

Growing Up in Surrey in 2024-25

A summary of the Schools Health and Wellbeing Survey 2024-25

This report presents a summary of the results of the health-related behaviour survey carried out during 2024-25. This follows a similar exercise in 2022, which itself followed studies in 2015, 2017 and 2019.

A total of 2660 pupils took part from 13 primary schools and 5 secondary schools.

Completed questionnaires were analysed by the Schools Health Education Unit (SHEU) based in Exeter. SHEU had been commissioned by the Council to co-ordinate this work as a way of collecting robust information about young people in Surrey and their lifestyles.

The results contained in this report therefore provide a snapshot of what life is like for young people in Surrey.

In addition to this County-wide summary report, more detailed reports and tables are available. These reports provides more analysis of the survey responses, including a breakdown by gender and year group, and can be used to investigate specific issues in more detail. Some analysis of vulnerable groups is shown on pp.18-19 of this report.

Finally, each of the providers of secondary education has received a bespoke report that contains detailed results for their specific institution.

Trends

Figures in the 2024-25 report have been compared with those from the earlier studies in 2022 and earlier. The most important trends are shown on pp.16-17.

Comparison with a reference sample

Surrey data have been compared with the SHEU's wider database.

A selection of some of the differences, where the level seen in the Surrey data is significantly different to that seen in a reference sample, is shown on page 20.

Final samples in target year groups

Year 4	583
Year 6	533
Year 8	419
Year 10	436
Total	1971



SURREY
COUNTY COUNCIL

SHEU

- ❑ This survey by the Schools Health Education Unit was commissioned by Surrey County Council.
- ❑ Grateful thanks are expressed to the Schools Health Education Unit, Exeter, who facilitated the Surrey Health-Related Behaviour Survey 2024-25, to the Head teachers and staff who organised in the survey in their schools and to the pupils themselves who completed the survey.
- ❑ SHEU is an independent research unit specialising in health related questionnaire surveys of children and young people for Local Authorities, Public Health Teams, voluntary agencies, charities, schools and colleges and other partnerships. The Unit is also able to undertake consultation, monitoring and evaluation and bespoke research projects.
- ❑ For more details please contact the Schools Health Education Unit

TOPICS INCLUDE:

Background

Coronavirus

Drugs, Alcohol and Tobacco

Emotional Health and Wellbeing

School and work

Relationships and sex

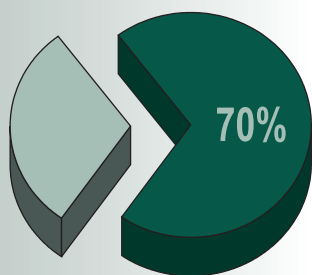
Safety

Results for Primary school pupils in 2024-25

Background

ETHNICITY AND LANGUAGE

- 70% of pupils described themselves as White British.
- 80% of pupils said they speak English most of the time at home, while 2% said they speak another language or languages most of the time and 18% speak both English and another language.



FAMILY

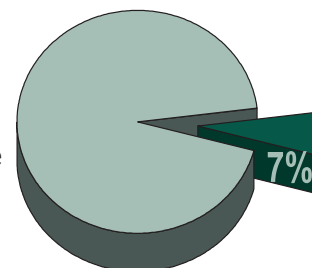
- 80% of pupils responded that they live with their Mum and Dad together.
- 8% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

ARMED FORCES

- 3% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 11% said they are 'not sure' if they do and 2% didn't want to say.

FREE SCHOOL MEALS

- 7% of pupils responded that they currently have free school meals, while 17% said they have had them and 1% could have had them.



YOUNG CARERS

- 7% of pupils responded that they are a 'young carer', while 9% said they are 'not sure' if they are. 2% of pupils responded that their school knows they are a 'young carer'.

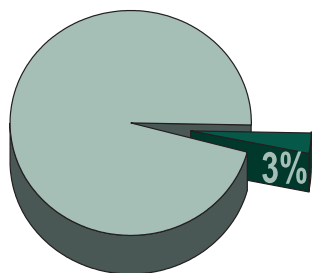
Healthy Eating

LUNCH

- 39% of pupils responded that they had school food for lunch on the day before the survey.
- 27% of pupils responded that the place where they can get school lunch is friendly, while 51% said it is crowded, and 23% said it is rushed.

BREAKFAST

- 3% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 9% only had a drink and 10% had a cooked breakfast.
- 50% of pupils responded that they had a drink other than tea, hot chocolate, coffee or energy drinks (e.g. water, juice) before lessons on the day of the survey.
- 28% of pupils responded that they had toast, bread or bagels before lessons on the day of the survey, while 19% had fruit.
- 81% of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

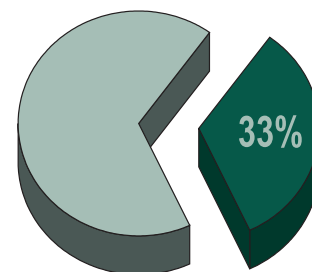


COOKING

- 73% of pupils responded that they cook or help with cooking at home (or at a friend's or relation's home), while 21% said that they cook or help with cooking in school lessons.

5-A-DAY

- 8% of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.
- 33% of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.



WEIGHT PERCEPTION

- 4% of pupils responded that they would like to put on weight; 22% of pupils responded that they would like to lose weight.
- 75% of pupils responded that they are happy with their weight as it is.

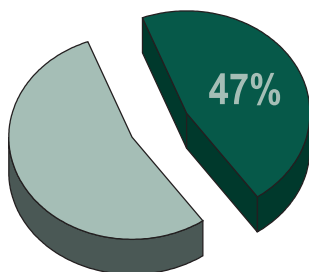
FOOD & DRINK

- 70% of pupils responded that they eat fresh fruit 'on most days', while 29% said the same of sweets, chocolate, choc bars.
- 8% of pupils responded that they 'rarely or never' eat vegetables, while 31% said the same of fish/fish fingers.
- 91% of pupils responded that they drink water 'on most days', while 32% said the same of milk.

Physical Activity

ACTIVE TRAVEL

- ❑ 59% of pupils said they travelled to school by car, van, or taxi on the day of the survey.
- ❑ 1% of pupils said they travelled to school by bus (school or other) or train on the day of the survey.
- ❑ **47% of pupils said they walked, cycled, or scootered to school on the day of the survey.**

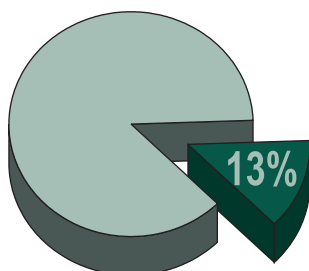


ENJOY EXERCISE

- ❑ 2% of pupils responded that they don't enjoy physical activities 'at all'.
- ❑ 81% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

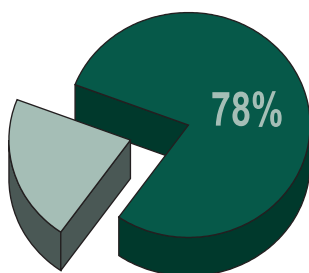
HARD EXERCISE

- ❑ **13% of pupils responded that they didn't breathe harder or faster or feel warmer while doing physical activity at all in the week before the survey.**
- ❑ 21% of pupils responded that they breathed harder or faster or felt warmer while doing physical activity on five days or more in the week before the survey.



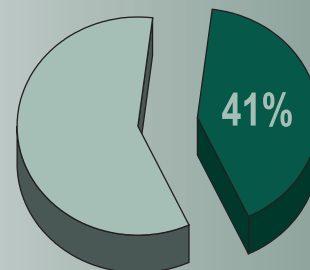
PE LESSONS

- ❑ **78% of pupils responded that they enjoy their PE lessons, while 16% are 'not sure' if they do.**
- ❑ 66% of pupils responded that they feel they are getting better at PE, while 26% are 'not sure' if they are.



