

# Young People in Surrey Schools

The Health-Related Behaviour Survey 2015



A report for Guildford and Waverly

The Schools Health Education Unit

[www.sheu.org.uk](http://www.sheu.org.uk)



# **School Survey Report 2015**

Guildford and Waverly compared with Surrey Primary

Produced by the  
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:

Angela Balding, Survey Manager  
Schools Health Education Unit  
3 Manaton Court  
Manaton Close  
Matford  
Exeter EX2 8PF

Tel: 01392 667272 Fax: 01392 667269

e-mail [angela.balding@sheu.org.uk](mailto:angela.balding@sheu.org.uk)

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**N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.**

## Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding  
Survey Manager  
Schools Health Education Unit



Dr. David Regis  
Research Manager  
Schools Health Education Unit

# Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

## Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at [www.sheu.org.uk/publications](http://www.sheu.org.uk/publications)) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

<b>15%</b> (20%) of the sample...
-----------------------------------

**Your survey** (Reference sample)

	<b>Your survey</b>		Reference Sample	
	<b>Year 8</b>	<b>Year 10</b>	Year 8	Year 10
Boys	<b>10</b>	<b>20</b>	30	40
Girls	<b>80</b>	<b>70</b>	60	50

Favourite fruits			
1	Apples	<b>70</b>	(60)
2	Oranges	<b>60</b>	(50)
3	Bananas	<b>50</b>	(40)

**Your survey** (Reference sample)

## Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

## The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	50	14	57	490	182	579
Girls	53	13	58	471	162	558

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

## Guildford and Waverly Headlines

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	50	14	57	490	182	579
Girls	53	13	58	471	162	558

Surrey Primary data in brackets; see notes on interpreting differences.

### Background

#### ETHNICITY

- 91% (72%) of pupils described themselves as White British.

#### FAMILY

- 76% (75%) of pupils responded that they live with their Mum and Dad together.
- 11% (12%) of pupils responded that they live 'mainly or only' with their Mum, while 1% (1%) said they live 'mainly or only' with their Dad.

#### ARMED FORCES

- 2% (2%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 6% (6%) said they are 'not sure' if they do and 2% (1%) didn't want to say.

#### YOUNG CARERS

- 8% (6%) of pupils responded that they are a 'young carer', while 4% (5%) said they are 'not sure' if they are.
- 3% (1%) of pupils responded that their school knows they are a 'young carer'.

#### FREE SCHOOL MEALS

- 3% (5%) of pupils responded that they currently have free school meals, while 6% (7%) said they have had them and 2% (1%) could have them if they wanted.

### Healthy Eating

#### 5-A-DAY

- 6% (6%) of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.
- 39% (33%) of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

#### LUNCH

- 0% (0%) of pupils responded that they did not have any lunch on the day before the survey. 53% (46%) said that they had school food for lunch while 0% (1%) bought lunch from a takeaway or shop.
- 37% (34%) of pupils responded that the place where they can get school lunch is friendly, while 51% (49%) said that it is crowded, and 32% (27%) said that it is rushed.

#### COOKING

- 81% (84%) of pupils responded that they cook or help with cooking at home, while 73% (39%) said that they cook or help with cooking in school lessons.

#### WEIGHT PERCEPTION

- 1% (4%) of pupils responded that they would like to put on weight.
- 22% (25%) of pupils responded that they would like to lose weight.
- 77% (72%) of pupils responded that they are happy with their weight as it is.

#### BREAKFAST

- 7% (8%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 2% (5%) only had a drink and 5% (8%) had a cooked breakfast.
- 37% (32%) of pupils responded that they had toast before lessons on the day of the survey, while 22% (18%) had fruit.
- 84% (84%) of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

#### FOOD & DRINK

- 71% (64%) of pupils responded that they eat fresh fruit 'on most days', while 17% (22%) said the same of sweets, chocolate, choc bars.
- 3% (6%) of pupils responded that they 'rarely or never' eat vegetables, while 21% (24%) said the same of fish/fish fingers.

### Physical Activity

#### ENJOY EXERCISE

- 1% (2%) of pupils responded that they don't enjoy physical activities 'at all'.
- 87% (85%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

#### HARD EXERCISE

- 12% (16%) of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.
- 32% (24%) of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

## PE LESSONS

- ❑ 81% (84%) of pupils responded that they enjoy their PE lessons, while 14% (12%) are 'not sure' if they do.
- ❑ 70% (70%) of pupils responded that they feel they are getting better at PE, while 25% (24%) are 'not sure' if they are.

## SCHOOL SPORTS

- ❑ 57% (58%) of pupils responded that their school has helped them to be more healthy, while 35% (32%) are 'not sure' if it has.
- ❑ 23% (23%) of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ 40% (40%) of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.
- ❑ 40% (35%) of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 32% (40%) of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 44% (56%) of pupils responded that they haven't played any sports games or matches at their school this year.
- ❑ 31% (23%) of pupils responded that they have played at least 4 matches at their school this year.

## ACTIVE TRAVEL

- ❑ 54% (58%) of pupils responded that they travelled to school by car/van on the day of the survey.
- ❑ 33% (35%) of pupils responded that they walked to school on the day of the survey.

## Alcohol, Smoking & Drugs

### ALCOHOL

- ❑ 3% (4%) of Year 6+ pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.
- ❑ 0% (2%) of Year 6+ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.
- ❑ 0% (1%) of Year 6+ pupils responded that they drank beer or lager in the 7 days before the survey and 1% (1%) said they drank spirits.
- ❑ 92% (88%) of Year 6+ pupils responded that they do not drink alcohol.
- ❑ 6% (10%) of Year 6+ pupils responded that they drink alcohol and their parents 'always' know, while 1% (1%) said they 'usually' know.
- ❑ 1% (1%) of Year 6+ pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

### SMOKING AT HOME

- ❑ 19% (21%) of pupils responded that their parents/carers smoke.

- ❑ 5% (6%) of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 7% (9%) of pupils responded that someone smokes in a car when they are in it too.

### SMOKING

- ❑ 0% (2%) of Year 6+ pupils responded that they have tried smoking in the past or smoke now.
- ❑ 0% (0%) of Year 6+ pupils responded that they smoked in the 7 days before the survey.

### DRUGS

- ❑ 52% (51%) of Year 6+ pupils responded that their teachers have talked with them in school lessons about illegal drugs, while 44% (54%) said that their parents/carers have talked with them.
- ❑ 6% (8%) of Year 6+ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs that are not medicines.
- ❑ 0% (1%) of Year 6+ pupils responded that they have been offered cannabis.
- ❑ 0% (1%) of Year 6+ pupils responded that they have been offered other drugs.

## Emotional Health & Well-being

### GROWING UP

- ❑ 53% (52%) of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up, while 66% (72%) said that their parents/carers have talked with them.
- ❑ 55% (55%) of pupils responded that they feel they know enough about how their body changes as they get older, while 8% (10%) feel they don't know enough.

### WORRYING

- ❑ 72% (72%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 31% (30%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 33% (36%) said the same of SATs/tests, and 24% (25%) worry 'quite a lot' or 'a lot' about family problems.

### PROBLEM SOLVING

- ❑ 63% (69%) of pupils responded that they at least 'sometimes' listen to music when a problem worries them. 96% (93%) said that they will talk to an adult about the problem at least 'sometimes', while 52% (56%) said that they will keep busy.

### SELF-ESTEEM

- ❑ 29% (29%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 37% (34%) of pupils had a high self-esteem score (15 or more).
- ❑ 87% (83%) of pupils responded that they feel happy talking to other pupils at school.

## Health & Hygiene

### HAND WASHING

- ❑ 36% (57%) of pupils responded that they washed their hands before lunch on the day before the survey, while 22% (19%) said they are 'not sure' if they did.
- ❑ 70% (75%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet, while 1% (2%) said they 'never or hardly ever' do and 28% (23%) do so only 'sometimes'.

### DENTAL HEALTH

- ❑ 1% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 87% (85%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 83% (74%) of pupils responded that they had a check-up the last time they visited the dentist.
- ❑ 9% (17%) of pupils responded that they had fillings the last time they visited the dentist.
- ❑ 7% (3%) of pupils responded that they had a brace fitted or checked the last time they visited the dentist.

## Staying Safe

### PEER PRESSURE

- ❑ 43% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 20% (21%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- ❑ 46% (42%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- ❑ 11% (15%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

### ACCIDENTS

- ❑ 35% (32%) of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.
- ❑ 6% (7%) of pupils responded that their most recent accident resulted in a broken bone, while 8% (6%) said that their most recent accident was a cut.

### BULLYING

- ❑ 41% (38%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- ❑ 7% (8%) of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.
- ❑ 19% (23%) of pupils responded that they have been bullied at or near school in the last 12 months, while 25% (19%) said they 'don't know' if they have been.

- ❑ 64% (67%) of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 21% (25%) said they have done so 'often' or 'every day'.
- ❑ 36% (41%) of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while 42% (41%) were pushed/hit for no reason.
- ❑ 28% (23%) of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while 7% (5%) experienced it on the way to or from school.
- ❑ 4% (6%) of pupils responded that they think they are being 'picked on' or bullied because of their race, colour or religion, while 19% (19%) said that it was because of the way they look.
- ❑ 77% (66%) of pupils responded that they think their school takes bullying seriously, while 5% (10%) don't think their school takes bullying seriously.
- ❑ 3% (2%) of pupils responded that they think others may fear going to school because of them, while 19% (19%) said they are 'not sure' if others do.

### INTERNET SAFETY

- ❑ 88% (85%) of pupils responded that they have used the internet at home in the last month, while 67% (59%) said they have used it at school and 66% (59%) have used it on a mobile device.
- ❑ 82% (67%) of pupils responded that they use the internet for schoolwork, while 81% (75%) said that they use it for playing games.
- ❑ 29% (29%) of Year 6+ pupils responded that they have seen images or videos online that were for adults-only.
- ❑ 39% (28%) of Year 6+ pupils responded that they have seen images or videos online that upset them.
- ❑ 26% (28%) of pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.
- ❑ 95% (93%) of pupils responded that they have been told how to stay safe while using the internet, while 5% (7%) said they haven't been told how to stay safe.
- ❑ 65% (65%) of pupils responded that they get e-safety information from their parents/carers/family, while 91% (82%) said that they get information from school.
- ❑ 24% (19%) of pupils responded that they have received a chat message that scared them or made them upset.
- ❑ 12% (15%) of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.

## School & Leisure

### EVERY CHILD MATTERS

- ❑ 80% (68%) of Year 6+ pupils responded that in their school, people with different backgrounds are valued.

### AFTER-SCHOOL ACTIVITIES

- ❑ 61% (61%) of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while 54% (42%) spent time playing sport.

### BREAKTIMES

- ❑ 42% (29%) of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes, while 92% (90%) spend time chatting/talking.
- ❑ 73% (64%) of pupils responded that their playtimes and lunchtimes are friendly, while 44% (37%) said

that they are crowded, and 12% (9%) said that they are boring.

### VIEWS & OPINIONS

- ❑ 46% (42%) of pupils responded that their views and opinions are asked for in school, while 14% (14%) said they aren't asked for.
- ❑ 60% (56%) of pupils responded that their views and opinions are listened to in school, while 7% (10%) said they aren't listened to.
- ❑ 49% (49%) of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while 41% (45%) feel they are listened to through a school or class council.
- ❑ 27% (20%) of pupils responded that their views and opinions make a difference to how their school is run, while 19% (25%) said they don't make a difference.

## Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
2. even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your Year 6 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number In sample	20	6.7	8.9	10.2	11.0	11.2
	30	5.5	7.3	8.4	8.9	9.1
	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
500	1.3	1.8	2.0	2.2	2.2	

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about  $\pm 6.5\%$ .

## List of significant differences

Below we have listed some statistically significant differences between Guildford and Waverly and Surrey Primary.

Sig	Your	Wider	Question
***	73%	39%	of pupils responded that they cook or help with cooking in school lessons.
***	36%	57%	of pupils responded that they washed their hands before lunch on the day before the survey.
***	91%	72%	of pupils described themselves as White British.
***	82%	67%	of pupils responded that they use the internet for schoolwork.
***	42%	29%	of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes.
***	54%	42%	of pupils responded that they spent time playing sport after school on the day before the survey.
***	91%	82%	of pupils responded that they get e-safety information from school.
***	44%	56%	of pupils responded that they haven't played any sports games or matches at their school this year.
***	77%	66%	of pupils responded that they think their school takes bullying seriously.
***	9%	17%	of pupils responded that they had fillings the last time they visited the dentist.
***	73%	64%	of pupils responded that their playtimes and lunchtimes are friendly.
***	32%	24%	of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.
***	83%	74%	of pupils responded that they had a check-up the last time they visited the dentist.
***	31%	23%	of pupils responded that they have played at least 4 matches at their school this year.
**	67%	59%	of pupils responded that they have used the internet at school in the last month.
**	80%	68%	of Year 6+ pupils responded that in their school, people with different backgrounds are valued.
**	39%	28%	of Year 6+ pupils responded that they have seen images or videos online that upset them.
**	5%	10%	of pupils responded that they think their school does not take bullying seriously.
**	27%	20%	of pupils responded that their views and opinions make a difference to how their school is run.
*	71%	64%	of pupils responded that they eat fresh fruit 'on most days'.
*	32%	40%	of pupils responded that they have played at least 4 matches against other schools this year.
*	53%	46%	of pupils responded that they had school food for lunch on the day before the survey.
*	81%	75%	of pupils responded that they use the internet for playing games.
*	44%	37%	of pupils responded that their playtimes and lunchtimes are crowded.
*	2%	5%	of pupils responded that they had just a drink before lessons on the day of the survey.

Tests: Chi-squared ( $\chi^2$ ).

KEY: \* =  $p < 0.05$  (5%)      \*\* =  $p < 0.01$  (1%)      \*\*\* =  $p < 0.001$  (0.1%).

## Background

### Ethnicity

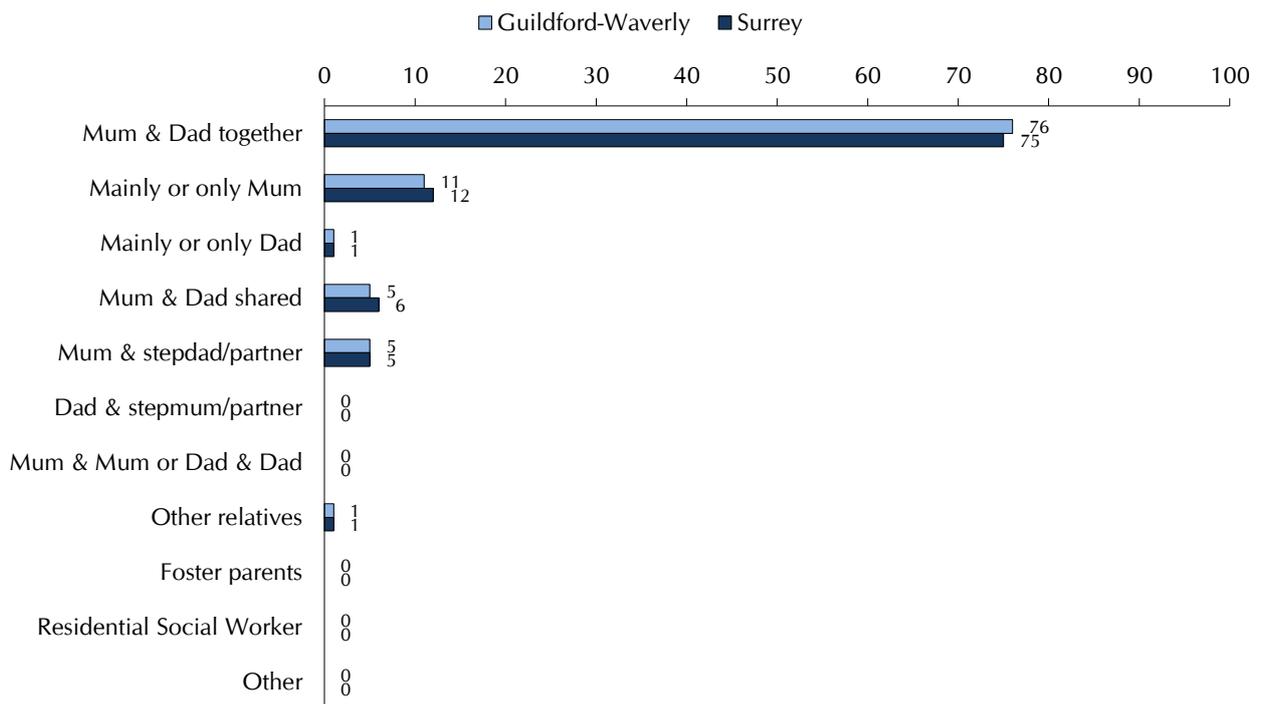
91% (72%) of pupils described themselves as White British.

