – 3 if phrased positively, or 3 – 0 if they are phrased negatively.

39% of pupils had a low measure of resilience (0 – 16).

Q51/52. Percentage with a low measure of resilience (0 – 16).

	Surrey	
	Yr 8	Yr 10
Boys	21	24
Girls	51	56

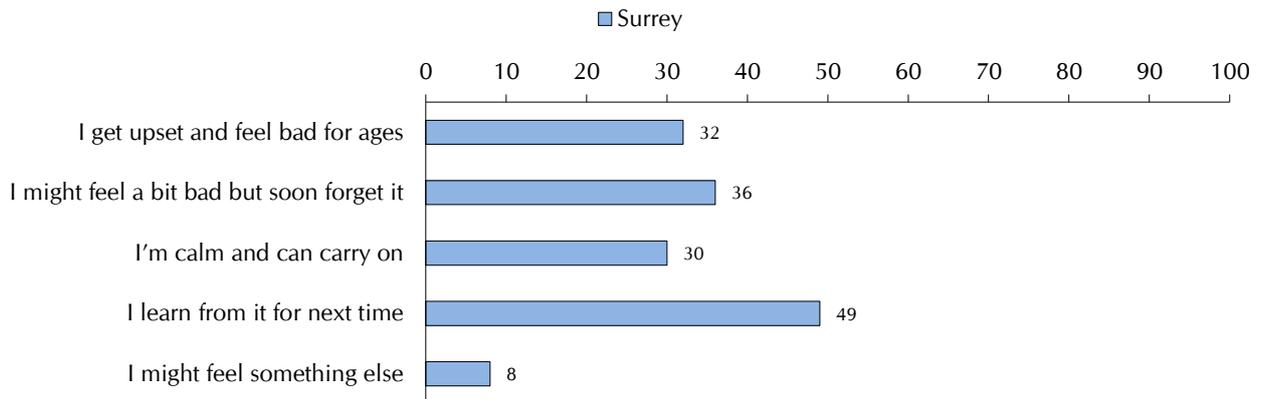
13% of pupils had a high measure of resilience (24+).

Q51/52. Percentage with a high measure of resilience (24+).

	Surrey	
	Yr 8	Yr 10
Boys	19	19
Girls	10	4

49% of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 32% said they get upset and feel bad for ages.

Q51. Percentage of pupils responding that they 'usually' or 'always' feel the following when something goes wrong:

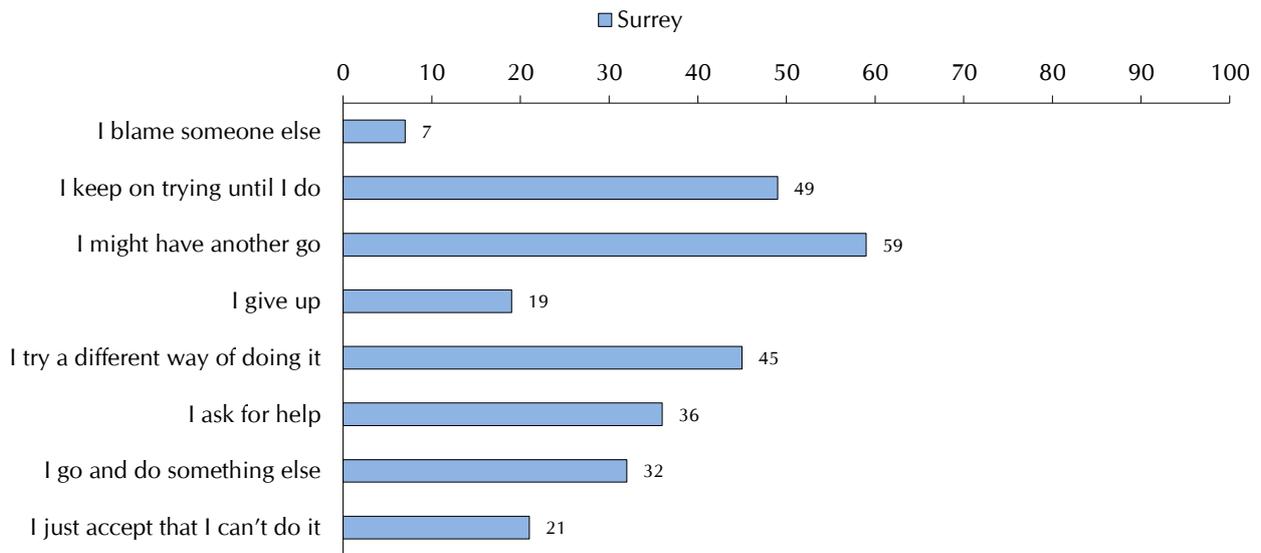


Q51. Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
I get upset and feel bad for ages	15	47	17	48	32
I might feel a bit bad but soon forget it	43	30	43	28	36
I'm calm and can carry on	42	18	46	19	30
I learn from it for next time	57	44	57	41	49
I might feel something else	5	11	4	9	8

49% of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 36% ask for help and 19% give up.

Q52. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:



Q52. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
I blame someone else	5	6	6	9	7
I keep on trying until I do	62	41	59	38	49
I might have another go	69	51	69	48	59
I give up	9	26	9	25	19
I try a different way of doing it	50	41	52	36	45
I ask for help	41	41	33	30	36
I go and do something else	24	38	27	38	32
I just accept that I can't do it	15	26	14	24	21

Sexual Health

Sex & relationships education

67% of pupils responded that they have learned about contraception from school lessons, while 23% said they never learned about it anywhere.

Q53a. Percentage of pupils responding that they have learned about contraception from the following people or places:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Never learned about it anywhere	42	36	5	2	23
Learned about it from school lessons	49	53	87	88	67
Learned about it from parents/carers	14	21	23	36	23
Learned about it from friends	12	18	26	37	22
Learned about it at a youth club or other group	1	1	2	2	2
Learned about it from the internet or magazines	8	10	19	24	15

77% of pupils responded that they have learned about sexually transmitted infections from school lessons, while 10% said they never learned about it anywhere.

Q53b. Percentage of pupils responding that they have learned about sexually transmitted infections from the following people or places:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Never learned about it anywhere	16	17	2	1	10
Learned about it from school lessons	67	66	90	90	77
Learned about it from parents/carers	16	22	16	25	20
Learned about it from friends	15	15	23	23	19
Learned about it at a youth club or other group	1	1	2	1	1
Learned about it from the internet or magazines	13	11	19	20	16

Contraception

22% of pupils responded that they know where they can get condoms free of charge.

Q54. Percentage answering that they know where they can get condoms free of charge.

	Surrey	
	Yr 8	Yr 10
Boys	13	36
Girls	13	33

Help & advice services

Q55. What do you know about the following services?

	Never heard of it	Heard of, know nothing/little about	Know what it is, don't know where/how to access	Know what it is/how to access, haven't used it	Have used it
Catch 22	85	12	2	1	0
GUM clinics	88	8	2	1	0
CASH clinics	79	14	5	2	0
Sexual health clinics just for young people	55	29	11	5	0

85% of pupils responded that they have never heard of Catch 22, while 2% said that they know what it is, but not where or how to access it.

0% of pupils responded that they have used Catch 22.

88% of pupils responded that they have never heard of GUM clinics, while 2% said that they know what they are, but not where or how to access them.

0% of pupils responded that they have used GUM clinics.

79% of pupils responded that they have never heard of CASH clinics, while 5% said that they know what they are, but not where or how to access them.

0% of pupils responded that they have used CASH clinics.

55% of pupils responded that they have never heard of sexual health clinics just for young people, while 11% said that they know what they are, but not where or how to access them.

0% of pupils responded that they have used sexual health clinics just for young people.

51% of pupils responded that they have at least heard of one or more of these services, while 1% said that they have used at least one of these services.

Q55a. Percentage answering that they have never heard of Catch 22.

	Surrey	
	Yr 8	Yr 10
Boys	86	86
Girls	85	86

Q55b. Percentage answering that they have never heard of GUM clinics.

	Surrey	
	Yr 8	Yr 10
Boys	88	87
Girls	91	88

Q55c. Percentage answering that they have never heard of CASH clinics.

	Surrey	
	Yr 8	Yr 10
Boys	80	75
Girls	82	77

Q55d. Percentage answering that they have never heard of sexual health clinics just for young people.

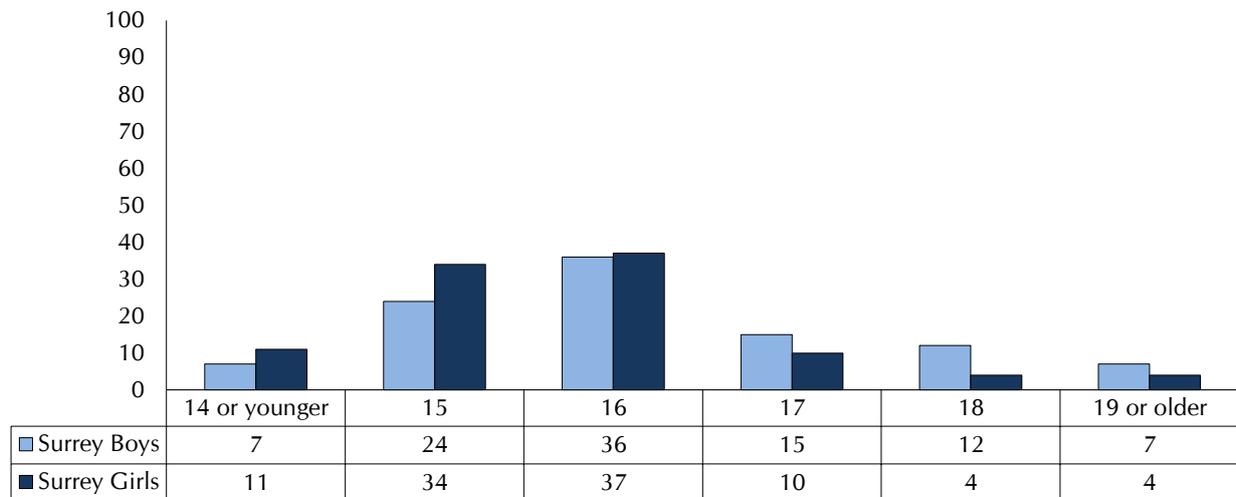
	Surrey	
	Yr 8	Yr 10
Boys	65	50
Girls	59	42

Q55a-d. Percentage answering that they have at least heard of one or more of these services.

	Surrey	
	Yr 8	Yr 10
Boys	42	54
Girls	47	63

Year 10+: Sexual relationships

Q99. Year 10+: At what age do you think most young people start having sex?



9% of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.

Q99. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 14 or younger.

Surrey

Yr 10

Boys 7

Girls 11

48% of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.

Q99. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 16 or 17.

Surrey

Yr 10

Boys 50

Girls 47

6% of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.

Q99. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 19 or older.

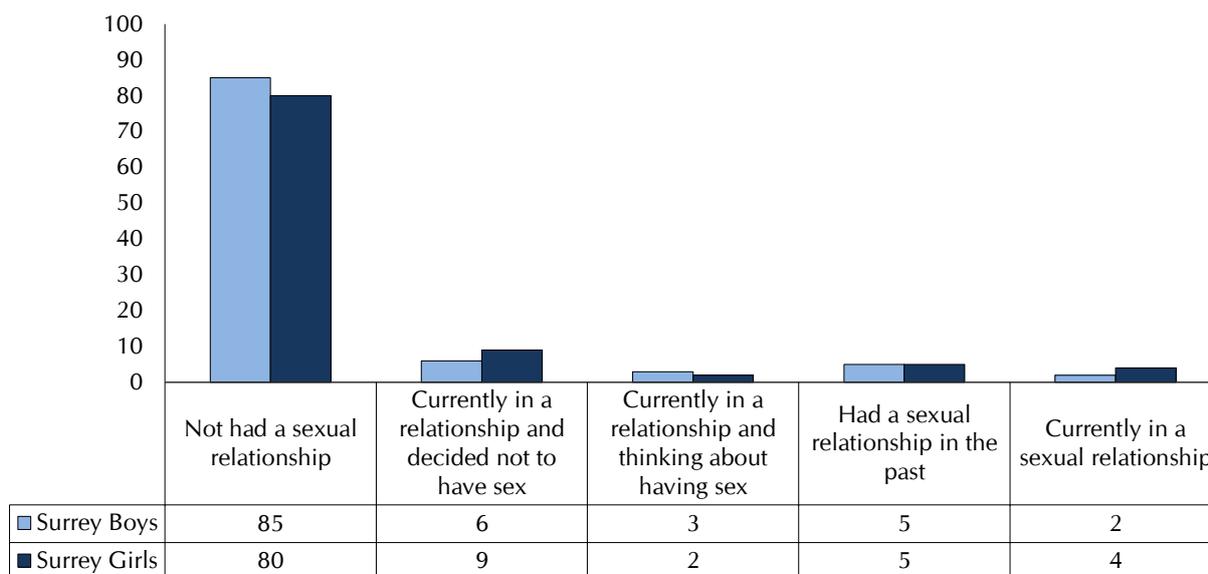
Surrey

Yr 10

Boys 7

Girls 4

Q100. Year 10+: Sexual relationships: Which of the following best describes you?



2% of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.

Q100. Percentage of Year 10+ pupils answering that they are currently in a relationship and thinking about having sex.

Surrey

Yr 10

Boys 3

Girls 2

8% of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.

Q100. Percentage of Year 10+ pupils answering that they are either in a sexual relationship or have had one in the past.

Surrey

Yr 10

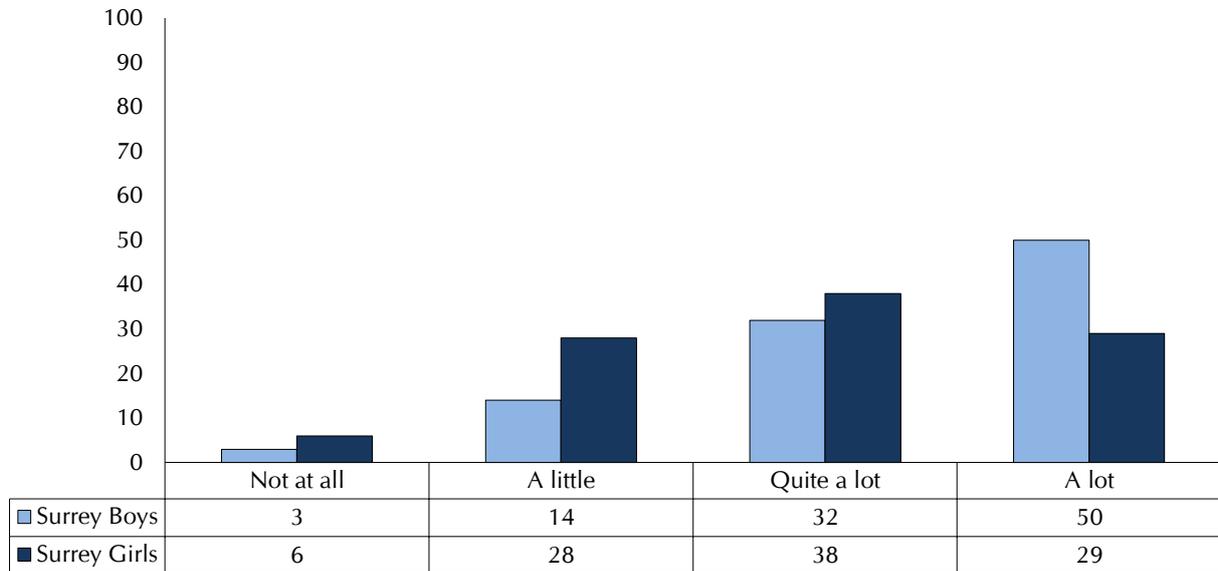
Boys 7

Girls 9

Physical Activity

Enjoy exercise

Q56. How much do you enjoy physical activities?



5% of pupils responded that they don't enjoy physical activities at all.

Q56. Percentage answering that they don't enjoy physical activities at all.

	Surrey	
	Yr 8	Yr 10
Boys	3	3
Girls	6	6

73% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q56. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Surrey	
	Yr 8	Yr 10
Boys	83	83
Girls	67	66

PE lessons

69% of pupils responded that they enjoy their PE lessons, while 18% are 'not sure' if they do.

Q57a. Percentage answering that they enjoy their PE lessons.

	Surrey	
	Yr 8	Yr 10
Boys	85	81
Girls	60	57

59% of pupils responded that they feel they are getting better at PE, while 24% are 'not sure' if they are.

Q57b. Percentage answering that they feel they are getting better at PE.