SCHOOL SPORTS

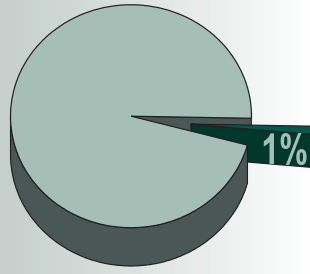
- ❑ 49% of pupils responded that their school has helped them to be more healthy, while 37% are 'not sure' if it has.
- ❑ 21% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ **41% of pupils responded that they go to sports clubs at lunch time or after school at least 3 times each week.**
- ❑ 38% of pupils responded that they don't go to any sports clubs at weekends.
- ❑ 16% of pupils responded that they go to sports clubs at least 3 times at weekends.
- ❑ 16% of pupils responded that they don't go to any sports clubs at lunch time, after school or at weekends each week.
- ❑ 58% of pupils responded that they go to sports clubs at lunch time, after school or at weekends at least 3 times each week.
- ❑ 64% of pupils said they go to a team sports club.
- ❑ 53% of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 20% of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 38% of pupils responded that they haven't played any sports games or matches at their school this year.
- ❑ 32% of pupils responded that they have played at least 4 matches at their school this year.
- ❑ 83% of pupils think doing PE, sport and other physical activities helps them with their health and 55% said it helps with their mood.
- ❑ 79% of pupils agreed that they enjoy taking part in exercise and sports and 69% said they feel confident when they exercise and play sports.
- ❑ 79% of pupils said being healthy makes them want to be physically active and 90% said having fun makes them want to.
- ❑ 57% of pupils said nothing stops them from being physically active.



Alcohol, smoking and drugs

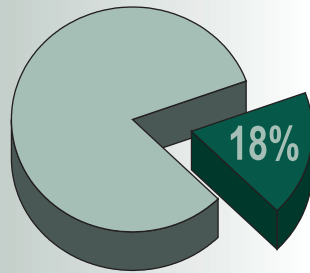
ALCOHOL

- ❑ 1% of Year 6 pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.
- ❑ 0% of Year 6 pupils responded that they drank alcohol on more than one day in the 7 days before the survey.
- ❑ 90% of Year 6 pupils responded that they do not drink alcohol.
- ❑ 8% of Year 6 pupils responded that they drink alcohol and their parents 'always' know, while 1% said they 'usually' know.
- ❑ 1% of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.



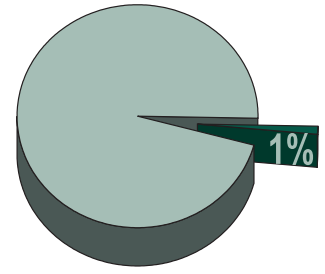
SMOKING/VAPING AT HOME

- ❑ 18% of Year 6 pupils responded that their parents/carers smoke cigarettes.
- ❑ 5% of Year 6 pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 5% of Year 6 pupils responded that someone smokes in a car when they are in it too.
- ❑ 17% of Year 6 pupils responded that their parents/carers vape.



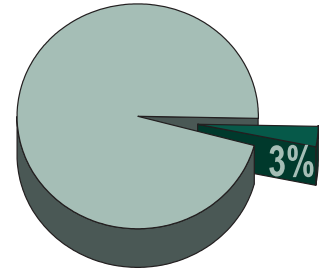
SMOKING

- ❑ 1% of Year 6 pupils responded that they have tried smoking in the past or smoke now.
- ❑ 0% of Year 6 pupils responded that they smoked in the 7 days before the survey.



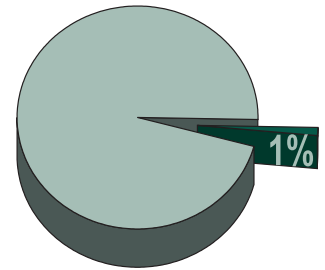
VAPING

- ❑ 3% of Year 6 pupils responded that they have at least tried vaping.



DRUGS

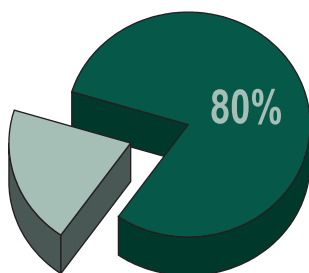
- ❑ 57% of Year 6 pupils responded that their teachers have talked with them in school lessons about illegal drugs, while 45% said that their parents/carers have talked with them and 27% said no-one has talked with them about drugs.
- ❑ 59% of Year 6 pupils responded that teachers, the school nurse or visitors or speakers in school lessons have talked with them about illegal drugs.
- ❑ 12% of Year 6 pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs.
- ❑ 1% of Year 6 pupils responded that they have been offered cannabis; while 2% were 'not sure'.



Emotional Health & Wellbeing

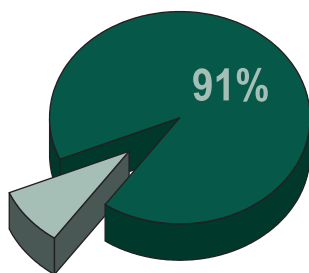
WORRYING

- 80% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- 18% of boys and 21% of girls responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- 34% of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 37% said the same of SATs/tests, and 26% worry 'quite a lot' or 'a lot' about family issues.



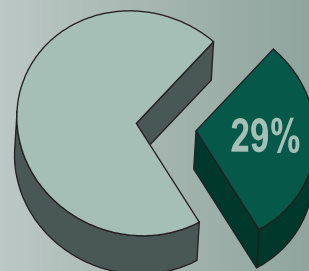
PROBLEM SOLVING

- 68% of pupils said they at least 'sometimes' talk to a friend or a brother/sister when they have something that worries them, while 77% said that they watch TV or online videos.
- 82% of pupils responded that they at least 'sometimes' listen to music when they have something that worries them, while **91% said that they talk to an adult about it** and 67% said that they keep busy.



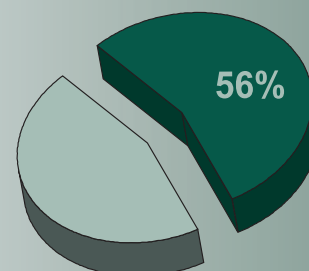
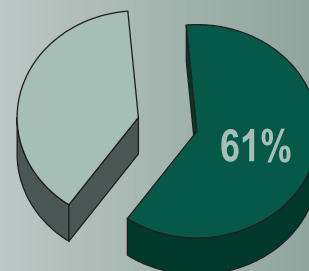
SELF-ESTEEM

- 30% of pupils had a med-low self-esteem score (9 or less).
- 29% of pupils had a high self-esteem score (15 or more).**
- 80% of pupils responded that they feel happy talking to other pupils at school.
- 82% of pupils responded that they have one or more close friends.
- 68% of pupils responded that their parents/carers like to hear their ideas.
- 65% of pupils responded that their teachers listen to them at school.



GROWING UP

- 61% of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up**, while 65% said that their parents/carers have talked with them and 13% said no-one has talked with them.
- 63% of pupils responded that teachers, the school nurse or visitors, speakers in school lessons have talked with them about how their body changes as they grow up.
- 56% of pupils responded that they feel they know enough about how their body changes as they get older**, while 10% feel they don't know enough.