**Q1.** Percentage describing themselves as White British.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	90	93	91	69	80	71
Girls	91	100	89	70	79	72

### Family

**Q3.** Which adults do you live with?



76% (75%) of pupils responded that they live with their Mum and Dad together.

**Q3.** Percentage answering that they live with their Mum and Dad together.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	80	86	68	77	74	74
Girls	73	85	79	78	71	74

11% (12%) of pupils responded that they live 'mainly or only' with their Mum, while 1% (1%) said they live 'mainly or only' with their Dad.

**Q3.** Percentage answering that they live 'mainly or only' with their Mum.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	10	14	19	13	11	11
Girls	10	0	7	10	12	13

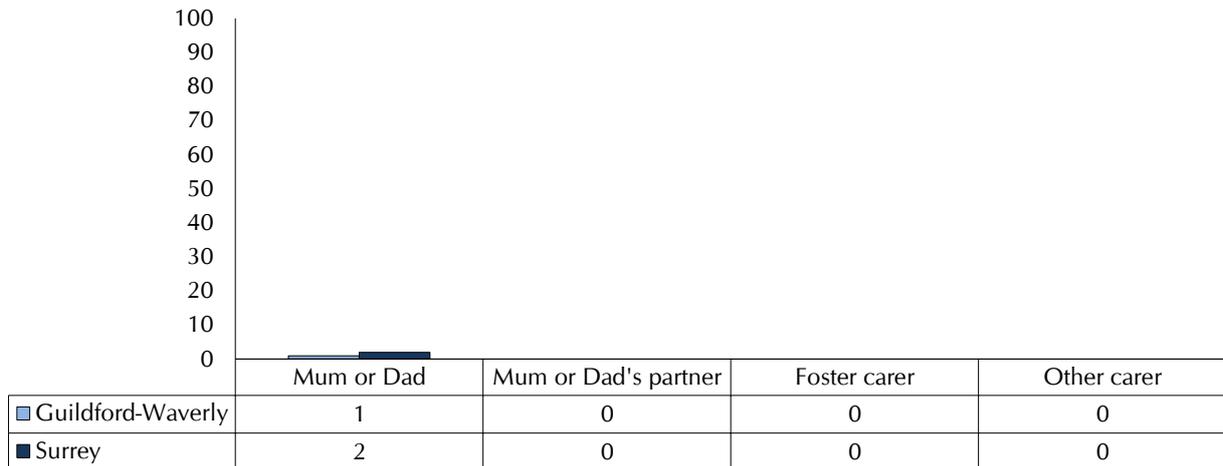
## Armed forces

2% (2%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 6% (6%) said they are 'not sure' if they do and 2% (1%) didn't want to say.

**Q4a.** Percentage answering that they have a parent/carer who is in the armed forces.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	0	0	2	2	2	1
Girls	4	0	2	2	2	2

**Q4b.** If yes, who is it?



## Young carers

8% (6%) of pupils responded that they are a 'young carer', while 4% (5%) said they are 'not sure' if they are.

**Q5a.** Percentage answering that they are a 'young carer'.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	8	0	4	7	4	6
Girls	8	8	15	6	5	6

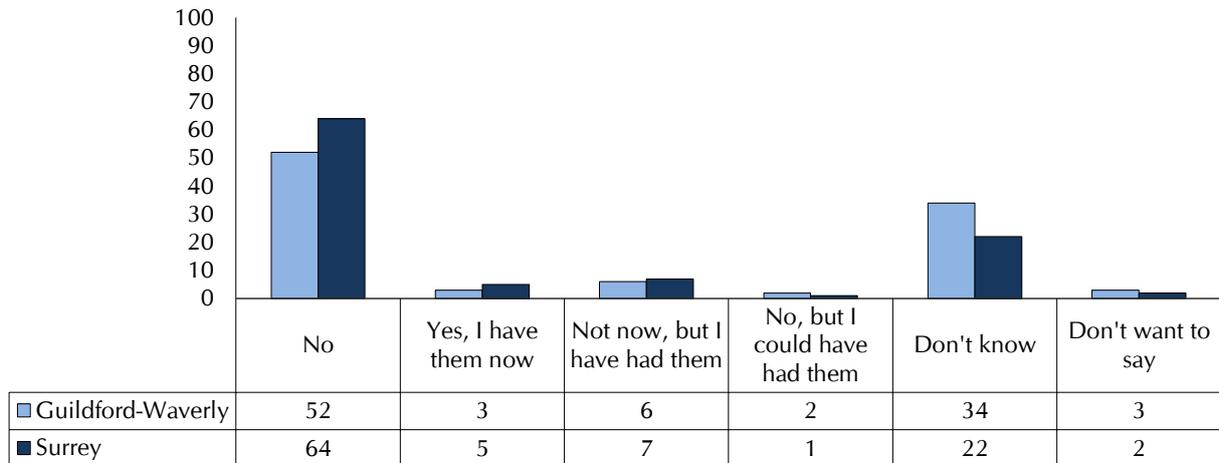
3% (1%) of pupils responded that their school knows they are a 'young carer'.

**Q5c.** Percentage answering that their school knows they are a 'young carer'.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	4	0	0	2	0	1
Girls	0	0	9	1	1	2

## Free school meals

**Q9.** Have you ever had free school meals, or vouchers for free meals?



3% (5%) of pupils responded that they currently have free school meals, while 6% (7%) said they have had them and 2% (1%) could have them if they wanted.

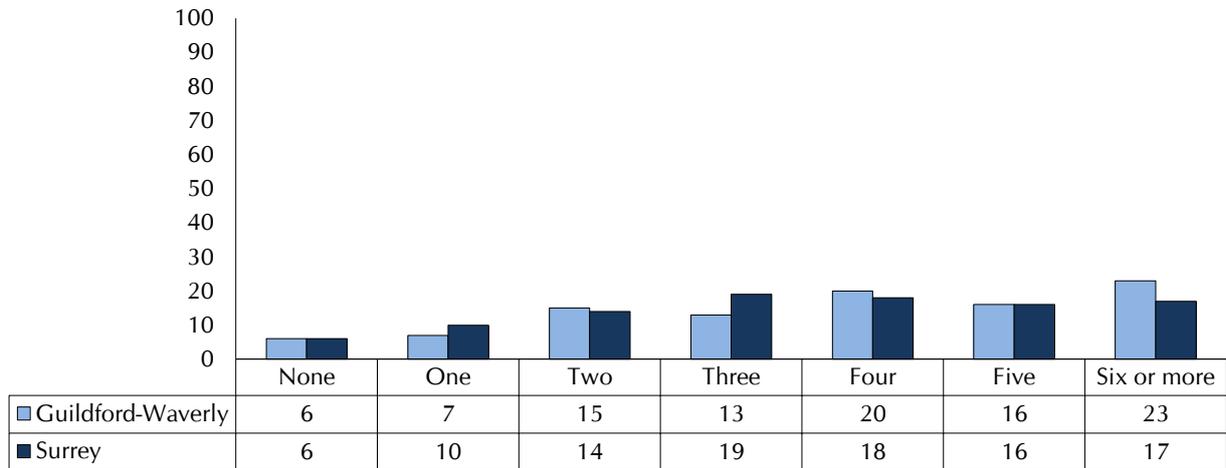
**Q9.** Percentage answering that they currently have free school meals.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	2	0	5	5	5	4
Girls	6	0	0	5	3	4

# Healthy Eating

## 5-a-day

**Q6.** How many portions of fruit and vegetables did you eat yesterday?



6% (6%) of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.

**Q6.** Percentage answering that they didn't have any portions of fruit or vegetables on the day before the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	4	15	9	9	6	7
Girls	10	0	2	6	5	4

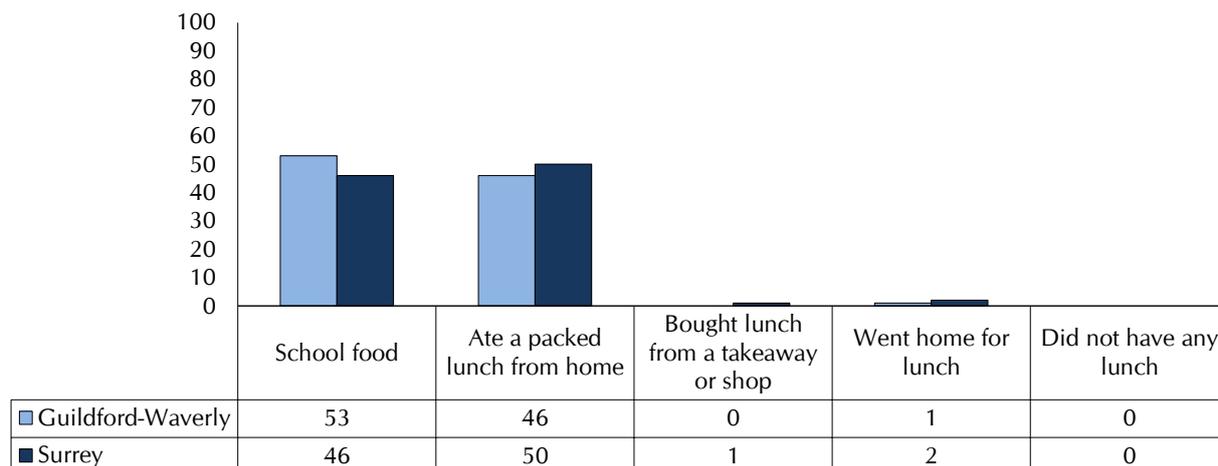
39% (33%) of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

**Q6.** Percentage answering that they had at least 5 portions of fruit and vegetables on the day before the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	37	15	34	30	30	36
Girls	38	38	53	32	32	36

## Lunch

Q7. What did you do for lunch yesterday?



53% (46%) of pupils responded that they had school food for lunch on the day before the survey.

Q7. Percentage answering that they had school food for lunch on the day before the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	64	50	44	53	43	39
Girls	52	46	57	53	46	42

0% (0%) of pupils responded that they did not have any lunch on the day before the survey, while 0% (1%) said they bought lunch from a takeaway or shop.

Q7. Percentage answering that they did not have any lunch on the day before the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	0	0	0	0	1	1
Girls	0	0	0	0	1	1

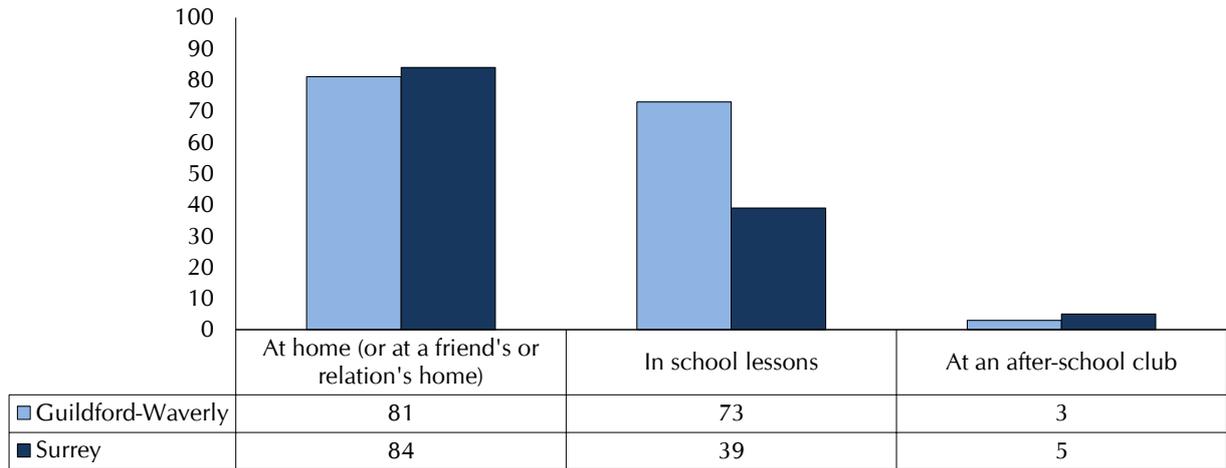
37% (34%) of pupils responded that the place where they can get school lunch is friendly, while 51% (49%) said it is crowded, and 32% (27%) said it is rushed.

Q8. Percentage of pupils responding that they would describe the place where they can get school lunch as the following (top 5 – Surrey Primary data in brackets):

Boys				Girls			
1	Crowded	53	(49)	1	Crowded	49	(50)
2	Busy	52	(42)	2	Busy	48	(46)
3	Rushed	36	(27)	3	Friendly	40	(37)
4	Friendly	35	(31)	4	Happy	35	(39)
5	Happy	33	(38)	5	Safe	34	(31)

## Cooking

**Q10.** Percentage of pupils responding that they cook or help with cooking at the following places:



81% (84%) of pupils responded that they cook or help with cooking at home (or at a friend's or relation's home), while 73% (39%) said that they cook or help with cooking in school lessons.

**Q10.** Percentage answering that they cook or help with cooking at home.

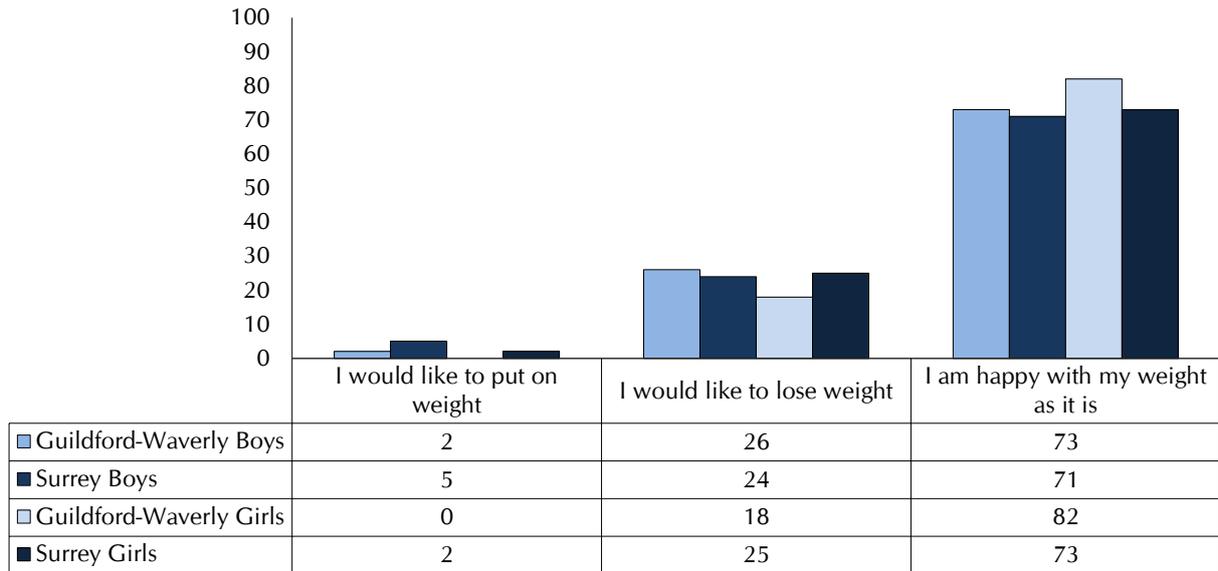
	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	84	64	75	80	77	78
Girls	81	85	88	90	85	89

**Q10.** Percentage of pupils responding that they cook or help with cooking at the following places (Surrey Primary data in brackets):

Boys			Girls		
1	At home	78 (78)	1	At home	85 (89)
2	In school lessons	74 (38)	2	In school lessons	72 (39)
3	At an after-school club	2 (4)	3	At an after-school club	3 (5)

## Weight perception

**Q11.** Weight: Which statement describes you best?



1% (4%) of pupils responded that they would like to put on weight.

**Q11.** Percentage answering that they would like to put on weight.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	0	7	2	6	3	4
Girls	0	0	0	2	3	3

22% (25%) of pupils responded that they would like to lose weight.

