

The Surrey Children and Young People's Health and Wellbeing Survey 2024

**A report for
Surrey Secondary**

The Schools Health Education Unit

www.sheu.org.uk

SHEU

Survey Report 2024

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding
Survey Manager
Schools Health Education Unit



Dr. David Regis
Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 40 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Surrey	
	Y 8	Y 10
Male	201	234
Female	202	190

Please note that 9 pupil(s) described themselves as non-binary or described themselves in another way, 6 pupil(s) did not want to say and 13 pupil(s) did not provide a response. These pupils will not be included in any tables or charts which are split by sex, however they will be included in any total figures.

Please note that if the proportions of younger and older pupils, or boys and girls, are very different in your school sample compared with the wider sample, then you may need to consider this as a cause when looking at any differences between your school and the wider data. Many of the headline figures are broken down by age and gender in the main body of the report, which will give more context for interpretation. Please contact SHEU if you would like to discuss.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

In the report, you may see '-' in the tables or text (e.g. '-%').

This means we have suppressed the result because the number of valid responses for an item has dropped below 7 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

Surrey Secondary Headlines

	Surrey	
	Y 8	Y 10
Male	201	234
Female	202	190

Background

GENDER IDENTITY

- ❑ 1% of pupils said their gender now is not the same as the sex they were assigned at birth, while 2% said they are 'not sure' if it is and 0% didn't want to say.

ETHNICITY

- ❑ 59% of pupils responded that they are White British.

LANGUAGE

- ❑ 82% of pupils said they speak English most of the time at home, while 3% said they speak another language/languages and 15% said they speak both English and another language.

HOME LIFE

- ❑ 71% of pupils responded that they live with their Mum and Dad together.
- ❑ 15% of pupils responded that they live 'mainly or only' with their Mum, while 2% said they live 'mainly or only' with their Dad.

SPECIAL NEEDS

- ❑ 1% of pupils responded that someone helped them to fill in the questionnaire, while 2% said they are 'not sure' if someone helped them and 1% didn't want to say.
- ❑ 3% of pupils responded that they are disabled, while 7% said they are 'not sure' if they are and 1% didn't want to say.
- ❑ 13% of pupils responded that they have a long-standing diagnosed illness, while 13% said they are 'not sure' if they have and 2% didn't want to say.
- ❑ 14% of pupils responded that they have a special educational need or a learning difficulty, while 18% said they are 'not sure' if they have and 1% didn't want to say.
- ❑ 24% of pupils responded that they are disabled or have a long-standing diagnosed illness, special educational need or a learning difficulty.
- ❑ 7% of pupils responded that they have additional needs and disabilities which are properly looked after in school, while 6% said they are 'not sure' if they are and 5% don't have any needs like that.
- ❑ This works out as 35% of the 148 pupils with additional needs and disabilities responding that their needs/disabilities are properly looked after.
- ❑ 12% of pupils said they know what additional help and support is available, while 4% said they don't.

- ❑ 14% of pupils said they know who to talk to about additional support, while 4% said they don't.

YOUNG CARERS

- ❑ 7% of pupils responded that they are a 'young carer', while 9% said they are 'not sure' if they are and 1% didn't want to say.
- ❑ 3% of pupils responded that being a young carer takes up at least an hour of their time each day, while 2% said it takes up less than an hour.

ARMED FORCES

- ❑ 1% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 4% said they are 'not sure' if they do and 1% didn't want to say.
- ❑ 1% of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 0% said their Mum or Dad's partner is.

FREE SCHOOL MEALS

- ❑ 14% of pupils responded that they currently have free school meals, while 12% said they have had them in the last 6 years and 3% said they could have them.

Healthy Eating

CONTROL OVER HEALTH

- ❑ 90% of pupils agreed with at least one statement about being in control of their health (Q17a&c).
- ❑ 55% of pupils agreed with at least one statement saying that they weren't in control of their health (Q17b&d).
- ❑ 73% of pupils responded that they are in charge of their health, while 50% said that even if they look after themselves, they can still easily fall ill.

WEIGHT & APPEARANCE

- ❑ 12% of pupils responded that they would like to put on weight.
- ❑ 42% of pupils responded that they would like to lose weight.
- ❑ 46% of pupils responded that they are happy with their weight as it is.
- ❑ 17% of pupils responded that they are the main thing that affects the way they feel about their appearance, while 39% said that the comments/attitudes of other people at school affect them.

HEALTHY CHOICES

- ❑ 56% of males and 52% of females responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 21% of males and 20% of females responded that they 'very often' or 'always' consider their health when choosing what to eat.

5-A-DAY

- ❑ 8% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 16% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

LUNCH

- ❑ 40% of pupils responded that they had school food for lunch on the day before the survey.
- ❑ 18% of pupils responded that they didn't have any lunch on the day before the survey.
- ❑ 84% of pupils responded that the place where they can get a school lunch is crowded and 60% said it is busy.

BREAKFAST

- ❑ 19% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.
- ❑ 12% of pupils responded that they only had a drink before lessons on the day of the survey.
- ❑ 23% of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 9% had fruit.

FOOD & DRINK

- ❑ 52% of pupils responded that they eat fresh fruit 'on most days'; 52% said the same for vegetables.
- ❑ 42% of pupils responded that they 'rarely or never' eat fish/fish fingers.

Alcohol, Smoking & Drugs

PEER PERCEPTION

- ❑ 6% of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 55% said 'none or just a few' did.
- ❑ 3% of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 67% said 'none or just a few' were.
- ❑ 6% of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 65% said 'none or just a few' did.
- ❑ 3% of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 75% said 'none or just a few' did.

ALCOHOL

- ❑ 7% of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 1% of pupils responded that they were drunk in the 7 days before the survey.
- ❑ 0% of males and 0% of females drank over 14 units of alcohol in the 7 days before the survey.
- ❑ 1% of pupils responded that they drank beer or lager in the 7 days before the survey and 1% said they drank spirits.
- ❑ 65% of pupils responded that they 'never' drink alcohol.
- ❑ 19% of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 8% said their parents/carers 'usually' know.
- ❑ This works out as 55% of those who drink alcohol responding that their parents 'always know'.
- ❑ 7% of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

ALCOHOL & DRUG INFORMATION

- ❑ 50% of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 22% said they wouldn't know where to go.

SMOKING

- ❑ 7% of pupils responded that they have smoked in the past or smoke now.
- ❑ 1% of pupils responded that they smoke 'regularly'.
- ❑ Of the 7 pupils who smoke regularly, 57% said they would like to give up.
- ❑ 1% of pupils responded that they have smoked in the 7 days before the survey.
- ❑ 1% of pupils responded that they have bought cigarettes sellers such as neighbours, market stalls, etc..
- ❑ 24% of pupils responded that their parents/carers smoke cigarettes.
- ❑ 6% of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 9% of pupils responded that someone smokes in a car when they are in it too.
- ❑ 26% of pupils responded that their parents/carers vape.
- ❑ 69% of pupils responded that no-one ever smokes at home.
- ❑ 3% of pupils responded that smokers can smoke anywhere in their home, while 5% said people can smoke in certain rooms only.
- ❑ 10% of Year 8 pupils and 35% of Year 10 pupils said they have at least tried vaping.
- ❑ 1% of Year 8 pupils and 7% of Year 10 pupils said they vape 'regularly'.

- ❑ Of the 32 pupils who vape regularly, 63% said they would like to give it up.
- ❑ 2% of pupils said adults (aged 18 and over) have bought vapes for them.

DRUGS

- ❑ 13% of Year 8 pupils and 33% of Year 10 pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.
- ❑ 5% of Year 8 pupils and 17% of Year 10 pupils responded that they have been offered cannabis.
- ❑ 4% of Year 8 pupils and 16% of Year 10 pupils responded that they have been offered other drugs to get high (not cannabis).
- ❑ 1% of Year 8 pupils and 8% of Year 10 pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).
- ❑ 0% of Year 8 pupils and 3% of Year 10 pupils responded that they have taken at least one of the drugs listed during the last month.

Emotional Health & Wellbeing

SATISFACTION

- ❑ 2% of males and 4% of females responded that they are 'not at all' happy with their life at the moment.
- ❑ 68% of males and 47% of females responded that they are at least 'quite' happy with their life at the moment.

SELF-ESTEEM

- ❑ 33% of pupils had a med-low self-esteem score (9 or less).
- ❑ 29% of pupils had a high self-esteem score (15 or more).
- ❑ 62% of pupils responded that they feel happy talking to other pupils at school.

WORRYING

- ❑ 81% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 22% of males and 44% of females responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- ❑ 53% of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot' while 32% worry 'quite a lot' or 'a lot' about family problems.
- ❑ 44% of pupils responded that they worry about the way they look 'quite a lot' or 'a lot', while 36% worry 'quite a lot' or 'a lot' about their mental health.
- ❑ 74% of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% said they don't know anyone.
- ❑ 5% of pupils said they don't have a place where they feel safe and comfortable; 13% said they 'maybe' do.

PROBLEM SOLVING

- ❑ 62% of pupils responded that they 'usually' or 'always' listen to music when they have a problem

that worries them or they are feeling stressed, while 36% said they talk to someone about it.

- ❑ 7% of males and 23% of females said they at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.
- ❑ 42% of pupils responded that they 'usually' or 'always' watch TV when they have a problem that worries them or they are feeling stressed.

RESILIENCE

- ❑ 38% of pupils had a low measure of resilience (0 – 16).
- ❑ 14% of pupils had a high measure of resilience (24+).
- ❑ 48% of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 35% said they get upset and feel bad for ages.
- ❑ 16% of pupils responded that when something goes wrong they 'never' learn from it for next time.
- ❑ 51% of pupils responded that if they don't succeed, they 'usually' or 'always' keep on trying until they do, while 38% ask for help and 21% give up.
- ❑ 32% of pupils responded that if they don't succeed, they 'never' give up.

Sexual Health

SEX & RELATIONSHIPS EDUCATION

- ❑ 75% of pupils responded that they have learned about contraception from school lessons, while 13% said they never learned about it anywhere.
- ❑ 70% of pupils responded that they have learned about sexually transmitted infections from school lessons, while 20% said they never learned about it anywhere.

CONTRACEPTION

- ❑ 22% of pupils responded that they know where they can get condoms free of charge.

HELP & ADVICE SERVICES

- ❑ 90% of pupils responded that they have at least heard of one or more of these services, while 7% said that they have used at least one of these services.

YEAR 10+: SEXUAL RELATIONSHIPS

- ❑ 14% of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.
- ❑ 44% of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.
- ❑ 5% of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.
- ❑ 3% of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.

- ❑ 5% of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.

Physical Activity

ACTIVE TRAVEL

- ❑ 46% of pupils said they travelled to school by car/van on the day of the survey.
- ❑ 2% of pupils said they travelled to school by bicycle on the day of the survey and 0% said they travelled by scooter.
- ❑ 40% of pupils said they walked to school on the day of the survey.

ENJOY EXERCISE

- ❑ 4% of pupils responded that they don't enjoy physical activities at all.
- ❑ 75% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

SCHOOL AND PE LESSONS

- ❑ 67% of pupils responded that they enjoy their PE lessons, while 20% are 'not sure' if they do.
- ❑ 57% of pupils responded that they feel they are getting better at PE, while 25% are 'not sure' if they are.
- ❑ 34% of pupils responded that their school has helped them to be more healthy, while 34% are 'not sure' if it has.
- ❑ 37% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ 35% of pupils responded that they go to sports clubs at least 3 times at lunch time or after school each week.
- ❑ 48% of pupils responded that they don't go to any sports clubs at weekends each week.
- ❑ 9% of pupils responded that they go to sports clubs at least 3 times at weekends each week.
- ❑ 39% of pupils said they go to a team sports club.
- ❑ 51% of pupils responded that they haven't played any games or matches at their school this year.
- ❑ 23% of pupils responded that they have played at least 4 matches at their school this year.
- ❑ 74% of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 9% of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 14% of pupils responded that they currently take part in sports volunteering or sports leadership.

EXERCISE

- ❑ 4% of males and 10% of females responded that they didn't do any physical activity in the week before the survey.
- ❑ 29% of males and 25% of females responded that they did physical activity on five days or more in the week before the survey.

- ❑ 24% of pupils responded that they didn't do any physical activity that caused them to breathe harder or faster, or get warmer, in the week before the survey.
- ❑ 12% of pupils responded that they did physical activity that caused them to breathe harder or faster, or get warmer, on at least 5 days in the week before the survey.
- ❑ 35% of pupils responded that they didn't do any physical activity for an hour or more that caused them to breathe harder or faster, or get warmer, on any day in the week before the survey.
- ❑ 9% of pupils responded that they did physical activity for an hour or more that caused them to breathe harder or faster, or get warmer, on at least 5 days in the week before the survey.
- ❑ 81% of pupils responded that their week's pattern of activity was usual, while 9% said it was more active than usual and 10% said it was less active than usual.
- ❑ 57% of pupils think doing PE, sport and other physical activities helps them with their mood and 26% think it helps with their behaviour.
- ❑ 73% of pupils agreed that they enjoy taking part in exercise and sports and 50% feel confident when they exercise and play sports.
- ❑ 12% of males and 25% of females said they don't find exercise and sport easy.
- ❑ 81% of pupils said being healthy makes them want to be physically active and 79% said having fun does.
- ❑ 61% of males and 68% of females said improving their appearance makes them want to be physically active.
- ❑ 18% of pupils said nothing stops them from being physically active.
- ❑ 39% of pupils said a lack of confidence stops them from being physically active.

Health Services

DOCTOR

- ❑ 66% of pupils responded that they last visited the doctor in the last 6 months.
- ❑ 18% of pupils responded that they last visited the doctor more than a year ago.
- ❑ 23% of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.
- ❑ 18% of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

AT SCHOOL

- ❑ 29% of pupils responded that there is a health clinic in their school, while 54% said they are 'not sure' if there is.
- ❑ 36% of pupils responded that they know who their School Nurse is, while 5% said they don't have one.

- ❑ 52% of pupils responded that they know how to get to see their School Nurse, while 20% said that they do not know.

DENTAL HEALTH

- ❑ 79% of pupils responded that they visited the dentist in the last 6 months.
- ❑ 8% of pupils responded that they last visited the dentist more than a year ago and 2% said they have never been.

SUPPORT SERVICES

- ❑ 56% of pupils said they have 'never heard of' the service MindWorks, while 26% said they have heard of it, but know nothing about it.
- ❑ 6% of pupils said they know about the service MindWorks, but don't know how to get access.
- ❑ 13% of pupils said they know about the service MindWorks and know how to get access; 4% said they have used the service.
- ❑ 32% of pupils said they would like to hear about support available to them through tutor time and 30% would like to hear about it in school assemblies.

SUN SAFETY

- ❑ 10% of pupils responded that they 'never' do anything to avoid sunburn.
- ❑ 51% of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Staying Safe

PEER PRESSURE

- ❑ 59% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 13% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

BULLYING

- ❑ 44% of pupils responded that they have been teased/made fun of in the month before the survey.
- ❑ 29% of pupils responded that they were pushed/hit for no reason in the month before the survey and 14% said they have had belongings taken/broken. 41% said none of the behaviours listed happened.
- ❑ 26% of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 21% said they experienced it in a classroom during breaktimes.
- ❑ 16% of pupils said they have been bullied within the last year (incl. in the last month); 8% said they have been bullied within the last month.
- ❑ 8% of pupils responded that they were bullied in the last year and told their Mum or Dad/carer, while 6% said they told a teacher or other staff at school.
- ❑ 3% of pupils responded that the bullying problem stopped after telling someone, while 6% said it didn't stop.

- ❑ This works out as 23% of those pupils who have told someone responding that the bullying problem stopped after doing so; 52% of these pupils said it didn't stop.

- ❑ 9% of males and 21% of females think they have been picked on or bullied because of their size or weight.
- ❑ 16% of males and 33% of females think they have been picked on or bullied because of the way they look.
- ❑ 16% of pupils responded that they have been bullied at or near school in the last 12 months, while 8% said they 'don't know' if they have been.
- ❑ 31% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 14% of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 23% said they 'don't know' if they have.
- ❑ 16% of pupils responded that their school deals with bullying 'badly', while 3% said that bullying is not a problem in their school.
- ❑ 22% of pupils responded that their school deals with bullying 'quite' or 'very' well.
- ❑ 36% of pupils responded that they think their school takes bullying seriously, while 41% said they 'don't know' if it does.

LOCAL AREA

- ❑ 58% of pupils rated their safety at school as 'good' or 'very good'; 38% said the same of going out after dark.
- ❑ 30% of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 11% said the same of being at school.

RELATIONSHIPS

- ❑ 25% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.
- ❑ 1% of males and 7% of females said a boyfriend or girlfriend has put pressure on them to have sex or do other sexual things.

E-SAFETY

- ❑ 86% of pupils responded that they have chatted on the internet.
- ❑ 55% of pupils responded that they chat to friends of friends on the internet, while 29% said they chat to other people who they don't know in real life.
- ❑ 28% of pupils responded that they have received a hurtful, nasty or scary message online, while 10% said someone has changed their password.

- ❑ 9% of pupils responded that they have given personal information to someone online who they didn't know in real life.
- ❑ 24% of pupils responded that someone online who they didn't know has asked to see pictures of them.
- ❑ 4% of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.
- ❑ 1% of pupils responded that they have sent sexual pictures/videos of themselves to someone they don't know.
- ❑ 4% of pupils responded that they have sent sexual pictures/videos of themselves to someone they do know.
- ❑ 13% of pupils responded that someone they don't know in person has asked to meet with them; 5% said this person was, as far as they know, quite a bit older than them and 3% said they did actually meet up with them.
- ❑ 91% of pupils responded that they have been told how to stay safe while online.
- ❑ 63% of pupils responded that they always follow the advice they have been given about how to stay safe online.
- ❑ 73% of pupils responded that they have blocked someone because of something upsetting that happened online and 1% said they have reported something to CEOP.

Enjoying & Achieving

SCHOOL LESSONS

- ❑ 29% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 21% of pupils responded that they enjoy 'hardly any' of their lessons at school.
- ❑ 20% of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
- ❑ 20% of pupils responded that they have found school lessons about citizenship 'not at all' useful.

ATTENDANCE

- ❑ 73% of pupils responded that they think it is important to go to school regularly, while 11% think it isn't important.

- ❑ 73% of pupils responded that they have been away from school due to illness or injury (incl. COVID self-isolation) in the 12 months before the survey, while 43% said they have been away due to medical/dental appointments.

EVERY CHILD MATTERS

- ❑ 23% of pupils responded that they think the school cares whether they are happy or not and 56% said their work is marked so they can see how to improve it.
- ❑ 33% of pupils responded that they think the school doesn't care whether they are happy or not.
- ❑ 11% of pupils had a low pupil perception score.
- ❑ 30% of pupils had a high pupil perception score.

LEISURE

- ❑ 27% of pupils said they don't enjoy reading 'at all'.
- ❑ 29% of pupils said they enjoy reading 'quite a lot' or 'a lot'.
- ❑ 65% of pupils responded that they spent more than an hour watching TV or video after school on the day before the survey, while 31% did homework and 47% played video games.
- ❑ 39% of pupils responded that they cared for pets after school on the day before the survey, while 18% said they read a book for pleasure.
- ❑ 53% of pupils responded that they listened to music after school on the day before the survey, while 25% said they met with friends.

Making a Positive Contribution

- ❑ 24% of pupils feel that their views and opinions are asked for in their school, while 33% feel they aren't.
- ❑ 19% of pupils feel that their views and opinions are listened to in their school, while 39% feel they aren't.
- ❑ 11% of pupils think their views and opinions are listened to in a school/class council.
- ❑ 10% of pupils feel that their views and opinions make a difference to how their school is run, while 55% feel they don't.

2024/2022 Comparisons

	2024		2022	
	Y 8	Y 10	Y 8	Y 10
Male	201	234	898	700
Female	202	190	894	665

2022 data in brackets; see notes on interpreting differences.

Background

GENDER IDENTITY

- ❑ 1% (2%) of pupils said their gender now is not the same as the sex they were assigned at birth, while 2% (2%) said they are 'not sure' if it is and 0% (1%) didn't want to say.

ETHNICITY

- ❑ 59% (68%) of pupils responded that they are White British.

LANGUAGE

- ❑ 82% (83%) of pupils said they speak English most of the time at home, while 3% (3%) said they speak another language/languages and 15% (14%) said they speak both English and another language.

HOME LIFE

- ❑ 71% (75%) of pupils responded that they live with their Mum and Dad together.
- ❑ 15% (11%) of pupils responded that they live 'mainly or only' with their Mum, while 2% (1%) said they live 'mainly or only' with their Dad.

SPECIAL NEEDS

- ❑ 1% (1%) of pupils responded that someone helped them to fill in the questionnaire, while 2% (1%) said they are 'not sure' if someone helped them and 1% (1%) didn't want to say.
- ❑ 3% (2%) of pupils responded that they are disabled, while 7% (5%) said they are 'not sure' if they are and 1% (1%) didn't want to say.
- ❑ 13% (12%) of pupils responded that they have a long-standing diagnosed illness ('diagnosed' added in 2024), while 13% (8%) said they are 'not sure' if they have and 2% (1%) didn't want to say.
- ❑ 14% (12%) of pupils responded that they have a special educational need or a learning difficulty, while 18% (14%) said they are 'not sure' if they have and 1% (1%) didn't want to say.
- ❑ 24% (22%) of pupils responded that they are disabled or have a long-standing diagnosed illness ('diagnosed' added in 2024), special educational need or a learning difficulty.
- ❑ 7% (9%) of pupils responded that they have additional needs and disabilities (just 'additional needs' in 2022) which are properly looked after in school, while 6% (5%) said they are 'not sure' if they are and 5% (4%) don't have any needs like that.
- ❑ This works out as 35% (47%) of the 148 (590) pupils with additional needs and disabilities (just 'additional

needs' in 2022) responding that their needs/disabilities are properly looked after.

YOUNG CARERS

- ❑ 7% (5%) of pupils responded that they are a 'young carer', while 9% (5%) said they are 'not sure' if they are and 1% (1%) didn't want to say.
- ❑ 3% (2%) of pupils responded that being a young carer takes up at least an hour of their time each day, while 2% (1%) said it takes up less than an hour.

ARMED FORCES

- ❑ 1% (2%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 4% (3%) said they are 'not sure' if they do and 1% (0%) didn't want to say.
- ❑ 1% (2%) of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 0% (0%) said their Mum or Dad's partner is.

FREE SCHOOL MEALS

- ❑ 14% (7%) of pupils responded that they currently have free school meals, while 12% (10%) said they have had them in the last 6 years and 3% (2%) said they could have them.

Healthy Eating

CONTROL OVER HEALTH

- ❑ 90% (90%) of pupils agreed with at least one statement about being in control of their health (Q17a&c).
- ❑ 55% (54%) of pupils agreed with at least one statement saying that they weren't in control of their health (Q17b&d).
- ❑ 73% (74%) of pupils responded that they are in charge of their health, while 50% (49%) said that even if they look after themselves, they can still easily fall ill.

WEIGHT & APPEARANCE

- ❑ 12% (11%) of pupils responded that they would like to put on weight.
- ❑ 42% (43%) of pupils responded that they would like to lose weight.
- ❑ 46% (46%) of pupils responded that they are happy with their weight as it is.
- ❑ 17% (19%) of pupils responded that they are the main thing that affects the way they feel about their appearance, while 39% (33%) said that the comments/attitudes of other people at school affect them.

HEALTHY CHOICES

- ❑ 56% (53%) of males and 52% (52%) of females responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 21% (19%) of males and 20% (22%) of females responded that they 'very often' or 'always' consider their health when choosing what to eat.

5-A-DAY

- ❑ 8% (7%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 16% (22%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

LUNCH

- ❑ 40% (44%) of pupils responded that they had school food for lunch on the day before the survey.
- ❑ 18% (14%) of pupils responded that they didn't have any lunch on the day before the survey.
- ❑ 84% (77%) of pupils responded that the place where they can get a school lunch is crowded and 60% (61%) said it is busy.

BREAKFAST

- ❑ 19% (17%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.
- ❑ 12% (10%) of pupils responded that they only had a drink before lessons on the day of the survey.
- ❑ 23% (22%) of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 9% (13%) had fruit.

FOOD & DRINK

- ❑ 52% (58%) of pupils responded that they eat fresh fruit 'on most days'; 52% (64%) said the same for vegetables.
- ❑ 42% (31%) of pupils responded that they 'rarely or never' eat fish/fish fingers.

Alcohol, Smoking & Drugs

PEER PERCEPTION

- ❑ 6% (8%) of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 55% (55%) said 'none or just a few' did.
- ❑ 3% (5%) of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 67% (68%) said 'none or just a few' were.
- ❑ 6% (5%) of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 65% (62%) said 'none or just a few' did.
- ❑ 3% (3%) of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 75% (77%) said 'none or just a few' did.

ALCOHOL

- ❑ 7% (13%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 1% (3%) of pupils responded that they were drunk in the 7 days before the survey.
- ❑ 0% (1%) of males and 0% (0%) of females drank over 14 units of alcohol in the 7 days before the survey.
- ❑ 1% (3%) of pupils responded that they drank beer or lager in the 7 days before the survey and 1% (4%) said they drank spirits.
- ❑ 65% (57%) of pupils responded that they 'never' drink alcohol.
- ❑ 19% (27%) of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 8% (9%) said their parents/carers 'usually' know.
- ❑ This works out as 55% (62%) of those who drink alcohol responding that their parents 'always know'.
- ❑ 7% (7%) of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

ALCOHOL & DRUG INFORMATION

- ❑ 50% (46%) of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 22% (21%) said they wouldn't know where to go.

SMOKING

- ❑ 7% (10%) of pupils responded that they have smoked in the past or smoke now.
- ❑ 1% (1%) of pupils responded that they smoke 'regularly'.
- ❑ Of the 7 (22) pupils who smoke regularly, 57% (36%) said they would like to give up.
- ❑ 1% (2%) of pupils responded that they have smoked in the 7 days before the survey.
- ❑ 1% (1%) of pupils responded that they have bought cigarettes sellers such as neighbours, market stalls, etc..
- ❑ 24% (20%) of pupils responded that their parents/carers smoke cigarettes (just 'smoke' in 2022).
- ❑ 6% (5%) of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 9% (6%) of pupils responded that someone smokes in a car when they are in it too.
- ❑ 69% (76%) of pupils responded that no-one ever smokes at home.
- ❑ 3% (2%) of pupils responded that smokers can smoke anywhere in their home, while 5% (3%) said people can smoke in certain rooms only.

DRUGS

- ❑ 13% (21%) of Year 8 pupils and 33% (45%) of Year 10 pupils responded that they are 'fairly sure' or

'certain' they know someone who takes drugs to get high.

- ❑ 5% (5%) of Year 8 pupils and 17% (25%) of Year 10 pupils responded that they have been offered cannabis.
- ❑ 4% (5%) of Year 8 pupils and 16% (20%) of Year 10 pupils responded that they have been offered other drugs to get high (not cannabis).
- ❑ 1% (2%) of Year 8 pupils and 8% (10%) of Year 10 pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).
- ❑ 0% (1%) of Year 8 pupils and 3% (5%) of Year 10 pupils responded that they have taken at least one of the drugs listed during the last month.

Emotional Health & Wellbeing

SATISFACTION

- ❑ 2% (3%) of males and 4% (9%) of females responded that they are 'not at all' happy with their life at the moment.
- ❑ 68% (65%) of males and 47% (42%) of females responded that they are at least 'quite' happy with their life at the moment.

SELF-ESTEEM

- ❑ 33% (32%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 29% (30%) of pupils had a high self-esteem score (15 or more).
- ❑ 62% (66%) of pupils responded that they feel happy talking to other pupils at school.

WORRYING

- ❑ 81% (83%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 22% (20%) of males and 44% (44%) of females responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- ❑ 53% (57%) of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot' while 32% (29%) worry 'quite a lot' or 'a lot' about family problems.
- ❑ 44% (46%) of pupils responded that they worry about the way they look 'quite a lot' or 'a lot', while 36% (38%) worry 'quite a lot' or 'a lot' about their mental health.
- ❑ 74% (67%) of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% (10%) said they don't know anyone.

PROBLEM SOLVING

- ❑ 62% (63%) of pupils responded that they 'usually' or 'always' listen to music when they have a problem that worries them or they are feeling stressed, while 36% (37%) said they talk to someone about it.
- ❑ 7% (12%) of males and 23% (26%) of females said they at least 'sometimes' cut or hurt themselves when

they have a problem that worries them or they are feeling stressed.

- ❑ 42% (39%) of pupils responded that they 'usually' or 'always' watch TV when they have a problem that worries them or they are feeling stressed.

RESILIENCE

- ❑ 38% (39%) of pupils had a low measure of resilience (0 – 16).
- ❑ 14% (13%) of pupils had a high measure of resilience (24+).
- ❑ 48% (49%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 35% (32%) said they get upset and feel bad for ages.
- ❑ 16% (15%) of pupils responded that when something goes wrong they 'never' learn from it for next time.
- ❑ 51% (49%) of pupils responded that if they don't succeed, they 'usually' or 'always' keep on trying until they do, while 38% (36%) ask for help and 21% (19%) give up.
- ❑ 32% (28%) of pupils responded that if they don't succeed, they 'never' give up.

Sexual Health

SEX & RELATIONSHIPS EDUCATION

- ❑ 75% (67%) of pupils responded that they have learned about contraception from school lessons, while 13% (23%) said they never learned about it anywhere.
- ❑ 70% (77%) of pupils responded that they have learned about sexually transmitted infections from school lessons, while 20% (10%) said they never learned about it anywhere.

CONTRACEPTION

- ❑ 22% (22%) of pupils responded that they know where they can get condoms free of charge.

YEAR 10+: SEXUAL RELATIONSHIPS

- ❑ 14% (9%) of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.
- ❑ 44% (48%) of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.
- ❑ 5% (6%) of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.
- ❑ 3% (2%) of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.
- ❑ 5% (8%) of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.

Physical Activity

ACTIVE TRAVEL

- ❑ 46% (40%) of pupils said they travelled to school by car/van on the day of the survey.
- ❑ 2% (3%) of pupils said they travelled to school by bicycle on the day of the survey and 0% (0%) said they travelled by scooter.
- ❑ 40% (40%) of pupils said they walked to school on the day of the survey.

ENJOY EXERCISE

- ❑ 4% (5%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 75% (73%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

SCHOOL AND PE LESSONS

- ❑ 67% (69%) of pupils responded that they enjoy their PE lessons, while 20% (18%) are 'not sure' if they do.
- ❑ 57% (59%) of pupils responded that they feel they are getting better at PE, while 25% (24%) are 'not sure' if they are.
- ❑ 34% (35%) of pupils responded that their school has helped them to be more healthy, while 34% (37%) are 'not sure' if it has.
- ❑ 51% (47%) of pupils responded that they haven't played any games or matches at their school this year.
- ❑ 23% (35%) of pupils responded that they have played at least 4 matches at their school this year.
- ❑ 74% (66%) of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 9% (22%) of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 14% (18%) of pupils responded that they currently take part in sports volunteering or sports leadership.

EXERCISE

- ❑ 4% (5%) of males and 10% (7%) of females responded that they didn't do any physical activity in the week before the survey.
- ❑ 29% (40%) of males and 25% (28%) of females responded that they did physical activity on five days or more in the week before the survey.
- ❑ 81% (78%) of pupils responded that their week's pattern of activity was usual, while 9% (11%) said it was more active than usual and 10% (11%) said it was less active than usual.
- ❑ 57% (61%) of pupils think doing PE, sport and other physical activities helps them with their mood and 26% (35%) think it helps with their behaviour.
- ❑ 73% (74%) of pupils agreed that they enjoy taking part in exercise and sports and 50% (52%) feel confident when they exercise and play sports.
- ❑ 12% (13%) of males and 25% (21%) of females said they don't find exercise and sport easy.

- ❑ 81% (83%) of pupils said being healthy makes them want to be physically active and 79% (78%) said having fun does.
- ❑ 61% (62%) of males and 68% (75%) of females said improving their appearance makes them want to be physically active.
- ❑ 18% (20%) of pupils said nothing stops them from being physically active.
- ❑ 39% (37%) of pupils said a lack of confidence stops them from being physically active.

Health Services

DOCTOR

- ❑ 66% (56%) of pupils responded that they last visited the doctor in the last 6 months.
- ❑ 18% (26%) of pupils responded that they last visited the doctor more than a year ago.
- ❑ 23% (25%) of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.
- ❑ 18% (18%) of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

AT SCHOOL

- ❑ 29% (38%) of pupils responded that there is a health clinic in their school, while 54% (43%) said they are 'not sure' if there is.
- ❑ 36% (32%) of pupils responded that they know who their School Nurse is, while 5% (4%) said they don't have one.
- ❑ 52% (61%) of pupils responded that they know how to get to see their School Nurse, while 20% (19%) said that they do not know.

DENTAL HEALTH

- ❑ 79% (76%) of pupils responded that they visited the dentist in the last 6 months.
- ❑ 8% (12%) of pupils responded that they last visited the dentist more than a year ago and 2% (1%) said they have never been.

SUN SAFETY

- ❑ 10% (11%) of pupils responded that they 'never' do anything to avoid sunburn.
- ❑ 51% (53%) of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Staying Safe

PEER PRESSURE

- ❑ 59% (61%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 13% (11%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

BULLYING

- ❑ 44% (39%) of pupils responded that they have been teased/made fun of in the month before the survey.
- ❑ 29% (24%) of pupils responded that they were pushed/hit for no reason in the month before the survey and 14% (15%) said they have had belongings taken/broken. 41% (45%) said none of the behaviours listed happened.
- ❑ 26% (25%) of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 21% (19%) said they experienced it in a classroom during breaktimes.
- ❑ 31% (29%) of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% (7%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 14% (17%) of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 23% (22%) said they 'don't know' if they have.
- ❑ 16% (16%) of pupils responded that their school deals with bullying 'badly', while 3% (5%) said that bullying is not a problem in their school.
- ❑ 22% (27%) of pupils responded that their school deals with bullying 'quite' or 'very' well.
- ❑ 36% (46%) of pupils responded that they think their school takes bullying seriously, while 41% (35%) said they 'don't know' if it does.

LOCAL AREA

- ❑ 58% (72%) of pupils rated their safety at school as 'good' or 'very good'; 38% (50%) said the same of going out after dark.
- ❑ 30% (17%) of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 11% (7%) said the same of being at school.