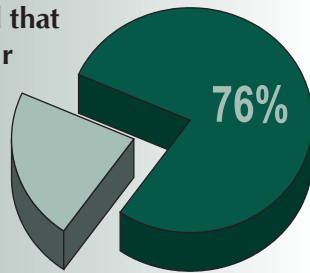


Health and safety 1/2

Health & Hygiene

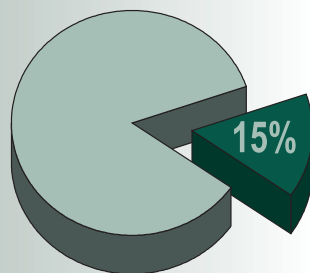
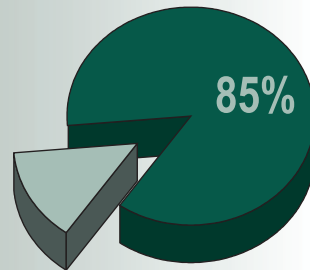
HAND WASHING

- 76% of pupils responded that they 'properly' wash their hands 'whenever possible' after visiting the toilet, while 3% said they 'never or hardly ever' do and 21% do so only 'sometimes'.
- 36% of pupils responded that they washed their hands before lunch on the day before the survey, while 25% said they are 'not sure' if they did.



DENTAL HEALTH

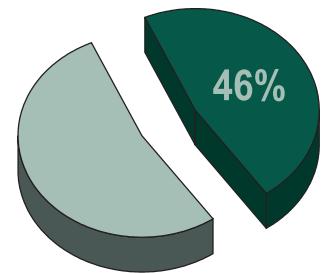
- 2% of pupils responded that they did not clean their teeth at all on the day before the survey.
- 85% of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- 45% of pupils responded that they had a check-up and/or x-ray the last time they visited the dentist.
- 15% of pupils responded that they had fillings the last time they visited the dentist.
- 3% of pupils responded that they had a brace fitted, checked or removed the last time they visited the dentist; while 9% said that they had a tooth out.



Staying Safe

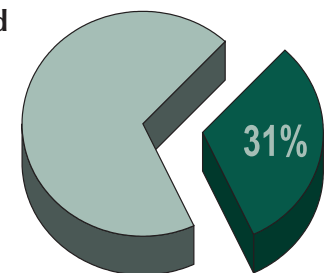
PEER PRESSURE

- 46% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- 19% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- 37% of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- 17% of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.



ACCIDENTS

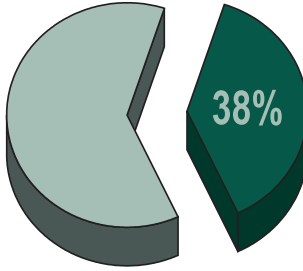
- 31% of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.
- 8% of pupils responded that their most recent accident was a broken bone or fracture, while 7% said that their most recent accident was a cut.

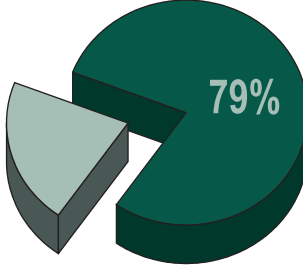


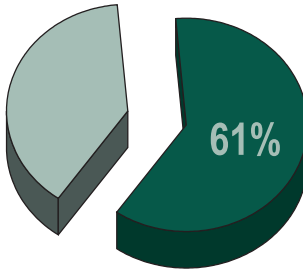
Health and safety 2/2

BULLYING

- ❑ **38% of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.**

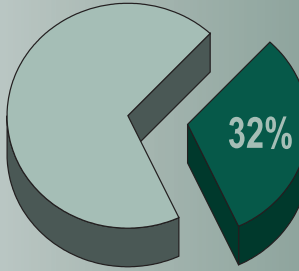

- ❑ 8% of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.
- ❑ 25% of pupils responded that they have been bullied at or near school in the last 12 months, while 25% said they are 'not sure' if they have been.
- ❑ **79% of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 37% said they have done so 'often' or 'every day'.**

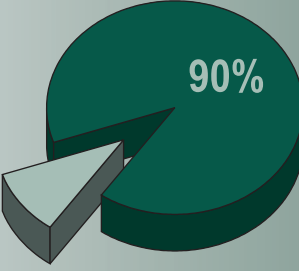

- ❑ 49% of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while 54% were pushed/hit for no reason.
- ❑ 27% of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while 7% experienced it on the way to or from school.
- ❑ 5% of pupils responded that they think they have been 'picked on' or bullied about their race, colour or religion, while 14% said that it was about the way they look. 47% said they haven't been bullied and 25% said they don't know why they've been picked on.
- ❑ **61% of pupils responded that they think their school takes bullying seriously, while 13% don't think their school takes bullying seriously.**

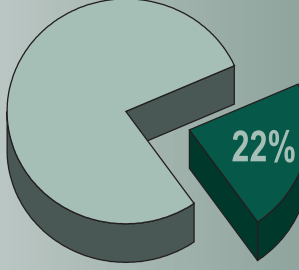

- ❑ 4% of pupils responded that they think others may fear going to school because of them, while 21% said they are 'not sure' if others do.

INTERNET SAFETY

- ❑ 90% of pupils responded that they have used the internet at home in the last month, while 56% said they have used it at school and 58% have used it on a mobile device, 1% said they've not used the internet in the last month.
- ❑ 48% of pupils responded that they use the internet for schoolwork, while 75% said that they use it for playing games.
- ❑ **32% of Year 6 pupils responded that they have seen images or videos online that were for adults only.**


- ❑ 32% of Year 6 pupils responded that they have seen images or videos online that upset them.
- ❑ 38% of Year 6 pupils responded that they use internet social networking sites 'often' or 'very often'.
- ❑ **90% of Year 6 pupils responded that they have been told how to stay safe while using the internet.**


- ❑ 60% of Year 6 pupils responded that they get e-safety information from their parents/carers/family, while 80% said that they get information from school.
- ❑ **22% of pupils responded that they have received a chat message that scared them or made them upset.**


- ❑ 21% of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.

School & Leisure

EVERY CHILD MATTERS

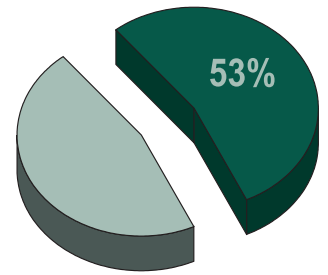
- Year 6 pupils were asked about a series of statements about their perceptions of school.

% Agree	Male	Female
The school cares whether I am happy or not	53%	64%
My work is marked so I can see how to improve it	79%	82%
I know my targets and I am helped to meet them	65%	66%
My achievements in and out of school are recognised	55%	62%
The school teaches me how to deal with my feelings positively	55%	60%
The school helps me work as part of a team	63%	63%
In this school, people with different backgrounds are valued	71%	78%
The school encourages everyone to take part in decisions	70%	74%
The school encourages me to contribute to community events	57%	56%
The school prepares me for when I leave this school	77%	83%

- 2% of Year 6 pupils had a low pupil perception score.
- 70% of Year 6 pupils had a high pupil perception score.

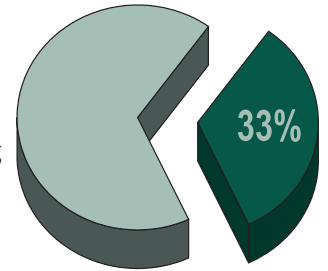
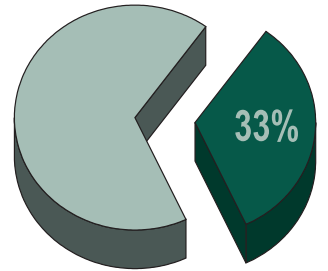
BREAKTIMES

- 53% of pupils responded that they 'often' spend time playing running/skipping games/tag during school playtimes, while 79% 'often' spend time chatting/talking.
- 54% of pupils responded that their playtimes and lunchtimes are friendly, while 38% said that they are crowded, and 9% said that they are boring.