**Q11.** Percentage answering that they would like to lose weight.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	24	7	32	25	19	26
Girls	14	8	24	22	18	29

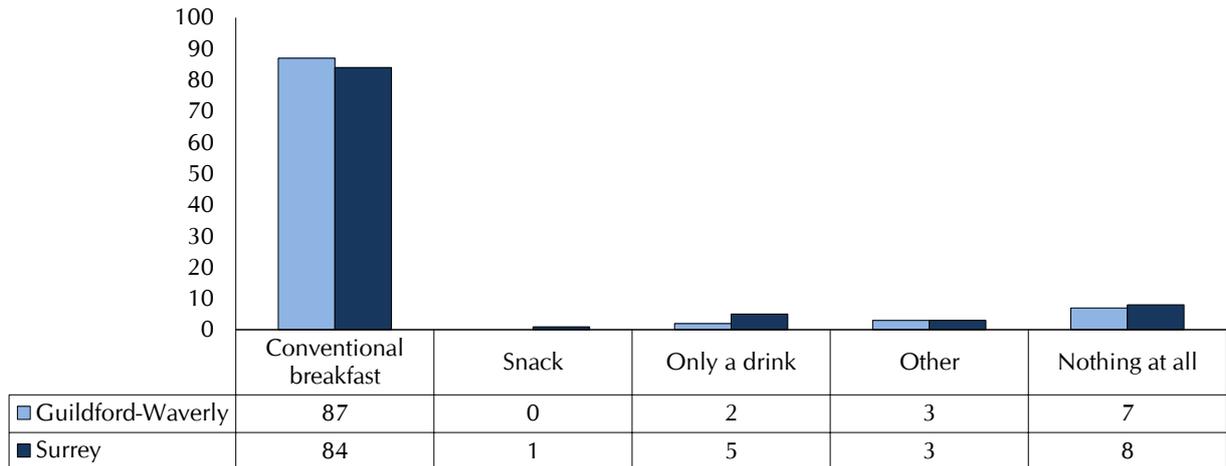
77% (72%) of pupils responded that they are happy with their weight as it is.

**Q11.** Percentage answering that they are happy with their weight as it is.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	76	86	67	69	78	70
Girls	86	92	76	77	79	68

## Breakfast

**Q13.** Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



7% (8%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 2% (5%) only had a drink and 5% (8%) had a cooked breakfast.

**Q13.** Percentage answering that they had nothing to eat or drink before lessons on the day of the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	10	7	9	11	10	8
Girls	2	8	9	4	7	7

37% (32%) of pupils responded that they had toast before lessons on the day of the survey, while 22% (18%) had fruit.

**Q13.** Percentage of pupils responding that they had the following to eat or drink before lessons on the day of the survey (top 10 – Surrey Primary data in brackets):

Boys				Girls			
1	Other drink	45	(41)	1	Other drink	66	(49)
2	Toast or bread	41	(30)	2	Other cereals	44	(33)
3	Other cereals	40	(33)	3	Toast or bread	34	(35)
4	Fruit	22	(17)	4	Fruit	21	(19)
5	Porridge/Ready brek	12	(6)	5	Yoghurt	10	(8)
6	Sugar-coated cereals	11	(11)	6	Porridge/Ready brek	7	(7)
7	Biscuits/cakes/croissants	8	(7)	7	Tea/ice tea	6	(9)
8	Yoghurt	8	(7)	8	Hot chocolate	6	(8)
9	Tea/ice tea	8	(7)	9	Sugar-coated cereals	6	(8)
10	Cooked breakfast	7	(9)	10	Biscuits/cakes/croissants	6	(6)

84% (84%) of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

**Q12.** Percentage of pupils responding that they had something to eat or drink at the following before lessons on the day of the survey (Surrey Primary data in brackets):

Boys				Girls			
1	At home	80	(83)	1	At home	87	(86)
2	At school	28	(13)	2	At school	18	(15)
3	On the way to school	14	(7)	3	On the way to school	15	(8)

## Food & drink

71% (64%) of pupils responded that they eat fresh fruit 'on most days', while 17% (22%) said the same of sweets, chocolate, choc bars.

**Q14.** Percentage of pupils responding that they eat the following 'on most days' (top 10 – Surrey Primary data in brackets):

Boys				Girls			
1	Water	84	(83)	1	Water	90	(85)
2	Fresh fruit	69	(59)	2	Fresh fruit	73	(68)
3	Vegetables	65	(55)	3	Vegetables	73	(63)
4	Milk	58	(55)	4	Milk	52	(45)
5	Crisps	26	(26)	5	Cheese	30	(24)
6	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	25	(18)	6	Pulses (peas, beans lentils)	23	(22)
7	Sweets, chocolate, choc bars	22	(23)	7	Salads	21	(22)
8	Pulses (peas, beans lentils)	21	(20)	8	Crisps	15	(21)
9	Cheese	20	(22)	9	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	14	(17)
10	Salads	12	(17)	10	Sweets, chocolate, choc bars	11	(21)

3% (6%) of pupils responded that they 'rarely or never' eat vegetables, while 21% (24%) said the same of fish/fish fingers.

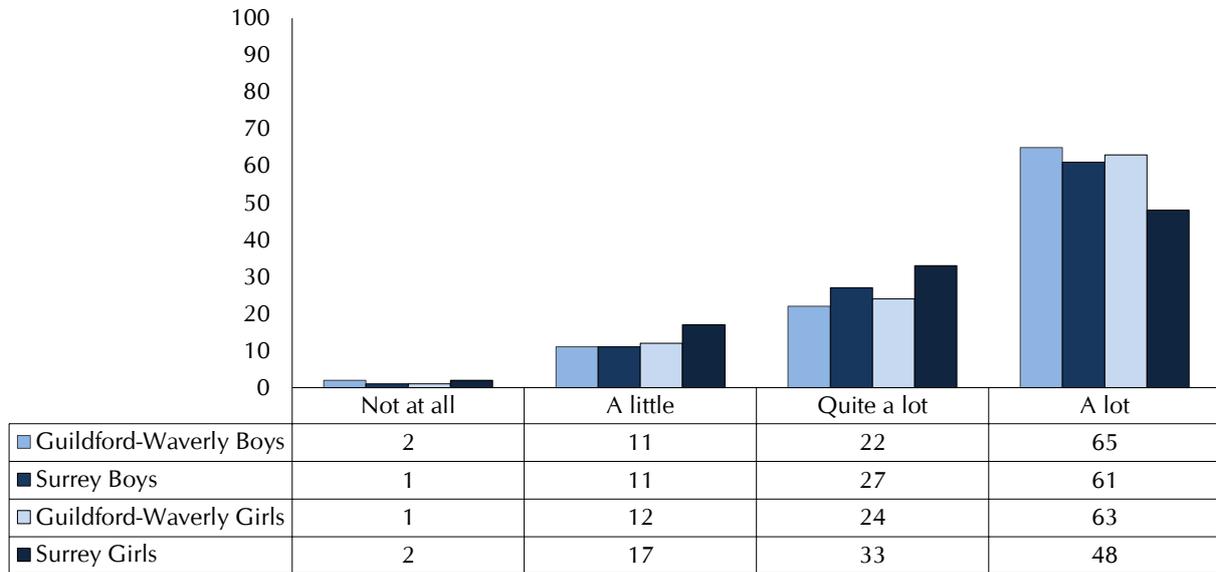
**Q14.** Percentage of pupils responding that they 'rarely or never' eat the following (top 10 – Surrey Primary data in brackets):

Boys				Girls			
1	Coffee/cappuccino	86	(77)	1	Energy drinks (e.g. Red Bull, Relentless)	83	(80)
2	Energy drinks (e.g. Red Bull, Relentless)	72	(71)	2	Coffee/cappuccino	81	(81)
3	Tea/ice tea	60	(54)	3	'Diet' fizzy drinks (low calorie)	63	(52)
4	Takeaways (e.g. burgers, Chinese, Indian, pizza)	46	(40)	4	Tea/ice tea	62	(53)
5	'Diet' fizzy drinks (low calorie)	45	(43)	5	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	61	(50)
6	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	45	(39)	6	Takeaways (e.g. burgers, Chinese, Indian, pizza)	56	(47)
7	Salads	37	(35)	7	Hot chocolate	31	(35)
8	Hot chocolate	36	(36)	8	Salads	31	(28)
9	Eggs	36	(32)	9	Eggs	29	(32)
10	Any fish/fish fingers	21	(23)	10	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	29	(26)

# Physical Activity

## Enjoy exercise

**Q15.** How much do you enjoy physical activities?



1% (2%) of pupils responded that they don't enjoy physical activities 'at all'.

**Q15.** Percentage answering that they don't enjoy physical activities 'at all'.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	4	0	0	3	1	1
Girls	2	0	0	3	1	2

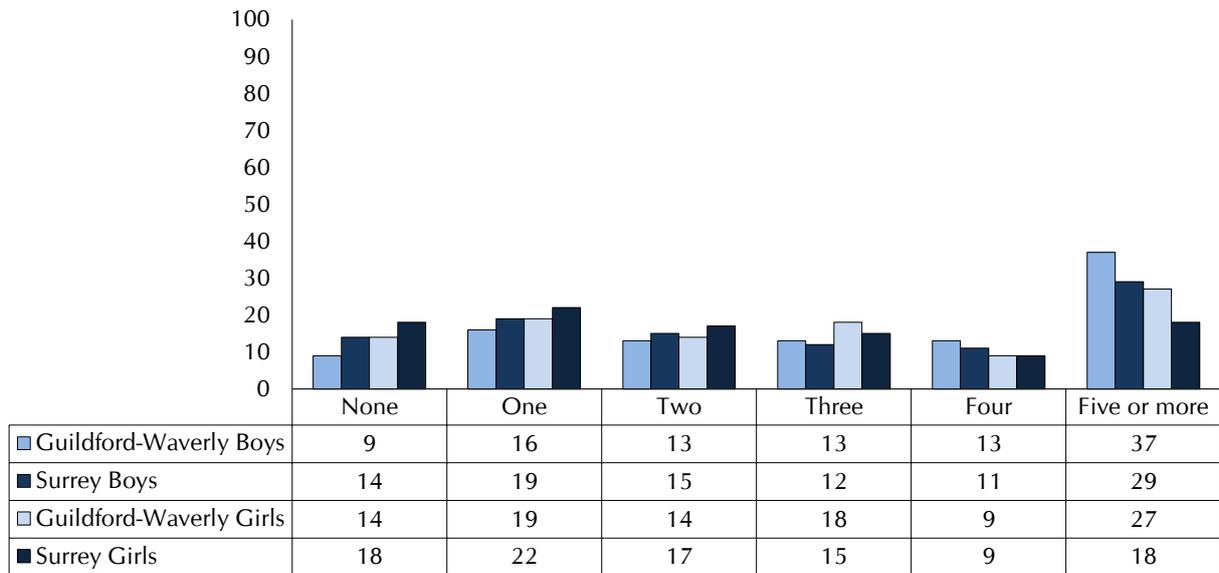
87% (85%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

**Q15.** Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	84	86	91	84	88	91
Girls	88	77	88	80	84	82

## Hard exercise

**Q16.** On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



12% (16%) of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.

**Q16.** Percentage answering that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.

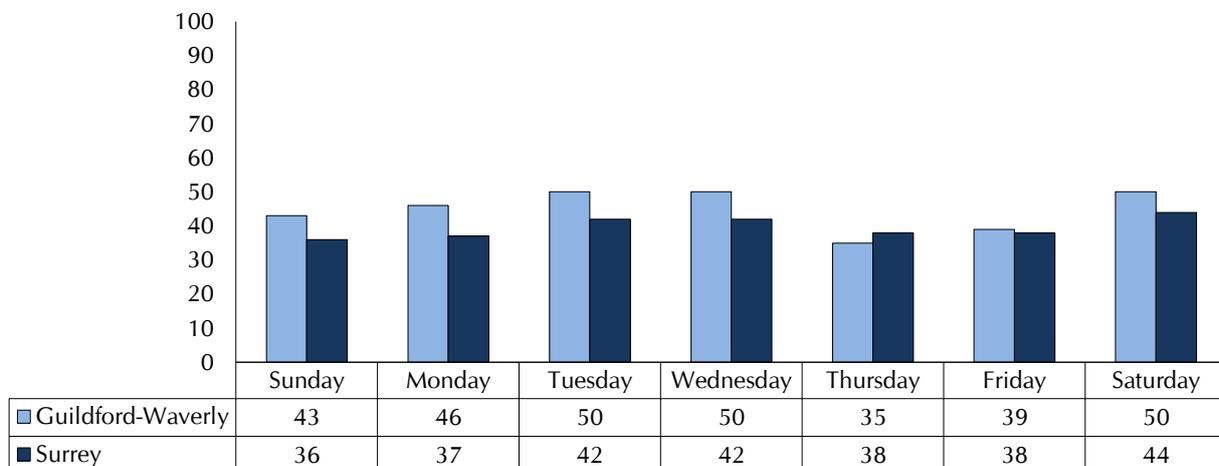
	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	12	7	7	17	13	12
Girls	14	36	9	20	22	16

32% (24%) of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

**Q16.** Percentage answering that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	32	7	48	20	35	35
Girls	20	18	35	14	17	22

**Q16.** On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



## PE lessons

81% (84%) of pupils responded that they enjoy their PE lessons, while 14% (12%) are 'not sure' if they do.

70% (70%) of pupils responded that they feel they are getting better at PE, while 25% (24%) are 'not sure' if they are.

**Q17a.** Percentage answering that they enjoy their PE lessons.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	81	86	81	88	87	85
Girls	71	77	88	82	81	81

**Q17b.** Percentage answering that they feel they are getting better at PE.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	72	86	60	74	73	71
Girls	63	69	81	69	65	68

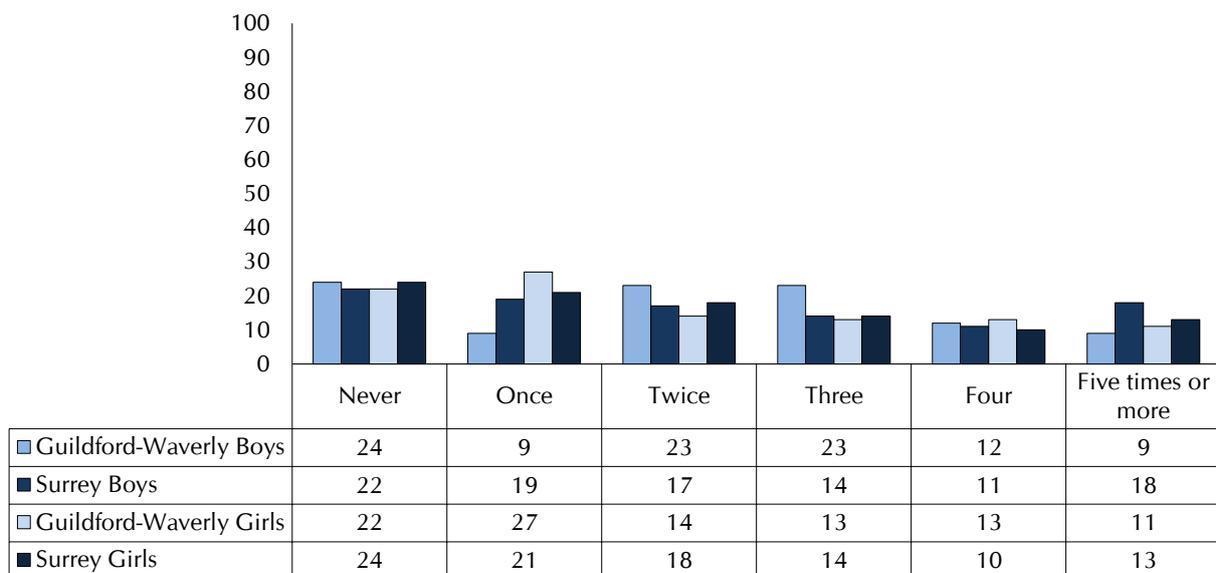
## School sports

57% (58%) of pupils responded that their school has helped them to be more healthy, while 35% (32%) are 'not sure' if it has.

**Q17c.** Percentage answering that their school has helped them to be more healthy.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	59	57	46	64	53	51
Girls	67	67	56	71	65	51

**Q18.** How many times each week do you go to sports clubs at lunchtime or after school?



23% (23%) of pupils responded that they don't go to any sports clubs at lunch time or after school each week.