RELATIONSHIPS

- ❑ 25% (24%) of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.
- ❑ 1% (3%) of males and 7% (6%) of females said a boyfriend or girlfriend has put pressure on them to have sex or do other sexual things.

E-SAFETY

- ❑ 86% (86%) of pupils responded that they have chatted on the internet.
- ❑ 55% (54%) of pupils responded that they chat to friends of friends on the internet, while 29% (37%) said they chat to other people who they don't know in real life.
- ❑ 28% (32%) of pupils responded that they have received a hurtful, nasty or scary message online, while 10% (10%) said someone has changed their password.

- ❑ 9% (14%) of pupils responded that they have given personal information to someone online who they didn't know in real life.
- ❑ 24% (29%) of pupils responded that someone online who they didn't know has asked to see pictures of them.
- ❑ 4% (8%) of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.
- ❑ 1% (4%) of pupils responded that they have sent sexual pictures/videos of themselves to someone they don't know.
- ❑ 4% (5%) of pupils responded that they have sent sexual pictures/videos of themselves to someone they do know.
- ❑ 13% (18%) of pupils responded that someone they don't know in person has asked to meet with them; 5% (6%) said this person was, as far as they know, quite a bit older than them and 3% (4%) said they did actually meet up with them.
- ❑ 91% (91%) of pupils responded that they have been told how to stay safe while online.
- ❑ 63% (56%) of pupils responded that they always follow the advice they have been given about how to stay safe online.
- ❑ 73% (73%) of pupils responded that they have blocked someone because of something upsetting that happened online and 1% (1%) said they have reported something to CEOP.

Enjoying & Achieving

SCHOOL LESSONS

- ❑ 29% (35%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 21% (14%) of pupils responded that they enjoy 'hardly any' of their lessons at school.
- ❑ 20% (25%) of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
- ❑ 20% (19%) of pupils responded that they have found school lessons about citizenship 'not at all' useful.

ATTENDANCE

- ❑ 73% (80%) of pupils responded that they think it is important to go to school regularly, while 11% (8%) think it isn't important.
- ❑ 73% (81%) of pupils responded that they have been away from school due to illness or injury (incl. COVID self-isolation) in the 12 months before the survey, while 43% (41%) said they have been away due to medical/dental appointments.

EVERY CHILD MATTERS

- ❑ 23% (30%) of pupils responded that they think the school cares whether they are happy or not and 56% (62%) said their work is marked so they can see how to improve it.

- ❑ 33% (29%) of pupils responded that they think the school doesn't care whether they are happy or not.
- ❑ 11% (10%) of pupils had a low pupil perception score.
- ❑ 30% (35%) of pupils had a high pupil perception score.

LEISURE

- ❑ 65% (64%) of pupils responded that they spent more than an hour watching TV or video after school on

the day before the survey, while 31% (31%) did homework and 47% (41%) played video games.

- ❑ 39% (38%) of pupils responded that they cared for pets after school on the day before the survey, while 18% (18%) said they read a book for pleasure.
- ❑ 53% (54%) of pupils responded that they listened to music after school on the day before the survey, while 25% (28%) said they met with friends.

Top differences between 2024 and 2022 data

<p>Key:</p> <ul style="list-style-type: none"> ● - 2024 significantly better than 2022 ● - Not significantly different ● - 2024 significantly worse than 2022 	<p>Interpretation</p> <p>In the chart below a coloured circle represents Surrey Secondary's result for 2024, while the black line represents the result for 2022. The distance between the circle and the black line indicates the size of the difference between the percentages – the greater the gap, the larger the difference.</p> <p>The colour of the circle reflects whether a difference is statistically significant and if the difference is positive (green), negative (red) or if it is not statistically significant (blue).</p>
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Most positive differences between 2024 and 2022:

Healthy Eating

	2024	2022	
Pupils who are happy with their weight as it is.	46%	46%	
Pupils who agreed with at least one statement about being in control of their health (Q17a&c).	90%	90%	

Alcohol, Smoking & Drugs

	2024	2022	
Pupils who had an alcoholic drink in the 7 days before the survey.	7%	13%	
Pupils who are 'fairly sure' or 'certain' they know someone who takes drugs to get high.	24%	31%	
Pupils who were drunk in the 7 days before the survey.	1%	3%	
Pupils who have smoked in the past or smoke now.	7%	10%	
Pupils who have been offered cannabis.	11%	13%	

Emotional Health & Wellbeing

	2024	2022	
Pupils who know an adult they trust who they can talk to if they are worried about something.	74%	67%	
Pupils who at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.	16%	20%	
Pupils who are at least 'quite' happy with their life at the moment.	57%	52%	
Pupils who worry about exams and tests 'quite a lot' or 'a lot'.	53%	57%	
Pupils who worry about the way they look 'quite a lot' or 'a lot'.	44%	46%	





Sexual Health

	2024	2022	
Pupils who have learned about contraception from school lessons.	75%	67%	
Year 10 pupils who are either in a sexual relationship or have had one in the past.	5%	8%	






Physical Activity

	2024	2022	
Pupils who enjoy physical activities 'quite a lot' or 'a lot'.	75%	73%	
Pupils who <u>don't</u> find exercise and sport easy.	18%	18%	


Health Services

	2024	2022	
Pupils who know who their School Nurse is.	36%	32%	
Pupils who visited the dentist in the last 6 months.	79%	76%	
Pupils who said that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.	23%	25%	
Pupils who 'never' do anything to avoid sunburn.	10%	11%	

Staying Safe

	2024	2022	
Pupils who said that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.	4%	8%	
Pupils who have given personal information to someone online who they didn't know in real life.	9%	14%	
Pupils who said that someone online who they didn't know has asked to see pictures of them.	24%	29%	
Pupils who have deliberately upset or hurt someone else at school in the last 12 months.	14%	17%	
Pupils who have received a hurtful, nasty or scary message online.	28%	32%	

Enjoying and Achieving

	2024	2022	
Pupils who have been away from school due to illness or injury (incl. COVID self-isolation) in the 12 months before the survey.	73%	81%	

Least positive differences between 2024 and 2022:

Healthy Eating

	2024	2022	
Pupils who eat vegetables 'on most days'.	52%	64%	
Pupils who said the place where they can get a school lunch is crowded.	84%	77%	
Pupils who ate at least 5 portions of fruit and vegetables on the day before the survey.	16%	22%	
Pupils who eat fresh fruit 'on most days'.	52%	58%	
Pupils who didn't have any lunch on the day before the survey.	18%	14%	

Alcohol, Smoking & Drugs

	2024	2022	
Pupils who said someone smokes in a car when they are in it too.	9%	6%	
Pupils who said their parents/carers smoke cigarettes (just 'smoke' in 2022).	24%	20%	
Pupils who said someone smokes indoors at home in rooms that they use.	6%	5%	

Emotional Health & Wellbeing

	2024	2022	
Pupils who feel happy talking to other pupils at school.	62%	66%	
Pupils who said that when something goes wrong they 'usually' or 'always' learn from it for next time.	48%	49%	
Pupils who had a high self-esteem score (15 or more).	29%	30%	
Pupils who <u>don't</u> have a place where they feel safe and comfortable.	5%	-	

Sexual Health

	2024	2022	
Pupils who have learned about sexually transmitted infections from school lessons.	70%	77%	
Pupils who know where they can get condoms free of charge.	22%	22%	






Physical Activity

	2024	2022	
Pupils who did physical activity on five days or more in the week before the survey.	27%	33%	
Pupils who currently take part in sports volunteering or sports leadership.	14%	18%	
Pupils who enjoy their PE lessons.	67%	69%	
Pupils who said a lack of confidence stops them from being physically active.	39%	37%	
Pupils who agreed that they enjoy taking part in exercise and sports.	73%	74%	






Health Services

	2024	2022	
Pupils who said there is a health clinic in their school.	29%	38%	
Pupils who know how to get to see their School Nurse.	52%	61%	

Staying Safe

	2024	2022	
Pupils who rated their safety when going out after dark as 'poor' or 'very poor'.	30%	17%	
Pupils who rated their safety at school as 'good' or 'very good'.	58%	72%	
Pupils who think their school takes bullying seriously.	36%	46%	
Pupils who were pushed/hit for no reason in the month before the survey.	29%	24%	
Pupils who have been teased/made fun of in the month before the survey.	44%	39%	

Enjoying and Achieving

	2024	2022	
Pupils who think it is important to go to school regularly.	73%	80%	
Pupils who think the school cares whether they are happy or not.	23%	30%	
Pupils who enjoy 'most' or 'all' of their lessons at school.	29%	35%	
Pupils who have found school lessons about citizenship 'quite' or 'very' useful.	20%	25%	
Pupils who had a <u>high</u> pupil perception score.	30%	35%	

Background

Gender identity

1% of pupils said their gender now is not the same as the sex they were assigned at birth, while 2% said they are 'not sure' if it is and 0% didn't want to say.

Q2. Percentage answering that their gender now is not the same as the sex they were assigned at birth.

	Surrey	
	Y 8	Y 10
Male	2	0
Female	1	1

Ethnicity

59% of pupils responded that they are White British.

Q3. Percentage answering that they are White British.

	Surrey	
	Y 8	Y 10
Male	53	62
Female	62	61

Q3. Top 5 responses for ethnic background:

Male			Female		
1	White British	58	1	White British	62
2	Any other White background	9	2	Any other White background	5
3	British Asian	4	3	Mixed White and Black Caribbean	3
4	Mixed White and Black Caribbean	3	4	Black African	3
5	Black African	3	5	Mixed White and Asian	3

Language

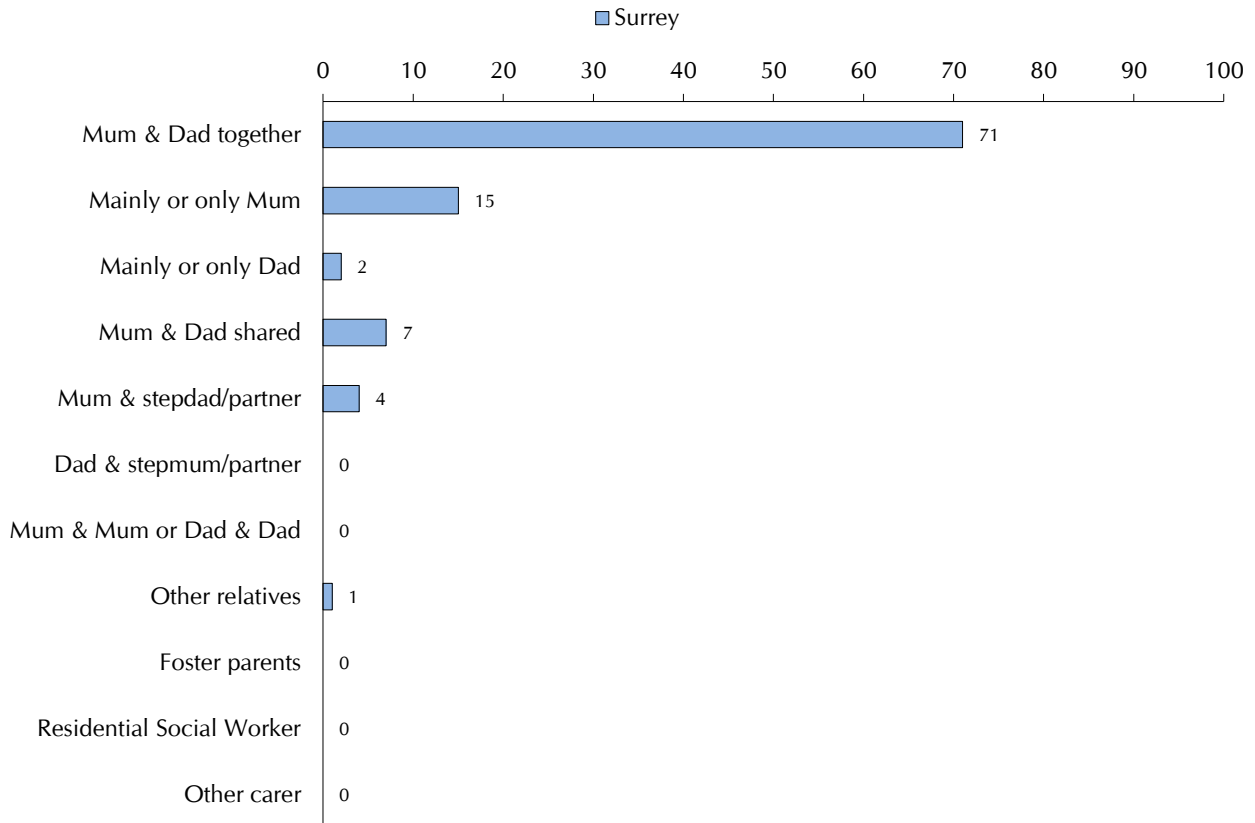
82% of pupils said they speak English most of the time at home, while 3% said they speak another language/languages and 15% said they speak both English and another language.

Q4. Percentage answering that they speak English most of the time at home.

	Surrey	
	Y 8	Y 10
Male	86	81
Female	84	81

Home life

Q5. Which adults do you live with?



71% of pupils responded that they live with their Mum and Dad together.

Q5. Percentage answering that they live with their Mum and Dad together.

	Surrey	
	Y 8	Y 10
Male	79	69
Female	71	69

15% of pupils responded that they live 'mainly or only' with their Mum, while 2% said they live 'mainly or only' with their Dad.

Q5. Percentage answering that they live 'mainly or only' with their Mum.

	Surrey	
	Y 8	Y 10
Male	10	16
Female	17	17

Special needs

1% of pupils responded that someone helped them to fill in the questionnaire, while 2% said they are 'not sure' if someone helped them and 1% didn't want to say.

3% of pupils responded that they are disabled, while 7% said they are 'not sure' if they are and 1% didn't want to say.

13% of pupils responded that they have a long-standing diagnosed illness, while 13% said they are 'not sure' if they have and 2% didn't want to say.

14% of pupils responded that they have a special educational need or a learning difficulty, while 18% said they are 'not sure' if they have and 1% didn't want to say.

24% of pupils responded that they are disabled or have a long-standing diagnosed illness, special educational need or a learning difficulty.

Q6. Percentage answering that someone helped them to fill in the questionnaire.

	Surrey	
	Y 8	Y 10
Male	1	0
Female	1	1

Q7. Percentage answering that they are disabled.

	Surrey	
	Y 8	Y 10
Male	3	3
Female	2	1

Q8. Percentage answering that they have a long-standing diagnosed illness.

	Surrey	
	Y 8	Y 10
Male	11	12
Female	14	13

Q9. Percentage answering that they have a special educational need or a learning difficulty.

	Surrey	
	Y 8	Y 10
Male	15	12
Female	10	17

Q7-9. Percentage answering that they are disabled or have a long-standing diagnosed illness, special educational need or a learning difficulty.

	Surrey	
	Y 8	Y 10
Male	23	22
Female	20	26

7% of pupils responded that they have additional needs and disabilities which are properly looked after in school, while 6% said they are 'not sure' if they are and 5% don't have any needs like that.

This works out as 35% of the 148 pupils with additional needs and disabilities responding that their needs/disabilities are properly looked after.

12% of pupils said they know what additional help and support is available, while 4% said they don't.

14% of pupils said they know who to talk to about additional support, while 4% said they don't.

Q10. Percentage answering that they have additional needs and disabilities which are looked after properly in school.

	Surrey	
	Y 8	Y 10
Male	7	8
Female	5	6

Q11. Percentage answering that they know what additional help and support is available.

	Surrey	
	Y 8	Y 10
Male	12	12
Female	9	13

Q12. Percentage answering that they know who to talk to about additional support.

	Surrey	
	Y 8	Y 10
Male	13	14
Female	10	16

Young carers

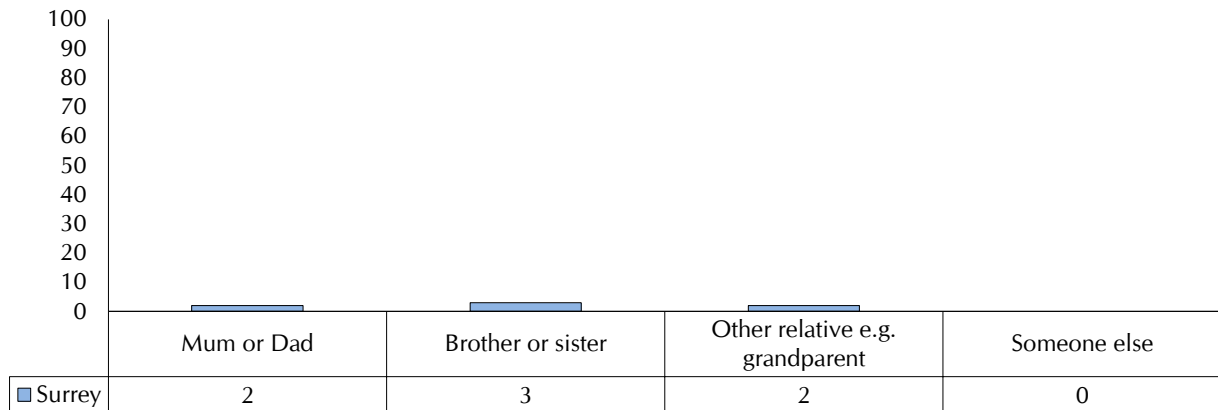
7% of pupils responded that they are a 'young carer', while 9% said they are 'not sure' if they are and 1% didn't want to say.

Q13a. Percentage answering that they are a 'young carer'.

	Surrey	
	Y 8	Y 10
Male	8	6
Female	5	8

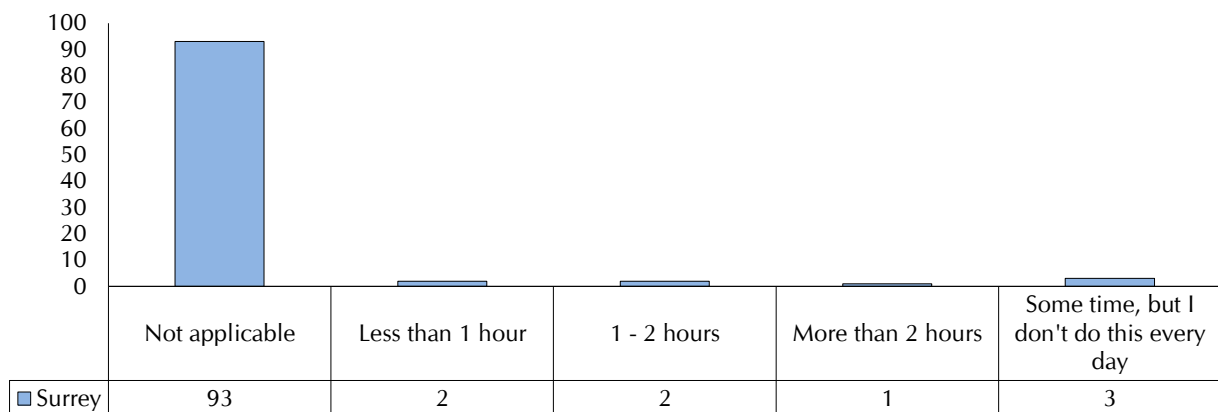
Q13b. If you are a 'young carer', who do you look after?

Surrey



Q13c. If you are a 'young carer', how much of your time does it take up each day?

Surrey



3% of pupils responded that being a young carer takes up at least an hour of their time each day, while 2% said it takes up less than an hour.

Q13c. Percentage answering that being a young carer takes up at least an hour of their time each day.

	Surrey	
	Y 8	Y 10
Male	3	1
Female	1	6

Armed forces

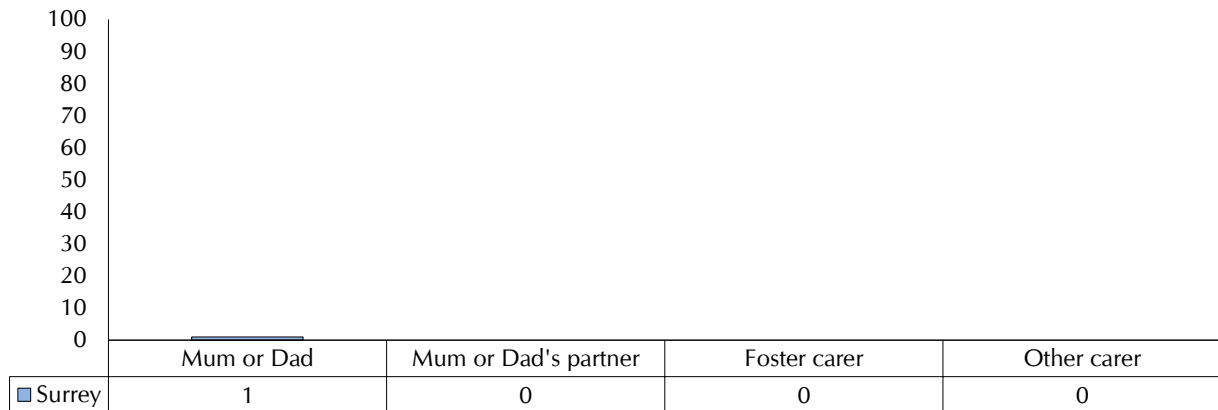
1% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 4% said they are 'not sure' if they do and 1% didn't want to say.

Q14a. Percentage answering that they have a parent/carer who is in the armed forces.

	Surrey	
	Y 8	Y 10
Male	1	1
Female	1	3

Q14b. If yes, who is it?

Surrey



1% of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 0% said their Mum or Dad's partner is.

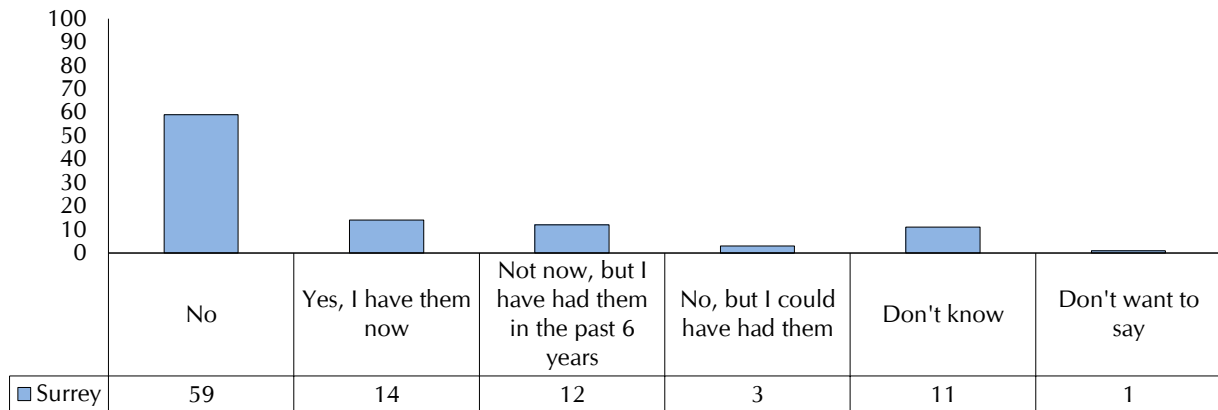
Q14b. Percentage answering that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves.

	Surrey	
	Y 8	Y 10
Male	1	1
Female	1	2

Free school meals

Q15. In the last 6 years have you ever had free school meals, or vouchers for free meals?

Surrey



14% of pupils responded that they currently have free school meals, while 12% said they have had them in the last 6 years and 3% said they could have them.

Q15. Percentage answering that they currently have free school meals.

	Surrey	
	Y 8	Y 10
Male	12	12
Female	15	17

Healthy Eating

Control over health

90% of pupils agreed with at least one statement about being in control of their health (Q17a&c).

Q17. Percentage agreeing with statements Q17a and/or Q17c.

	Surrey	
	Y 8	Y 10
Male	90	97
Female	87	88

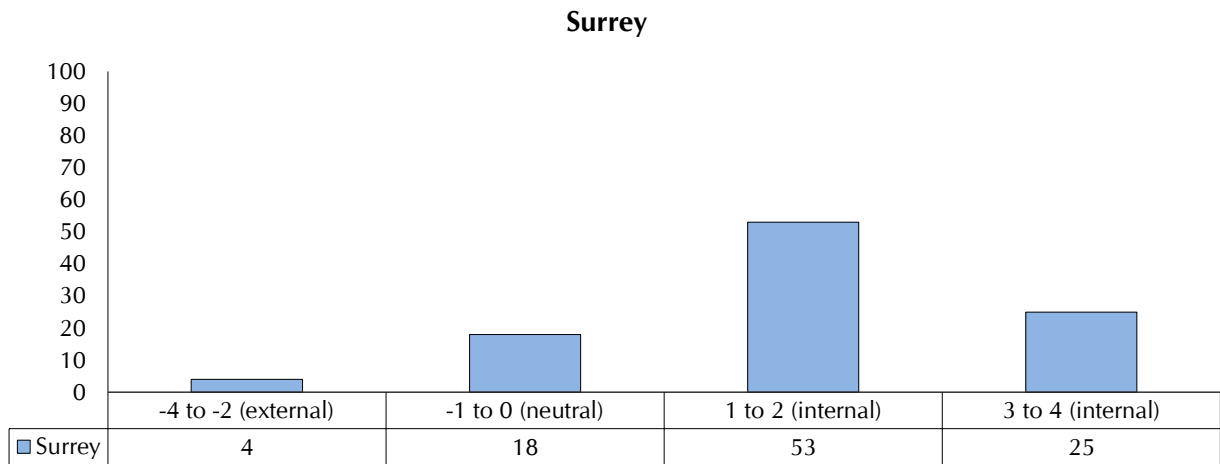
55% of pupils agreed with at least one statement saying that they weren't in control of their health (Q17b&d).

Q17. Percentage agreeing with statements Q17b and/or Q17d.

	Surrey	
	Y 8	Y 10
Male	57	47
Female	60	54

For an overall 'control' score SHEU add together the scores for the two 'controlling' items (a + c) and take away the score for the two 'chance' items (b + d). This gives a score, in the jargon, of 'health locus of control', whether a person sees themselves as being generally in control of their health or not. If not then this fatalism may make health warnings irrelevant.

Q17. Aggregate health locus of control score:



73% of pupils responded that they are in charge of their health, while 50% said that even if they look after themselves, they can still easily fall ill.

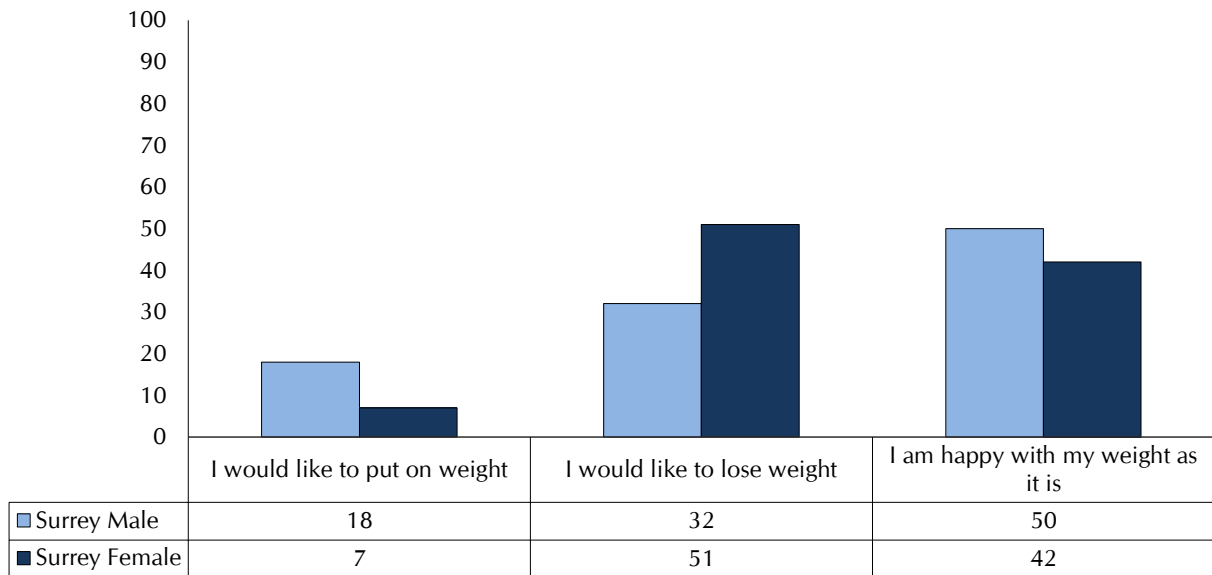
Q17. Percentage of pupils responding that they 'agree' with the following statements:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
a. "I am in charge of my health."	71	66	86	71	73
b. "If I keep healthy, I've just been lucky."	10	12	10	15	12
c. "If I take care of myself I'll stay healthy."	81	74	88	79	80
d. "Even if I look after myself I can still easily fall ill."	54	57	45	47	50
e. "I think I'm healthy but I don't make much effort."*	21	27	27	39	29

*This item does not contribute to the calculation of the health locus of control.

Weight & appearance

Q19. Weight: Which statement describes you best?



12% of pupils responded that they would like to put on weight.

Q19. Percentage answering that they would like to put on weight.

	Surrey	
	Y 8	Y 10
Male	12	23
Female	3	11

42% of pupils responded that they would like to lose weight.

Q19. Percentage answering that they would like to lose weight.

	Surrey	
	Y 8	Y 10
Male	35	30
Female	43	60

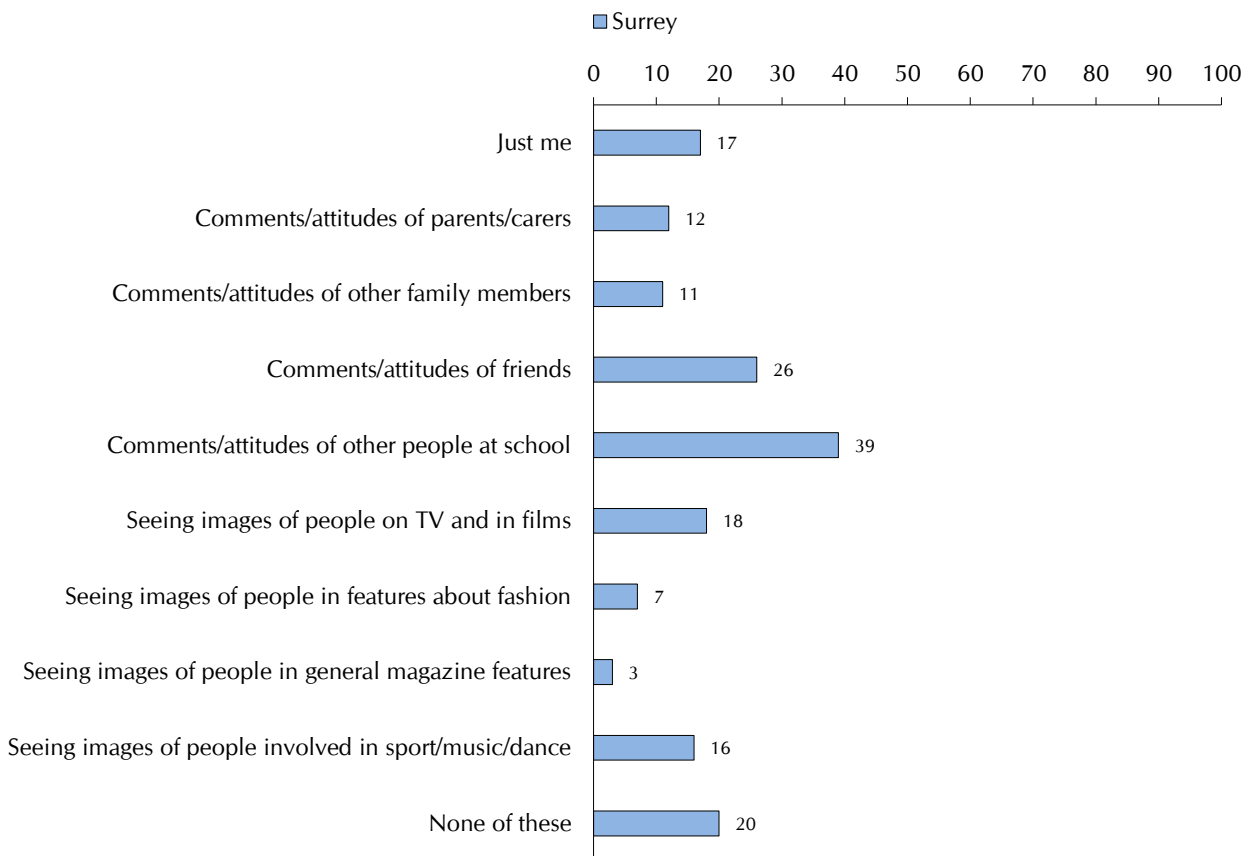
46% of pupils responded that they are happy with their weight as it is.

Q19. Percentage answering that they are happy with their weight as it is.

	Surrey	
	Y 8	Y 10
Male	53	47
Female	55	29

17% of pupils responded that they are the main thing that affects the way they feel about their appearance, while 39% said that the comments/attitudes of other people at school affect them.

Q20. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance:



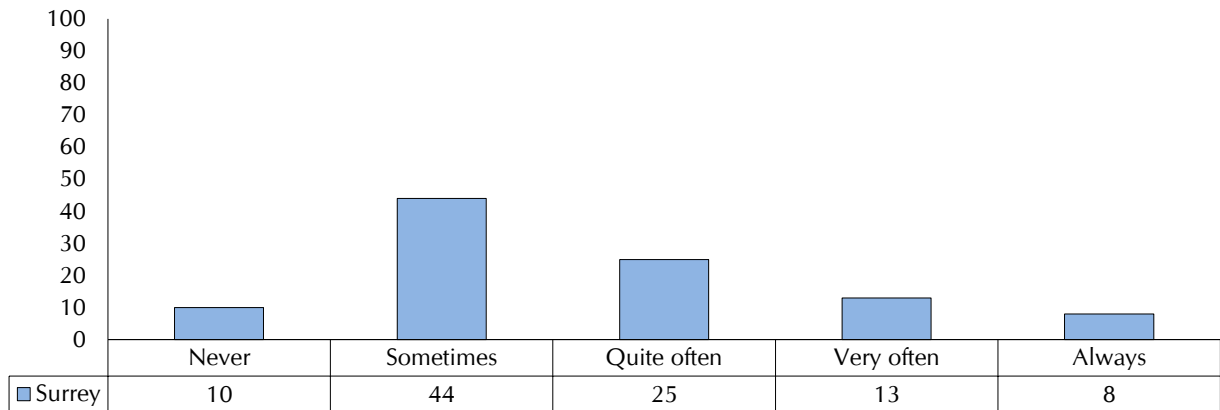
Q20. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance (top 5):

Male		Female			
1	Comments/attitudes of other people at school	28	1	Comments/attitudes of other people at school	51
2	Comments/attitudes of friends	26	2	Seeing images of people on TV and in films	27
3	Just me	21	3	Comments/attitudes of friends	24
4	Seeing images of people involved in sport/music/dance	13	4	Seeing images of people involved in sport/music/dance	19
5	Seeing images of people on TV and in films	9	5	Comments/attitudes of parents/carers	16

Healthy choices

Q21. When choosing what to eat, do you consider your health?