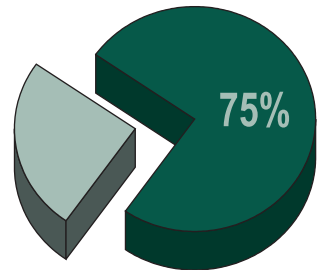
IEWS AND OPINIONS

- 33% of pupils responded that their views and opinions are asked for in school, while 17% said they aren't asked for.
- 48% of pupils responded that their views and opinions are listened to in school, while 14% said they aren't listened to.
- 33% of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while 25% feel they are listened to through a school or class council.
- 17% of pupils responded that their views and opinions make a difference to how their school is run, while 31% said they don't make a difference.



AFTER-SCHOOL ACTIVITIES

- 75% of pupils responded that they spent time watching TV or videos (live TV or online) after school on the day before the survey, while 35% spent time playing sport or doing physical activities.
- 45% of pupils responded that they spent time listening to music after school on the day before the survey, while 30% did homework.



Results for Secondary school pupils in 2024-25

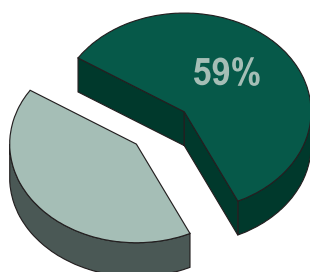
Background

GENDER IDENTITY

- 1% of pupils said their gender now is not the same as the sex they were assigned at birth, while 2% said they are 'not sure' if it is and 0% didn't want to say.

ETHNICITY

- 59% of pupils responded that they are White British.**



LANGUAGE

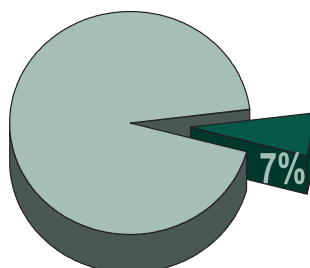
- 82% of pupils said they speak English most of the time at home, while 3% said they speak another language/languages and 15% said they speak both English and another language.

HOME LIFE

- 71% of pupils responded that they live with their Mum and Dad together.
- 15% of pupils responded that they live 'mainly or only' with their Mum, while 2% said they live 'mainly or only' with their Dad.

YOUNG CARERS

- 7% of pupils responded that they are a 'young carer', while 9% said they are 'not sure' if they are and 1% didn't want to say.**



- 3% of pupils responded that being a young carer takes up at least an hour of their time each day, while 2% said it takes up less than an hour.

ARMED FORCES

- 1% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 4% said they are 'not sure' if they do and 1% didn't want to say.
- 1% of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 0% said their Mum or Dad's partner is.

FREE SCHOOL MEALS

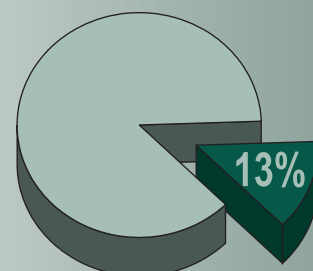
- 14% of pupils responded that they currently have free school meals, while 12% said they have had them in the last 6 years and 3% said they could have them.

SPECIAL NEEDS

- 1% of pupils responded that someone helped them to fill in the questionnaire, while 2% said they are 'not sure' if someone helped them and 1% didn't want to say.

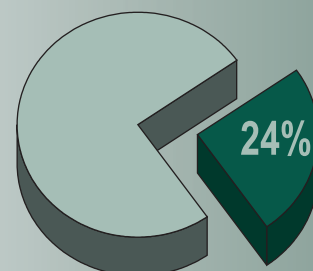
- 3% of pupils responded that they are disabled, while 7% said they are 'not sure' if they are and 1% didn't want to say.

- 13% of pupils responded that they have a long-standing diagnosed illness, while 13% said they are 'not sure' if they have and 2% didn't want to say.**



- 14% of pupils responded that they have a special educational need or a learning difficulty, while 18% said they are 'not sure' if they have and 1% didn't want to say.

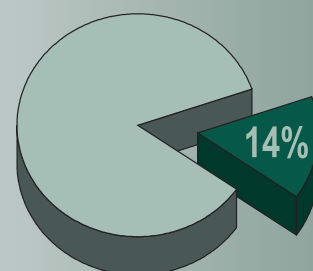
- 24% of pupils responded that they are disabled or have a long-standing diagnosed illness, special educational need or a learning difficulty.**



- 7% of pupils responded that they have additional needs and disabilities which are properly looked after in school, while 6% said they are 'not sure' if they are and 5% don't have any needs like that.

- 12% of pupils said they know what additional help and support is available, while 4% said they don't.

- 14% of pupils said they know who to talk to about additional support, while 4% said they don't.**



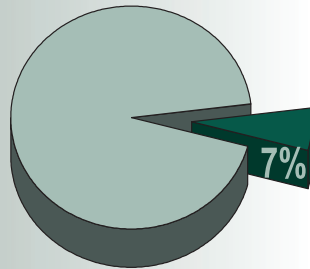
Alcohol, smoking and drugs

SOCIAL NORMS

- ❑ 6% of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 55% said 'none or just a few' did.
- ❑ 3% of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 67% said 'none or just a few' were.
- ❑ 6% of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 65% said 'none or just a few' did.
- ❑ 3% of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 75% said 'none or just a few' did.

ALCOHOL

- ❑ **7% of pupils responded that they had an alcoholic drink in the 7 days before the survey.**
- ❑ 1% of pupils responded that they were drunk in the 7 days before the survey.
- ❑ 1% of pupils responded that they drank beer or lager in the 7 days before the survey and 1% said they drank spirits.
- ❑ 65% of pupils responded that they 'never' drink alcohol.
- ❑ 19% of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 8% said their parents/carers 'usually' know.
- ❑ This works out as 55% of those who drink alcohol responding that their parents 'always know'.
- ❑ 7% of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.



ALCOHOL & DRUG INFORMATION

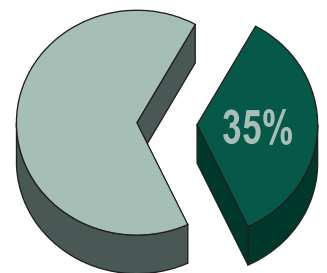
- ❑ 50% of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 22% said they wouldn't know where to go.

SMOKING

- ❑ 7% of pupils responded that they have smoked in the past or smoke now; 1% of pupils responded that they smoke 'regularly'.
- ❑ Of the 7 pupils who smoke regularly, 57% said they would like to give up.
- ❑ 1% of pupils responded that they have smoked in the 7 days before the survey.
- ❑ 1% of pupils responded that they have bought cigarettes from sellers such as neighbours, market stalls, etc..
- ❑ 24% of pupils responded that their parents/carers smoke cigarettes; 6% of pupils responded that someone smokes indoors at home in rooms that they use; 9% of pupils responded that someone smokes in a car when they are in it too.
- ❑ 69% of pupils responded that no-one ever smokes at home; 3% of pupils responded that smokers can smoke anywhere in their home, while 5% said people can smoke in certain rooms only.

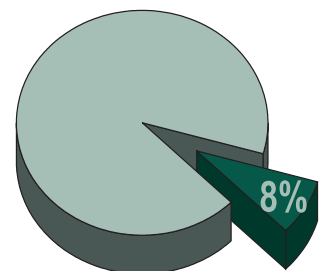
VAPING

- ❑ 26% of pupils responded that their parents/carers vape;
- ❑ 10% of Year 8 pupils and **35% of Year 10 pupils said they have at least tried vaping.**
- ❑ 1% of Year 8 pupils and 7% of Year 10 pupils said they vape 'regularly'.
- ❑ 2% of pupils said adults (aged 18 and over) have bought vapes for them.



DRUGS

- ❑ 13% of Year 8 pupils and 33% of Year 10 pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.
- ❑ 5% of Year 8 pupils and 17% of Year 10 pupils responded that they have been offered cannabis.
- ❑ **8% of Year 10 pupils reported that they have taken drugs to get high** (not medicines, tobacco or alcohol).
- ❑ 3% of Year 10 pupils responded that they have taken at least one of the drugs listed during the last month.