	Surrey	
	Yr 8	Yr 10
Boys	76	63
Girls	57	40

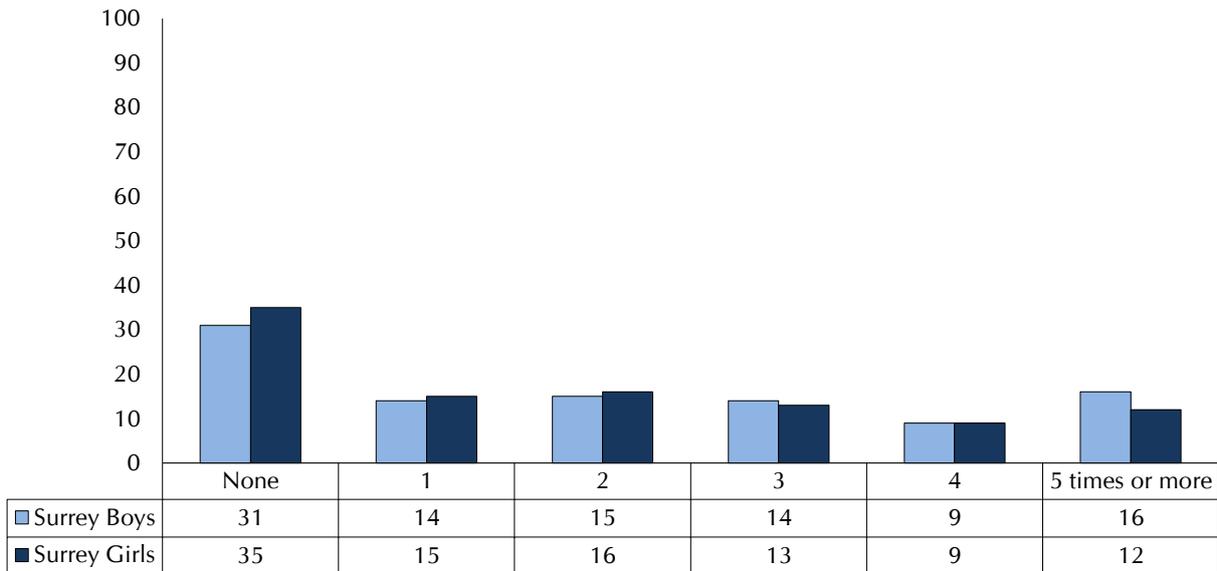
School sports

35% of pupils responded that their school has helped them to be more healthy, while 37% are 'not sure' if it has.

Q57c. Percentage answering that their school has helped them to be more healthy.

	Surrey	
	Yr 8	Yr 10
Boys	48	40
Girls	33	17

Q58a. How many times on weekdays each week do you go to sports clubs at lunchtime or after school?



34% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.

Q58a. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.

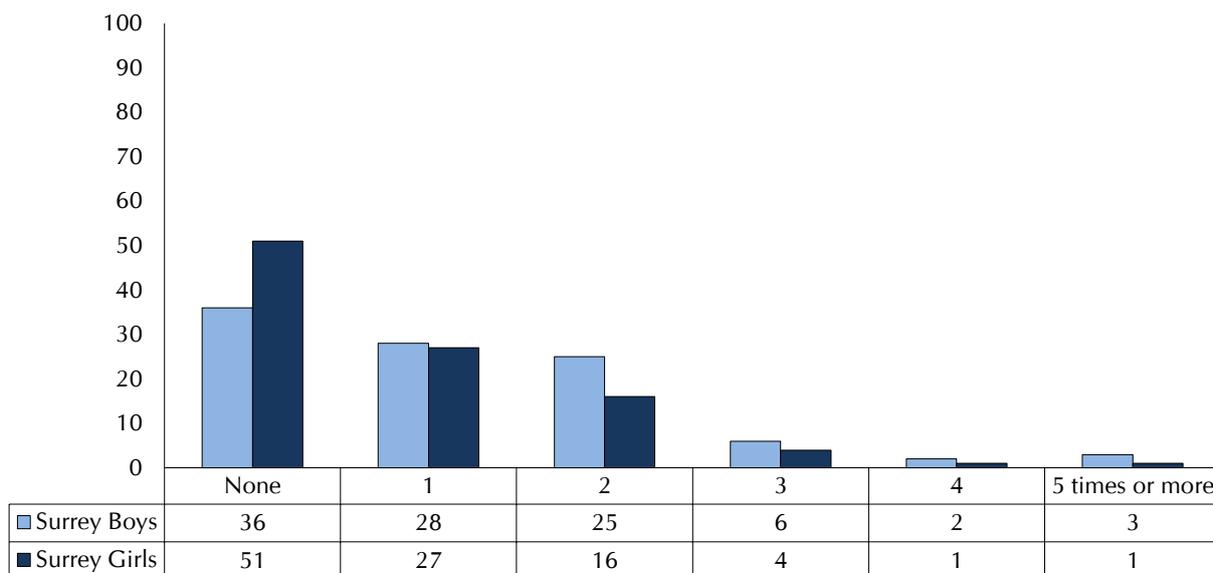
	Surrey	
	Yr 8	Yr 10
Boys	27	36
Girls	33	38

36% of pupils responded that they go to sports clubs at least 3 times at lunch time or after school each week.

Q58a. Percentage answering that they go to sports clubs at least 3 times at lunch time or after school each week.

	Surrey	
	Yr 8	Yr 10
Boys	42	36
Girls	35	33

Q58b. How many times each week do you go to sports clubs at weekends?



44% of pupils responded that they don't go to any sports clubs at weekends each week.

Q58b. Percentage answering that they don't go to any sports clubs at weekends each week.

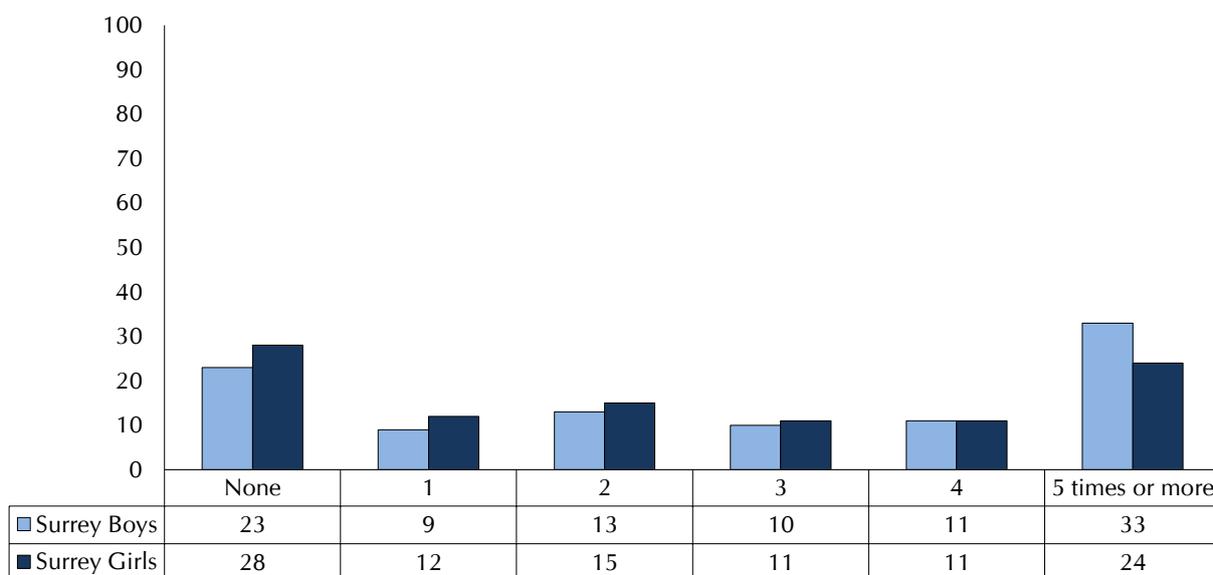
Surrey		
	Yr 8	Yr 10
Boys	33	39
Girls	48	54

9% of pupils responded that they go to sports clubs at least 3 times at weekends each week.

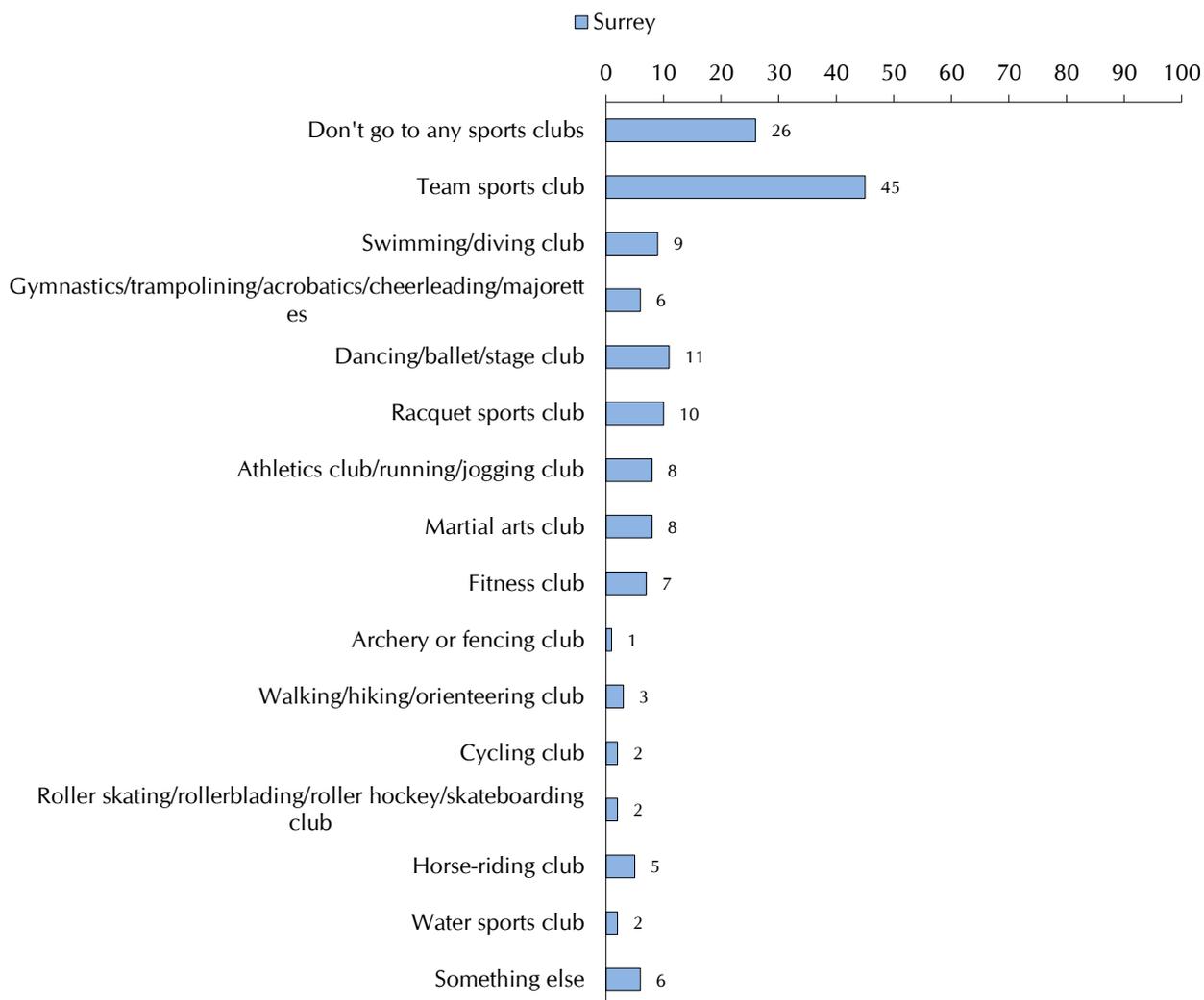
Q58b. Percentage answering that they go to sports clubs at least 3 times at weekends each week.

Surrey		
	Yr 8	Yr 10
Boys	12	10
Girls	8	4

Q58. How many times each week do you go to sports clubs [at lunchtime, after school OR at weekends]?



Q58c. Percentage of pupils responding that they do the following clubs:

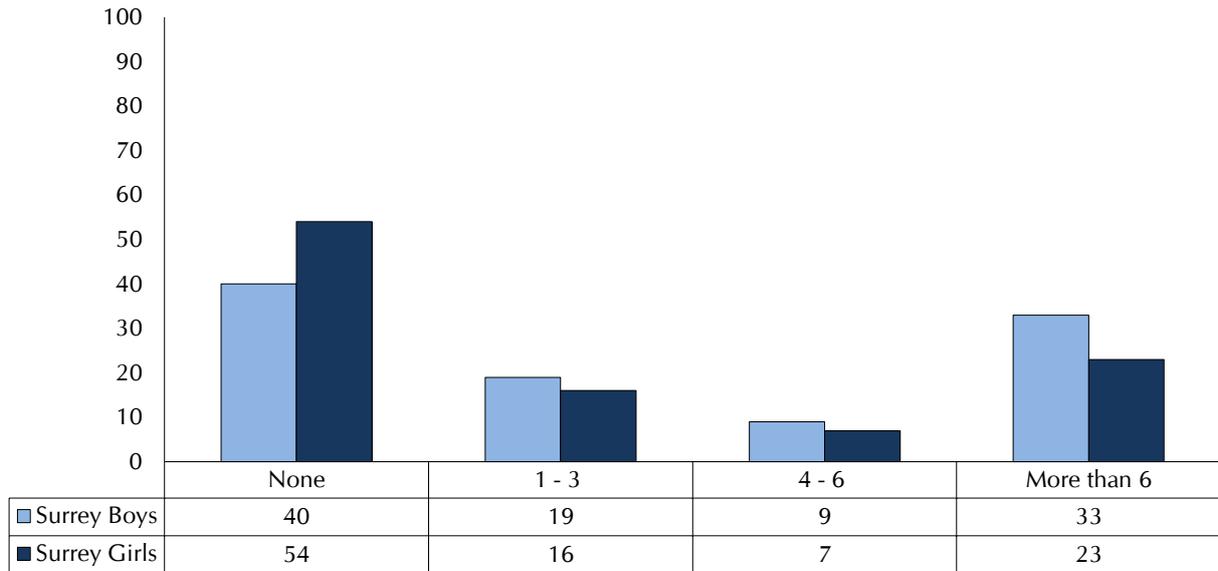


45% of pupils said they go to a team sports club.

Q58c. Percentage of pupils responding that they do the following clubs (top 10):

Boys			Girls		
1	Team sports club	57	1	Team sports club	35
2	Racquet sports club	12	2	Dancing/ballet/stage club	21
3	Martial arts club	10	3	Gymnastics/trampolining/acrobatics/cheerleading/majorettes	11
4	Swimming/diving club	9	4	Swimming/diving club	10
5	Athletics club/running/jogging club	8	5	Horse-riding club	9
6	Fitness club	7	6	Racquet sports club	8
7	Something else	6	7	Fitness club	8
8	Walking/hiking/orienteering club	3	8	Athletics club/running/jogging club	8
9	Cycling club	3	9	Something else	5
10	Water sports club	3	10	Martial arts club	5

Q59. How many sports games or matches have you played in school this year?



47% of pupils responded that they haven't played any sports games or matches at their school this year.

Q59. Percentage answering that they haven't played any sports games or matches at their school this year.

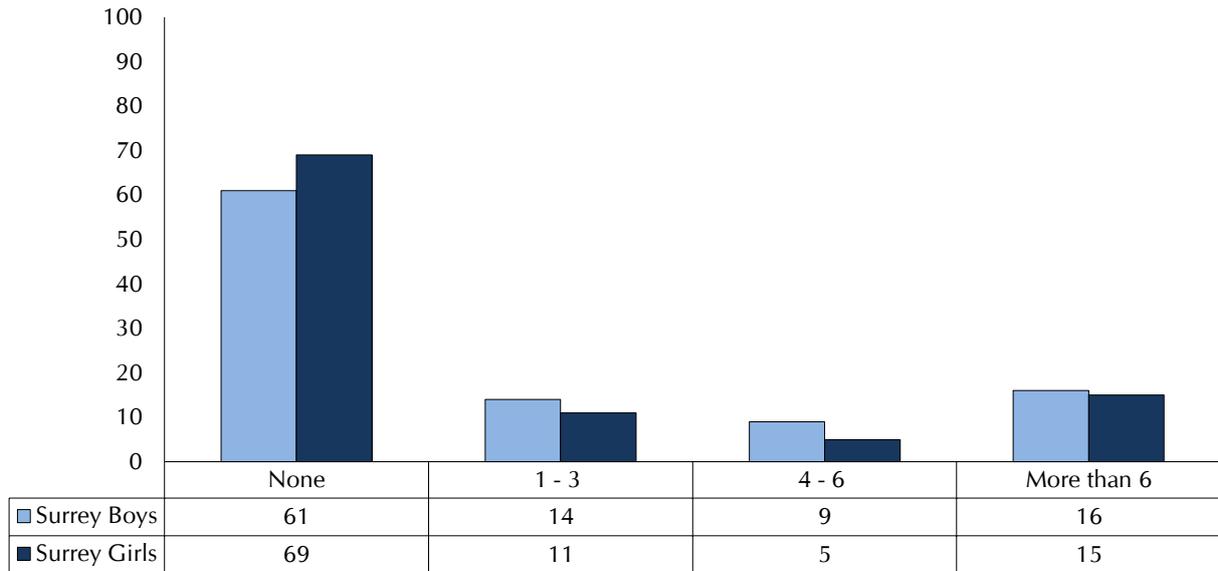
	Surrey	
	Yr 8	Yr 10
Boys	35	46
Girls	47	62

35% of pupils responded that they have played at least 4 matches at their school this year.

Q59. Percentage answering that they have played at least 4 matches at their school this year.

	Surrey	
	Yr 8	Yr 10
Boys	45	36
Girls	35	23

Q60. How many games or matches have you played against other schools this year?



66% of pupils responded that they haven't played any games or matches against other schools this year.

Q60. Percentage answering that they haven't played any games or matches against other schools this year.

	Surrey	
	Yr 8	Yr 10
Boys	58	65
Girls	66	73

22% of pupils responded that they have played at least 4 matches against other schools this year.

Q60. Percentage answering that they have played at least 4 matches against other schools this year.

	Surrey	
	Yr 8	Yr 10
Boys	29	20
Girls	23	15

18% of pupils responded that they currently take part in sports volunteering or sports leadership.