Surrey



56% of males and 52% of females responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.

Q21. Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.

	Surrey	
	Y 8	Y 10
Male	51	60
Female	54	51

21% of males and 20% of females responded that they 'very often' or 'always' consider their health when choosing what to eat.

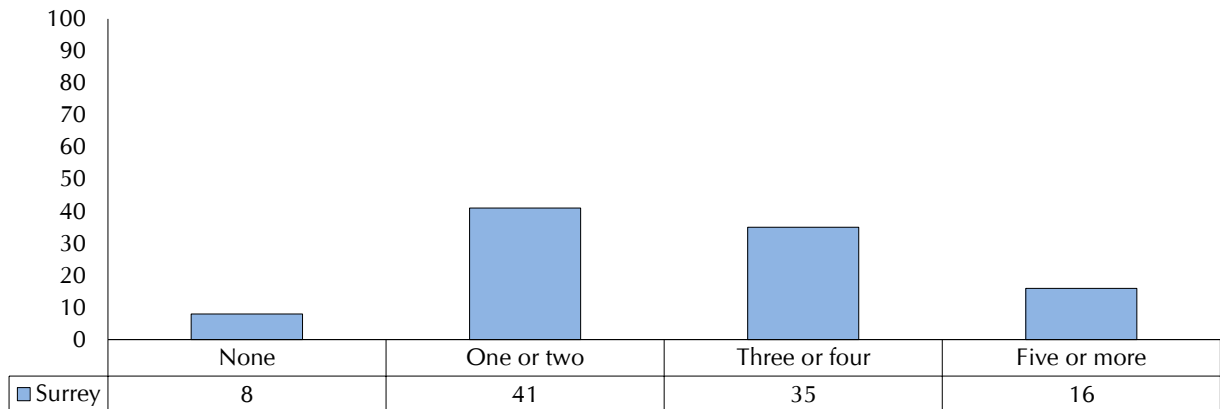
Q21. Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.

	Surrey	
	Y 8	Y 10
Male	23	18
Female	21	20

5-a-day

Q22. How many portions of fruit and vegetables did you eat yesterday?

Surrey



8% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q22. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	Surrey	
	Y 8	Y 10
Male	9	8
Female	7	9

16% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

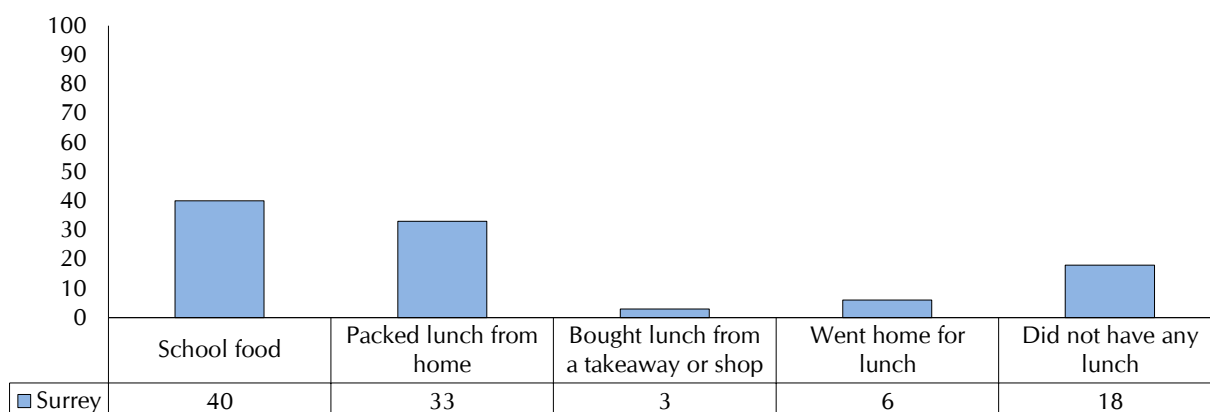
Q22. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	Surrey	
	Y 8	Y 10
Male	22	15
Female	13	14

Lunch

Q23. What did you do for lunch yesterday?

Surrey



40% of pupils responded that they had school food for lunch on the day before the survey.

Q23. Percentage answering that they had school food for lunch on the day before the survey.

Surrey

	Y 8	Y 10
Male	43	45
Female	43	30

18% of pupils responded that they didn't have any lunch on the day before the survey.

Q23. Percentage answering that they didn't have any lunch on the day before the survey.

Surrey

	Y 8	Y 10
Male	10	11
Female	18	32

84% of pupils responded that the place where they can get a school lunch is crowded and 60% said it is busy.

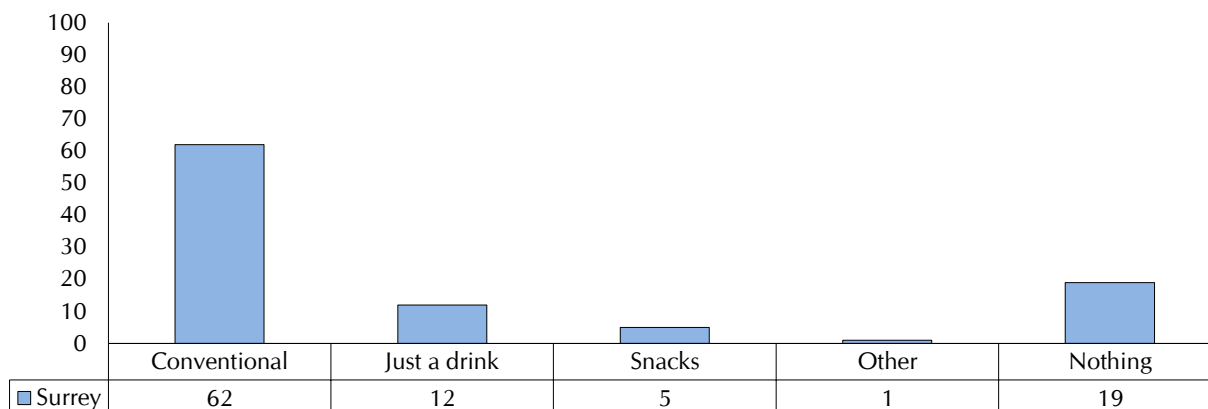
Q24. Percentage of pupils responding that they would describe the place where they can get a school lunch as the following:

Male			Female		
1	Crowded	81	1	Crowded	88
2	Busy	57	2	Busy	62
3	Rushed	46	3	Rushed	54
4	Happy	13	4	Smelly	15
5	Friendly	10	5	Friendly	9
6	Smelly	9	6	Happy	6
7	Safe	8	7	Safe	5
8	Relaxed	2	8	Relaxed	1

Breakfast

Q25. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:

Surrey



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; porridge; toast, bread or bagels; cooked breakfast; fruit; yoghurt or a breakfast bar. Only snacks means: chocolate bar or sweets; biscuits, cakes or croissants or crisp-type snack but not conventional breakfast.

19% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.

Q25. Percentage answering that they didn't have anything to eat or drink before lessons on the day of the survey.

	Surrey	
	Y 8	Y 10
Male	14	20
Female	19	28

12% of pupils responded that they only had a drink before lessons on the day of the survey.

Q25. Percentage answering that they only had a drink before lessons on the day of the survey.

	Surrey	
	Y 8	Y 10
Male	14	8
Female	16	13

23% of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 9% had fruit.

Q25. Percentage of pupils responding that they had the following to eat for breakfast on the day of the survey (top 5):

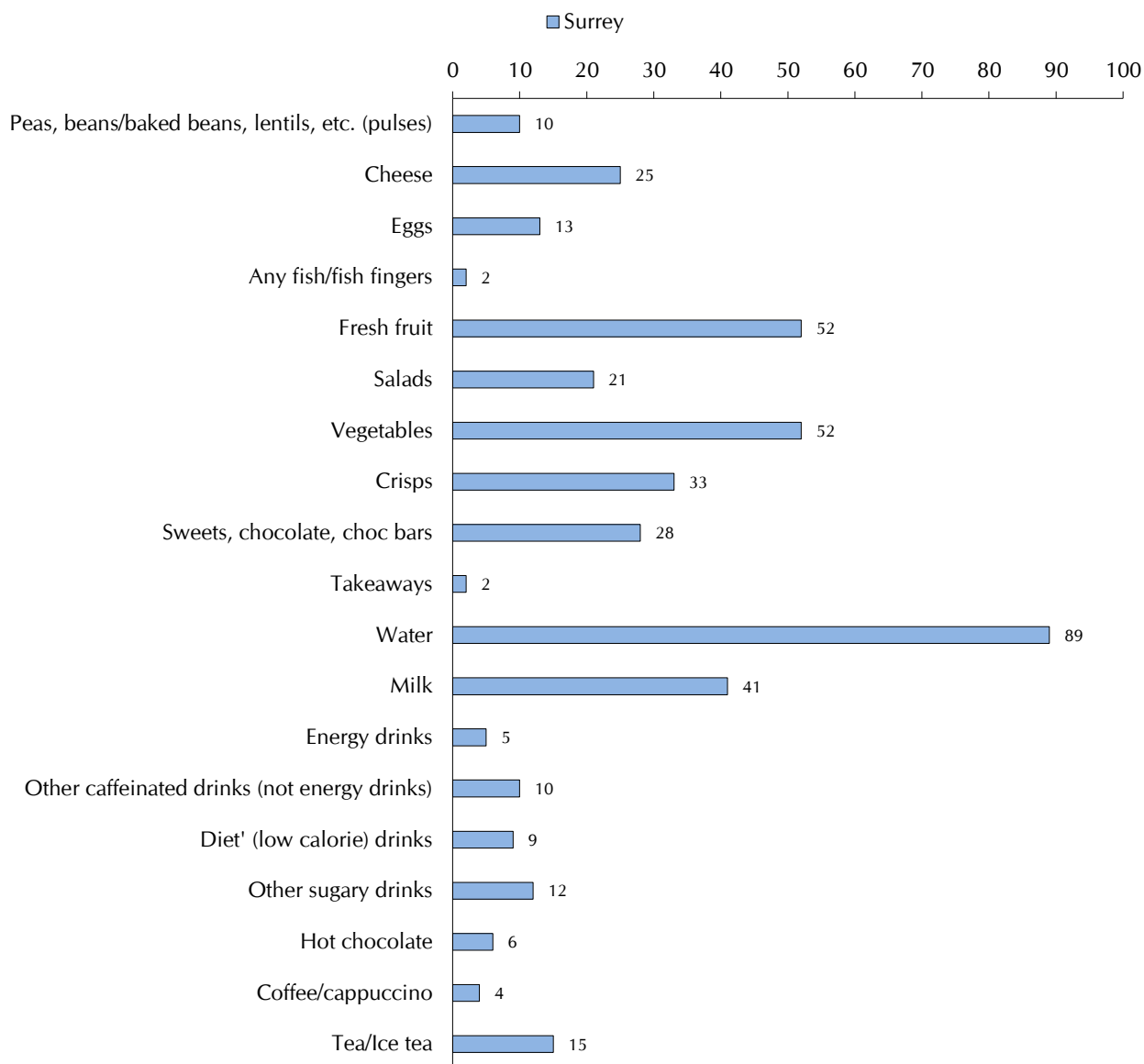
Male			Female		
1	Toast, bread or bagels	25	1	Toast, bread or bagels	23
2	Cereals (not sugary/porridge)	23	2	Cereals (not sugary/porridge)	15
3	Fruit	10	3	Fruit	9
4	Cooked breakfast	10	4	Cooked breakfast	7
5	Biscuits/cakes/croissants	6	5	Biscuits/cakes/croissants	6

Q25. Percentage of pupils responding that they had the following to drink for breakfast on the day of the survey:

Male			Female		
1	Other drink	30	1	Other drink	34
2	Tea/ice tea	8	2	Tea/ice tea	8
3	Energy drink (e.g. Red Bull, Relentless)	4	3	Energy drink (e.g. Red Bull, Relentless)	4
4	Hot chocolate	3	4	Hot chocolate	4
5	Coffee/cappuccino	2	5	Coffee/cappuccino	1

Food & drink

Q26. Percentage of pupils responding that they eat or drink the following 'on most days':

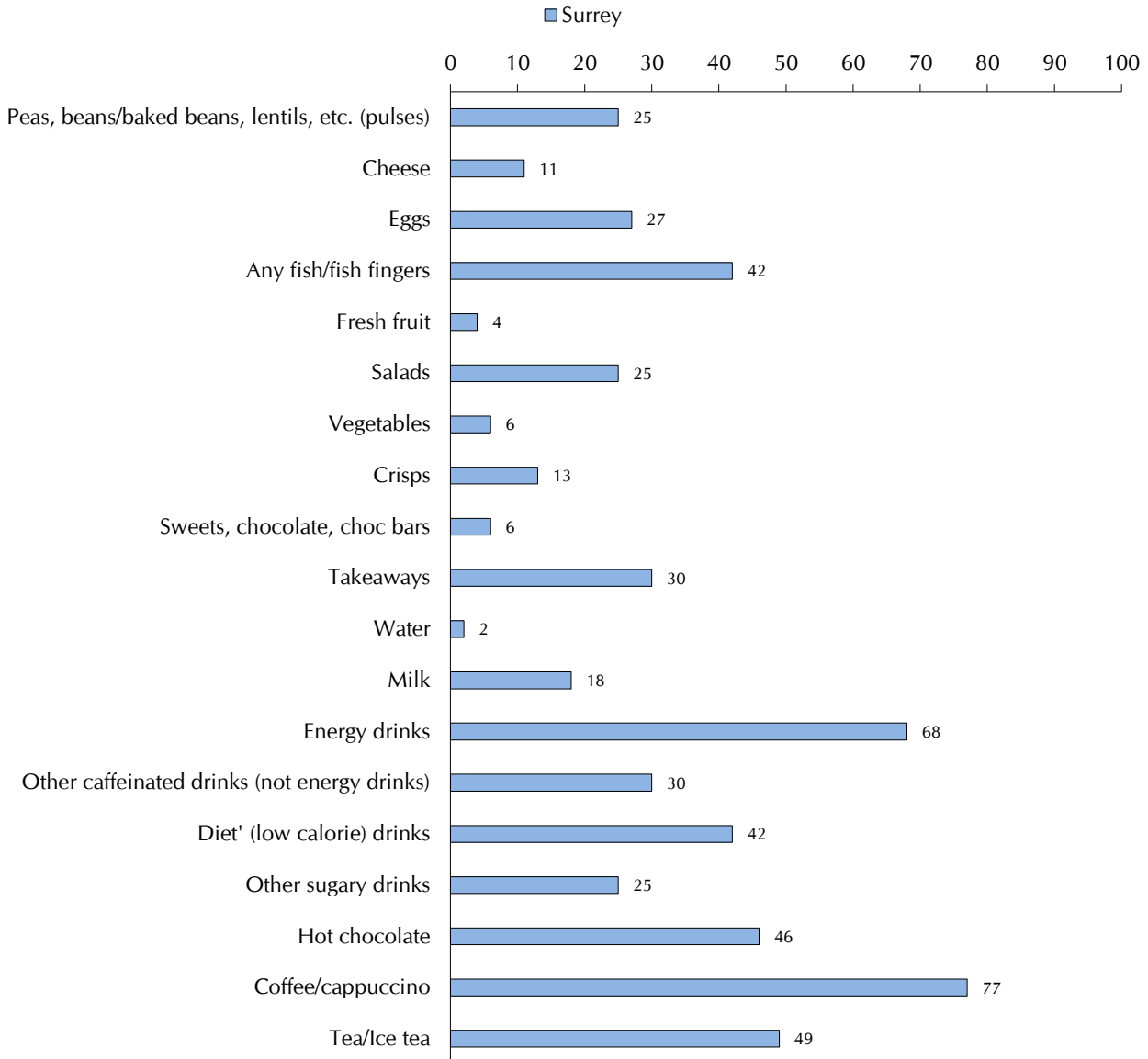


52% of pupils responded that they eat fresh fruit 'on most days'; 52% said the same for vegetables.

Q26. Percentage of pupils responding that they eat or drink the following 'on most days' (top 10):

Male			Female		
1	Water	89	1	Water	90
2	Milk	51	2	Fresh fruit	55
3	Vegetables	50	3	Vegetables	54
4	Fresh fruit	49	4	Crisps	34
5	Crisps	31	5	Milk	32
6	Cheese	29	6	Sweets, chocolate, choc bars	28
7	Sweets, chocolate, choc bars	27	7	Salads	22
8	Salads	21	8	Cheese	22
9	Eggs	17	9	Tea/ice tea	16
10	Tea/ice tea	14	10	Other sugary drinks	12

Q26. Percentage of pupils responding that they 'rarely or never' eat or drink the following:



42% of pupils responded that they 'rarely or never' eat fish/fish fingers.

Q26. Percentage of pupils responding that they 'rarely or never' eat or drink the following (top 10):

Male			Female		
1	Coffee/cappuccino	80	1	Coffee/cappuccino	74
2	Energy drinks	71	2	Energy drinks	66
3	Hot chocolate	50	3	Tea/ice tea	51
4	Tea/ice tea	48	4	Any fish/fish fingers	51
5	'Diet' (low calorie) drinks	39	5	'Diet' (low calorie) drinks	45
6	Any fish/fish fingers	34	6	Hot chocolate	41
7	Takeaways	31	7	Other caffeinated drinks (not energy drinks)	35
8	Salads	26	8	Eggs	35
9	Other caffeinated drinks (not energy drinks)	25	9	Takeaways	30
10	Peas, beans/baked beans, lentils, etc. (pulses)	23	10	Other sugary drinks	29

Alcohol, Smoking & Drugs

Peer perception

Q27. How many people of your age, do you believe...?

	None or just a few (0-10%)	Some (10-30%)	Many (30-50%)	Most of them (50-90%)	All or nearly all (90-100%)
...drank alcohol in the last 7 days?	55	25	14	5	0
...have been drunk at least once in the last 7 days?	67	21	9	3	0
...have smoked a cigarette in the last 7 days?	65	18	11	5	1
...have taken cannabis in the last 7 days?	75	16	6	2	1

6% of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 55% said 'none or just a few' did.

In Surrey, 'none or just a few' Year 8/10 pupils reported drinking alcohol last week.

3% of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 67% said 'none or just a few' were.

In Surrey, 'none or just a few' Year 8/10 pupils reported getting drunk last week.

6% of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 65% said 'none or just a few' did.

In Surrey, 'none or just a few' Year 8/10 pupils reported smoking last week.

3% of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 75% said 'none or just a few' did.

In Surrey, 'none or just a few' Year 8/10 pupils reported using cannabis last month.

Q27a. Percentage answering that they believe at least 'most' people their age drank alcohol in the week before the survey.

	Surrey	
	Y 8	Y 10
Male	2	5
Female	3	13

Q27b. Percentage answering that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey.

	Surrey	
	Y 8	Y 10
Male	1	1
Female	3	7

Q27c. Percentage answering that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey.

	Surrey	
	Y 8	Y 10
Male	5	3
Female	4	11

Q27d. Percentage answering that they believe at least 'most' people their age took cannabis in the 7 days before the survey.

	Surrey	
	Y 8	Y 10
Male	0	5
Female	2	4

Alcohol

7% of pupils responded that they had an alcoholic drink in the 7 days before the survey.

Q28. Percentage answering that they had an alcoholic drink in the 7 days before the survey.

	Surrey	
	Y 8	Y 10
Male	2	8
Female	5	11

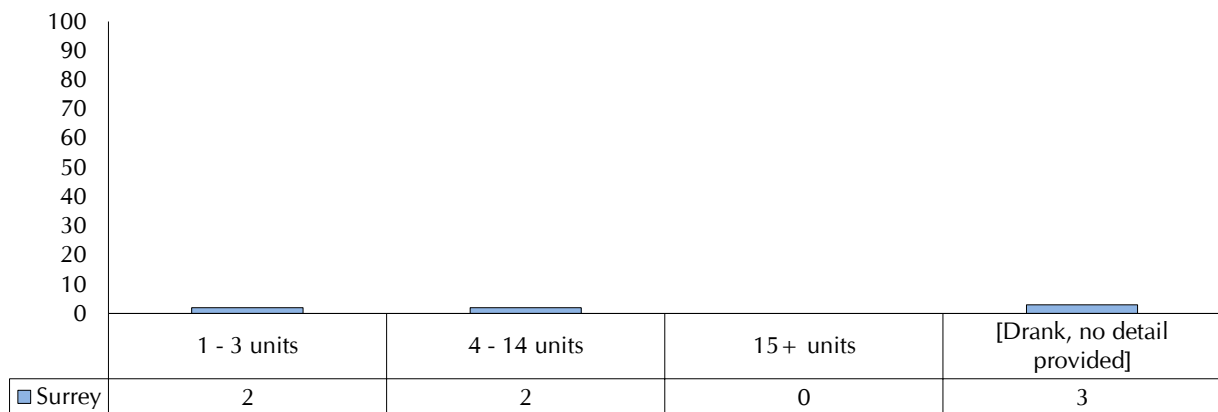
1% of pupils responded that they were drunk in the 7 days before the survey.

Q29. Percentage answering that they were drunk in the 7 days before the survey.

	Surrey	
	Y 8	Y 10
Male	0	1
Female	1	2

Q30. Total units of alcohol pupils reported drinking in the 7 days before the survey:

Surrey



0% of males and 0% of females drank over 14 units of alcohol in the 7 days before the survey.

Q30. Percentage answering that they drank over 14 units of alcohol in the 7 days before the survey.

	Surrey	
	Y 8	Y 10
Male	0	0
Female	0	0

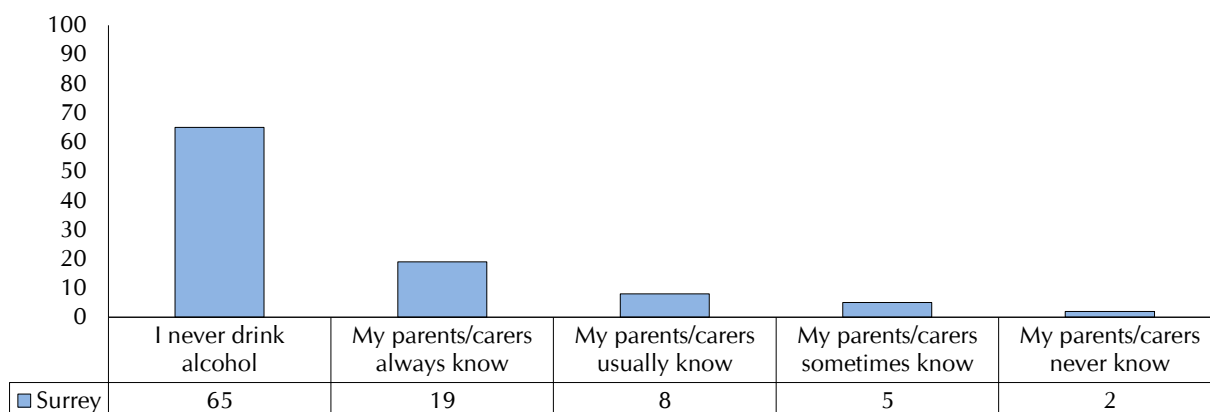
1% of pupils responded that they drank beer or lager in the 7 days before the survey and 1% said they drank spirits.

Q30. Most popular alcoholic drinks in the 7 days before the survey (top 5):

	Male		Female		
1	Beer or lager	1	1	Spirits	2
2	Spirits	1	2	Pre-mixed drinks	2
3	Cider	0	3	Shooters/shots/jelly	2
4	Pre-mixed drinks	0	4	Beer or lager	1
5	Wine	0	5	Cider	1

Q31. If you ever drink alcohol, do your parents/carers know?

Surrey



65% of pupils responded that they 'never' drink alcohol.

Q31. Percentage answering that they never drink alcohol.

	Surrey	
	Y 8	Y 10
Male	83	61
Female	72	47

19% of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 8% said their parents/carers 'usually' know.

Q31. Percentage answering that if they ever drink alcohol, their parents/carers 'always' know.

	Surrey	
	Y 8	Y 10
Male	15	21
Female	19	22

This works out as 55% of those who drink alcohol responding that their parents 'always know'.

7% of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

Q31. Percentage answering that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

	Surrey	
	Y 8	Y 10
Male	2	8
Female	5	14

Alcohol & drug information

50% of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 22% said they wouldn't know where to go.

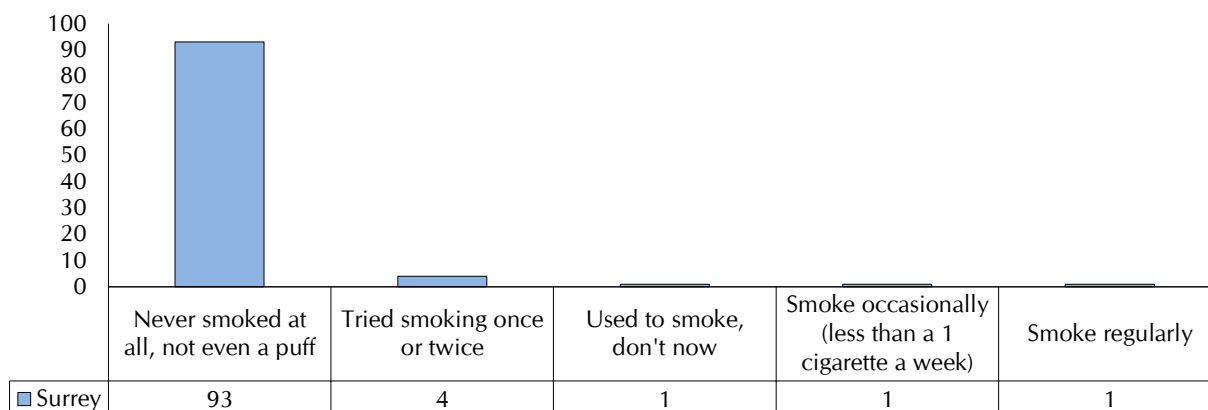
Q32. Percentage answering that they would know where to go if they wanted information or support about alcohol or drugs.

	Surrey	
	Y 8	Y 10
Male	50	58
Female	42	47

Smoking

Q33. Smoking: Which statement describes you best?

Surrey



7% of pupils responded that they have smoked in the past or smoke now.

Q33. Percentage answering that they have smoked in the past or smoke now.

	Surrey	
	Y 8	Y 10
Male	2	7
Female	3	14

1% of pupils responded that they smoke 'regularly'.

Of the 7 pupils who smoke regularly, 57% said they would like to give up.

Q33. Percentage answering that they smoke 'regularly'

	Surrey	
	Y 8	Y 10
Male	0	1
Female	1	1

1% of pupils responded that they have smoked in the 7 days before the survey.

Q34. Percentage answering that they have smoked in the 7 days before the survey.

	Surrey	
	Y 8	Y 10
Male	0	2
Female	0	2

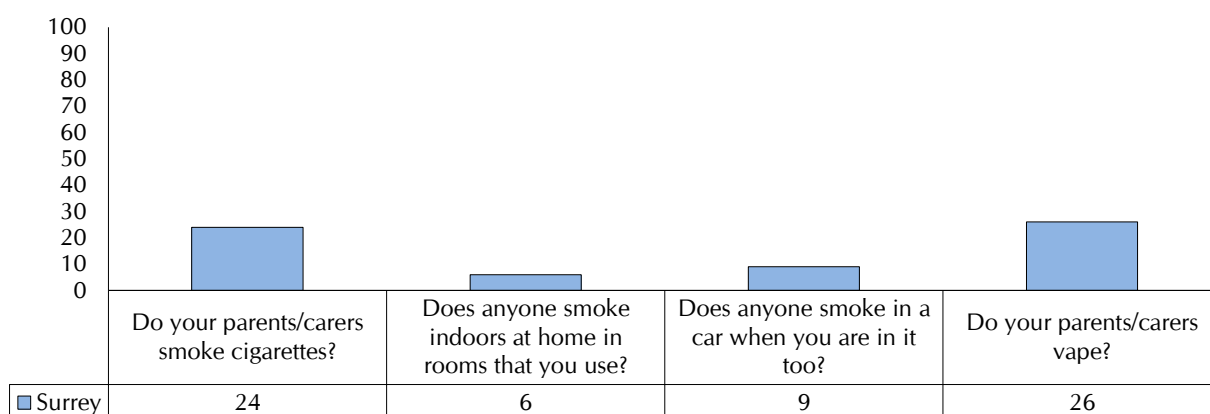
1% of pupils responded that they have bought cigarettes sellers such as neighbours, market stalls, etc..

Q35. Percentage of pupils responding that they have bought the following:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Cigarettes with health warnings in a different language	0	0	1	1	0
Fake cigarettes (counterfeit)	0	0	0	0	0
Single cigarettes (not in packets)	0	0	1	1	0
Cigarettes from other sellers (e.g. neighbours, market stalls etc.)	0	0	1	2	1
Adults (aged 18 and over) have bought cigarettes for me	0	0	0	0	0

Q36. Percentage of pupils responding 'yes' to the following questions:

Surrey



24% of pupils responded that their parents/carers smoke cigarettes.

Q36a. Percentage answering that their parents/carers smoke cigarettes.

	Surrey	
	Y 8	Y 10
Male	21	26
Female	25	23

6% of pupils responded that someone smokes indoors at home in rooms that they use.

Q36b. Percentage answering that someone smokes indoors at home in rooms that they use.

	Surrey	
	Y 8	Y 10
Male	4	5
Female	5	11

9% of pupils responded that someone smokes in a car when they are in it too.

Q36c. Percentage answering that someone smokes in a car when they are in it too.

	Surrey	
	Y 8	Y 10
Male	8	6
Female	7	18

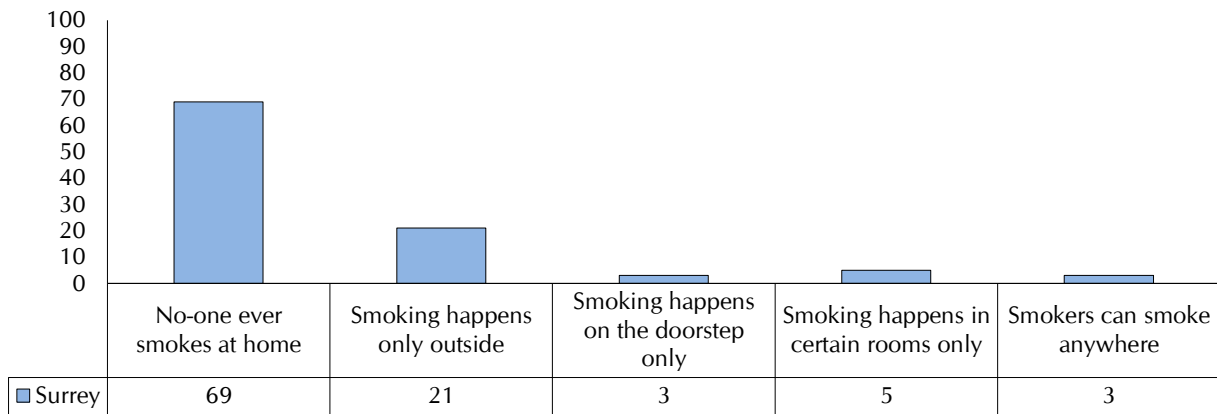
26% of pupils responded that their parents/carers vape.

Q36c. Percentage answering that their parents/carers vape.

	Surrey	
	Y 8	Y 10
Male	23	25
Female	27	27

Q37. Thinking about smoking at home, what best describes what happens in your home?

Surrey



69% of pupils responded that no-one ever smokes at home.

Q37. Percentage answering that no-one ever smokes at home.

	Surrey	
	Y 8	Y 10
Male	73	68
Female	67	68

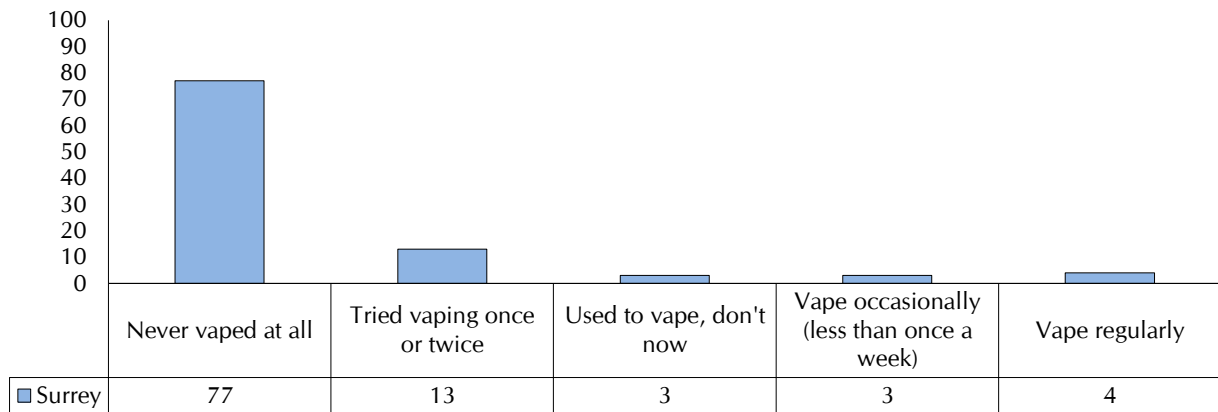
3% of pupils responded that smokers can smoke anywhere in their home, while 5% said people can smoke in certain rooms only.

Q37. Percentage answering that smokers can smoke anywhere in their home.

	Surrey	
	Y 8	Y 10
Male	4	1
Female	2	4

Q38. Which statement describes you best about vaping?

Surrey



10% of Year 8 pupils and 35% of Year 10 pupils said they have at least tried vaping.

Q38. Percentage answering that they have at least tried vaping.

	Surrey	
	Y 8	Y 10
Male	5	30
Female	15	39

1% of Year 8 pupils and 7% of Year 10 pupils said they vape 'regularly'.

Q38. Percentage answering that they vape 'regularly'.

Of the 32 pupils who vape regularly, 63% said they would like to give it up.