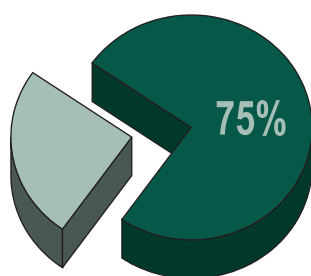
Physical Activity

ACTIVE TRAVEL

- ❑ 46% of pupils said they travelled to school by car/van on the day of the survey.
- ❑ 2% of pupils said they travelled to school by bicycle on the day of the survey and 0% said they travelled by scooter.
- ❑ 40% of pupils said they walked to school on the day of the survey.

ENJOY EXERCISE

- ❑ 4% of pupils responded that they don't enjoy physical activities at all.
- ❑ **75% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.**

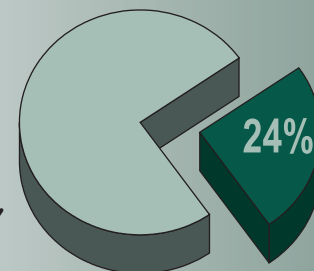


SCHOOL AND PE LESSONS

- ❑ 67% of pupils responded that they enjoy their PE lessons, while 20% are 'not sure' if they do.
- ❑ 57% of pupils responded that they feel they are getting better at PE, while 25% are 'not sure' if they are.
- ❑ 34% of pupils responded that their school has helped them to be more healthy, while 34% are 'not sure' if it has.
- ❑ 37% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ 35% of pupils responded that they go to sports clubs at least 3 times at lunch time or after school each week.
- ❑ 48% of pupils responded that they don't go to any sports clubs at weekends each week.
- ❑ 9% of pupils responded that they go to sports clubs at least 3 times at weekends each week.
- ❑ 39% of pupils said they go to a team sports club.
- ❑ 51% of pupils responded that they haven't played any games or matches at their school this year.
- ❑ 23% of pupils responded that they have played at least 4 matches at their school this year.
- ❑ 74% of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 9% of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 14% of pupils responded that they currently take part in sports volunteering or sports leadership.

EXERCISE

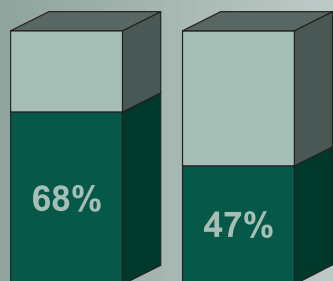
- ❑ 4% of males and 10% of females responded that they didn't do any physical activity in the week before the survey.
- ❑ 29% of males and 25% of females responded that they did physical activity on five days or more in the week before the survey.
- ❑ **24% of pupils responded that they didn't do any physical activity that caused them to breathe harder or faster, or get warmer, in the week before the survey.**
- ❑ 12% of pupils responded that they did physical activity that caused them to breathe harder or faster, or get warmer, on at least 5 days in the week before the survey.
- ❑ 35% of pupils responded that they didn't do any physical activity for an hour or more that caused them to breathe harder or faster, or get warmer, on any day in the week before the survey.
- ❑ 9% of pupils responded that they did physical activity for an hour or more that caused them to breathe harder or faster, or get warmer, on at least 5 days in the week before the survey.
- ❑ 81% of pupils responded that their week's pattern of activity was usual, while 9% said it was more active than usual and 10% said it was less active than usual.
- ❑ 57% of pupils think doing PE, sport and other physical activities helps them with their mood and 26% think it helps with their behaviour.
- ❑ 73% of pupils agreed that they enjoy taking part in exercise and sports and 50% feel confident when they exercise and play sports.
- ❑ 12% of males and 25% of females said they don't find exercise and sport easy.
- ❑ 81% of pupils said being healthy makes them want to be physically active and 79% said having fun does.
- ❑ 61% of males and 68% of females said improving their appearance makes them want to be physically active.
- ❑ 18% of pupils said nothing stops them from being physically active.
- ❑ 39% of pupils said a lack of confidence stops them from being physically active.



Emotional Health & Wellbeing

SATISFACTION

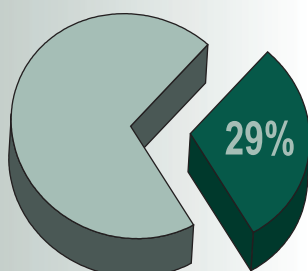
- 2% of males and 4% of females responded that they are 'not at all' happy with their life at the moment.



- 68% of males and 47% of females responded that they are at least 'quite' happy with their life at the moment.

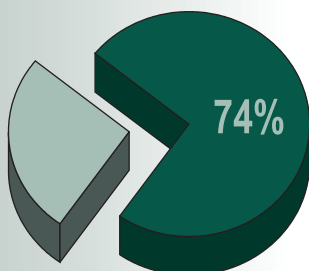
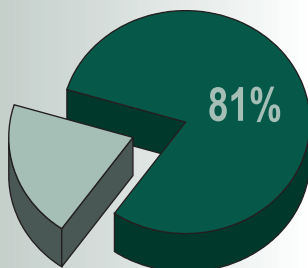
SELF-ESTEEM

- 33% of pupils had a med-low self-esteem score (9 or less).
- 29% of pupils had a high self-esteem score (15 or more).
- 62% of pupils responded that they feel happy talking to other pupils at school.



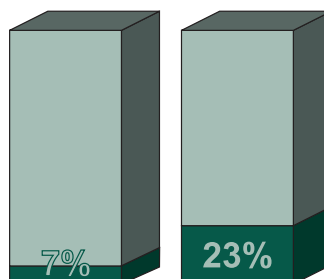
WORRYING

- 81% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- 22% of males and 44% of females responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- 53% of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot' while 32% worry 'quite a lot' or 'a lot' about family problems.
- 44% of pupils responded that they worry about the way they look 'quite a lot' or 'a lot', while 36% worry 'quite a lot' or 'a lot' about their mental health.
- 74% of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% said they don't know anyone.
- 5% of pupils said they don't have a place where they feel safe and comfortable; 13% said they 'maybe' do.



PROBLEM SOLVING

- 62% of pupils responded that they 'usually' or 'always' listen to music when they have a problem that worries them or they are feeling stressed, while 36% said they talk to someone about it.

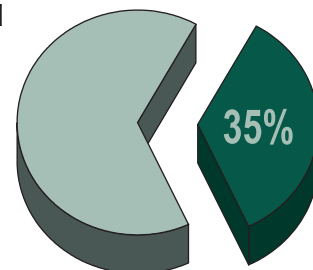


- 7% of males and 23% of females said they at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.

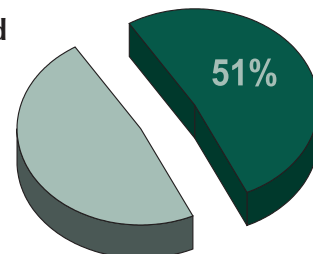
- 42% of pupils responded that they 'usually' or 'always' watch TV when they have a problem that worries them or they are feeling stressed.

RESILIENCE

- 38% of pupils had a low measure of resilience (0 – 16).
- 14% of pupils had a high measure of resilience (24+).
- 48% of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 35% said they get upset and feel bad for ages.
- 16% of pupils responded that when something goes wrong they 'never' learn from it for next time.



- 51% of pupils responded that if they don't succeed, they 'usually' or 'always' keep on trying until they do, while 38% ask for help and 21% give up.



- 32% of pupils responded that if they don't succeed, they 'never' give up.