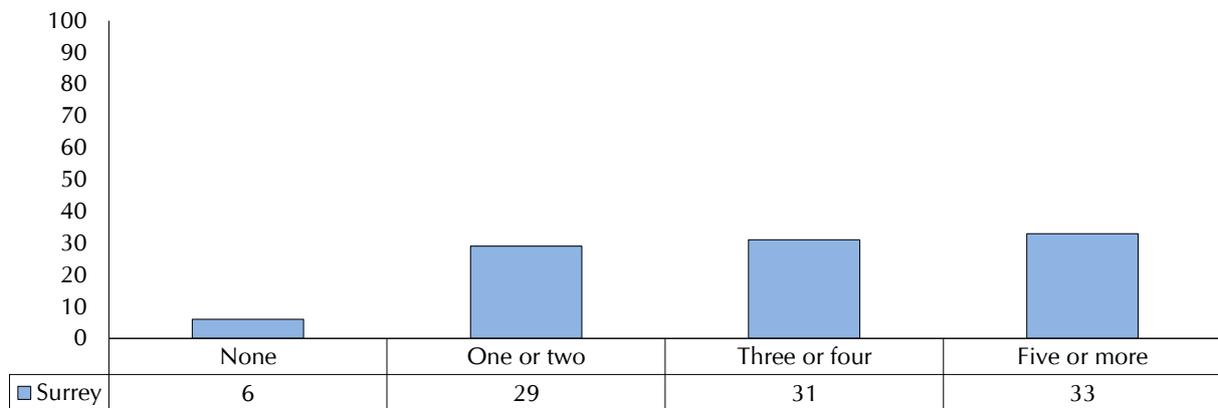
Q61. Percentage answering that they currently take part in sports volunteering or sports leadership.

	Surrey	
	Yr 8	Yr 10
Boys	21	22
Girls	13	17

Exercise

Q62. On how many days did you do any physical activity in the last 7 days?

Surrey



5% of boys and 7% of girls responded that they didn't do any physical activity in the week before the survey.

Q62. Percentage answering that they didn't do any physical activity in the week before the survey.

Surrey

	Yr 8	Yr 10
Boys	4	6
Girls	6	7

40% of boys and 28% of girls responded that they did physical activity on five days or more in the week before the survey.

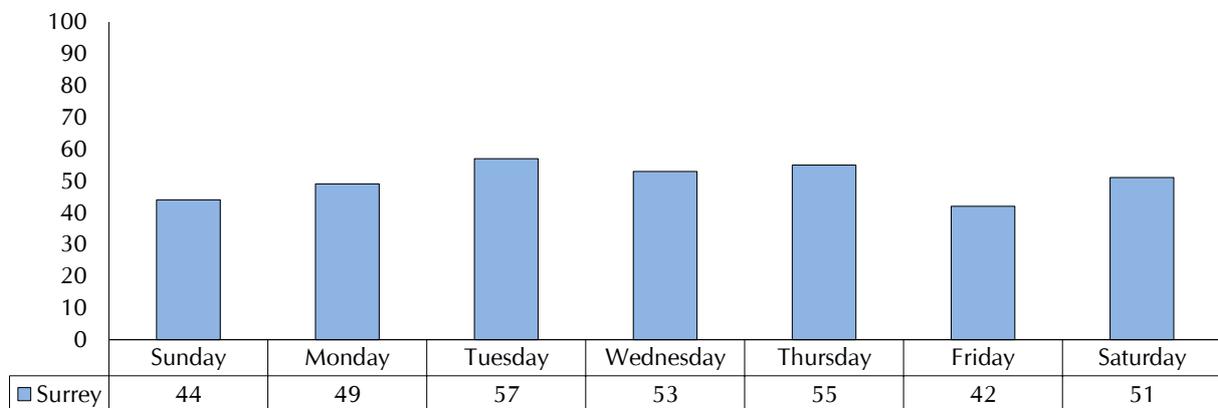
Q62. Percentage answering that they did physical activity on five days or more in the week before the survey.

Surrey

	Yr 8	Yr 10
Boys	39	41
Girls	29	26

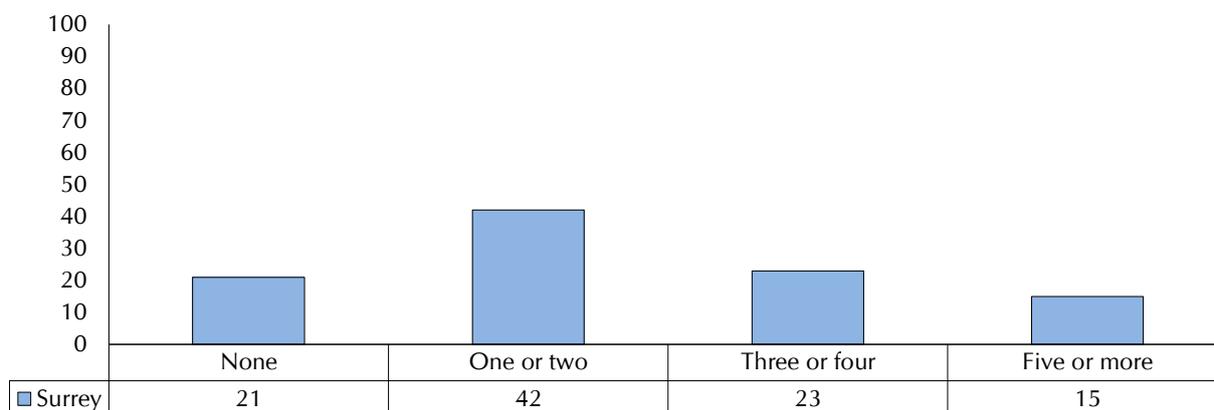
Q62. On which days did you do any physical activity in the last 7 days?

Surrey



Q63. On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?

Surrey



21% of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.

Q63. Percentage answering that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.

Surrey

	Yr 8	Yr 10
Boys	17	20
Girls	21	24

15% of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.

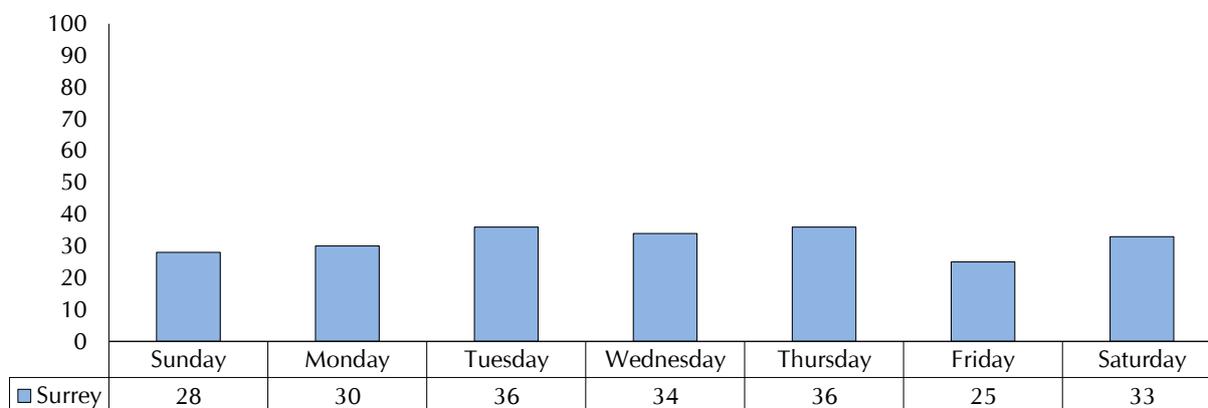
Q63. Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.

Surrey

	Yr 8	Yr 10
Boys	19	20
Girls	10	11

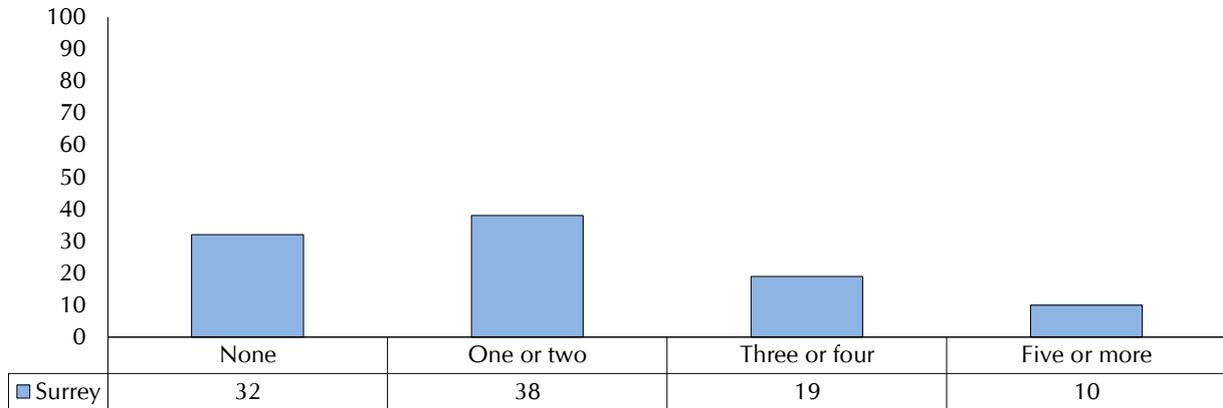
Q63. On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?

Surrey



Q64. On how many days did you get out of breath and/or sweaty while doing physical activity for an hour or more, in the last 7 days?

Surrey



32% of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more on any day in the week before the survey.

Q64. Percentage answering that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more on any day in the week before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	26	32
Girls	34	35

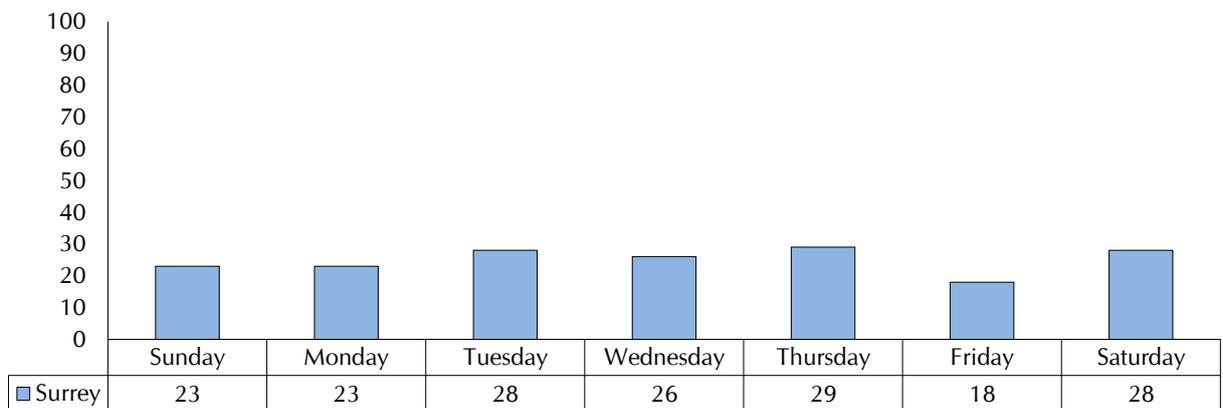
10% of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.

Q64. Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.

	Surrey	
	Yr 8	Yr 10
Boys	14	14
Girls	7	8

Q64. On which days did you get out of breath and/or sweaty while doing physical activity for an hour or more, in the last 7 days?

Surrey



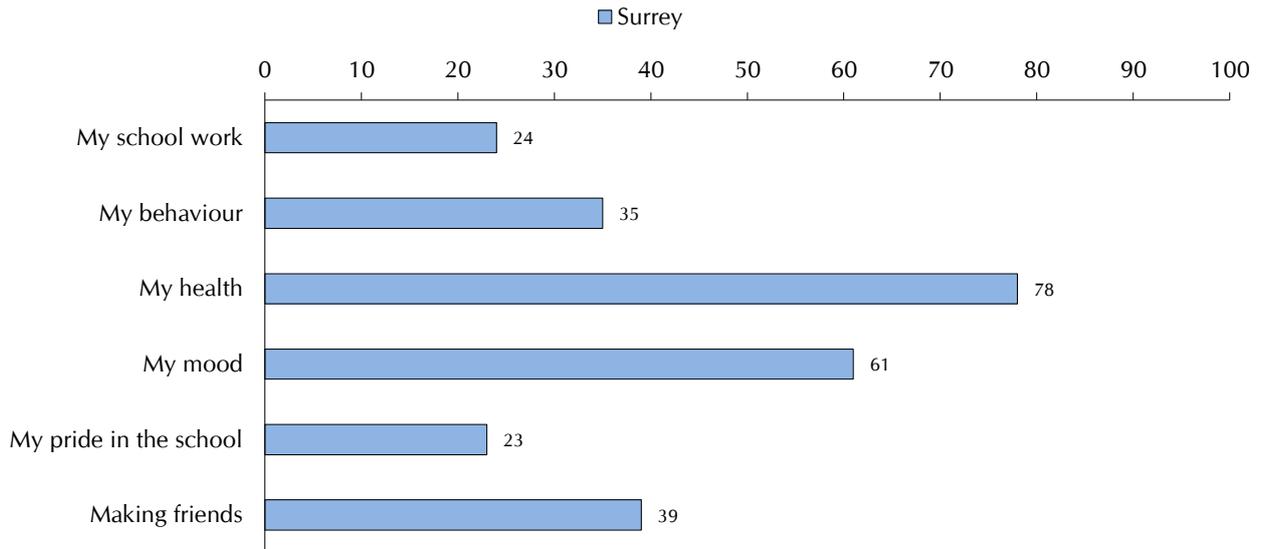
78% of pupils responded that their week's pattern of activity was usual, while 11% said it was more active than usual and 11% said it was less active than usual.

Q65. Percentage answering that their week's pattern of activity was usual.

	Surrey	
	Yr 8	Yr 10
Boys	83	79
Girls	75	74

61% of pupils think doing PE, sport and other physical activities helps them with their mood and 35% think it helps with their behaviour.

Q66. Percentage of pupils responding that they think doing PE, sport and other physical activities helps with the following:



Q66. Percentage of pupils responding that they think doing PE, sport and other physical activities helps with the following:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
My school work	31	18	31	17	24
My behaviour	43	28	44	27	35
My health	86	77	81	71	78
My mood	68	55	70	55	61
My pride in the school	32	19	30	13	23
Making friends	45	35	43	34	39

74% of pupils agreed that they enjoy taking part in exercise and sports and 52% feel confident when they exercise and play sports.

Q67. Percentage of pupils agreeing with the following statements:



Q67. Percentage of pupils agreeing with the following statements:

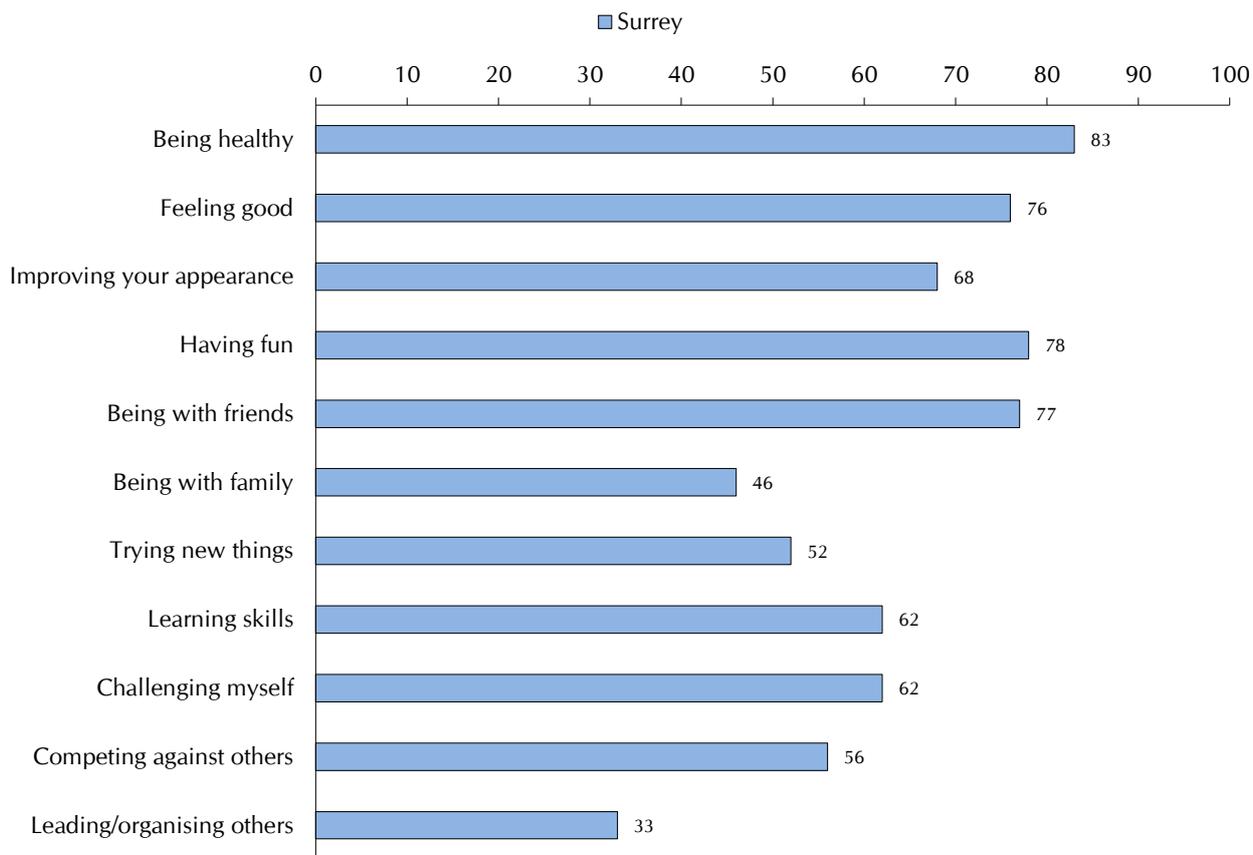
	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
I enjoy taking part in exercise and sports	84	66	85	67	74
I feel confident when I exercise and play sports	71	41	65	33	52
I find exercise and sports easy	53	36	55	36	44
I understand why exercise and sports are good for me	93	88	94	87	90
I know how to get involved and improve my skills in lots of different types of exercise and sports	79	60	70	57	66

Q67. Percentage of pupils disagreeing with the following statements:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
I enjoy taking part in exercise and sports	6	12	5	14	11
I feel confident when I exercise and play sports	9	25	12	34	22
I find exercise and sports easy	13	19	14	22	18
I understand why exercise and sports are good for me	2	3	2	5	3
I know how to get involved and improve my skills in lots of different types of exercise and sports	5	9	9	15	10

83% of pupils said being healthy makes them want to be physically active and 78% said having fun does.