	Surrey	
	Y 8	Y 10
Male	0	5
Female	1	10

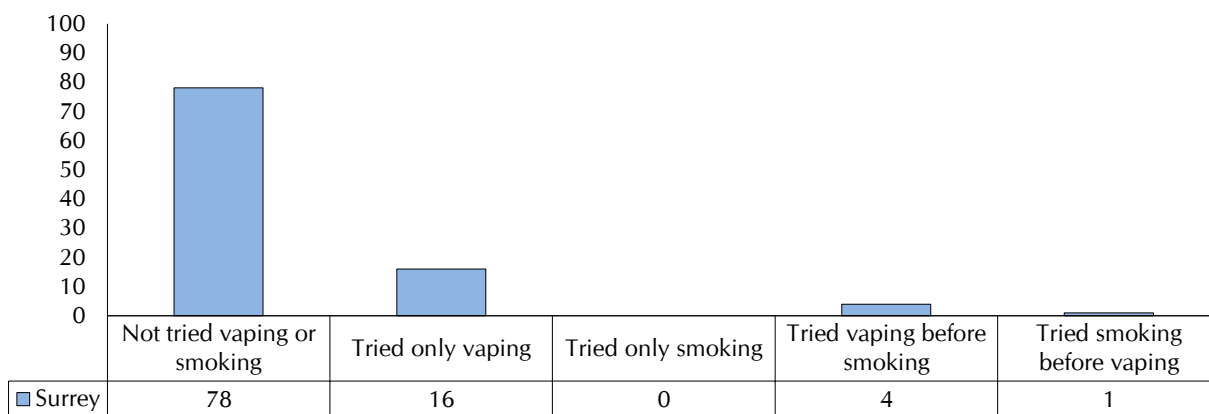
2% of pupils said adults (aged 18 and over) have bought vapes for them.

Q39. Percentage of pupils responding that they have bought the following:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I bought vapes online	0	1	3	2	1
I bought fake/illegal vapes	0	1	5	4	3
I bought vapes from other sellers	1	1	7	13	6
Adults (aged 18 and over) have bought vapes for me	0	0	3	6	2

Q40. Which statement best describes you?

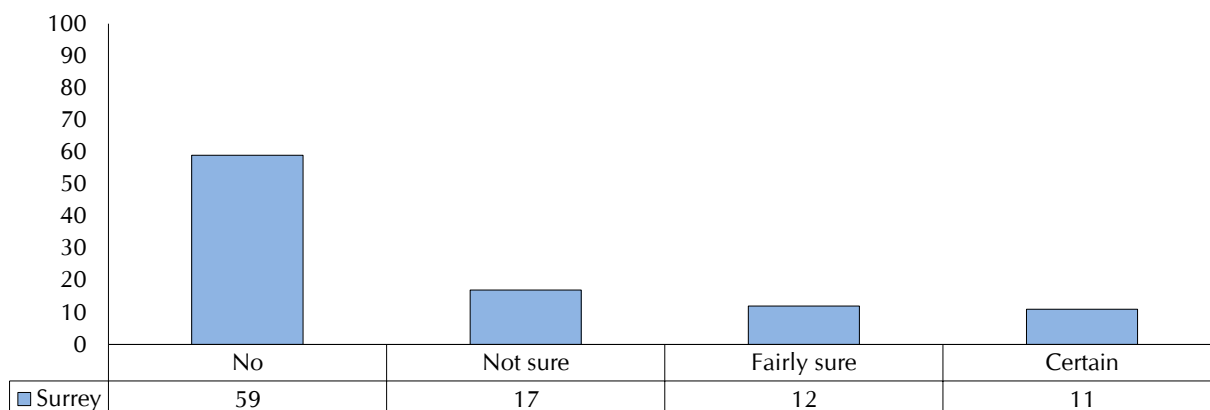
Surrey



Drugs

Q41. Do you know anyone personally who you think takes any drugs to get high (not medicines, tobacco or alcohol)?

Surrey



13% of Year 8 pupils and 33% of Year 10 pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.

Q41. Percentage answering that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.

Surrey

	Y 8	Y 10
Male	9	32
Female	16	35

5% of Year 8 pupils and 17% of Year 10 pupils responded that they have been offered cannabis.

Q42. Percentage answering that they have been offered cannabis.

Surrey

	Y 8	Y 10
Male	4	14
Female	4	20

4% of Year 8 pupils and 16% of Year 10 pupils responded that they have been offered other drugs to get high (not cannabis).

Q43. Percentage answering that they have been offered other drugs to get high (not cannabis).

Surrey

	Y 8	Y 10
Male	3	15
Female	3	18

1% of Year 8 pupils and 8% of Year 10 pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).

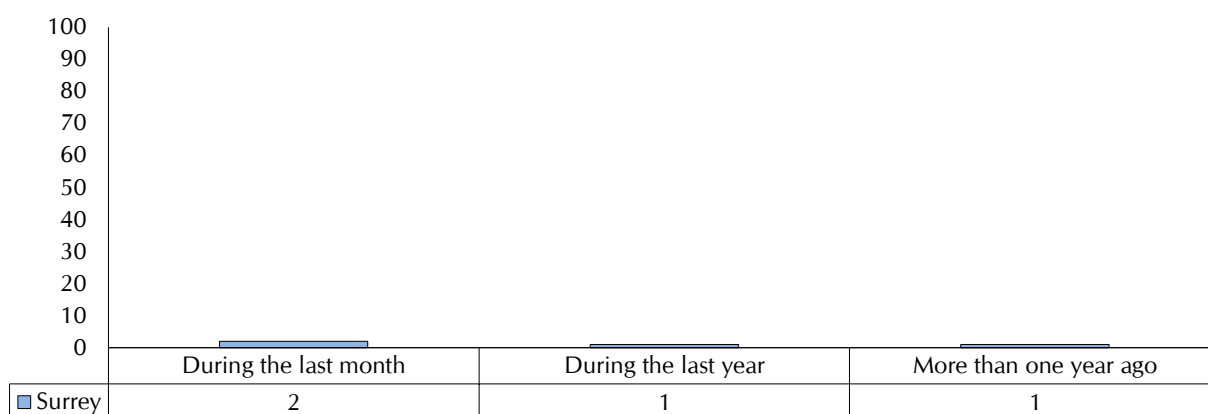
Q44. Percentage answering that they have taken drugs to get high (not medicines, tobacco or alcohol).

Surrey

	Y 8	Y 10
Male	0	7
Female	2	8

Q45. Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:

Surrey



0% of Year 8 pupils and 3% of Year 10 pupils responded that they have taken at least one of the drugs listed during the last month.

Q45. Percentage answering that they have taken one of the drugs listed during the last month.

	Surrey	
	Y 8	Y 10
Male	0	2
Female	1	4

Q45. Summary of some common recreational drugs:

Year 8	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	0	0	0
Cannabis	0	0	0
Ecstasy	0	0	0
Cocaine	0	0	0
Synthetic hallucinogens	0	0	0
Nitrous oxide	0	0	0
Poppers	0	0	0
Solvents used as drugs	0	0	1
New Psychoactive Substances	0	0	0

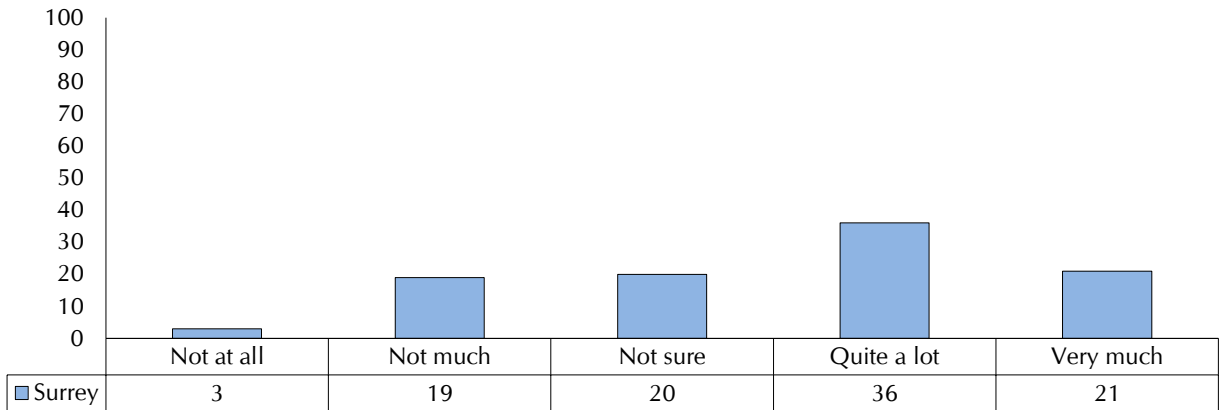
Year 10	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	0	0	0
Cannabis	3	6	7
Ecstasy	0	0	0
Cocaine	0	0	0
Synthetic hallucinogens	0	0	0
Nitrous oxide	1	1	2
Poppers	0	0	0
Solvents used as drugs	0	0	0
New Psychoactive Substances	1	1	2

Emotional Health & Well-being

Satisfaction

Q46. In general, how happy do you feel with your life at the moment?

Surrey



2% of males and 4% of females responded that they are 'not at all' happy with their life at the moment.

Q46. Percentage answering that they are 'not at all' happy with their life at the moment.

	Surrey	
	Y 8	Y 10
Male	2	2
Female	4	4

68% of males and 47% of females responded that they are at least 'quite' happy with their life at the moment.

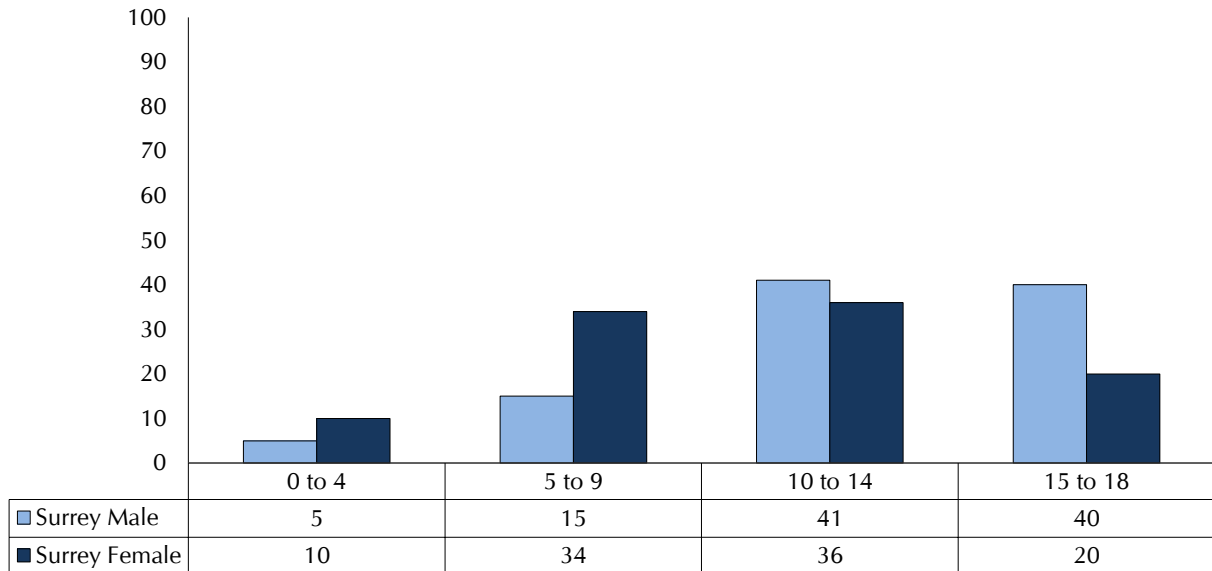
Q46. Percentage answering that they are at least 'quite' happy with their life at the moment.

	Surrey	
	Y 8	Y 10
Male	68	68
Female	55	39

Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem are:

Q47. Composite self-esteem score:



33% of pupils had a med-low self-esteem score (9 or less).

Q47. Percentage with a med-low self-esteem score (9 or less).

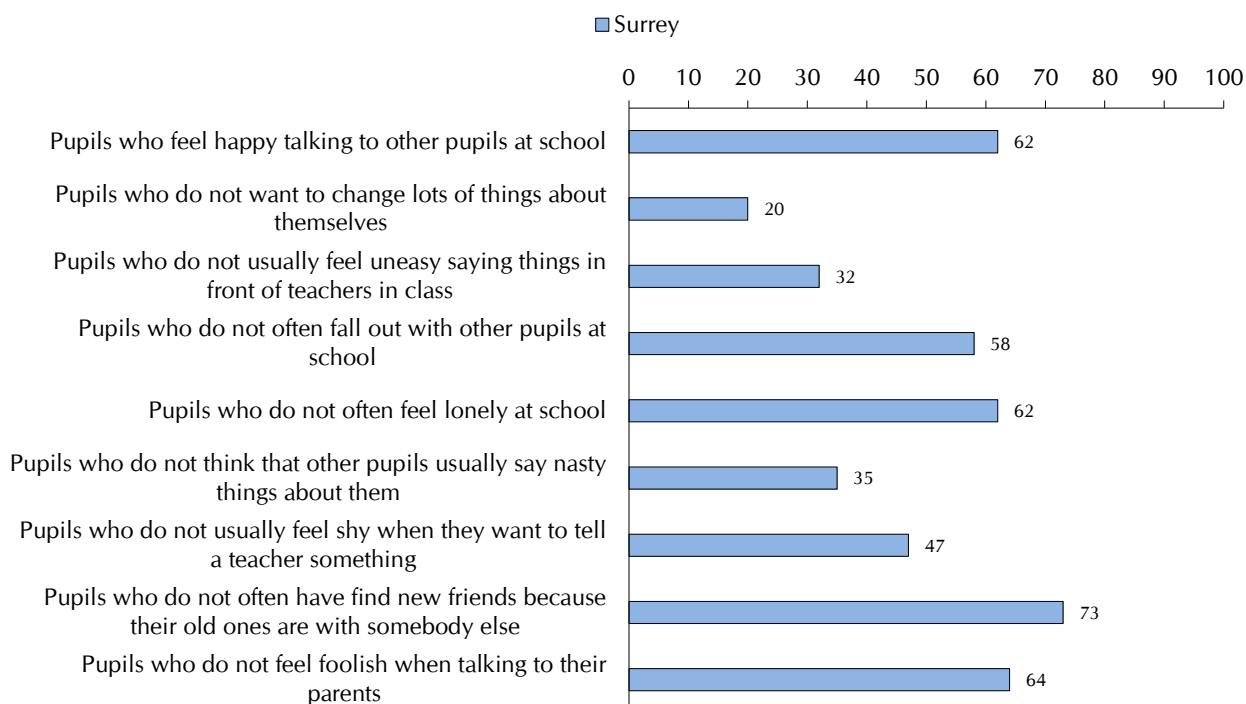
	Surrey	
	Y 8	Y 10
Male	22	18
Female	42	46

29% of pupils had a high self-esteem score (15 or more).

Q47. Percentage with a high self-esteem score (15 or more).

	Surrey	
	Y 8	Y 10
Male	37	42
Female	25	14

Q47. (Individual self-esteem items) Percentage in each group giving a high esteem response:



62% of pupils responded that they feel happy talking to other pupils at school.

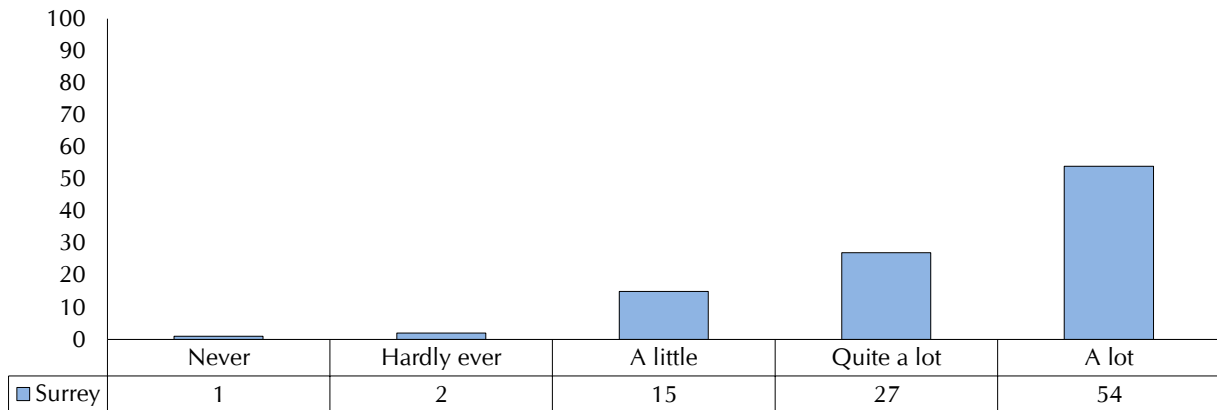
Q47. (Individual self-esteem items) Percentage in each group giving a high esteem response:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Pupils who feel happy talking to other pupils at school	69	54	76	47	62
Pupils who do not want to change lots of things about themselves	29	23	21	11	20
Pupils who do not usually feel uneasy saying things in front of teachers in class	36	30	41	21	32
Pupils who do not often fall out with other pupils at school	59	53	67	58	58
Pupils who do not often feel lonely at school	70	54	75	53	62
Pupils who do not think that other pupils usually say nasty things about them	42	27	47	23	35
Pupils who do not usually feel shy when they want to tell a teacher something	56	35	65	33	47
Pupils who do not often have find new friends because their old ones are with somebody else	73	64	85	71	73
Pupils who do not feel foolish when talking to their parents/carers	71	64	71	53	64

Worrying

Q48. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:

Surrey



81% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q48. Percentage answering they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Surrey

	Y 8	Y 10
Male	76	75
Female	84	92

22% of males and 44% of females responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

Q48. Percentage answering that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

Surrey

	Y 8	Y 10
Male	24	19
Female	35	52

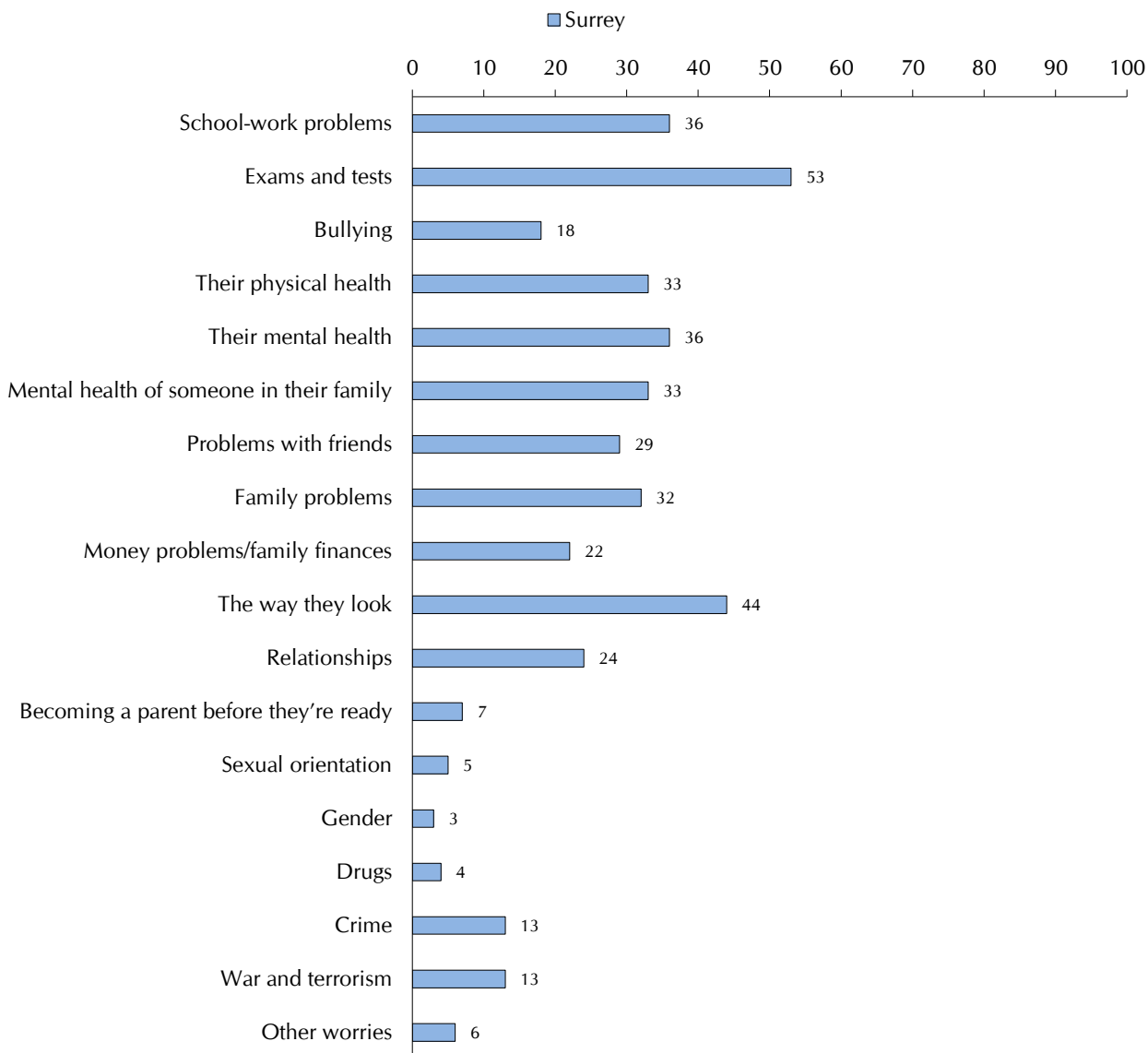
53% of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot' while 32% worry 'quite a lot' or 'a lot' about family problems.

Q48. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10):

Male			Female		
1	Exams and tests	43	1	Exams and tests	64
2	Mental health of someone in their family	28	2	The way they look	61
3	Their physical health	28	3	School-work problems	49
4	The way they look	26	4	Their mental health	46
5	Their mental health	25	5	Family problems	41
6	Family problems	24	6	Problems with friends	41
7	School-work problems	23	7	Their physical health	38
8	Relationships	18	8	Mental health of someone in their family	38
9	Money problems/family finances	17	9	Relationships	29
10	Problems with friends	17	10	Money problems/family finances	26

44% of pupils responded that they worry about the way they look 'quite a lot' or 'a lot', while 36% worry 'quite a lot' or 'a lot' about their mental health.

Q48. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



74% of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% said they don't know anyone.

5% of pupils said they don't have a place where they feel safe and comfortable; 13% said they 'maybe' do.

Q49. Percentage answering they know an adult they trust who they can talk to if they are worried about something.

	Surrey	
	Y 8	Y 10
Male	85	78
Female	72	61

Q50. Percentage answering that they don't have a place where they feel safe and comfortable.

	Surrey	
	Y 8	Y 10
Male	4	4
Female	6	6

Problem solving

62% of pupils responded that they 'usually' or 'always' listen to music when they have a problem that worries them or they are feeling stressed, while 36% said they talk to someone about it.

Q51. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed (top 10):

Male			Female		
1	Gaming	70	1	Listen to music	75
2	Think carefully about the problem by themselves	50	2	Cry	59
3	Listen to music	49	3	Think carefully about the problem by themselves	54
4	Keep busy (exercise, work)	48	4	Rest or sleep more	52
5	Keep busy socialising	47	5	Watch more TV	50
6	Talk to someone about it	39	6	Keep busy socialising	37
7	Rest or sleep more	37	7	Talk to someone about it	34
8	Watch more TV	35	8	Keep busy (exercise, work)	31
9	Do nothing	28	9	Eat or drink less	31
10	Eat or drink more (e.g. sweets, chocolates)	15	10	Read, write, paint or draw	29

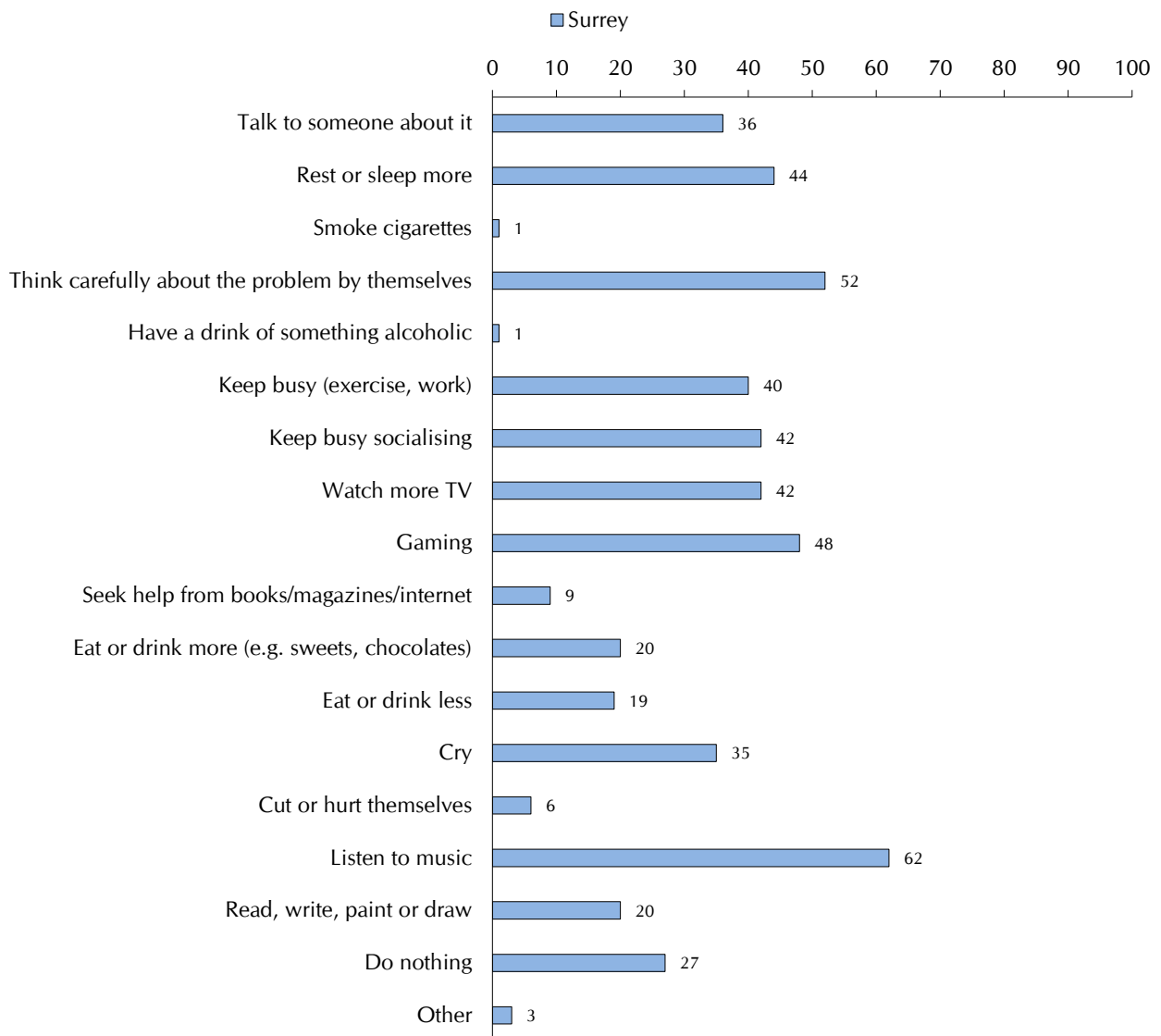
7% of males and 23% of females said they at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.

Q51. Percentage answering that they at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.

Surrey		
	Y 8	Y 10
Male	10	4
Female	18	28

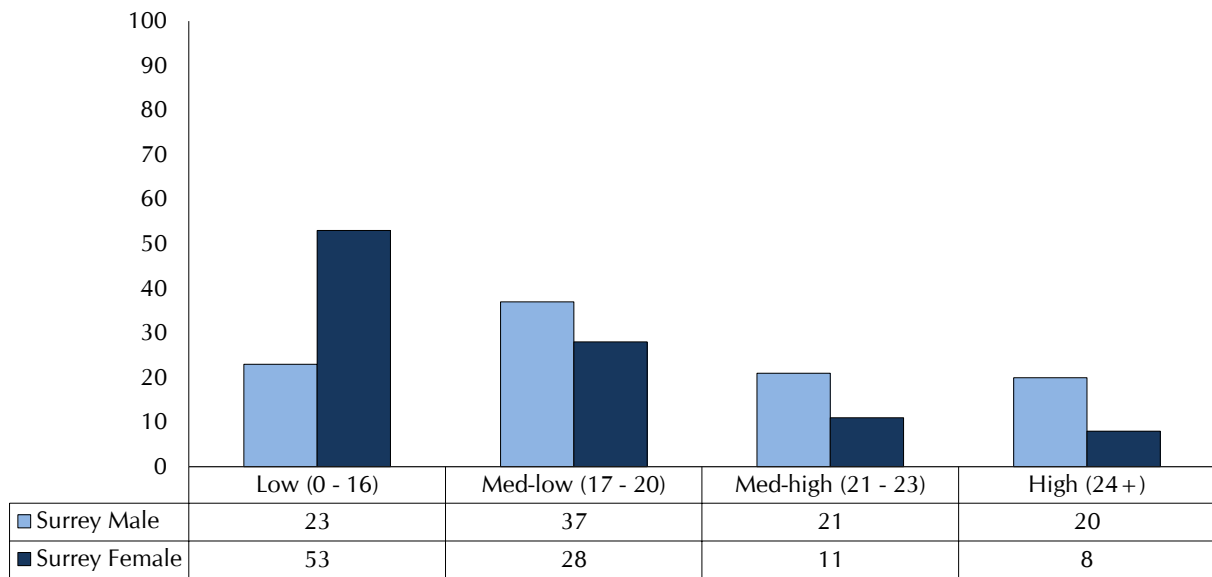
42% of pupils responded that they 'usually' or 'always' watch TV when they have a problem that worries them or they are feeling stressed.

Q51. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed:



Resilience

Q52/53. Composite resilience score:



We have used these two questions (52 & 53) to form an overall measure of “resilience”. 11 of the items are scored 0 – 3 if phrased positively, or 3 – 0 if they are phrased negatively.

38% of pupils had a low measure of resilience (0 – 16).

Q52/53. Percentage with a low measure of resilience (0 – 16).

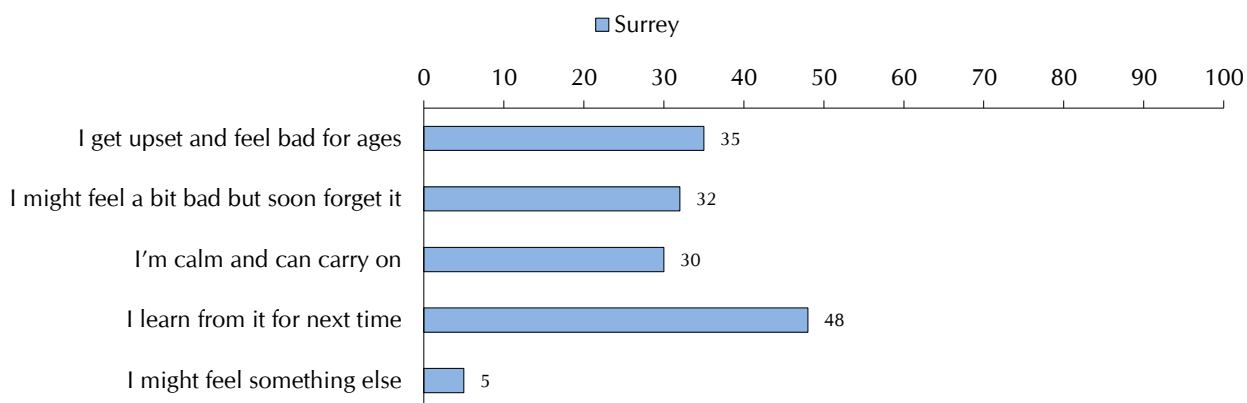
	Surrey	
	Y 8	Y 10
Male	22	23
Female	48	58

14% of pupils had a high measure of resilience (24+).

Q52/53. Percentage with a high measure of resilience (24+).

	Surrey	
	Y 8	Y 10
Male	16	23
Female	9	8

Q52. Percentage of pupils responding that they 'usually' or 'always' feel the following when something goes wrong:

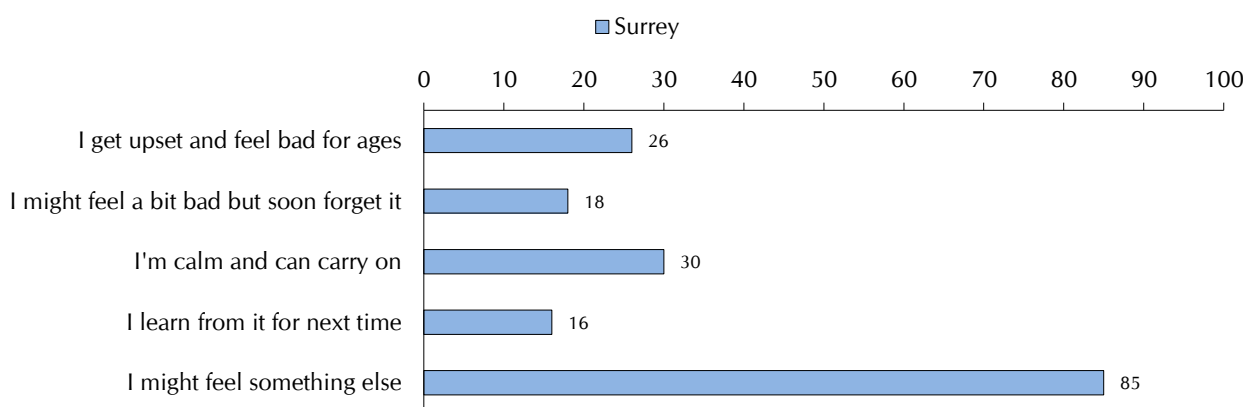


48% of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 35% said they get upset and feel bad for ages.