**Q18.** Percentage answering that they don't go to any sports clubs at lunch time or after school each week.

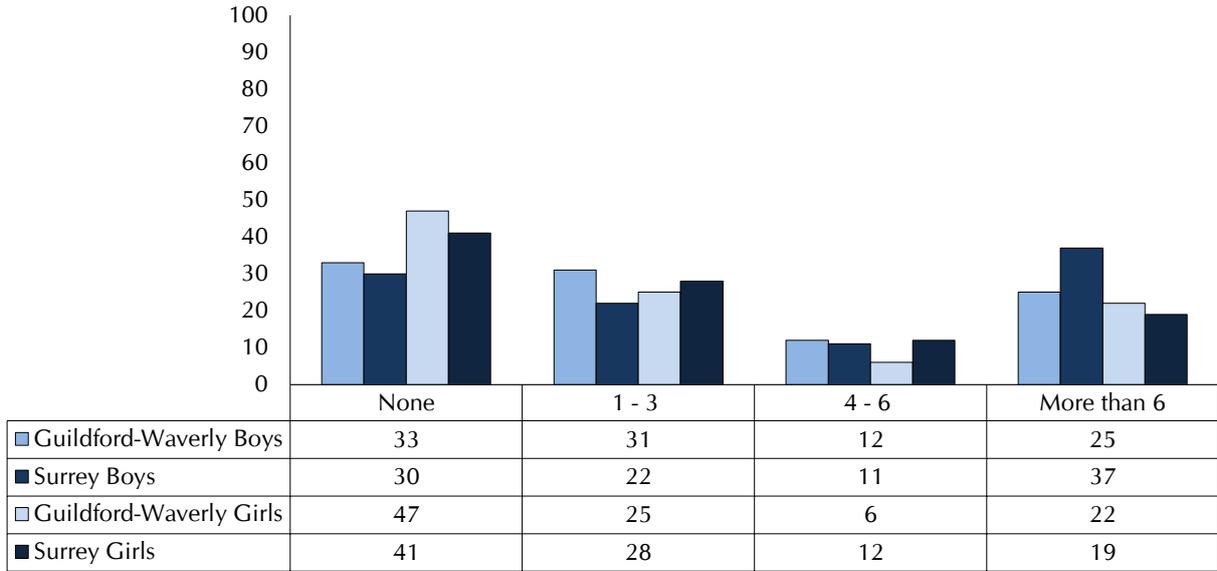
	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	14	27	31	24	18	23
Girls	18	15	27	27	21	23

40% (40%) of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.

**Q17b.** Percentage answering that they go to at least 3 sports clubs at lunch time or after school each week.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	40	55	45	35	51	45
Girls	44	23	34	30	36	42

**Q19.** How many games or matches have you played against other schools this year?



40% (35%) of pupils responded that they haven't played any games or matches against other schools this year.

**Q19.** Percentage answering that they haven't played any games or matches against other schools this year.

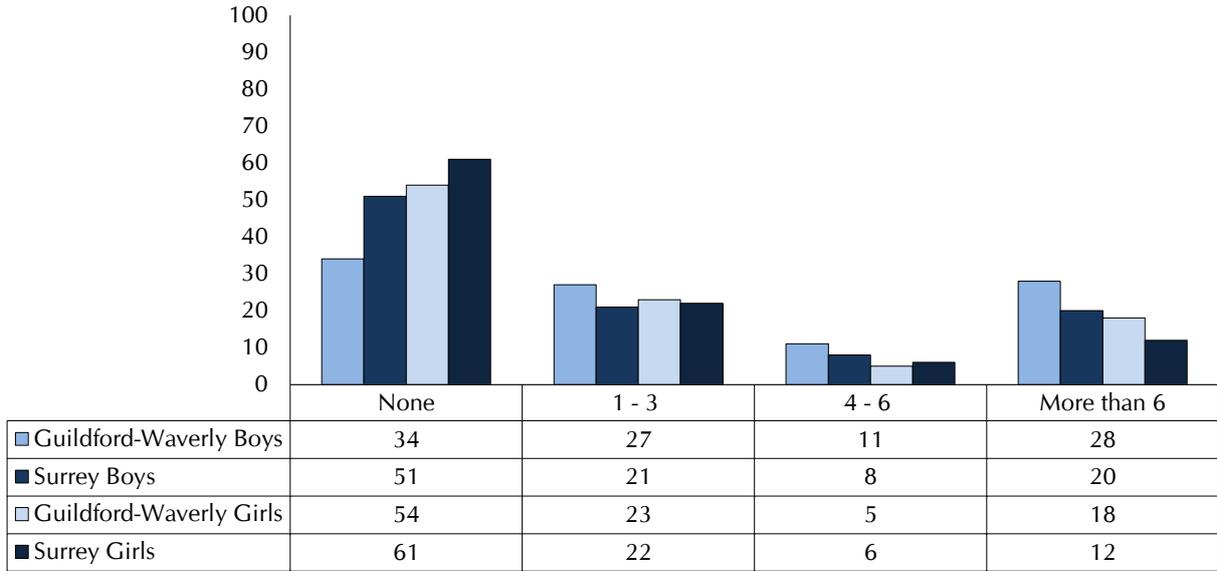
	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	35	21	34	33	28	28
Girls	72	31	28	53	34	34

32% (40%) of pupils responded that they have played at least 4 matches against other schools this year.

**Q19.** Percentage answering that they have played at least 4 matches against other schools this year.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	33	29	41	42	49	52
Girls	8	38	44	20	36	39

**Q20.** How many sports games or matches have you played at your school this year?



44% (56%) of pupils responded that they haven't played any sports games or matches at their school this year.

**Q20.** Percentage answering that they haven't played any sports games or matches at their school this year.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	45	14	30	66	54	39
Girls	74	50	38	78	63	46

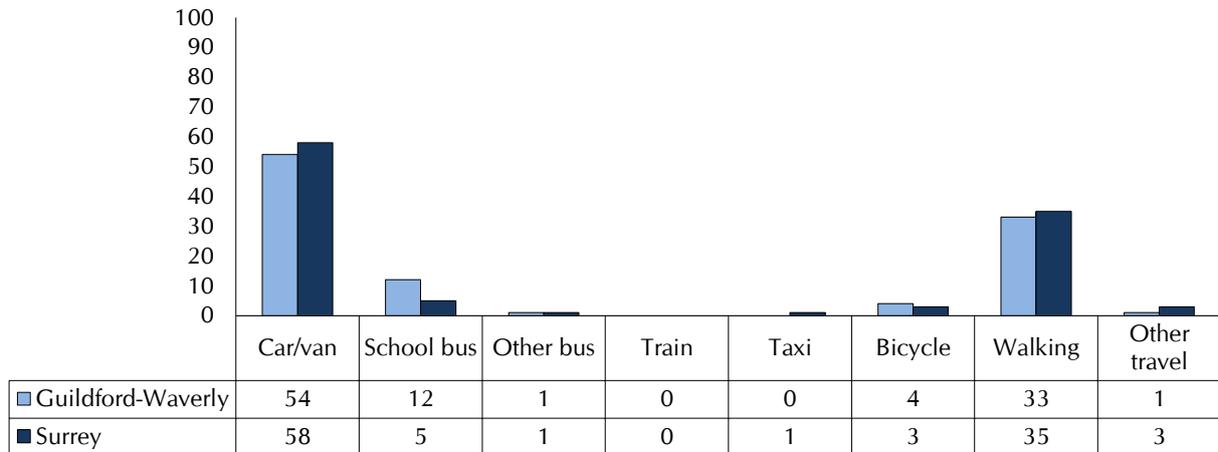
31% (23%) of pupils responded that they have played at least 4 matches at their school this year.

**Q20.** Percentage answering that they have played at least 4 matches at their school this year.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	26	50	46	13	26	41
Girls	9	33	34	5	15	28

## Active travel

**Q65.** How did you travel to school today?



54% (58%) of pupils responded that they travelled to school by car/van on the day of the survey.

**Q65.** Percentage answering that they travelled to school by car/van on the day of the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	56	21	56	60	49	58
Girls	60	38	55	60	62	56

33% (35%) of pupils responded that they walked to school on the day of the survey.

**Q65.** Percentage answering that they walked to school on the day of the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	22	64	44	30	37	38
Girls	28	77	17	32	35	39

# Alcohol, Smoking & Drugs

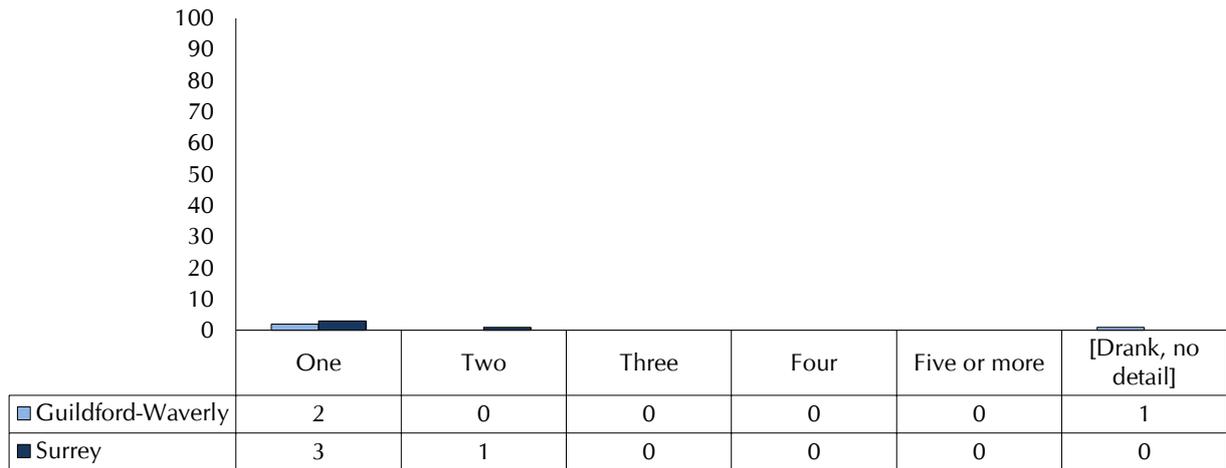
## Alcohol

3% (4%) of Year 6+ pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.

**Q21.** Percentage of Year 6+ pupils answering that they had an alcoholic drink in the 7 days before the survey.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	4	6
Girls	2	2

**Q22.** Year 6+ only: If yes, on how many days did you drink alcohol, in the last 7 days?



0% (2%) of Year 6+ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.

**Q22.** Percentage of Year 6+ pupils answering that they drank alcohol on more than one day in the 7 days before the survey.

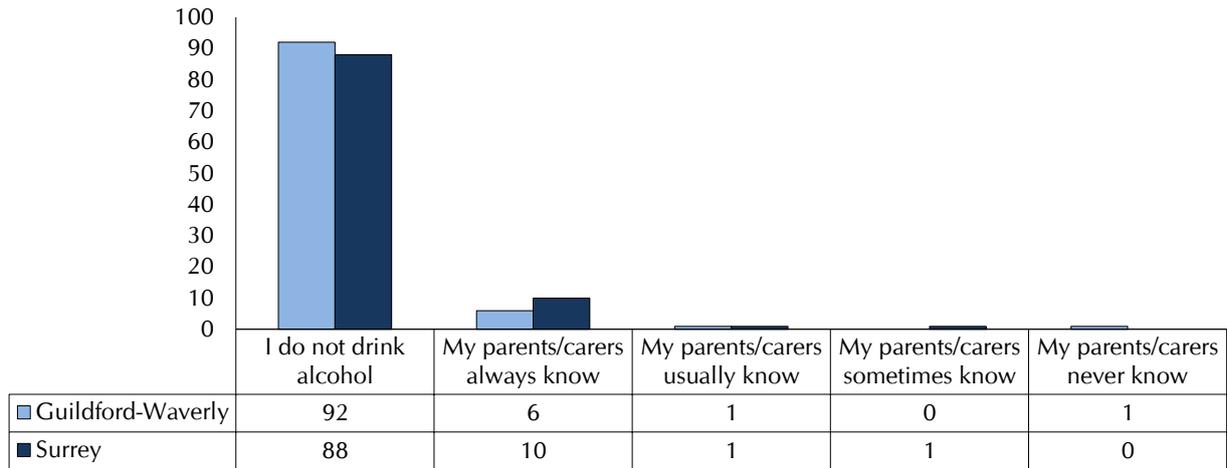
	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	0	2
Girls	0	1

0% (1%) of Year 6+ pupils responded that they drank beer or lager in the 7 days before the survey and 1% (1%) said they drank spirits.

**Q23.** Year 6+ only: Most popular alcoholic drinks from the last 7 days (top 5 – Surrey Primary data in brackets):

Yr 6 Boys				Yr 6 Girls			
1	Wine	2	( 3 )	1	Beer or lager	0	( 1 )
2	Spirits	2	( 1 )	2	Spirits	0	( 1 )
3	Beer or lager	0	( 2 )	3	Wine	0	( 1 )
4	Cider	0	( 1 )	4			
5	Shandy (beer mixed with lemonade)	0	( 1 )	5			

**Q24. Year 6+ only: Do your parents know if you drink alcohol?**



92% (88%) of Year 6+ pupils responded that they do not drink alcohol.

**Q24.** Percentage of Year 6+ pupils answering that they do not drink alcohol.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	87	85
Girls	96	91

6% (10%) of Year 6+ pupils responded that they drink alcohol and their parents 'always' know, while 1% (1%) said they 'usually' know.

**Q24.** Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'always' know.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	11	14
Girls	2	7

1% (1%) of Year 6+ pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

**Q24.** Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	0	1
Girls	2	1

## Smoking at home

19% (21%) of pupils responded that their parents/carers smoke.

5% (6%) of pupils responded that someone smokes indoors at home in rooms that they use.

7% (9%) of pupils responded that someone smokes in a car when they are in it too.

**Q25a.** Percentage answering that their parents/carers smoke.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	23	14	18	22	15	22
Girls	14	17	22	20	20	23

**Q25b.** Percentage answering that someone smokes indoors at home in rooms that they use.

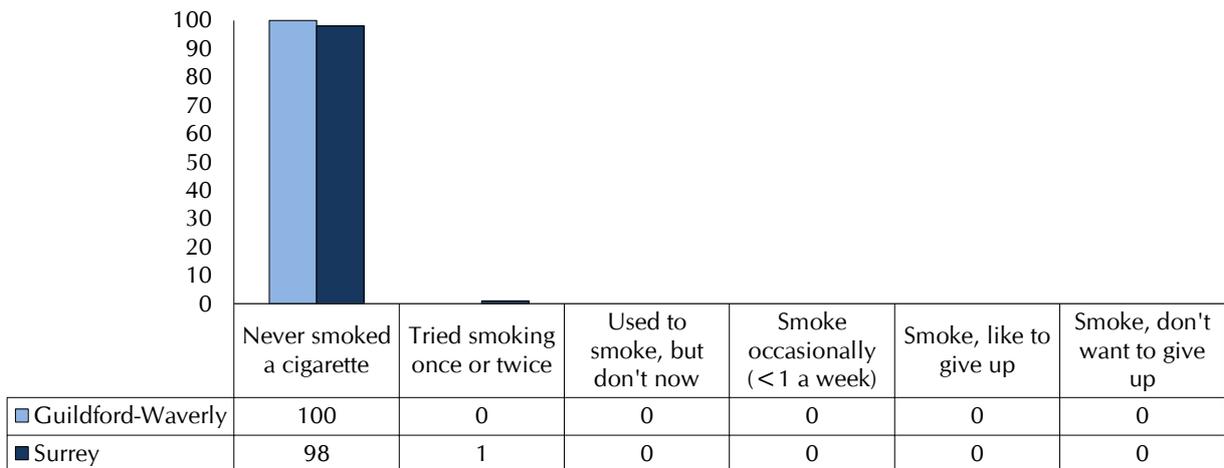
	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	7	0	7	6	6	7
Girls	0	0	7	5	3	7

**Q25c.** Percentage answering that someone smokes in a car when they are in it too.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	11	0	9	12	8	10
Girls	2	0	10	8	6	10

## Smoking

**Q26.** Year 6+ only: Smoking: Which statement describes you best?



0% (2%) of Year 6+ pupils responded that they have tried smoking in the past or smoke now.

0% (0%) of Year 6+ pupils responded that they smoked in the 7 days before the survey.