□

Physical health

Health Services

DOCTOR

- ❑ 66% of pupils responded that they last visited the doctor in the last 6 months.
- ❑ 18% of pupils responded that they last visited the doctor more than a year ago.
- ❑ 23% of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.
- ❑ 18% of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

AT SCHOOL

- ❑ 29% of pupils responded that there is a health clinic in their school, while 54% said they are 'not sure' if there is.
- ❑ 36% of pupils responded that they know who their School Nurse is, while 5% said they don't have one.
- ❑ 52% of pupils responded that they know how to get to see their School Nurse, while 20% said that they do not know.

DENTAL HEALTH

- ❑ 79% of pupils responded that they visited the dentist in the last 6 months.
- ❑ 8% of pupils responded that they last visited the dentist more than a year ago and 2% said they have never been.

SUPPORT SERVICES

- ❑ 56% of pupils said they have 'never heard of' the service MindWorks, while 26% said they have heard of it, but know nothing about it.
- ❑ 6% of pupils said they know about the service MindWorks, but don't know how to get access.
- ❑ 13% of pupils said they know about the service MindWorks and know how to get access; 4% said they have used the service.
- ❑ 32% of pupils said they would like to hear about support available to them through tutor time and 30% would like to hear about it in school assemblies.

SUN SAFETY

- ❑ 10% of pupils responded that they 'never' do anything to avoid sunburn.
- ❑ 51% of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

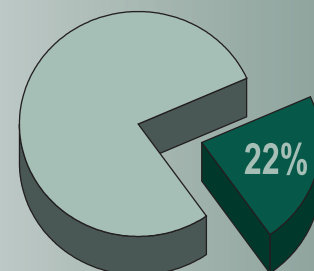
Sexual Health

SEX & RELATIONSHIPS EDUCATION

- ❑ 75% of pupils responded that they have learned about contraception from school lessons, while 13% said they never learned about it anywhere.
- ❑ 70% of pupils responded that they have learned about sexually transmitted infections from school lessons, while 20% said they never learned about it anywhere.

CONTRACEPTION

- ❑ **22% of pupils responded that they know where they can get condoms free of charge.**

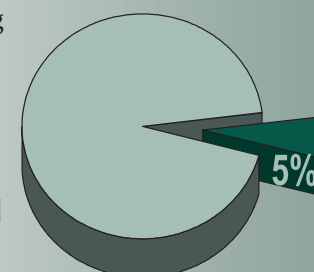


HELP & ADVICE SERVICES

- ❑ 90% of pupils responded that they have at least heard of one or more of these services, while 7% said that they have used at least one of these services.

YEAR 10+: SEXUAL RELATIONSHIPS

- ❑ 14% of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.
- ❑ 44% of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.
- ❑ 5% of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.
- ❑ 3% of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.
- ❑ **5% of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.**



Safety

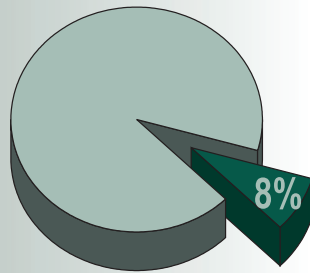
PEER PRESSURE

- ❑ 59% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 13% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

BULLYING

- ❑ 29% of pupils responded that they were pushed/hit for no reason in the month before the survey and 14% said they have had belongings taken/broken. 41% said none of the behaviours listed happened.
- ❑ 26% of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 21% said they experienced it in a classroom during breaktimes.

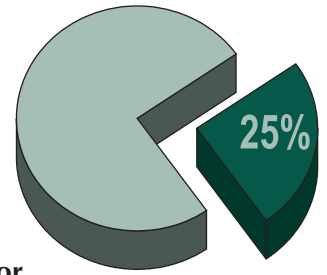
- ❑ 16% of pupils said they have been bullied within the last year (incl. in the last month); **8% said they have been bullied within the last month.**



- ❑ 3% of pupils responded that the bullying problem stopped after telling someone, while 6% said it didn't stop.
- ❑ 9% of males and 21% of females think they have been picked on or bullied because of their size or weight.
- ❑ 16% of males and 33% of females think they have been picked on or bullied because of the way they look.
- ❑ 31% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 14% of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 23% said they 'don't know' if they have.
- ❑ 16% of pupils responded that their school deals with bullying 'badly', while 3% said that bullying is not a problem in their school.
- ❑ 36% of pupils responded that they think their school takes bullying seriously, while 41% said they 'don't know' if it does.

RELATIONSHIPS

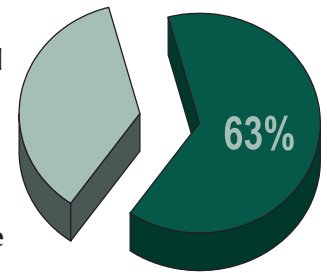
- ❑ **25% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.**



- ❑ 1% of males and 7% of females said a boyfriend or girlfriend has put pressure on them to have sex or do other sexual things.

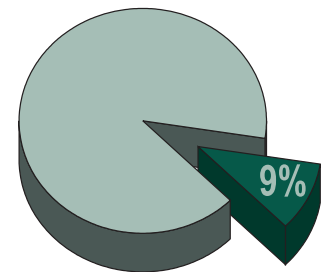
E-SAFETY

- ❑ 91% of pupils responded that they have been told how to stay safe while online; **63% of pupils responded that they always follow the advice they have been given about how to stay safe online.**



- ❑ 86% of pupils responded that they have chatted on the internet, while 29% said they chat to other people who they don't know in real life.
- ❑ 28% of pupils responded that they have received a hurtful, nasty or scary message online, while 10% said someone has changed their password.

- ❑ **9% of pupils responded that they have given personal information to someone online who they didn't know in real life.**



- ❑ 1% of pupils responded that they have sent sexual pictures/videos of themselves to someone they don't know; 4% of pupils responded that they have sent sexual pictures/videos of themselves to someone they do know.
- ❑ 13% of pupils responded that someone they don't know in person has asked to meet with them; 5% said this person was, as far as they know, quite a bit older than them and 3% said they did actually meet up with them.

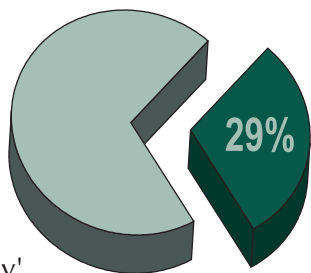
LOCAL AREA

- ❑ 58% of pupils rated their safety at school as 'good' or 'very good'; 38% said the same of going out after dark.
- ❑ 30% of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 11% said the same of being at school.

School and leisure

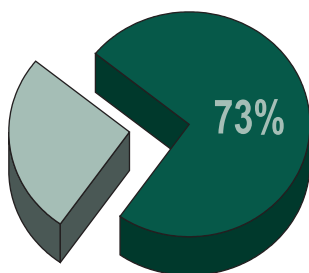
SCHOOL LESSONS

- 29% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- 21% of pupils responded that they enjoy 'hardly any' of their lessons at school.
- 20% of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
- 20% of pupils responded that they have found school lessons about citizenship 'not at all' useful.



ATTENDANCE

- 73% of pupils responded that they think it is important to go to school regularly, while 11% think it isn't important.
- 73% of pupils responded that they have been away from school due to illness or injury (incl. COVID self-isolation) in the 12 months before the survey, while 43% said they have been away due to medical/dental appointments.

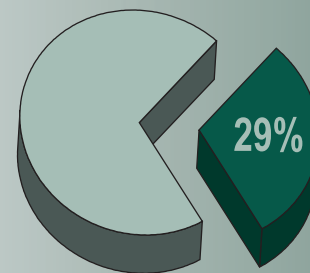


EVERY CHILD MATTERS

- Students were asked to respond to a series of statements about their perceptions of school. The percentages agreeing with each statement are shown in the table below.
- 11% of pupils had a low overall pupil perception score.
- 30% of pupils had a high overall pupil perception score.