Q68. Percentage of responding that the following things make them want to be physically active:



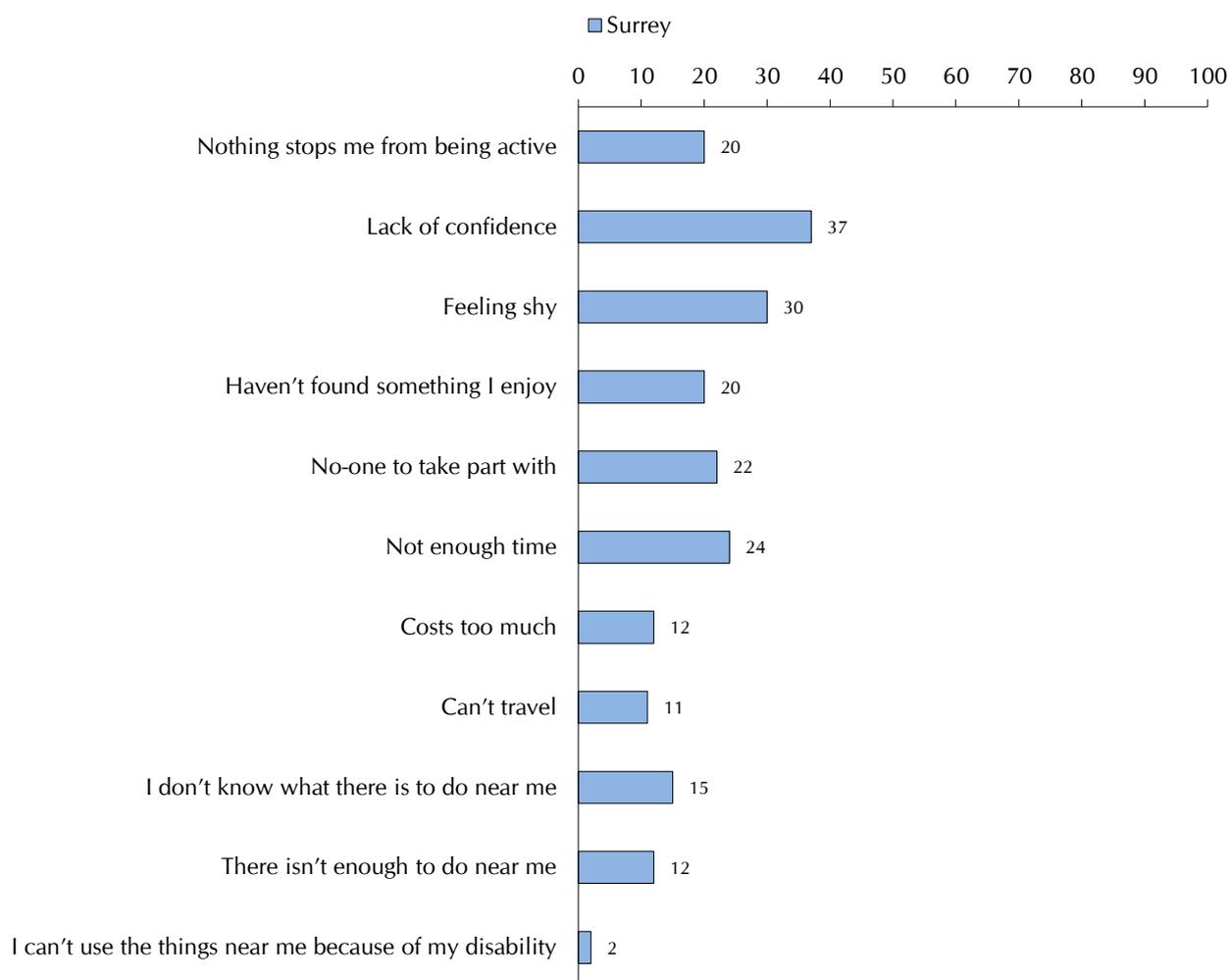
62% of boys and 75% of girls said improving their appearance makes them want to be physically active.

Q68. Percentage of responding that the following things make them want to be physically active:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Being healthy	86	82	85	84	83
Feeling good	80	71	81	76	76
Improving your appearance	57	70	68	81	68
Having fun	89	73	85	70	78
Being with friends	82	76	81	71	77
Being with family	57	46	48	35	46
Trying new things	64	50	52	44	52
Learning skills	77	56	65	51	62
Challenging myself	74	55	71	53	62
Competing against others	70	48	64	46	56
Leading/organising others	40	30	38	26	33

20% of pupils said nothing stops them from being physically active.

Q69. Percentage of pupils responding that the following stops them from being physically active:



37% of pupils said a lack of confidence stops them from being physically active.

Q69. Percentage of pupils responding that the following stops them from being physically active:

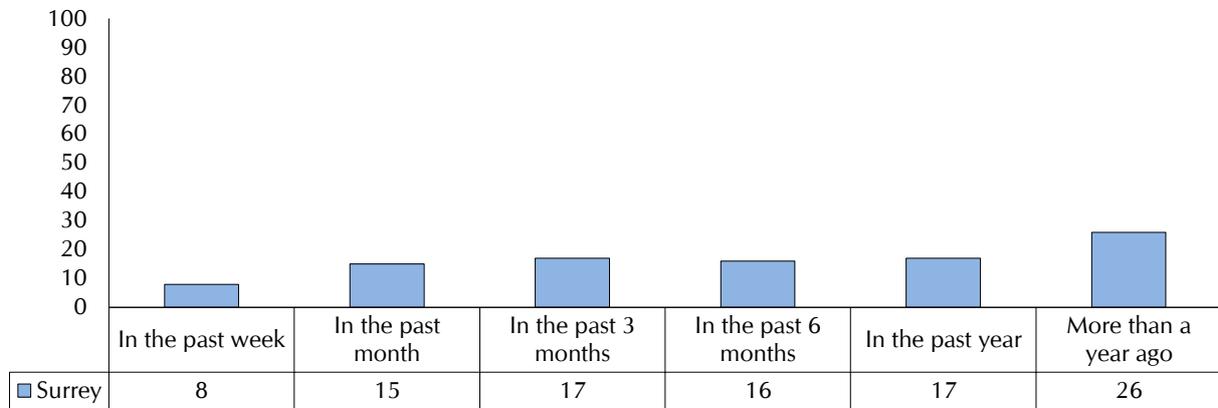
Boys			Girls		
1	Nothing stops me from being active	29	1	Lack of confidence	47
2	Lack of confidence	24	2	Feeling shy	40
3	Not enough time	21	3	Not enough time	27
4	Feeling shy	18	4	No-one to take part with	25
5	No-one to take part with	16	5	Haven't found something I enjoy	24
6	Haven't found something I enjoy	14	6	I don't know what there is to do near me	17
7	I don't know what there is to do near me	12	7	Costs too much	15
8	There isn't enough to do near me	11	8	There isn't enough to do near me	13
9	Can't travel	10	9	Nothing stops me from being active	13
10	Costs too much	10	10	Can't travel	11

Health Services

Doctor

Q70. How long ago did you last visit the doctor?

Surrey



56% of pupils responded that they last visited the doctor in the last 6 months.

Q70. Percentage answering that they last visited the doctor in the last 6 months.

Surrey

	Yr 8	Yr 10
Boys	60	55
Girls	57	54

26% of pupils responded that they last visited the doctor more than a year ago.

Q70. Percentage answering that they last visited the doctor more than a year ago.

Surrey

	Yr 8	Yr 10
Boys	25	26
Girls	27	26

25% of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.

Q71. Percentage answering that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.

Surrey

	Yr 8	Yr 10
Boys	20	16
Girls	31	31

18% of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

Q71. Percentage answering that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

Surrey

	Yr 8	Yr 10
Boys	22	28
Girls	13	13

At school

38% of pupils responded that there is a health clinic in their school, while 43% said they are 'not sure' if there is.

32% of pupils responded that they know who their School Nurse is, while 4% said they don't have one.

61% of pupils responded that they know how to get to see their School Nurse, while 19% said that they do not know.

Q72. Percentage answering that there is a health clinic in their school.

	Surrey	
	Yr 8	Yr 10
Boys	43	36
Girls	42	30

Q73. Percentage answering that they know who their School Nurse is.

	Surrey	
	Yr 8	Yr 10
Boys	29	33
Girls	35	30

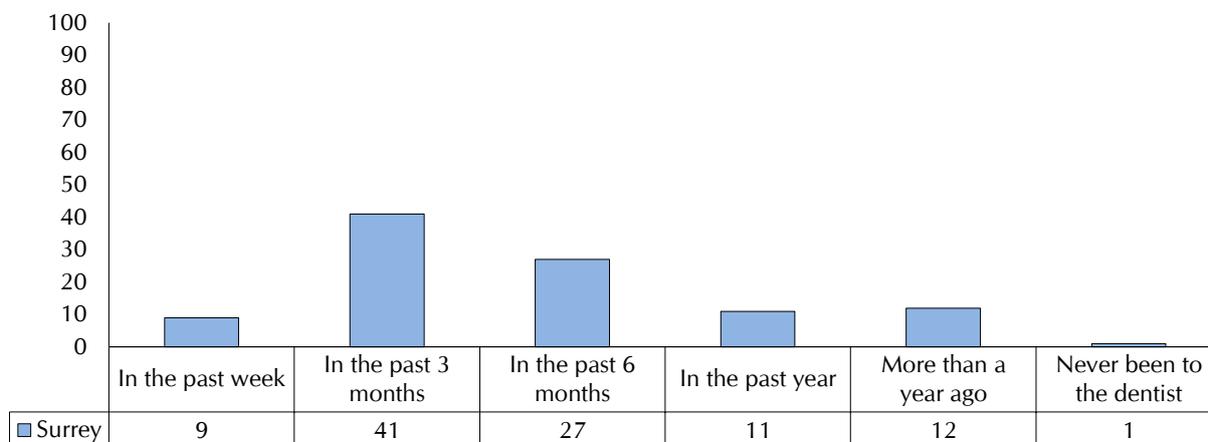
Q74. Percentage answering that they know how to get to see their School Nurse.

	Surrey	
	Yr 8	Yr 10
Boys	60	62
Girls	61	61

Dental health

Q75. How long ago did you last visit the dentist?

Surrey



76% of pupils responded that they visited the dentist in the last 6 months.

Q75. Percentage answering that they visited the dentist in the last 6 months.

	Surrey	
	Yr 8	Yr 10
Boys	77	77
Girls	81	74

12% of pupils responded that they last visited the dentist more than a year ago and 1% said they have never been.

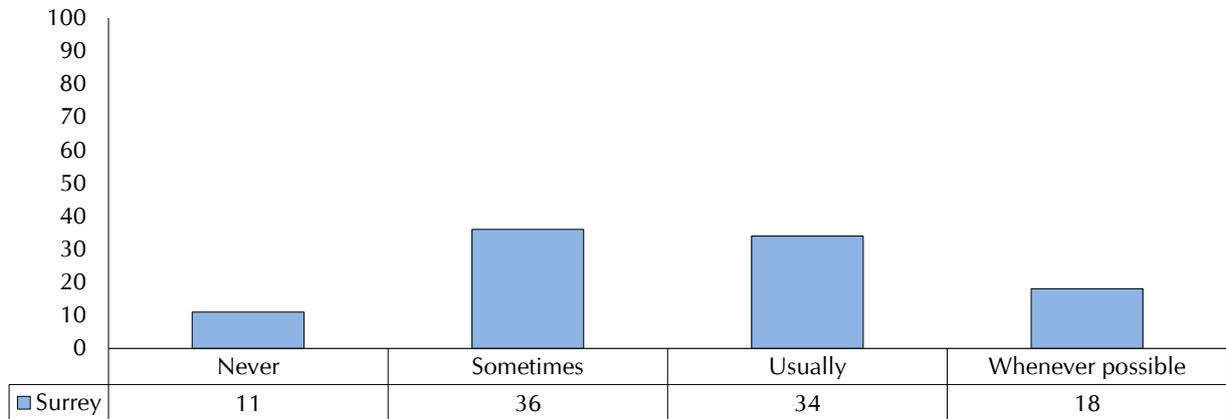
Q75. Percentage answering that they last visited the dentist more than a year ago.

	Surrey	
	Yr 8	Yr 10
Boys	10	12
Girls	10	14

Sun safety

Q20. Do you do anything to avoid sunburn?

Surrey



11% of pupils responded that they 'never' do anything to avoid sunburn.

Q20. Percentage answering that they 'never' do anything to avoid sunburn.

Surrey

	Yr 8	Yr 10
Boys	11	16
Girls	9	10

53% of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Q20. Percentage answering that they 'usually' or 'whenever possible' do something to avoid sunburn.

Surrey

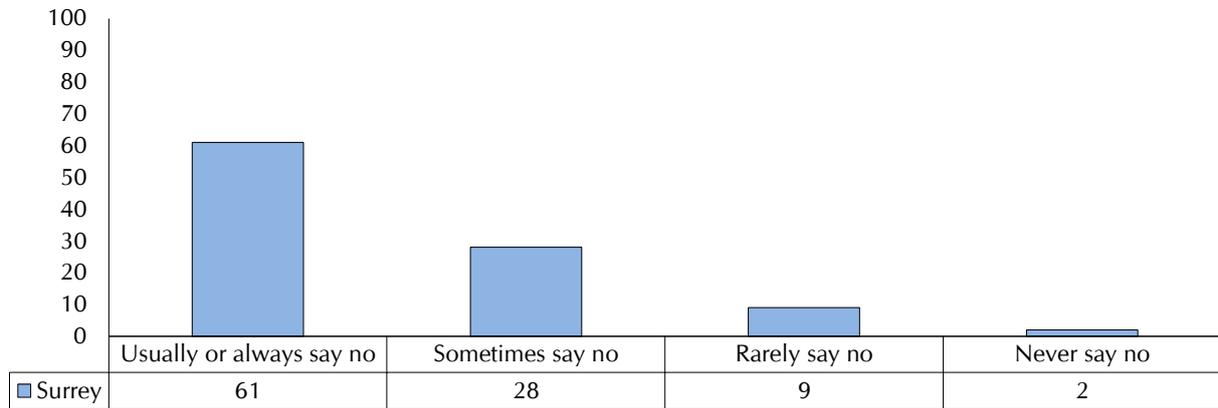
	Yr 8	Yr 10
Boys	52	48
Girls	57	51

Staying Safe

Peer pressure

Q76. When a friend wants me to do something I don't want to do, I can...:

Surrey



61% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q76. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

	Surrey	
	Yr 8	Yr 10
Boys	65	72
Girls	52	60

11% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

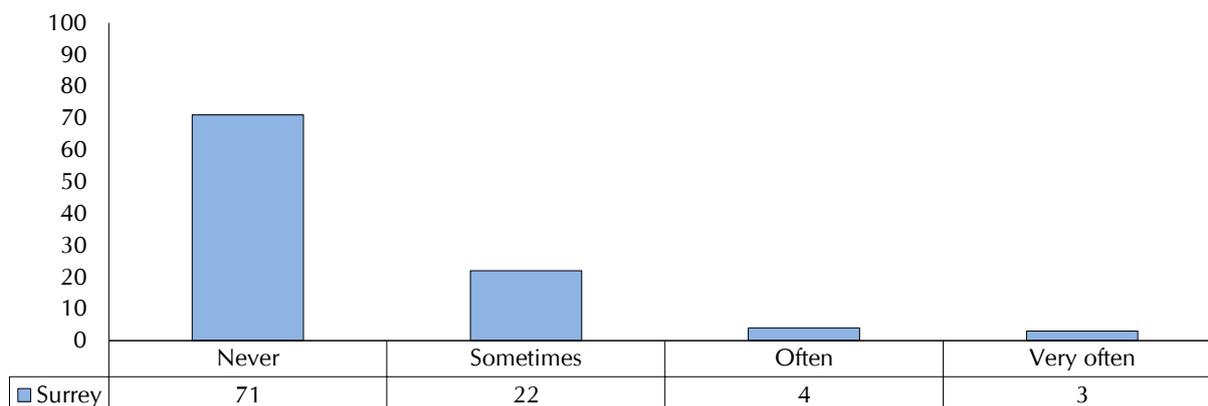
Q76. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	Surrey	
	Yr 8	Yr 10
Boys	9	8
Girls	12	13

Bullying

Q77. Do you ever feel afraid of going to school because of bullying?

Surrey



29% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.

Q77. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

	Surrey	
	Yr 8	Yr 10
Boys	24	16
Girls	40	31

7% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

Q77. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

	Surrey	
	Yr 8	Yr 10
Boys	5	3
Girls	11	6

19% of pupils responded that they have been bullied at or near school in the last 12 months, while 16% said they 'don't know' if they have been.

Q78. Percentage answering that they have been bullied at or near school in the last 12 months.