Q52. Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I get upset and feel bad for ages	24	49	13	55	35
I might feel a bit bad but soon forget it	35	30	40	23	32
I'm calm and can carry on	35	17	51	16	30
I learn from it for next time	51	42	57	45	48
I might feel something else	5	9	4	4	5

Q52. Percentage of pupils responding that they 'never' feel the following when something goes wrong:

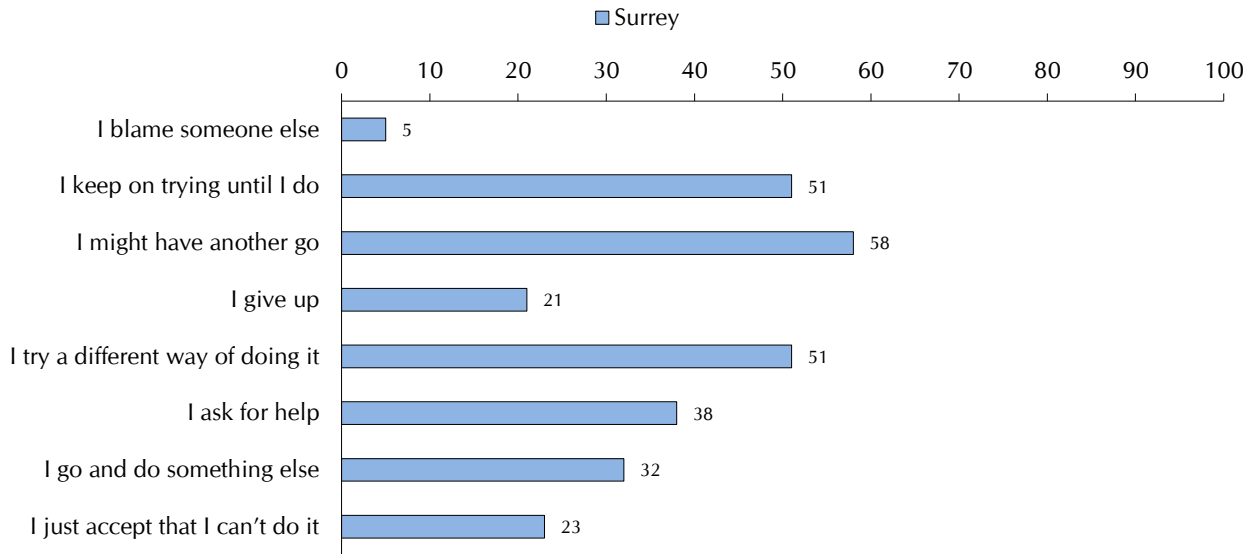


16% of pupils responded that when something goes wrong they 'never' learn from it for next time.

Q52. Percentage of pupils responding that they 'never' do the following when something goes wrong:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I get upset and feel bad for ages	33	17	40	14	26
I might feel a bit bad but soon forget it	19	20	14	17	18
I'm calm and can carry on	23	43	16	38	30
I learn from it for next time	14	19	10	19	16
I might feel something else	85	83	89	83	85

Q53. Percentage of pupils responding that they 'usually' or 'always' do the following if they don't succeed:

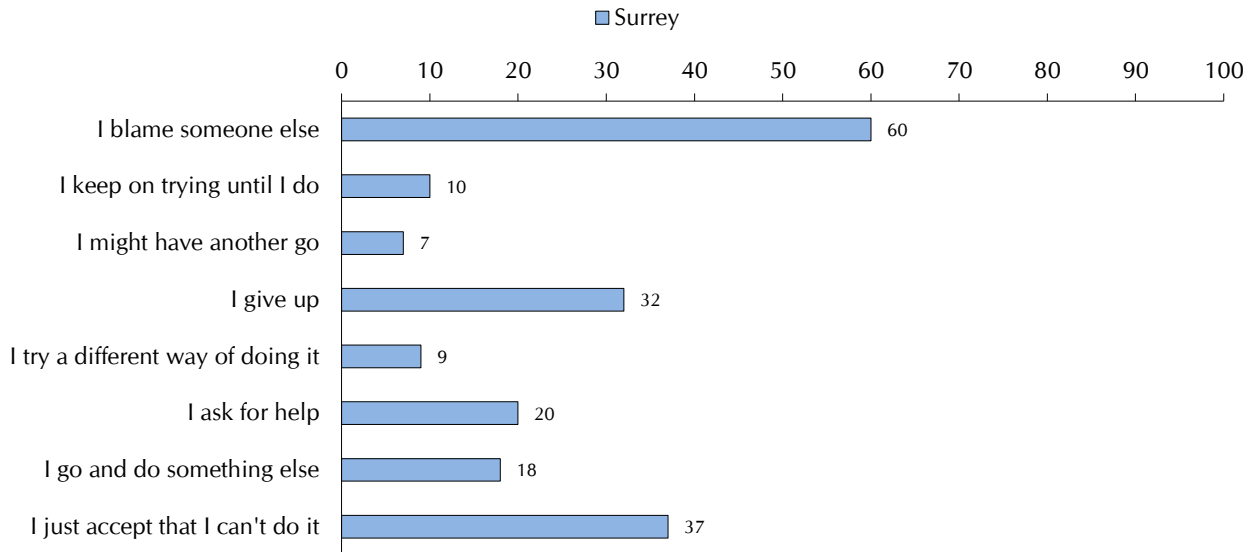


51% of pupils responded that if they don't succeed, they 'usually' or 'always' keep on trying until they do, while 38% ask for help and 21% give up.

Q53. Percentage of pupils responding that they 'usually' or 'always' do the following if they don't succeed:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I blame someone else	4	3	4	7	5
I keep on trying until I do	61	43	60	37	51
I might have another go	69	51	67	45	58
I give up	11	31	13	30	21
I try a different way of doing it	57	43	54	48	51
I ask for help	43	41	37	31	38
I go and do something else	26	37	24	39	32
I just accept that I can't do it	17	28	15	31	23

Q53. Percentage of pupils responding that they 'never' do the following if they don't succeed:



32% of pupils responded that if they don't succeed, they 'never' give up.

Q53. Percentage of pupils responding that they 'never' do the following if they don't succeed:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I blame someone else	69	64	57	52	60
I keep on trying until I do	5	11	7	17	10
I might have another go	6	7	6	9	7
I give up	45	23	43	15	32
I try a different way of doing it	9	11	6	12	9
I ask for help	18	19	17	25	20
I go and do something else	22	14	21	12	18
I just accept that I can't do it	45	30	46	25	37

Sexual Health

Sex & relationships education

75% of pupils responded that they have learned about contraception from school lessons, while 13% said they never learned about it anywhere.

Q54a. Percentage of pupils responding that they have learned about contraception from the following people or places:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Never learned about it anywhere	26	24	2	3	13
Learned about it from school lessons	58	62	91	87	75
Learned about it from parents/carers	16	21	21	33	23
Learned about it from friends	11	9	15	26	15
Learned about it at a youth club or other group	0	1	2	2	1
Learned about it from the internet or magazines	12	13	13	19	14

70% of pupils responded that they have learned about sexually transmitted infections from school lessons, while 20% said they never learned about it anywhere.

Q54b. Percentage of pupils responding that they have learned about sexually transmitted infections from the following people or places:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Never learned about it anywhere	37	38	4	3	20
Learned about it from school lessons	46	49	91	89	70
Learned about it from parents/carers	10	11	10	21	13
Learned about it from friends	3	2	10	10	7
Learned about it at a youth club or other group	1	1	1	1	1
Learned about it from the internet or magazines	8	9	9	12	9

Contraception

22% of pupils responded that they know where they can get condoms free of charge.

Q55. Percentage answering that they know where they can get condoms free of charge.

	Surrey	
	Y 8	Y 10
Male	14	31
Female	10	29

Help & advice services

Q56. Percentage of pupils responding that they have 'never heard of' or 'know little or nothing about' the following services:



Q56. What do you know about the following services?

Year 8	Never heard of it	Heard of, know nothing/little about	Know what it is, don't know where/how to access	Know what it is/how to access, haven't used it	Have used it
Sexual health clinics*	51	32	11	5	0
Sexual health clinics just for young people	65	25	6	3	0
Sexual health services online	57	28	7	6	0
Sexual health services online just for young people	65	23	6	5	0
Pharmacies**	18	24	16	33	8

Year 10	Never heard of it	Heard of, know nothing/little about	Know what it is, don't know where/how to access	Know what it is/how to access, haven't used it	Have used it
Sexual health clinics*	22	34	25	18	0
Sexual health clinics just for young people	31	35	19	14	0
Sexual health services online	30	33	18	18	0
Sexual health services online just for young people	34	32	19	15	0
Pharmacies**	8	17	18	50	5

* (contraception and sexual health); ** (emergency contraception and chlamydia testing and treatment).

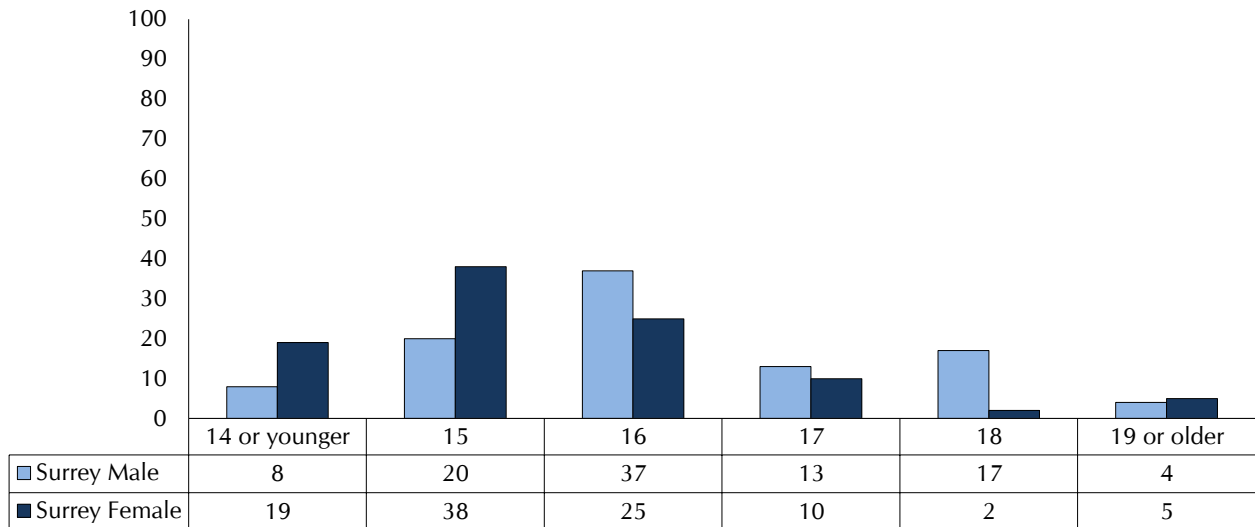
90% of pupils responded that they have at least heard of one or more of these services, while 7% said that they have used at least one of these services.

Q56. Percentage answering that they have at least heard of one or more of these services.

	Surrey	
	Y 8	Y 10
Male	85	94
Female	86	95

Year 10+: Sexual relationships

Q105. Year 10+: At what age do you think most young people start having sex?



14% of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.

Q105. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 14 or younger.

Surrey

Y 10

Male 8

Female 19

44% of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.

Q105. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 16 or 17.

Surrey

Y 10

Male 51

Female 35

5% of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.

Q105. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 19 or older.

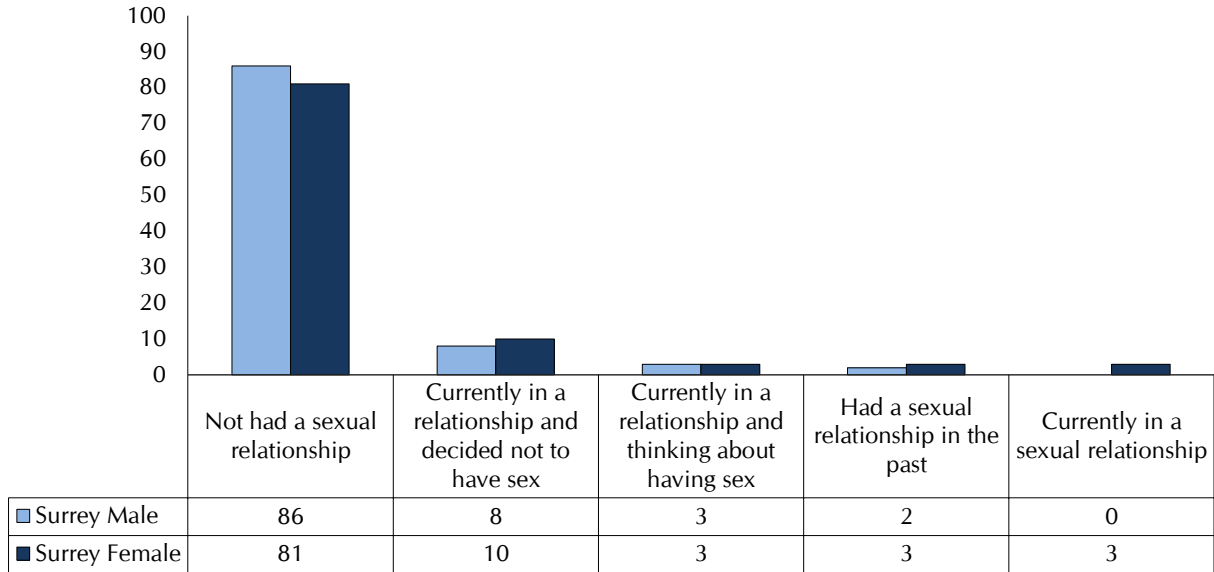
Surrey

Y 10

Male 4

Female 5

Q106. Year 10+: Sexual relationships: Which of the following best describes you?



3% of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.

Q106. Percentage of Year 10+ pupils answering that they are currently in a relationship and thinking about having sex.

Surrey
 Y 10
 Male 3
 Female 3

5% of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.

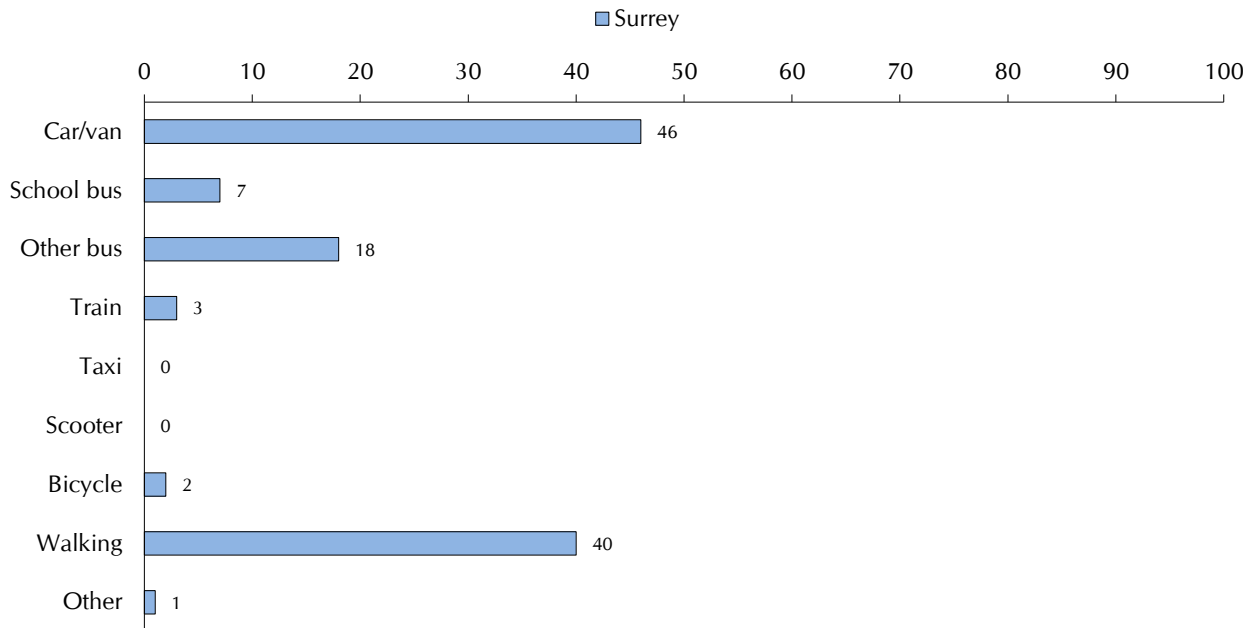
Q106. Percentage of Year 10+ pupils answering that they are either in a sexual relationship or have had one in the past.

Surrey
 Y 10
 Male 2
 Female 6

Physical Activity

Active travel

Q16. How did you travel to school today?



46% of pupils said they travelled to school by car/van on the day of the survey.

Q16. Percentage answering that they travelled to school by car/van on the day of the survey.

	Surrey	
	Y 8	Y 10
Male	45	50
Female	46	45

2% of pupils said they travelled to school by bicycle on the day of the survey and 0% said they travelled by scooter.

Q16. Percentage answering that they travelled to school by bicycle on the day of the survey.

	Surrey	
	Y 8	Y 10
Male	4	5
Female	0	1

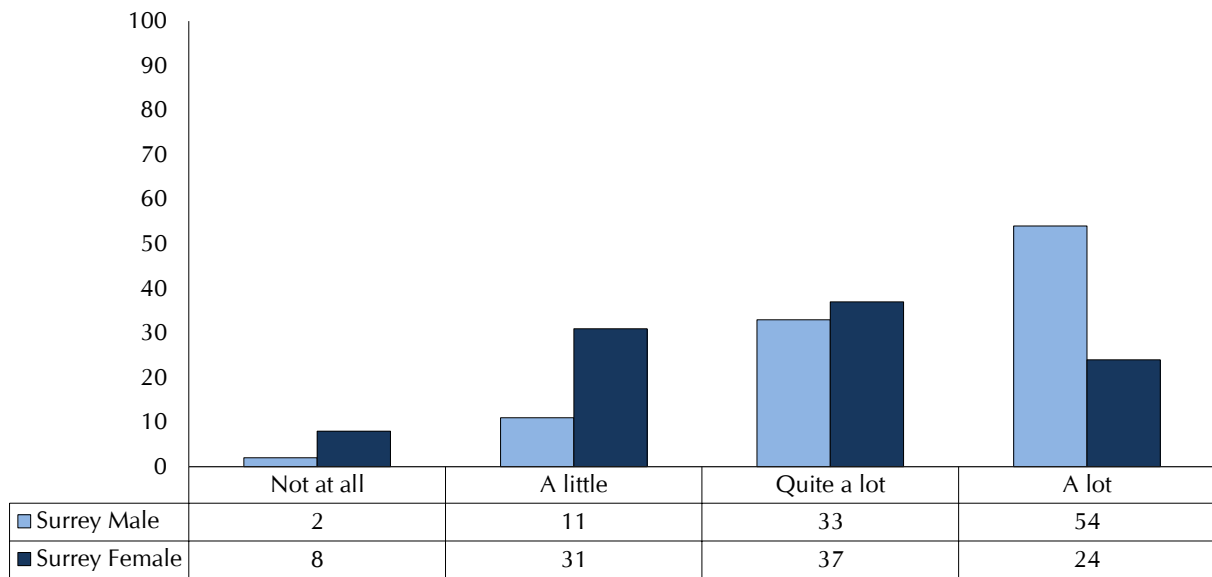
40% of pupils said they walked to school on the day of the survey.

Q16. Percentage answering that they walked to school on the day of the survey.

	Surrey	
	Y 8	Y 10
Male	41	36
Female	41	43

Enjoy exercise

Q57. How much do you enjoy physical activities?



4% of pupils responded that they don't enjoy physical activities at all.

Q57. Percentage answering that they don't enjoy physical activities at all.

	Surrey	
	Y 8	Y 10
Male	3	1
Female	9	6

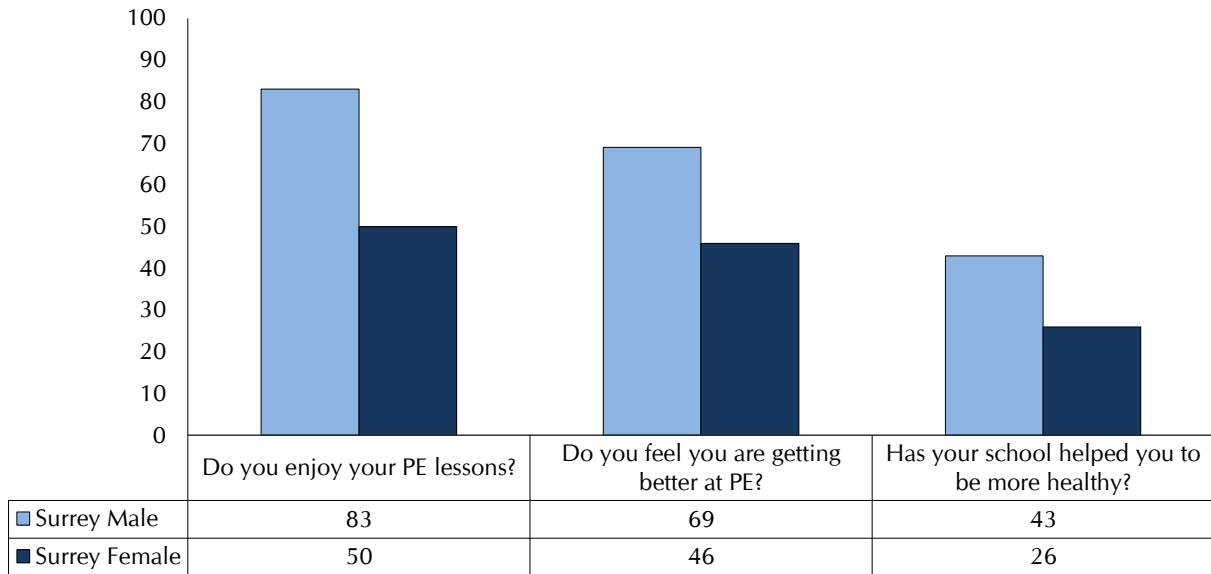
75% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q57. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Surrey	
	Y 8	Y 10
Male	85	90
Female	65	58

School and PE lessons

Q58. How much do you enjoy physical activities?



67% of pupils responded that they enjoy their PE lessons, while 20% are 'not sure' if they do.

Q58a. Percentage answering that they enjoy their PE lessons.

	Surrey	
	Y 8	Y 10
Male	82	83
Female	58	41

57% of pupils responded that they feel they are getting better at PE, while 25% are 'not sure' if they are.

Q58b. Percentage answering that they feel they are getting better at PE.

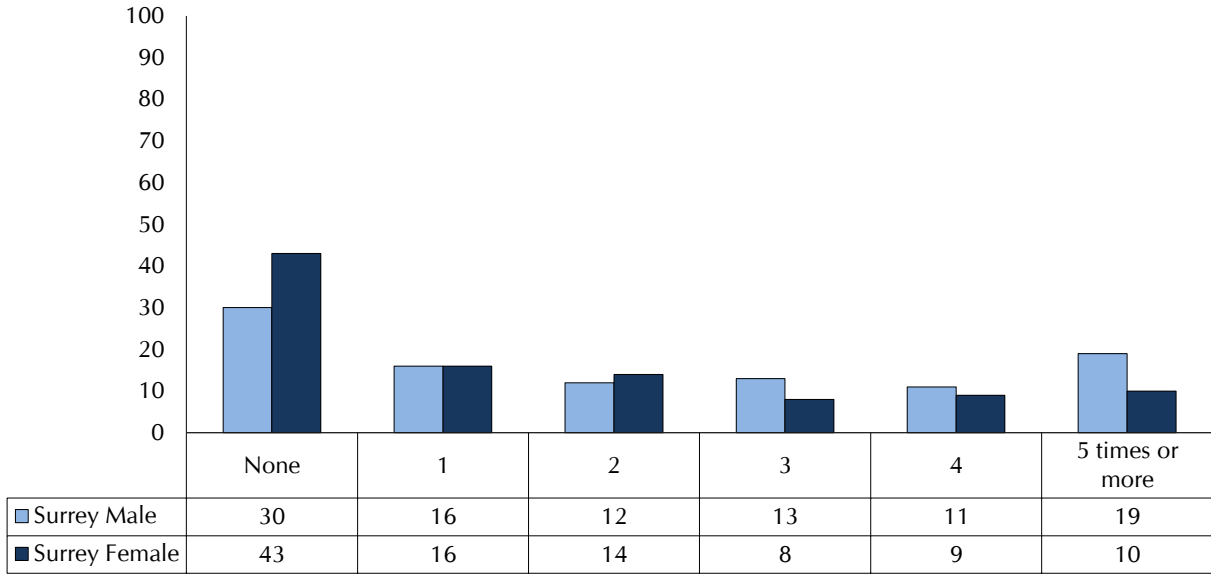
	Surrey	
	Y 8	Y 10
Male	71	66
Female	59	32

34% of pupils responded that their school has helped them to be more healthy, while 34% are 'not sure' if it has.

Q58c. Percentage answering that their school has helped them to be more healthy.

	Surrey	
	Y 8	Y 10
Male	51	36
Female	36	16

Q59a. How many times each week do you go to sports clubs at lunchtime or after school on school days/weekdays?



37% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.

Q59a. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.

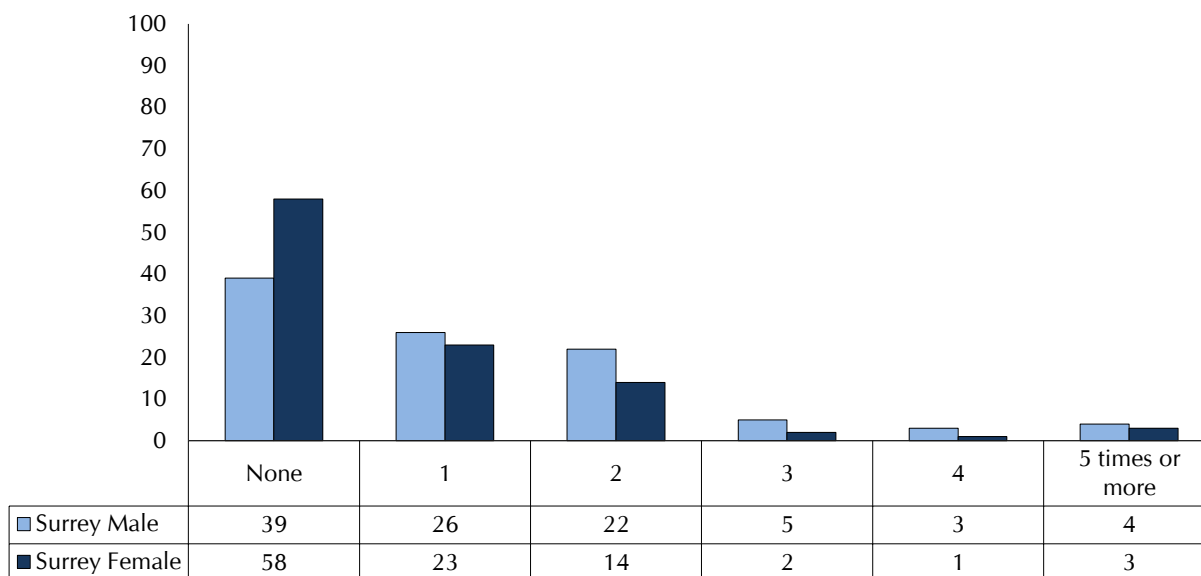
	Surrey	
	Y 8	Y 10
Male	27	31
Female	37	50

35% of pupils responded that they go to sports clubs at least 3 times at lunch time or after school each week.

Q59a. Percentage answering that they go to sports clubs at least 3 times at lunch time or after school each week.

	Surrey	
	Y 8	Y 10
Male	45	41
Female	32	21

Q59b. How many times each week do you go to sports clubs at weekends?



48% of pupils responded that they don't go to any sports clubs at weekends each week.

Q59b. Percentage answering that they don't go to any sports clubs at weekends each week.

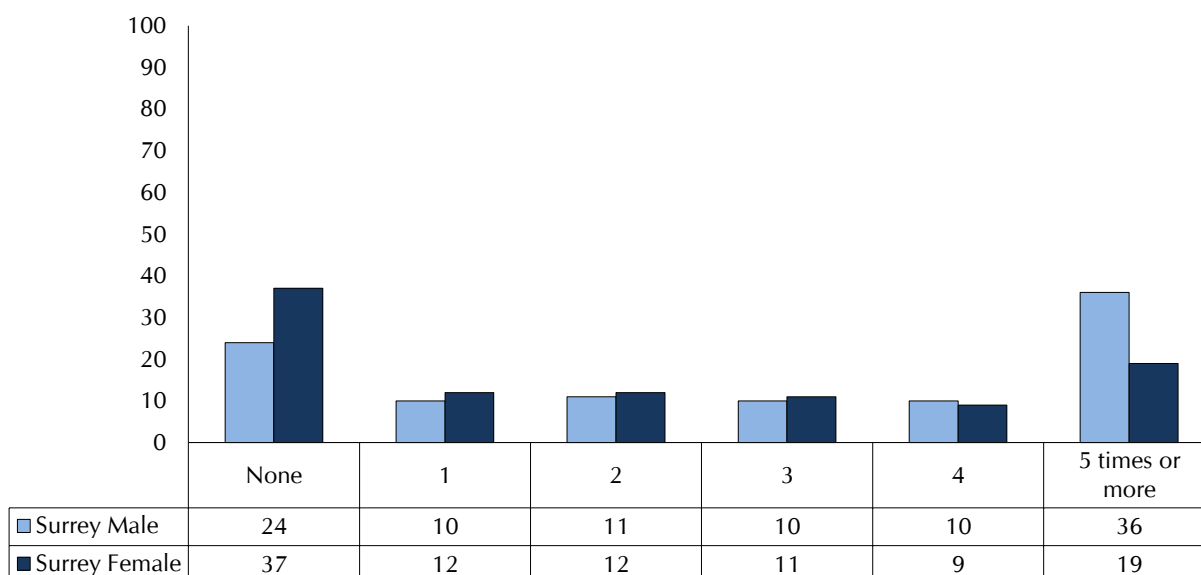
Surrey		
	Y 8	Y 10
Male	40	38
Female	54	61

9% of pupils responded that they go to sports clubs at least 3 times at weekends each week.

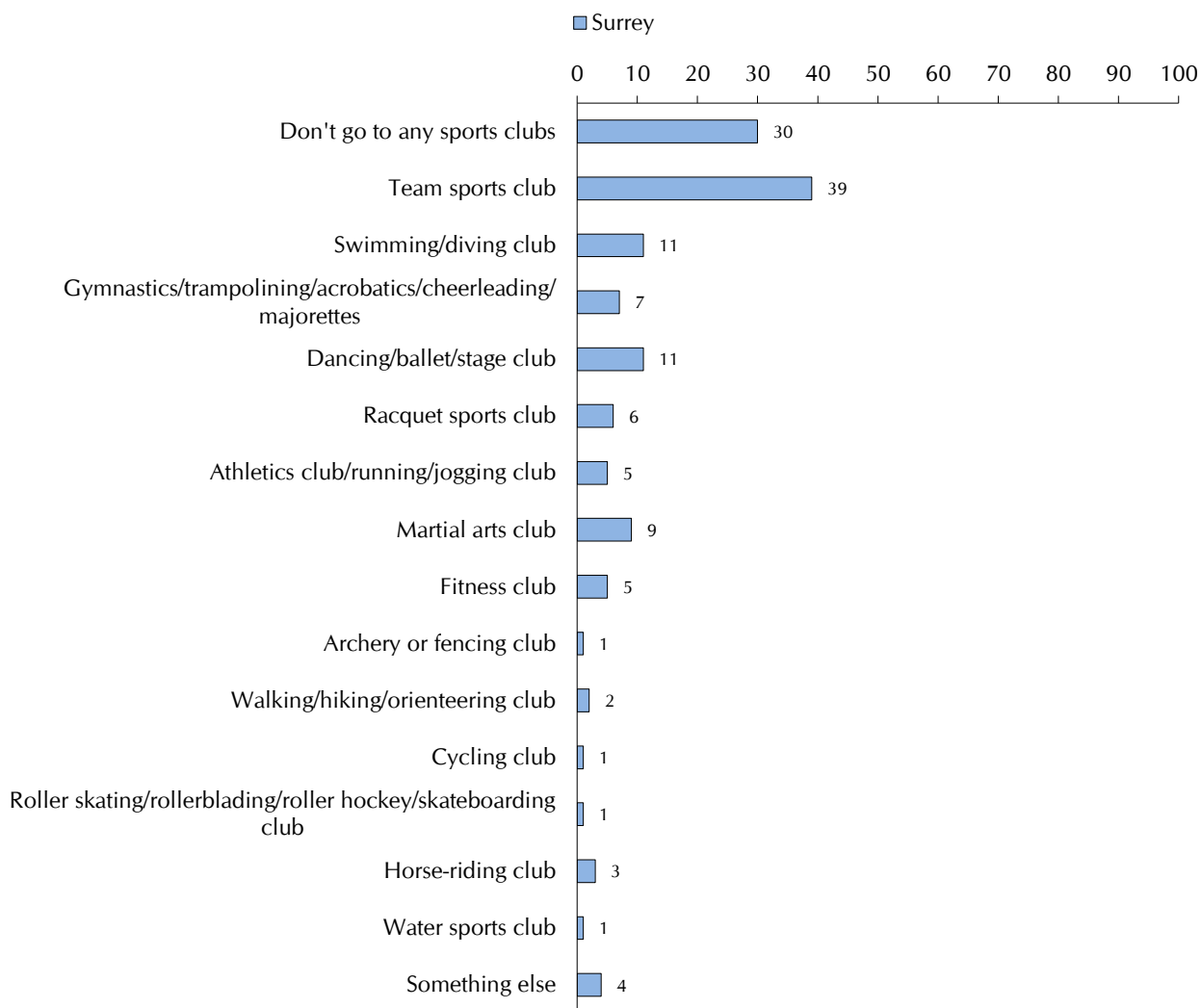
Q59b. Percentage answering that they go to sports clubs at least 3 times at weekends each week.

Surrey		
	Y 8	Y 10
Male	15	11
Female	5	6

Q59. How many times each week do you go to sports clubs [at lunchtime, after school OR at weekends]?