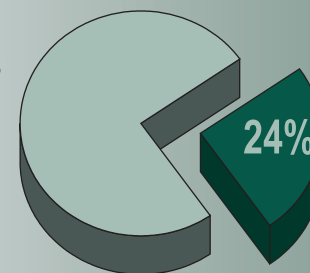
LEISURE

- 27% of pupils said they don't enjoy reading 'at all'.
- 29% of pupils said they enjoy reading 'quite a lot' or 'a lot'.
- 65% of pupils responded that they spent more than an hour watching TV or video after school on the day before the survey, while 31% did homework and 47% played video games.
- 39% of pupils responded that they cared for pets after school on the day before the survey, while 18% said they read a book for pleasure.
- 53% of pupils responded that they listened to music after school on the day before the survey, while 25% said they met with friends.



MAKING A POSITIVE CONTRIBUTION

- 24% of pupils feel that their views and opinions are asked for in their school, while 33% feel they aren't.
- 19% of pupils feel that their views and opinions are listened to in their school, while 39% feel they aren't.
- 11% of pupils think their views and opinions are listened to in a school/class council.
- 10% of pupils feel that their views and opinions make a difference to how their school is run, while 55% feel they don't.





Years 8 and 10	Male	Female
The school cares whether I am happy or not	25%	22%
My work is marked so I can see how to improve it	61%	52%
I know my targets and I am helped to meet them	45%	33%
My achievements in and out of school are recognised	39%	30%
The school teaches me how to deal with my feelings positively	32%	23%
The school helps me work as part of a team	37%	29%
In this school, people with different backgrounds are valued	54%	50%
The school encourages everyone to take part in decisions	49%	46%
The school encourages me to contribute to community events	38%	33%
The school prepares me for when I leave this school	40%	36%





PRIMARY TRENDS 2022-2024/5

The 2024-25 findings have been compared with the percentages seen in 2022. These figures use only the sub-sample of schools that took part in the survey in 2022 and in 2024-25.











Top differences between 2024 and 2022 data

<p>Key:</p> <ul style="list-style-type: none">  - 2024 significantly better than 2022  - 2024 significantly worse than 2022 	<p>Interpretation</p> <p>In the chart below a coloured circle represents Surrey's result for 2024, while the black line represents the result for Surrey in 2022. The distance between the circle and the black line indicates the size of the difference between the percentages – the greater the gap, the larger the difference.</p> <p>The colour of the circle reflects whether a difference is statistically significant and if the difference is positive (green) or negative (red).</p>
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Most positive differences between 2024 and 2022:

	2024	2022	
Pupils who said that they cook or help with cooking in school lessons.	20%	14%	
Pupils who worry about family issues 'quite a lot' or a lot'.	26%	34%	
Pupils who worry about crime 'quite a lot' or a lot'.	35%	41%	
Pupils who said that the place where they can get school lunch is crowded	52%	57%	

Least positive differences between 2024 and 2022:

	2024	2022	
Pupils who said their views and opinions are listened to in school.	46%	58%	
Pupils who know their targets and are helped to meet them.	63%	77%	
Pupils who enjoy their PE lessons.	76%	84%	
Year 6 pupils who had a <u>high</u> pupil perception score.	68%	80%	
Year 6 pupils who said teachers, the school nurse or visitors or speakers in school lessons have talked with them about illegal drugs.	56%	68%	
Year 6 pupils who said no-one has talked with them about drugs.	29%	20%	
Pupils who think teachers listen to them at school.	63%	71%	
Pupils who have been pushed/hit for no reason in the last month.	55%	47%	
Pupils who have feel that the school cares whether they are happy or not.	57%	67%	
Pupils who said that their playtimes and lunchtimes are friendly.	51%	58%	

SECONDARY TRENDS 2022-2024/5

The 2024-25 findings have been compared with the percentages seen in 2022. These figures use only the sub-sample of schools that took part in the survey in 2022 and in 2024-25.

Top differences between 2024 and 2022 data

<p>Key:</p> <ul style="list-style-type: none"> ● - 2024 significantly better than 2022 ● - Not significantly different ● - 2024 significantly worse than 2022 	<p>Interpretation</p> <p>In the chart below a coloured circle represents Surrey's result for 2024, while the black line represents the result for Surrey in 2022. The distance between the circle and the black line indicates the size of the difference between the percentages – the greater the gap, the larger the difference.</p> <p>The colour of the circle reflects whether a difference is statistically significant and if the difference is positive (green) or negative (red).</p>
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Most positive differences between 2024 and 2022:

	2024	2022	
Pupils who know an adult they trust who they can talk to if they are worried about something.	73%	64%	
Pupils who at least 'sometimes' cut or hurt themselves when they have a problem that worries them or they are feeling stressed.	16%	20%	
Pupils who have learned about contraception from school lessons.	76%	61%	
Pupils who enjoy physical activities 'quite a lot' or 'a lot'.	74%	67%	
Pupils who know who their School Nurse is.	37%	27%	
Pupils who know how to get to see their School Nurse.	53%	47%	
Pupils who visited the dentist in the last 6 months.	79%	74%	
Pupils who said that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.	4%	8%	
Pupils who have deliberately upset or hurt someone else at school in the last 12 months.	14%	19%	
Pupils who have been away from school due to illness or injury (incl. COVID self-isolation) in the 12 months before the survey.	73%	80%	

Least positive differences between 2024 and 2022:

	2024	2022	
Pupils who said the place where they can get a school lunch is crowded.	85%	78%	
Pupils who rated their safety at school as 'good' or 'very good'.	57%	69%	
Pupils who rated their safety when going out after dark as 'poor' or 'very poor'.	31%	21%	
Pupils who think their school takes bullying seriously.	34%	43%	
Pupils who have been teased/made fun of in the month before the survey.	45%	37%	
Pupils who have found school lessons about citizenship 'quite' or 'very' useful.	19%	40%	
Pupils who think the school cares whether they are happy or not.	22%	31%	
Pupils who enjoy 'most' or 'all' of their lessons at school.	28%	35%	

Year 10 inequalities 1/2

- The table below shows percentages for selected criteria for the whole year group sample and selected sub-samples of young people who may be vulnerable. So from the top left cells, we see that 14% of female pupils have tried smoking cigarettes, compared with 10% of all Y10 pupils.
- The table also shows significance testing; the tests were performed using actual numbers of respondents for each criterion, not the overall sample size shown. **Colour + white text = Statistically significant difference.** That is, the difference compared with the whole year group is more than the usual amount of variation that we would expect in a sample of this size just by chance, suggesting that this group probably is really different from the year group as a whole. Large differences will not always reach statistical significance in small samples. **Green** = positive difference; **orange** = unwelcome difference; pale tone & italic shows $p < 0.05$, while more robust colours and plain (not italic) figures show $p < 0.01$.
- No correction for multiple testing has been attempted. There are 344 testable cells on the table and the one on the next page, of which 117 show as significantly different. This is 34% of the total. We would expect by chance alone 17 at $p < 0.05$ and among these just 3 at $p < 0.01$.
- There is, sad to say, a lot of orange on this table, which shows many poorer experiences or habits for these groups compared with those of their peers.

