

Young People in Surrey Schools

The Health-Related Behaviour Survey 2015



A report for Surrey Primary

The Schools Health Education Unit

www.sheu.org.uk

School Survey Report 2015

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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CONTENTS

	Page No.
FOREWORD	2
INTRODUCTION	3
SURREY PRIMARY HEADLINES.....	5
BACKGROUND.....	9
HEALTHY EATING.....	12
PHYSICAL ACTIVITY	18
ALCOHOL, SMOKING & DRUGS	24
EMOTIONAL HEALTH & WELL-BEING	28
HEALTH & HYGIENE.....	34
STAYING SAFE	36
SCHOOL & LEISURE.....	44
LIST OF TABLES.....	48

N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.


SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding
Survey Manager
Schools Health Education Unit



Dr. David Regis
Research Manager
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Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	490	182	579
Girls	471	162	558

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

Surrey Primary Headlines

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	490	182	579
Girls	471	162	558

Background

ETHNICITY

- 72% of pupils described themselves as White British.

FAMILY

- 75% of pupils responded that they live with their Mum and Dad together.
- 12% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

ARMED FORCES

- 2% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 6% said they are 'not sure' if they do and 1% didn't want to say.

YOUNG CARERS

- 6% of pupils responded that they are a 'young carer', while 5% said they are 'not sure' if they are.
- 1% of pupils responded that their school knows they are a 'young carer'.

FREE SCHOOL MEALS

- 5% of pupils responded that they currently have free school meals, while 7% said they have had them and 1% could have them if they wanted.

Healthy Eating

5-A-DAY

- 6% of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.
- 33% of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

LUNCH

- 0% of pupils responded that they did not have any lunch on the day before the survey. 46% said that they had school food for lunch while 1% bought lunch from a takeaway or shop.
- 34% of pupils responded that the place where they can get school lunch is friendly, while 49% said that it is crowded, and 27% said that it is rushed.

COOKING

- 84% of pupils responded that they cook or help with cooking at home, while 39% said that they cook or help with cooking in school lessons.

WEIGHT PERCEPTION

- 4% of pupils responded that they would like to put on weight.
- 25% of pupils responded that they would like to lose weight.
- 72% of pupils responded that they are happy with their weight as it is.

BREAKFAST

- 8% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 5% only had a drink and 8% had a cooked breakfast.
- 32% of pupils responded that they had toast before lessons on the day of the survey, while 18% had fruit.
- 84% of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

FOOD & DRINK

- 64% of pupils responded that they eat fresh fruit 'on most days', while 22% said the same of sweets, chocolate, choc bars.
- 6% of pupils responded that they 'rarely or never' eat vegetables, while 24% said the same of fish/fish fingers.

Physical Activity

ENJOY EXERCISE

- 2% of pupils responded that they don't enjoy physical activities 'at all'.
- 85% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

HARD EXERCISE

- 16% of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.
- 24% of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

PE LESSONS

- 84% of pupils responded that they enjoy their PE lessons, while 12% are 'not sure' if they do.
- 70% of pupils responded that they feel they are getting better at PE, while 24% are 'not sure' if they are.

SCHOOL SPORTS

- ❑ 58% of pupils responded that their school has helped them to be more healthy, while 32% are 'not sure' if it has.
- ❑ 23% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ 40% of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.
- ❑ 35% of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 40% of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 56% of pupils responded that they haven't played any sports games or matches at their school this year.
- ❑ 23% of pupils responded that they have played at least 4 matches at their school this year.

ACTIVE TRAVEL

- ❑ 58% of pupils responded that they travelled to school by car/van on the day of the survey.
- ❑ 35% of pupils responded that they walked to school on the day of the survey.

Alcohol, Smoking & Drugs

ALCOHOL

- ❑ 4% of Year 6+ pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.
- ❑ 2% of Year 6+ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.
- ❑ 1% of Year 6+ pupils responded that they drank beer or lager in the 7 days before the survey and 1% said they drank spirits.
- ❑ 88% of Year 6+ pupils responded that they do not drink alcohol.
- ❑ 10% of Year 6+ pupils responded that they drink alcohol and their parents 'always' know, while 1% said they 'usually' know.
- ❑ 1% of Year 6+ pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

SMOKING AT HOME

- ❑ 21% of pupils responded that their parents/carers smoke.
- ❑ 6% of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 9% of pupils responded that someone smokes in a car when they are in it too.