	Surrey	
	Yr 8	Yr 10
Boys	20	13
Girls	24	15

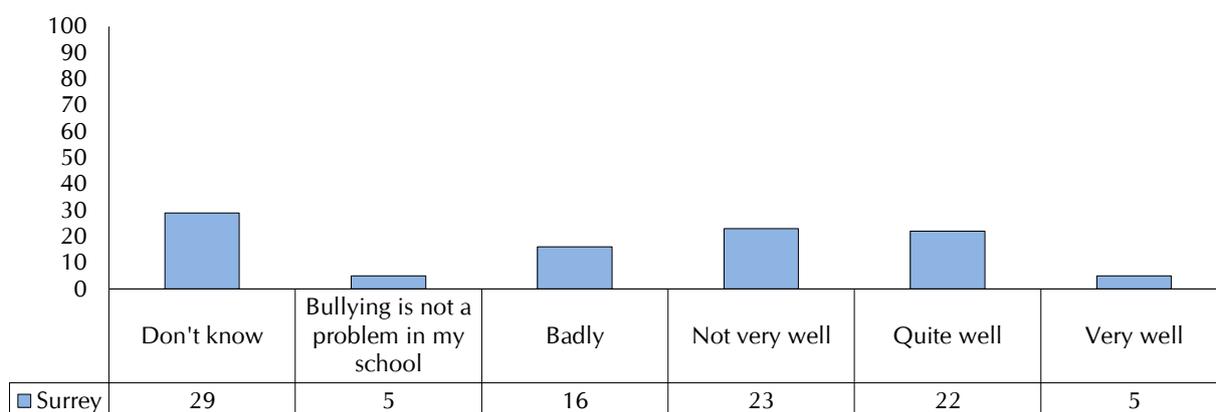
17% of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 22% said they 'don't know' if they have.

Q79. Percentage answering that they have deliberately upset or hurt someone else at school in the last 12 months.

	Surrey	
	Yr 8	Yr 10
Boys	21	19
Girls	15	14

Q80. How well does your school deal with bullying?

Surrey



16% of pupils responded that their school deals with bullying 'badly', while 5% said that bullying is not a problem in their school.

Q80. Percentage answering that their school deals with bullying 'badly'.

	Surrey	
	Yr 8	Yr 10
Boys	10	20
Girls	11	24

27% of pupils responded that their school deals with bullying 'quite' or 'very' well.

Q80. Percentage answering that their school deals with bullying 'quite' or 'very' well.

	Surrey	
	Yr 8	Yr 10
Boys	35	24
Girls	33	16

46% of pupils responded that they think their school takes bullying seriously, while 35% said they 'don't know' if it does.

Q81. Percentage answering that they think their school takes bullying seriously.

	Surrey	
	Yr 8	Yr 10
Boys	59	47
Girls	48	26

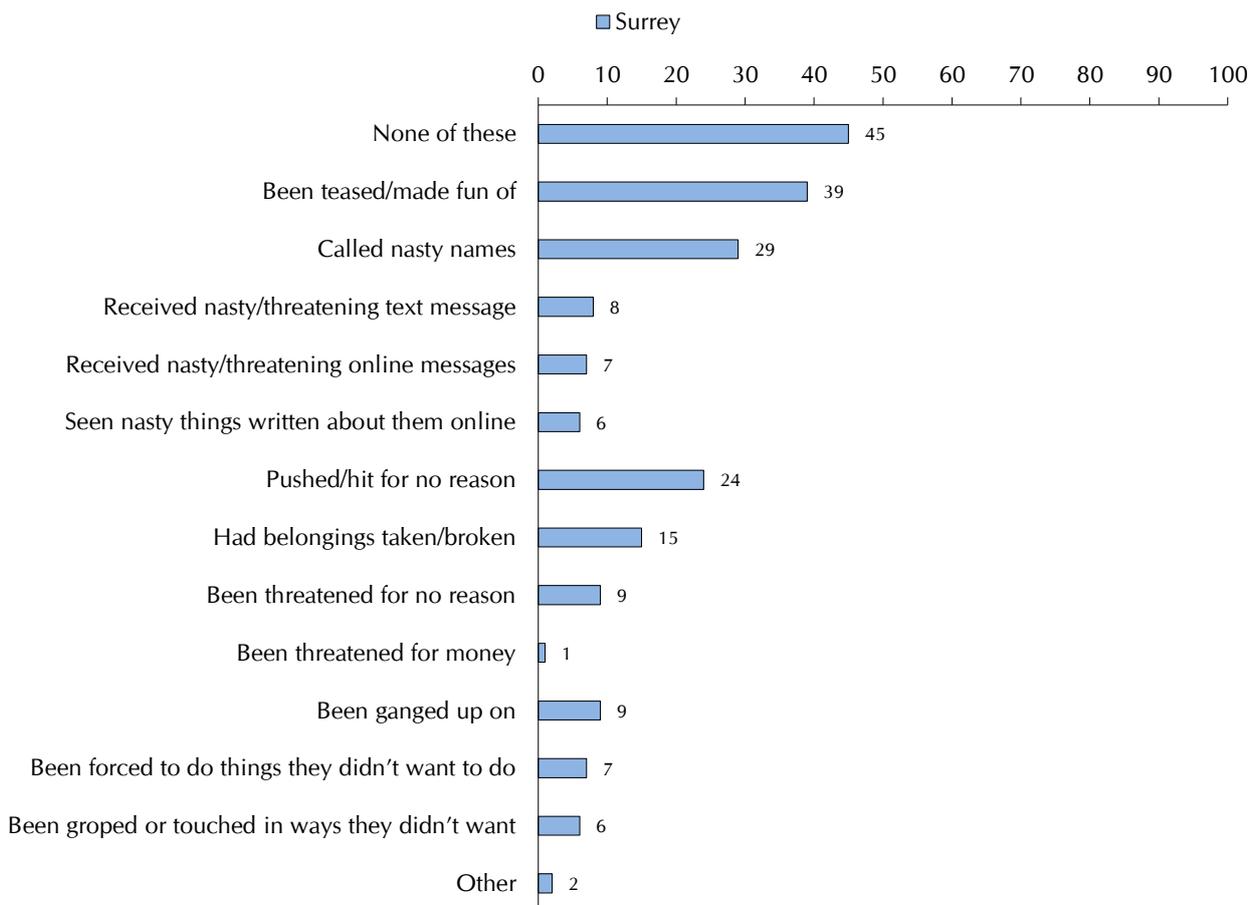
24% of pupils responded that they were pushed/hit for no reason in the month before the survey and 15% said they have had belongings taken/broken. 45% said none of the behaviours listed happened.

Q82. Percentage of pupils responding that they experienced the following in the month before the survey (top 10):

Boys			Girls		
1	Been teased/made fun of	35	1	Been teased/made fun of	41
2	Pushed/hit for no reason	25	2	Called nasty names	32
3	Called nasty names	25	3	Pushed/hit for no reason	22
4	Had belongings taken/broken	15	4	Had belongings taken/broken	14
5	Been threatened for no reason	8	5	Received nasty/threatening text message	10
6	Been ganged up on	8	6	Been ganged up on	9
7	Received nasty/threatening online messages	5	7	Been forced to do things they didn't want to do	9
8	Been forced to do things they didn't want to do	5	8	Been threatened for no reason	8
9	Received nasty/threatening text message	5	9	Seen nasty things written about them online	8
10	Been groped or touched in ways they didn't want	4	10	Received nasty/threatening online messages	8

39% of pupils responded that they have been teased/made fun of in the month before the survey.

Q82. Percentage of pupils responding that they experienced the following in the month before the survey:



25% of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 19% said they experienced it in a classroom during breaktimes.

Q83. Percentage of pupils responding that they have experienced negative behaviour at the following places in the month before the survey (top 5):

Boys			Girls		
1	Outside at school (breaktimes)	26	1	Outside at school (breaktimes)	24
2	In a classroom (breaktimes)	17	2	In a classroom (breaktimes)	20
3	During lesson time	12	3	During lesson time	19
4	In the corridors	12	4	In the corridors	17
5	On the way to or from school	6	5	On their phone	11

16% of pupils responded that they were bullied recently and told their Mum or Dad/carer, while 7% said they told a teacher or other staff at school.

Q84. Percentage of pupils responding that they were bullied recently and told the following people about it (top 5):

Boys			Girls		
1	No one	24	1	No one	21
2	Mum or Dad/carer	13	2	Mum or Dad/carer	19
3	Friend	9	3	Friend	17
4	Teacher or other staff at school	6	4	Teacher or other staff at school	9
5	Brother or sister	3	5	Brother or sister	6

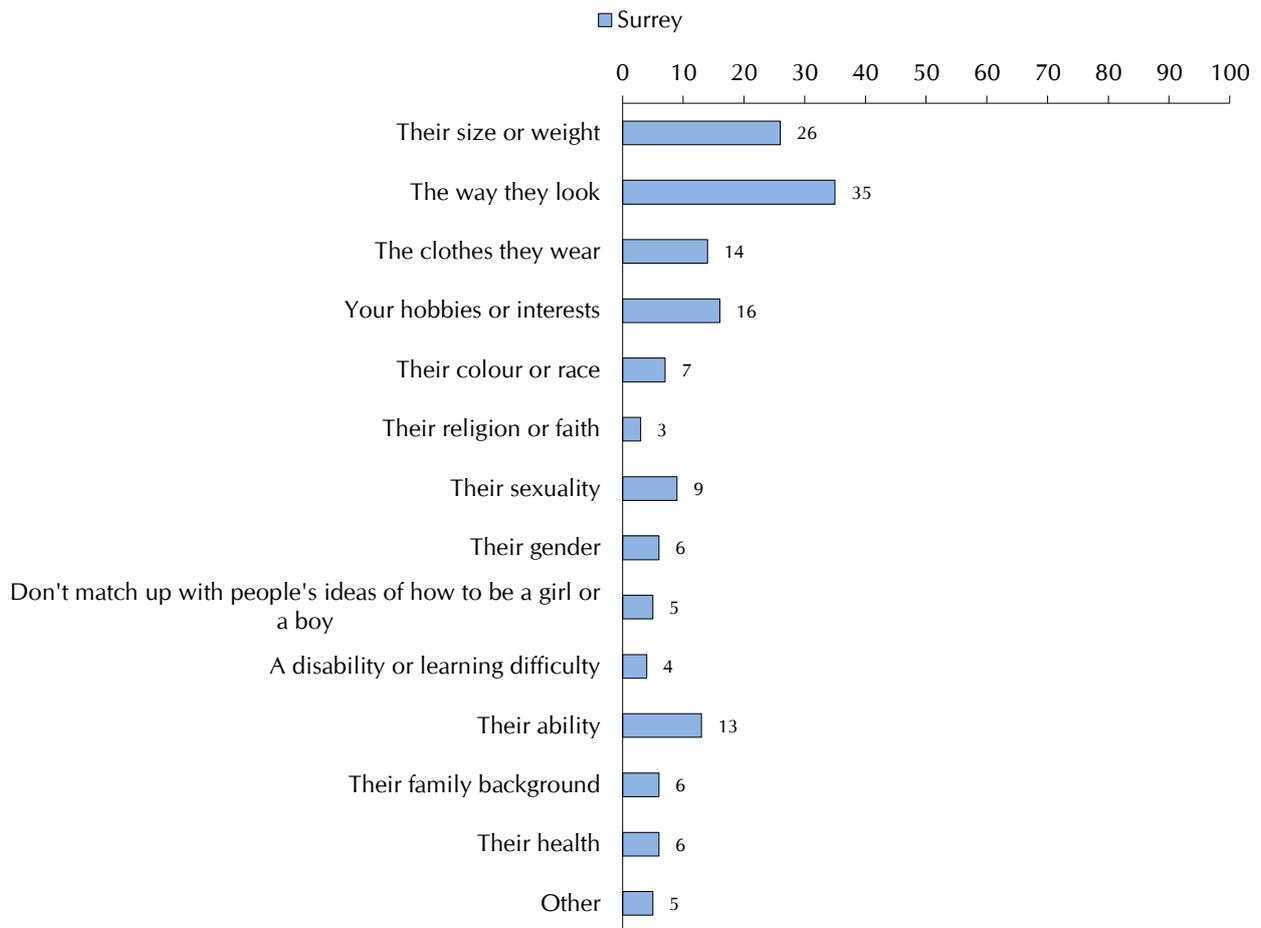
8% of pupils responded that the bullying problem stopped after telling someone, while 11% said it didn't stop.

This works out as 27% of those pupils who have told someone responding that the bullying problem stopped after doing so; 37% of these pupils said it didn't stop.

Q85. Percentage answering that the bullying problem stopped after telling someone.

	Surrey	
	Yr 8	Yr 10
Boys	7	6
Girls	11	7

Q86. Do you think you have been picked on or bullied for any of the following?



22% of boys and 29% of girls think they have been picked on or bullied because of their size or weight.

Q86. Percentage answering that they think they have been picked on or bullied because of their size or weight.

	Surrey	
	Yr 8	Yr 10
Boys	21	23
Girls	29	30

24% of boys and 45% of girls think they have been picked on or bullied because of the way they look.

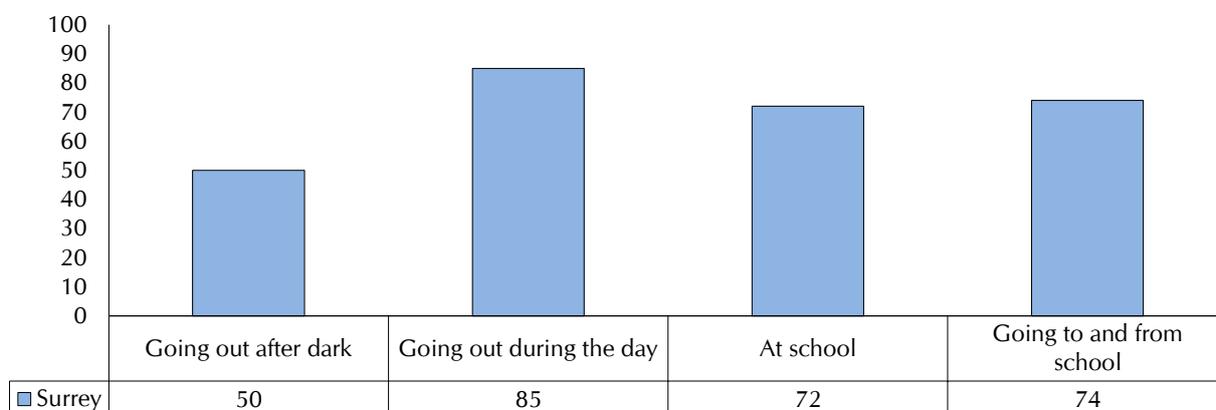
Q86. Percentage answering that they think they have been picked on or bullied because of the way they look.

	Surrey	
	Yr 8	Yr 10
Boys	25	23
Girls	47	43

Local area

Q87. How do you rate your safety at the following times in the area where you live?
% responding 'good' or 'very good'

Surrey



72% of pupils rated their safety at school as 'good' or 'very good'; 50% said the same of going out after dark.

Q87. Percentage of pupils rating their safety as 'good' or 'very good' in the following circumstances:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Going out after dark	63	43	61	33	50
Going out during the day	89	83	88	80	85
At school	78	69	75	67	72
Going to and from school	82	67	83	68	74

17% of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 7% said the same of being at school.

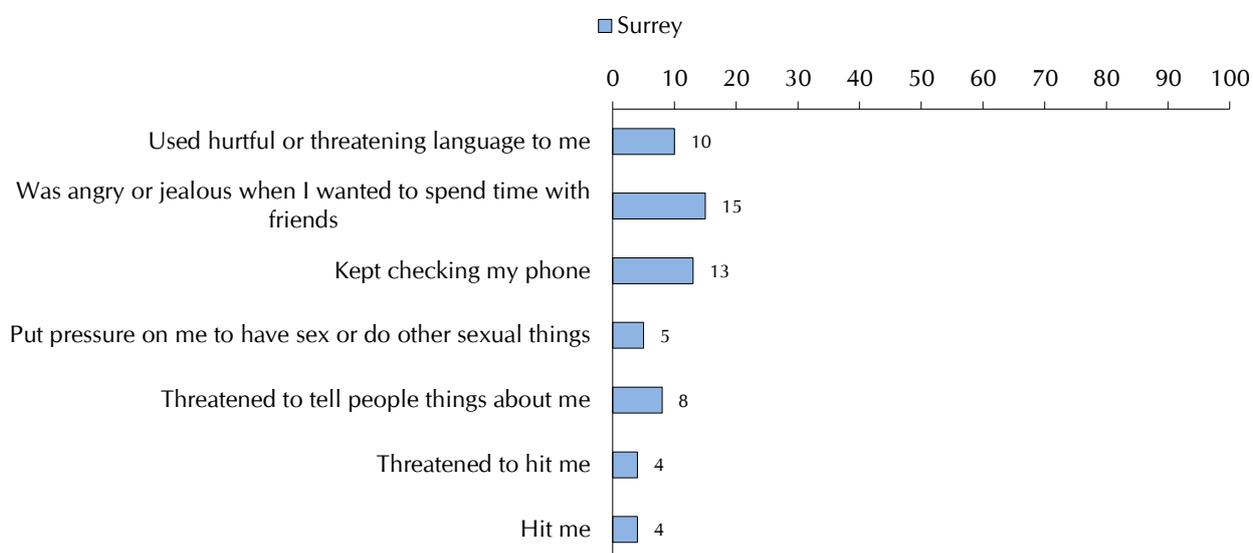
Q87. Percentage of pupils rating their safety as 'poor' or 'very poor' in the following circumstances:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Going out after dark	10	19	10	28	17
Going out during the day	2	2	2	4	3
At school	5	7	5	7	7
Going to and from school	2	6	4	5	4

Relationships

24% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

Q88. Percentage of pupils responding that they experienced the following in a relationship with a past or current partner:



Q88. Have any of these things happened to you in a relationship with a boyfriend/girlfriend?