**Q26.** Percentage of Year 6+ pupils answering that they have smoked in the past or smoke now.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	0	2
Girls	0	1

**Q27.** Percentage of Year 6+ pupils answering that they smoked in the 7 days before the survey.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	0	0
Girls	0	0

## Drugs

52% (51%) of Year 6+ pupils responded that their teachers have talked with them in school lessons about illegal drugs, while 44% (54%) said that their parents/carers have talked with them.

**Q28.** Percentage of Year 6+ pupils responding that the following people have talked with them about illegal drugs (Surrey Primary data in brackets):

Yr 6 Boys				Yr 6 Girls			
1	Visitors or speakers in school lessons	84	(26)	1	Visitors or speakers in school lessons	79	(24)
2	Teachers, in school lessons	60	(50)	2	Parents/carers	45	(53)
3	Parents/carers	44	(56)	3	Teachers, in school lessons	45	(53)
4	Friends	21	(23)	4	Out-of-school activity leaders e.g. Brownies etc.	16	(12)
5	Brothers or sisters	14	(15)	5	Other close relatives	9	(12)

6% (8%) of Year 6+ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs that are not medicines.

**Q29.** Percentage of Year 6+ pupils answering that they are 'fairly sure' or 'certain' they know someone who uses drugs.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	9	9
Girls	4	7

0% (1%) of Year 6+ pupils responded that they have been offered cannabis.

**Q30.** Percentage of Year 6+ pupils answering that they have been offered cannabis.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	0	2
Girls	0	0

0% (1%) of Year 6+ pupils responded that they have been offered other drugs.

**Q31.** Percentage of Year 6+ pupils answering that they have been offered other drugs.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	0	1
Girls	0	0

## Emotional Health & Well-being

### Growing up

53% (52%) of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up, while 66% (72%) said that their parents/carers have talked with them.

**Q32a.** Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (top 5 – Surrey Primary data in brackets):

Boys			Girls		
1	Parents/carers	64 (69)	1	Parents/carers	69 (75)
2	Teachers, in school lessons	54 (53)	2	Teachers, in school lessons	53 (51)
3	Brothers or sisters	17 (18)	3	Friends	15 (19)
4	Other close relatives	15 (17)	4	Brothers or sisters	13 (16)
5	Friends	14 (18)	5	Other close relatives	10 (13)

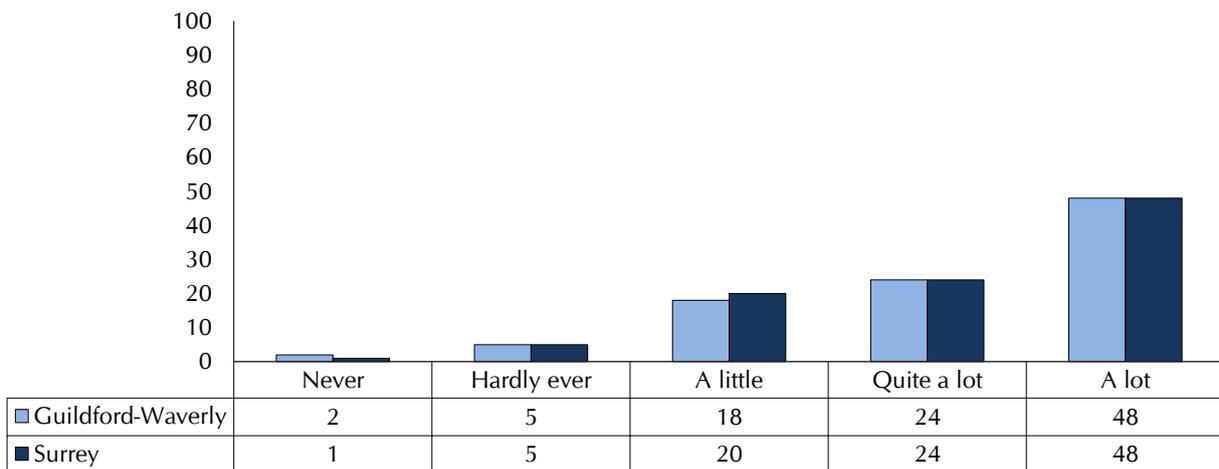
55% (55%) of pupils responded that they feel they know enough about how their body changes as they get older, while 8% (10%) feel they don't know enough.

**Q32b.** Percentage answering that they feel they know enough about how their body changes as they get older.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	37	46	57	46	49	67
Girls	44	62	79	41	41	67

### Worrying

**Q33.** Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...



72% (72%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

**Q33.** Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

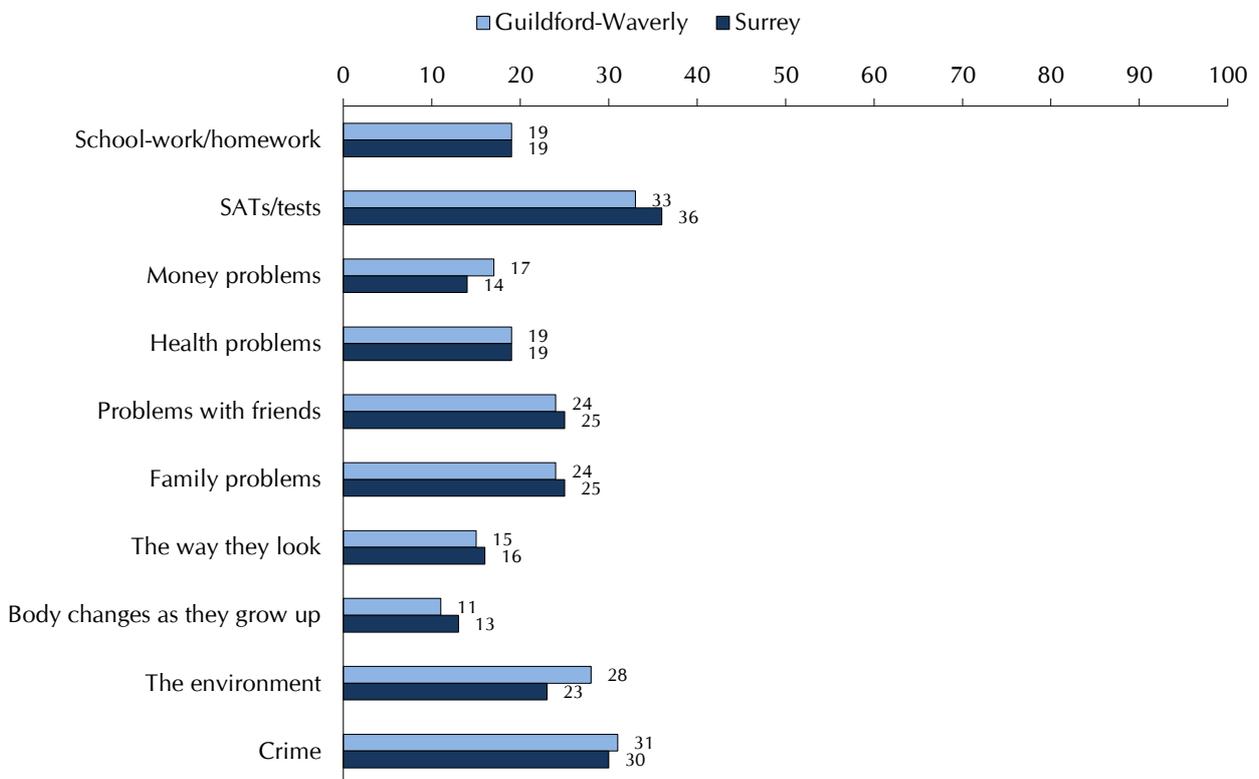
	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	78	79	67	72	72	69
Girls	72	62	74	77	72	71

31% (30%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 33% (36%) said the same of SATs/tests, and 24% (25%) worry 'quite a lot' or 'a lot' about family problems.

**Q33.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (Surrey Primary data in brackets):

Boys				Girls			
1	Crime	35	(32)	1	SATs/tests	39	(39)
2	SATs/tests	28	(32)	2	The environment	29	(22)
3	The environment	28	(23)	3	Crime	28	(28)
4	Family problems	24	(26)	4	Problems with friends	26	(30)
5	Problems with friends	22	(21)	5	Family problems	24	(24)
6	Health problems	21	(21)	6	Money problems	19	(15)
7	School-work/homework	21	(19)	7	School-work/homework	18	(18)
8	The way they look	15	(13)	8	Health problems	16	(18)
9	Money problems	14	(13)	9	The way they look	15	(18)
10	Body changes as they grow up	12	(13)	10	Body changes as they grow up	10	(14)

**Q33.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



## Problem solving

In Question 34 the young people were asked to whom they would turn to share a range of problems. The top five sources of support for each of the issues are as follows (Surrey Primary data in brackets):

### Problem with school

Boys				Girls			
1	Mum and/or Dad	56	(55)	1	Mum and/or Dad	56	(57)
2	Teacher	22	(23)	2	Teacher	25	(20)
3	Keep it to myself	7	(8)	3	Friend	8	(8)
4	Friend	7	(6)	4	Keep it to myself	6	(7)
5	Other adult	2	(2)	5	Brother or sister	2	(4)

### Family problem

Boys				Girls			
1	Mum and/or Dad	54	(53)	1	Mum and/or Dad	43	(46)
2	Brother or sister	15	(10)	2	Friend	15	(15)
3	Friend	11	(8)	3	Teacher	11	(7)
4	Keep it to myself	7	(17)	4	Brother or sister	10	(9)
5	Teacher	7	(5)	5	Keep it to myself	9	(16)

### Health problem

Boys				Girls			
1	Mum and/or Dad	77	(77)	1	Mum and/or Dad	76	(76)
2	Keep it to myself	9	(11)	2	Keep it to myself	9	(11)
3	Friend	2	(3)	3	Friend	2	(3)
4	Other adult	2	(2)	4	Teacher	2	(2)
5	Brother or sister	2	(2)	5	Brother or sister	1	(2)

### Problem with friends

Boys				Girls			
1	Mum and/or Dad	48	(44)	1	Mum and/or Dad	52	(46)
2	Teacher	21	(20)	2	Teacher	22	(21)
3	Keep it to myself	12	(14)	3	Friend	10	(11)
4	Friend	7	(11)	4	Keep it to myself	6	(11)
5	Brother or sister	4	(5)	5	Brother or sister	5	(6)

### Bullying problem

Boys				Girls			
1	Mum and/or Dad	55	(53)	1	Mum and/or Dad	53	(53)
2	Teacher	26	(25)	2	Teacher	31	(25)
3	Friend	7	(4)	3	Keep it to myself	6	(8)
4	Keep it to myself	2	(8)	4	Friend	4	(5)
5	Other adult	2	(2)	5	Brother or sister	2	(3)

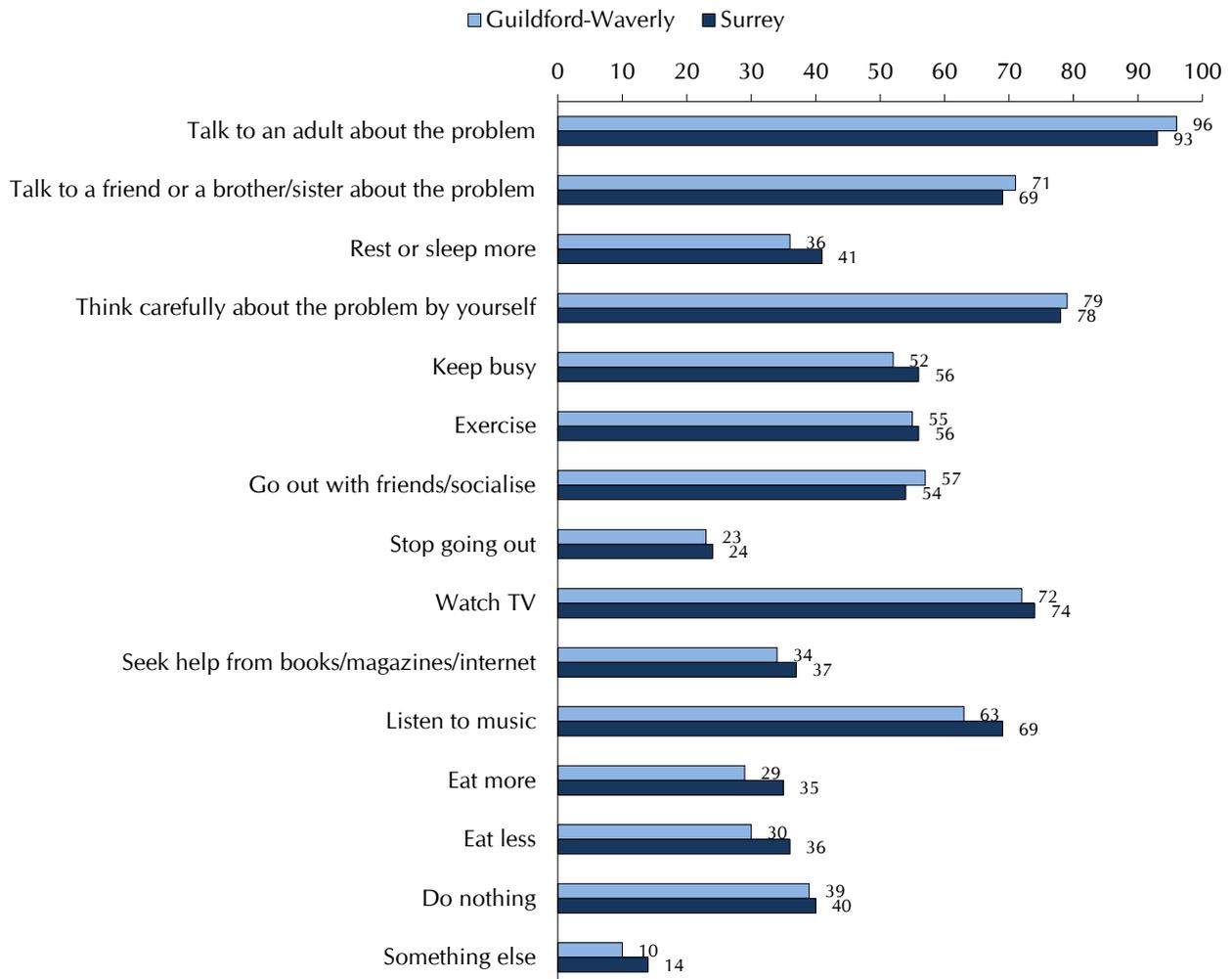
'Keep it to myself' is not necessarily negative. For some pupils it may mean that they feel they can cope without help.

63% (69%) of pupils responded that they at least 'sometimes' listen to music when a problem worries them. 96% (93%) said that they will talk to an adult about the problem at least 'sometimes', while 52% (56%) said that they will keep busy.

**Q35.** Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them (top 10 – Surrey Primary data in brackets):

Boys				Girls			
1	Talk to an adult about the problem	97	(92)	1	Talk to an adult about the problem	96	(94)
2	Think carefully about the problem by yourself	78	(75)	2	Think carefully about the problem by yourself	81	(82)
3	Watch TV	69	(73)	3	Watch TV	76	(76)
4	Talk to a friend or a brother/sister about the problem	69	(65)	4	Talk to a friend or a brother/sister about the problem	73	(73)
5	Go out with friends/socialise	58	(55)	5	Listen to music	72	(73)
6	Listen to music	55	(65)	6	Keep busy	57	(57)
7	Exercise	54	(59)	7	Go out with friends/socialise	56	(54)
8	Keep busy	46	(54)	8	Exercise	56	(54)
9	Rest or sleep more	42	(41)	9	Do nothing	36	(38)
10	Do nothing	42	(41)	10	Eat less	35	(37)

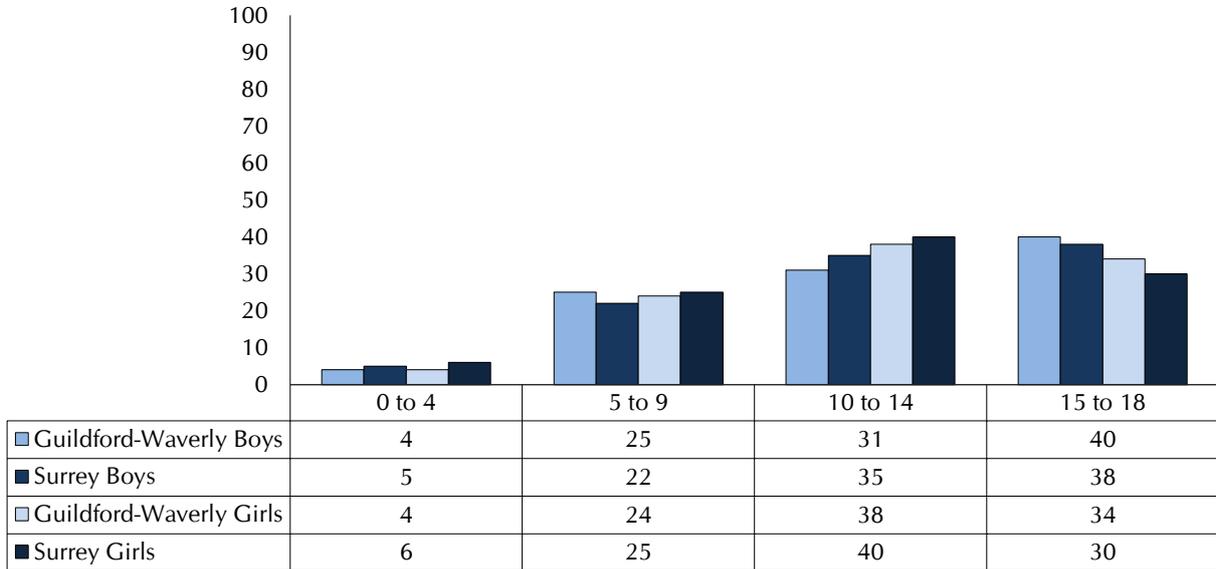
**Q35.** Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them:



## Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

**Q58.** Composite self-esteem score:



Data from the 'Young People into...' series reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

29% (29%) of pupils had a med-low self-esteem score (9 or less).