SMOKING

- ❑ 2% of Year 6+ pupils responded that they have tried smoking in the past or smoke now.
- ❑ 0% of Year 6+ pupils responded that they smoked in the 7 days before the survey.

DRUGS

- ❑ 51% of Year 6+ pupils responded that their teachers have talked with them in school lessons about illegal drugs, while 54% said that their parents/carers have talked with them.
- ❑ 8% of Year 6+ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs that are not medicines.
- ❑ 1% of Year 6+ pupils responded that they have been offered cannabis.
- ❑ 1% of Year 6+ pupils responded that they have been offered other drugs.

Emotional Health & Well-being

GROWING UP

- ❑ 52% of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up, while 72% said that their parents/carers have talked with them.
- ❑ 55% of pupils responded that they feel they know enough about how their body changes as they get older, while 10% feel they don't know enough.

WORRYING

- ❑ 72% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 30% of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 36% said the same of SATs/tests, and 25% worry 'quite a lot' or 'a lot' about family problems.

PROBLEM SOLVING

- ❑ 69% of pupils responded that they at least 'sometimes' listen to music when a problem worries them. 93% said that they will talk to an adult about the problem at least 'sometimes', while 56% said that they will keep busy.

SELF-ESTEEM

- ❑ 29% of pupils had a med-low self-esteem score (9 or less).
- ❑ 34% of pupils had a high self-esteem score (15 or more).
- ❑ 83% of pupils responded that they feel happy talking to other pupils at school.

Health & Hygiene

HAND WASHING

- ❑ 57% of pupils responded that they washed their hands before lunch on the day before the survey, while 19% said they are 'not sure' if they did.
- ❑ 75% of pupils responded that they wash their hands 'whenever possible' after visiting the toilet, while 2% said they 'never or hardly ever' do and 23% do so only 'sometimes'.

DENTAL HEALTH

- ❑ 2% of pupils responded that they did not clean their teeth at all on the day before the survey.

- ❑ 85% of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 74% of pupils responded that they had a check-up the last time they visited the dentist.
- ❑ 17% of pupils responded that they had fillings the last time they visited the dentist.
- ❑ 3% of pupils responded that they had a brace fitted or checked the last time they visited the dentist.

Staying Safe

PEER PRESSURE

- ❑ 47% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 21% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- ❑ 42% of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- ❑ 15% of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

ACCIDENTS

- ❑ 32% of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.
- ❑ 7% of pupils responded that their most recent accident resulted in a broken bone, while 6% said that their most recent accident was a cut.

BULLYING

- ❑ 38% of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- ❑ 8% of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.
- ❑ 23% of pupils responded that they have been bullied at or near school in the last 12 months, while 19% said they 'don't know' if they have been.
- ❑ 67% of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 25% said they have done so 'often' or 'every day'.
- ❑ 41% of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while 41% were pushed/hit for no reason.
- ❑ 23% of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while 5% experienced it on the way to or from school.
- ❑ 6% of pupils responded that they think they are being 'picked on' or bullied because of their race, colour or religion, while 19% said that it was because of the way they look.

- ❑ 66% of pupils responded that they think their school takes bullying seriously, while 10% don't think their school takes bullying seriously.
- ❑ 2% of pupils responded that they think others may fear going to school because of them, while 19% said they are 'not sure' if others do.

INTERNET SAFETY

- ❑ 85% of pupils responded that they have used the internet at home in the last month, while 59% said they have used it at school and 59% have used it on a mobile device.
- ❑ 67% of pupils responded that they use the internet for schoolwork, while 75% said that they use it for playing games.
- ❑ 29% of Year 6+ pupils responded that they have seen images or videos online that were for adults-only.
- ❑ 28% of Year 6+ pupils responded that they have seen images or videos online that upset them.
- ❑ 28% of pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.
- ❑ 93% of pupils responded that they have been told how to stay safe while using the internet, while 7% said they haven't been told how to stay safe.
- ❑ 65% of pupils responded that they get e-safety information from their parents/carers/family, while 82% said that they get information from school.
- ❑ 19% of pupils responded that they have received a chat message that scared them or made them upset.
- ❑ 15% of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.

School & Leisure

EVERY CHILD MATTERS

- ❑ 68% of Year 6+ pupils responded that in their school, people with different backgrounds are valued.