Boys	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Used hurtful or threatening language to me	92	7	1
Was angry or jealous when I wanted to spend time with friends	86	13	2
Kept checking my phone	86	11	2
Put pressure on me to have sex or do other sexual things	97	2	1
Threatened to tell people things about me	93	6	1
Threatened to hit me	96	3	1
Hit me	96	3	1
Girls	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Used hurtful or threatening language to me	89	11	1
Was angry or jealous when I wanted to spend time with friends	84	14	2
Kept checking my phone	89	9	3
Put pressure on me to have sex or do other sexual things	94	5	1
Threatened to tell people things about me	91	8	0
Threatened to hit me	96	3	0
Hit me	97	3	0

E-safety

86% of pupils responded that they have chatted on the internet.

Q89a(i). Percentage answering that they have chatted on the internet.

	Surrey	
	Yr 8	Yr 10
Boys	87	88
Girls	82	87

54% of pupils responded that they chat to friends of friends on the internet, while 37% said they chat to other people who they don't know in real life.

Q89a(ii)-(v). Percentage of pupils responding 'yes' to the following questions about chatting on the internet:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Do you video chat (e.g. Skype, Facetime)?	57	66	54	68	61
Do you chat to just your friends or family that you know in real life?	64	63	56	54	59
Do you chat to friends of friends?	57	44	61	56	54
Do you chat to other people who you don't know in real life?	34	26	45	41	37

32% of pupils responded that they have received a hurtful, nasty or scary message online, while 10% said someone has changed their password.

Q89b. Percentage of pupils responding that the following things have happened to them online:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Received a hurtful, nasty or scary message	24	33	31	40	32
Hurtful comments were posted about them on a social networking site	8	12	10	14	11
An insulting poll or webpage was set up about them	3	2	3	3	3
Someone used/changed a picture or video to humiliate them	13	20	15	17	16
Someone posted private information about them (including pictures)	6	11	7	10	9
Someone used their identity/password to post false or hurtful things	3	3	3	5	4
Someone changed their password	8	11	9	11	10
Other	2	2	3	3	2

14% of pupils responded that they have given personal information to someone online who they didn't know in real life.

Q89c. Percentage answering that they have given personal information to someone online who they didn't know in real life.

	Surrey	
	Yr 8	Yr 10
Boys	10	18
Girls	9	19

29% of pupils responded that someone online who they didn't know has asked to see pictures of them.

Q89d. Percentage answering that someone online who they didn't know has asked to see pictures of them.

	Surrey	
	Yr 8	Yr 10
Boys	16	25
Girls	26	54

8% of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.

Q89e. Percentage answering that someone has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.

	Surrey	
	Yr 8	Yr 10
Boys	3	4
Girls	9	18

4% of pupils responded that they have sent sexual pictures/videos of themselves to someone they don't know.

Q89f. Percentage answering that they have sent sexual pictures/videos of themselves to someone they don't know.

	Surrey	
	Yr 8	Yr 10
Boys	2	4
Girls	2	8

5% of pupils responded that they have sent sexual pictures/videos of themselves to someone they do know.

Q89g. Percentage answering that they have sent sexual pictures/videos of themselves to someone they do know.

	Surrey	
	Yr 8	Yr 10
Boys	1	7
Girls	2	13

18% of pupils responded that someone they don't know in person has asked to meet with them; 6% said this person was, as far as they know, quite a bit older than them and 4% said they did actually meet up with them.

Q89h(i). Percentage answering that someone they don't know in person has asked to meet with them.

	Surrey	
	Yr 8	Yr 10
Boys	8	16
Girls	14	36

91% of pupils responded that they have been told how to stay safe while online.

Q89i(i). Percentage answering that they have been told how to stay safe online.

Surrey		
	Yr 8	Yr 10
Boys	88	87
Girls	95	95

56% of pupils responded that they always follow the advice they have been given about how to stay safe online.

Q89i(ii). Percentage answering that they always follow the advice they have been given about how to stay safe online.

Surrey		
	Yr 8	Yr 10
Boys	57	50
Girls	60	57

73% of pupils responded that they have blocked someone because of something upsetting that happened online and 1% said they have reported something to CEOP.

Q89j. Percentage of pupils responding that they have done the following because of something upsetting that happened online:

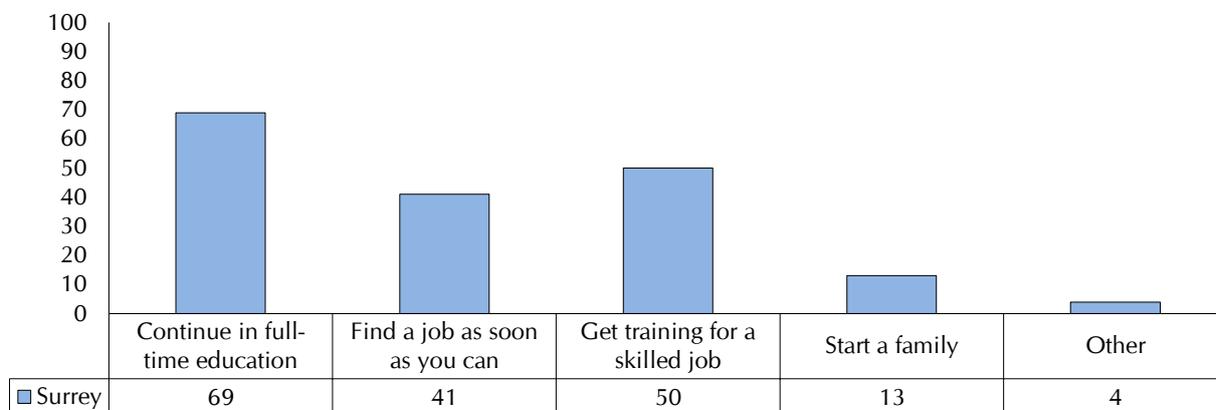
	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Blocked someone	68	76	66	82	73
Insulted someone back	33	33	42	39	36
Asked a friend to reply for them	11	30	14	34	22
Talked to their parents/carers	18	35	11	27	23
Reported to CEOP	1	1	1	1	1
Talked to the police	1	2	2	3	2
Talked to an adult at school	5	10	2	8	7
Talked to an adult outside school	6	10	3	5	6

Enjoying & Achieving

Future plans

Q90. At the end of Year 11, do you want to...?

Surrey



63% of boys and 74% of girls responded that they want to continue in full-time education at the end of Year 11.

Q90. Percentage answering that they want to continue in full-time education at the end of Year 11.

Surrey

	Yr 8	Yr 10
Boys	60	68
Girls	69	80

38% of boys and 44% of girls responded that they want to find a job as soon as they can at the end of Year 11.

Q90. Percentage answering that they want to enter into employment at the end of Year 11.

Surrey

	Yr 8	Yr 10
Boys	40	36
Girls	45	44

54% of boys and 46% of girls responded that they want to get training for a skilled job at the end of Year 11.

Q90. Percentage answering that they want to get training for a skilled job at the end of Year 11.

Surrey

	Yr 8	Yr 10
Boys	61	44
Girls	54	36

15% of boys and 12% of girls responded that they want to start a family at the end of Year 11.

Q90. Percentage answering that they want to start a family at the end of Year 11.

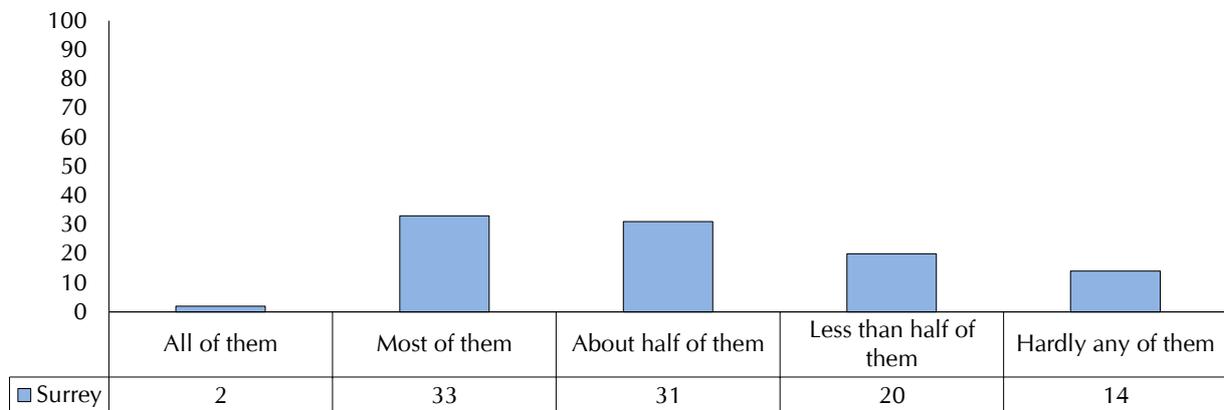
Surrey

	Yr 8	Yr 10
Boys	19	11
Girls	15	7

School lessons

Q91. How many lessons do you enjoy at school?

Surrey



35% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

Q91. Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

Surrey

	Yr 8	Yr 10
Boys	41	40
Girls	34	27

14% of pupils responded that they enjoy 'hardly any' of their lessons at school.

Q91. Percentage answering that they enjoy 'hardly any' of their lessons at school.

Surrey

	Yr 8	Yr 10
Boys	9	12
Girls	15	18

25% of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.

Q92. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Managing money	23	14	17	8	16
Citizenship	37	30	18	14	25
Drug education (including alcohol and tobacco)	53	45	41	33	43
Emotional health and wellbeing	50	44	35	24	39
Bullying	45	39	26	18	33
Healthy eating	56	44	36	23	40
Physical activity	67	51	51	32	50
Safety	65	58	46	33	51
Sex and Relationships education	45	43	46	39	43

19% of pupils responded that they have found school lessons about citizenship 'not at all' useful.

Q92. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Managing money	17	23	23	23	21
Citizenship	15	17	21	25	19
Drug education (including alcohol and tobacco)	11	13	16	16	14
Emotional health and wellbeing	12	19	22	30	21
Bullying	15	25	25	36	25
Healthy eating	9	17	18	27	18
Physical activity	6	12	13	20	13
Safety	7	10	13	17	11
Sex and Relationships education	16	16	15	13	15

Attendance

80% of pupils responded that they think it is important to go to school regularly, while 8% think it isn't important.

Q93. Percentage answering that they think it is important to go to school regularly.

Surrey		
	Yr 8	Yr 10
Boys	85	82
Girls	76	80

81% of pupils responded that they have been away from school due to illness or injury (incl. COVID self-isolation) in the 12 months before the survey, while 41% said they have been away due to doctor/dentist appointments.

Q94. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (top 5):

Boys			Girls		
1	Illness or injury (incl. self-isolation)	79	1	Illness or injury (incl. self-isolation)	82
2	Medical/dental appointments	36	2	Medical/dental appointments	46
3	Day trips or holiday in term-time	10	3	Worries about school	22
4	Worries about school	5	4	Day trips or holiday in term-time	13
5	Caring for family members	4	5	Effects of my social life	9

Every Child Matters

30% of pupils responded that they think the school cares whether they are happy or not and 62% said their work is marked so they can see how to improve it.

Q95. Percentage of pupils responding that they 'agree' with the following statements:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	41	31	29	19	30
My work is marked so I can see how to improve it	72	58	66	55	62
I set my own targets and I am helped to meet them	52	40	46	31	41
My achievements in and out of school are recognised	46	36	36	27	36
The school teaches me how to deal with my feelings positively	39	26	29	14	27
The school helps me work as part of a team	53	41	38	25	39
In this school, people with different backgrounds are valued	63	59	61	50	58
The school encourages everyone to take part in decisions	58	54	48	38	50
The school encourages me to contribute to community events	47	36	35	22	35
The school prepares me for when I leave this school	48	43	38	32	40

Q95. Percentage of pupils responding that they 'agree' with the following statements:

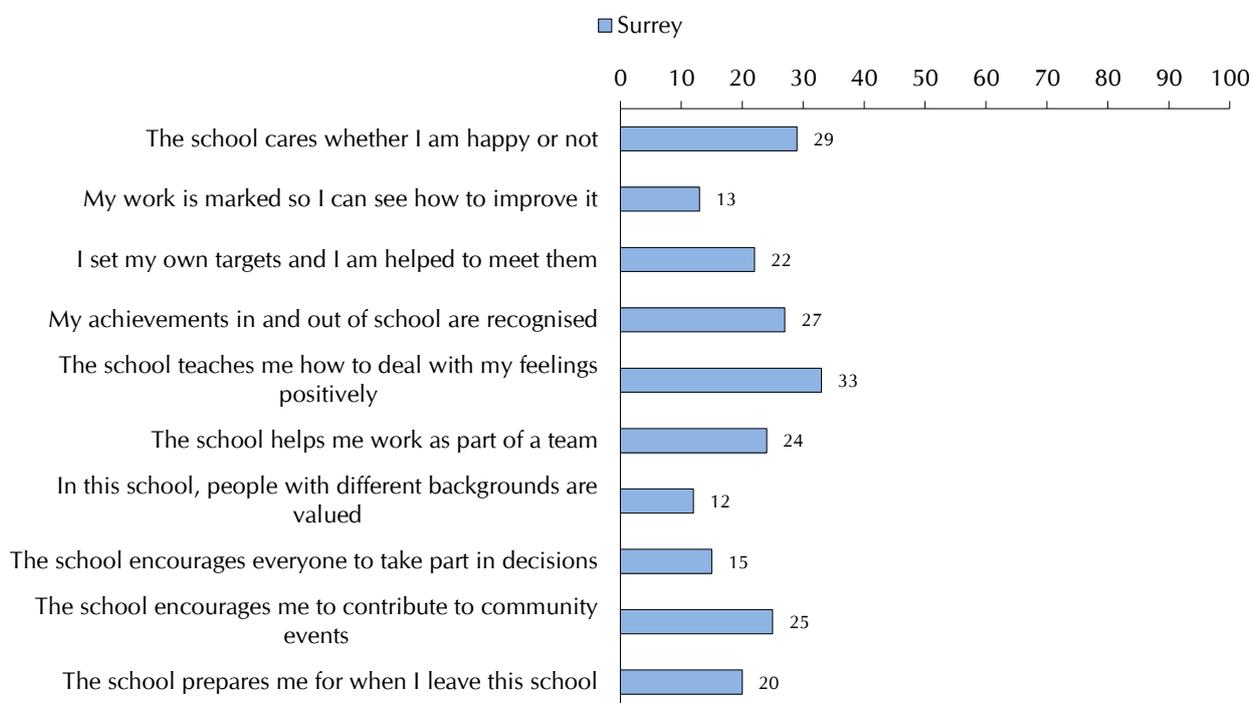


29% of pupils responded that they think the school doesn't care whether they are happy or not.

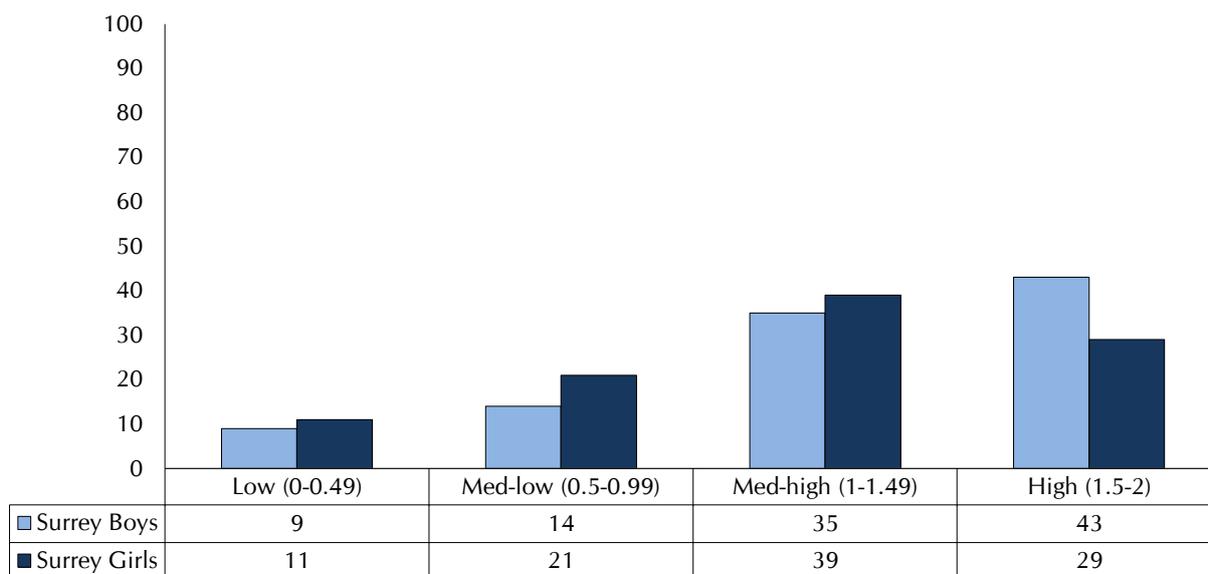
Q95. Percentage of pupils responding that they 'disagree' with the following statements:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	21	25	32	38	29
My work is marked so I can see how to improve it	9	12	13	17	13
I set my own targets and I am helped to meet them	15	20	24	30	22
My achievements in and out of school are recognised	20	23	31	35	27
The school teaches me how to deal with my feelings positively	21	30	36	45	33
The school helps me work as part of a team	14	19	29	33	24
In this school, people with different backgrounds are valued	8	10	13	15	12
The school encourages everyone to take part in decisions	12	10	19	22	15
The school encourages me to contribute to community events	17	20	32	34	25
The school prepares me for when I leave this school	13	16	25	28	20

Q95. Percentage of pupils responding that they 'disagree' with the following statements:



Q95. Composite pupil perception score:



N.B. This score is derived from the levels of agreement to each of the positive statements about their experience in school (Q95).