**Q58.** Percentage of pupils with a med-low self-esteem score (9 or less).

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	42	36	18	28	30	26
Girls	46	8	16	35	29	27

37% (34%) of pupils had a high self-esteem score (15 or more).

**Q58.** Percentage of pupils with a high self-esteem score (15 or more).

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	29	50	46	36	38	40
Girls	22	54	41	25	35	32

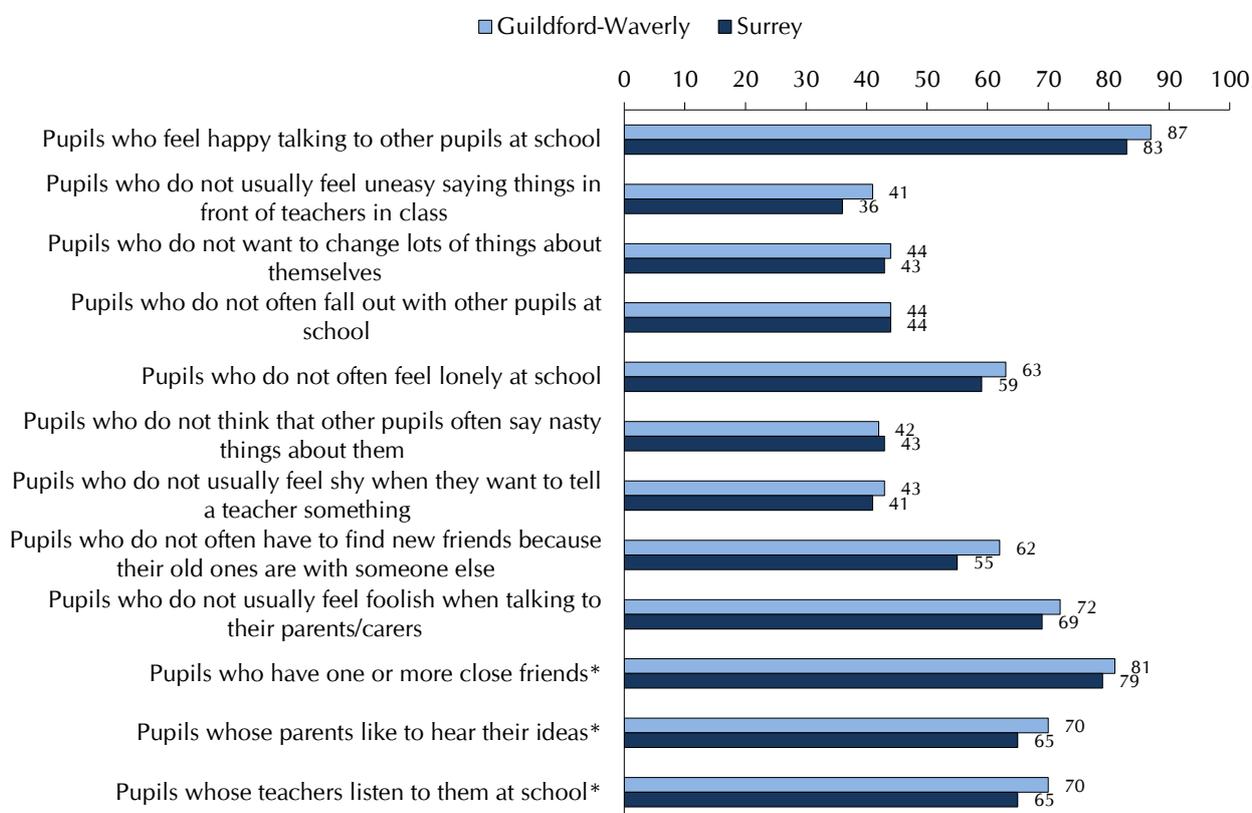
87% (83%) of pupils responded that they feel happy talking to other pupils at school.

**Q58.** (Individual self-esteem items) Percentage in each group giving a high esteem response (Surrey Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	78 (83)	89 (78)	79 (84)	85 (82)	91 (85)	95 (85)	87 (83)
Pupils who do not usually feel uneasy saying things in front of teachers in class	36 (37)	30 (29)	57 (31)	77 (41)	40 (40)	47 (36)	41 (36)
Pupils who do not want to change lots of things about themselves	42 (47)	32 (43)	64 (45)	54 (47)	39 (43)	57 (40)	44 (43)
Pupils who do not often fall out with other pupils at school	30 (43)	34 (37)	29 (42)	54 (51)	51 (49)	62 (46)	44 (44)
Pupils who do not often feel lonely at school	52 (53)	62 (48)	57 (60)	62 (56)	68 (67)	72 (64)	63 (59)
Pupils who do not think that other pupils often say nasty things about them	38 (46)	34 (41)	43 (43)	46 (45)	47 (45)	47 (38)	42 (43)
Pupils who do not usually feel shy when they want to tell a teacher something	42 (46)	28 (32)	57 (43)	62 (38)	56 (49)	36 (34)	43 (41)
Pupils who do not often have to find new friends because their old ones are with someone else	40 (52)	47 (45)	57 (57)	69 (52)	82 (65)	74 (55)	62 (55)
Pupils who do not usually feel foolish when talking to their parents/carers	58 (69)	60 (67)	71 (66)	69 (66)	86 (73)	81 (68)	72 (69)
Pupils who have one or more close friends*	70 (73)	79 (72)	71 (78)	92 (85)	88 (84)	88 (83)	81 (79)
Pupils whose parents like to hear their ideas*	58 (59)	77 (61)	57 (66)	69 (65)	68 (67)	79 (68)	70 (65)
Pupils whose teachers listen to them at school*	62 (64)	70 (69)	79 (66)	62 (63)	72 (63)	78 (65)	70 (65)

\*N.B: These items do not contribute to the calculation of the composite self-esteem score.

**Q58.** (Individual self-esteem items) Percentage in each group giving a high esteem response:



\*N.B: These items do not contribute to the calculation of the composite self-esteem score.

# Health & Hygiene

## Hand washing

36% (57%) of pupils responded that they washed their hands before lunch on the day before the survey, while 22% (19%) said they are 'not sure' if they did.

70% (75%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet, while 1% (2%) said they 'never or hardly ever' do and 28% (23%) do so only 'sometimes'.

**Q36.** Percentage answering that they washed their hands before lunch on the day before the survey.

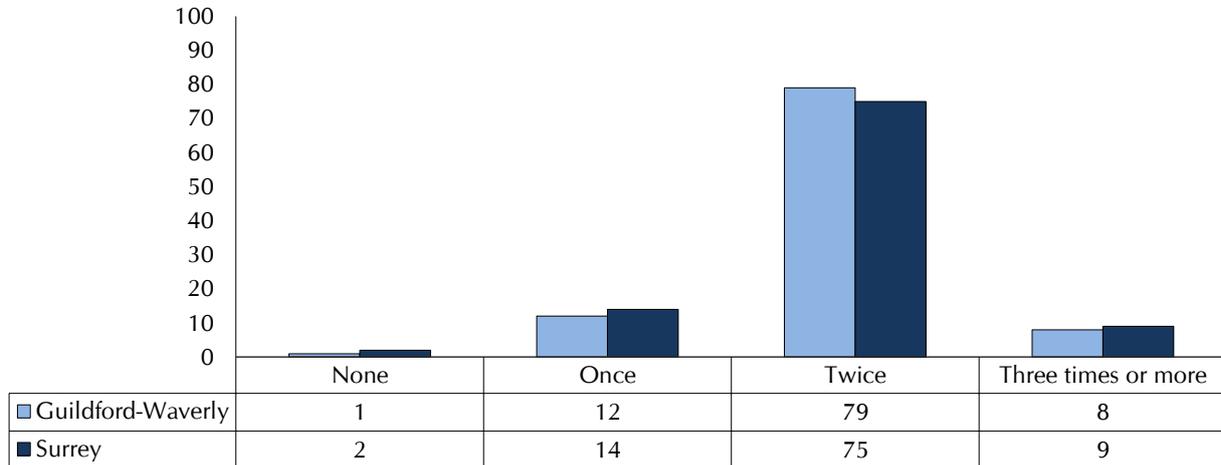
	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	32	43	37	59	56	60
Girls	33	42	36	60	48	54

**Q37.** Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	62	57	54	70	73	72
Girls	77	92	86	77	79	80

## Dental health

**Q38.** How many times did you clean your teeth yesterday?



1% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.

87% (85%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.

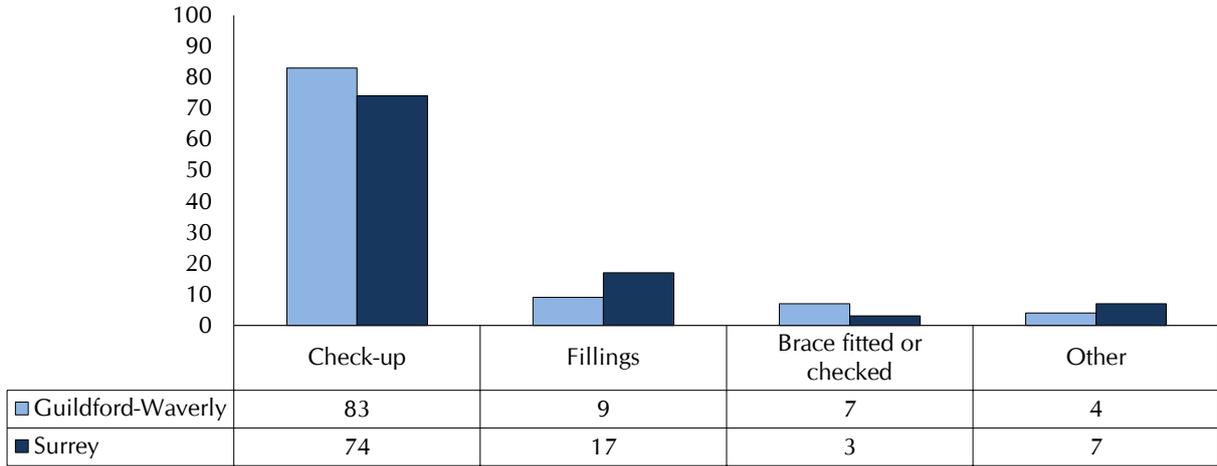
**Q38.** Percentage answering that they did not clean their teeth at all on the day before the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	0	7	2	3	2	1
Girls	2	0	0	1	1	1

**Q38.** Percentage answering that they cleaned their teeth at least twice yesterday.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	78	71	85	80	83	83
Girls	86	100	98	86	89	89

**Q39. What treatment did the dentist give you on your last visit?**



83% (74%) of pupils responded that they had a check-up the last time they visited the dentist.

**Q39.** Percentage answering that they had a check-up the last time they visited the dentist.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	78	64	84	69	76	76
Girls	81	100	88	72	78	78

9% (17%) of pupils responded that they had fillings the last time they visited the dentist.

**Q39.** Percentage answering that they had fillings the last time they visited the dentist.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	10	29	11	21	19	16
Girls	11	0	3	18	11	13

7% (3%) of pupils responded that they had a brace fitted or checked the last time they visited the dentist.

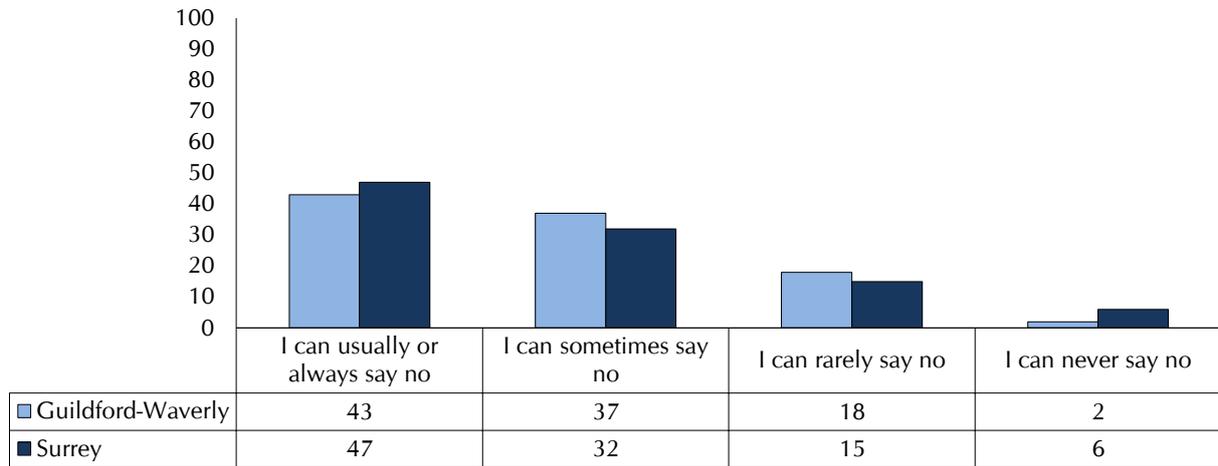
**Q39.** Percentage answering that they had a brace fitted or checked the last time they visited the dentist.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	6	0	7	3	3	3
Girls	2	0	14	1	2	5

# Staying Safe

## Peer pressure

**Q40.** When a friend wants me to do something I don't want to do...



43% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

**Q40.** Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

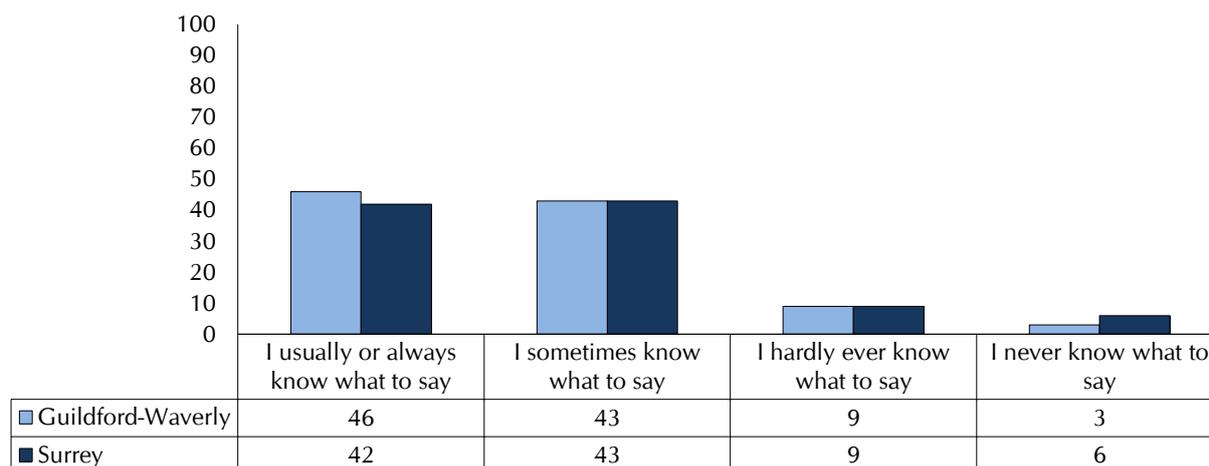
	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	36	36	47	37	52	58
Girls	34	38	55	36	41	53

20% (21%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

**Q40.** Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	28	29	11	28	19	13
Girls	28	31	13	29	27	17

**Q41.** When I want a friend to do something...



46% (42%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.