Q59c. Percentage of pupils responding that they do the following clubs:

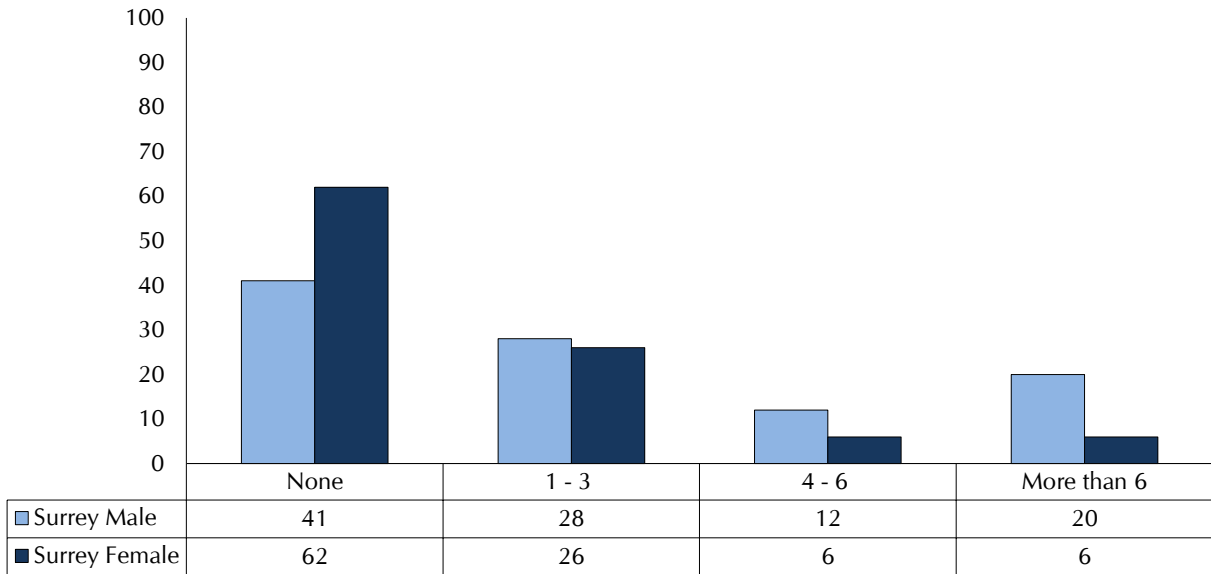


39% of pupils said they go to a team sports club.

Q59c. Percentage of pupils responding that they do the following clubs (top 10):

Male			Female		
1	Team sports club	52	1	Team sports club	27
2	Martial arts club	14	2	Dancing/ballet/stage club	21
3	Swimming/diving club	11	3	Swimming/diving club	12
4	Racquet sports club	9	4	Gymnastics/trampolining/acrobatics/cheerleading/majorettes	12
5	Fitness club	6	5	Athletics club/running/jogging club	6
6	Athletics club/running/jogging club	5	6	Horse-riding club	6
7	Something else	5	7	Martial arts club	5
8	Cycling club	2	8	Racquet sports club	5
9	Gymnastics/trampolining/acrobatics/cheerleading/majorettes	2	9	Something else	4
10	Walking/hiking/orienteering club	2	10	Fitness club	3

Q60. How many games or matches have you played in school this year?



51% of pupils responded that they haven't played any games or matches at their school this year.

Q60. Percentage answering that they haven't played any games or matches at their school this year.

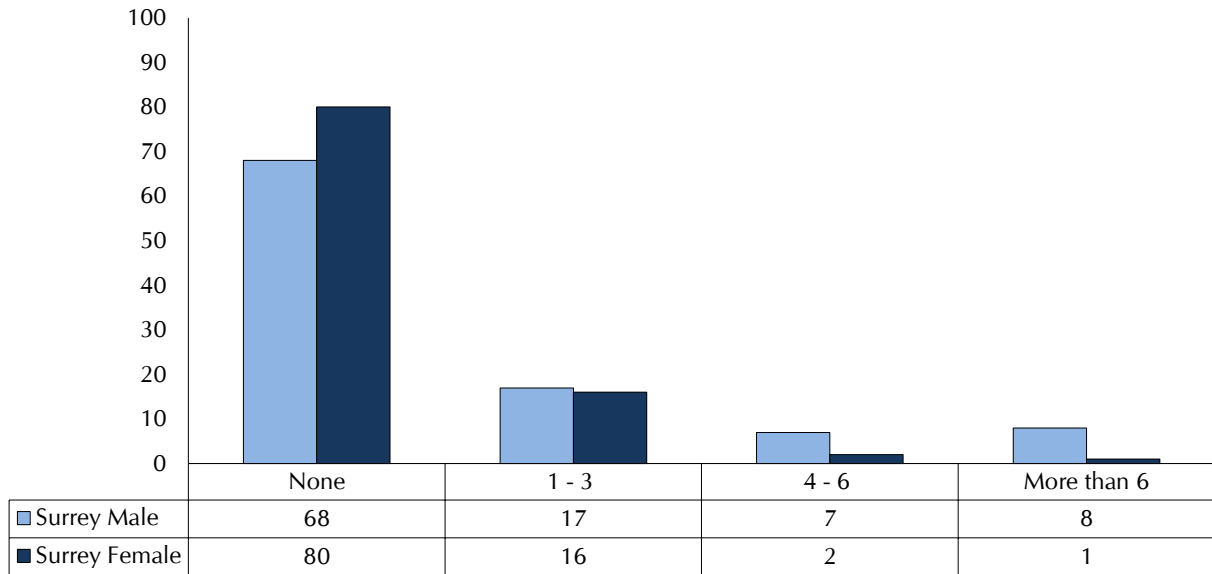
	Surrey	
	Y 8	Y 10
Male	34	47
Female	45	80

23% of pupils responded that they have played at least 4 matches at their school this year.

Q60. Percentage answering that they have played at least 4 matches at their school this year.

	Surrey	
	Y 8	Y 10
Male	31	32
Female	19	5

Q61. How many games or matches have you played against other schools this year?



74% of pupils responded that they haven't played any games or matches against other schools this year.

Q61. Percentage answering that they haven't played any games or matches against other schools this year.

	Surrey	
	Y 8	Y 10
Male	67	69
Female	73	88

9% of pupils responded that they have played at least 4 matches against other schools this year.

Q61. Percentage answering that they have played at least 4 matches against other schools this year.

	Surrey	
	Y 8	Y 10
Male	13	16
Female	6	1

14% of pupils responded that they currently take part in sports volunteering or sports leadership.

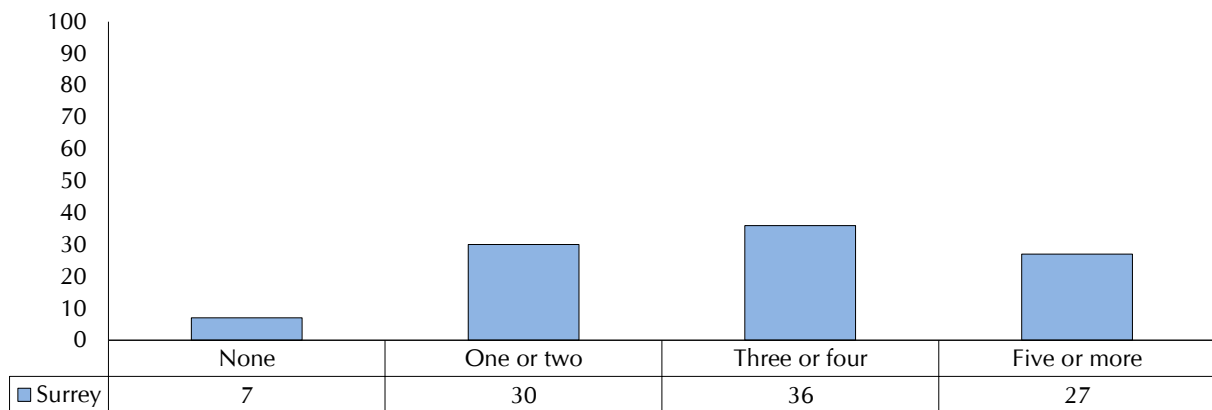
Q62. Percentage answering that they currently take part in sports volunteering or sports leadership.

	Surrey	
	Y 8	Y 10
Male	23	13
Female	12	11

Exercise

Q63. On how many days did you do any physical activity in the last 7 days?

Surrey



4% of males and 10% of females responded that they didn't do any physical activity in the week before the survey.

Q63. Percentage answering that they didn't do any physical activity in the week before the survey.

Surrey

	Y 8	Y 10
Male	3	5
Female	7	13

29% of males and 25% of females responded that they did physical activity on five days or more in the week before the survey.

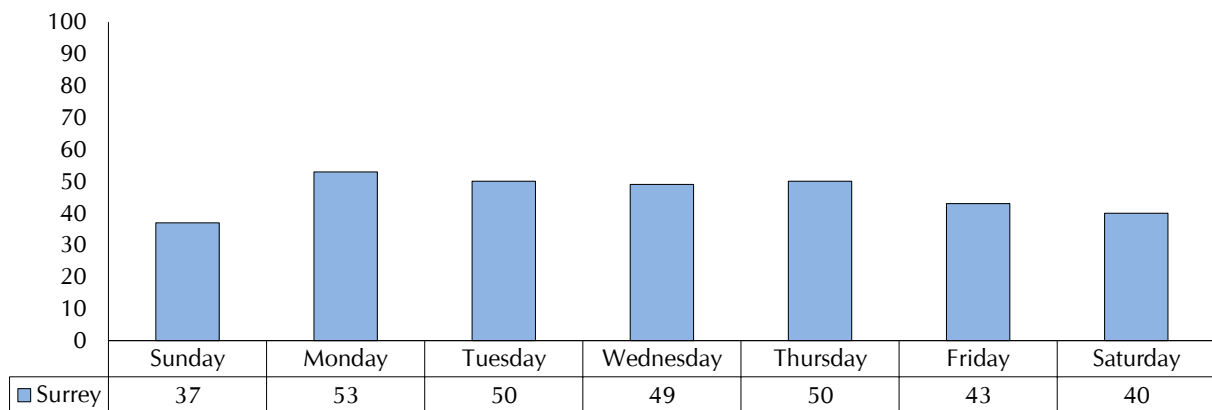
Q63. Percentage answering that they did physical activity on five days or more in the week before the survey.

Surrey

	Y 8	Y 10
Male	31	28
Female	30	19

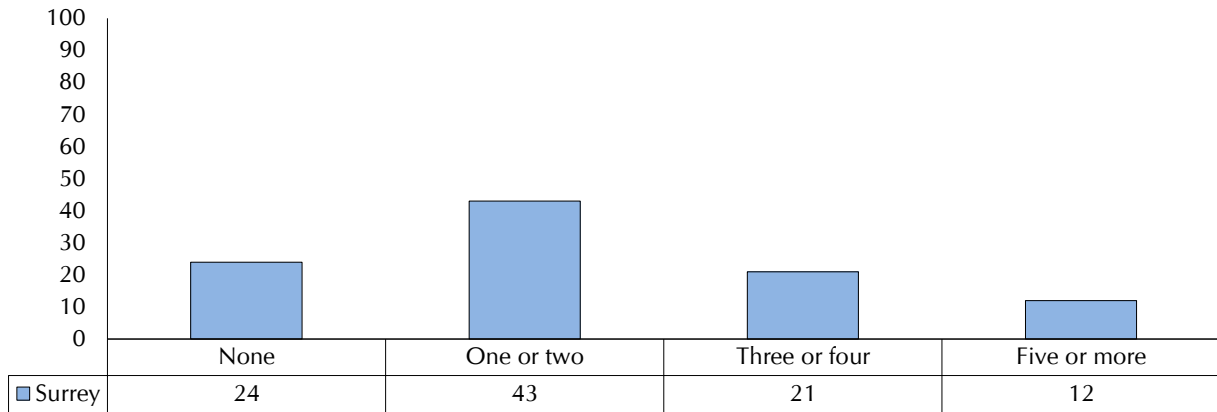
Q63. On which days did you do any physical activity in the last 7 days?

Surrey



Q64. On how many days did you breathe harder or faster, or get warmer, while doing physical activity, in the last 7 days?

Surrey



24% of pupils responded that they didn't do any physical activity that caused them to breathe harder or faster, or get warmer, in the week before the survey.

Q64. Percentage answering that they didn't do any physical activity that caused them to breathe harder or faster, or get warmer, in the week before the survey.

	Surrey	
	Y 8	Y 10
Male	19	20
Female	22	34

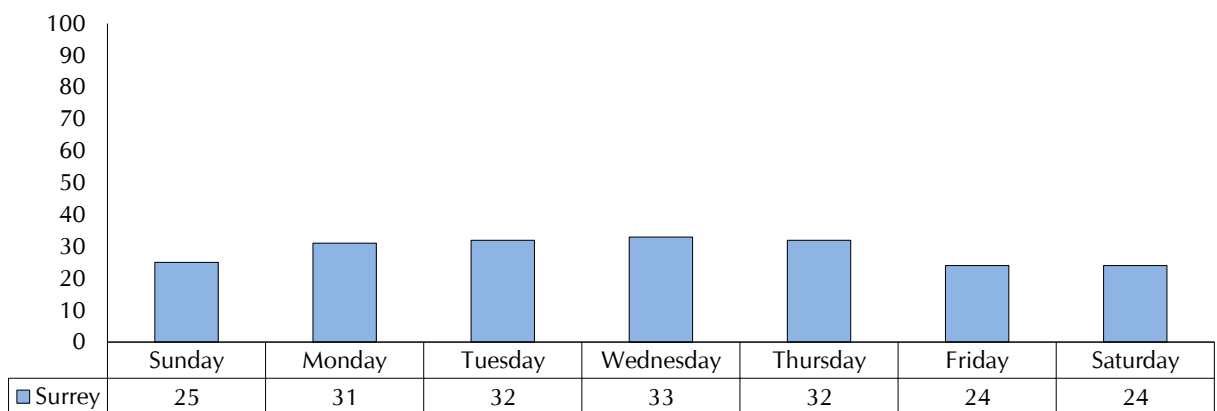
12% of pupils responded that they did physical activity that caused them to breathe harder or faster, or get warmer, on at least 5 days in the week before the survey.

Q64. Percentage answering that they did physical activity that caused them to breathe harder or faster, or get warmer, on at least 5 days in the week before the survey.

	Surrey	
	Y 8	Y 10
Male	16	13
Female	9	10

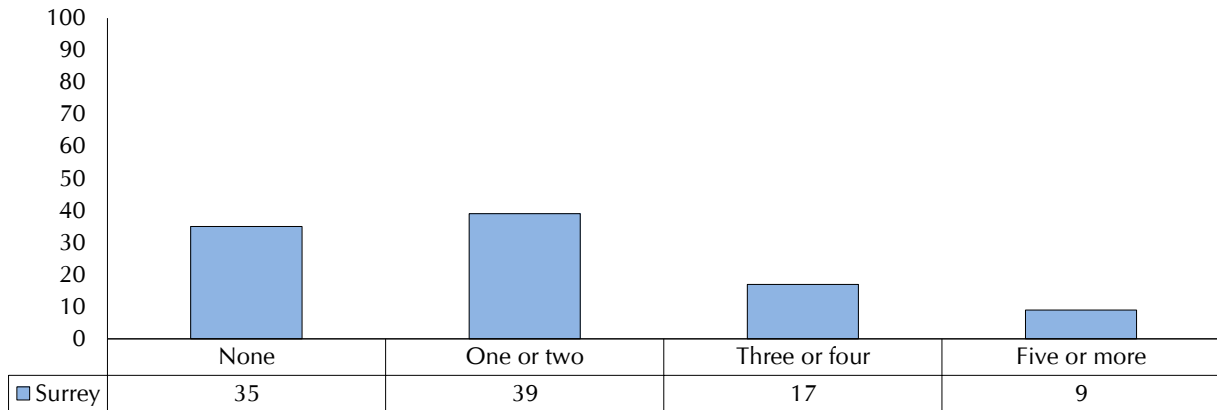
Q64. On which days did you breathe harder or faster, or get warmer, while doing physical activity, in the last 7 days?

Surrey



Q65. On how many days did you breathe harder or faster, or get warmer, while doing physical activity for an hour or more, in the last 7 days?

Surrey



35% of pupils responded that they didn't do any physical activity for an hour or more that caused them to breathe harder or faster, or get warmer, on any day in the week before the survey.

Q65. Percentage answering that they didn't do any physical activity for an hour or more that caused them to breathe harder or faster, or get warmer, on any day in the week before the survey.

	Surrey	
	Y 8	Y 10
Male	29	29
Female	38	43

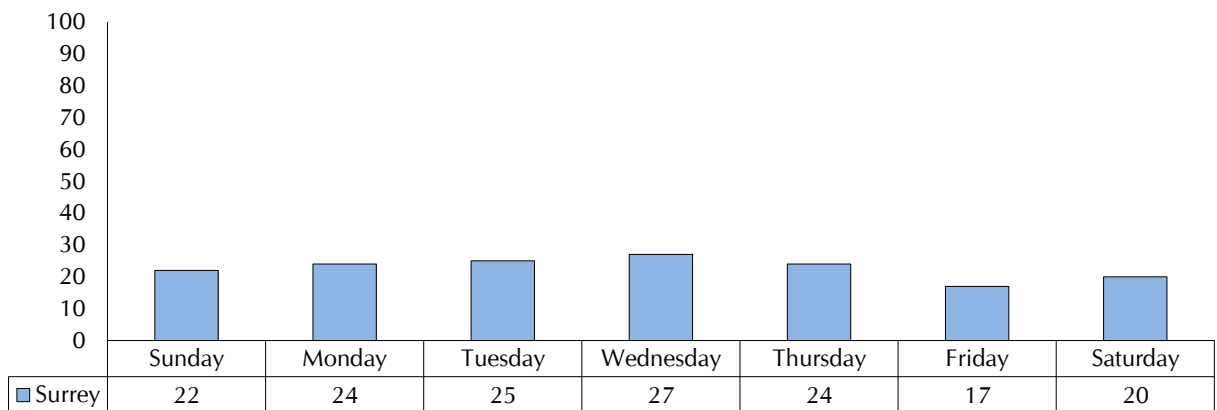
9% of pupils responded that they did physical activity for an hour or more that caused them to breathe harder or faster, or get warmer, on at least 5 days in the week before the survey.

Q65. Percentage answering that they did physical activity for an hour or more that caused them to breathe harder or faster, or get warmer, on at least 5 days in the week before the survey.

	Surrey	
	Y 8	Y 10
Male	13	10
Female	5	6

Q65. On which days did you breathe harder or faster, or get warmer, while doing physical activity for an hour or more, in the last 7 days?

Surrey



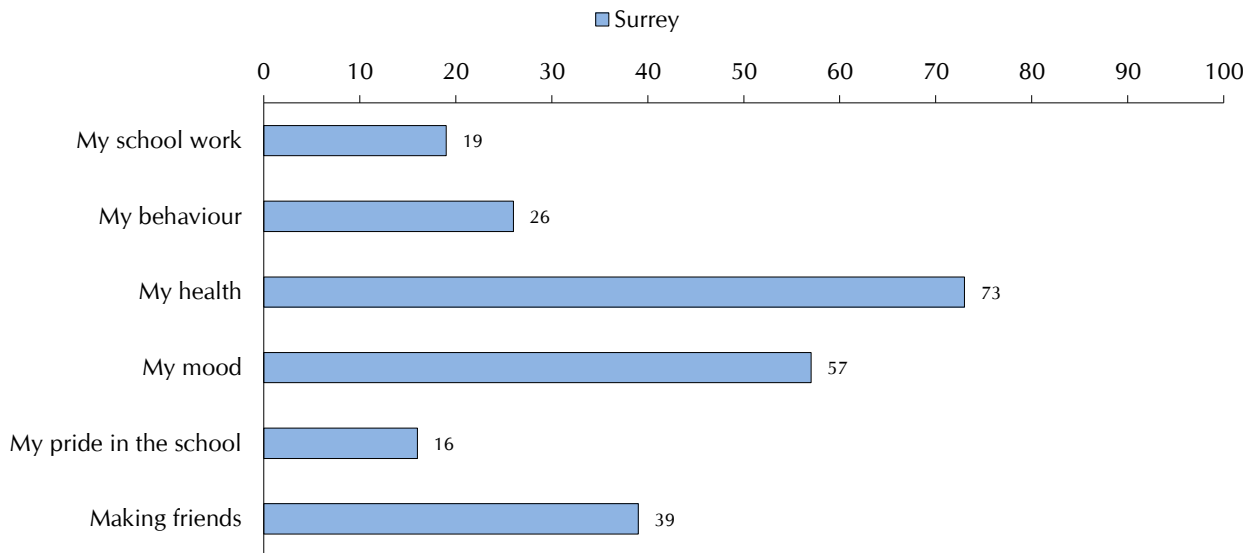
81% of pupils responded that their week's pattern of activity was usual, while 9% said it was more active than usual and 10% said it was less active than usual.

Q66. Percentage answering that their week's pattern of activity was usual.

	Surrey	
	Y 8	Y 10
Male	83	82
Female	82	78

57% of pupils think doing PE, sport and other physical activities helps them with their mood and 26% think it helps with their behaviour.

Q67. Percentage of pupils responding that they think doing PE, sport and other physical activities helps with the following:



Q67. Percentage of pupils responding that they think doing PE, sport and other physical activities helps with the following:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
My school work	26	13	26	11	19
My behaviour	36	20	35	14	26
My health	78	68	80	68	73
My mood	62	48	69	46	57
My pride in the school	25	10	25	5	16
Making friends	47	37	42	31	39

Q68. Percentage of pupils agreeing with the following statements:



73% of pupils agreed that they enjoy taking part in exercise and sports and 50% feel confident when they exercise and play sports.

Q68. Percentage of pupils agreeing with the following statements:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I enjoy taking part in exercise and sports	84	60	89	57	73
I feel confident when I exercise and play sports	66	36	67	32	50
I find exercise and sports easy	47	35	55	29	42
I understand why exercise and sports are good for me	93	84	93	86	89
I know how to get involved and improve my skills in lots of different types of exercise and sports	75	57	79	53	66

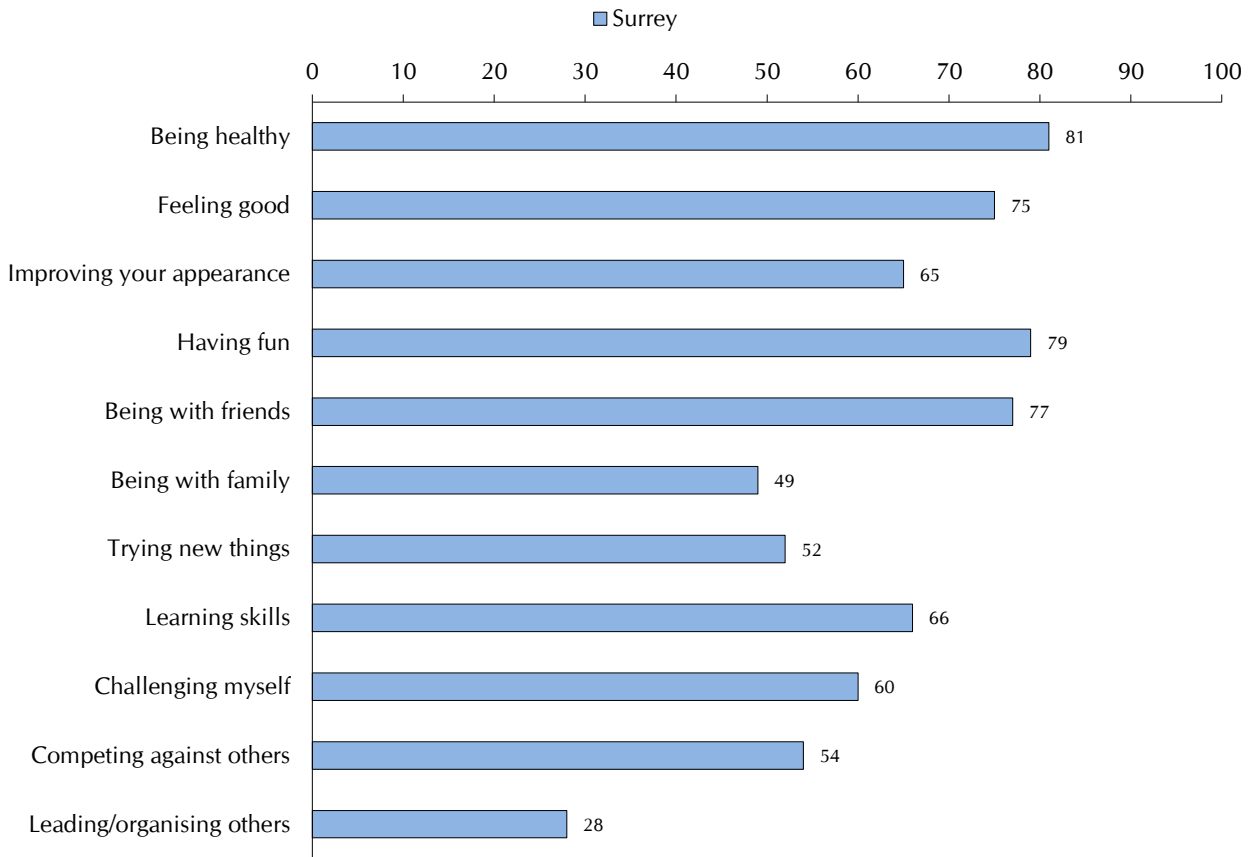
12% of males and 25% of females said they don't find exercise and sport easy.

Q68. Percentage of pupils disagreeing with the following statements:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I enjoy taking part in exercise and sports	4	13	4	18	10
I feel confident when I exercise and play sports	8	28	9	33	20
I find exercise and sports easy	11	24	13	25	18
I understand why exercise and sports are good for me	1	3	3	5	3
I know how to get involved and improve my skills in lots of different types of exercise and sports	4	12	5	14	9

81% of pupils said being healthy makes them want to be physically active and 79% said having fun does.

Q69. Percentage of responding that the following things make them want to be physically active:



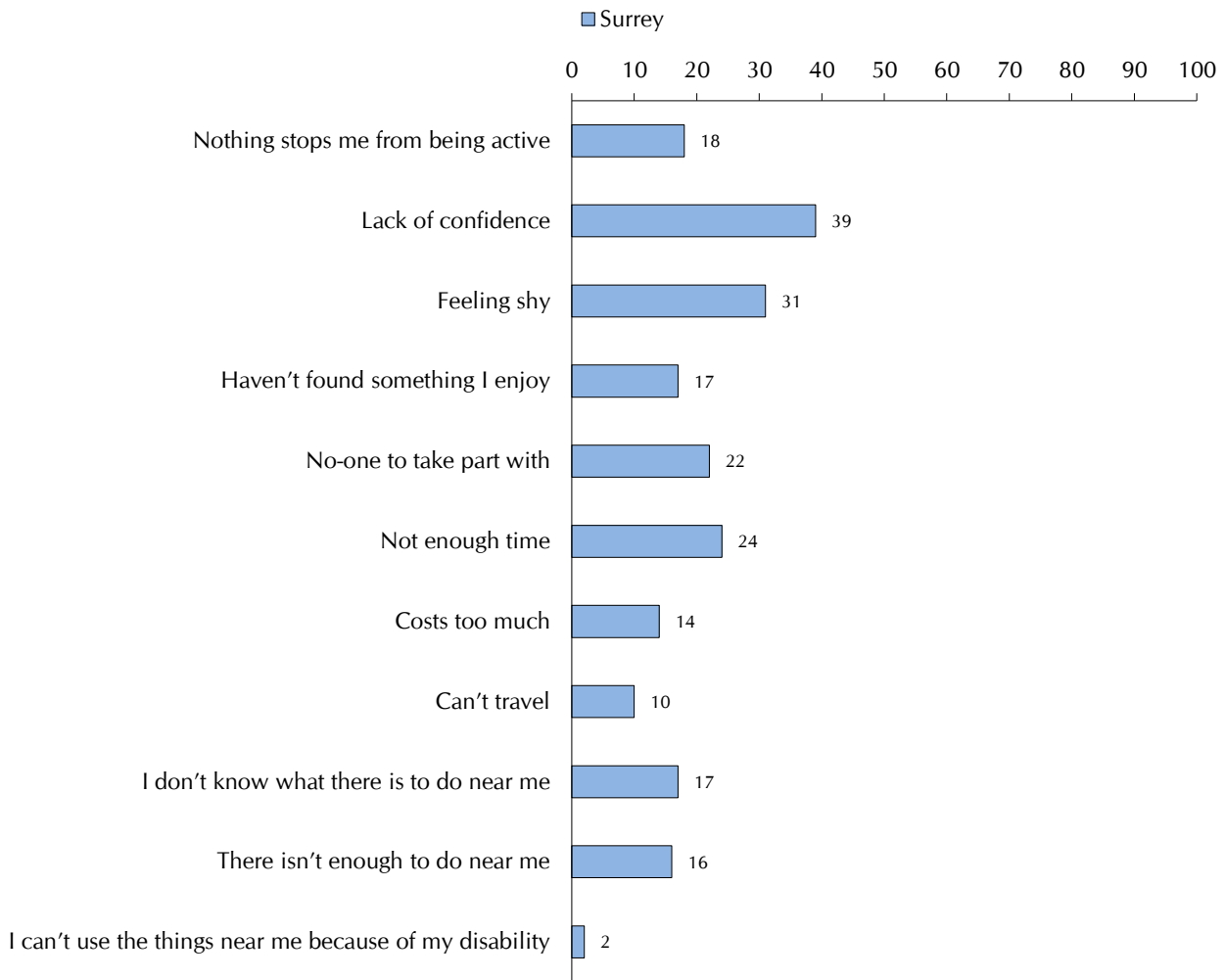
61% of males and 68% of females said improving their appearance makes them want to be physically active.

Q69. Percentage of responding that the following things make them want to be physically active:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Being healthy	81	83	78	83	81
Feeling good	84	70	79	68	75
Improving your appearance	54	58	65	79	65
Having fun	91	77	85	66	79
Being with friends	87	74	78	72	77
Being with family	66	43	50	39	49
Trying new things	62	52	54	43	52
Learning skills	74	66	68	57	66
Challenging myself	71	55	67	50	60
Competing against others	72	45	66	37	54
Leading/organising others	32	27	31	21	28

18% of pupils said nothing stops them from being physically active.

Q70. Percentage of pupils responding that the following stops them from being physically active:



39% of pupils said a lack of confidence stops them from being physically active.

Q70. Percentage of pupils responding that the following stops them from being physically active:

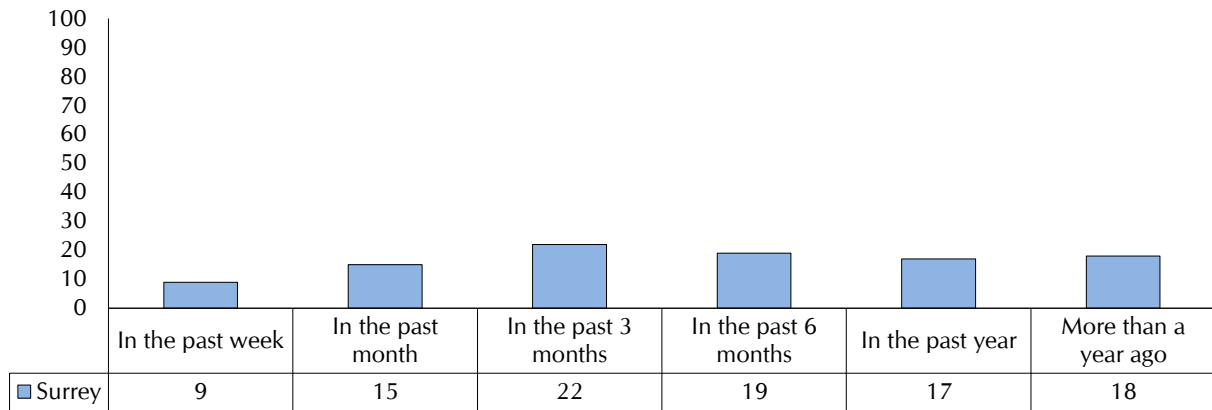
Male			Female		
1	Lack of confidence	26	1	Lack of confidence	50
2	Nothing stops me from being active	25	2	Feeling shy	42
3	Not enough time	21	3	Not enough time	28
4	Feeling shy	20	4	No-one to take part with	27
5	I don't know what there is to do near me	16	5	Haven't found something I enjoy	25
6	No-one to take part with	15	6	I don't know what there is to do near me	17
7	There isn't enough to do near me	15	7	Costs too much	17
8	Costs too much	12	8	There isn't enough to do near me	15
9	Can't travel	11	9	Nothing stops me from being active	10
10	Haven't found something I enjoy	9	10	Can't travel	9
11	I can't use the things near me because of my disability	1	11	I can't use the things near me because of my disability	1

Health Services

Doctor

Q71. How long ago did you last visit the doctor?

Surrey



66% of pupils responded that they last visited the doctor in the last 6 months.

Q71. Percentage answering that they last visited the doctor in the last 6 months.

Surrey

	Y 8	Y 10
Male	61	67
Female	71	63

18% of pupils responded that they last visited the doctor more than a year ago.

Q71. Percentage answering that they last visited the doctor more than a year ago.

Surrey

	Y 8	Y 10
Male	18	15
Female	16	23

23% of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.

Q72. Percentage answering that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.

Surrey

	Y 8	Y 10
Male	19	12
Female	28	31

18% of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

Q72. Percentage answering that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

Surrey

	Y 8	Y 10
Male	21	20
Female	15	15

At school

29% of pupils responded that there is a health clinic in their school, while 54% said they are 'not sure' if there is.

36% of pupils responded that they know who their School Nurse is, while 5% said they don't have one.

52% of pupils responded that they know how to get to see their School Nurse, while 20% said that they do not know.

Q73. Percentage answering that there is a health clinic in their school.

	Surrey	
	Y 8	Y 10
Male	31	29
Female	30	24

Q74. Percentage answering that they know who their School Nurse is.

	Surrey	
	Y 8	Y 10
Male	30	39
Female	31	42

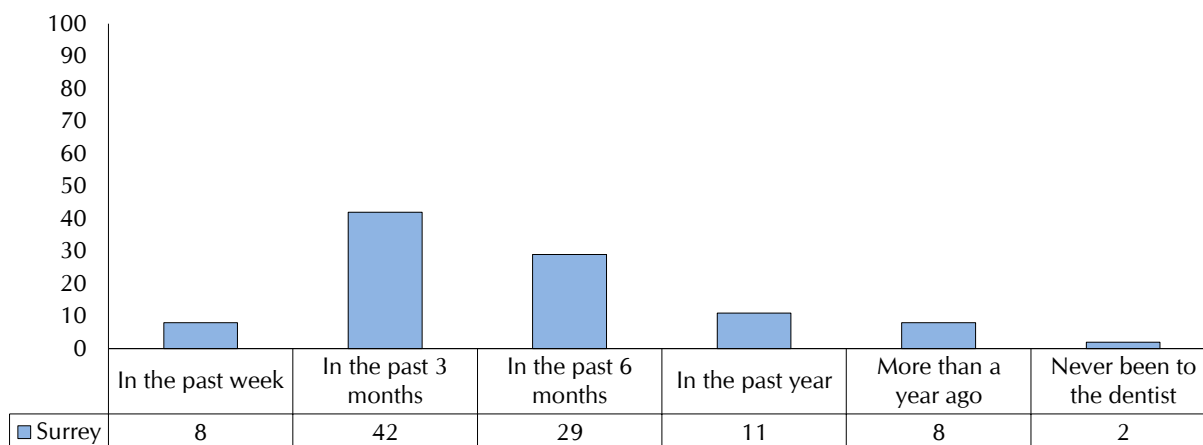
Q75. Percentage answering that they know how to get to see their School Nurse.