10% of pupils had a low pupil perception score.

Q95. Percentage who had a low pupil perception score.

	Surrey	
	Yr 8	Yr 10
Boys	5	13
Girls	8	14

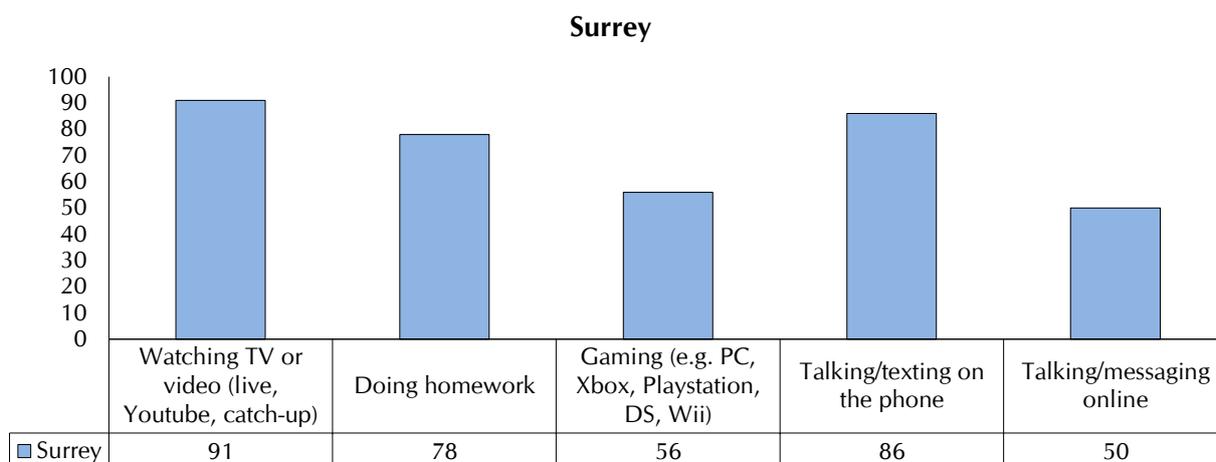
35% of pupils had a high pupil perception score.

Q95. Percentage who had a high pupil perception score.

	Surrey	
	Yr 8	Yr 10
Boys	50	34
Girls	37	19

Leisure

Q96. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



91% of pupils responded that they spent time watching TV or video after school on the day before the survey, while 78% did homework and 56% played video games.

Q96. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:

Boys	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV or video (live, YouTube, catch-up)	8	29	29	15	19
Doing homework	21	50	21	5	4
Gaming (e.g. PC, Xbox, Playstation, DS, Wii)	19	15	22	15	29
Talking/texting on the phone	19	42	18	7	14
Talking/messaging online	52	27	8	4	8
Girls	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV or video (live, YouTube, catch-up)	9	27	26	15	22
Doing homework	22	44	20	8	5
Gaming (e.g. PC, Xbox, Playstation, DS, Wii)	68	15	7	5	5
Talking/texting on the phone	8	34	21	13	24
Talking/messaging online	47	24	10	6	12

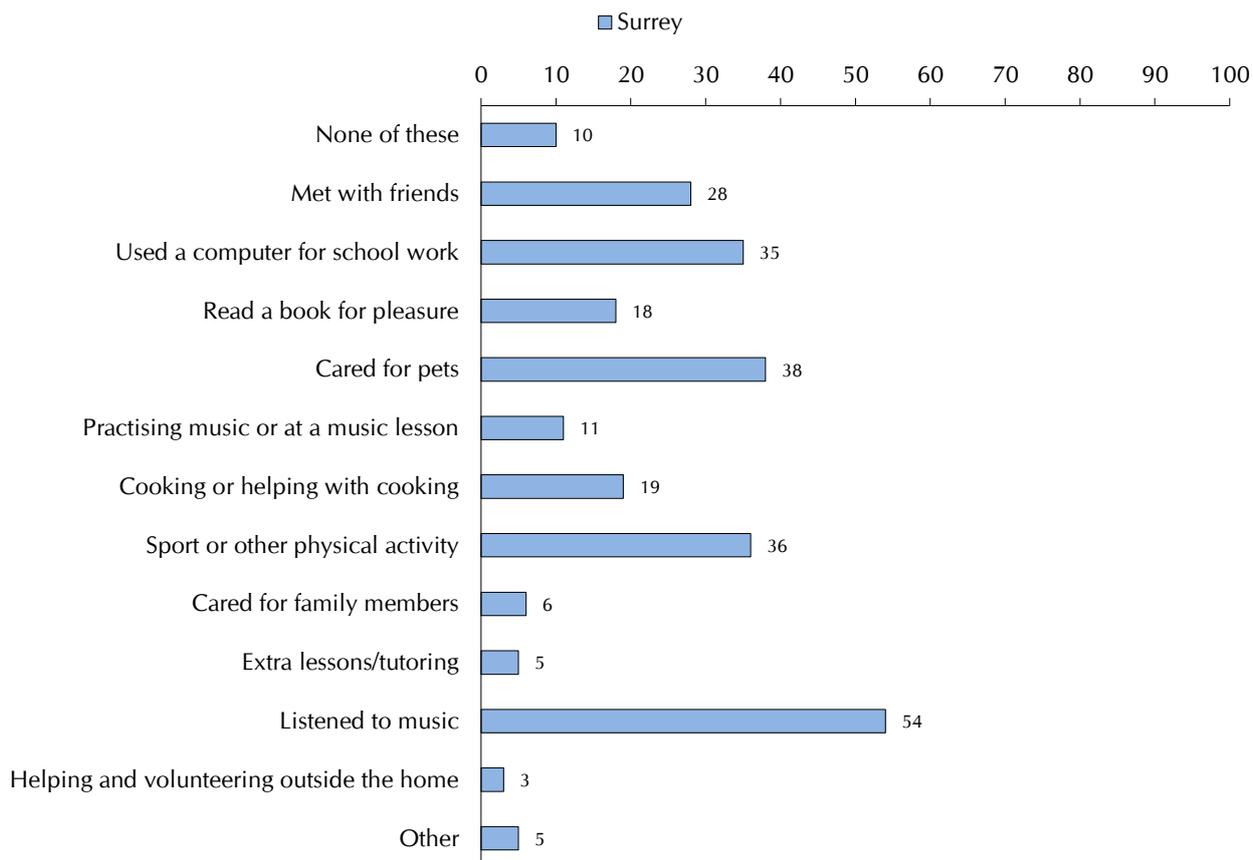
54% of pupils responded that they listened to music after school on the day before the survey, while 28% said they met with friends.

Q97. Percentage of pupils responding that they did the following after school on the day before the survey (top 10):

Boys			Girls		
1	Listened to music	45	1	Listened to music	60
2	Sport or other physical activity	40	2	Cared for pets	43
3	Used a computer for school work	37	3	Sport or other physical activity	33
4	Cared for pets	33	4	Used a computer for school work	31
5	Met with friends	28	5	Met with friends	28
6	Cooking or helping with cooking	14	6	Cooking or helping with cooking	25
7	Read a book for pleasure	13	7	Read a book for pleasure	23
8	Practising music or at a music lesson	10	8	Practising music or at a music lesson	11
9	Extra lessons/tutoring	5	9	Cared for family members	7
10	Cared for family members	4	10	Other	6

38% of pupils responded that they cared for pets after school on the day before the survey, while 18% said they read a book for pleasure.

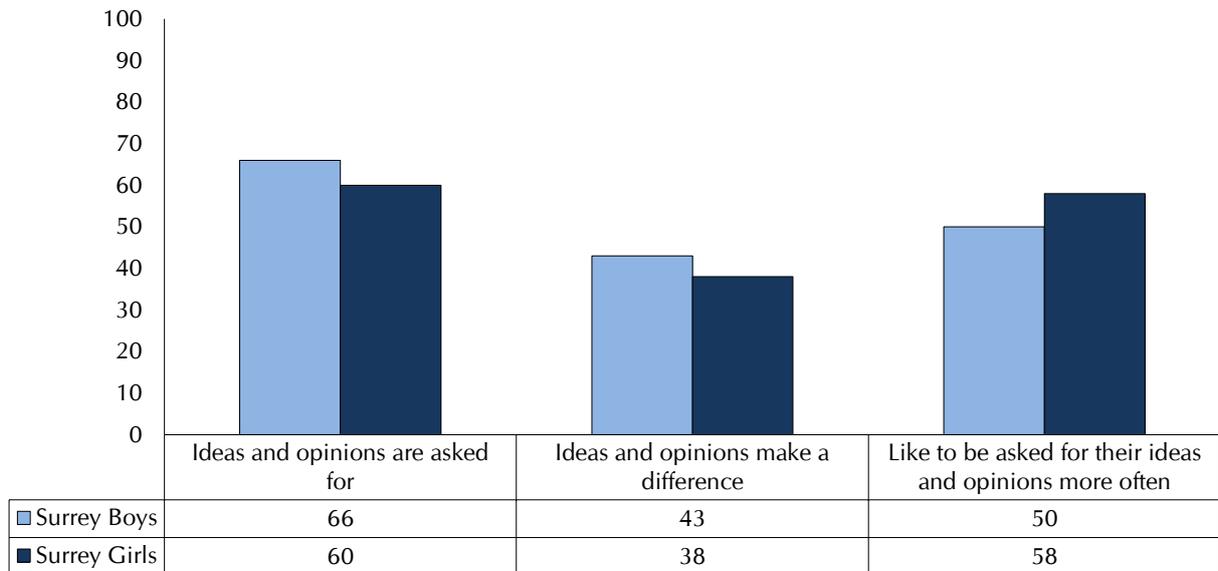
Q97. Percentage of pupils responding that they did the following after school on the day before the survey:



Making a Positive Contribution

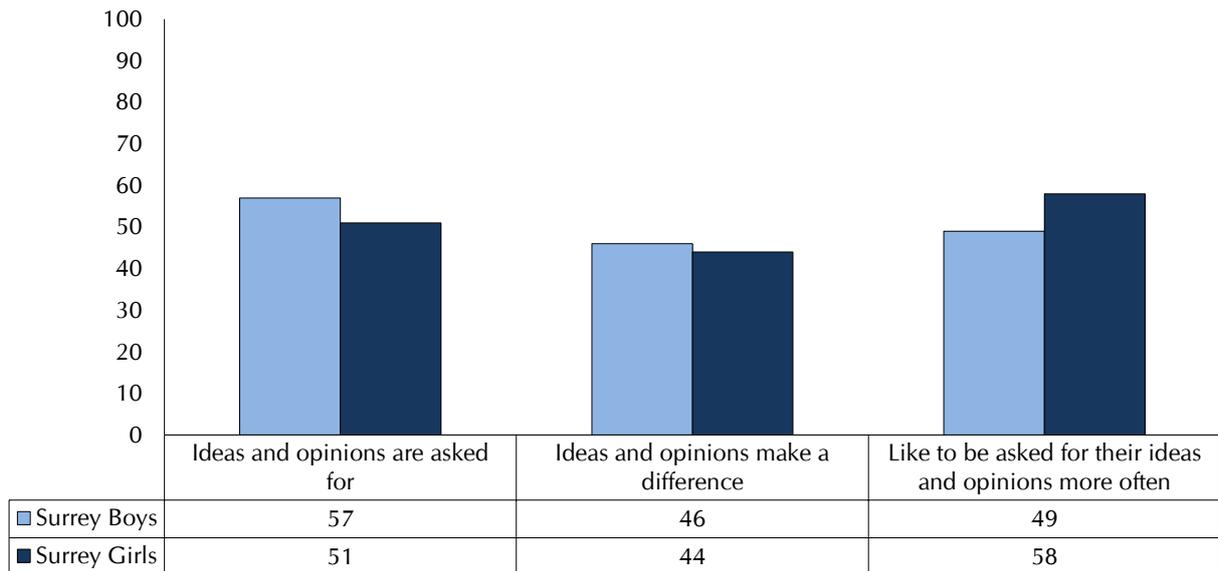
63% of pupils responded that they are asked for their ideas and opinions about what they learn in school; 40% said their opinions make a difference and 54% would like to be consulted more often.

Q98. Percentage of pupils responding to questions about what they learn in school:



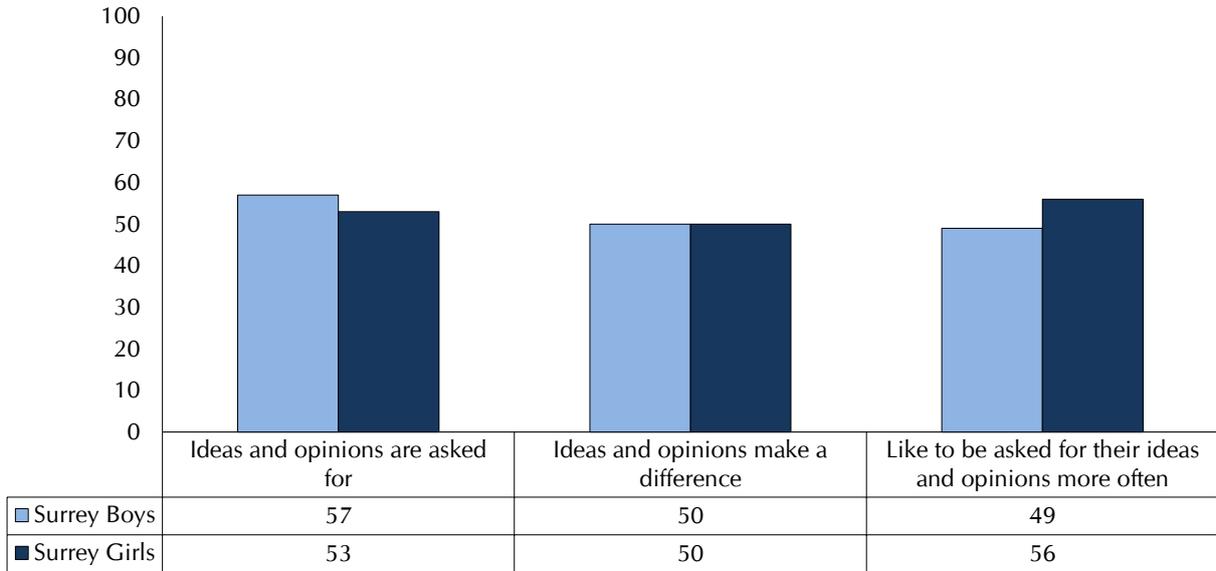
53% of pupils responded that they are asked for their ideas and opinions about how they learn in school; 45% said their opinions make a difference and 54% would like to be consulted more often.

Q98. Percentage of pupils responding to questions about how they learn in school:



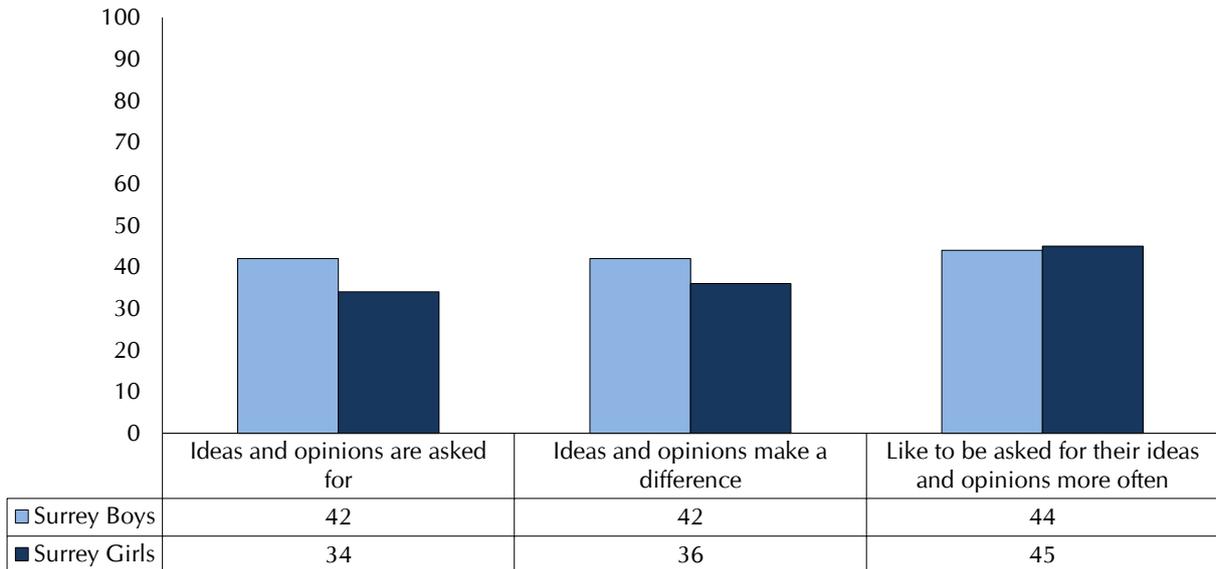
55% of pupils responded that they are asked for their ideas and opinions about the school environment; 49% said their opinions make a difference and 52% would like to be consulted more often.

Q98. Percentage of pupils responding to questions about the school environment:



38% of pupils responded that they are asked for their ideas and opinions about their community; 39% said their opinions make a difference and 44% would like to be consulted more often.