	All	Female	Non-White UK	Single-parent family	Special Ed Needs	Young carer	Long-term illness	Disabled	Free School Meals
Sample N	436	190	157	81	65	32	59	11	61
Drank alcohol last week	9%	11%	8%	14%	21%	6%	9%	30%	11%
Have tried smoking cigarettes	10%	14%	9%	15%	23%	23%	10%	27%	22%
Offered any drugs	24%	28%	21%	34%	37%	39%	18%	18%	37%
High self-esteem score	29%	14%	28%	29%	15%	23%	37%	18%	25%
Know a drug user (fairly sure)	33%	35%	29%	38%	35%	39%	27%	36%	43%
Have tried vaping/ e-cigarettes (more than once or twice)	18%	22%	13%	21%	28%	16%	16%	9%	25%
Taken drugs	8%	8%	7%	14%	16%	10%	0%	9%	22%
Self-harm as a coping response 'usually'/'always'	7%	12%	8%	4%	9%	19%	14%	20%	5%
High resilience score	16%	8%	19%	19%	19%	11%	15%	0%	15%
Low resilience score	39%	58%	34%	45%	42%	46%	42%	50%	57%
At least 'quite happy' with life	54%	39%	51%	45%	39%	53%	53%	36%	44%
I can usually or always say no	60%	51%	63%	64%	57%	60%	64%	70%	62%
Have a trusted adult confidant	70%	61%	65%	77%	71%	59%	70%	80%	61%
Worry at least 'quite a lot' about at least one issue	83%	92%	87%	84%	95%	86%	79%	60%	84%
Nothing to eat or drink before lessons	23%	28%	25%	27%	22%	37%	21%	9%	34%
'Often'/'Always' think about health when choosing food	44%	49%	45%	42%	33%	52%	50%	27%	39%
Zero portions fruit/veg yesterday	8%	9%	11%	15%	10%	10%	13%	0%	19%
5+ portions fruit/veg yesterday	15%	14%	17%	12%	17%	23%	16%	27%	15%
School lunch yesterday	38%	30%	41%	48%	39%	43%	38%	36%	63%
Nothing for lunch yesterday	21%	32%	17%	20%	25%	30%	17%	27%	22%
Happy with their weight	39%	29%	34%	30%	38%	34%	45%	64%	39%

Year 10 inequalities 2/2

- ❑ The table below shows percentages for selected criteria for the whole year group sample and selected sub-samples of young people who may be vulnerable. So from the top left cells, we see that 14% of female pupils were bullied at or near school in the last 12 months, compared with 10% of all Y10 pupils.
- ❑ The table also shows significance testing; the tests were performed using actual numbers of respondents for each criterion, not the overall sample size shown. **Colour + white text = Statistically significant difference.** That is, the difference compared with the whole year group is more than the usual amount of variation that we would expect in a sample of this size just by chance, suggesting that this group probably is really different from the year group as a whole. Large differences will not always reach statistical significance in small samples. **Green** = positive difference; **orange** = unwelcome difference; pale tone & italic shows $p < 0.05$, while more robust colours and plain (not italic) figures show $p < 0.01$.
- ❑ No correction for multiple testing has been attempted. There are 344 testable cells on the table and the one on the previous page, of which 117 show as significantly different. This is 34% of the total. We would expect by chance alone 17 at $p < 0.05$ and among these just 3 at $p < 0.01$.
- ❑ There is, sad to say, a lot of orange on this table, which shows many poorer experiences or habits for these groups compared with those of their peers.

	All	Female	Non-White UK	Single-parent family	Special Ed Needs	Young carer	Long-term illness	Disabled	Free School Meals
Sample N	436	190	157	81	65	32	59	11	61
Bullied at or near school in the last 12 months	10%	14%	12%	10%	18%	19%	17%	27%	15%
Afraid to go to school because of bullying at least 'sometimes'	28%	44%	32%	30%	32%	25%	34%	44%	33%
School takes bullying seriously	30%	22%	23%	28%	23%	17%	32%	11%	18%
Feel safe going out after dark	37%	32%	54%	42%	37%	26%	42%	22%	31%
Feel safe going out during day	79%	74%	81%	75%	76%	74%	74%	56%	76%
Internal health locus of control	77%	68%	80%	74%	68%	72%	68%	64%	75%
Deliberately upset or hurt someone else at school last 12m	17%	15%	20%	9%	17%	17%	20%	44%	14%
Follow online safety advice	59%	67%	60%	68%	50%	57%	52%	13%	64%
Been told how to stay safe online	90%	93%	89%	95%	89%	86%	85%	75%	93%
Threatened/pressured you to send a picture/video of yourself	5%	9%	5%	5%	7%	14%	8%	13%	4%
'Usually'/'Whenever possible' take sunburn precautions	43%	48%	35%	37%	45%	38%	57%	45%	36%
Talking/messaging online 3h+ after school	24%	28%	21%	24%	38%	18%	20%	25%	27%
Have had sex	5%	6%	4%	4%	11%	20%	12%	13%	9%
Know where to get free condoms	31%	29%	26%	30%	30%	12%	37%	20%	22%
The school cares whether I am happy or not	20%	13%	22%	25%	13%	28%	22%	25%	21%
Enjoy all/most lessons	33%	26%	40%	39%	22%	45%	35%	13%	30%
Enjoy exercise/sport 'quite a lot' or more	75%	58%	74%	80%	65%	79%	65%	50%	76%
Zero days last week with total ≥ 60 m hard exercise	35%	43%	43%	40%	39%	35%	38%	40%	47%
7 days last week with total ≥ 60 m hard exercise	1%	1%	1%	0%	2%	0%	4%	20%	0%
Nothing stops me from being physically active	15%	9%	15%	13%	17%	9%	15%	27%	10%
Seen doctor in last 6 months	66%	63%	70%	60%	67%	63%	75%	70%	56%
Seen dentist in last year	90%	88%	83%	85%	88%	92%	96%	100%	88%

Comparisons with a reference sample

The table below shows comparisons between the Surrey Y10 sample and a reference sample from young people of the same age from across the country. Each year, SHEU produce a report of aggregate school survey results using similar surveys in their *Young People* series, often referred to by news media as 'national data'. The studies that give rise to the reports are large, numerous, and from many parts of the United Kingdom, but they do not form a deliberately-selected sample. Despite the 'accidental' nature of the sample, the picture produced by the SHEU annual data sets typically matches survey outcomes from other data-collection agencies using structured or random sampling. This 2024 sample will be used to produce the report *Young People into 2025*, by Angela Balding and David Regis. For more details, please contact the Schools Health Education Unit (www.sheu.org.uk).

Criterion	Surrey Y10	Ref Y10
Sample N	436	33,104
Drank alcohol last week	9%	25%
Have tried smoking cigarettes (more than once or twice)	4%	6%
Know a drug user (fairly sure)	33%	32%
Have tried vaping/ e-cigarettes (more than once or twice)	18%	17%
Taken drugs	8%	8%
High self-esteem score	29%	31%
Self-harm as a coping response 'usually'/'always'	7%	10%
At least 'quite happy' with life (ref: 'satisfied')	54%	48%
Worry at least 'quite a lot' about at least one issue	83%	73%
Nothing to eat or drink before lessons on the day of the survey	23%	21%
5+ portions fruit/veg yesterday	15%	17%
School lunch yesterday	38%	40%
Nothing for lunch yesterday	21%	15%
Bullied in the last 12 months	12%	18%
Afraid to go to school because of bullying at least sometimes	28%	25%
School takes bullying seriously	30%	27%
Follow online safety advice	59%	63%
Been told how to stay safe online	90%	86%
Usually/whenever possible take sunburn precautions	43%	13%
Have had sex	5%	9%
Know where to get free condoms	31%	17%
The school cares whether I am happy or not	20%	25%
Enjoy all/most lessons	33%	25%
Views listened to in school	16%	15%
Enjoy exercise/sport 'quite a lot' or more	76%	68%
Zero days last week with total \geq 60m hard exercise	35%	23%
7 days last week with total \geq 60m hard exercise	1%	6%
Nothing stops me from being physically active	16%	40%
Seen doctor in last 6 months	66%	77%
Seen dentist in last year	90%	63%

There are several notable differences between the Y10 Surrey results and the findings from the Y10 reference sample. The largest differences have been highlighted, with the higher figure shown in **reverse**. It may be that differences in phrasing or context have influenced these differences, but the comparisons are at least plausible and usually exact.