	Surrey	
	Y 8	Y 10
Male	48	56
Female	48	56

Dental health

Q76. How long ago did you last visit the dentist?

Surrey



79% of pupils responded that they visited the dentist in the last 6 months.

Q76. Percentage answering that they visited the dentist in the last 6 months.

	Surrey	
	Y 8	Y 10
Male	72	82
Female	81	81

8% of pupils responded that they last visited the dentist more than a year ago and 2% said they have never been.

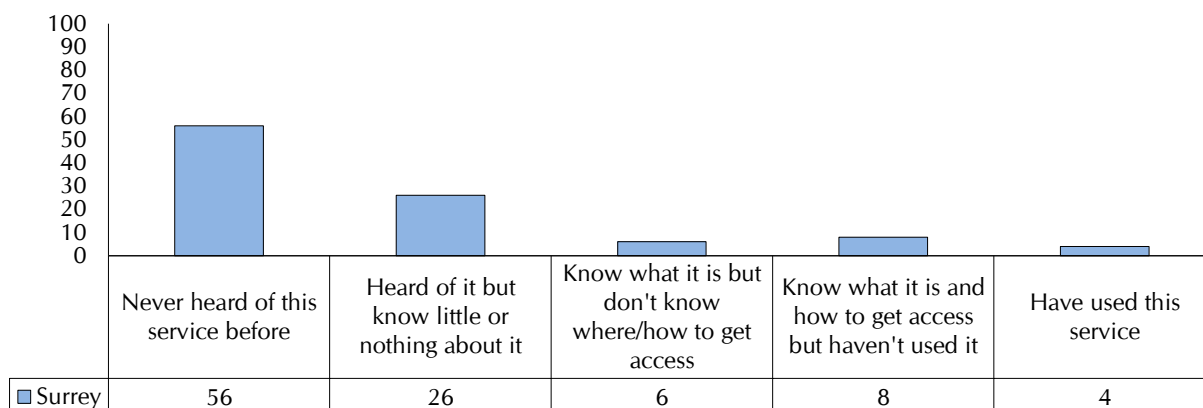
Q76. Percentage answering that they last visited the dentist more than a year ago.

	Surrey	
	Y 8	Y 10
Male	8	8
Female	6	9

Support services

Q77. What do you know about the service MindWorks?

Surrey



56% of pupils said they have 'never heard of' the service MindWorks, while 26% said they have heard of it, but know nothing about it.

Q77. Percentage answering that they have 'never heard of' the service MindWorks.

Surrey

Y 8 Y 10

Male 61 63

Female 46 53

6% of pupils said they know about the service MindWorks, but don't know how to get access.

Q77. Percentage answering that they know about the service MindWorks, but don't know how to get access.

Surrey

Y 8 Y 10

Male 6 6

Female 7 6

13% of pupils said they know about the service MindWorks and know how to get access; 4% said they have used the service.

Q77. Percentage answering that they know about the service MindWorks and know how to get access.

Surrey

Y 8 Y 10

Male 10 10

Female 14 16

32% of pupils said they would like to hear about support available to them through tutor time and 30% would like to hear about it in school assemblies.

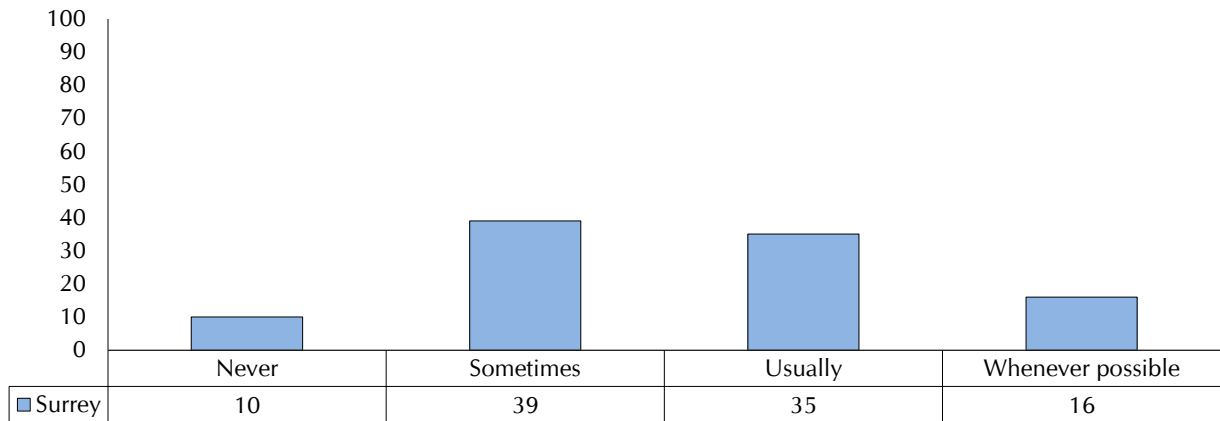
Q78. Percentage of responding that they would like to hear about support available to them through the following:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Tutor time	36	38	26	29	32
School assemblies	29	35	30	29	30
Leaflets or wallet cards	8	11	6	11	9
QR codes	4	7	2	6	4
Internet search	20	23	19	29	22
None of these	34	25	43	31	34

Sun safety

Q18. Do you do anything to avoid sunburn?

Surrey



10% of pupils responded that they 'never' do anything to avoid sunburn.

Q18. Percentage answering that they 'never' do anything to avoid sunburn.

Surrey

	Y 8	Y 10
Male	8	12
Female	6	14

51% of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Q18. Percentage answering that they 'usually' or 'whenever possible' do something to avoid sunburn.

Surrey

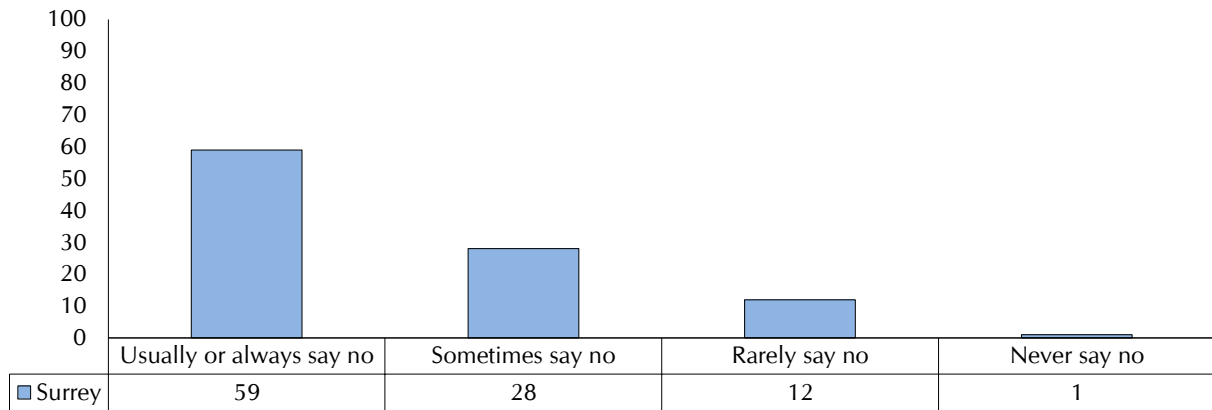
	Y 8	Y 10
Male	53	38
Female	66	48

Staying Safe

Peer pressure

Q79. When a friend wants me to do something I don't want to do, I can...:

Surrey



59% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q79. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

	Surrey	
	Y 8	Y 10
Male	62	68
Female	52	51

13% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

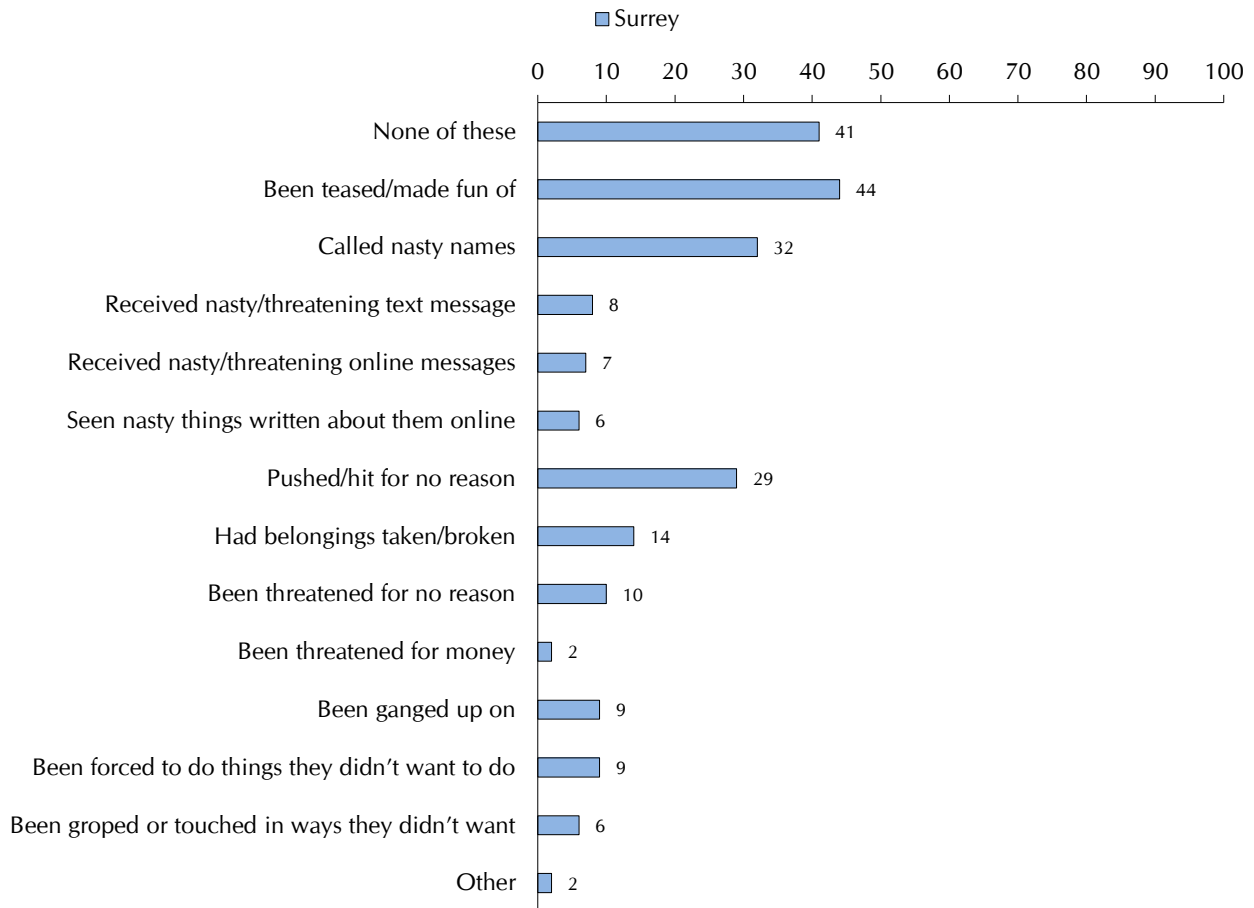
Q79. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	Surrey	
	Y 8	Y 10
Male	13	9
Female	17	13

Bullying

44% of pupils responded that they have been teased/made fun of in the month before the survey.

Q80. Percentage of pupils responding that they experienced the following in the month before the survey:



29% of pupils responded that they were pushed/hit for no reason in the month before the survey and 14% said they have had belongings taken/broken. 41% said none of the behaviours listed happened.

Q80. Percentage of pupils responding that they experienced the following in the month before the survey (top 10):

Male			Female		
1	Been teased/made fun of	40	1	Been teased/made fun of	47
2	Pushed/hit for no reason	30	2	Called nasty names	38
3	Called nasty names	26	3	Pushed/hit for no reason	28
4	Had belongings taken/broken	14	4	Had belongings taken/broken	14
5	Been threatened for no reason	8	5	Been threatened for no reason	11
6	Been ganged up on	8	6	Been forced to do things they didn't want to do	10
7	Been groped or touched in ways they didn't want	7	7	Been ganged up on	10
8	Been forced to do things they didn't want to do	7	8	Received nasty/threatening text message	10
9	Received nasty/threatening online messages	5	9	Seen nasty things written about them online	9
10	Received nasty/threatening text message	5	10	Received nasty/threatening online messages	8

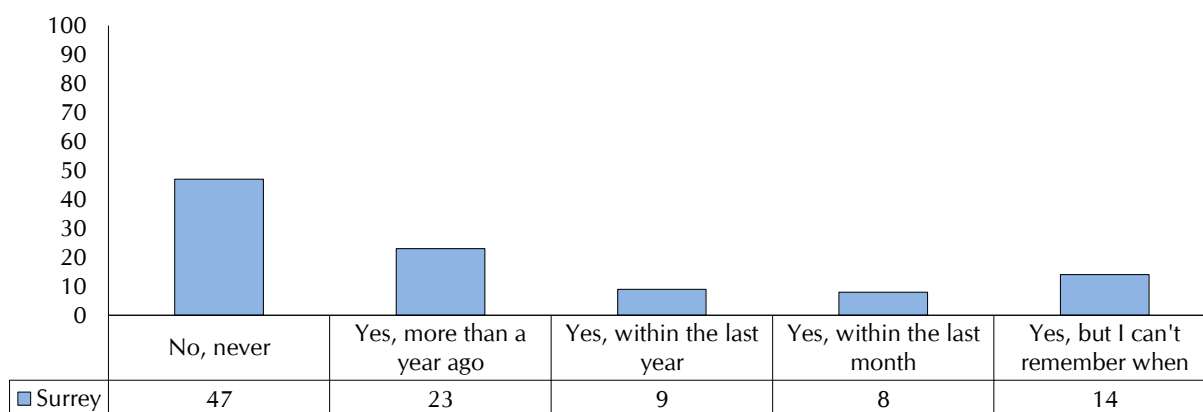
26% of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 21% said they experienced it in a classroom during breaktimes.

Q81. Percentage of pupils responding that they have experienced negative behaviour at the following places in the month before the survey (top 5):

Male			Female		
1	Outside at school (breaktimes)	27	1	During lesson time	25
2	In a classroom (breaktimes)	19	2	Outside at school (breaktimes)	23
3	During lesson time	16	3	In the corridors	23
4	In the corridors	14	4	In a classroom (breaktimes)	22
5	On the way to or from school	7	5	On the way to or from school	8

Q82. Have you ever been bullied?

Surrey



16% of pupils said they have been bullied within the last year (incl. in the last month); 8% said they have been bullied within the last month.

Q82. Percentage answering that they have been bullied within the last year (incl. in the last month).

Surrey		
	Y 8	Y 10
Male	21	6
Female	19	19

8% of pupils responded that they were bullied in the last year and told their Mum or Dad/carer, while 6% said they told a teacher or other staff at school.

Q83. Percentage of pupils responding that they were bullied in the last year and told the following people about it (top 5):

Male			Female		
1	Mum or Dad/carer	6	1	Mum or Dad/carer	9
2	Teacher or other staff at school	5	2	Teacher or other staff at school	7
3	Friend	4	3	Friend	6
4	No one	3	4	No one	4
5	Brother or sister	2	5	Brother or sister	3

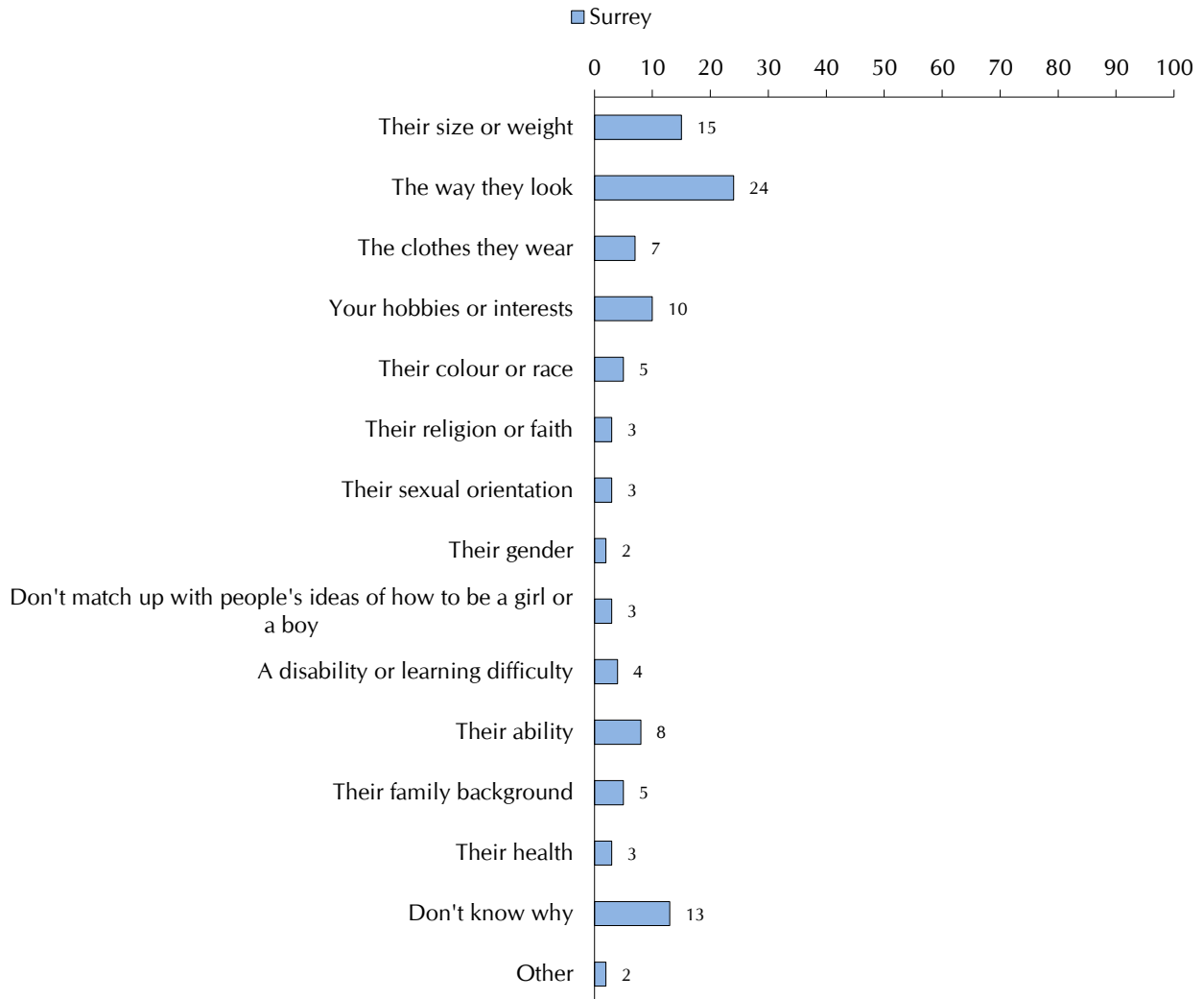
3% of pupils responded that the bullying problem stopped after telling someone, while 6% said it didn't stop.

This works out as 23% of those pupils who have told someone responding that the bullying problem stopped after doing so; 52% of these pupils said it didn't stop.

Q84. Percentage answering that the bullying problem stopped after telling someone.

Surrey		
	Y 8	Y 10
Male	5	1
Female	4	2

Q85. Do you think you have been picked on or bullied for any of the following?



9% of males and 21% of females think they have been picked on or bullied because of their size or weight.

Q85. Percentage answering that they think they have been picked on or bullied because of their size or weight.

	Surrey	
	Y 8	Y 10
Male	14	5
Female	18	25

16% of males and 33% of females think they have been picked on or bullied because of the way they look.

Q85. Percentage answering that they think they have been picked on or bullied because of the way they look.

	Surrey	
	Y 8	Y 10
Male	18	14
Female	31	34

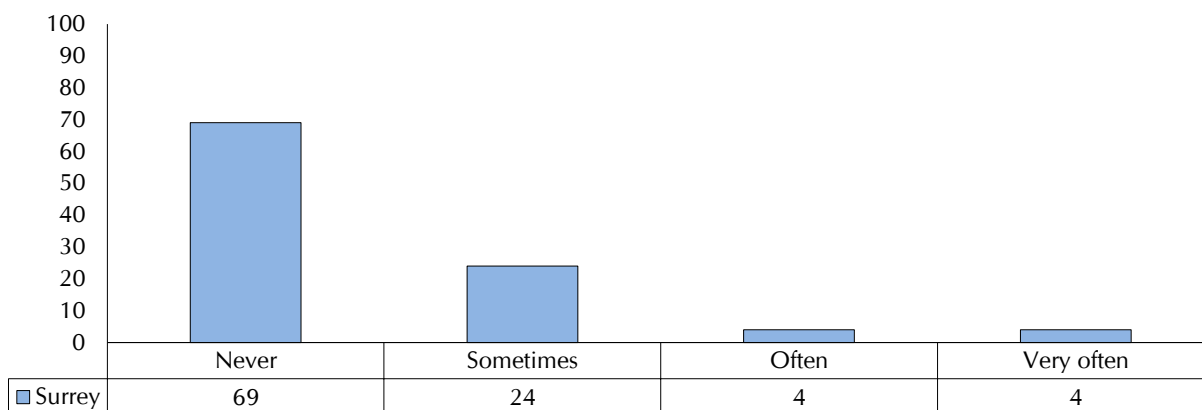
16% of pupils responded that they have been bullied at or near school in the last 12 months, while 8% said they 'don't know' if they have been.

Q86. Percentage answering that they have been bullied at or near school in the last 12 months.

	Surrey	
	Y 8	Y 10
Male	23	8
Female	17	15

Q87. Do you ever feel afraid of going to school because of bullying?

Surrey



31% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.

Q87. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

	Surrey	
	Y 8	Y 10
Male	26	15
Female	40	44

7% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

Q87. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

	Surrey	
	Y 8	Y 10
Male	5	3
Female	10	10

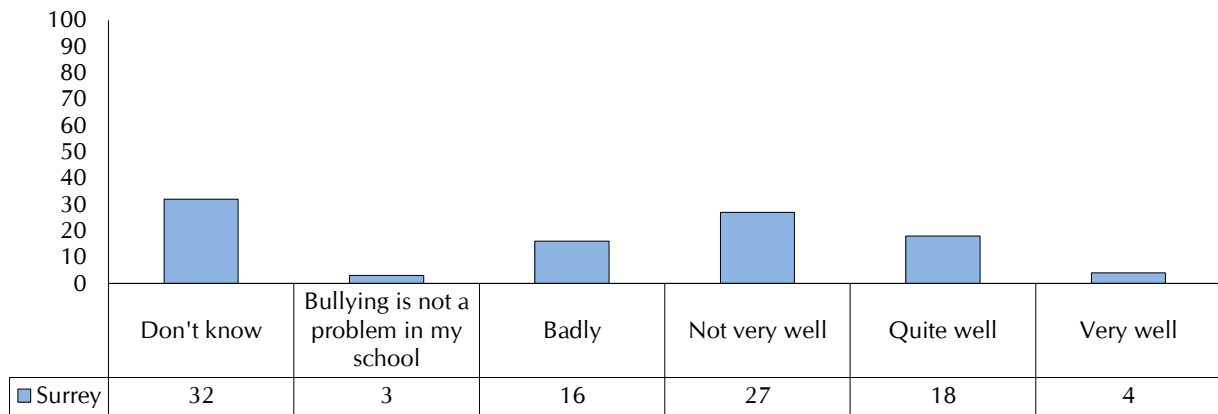
14% of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 23% said they 'don't know' if they have.

Q88. Percentage answering that they have deliberately upset or hurt someone else at school in the last 12 months.

	Surrey	
	Y 8	Y 10
Male	11	18
Female	8	15

Q89. How well does your school deal with bullying?

Surrey



16% of pupils responded that their school deals with bullying 'badly', while 3% said that bullying is not a problem in their school.

Q89. Percentage answering that their school deals with bullying 'badly'.

	Surrey	
	Y 8	Y 10
Male	16	20
Female	6	23

22% of pupils responded that their school deals with bullying 'quite' or 'very' well.

Q89. Percentage answering that their school deals with bullying 'quite' or 'very' well.

	Surrey	
	Y 8	Y 10
Male	30	20
Female	30	11

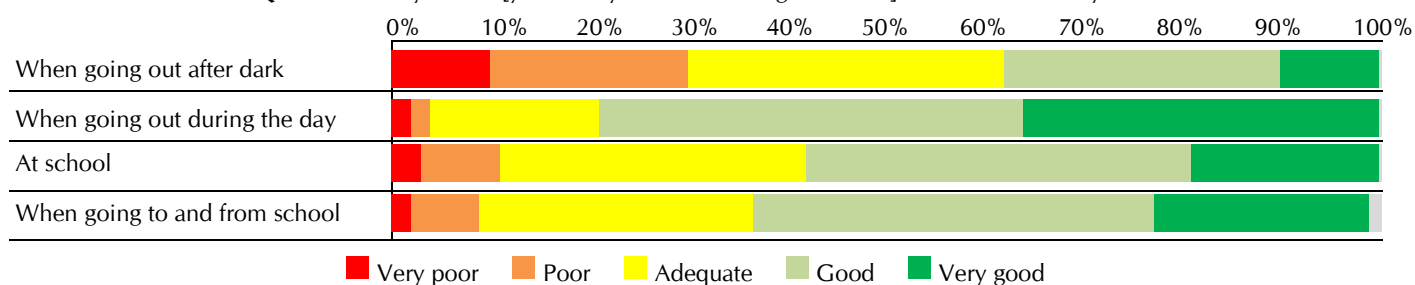
36% of pupils responded that they think their school takes bullying seriously, while 41% said they 'don't know' if it does.

Q90. Percentage answering that they think their school takes bullying seriously.

	Surrey	
	Y 8	Y 10
Male	54	36
Female	35	22

Local area

Q91. How do you rate [your safety in the following situations] in the area where you live?



58% of pupils rated their safety at school as 'good' or 'very good'; 38% said the same of going out after dark.

Q91. Percentage of pupils rating their safety as 'good' or 'very good' in the following circumstances:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Going out after dark	50	29	43	32	38
Going out during the day	83	78	83	74	79
At school	60	60	63	50	58
Going to and from school	68	60	72	53	63

30% of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 11% said the same of being at school.

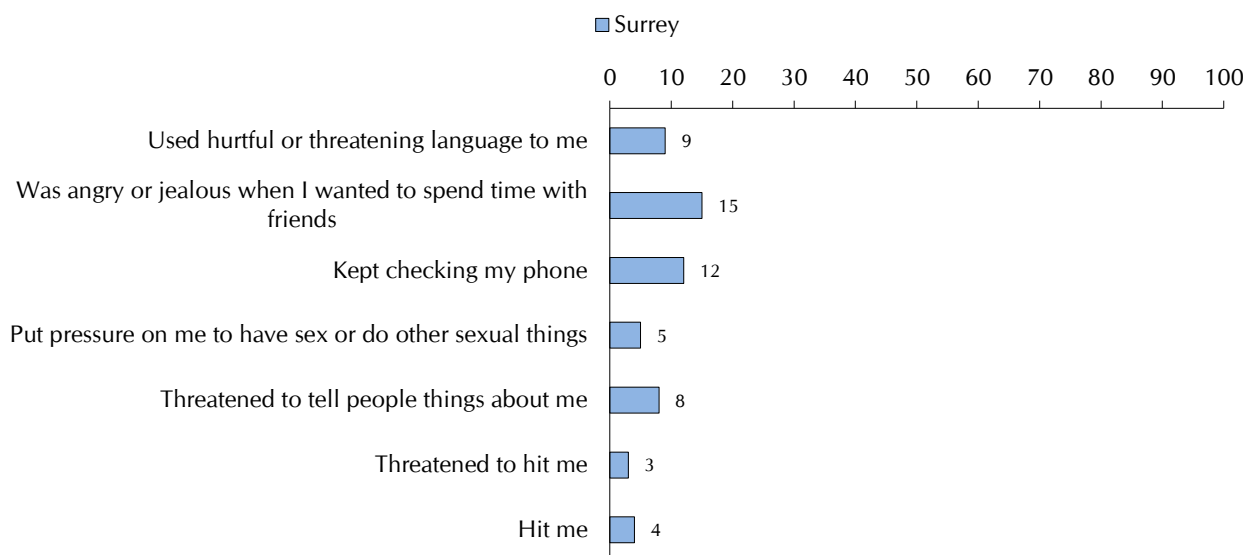
Q91. Percentage of pupils rating their safety as 'poor' or 'very poor' in the following circumstances:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Going out after dark	24	30	24	38	30
Going out during the day	3	4	3	5	4
At school	11	9	10	12	11
Going to and from school	12	8	5	10	9

Relationships

25% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

Q92. Percentage of pupils responding that they experienced the following in a relationship with a past or current partner:



1% of males and 7% of females said a boyfriend or girlfriend has put pressure on them to have sex or do other sexual things.

Q92. Have any of these things happened to you in a relationship with a boyfriend/girlfriend?

	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Male			
Used hurtful or threatening language to me	93	6	1
Was angry or jealous when I wanted to spend time with friends	86	11	2
Kept checking my phone	87	10	2
Put pressure on me to have sex or do other sexual things	98	1	0
Threatened to tell people things about me	94	6	0
Threatened to hit me	97	2	0
Hit me	94	4	1
Female			
Used hurtful or threatening language to me	91	9	1
Was angry or jealous when I wanted to spend time with friends	85	13	1
Kept checking my phone	89	10	1
Put pressure on me to have sex or do other sexual things	93	7	0
Threatened to tell people things about me	91	9	0
Threatened to hit me	97	2	0
Hit me	96	3	0

E-safety

86% of pupils responded that they have chatted on the internet.

Q93a(i). Percentage answering that they have chatted on the internet.

	Surrey	
	Y 8	Y 10
Male	86	91
Female	81	83

55% of pupils responded that they chat to friends of friends on the internet, while 29% said they chat to other people who they don't know in real life.

Q93a(ii)-(v). Percentage of pupils responding 'yes' to the following questions about chatting on the internet:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Do you video chat (e.g. Skype, Facetime)?	68	72	78	72	73
Do you chat to just your friends or family that you know in real life?	73	71	71	59	69
Do you chat to friends of friends?	54	45	59	60	55
Do you chat to other people who you don't know in real life?	21	21	39	33	29

28% of pupils responded that they have received a hurtful, nasty or scary message online, while 10% said someone has changed their password.

Q93b. Percentage of pupils responding that the following things have happened to them online:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Received a hurtful, nasty or scary message	14	27	24	41	28
Hurtful comments were posted about them on a social networking site	6	12	8	13	11
An insulting poll or webpage was set up about them	2	4	1	4	3
Someone used/changed a picture or video to humiliate them	15	21	15	24	19
Someone posted private information about them (including pictures)	9	7	7	11	9
Someone used their identity/password to post false or hurtful things	2	2	3	4	3
Someone changed their password	6	9	10	11	10
Other	2	2	2	3	3

9% of pupils responded that they have given personal information to someone online who they didn't know in real life.

Q93c. Percentage answering that they have given personal information to someone online who they didn't know in real life.

	Surrey	
	Y 8	Y 10
Male	3	14
Female	7	8

24% of pupils responded that someone online who they didn't know has asked to see pictures of them.

Q93d. Percentage answering that someone online who they didn't know has asked to see pictures of them.

	Surrey	
	Y 8	Y 10
Male	9	25
Female	15	45

4% of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.

Q93e. Percentage answering that someone has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.

	Surrey	
	Y 8	Y 10
Male	3	2
Female	1	9

1% of pupils responded that they have sent sexual pictures/videos of themselves to someone they don't know.

Q93f. Percentage answering that they have sent sexual pictures/videos of themselves to someone they don't know.

	Surrey	
	Y 8	Y 10
Male	1	2
Female	0	1

4% of pupils responded that they have sent sexual pictures/videos of themselves to someone they do know.

Q93g. Percentage answering that they have sent sexual pictures/videos of themselves to someone they do know.

	Surrey	
	Y 8	Y 10
Male	1	5
Female	1	7

13% of pupils responded that someone they don't know in person has asked to meet with them; 5% said this person was, as far as they know, quite a bit older than them and 3% said they did actually meet up with them.

Q93h(i). Percentage answering that someone they don't know in person has asked to meet with them.

	Surrey	
	Y 8	Y 10
Male	5	11
Female	10	24

91% of pupils responded that they have been told how to stay safe while online.

Q93i(i). Percentage answering that they have been told how to stay safe online.

	Surrey	
	Y 8	Y 10
Male	92	89
Female	93	93

63% of pupils responded that they always follow the advice they have been given about how to stay safe online.

Q93i(ii). Percentage answering that they always follow the advice they have been given about how to stay safe online.

	Surrey	
	Y 8	Y 10
Male	64	54
Female	70	67

73% of pupils responded that they have blocked someone because of something upsetting that happened online and 1% said they have reported something to CEOP.

Q93j. Percentage of pupils responding that they have done the following because of something upsetting that happened online:

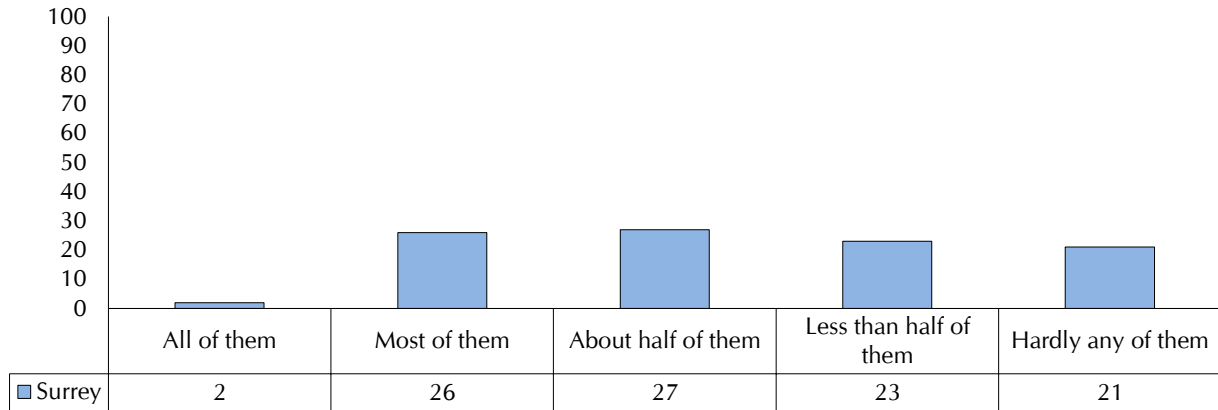
	Year 8		Year 10		Total
	Male	Female	Male	Female	
Blocked someone	68	70	69	86	73
Insulted someone back	42	33	49	53	45
Asked a friend to reply for them	17	25	15	47	25
Talked to their parents/carers	35	44	15	38	32
Reported to CEOP	2	1	2	1	1
Talked to the police	1	3	3	3	3
Talked to an adult at school	5	10	5	12	8
Talked to an adult outside school	6	9	7	9	8

Enjoying & Achieving

School lessons

Q94. How many lessons do you enjoy at school?