Q98. Percentage of pupils responding to questions about their community:



List of Tables

Q2. Percentage answering that their gender now is not the same as the sex they were assigned at birth.....	18
Q3. Percentage answering that they are White British.....	18
Q4. Percentage answering that they speak English most of the time at home.....	18
Q5. Which adults do you live with?	19
Q5. Percentage answering that they live with their Mum and Dad together.....	19
Q5. Percentage answering that they live 'mainly or only' with their Mum.....	19
Q6. Percentage answering that someone helped them to fill in the questionnaire.....	20
Q7. Percentage answering that they are disabled.....	20
Q8. Percentage answering that they have a long-standing illness.....	20
Q9. Percentage answering that they have a special educational need or a learning difficulty.....	20
Q7-9. Percentage answering that they are disabled or have a long-standing illness, special educational need or a learning difficulty.....	20
Q10. Percentage answering that they have additional needs which are looked after properly in school.....	20
Q11a. Percentage answering that they are a 'young carer'.....	21
Q11b. If you are a 'young carer', who do you look after?.....	21
Q11c. If you are a 'young carer', how much of your time does it take up each day?	21
Q11c. Percentage answering that being a young carer takes up at least an hour of their time each day.....	21
Q12a. Percentage answering that they have a parent/carers who is in the armed forces.....	22
Q12b. If yes, who is it?.....	22
Q12b. Percentage answering that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves.....	22
Q13. In the last 6 years have you ever had free school meals, or vouchers for free meals?.....	23
Q13. Percentage answering that they currently have free school meals.....	23
Q15-16. Experience of working at home:	24
Q15. Percentage answering that they did school work at home if they were not at school during COVID-19 and lockdown.....	24
Q16. Percentage answering that they did school work at home during COVID-19 and lockdown and found it 'hard'.....	24
Q17. Could you find and use the files your school provided for you to work at home?.....	25
Q17. Percentage answering that they could find and use the files their school provided for them to work at home at least 'most of the time'.....	25
Q18. Could you get help easily enough for learning at home if you got stuck?	25
Q17. Percentage answering that they were unable to get help easily for learning at home if they got stuck.....	25
Q19. Percentage agreeing with statements Q19a and/or Q19c.....	26
Q19. Percentage agreeing with statements Q19b and/or Q19d.....	26
Q19. Aggregate health locus of control score:	26
Q19. Percentage of pupils responding that they 'agree' with the following statements:.....	26
Q21. Weight: Which statement describes you best?.....	27
Q21. Percentage answering that they would like to put on weight.....	27
Q21. Percentage answering that they would like to lose weight.....	27
Q21. Percentage answering that they are happy with their weight as it is.....	27
Q22. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance:	28
Q22. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance (top 5):	28
Q23. When choosing what to eat, do you consider your health?.....	29
Q23. Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.....	29
Q23. Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.....	29
Q24. How many portions of fruit and vegetables did you eat yesterday?	30
Q24. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.....	30
Q24. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.....	30
Q25. What did you do for lunch yesterday?	31
Q25. Percentage answering that they had school food for lunch on the day before the survey.....	31

Q25. Percentage answering that they didn't have any lunch on the day before the survey.	31
Q26. Percentage of pupils responding that they would describe the place where they can get a school lunch as the following:	31
Q27. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:	32
Q27. Percentage answering that they didn't have anything to eat or drink before lessons on the day of the survey.....	32
Q27. Percentage answering that they only had a drink before lessons on the day of the survey.	32
Q27. Percentage of pupils responding that they had the following to eat for breakfast on the day of the survey (top 5):	32
Q27. Percentage of pupils responding that they had the following to drink for breakfast on the day of the survey:	32
Q28. Percentage of pupils responding that they eat or drink the following 'on most days' (top 10):	33
Q28. Percentage of pupils responding that they 'rarely or never' eat or drink the following (top 10):	33
Q29. How many people of your age, do you believe...?	34
Q29a. Percentage answering that they believe at least 'most' people their age drank alcohol in the week before the survey.	34
Q29b. Percentage answering that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey.	34
Q29c. Percentage answering that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey.....	34
Q29d. Percentage answering that they believe at least 'most' people their age took cannabis in the 7 days before the survey.	34
Q30. Percentage answering that they had an alcoholic drink in the 7 days before the survey.	35
Q31. Percentage answering that they were drunk in the 7 days before the survey.	35
Q32. Total units of alcohol pupils reported drinking in the 7 days before the survey:	35
Q32. Percentage answering that they drank over 14 units of alcohol in the 7 days before the survey.	35
Q32. Most popular alcoholic drinks in the 7 days before the survey (top 5):.....	35
Q33. If you ever drink alcohol, do your parents/carers know?	36
Q33. Percentage answering that they never drink alcohol.	36
Q33. Percentage answering that if they ever drink alcohol, their parents/carers 'always' know.	36
Q33. Percentage answering that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.	36
Q34. Percentage answering that they would know where to go if they wanted information or support about alcohol or drugs.	36
Q35. Smoking: Which statement describes you best?	37
Q35. Percentage answering that they have smoked in the past or smoke now.	37
Q35. Percentage answering that they smoke 'regularly'	37
Q36. Percentage answering that they have smoked in the 7 days before the survey.....	37
Q37. Percentage of pupils responding that they have bought the following:.....	37
Q38a. Percentage answering that their parents/carers smoke.....	38
Q38b. Percentage answering that someone smokes indoors at home in rooms that they use.	38
Q38c. Percentage answering that someone smokes in a car when they are in it too.	38
Q39. Thinking about smoking at home, what best describes what happens in your home?.....	38
Q39. Percentage answering that no-one ever smokes at home.	38
Q39. Percentage answering that smokers can smoke anywhere in their home.....	38
Q40. What do you know about electronic cigarettes or 'e-cigarettes'?.....	39
Q40. Percentage answering that they have either 'never heard of' or 'never used' electronic cigarettes.	39
Q40. Percentage answering that they use an electronic cigarette 'occasionally' or 'regularly'.	39
Q41. Do you know anyone personally who you think takes any drugs to get high (not medicines, tobacco or alcohol)?	40
Q41. Percentage answering that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.	40
Q42. Percentage answering that they have been offered cannabis.....	40
Q43. Percentage answering that they have been offered other drugs to get high (not cannabis).	40
Q44. Percentage answering that they have taken drugs to get high (not medicines, tobacco or alcohol).....	40
Q45. Summary of some common recreational drugs:.....	41
Q45. Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:	41
Q45. Percentage answering that they have taken one of the drugs listed during the last month.....	41
Q46. In general, how happy do you feel with your life at the moment?	42
Q46. Percentage answering that they are 'not at all' happy with their life at the moment.	42

Q46. Percentage answering that they are at least 'quite' happy with their life at the moment.	42
Q47. Composite self-esteem score:.....	43
Q47. Percentage with a med-low self-esteem score (9 or less).	43
Q47. Percentage with a high self-esteem score (15 or more).	43
Q47. (Individual self-esteem items) Percentage in each group giving a high esteem response:	44
Q47. (Individual self-esteem items) Percentage in each group giving a high esteem response:	44
Q48. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed....	45
Q48. Percentage answering they worry about at least one of the issues listed 'quite a lot' or 'a lot'.	45
Q48. Percentage answering that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.	45
Q48. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10):	46
Q48. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':	47
Q49. Percentage answering they know an adult they trust who they can talk to if they are worried about something.	47
Q50. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed (top 10):	48
Q50. Percentage answering that they at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.....	48
Q50. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed:	49
Q51/52. Composite resilience score:.....	50
Q51/52. Percentage with a low measure of resilience (0 – 16).	50
Q51/52. Percentage with a high measure of resilience (24+).	50
Q51. Percentage of pupils responding that they 'usually' or 'always' feel the following when something goes wrong:	51
Q51. Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong:.....	51
Q52. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:.....	52
Q52. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:.....	52
Q53a. Percentage of pupils responding that they have learned about contraception from the following people or places:.....	53
Q53b. Percentage of pupils responding that they have learned about sexually transmitted infections from the following people or places:.....	53
Q54. Percentage answering that they know where they can get condoms free of charge.	53
Q55. What do you know about the following services?	54
Q55a. Percentage answering that they have never heard of Catch 22.	54
Q55b. Percentage answering that they have never heard of GUM clinics.	54
Q55c. Percentage answering that they have never heard of CASH clinics.	54
Q55d. Percentage answering that they have never heard of sexual health clinics just for young people.	54
Q55a-d. Percentage answering that they have at least heard of one or more of these services.	54
Q99. Year 10+: At what age do you think most young people start having sex?.....	55
Q99. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 14 or younger.	55
Q99. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 16 or 17.	55
Q99. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 19 or older.	55
Q100. Year 10+: Sexual relationships: Which of the following best describes you?	56
Q100. Percentage of Year 10+ pupils answering that they are currently in a relationship and thinking about having sex.	56
Q100. Percentage of Year 10+ pupils answering that they are either in a sexual relationship or have had one in the past.	56
Q56. How much do you enjoy physical activities?	57
Q56. Percentage answering that they don't enjoy physical activities at all.	57
Q56. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.	57
Q57a. Percentage answering that they enjoy their PE lessons.	57
Q57b. Percentage answering that they feel they are getting better at PE.	57
Q57c. Percentage answering that their school has helped them to be more healthy.	58
Q58a. How many times on weekdays each week do you go to sports clubs at lunchtime or after school?	58
Q58a. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.	58
Q58a. Percentage answering that they go to sports clubs at least 3 times at lunch time or after school each week.	58
Q58b. How many times each week do you go to sports clubs at weekends?	59

Q58b. Percentage answering that they don't go to any sports clubs at weekends each week.	59
Q58b. Percentage answering that they go to sports clubs at least 3 times at weekends each week.	59
Q58. How many times each week do you go to sports clubs [at lunchtime, after school OR at weekends]?	59
Q58c. Percentage of pupils responding that they do the following clubs:	60
Q58c. Percentage of pupils responding that they do the following clubs (top 10):	60
Q59. How many sports games or matches have you played in school this year?	61
Q59. Percentage answering that they haven't played any sports games or matches at their school this year.	61
Q59. Percentage answering that they have played at least 4 matches at their school this year.	61
Q60. How many games or matches have you played against other schools this year?	62
Q60. Percentage answering that they haven't played any games or matches against other schools this year.	62
Q60. Percentage answering that they have played at least 4 matches against other schools this year.	62
Q61. Percentage answering that they currently take part in sports volunteering or sports leadership.	62
Q62. On how many days did you do any physical activity in the last 7 days?	63
Q62. Percentage answering that they didn't do any physical activity in the week before the survey.	63
Q62. Percentage answering that they did physical activity on five days or more in the week before the survey.	63
Q62. On which days did you do any physical activity in the last 7 days?	63
Q63. On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?	64
Q63. Percentage answering that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.	64
Q63. Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.	64
Q63. On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?	64
Q64. On how many days did you get out of breath and/or sweaty while doing physical activity for an hour or more, in the last 7 days?	65
Q64. Percentage answering that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more on any day in the week before the survey.	65
Q64. Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.	65
Q64. On which days did you get out of breath and/or sweaty while doing physical activity for an hour or more, in the last 7 days?	65
Q65. Percentage answering that their week's pattern of activity was usual.	66
Q66. Percentage of pupils responding that they think doing PE, sport and other physical activities helps with the following:	66
Q66. Percentage of pupils responding that they think doing PE, sport and other physical activities helps with the following:	66
Q67. Percentage of pupils agreeing with the following statements:	67
Q67. Percentage of pupils agreeing with the following statements:	67
Q67. Percentage of pupils disagreeing with the following statements:	67
Q68. Percentage of responding that the following things make them want to be physically active:	68
Q68. Percentage of responding that the following things make them want to be physically active:	68
Q69. Percentage of pupils responding that the following stops them from being physically active:	69
Q69. Percentage of pupils responding that the following stops them from being physically active:	69
Q70. How long ago did you last visit the doctor?	70
Q70. Percentage answering that they last visited the doctor in the last 6 months.	70
Q70. Percentage answering that they last visited the doctor more than a year ago.	70
Q71. Percentage answering that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.	70
Q71. Percentage answering that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.	70
Q72. Percentage answering that there is a health clinic in their school.	71
Q73. Percentage answering that they know who their School Nurse is.	71
Q74. Percentage answering that they know how to get to see their School Nurse.	71
Q75. How long ago did you last visit the dentist?	72
Q75. Percentage answering that they visited the dentist in the last 6 months.	72
Q75. Percentage answering that they last visited the dentist more than a year ago.	72

Q20. Do you do anything to avoid sunburn?	73
Q20. Percentage answering that they 'never' do anything to avoid sunburn.	73
Q20. Percentage answering that they 'usually' or 'whenever possible' do something to avoid sunburn.....	73
Q76. When a friend wants me to do something I don't want to do, I can...:	74
Q76. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.	74
Q76. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.	74
Q77. Do you ever feel afraid of going to school because of bullying?	75
Q77. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.....	75
Q77. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.	75
Q78. Percentage answering that they have been bullied at or near school in the last 12 months.....	75
Q79. Percentage answering that they have deliberately upset or hurt someone else at school in the last 12 months.	75
Q80. How well does your school deal with bullying?	76
Q80. Percentage answering that their school deals with bullying 'badly'.....	76
Q80. Percentage answering that their school deals with bullying 'quite' or 'very' well.	76
Q81. Percentage answering that they think their school takes bullying seriously.	76
Q82. Percentage of pupils responding that they experienced the following in the month before the survey (top 10):	77
Q82. Percentage of pupils responding that they experienced the following in the month before the survey:	77
Q83. Percentage of pupils responding that they have experienced negative behaviour at the following places in the month before the survey (top 5):.....	78
Q84. Percentage of pupils responding that they were bullied recently and told the following people about it (top 5):	78
Q85. Percentage answering that the bullying problem stopped after telling someone.	78
Q86. Do you think you have been picked on or bullied for any of the following?	79
Q86. Percentage answering that they think they have been picked on or bullied because of their size or weight.	79
Q86. Percentage answering that they think they have been picked on or bullied because of the way they look.	79
Q87. How do you rate your safety at the following times in the area where you live? % responding 'good' or 'very good' ..	80
Q87. Percentage of pupils rating their safety as 'good' or 'very good' in the following circumstances:	80
Q87. Percentage of pupils rating their safety as 'poor' or 'very poor' in the following circumstances:	80
Q88. Percentage of pupils responding that they experienced the following in a relationship with a past or current partner: ..	81
Q88. Have any of these things happened to you in a relationship with a boyfriend/girlfriend?	81
Q89a(i). Percentage answering that they have chatted on the internet.	82
Q89a(ii)-(v). Percentage of pupils responding 'yes' to the following questions about chatting on the internet:	82
Q89b. Percentage of pupils responding that the following things have happened to them online:	82
Q89c. Percentage answering that they have given personal information to someone online who they didn't know in real life.....	82
Q89d. Percentage answering that someone online who they didn't know has asked to see pictures of them.	83
Q89e. Percentage answering that someone has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.....	83
Q89f. Percentage answering that they have sent sexual pictures/videos of themselves to someone they don't know.	83
Q89g. Percentage answering that they have sent sexual pictures/videos of themselves to someone they do know.	83
Q89h(i). Percentage answering that someone they don't know in person has asked to meet with them.....	83
Q89i(i). Percentage answering that they have been told how to stay safe online.	84
Q89i(ii). Percentage answering that they always follow the advice they have been given about how to stay safe online.....	84
Q89j. Percentage of pupils responding that they have done the following because of something upsetting that happened online:	84
Q90. At the end of Year 11, do you want to...?.....	85
Q90. Percentage answering that they want to continue in full-time education at the end of Year 11.	85
Q90. Percentage answering that they want to enter into employment at the end of Year 11.	85
Q90. Percentage answering that they want to get training for a skilled job at the end of Year 11.	85
Q90. Percentage answering that they want to start a family at the end of Year 11.....	85
Q91. How many lessons do you enjoy at school?	86
Q91. Percentage answering that they enjoy 'most' or 'all' of their lessons at school.....	86
Q91. Percentage answering that they enjoy 'hardly any' of their lessons at school.....	86

Q92. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:.....	87
Q92. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:.....	87
Q93. Percentage answering that they think it is important to go to school regularly.....	87
Q94. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (top 5):.....	87
Q95. Percentage of pupils responding that they 'agree' with the following statements:.....	88
Q95. Percentage of pupils responding that they 'agree' with the following statements:.....	88
Q95. Percentage of pupils responding that they 'disagree' with the following statements:	89
Q95. Percentage of pupils responding that they 'disagree' with the following statements:	89
Q95. Composite pupil perception score:	90
Q95. Percentage who had a low pupil perception score.	90
Q95. Percentage who had a high pupil perception score.	90
Q96. Percentage of pupils responding that they spent time doing the following after school on the day before the survey: ..	91
Q96. Percentage of pupils responding that they spent time doing the following after school on the day before the survey: ..	91
Q97. Percentage of pupils responding that they did the following after school on the day before the survey (top 10):	92
Q97. Percentage of pupils responding that they did the following after school on the day before the survey:.....	92
Q98. Percentage of pupils responding to questions about what they learn in school:	93
Q98. Percentage of pupils responding to questions about how they learn in school:	93
Q98. Percentage of pupils responding to questions about the school environment:.....	94
Q98. Percentage of pupils responding to questions about their community:.....	94



**This is not the end of your
Health Related Behaviour Survey!**

Ask us about...

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related
behaviour: www.sheu.org.uk/node/366**

***We may also be able to introduce you to health and
education contacts, with money and resources, within your
local community***