**Q41.** Percentage answering that they 'usually or always' know what to say when they want a friend to do something.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	51	38	48	45	43	47
Girls	42	62	41	36	41	39

11% (15%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

**Q41.** Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	6	0	7	15	12	12
Girls	20	8	16	19	17	16

## Accidents

35% (32%) of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.

**Q42.** Percentage answering that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	44	29	31	33	30	38
Girls	33	8	41	29	25	32

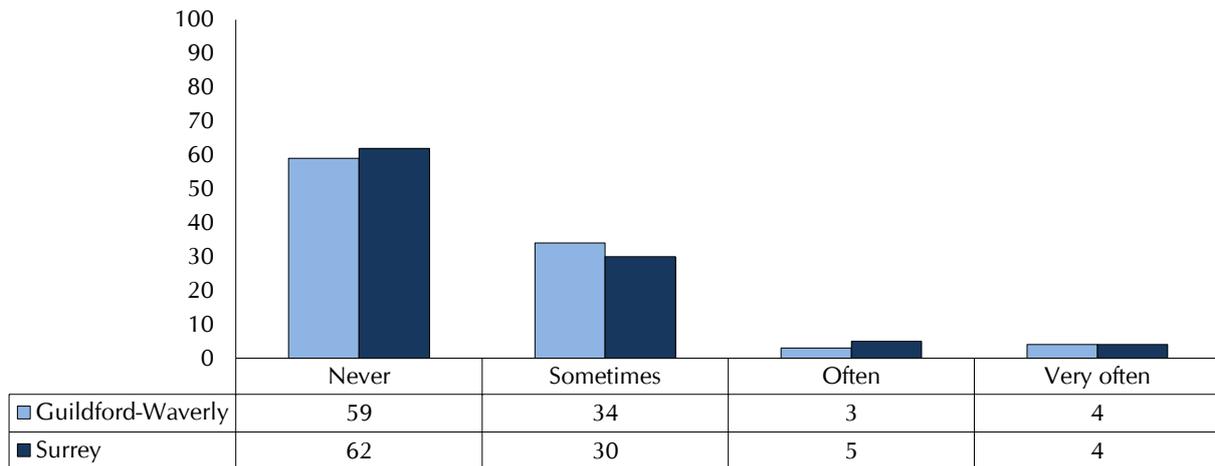
6% (7%) of pupils responded that their most recent accident resulted in a broken bone, while 8% (6%) said that their most recent accident was a cut.

**Q43.** Most recent accident: What sort of accident was it? (Top 5 – Surrey Primary data in brackets):

Boys				Girls			
1	I had a bruise, graze or sprain	10	(8)	1	I had a bruise, graze or sprain	10	(9)
2	I had a cut	8	(8)	2	I had a broken bone	8	(6)
3	I hurt my head	6	(6)	3	I had a cut	8	(5)
4	Other	5	(4)	4	Other	4	(3)
5	I had a broken bone	4	(7)	5	I was burnt/scalded	3	(2)

## Bullying

**Q44.** Do you ever feel afraid of going to school because of bullying?



41% (38%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

**Q44.** Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	51	36	23	37	40	27
Girls	58	23	40	52	40	38

7% (8%) of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.

**Q44.** Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

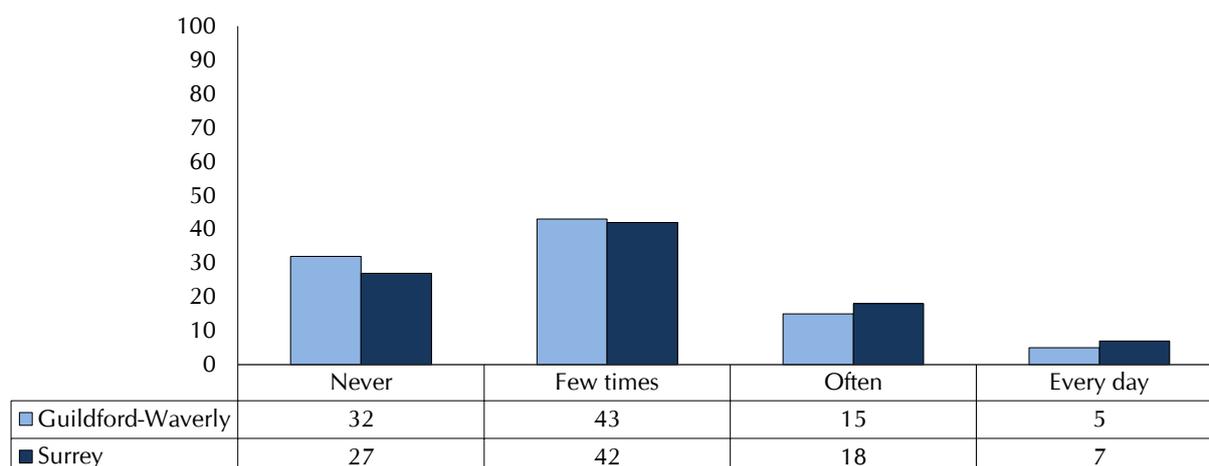
	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	9	14	4	9	12	5
Girls	13	0	4	12	7	7

19% (23%) of pupils responded that they have been bullied at or near school in the last 12 months, while 25% (19%) said they are 'not sure' if they have been.

**Q45.** Percentage answering that they have been bullied at or near school in the last 12 months.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	23	36	13	28	28	19
Girls	23	0	19	24	18	21

**Q46.** Negative behaviour summary: Percentage of pupils responding that they experienced at least one of the negative behaviours listed in the month before the survey:



64% (67%) of pupils responded that they experienced at least one of the negative behaviours listed at least a ‘few times’ in the month before the survey, while 21% (25%) said they have done so ‘often’ or ‘every day’.

**Q46.** Percentage answering that they experienced at least one of the negative behaviours listed at least a ‘few times’ in the month before the survey.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	80	71	70	70	75	68
Girls	68	38	47	68	64	61

36% (41%) of pupils responded that they were called nasty names at least a ‘few times’ in the month before the survey, while 42% (41%) were pushed/hit for no reason.

**Q46.** Percentage of pupils responding that they experienced the following negative behaviours at least a ‘few times’ in the month before the survey (Surrey Primary data in brackets):

Boys				Girls			
1	Pushed/hit for no reason	47	(47)	1	Pushed/hit for no reason	38	(34)
2	Been teased/made fun of	46	(46)	2	Been teased/made fun of	31	(41)
3	Called nasty names	43	(44)	3	Called nasty names	30	(39)
4	Been called ‘gay’	34	(35)	4	Had belongings taken/broken	25	(23)
5	Had belongings taken/broken	21	(24)	5	Been ganged up on	16	(19)
6	Been threatened for no reason	21	(23)	6	Been threatened for no reason	14	(16)
7	Been ganged up on	17	(24)	7	Been called ‘gay’	14	(11)
8	Been threatened for money	7	(10)	8	Been threatened for money	3	(7)
9	Bullied on my mobile phone	4	(5)	9	Other	2	(4)
10	Bullied through e-mail/internet	4	(5)	10	Bullied on my mobile phone	2	(4)

28% (23%) of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while 7% (5%) experienced it on the way to or from school.

**Q47.** Percentage of pupils responding that they experienced negative behaviours at the following places in the month before the survey (top 5 – Surrey Primary data in brackets):

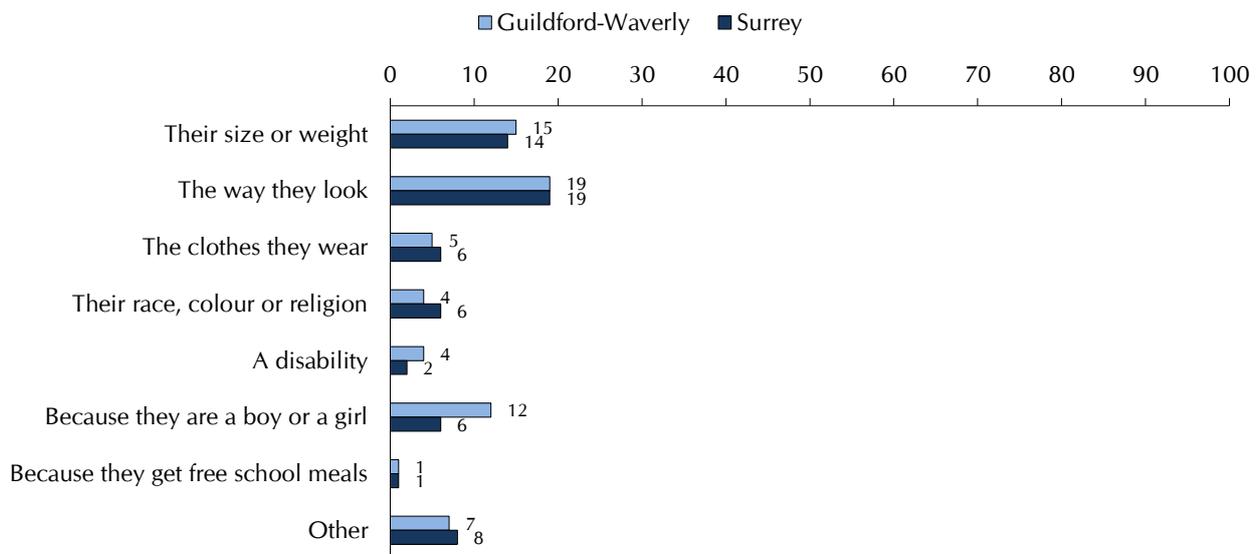
Boys				Girls			
1	Outside at school (breaktimes)	39	(35)	1	In a classroom (breaktimes)	28	(22)
2	In a classroom (breaktimes)	27	(24)	2	Outside at school (breaktimes)	23	(28)
3	At or near home	18	(17)	3	At or near home	12	(17)
4	During lesson times	15	(10)	4	During lesson times	10	(10)
5	Going out during the day	12	(7)	5	In the corridors	6	(7)

4% (6%) of pupils responded that they think they are being 'picked on' or bullied because of their race, colour or religion, while 19% (19%) said that it was because of the way they look.

**Q48.** Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following (Surrey Primary data in brackets):

Boys			Girls		
1	The way they look	20 (18)	1	The way they look	18 (20)
2	Their size or weight	16 (15)	2	Their size or weight	15 (14)
3	Because they are a boy or a girl	11 (5)	3	Because they are a boy or a girl	13 (7)
4	Other	6 (8)	4	Other	7 (9)
5	The clothes they wear	6 (6)	5	Their race, colour or religion	5 (6)
6	A disability	6 (3)	6	The clothes they wear	5 (6)
7	Their race, colour or religion	4 (5)	7	A disability	2 (2)
8	Because they get free school meals	1 (2)	8	Because they get free school meals	2 (1)

**Q48.** Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following:



77% (66%) of pupils responded that they think their school takes bullying seriously, while 5% (10%) don't think their school takes bullying seriously.

**Q49.** Percentage answering that they think their school takes bullying seriously.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	72	77	82	64	61	70
Girls	78	77	74	67	70	65

3% (2%) of pupils responded that they think others may fear going to school because of them, while 19% (19%) said they are 'not sure' if others do.

**Q50.** Percentage answering that they think others may fear going to school because of them.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	2	0	0	4	3	3
Girls	10	0	0	3	0	1

## Internet safety

88% (85%) of pupils responded that they have used the internet at home in the last month, while 67% (59%) said they have used it at school and 66% (59%) have used it on a mobile device.

**Q51.** Percentage of pupils responding that they have used the internet at the following places in the last month (Surrey Primary data in brackets):

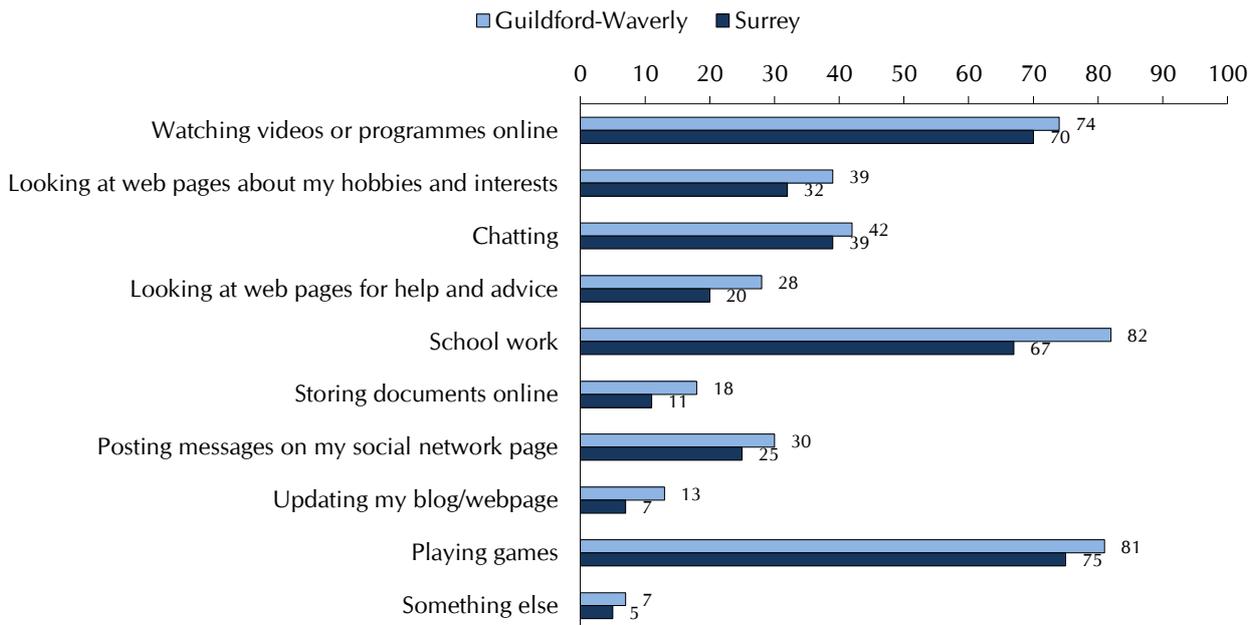
	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
At home	80 (82)	79 (80)	93 (88)	69 (83)	98 (91)	98 (87)	88 (85)
At school	78 (55)	79 (58)	64 (58)	62 (54)	54 (63)	62 (60)	67 (59)
On a mobile device (phone, iPad etc.)	62 (52)	45 (40)	86 (59)	23 (56)	81 (71)	79 (72)	66 (59)
Elsewhere	28 (20)	21 (17)	29 (29)	8 (21)	32 (31)	36 (27)	28 (24)

82% (67%) of pupils responded that they use the internet for schoolwork, while 81% (75%) said that they use it for playing games.

**Q52.** Percentage of pupils answering that they use the internet for the following (top 5 – Surrey Primary data in brackets):

		Boys		Girls			
1	Playing games	86	(80)	1	School work	87	(71)
2	Watching videos or programmes online	82	(73)	2	Playing games	77	(70)
3	School work	77	(64)	3	Watching videos or programmes online	65	(66)
4	Looking at web pages about my hobbies and interests	44	(35)	4	Chatting (e.g. Skype)	43	(41)
5	Chatting (e.g. Skype)	42	(38)	5	Looking at web pages about my hobbies and interests	35	(30)

**Q52.** Percentage of pupils answering that they use the internet for the following:



29% (29%) of Year 6 + pupils responded that they have seen images or videos online that were for adults-only.

39% (28%) of Year 6 + pupils responded that they have seen images or videos online that upset them.