Surrey



29% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

Q94. Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

Surrey

	Y 8	Y 10
Male	27	40
Female	21	26

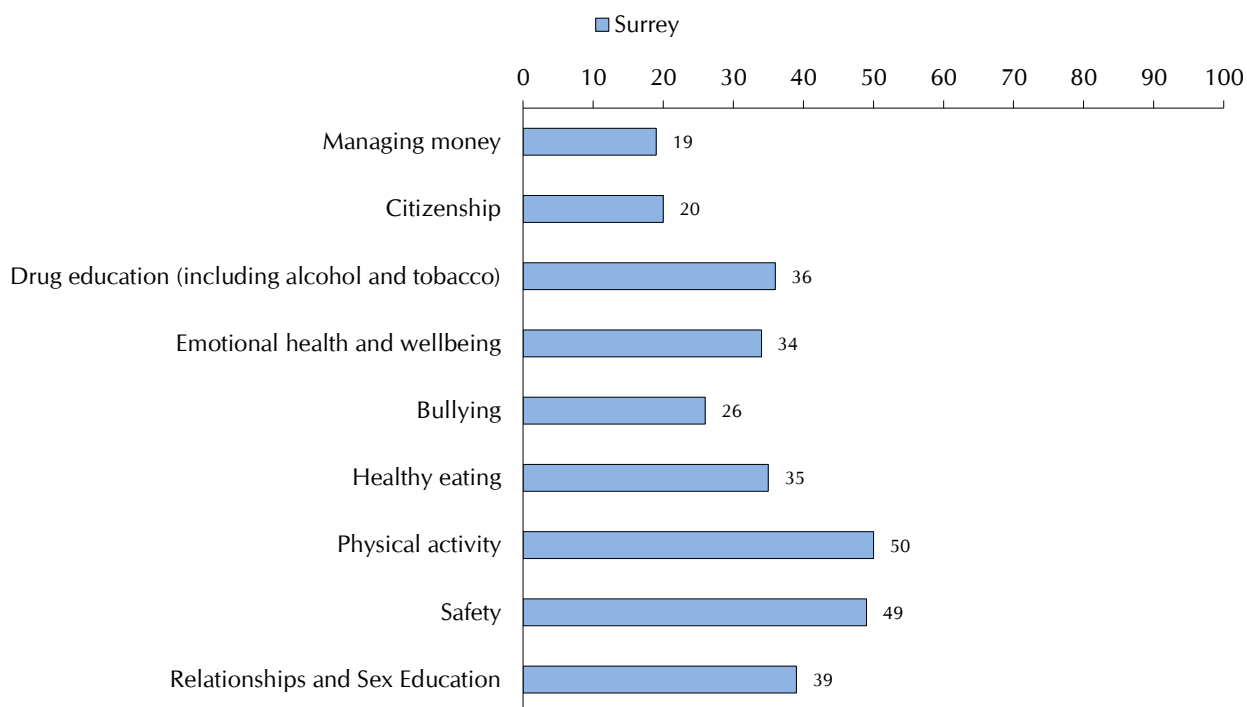
21% of pupils responded that they enjoy 'hardly any' of their lessons at school.

Q94. Percentage answering that they enjoy 'hardly any' of their lessons at school.

Surrey

	Y 8	Y 10
Male	25	12
Female	27	22

Q95. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

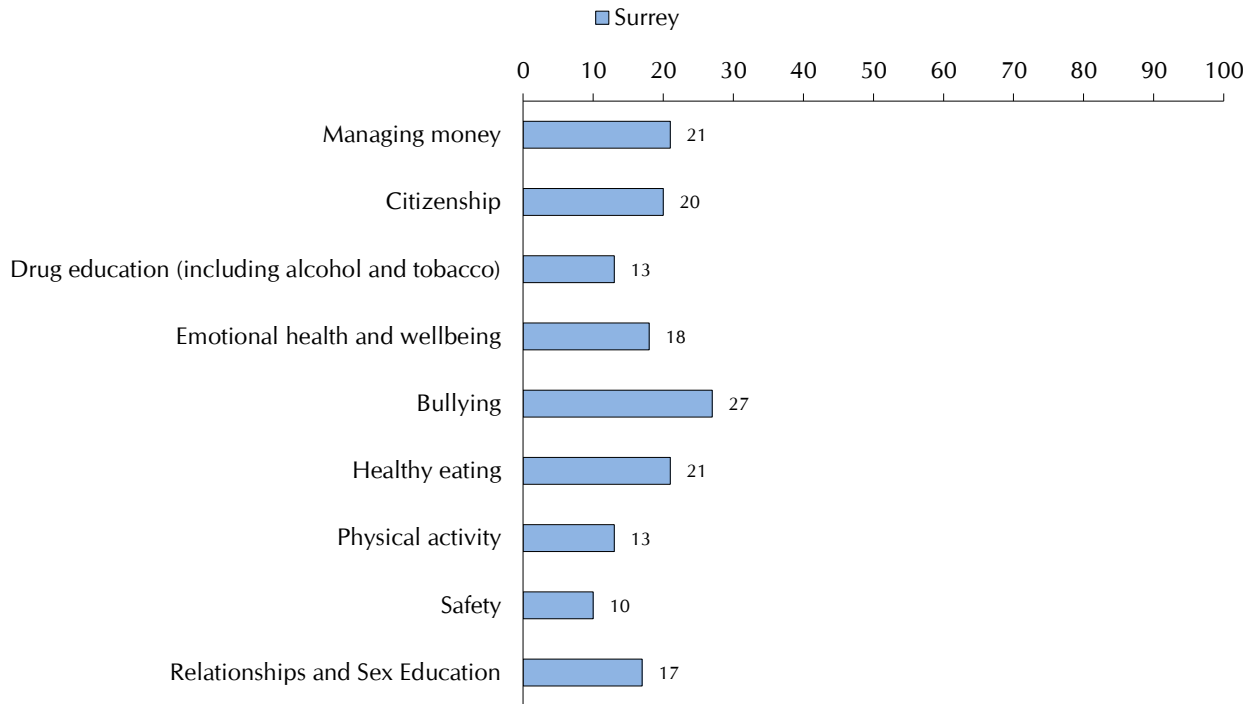


20% of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.

Q95. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Managing money	21	20	19	16	19
Citizenship	23	21	18	20	20
Drug education (including alcohol and tobacco)	37	32	39	37	36
Emotional health and wellbeing	43	40	33	27	34
Bullying	35	33	24	16	26
Healthy eating	41	36	35	29	35
Physical activity	62	47	57	37	50
Safety	52	57	48	41	49
Relationships and Sex Education	30	31	46	48	39

Q95. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:



20% of pupils responded that they have found school lessons about citizenship 'not at all' useful.

Q95. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Managing money	14	20	24	24	21
Citizenship	15	23	20	22	20
Drug education (including alcohol and tobacco)	12	16	13	10	13
Emotional health and wellbeing	18	14	20	20	18
Bullying	22	21	29	33	27
Healthy eating	16	15	23	25	21
Physical activity	7	13	10	20	13
Safety	7	7	12	13	10
Relationships and Sex Education	24	20	16	8	17

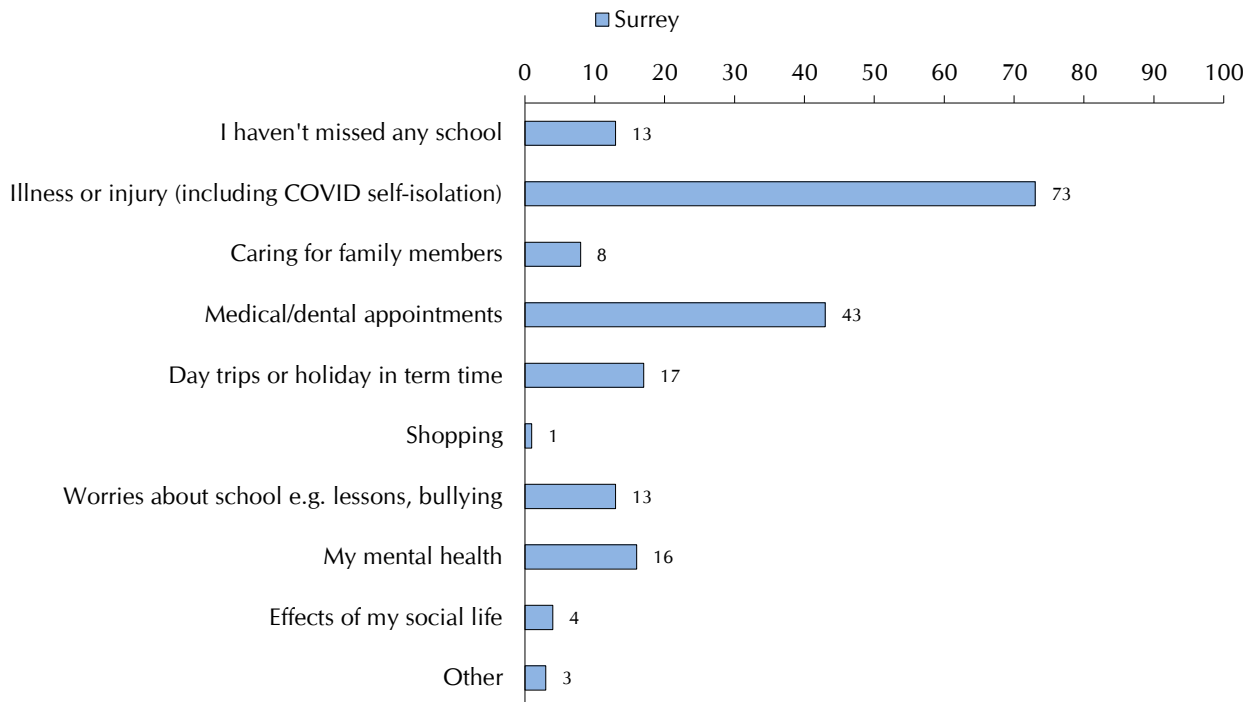
Attendance

73% of pupils responded that they think it is important to go to school regularly, while 11% think it isn't important.

Q96. Percentage answering that they think it is important to go to school regularly.

	Surrey	
	Y 8	Y 10
Male	72	79
Female	64	72

Q97. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months:



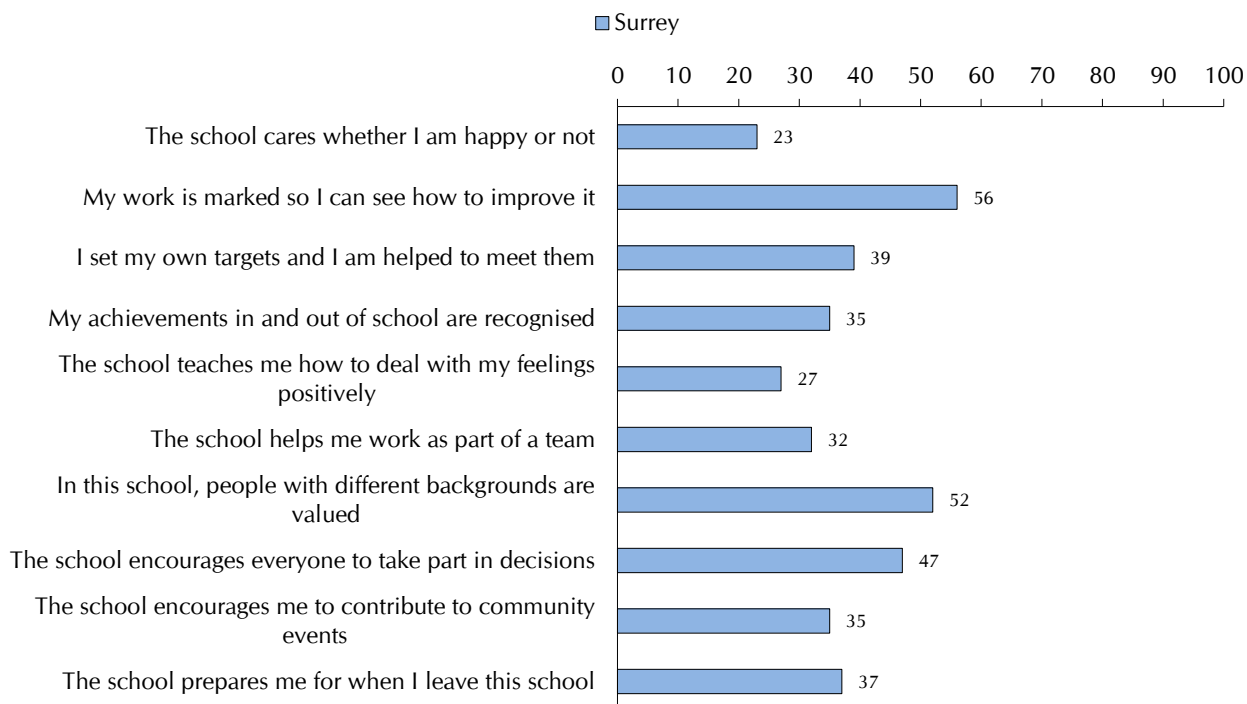
73% of pupils responded that they have been away from school due to illness or injury (incl. COVID self-isolation) in the 12 months before the survey, while 43% said they have been away due to medical/dental appointments.

Q97. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (top 5):

Male			Female		
1	Illness or injury (incl. self-isolation)	73	1	Illness or injury (incl. self-isolation)	73
2	Medical/dental appointments	39	2	Medical/dental appointments	47
3	Day trips or holiday in term time	18	3	My mental health	25
4	Caring for family members	8	4	Worries about school	22
5	My mental health	7	5	Day trips or holiday in term time	18

Every Child Matters

Q98. Percentage of pupils responding that they 'agree' with the following statements:

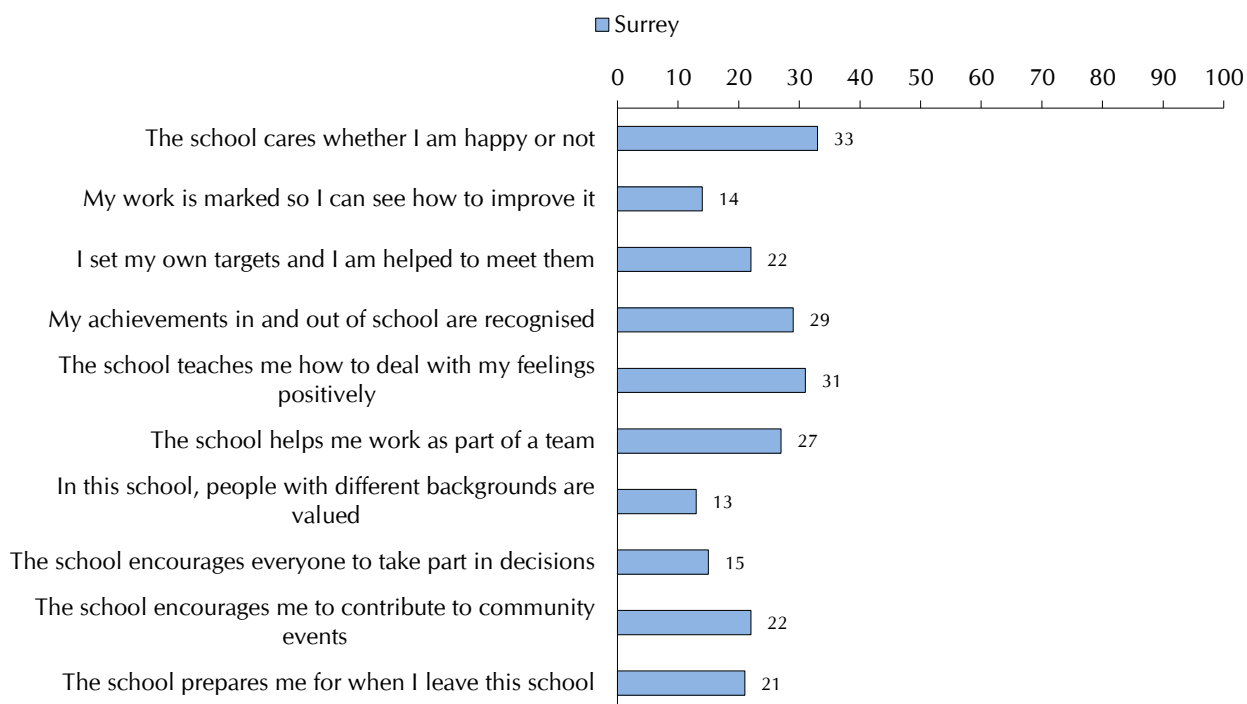


23% of pupils responded that they think the school cares whether they are happy or not and 56% said their work is marked so they can see how to improve it.

Q98. Percentage of pupils responding that they 'agree' with the following statements:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
The school cares whether I am happy or not	27	30	24	13	23
My work is marked so I can see how to improve it	61	56	61	48	56
I set my own targets and I am helped to meet them	46	35	45	31	39
My achievements in and out of school are recognised	41	38	38	23	35
The school teaches me how to deal with my feelings positively	36	31	29	15	27
The school helps me work as part of a team	45	35	31	23	32
In this school, people with different backgrounds are valued	62	55	48	46	52
The school encourages everyone to take part in decisions	57	52	43	39	47
The school encourages me to contribute to community events	48	41	31	24	35
The school prepares me for when I leave this school	43	44	38	27	37

Q98. Percentage of pupils responding that they 'disagree' with the following statements:

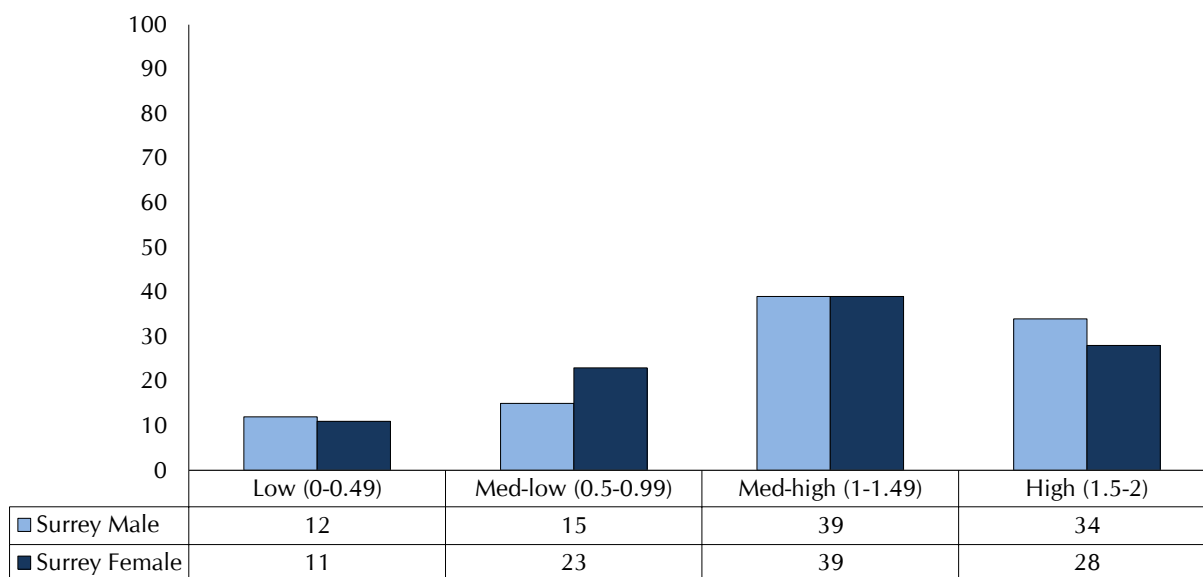


33% of pupils responded that they think the school doesn't care whether they are happy or not.

Q98. Percentage of pupils responding that they 'disagree' with the following statements:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
The school cares whether I am happy or not	29	25	37	40	33
My work is marked so I can see how to improve it	11	13	15	17	14
I set my own targets and I am helped to meet them	17	21	22	23	22
My achievements in and out of school are recognised	24	22	32	35	29
The school teaches me how to deal with my feelings positively	24	28	32	39	31
The school helps me work as part of a team	17	24	29	34	27
In this school, people with different backgrounds are valued	9	11	17	14	13
The school encourages everyone to take part in decisions	11	14	18	14	15
The school encourages me to contribute to community events	13	17	28	29	22
The school prepares me for when I leave this school	16	15	22	28	21

Q98. Composite pupil perception score:



N.B. This score is derived from the levels of agreement to each of the positive statements about their experience in school (Q98).

11% of pupils had a low pupil perception score.

Q98. Percentage who had a low pupil perception score.

	Surrey	
	Y 8	Y 10
Male	7	15
Female	10	11

30% of pupils had a high pupil perception score.

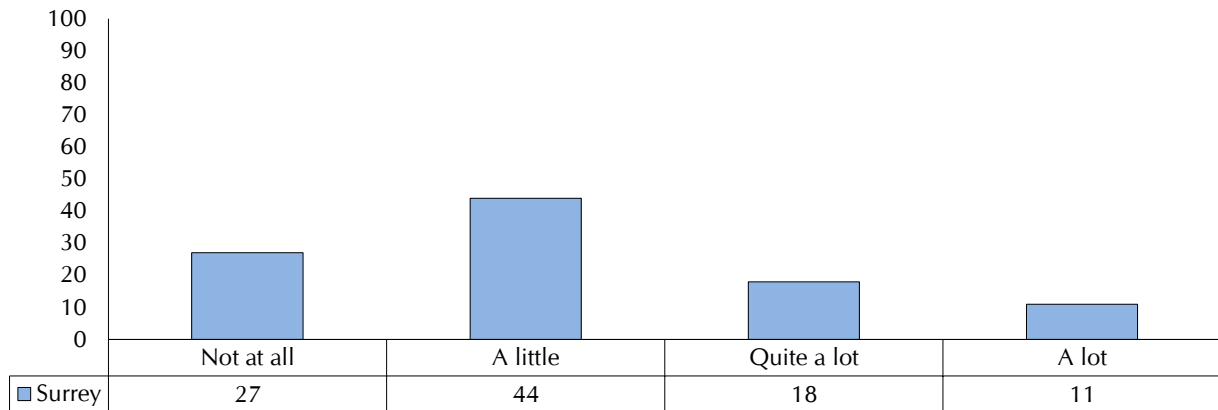
Q98. Percentage who had a high pupil perception score.

	Surrey	
	Y 8	Y 10
Male	39	31
Female	39	16

Leisure

Q99. How much do you enjoy reading?

Surrey



27% of pupils said they don't enjoy reading 'at all'.

Q99. Percentage answering that they don't enjoy reading 'at all'.

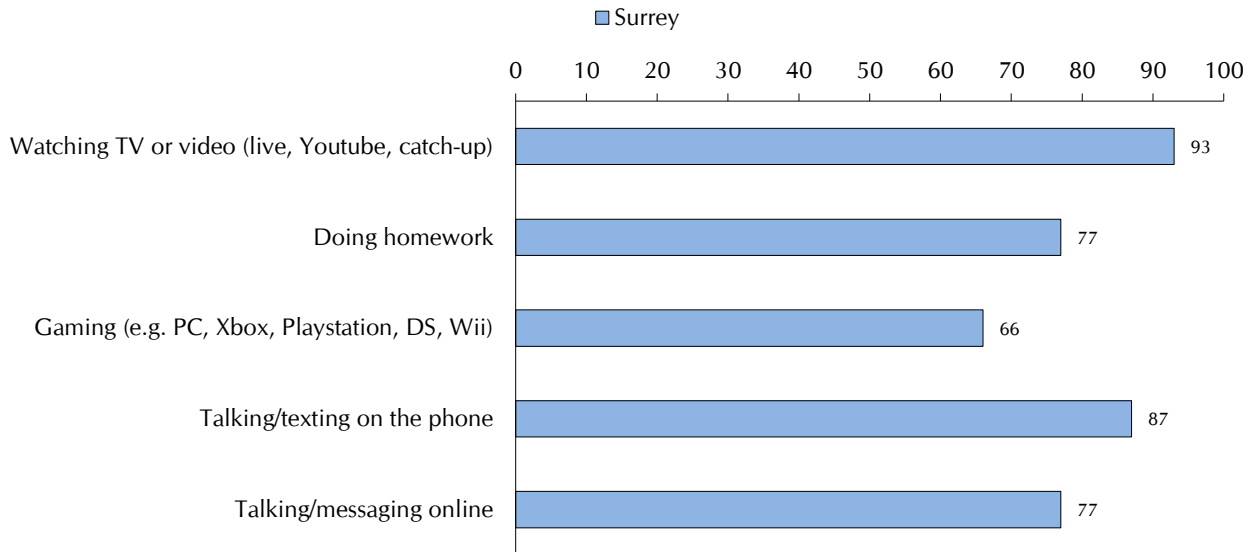
	Surrey	
	Y 8	Y 10
Male	28	29
Female	24	29

29% of pupils said they enjoy reading 'quite a lot' or 'a lot'.

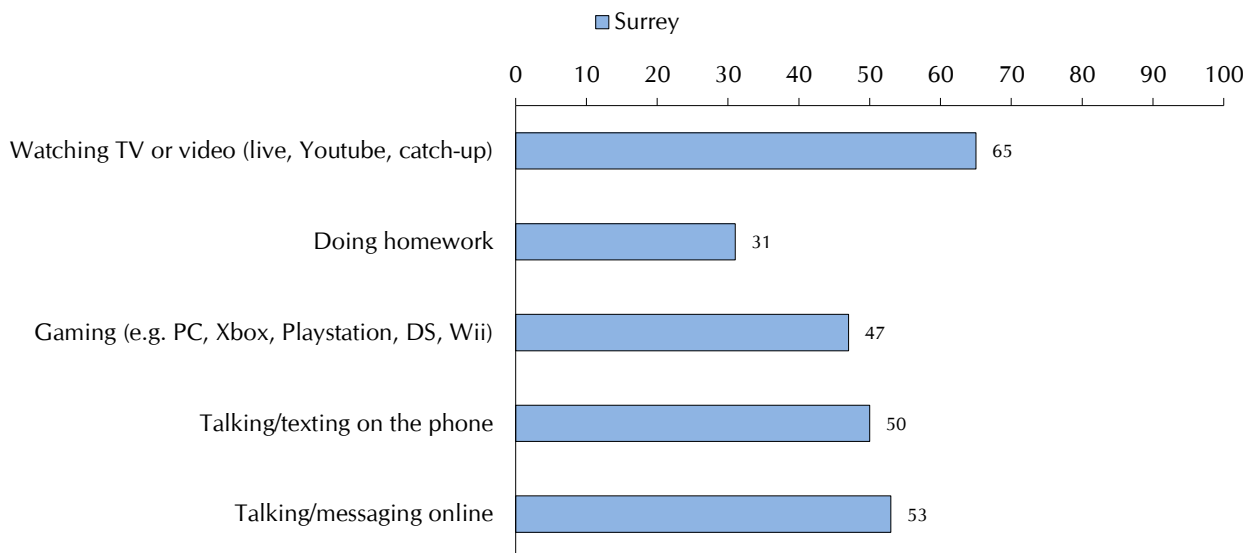
Q99. Percentage answering that they enjoy reading 'quite a lot' or 'a lot'.

	Surrey	
	Y 8	Y 10
Male	28	21
Female	35	32

Q100. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



Q100. Percentage of pupils responding that they spent more than an hour doing the following after school on the day before the survey:



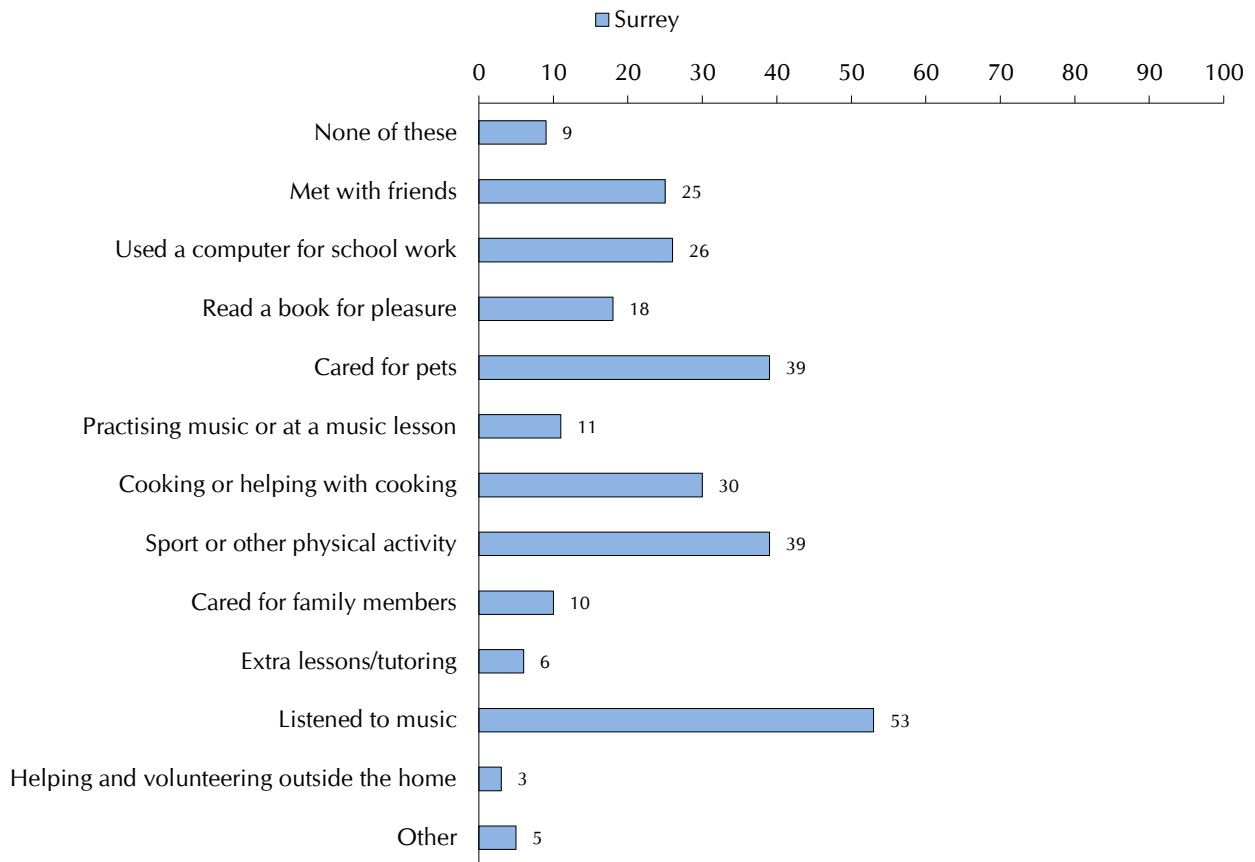
65% of pupils responded that they spent more than an hour watching TV or video after school on the day before the survey, while 31% did homework and 47% played video games.

Q100. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:

Male	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV or video (live, YouTube, catch-up)	5	31	30	15	18
Doing homework	20	47	25	4	2
Gaming (e.g. PC, Xbox, Playstation, DS, Wii)	11	16	20	15	36
Talking/texting on the phone	11	42	17	11	17
Talking/messaging online	25	28	19	11	16
Female	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV or video (live, YouTube, catch-up)	7	25	30	15	22
Doing homework	25	46	19	6	4
Gaming (e.g. PC, Xbox, Playstation, DS, Wii)	54	20	10	5	8
Talking/texting on the phone	11	31	22	15	18
Talking/messaging online	20	20	21	14	24

39% of pupils responded that they cared for pets after school on the day before the survey, while 18% said they read a book for pleasure.

Q101. Percentage of pupils responding that they did the following after school on the day before the survey:



53% of pupils responded that they listened to music after school on the day before the survey, while 25% said they met with friends.

Q101. Percentage of pupils responding that they did the following after school on the day before the survey (top 10):

Male			Female		
1	Sport or other physical activity	49	1	Listened to music	59
2	Listened to music	46	2	Cared for pets	40
3	Cared for pets	37	3	Cooking or helping with cooking	32
4	Used a computer for school work	34	4	Sport or other physical activity	30
5	Cooking or helping with cooking	25	5	Met with friends	26
6	Met with friends	25	6	Read a book for pleasure	21
7	Read a book for pleasure	14	7	Used a computer for school work	19
8	Cared for family members	9	8	Practising music or at a music lesson	13
9	Practising music or at a music lesson	8	9	Cared for family members	10
10	Extra lessons/tutoring	5	10	Extra lessons/tutoring	7

Making a Positive Contribution

24% of pupils feel that their views and opinions are asked for in their school, while 33% feel they aren't.

Q102. Percentage answering that they feel their views and opinions are asked for in their school.

	Surrey	
	Y 8	Y 10
Male	27	28
Female	26	17

19% of pupils feel that their views and opinions are listened to in their school, while 39% feel they aren't.

Q103a. Percentage answering that they feel their views and opinions are listened to in their school.

	Surrey	
	Y 8	Y 10
Male	28	20
Female	22	13

11% of pupils think their views and opinions are listened to in a school/class council.

Q103b. Percentage of pupils responding that they think their views and opinions are listened to in the following ways in school (top 5):

Male			Female		
1	School/class council	14	1	Talking to teachers	11
2	Talking to teachers	11	2	School/class council	9
3	Talking to other adults in school	8	3	Talking to other adults in school	5
4	Circle time	2	4	Suggestion box	1
5	Suggestion box	2	5	Circle time	1

10% of pupils feel that their views and opinions make a difference to how their school is run, while 55% feel they don't.

Q104. Percentage answering that they feel their views and opinions make a difference to how their school is run.

	Surrey	
	Y 8	Y 10
Male	15	8
Female	11	8

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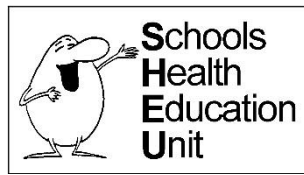
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