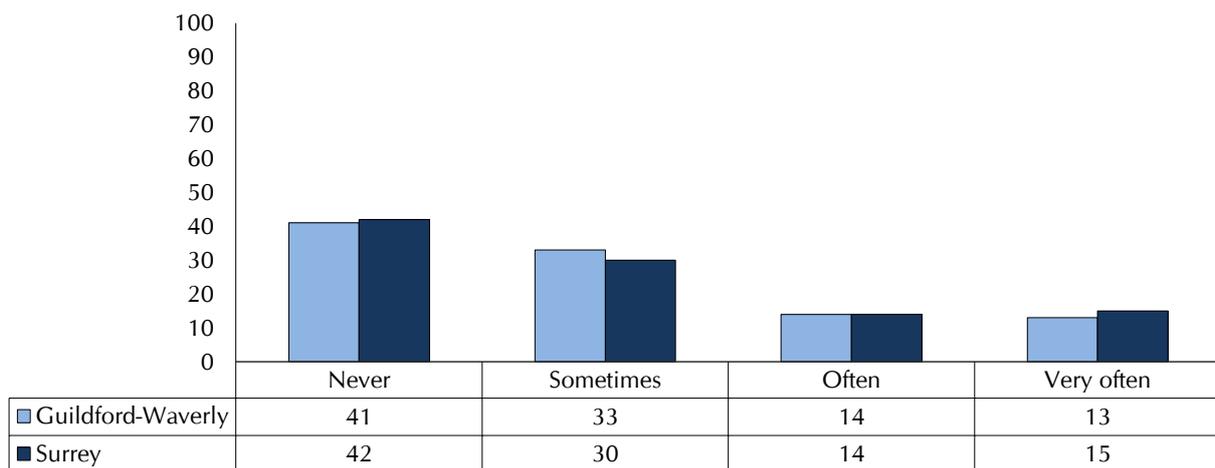
**Q53a.** Percentage of Year 6 + pupils answering that they have seen images or videos online that were for adults-only.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	35	34
Girls	24	24

**Q53b.** Percentage of Year 6 + pupils answering that they have seen images or videos online that upset them.

	Guildford-Waverly	Surrey
	Yr 6	Yr 6
Boys	35	25
Girls	44	31

**Q54a.** How often do you use internet chat rooms or social networking sites?



26% (28%) of pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.

95% (93%) of pupils responded that they have been told how to stay safe while using the internet, while 5% (7%) said they haven't been told how to stay safe.

65% (65%) of pupils responded that they get e-safety information from their parents/carers/family, while 91% (82%) said that they get information from school.

**Q54a.** Percentage answering that they use internet chat rooms or social networking sites 'often' or 'very often'.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	11	29	35	22	28	35
Girls	16	23	37	16	28	37

**Q54b.** Percentage answering that they have been told how to stay safe while using the internet.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	98	86	98	87	92	96
Girls	86	100	100	92	94	97

**Q54c.** Percentage of pupils responding that they get e-safety information from the following places (Surrey Primary data in brackets):

	Boys			Girls		
1	School	91	(81)	1	School	91 (84)
2	Parents/carers/family	64	(62)	2	Parents/carers/family	67 (69)
3	Friends	19	(12)	3	On-line advice	15 (11)
4	On-line advice	17	(14)	4	Friends	12 (16)

24% (19%) of pupils responded that they have received a chat message that scared them or made them upset.

12% (15%) of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.

**Q55.** Percentage answering that they have received a chat message that scared them or made them upset.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	28	21	21	17	17	17
Girls	27	8	24	16	18	25

**Q56.** Percentage answering that they have sent a chat message or posted a comment which they later wished they had not written.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	9	29	23	12	17	19
Girls	2	0	10	8	9	19

## School & Leisure

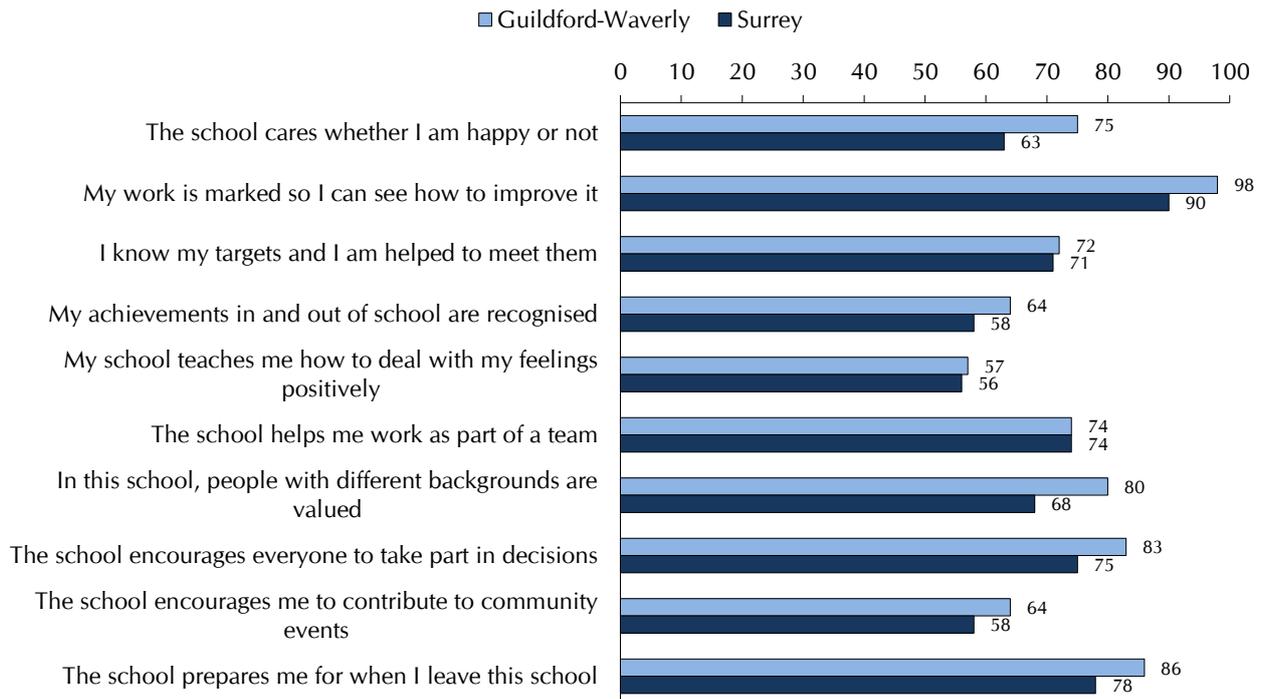
### Every Child Matters

80% (68%) of Year 6+ pupils responded that in their school, people with different backgrounds are valued.

**Q57.** Percentage of Year 6+ pupils responding 'yes' to the following statements (Surrey Primary data in brackets):

	Year 6		Total
	Boys	Girls	
The school cares whether I am happy or not	74 (63)	76 (63)	75 (63)
My work is marked so I can see how to improve it	98 (91)	98 (90)	98 (90)
I know my targets and I am helped to meet them	74 (71)	71 (70)	72 (71)
My achievements in and out of school are recognised	58 (60)	71 (57)	64 (58)
My school teaches me how to deal with my feelings positively	53 (58)	62 (54)	57 (56)
The school helps me work as part of a team	68 (73)	79 (74)	74 (74)
In this school, people with different backgrounds are valued	82 (68)	78 (68)	80 (68)
The school encourages everyone to take part in decisions	74 (74)	93 (76)	83 (75)
The school encourages me to contribute to community events	51 (58)	78 (59)	64 (58)
The school prepares me for when I leave this school	89 (78)	83 (77)	86 (78)

**Q57.** Percentage of Year 6+ pupils responding 'yes' to the following statements:



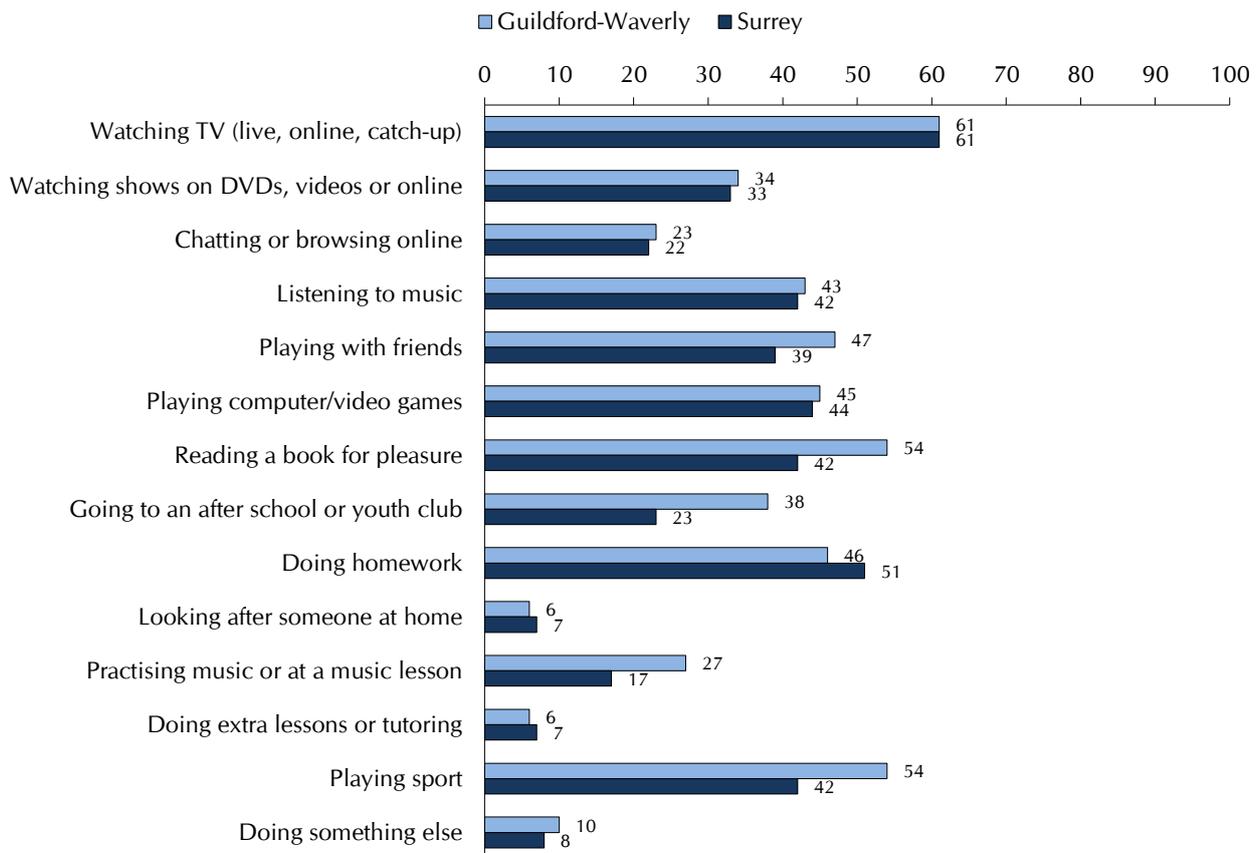
## After-school activities

61% (61%) of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while 54% (42%) spent time playing sport.

**Q59.** Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10 – Surrey Primary data in brackets):

Boys				Girls			
1	Playing computer/video games	69	(61)	1	Reading a book for pleasure	58	(45)
2	Watching TV (live, online, catch-up)	65	(63)	2	Watching TV (live, online, catch-up)	57	(58)
3	Playing sport	59	(50)	3	Doing homework	50	(52)
4	Playing with friends	51	(42)	4	Playing sport	50	(33)
5	Reading a book for pleasure	51	(40)	5	Going to an after school or youth club	44	(23)
6	Listening to music	46	(40)	6	Playing with friends	43	(35)
7	Watching shows on DVDs, videos or online	43	(36)	7	Listening to music	40	(45)
8	Doing homework	41	(50)	8	Practising music or at a music lesson	33	(20)
9	Going to an after school or youth club	32	(24)	9	Watching shows on DVDs, videos or online	26	(30)
10	Chatting or browsing online	25	(22)	10	Playing computer/video games	23	(27)

**Q59.** Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



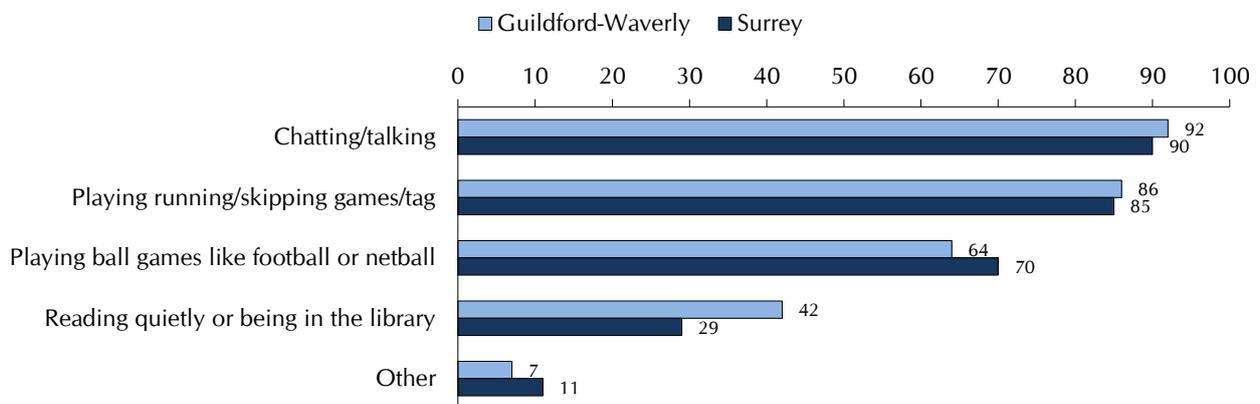
## Breaktimes

42% (29%) of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes, while 92% (90%) spend time chatting/talking.

**Q60.** Percentage of pupils responding that they at least 'sometimes' spend time doing the following during school playtimes (Surrey Primary data in brackets):

Boys				Girls			
1	Chatting/talking	92	(89)	1	Chatting/talking	94	(90)
2	Playing running/skipping games/tag	83	(85)	2	Playing running/skipping games/tag	90	(85)
3	Playing ball games like football or netball	73	(80)	3	Reading quietly or being in the library	58	(34)
4	Reading quietly or being in the library	26	(25)	4	Playing ball games like football or netball	56	(59)
5	Other	7	(8)	5	Other	7	(13)

**Q60.** Percentage of pupils responding that they at least 'sometimes' spend time doing the following during school breaktimes:



73% (64%) of pupils responded that their playtimes and lunchtimes are friendly, while 44% (37%) said that they are crowded, and 12% (9%) said that they are boring.

**Q61.** Percentage of pupils responding that they would describe their playtimes and lunchtimes as the following (top 5 – Surrey Primary data in brackets):

Boys				Girls			
1	Happy	79	(78)	1	Happy	82	(79)
2	Friendly	69	(59)	2	Friendly	77	(69)
3	Crowded	52	(40)	3	Safe	57	(46)
4	Safe	42	(41)	4	Relaxed	44	(28)
5	Busy	38	(39)	5	Busy	39	(40)

## Views & opinions

46% (42%) of pupils responded that their views and opinions are asked for in school, while 14% (14%) said they aren't asked for.

**Q62.** Percentage answering that their views and opinions are asked for in school.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	27	38	61	29	43	48
Girls	36	15	65	37	44	51

60% (56%) of pupils responded that their views and opinions are listened to in school, while 7% (10%) said they aren't listened to.

**Q63a.** Percentage answering that their views and opinions are listened to in school.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	43	54	68	49	54	58
Girls	48	54	78	56	56	61

49% (49%) of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while 41% (45%) feel they are listened to through a school or class council.

**Q63b.** Percentage of pupils responding that their views and opinions are listened to in the following ways (Surrey Primary data in brackets):

Boys				Girls			
1	Talking to teachers	47	(46)	1	Talking to teachers	51	(52)
2	School/class council	37	(44)	2	School/class council	44	(47)
3	Talking to other adults in school	30	(27)	3	Talking to other adults in school	31	(31)
4	Talking to trained pupils (e.g. playground pals/buddies)	16	(16)	4	Suggestion box	10	(14)
5	Suggestion box	5	(12)	5	Talking to trained pupils (e.g. playground pals/buddies)	9	(15)
6	Tick time	5	(3)	6	Tick time	5	(4)

27% (20%) of pupils responded that their views and opinions make a difference to how their school is run, while 19% (25%) said they don't make a difference.

**Q64.** Percentage answering that their views and opinions make a difference to how their school is run.

	Guildford-Waverly			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	39	15	30	17	21	23
Girls	18	8	29	18	19	22

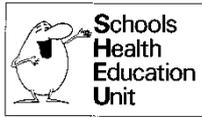
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Health Related Behaviour Survey!**

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- ... Turning your data into graphs and pie charts**
- ... Free resources about young people's health-related  
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***We may also be able to introduce you to health and  
education contacts, with money and resources, within your  
local community***