AFTER-SCHOOL ACTIVITIES

- ❑ 61% of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while 42% spent time playing sport.

BREAKTIMES

- ❑ 29% of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes, while 90% spend time chatting/talking.
- ❑ 64% of pupils responded that their playtimes and lunchtimes are friendly, while 37% said that they are crowded, and 9% said that they are boring.

VIEWS & OPINIONS

- ❑ 42% of pupils responded that their views and opinions are asked for in school, while 14% said they aren't asked for.

- ❑ 56% of pupils responded that their views and opinions are listened to in school, while 10% said they aren't listened to.
- ❑ 49% of pupils responded that they feel their views and opinions are listened to by talking to teachers in

school, while 45% feel they are listened to through a school or class council.

- ❑ 20% of pupils responded that their views and opinions make a difference to how their school is run, while 25% said they don't make a difference.

Background

Ethnicity

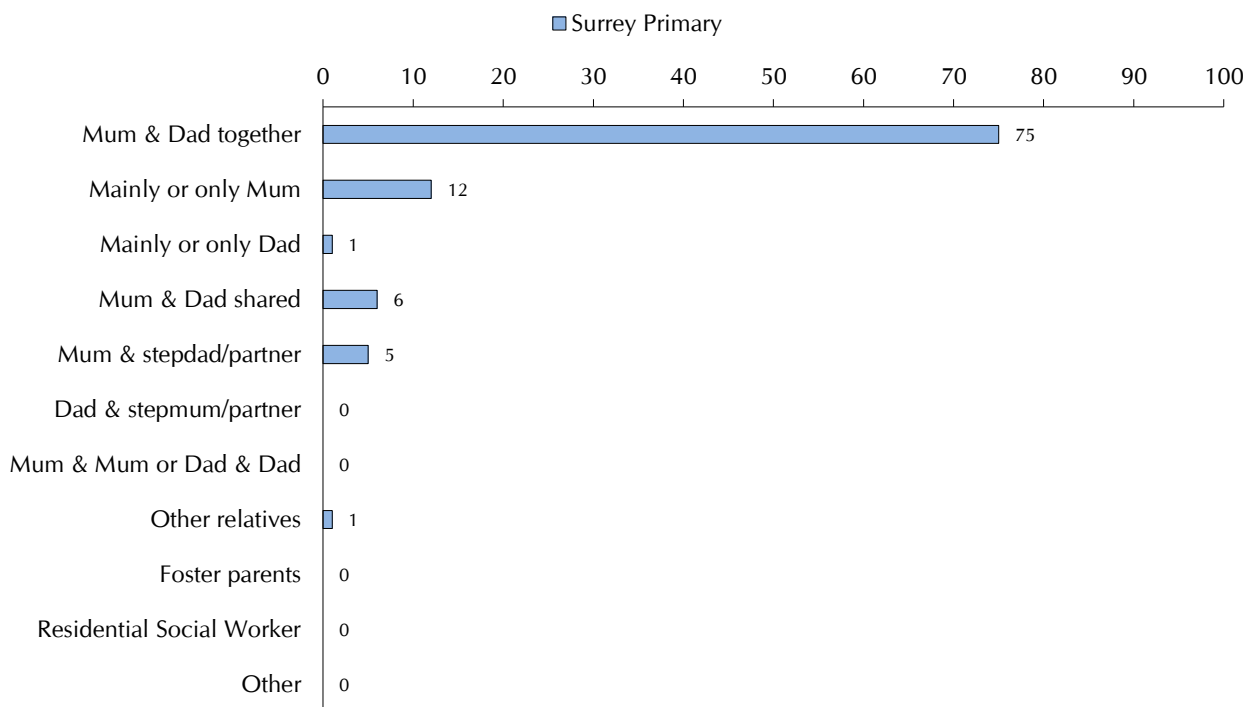
72% of pupils described themselves as White British.

Q1. Percentage describing themselves as White British.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	69	80	71
Girls	70	79	72

Family

Q3. Which adults do you live with?



75% of pupils responded that they live with their Mum and Dad together.

Q3. Percentage answering that they live with their Mum and Dad together.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	77	74	74
Girls	78	71	74

12% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

Q3. Percentage answering that they live 'mainly or only' with their Mum.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	13	11	11
Girls	10	12	13

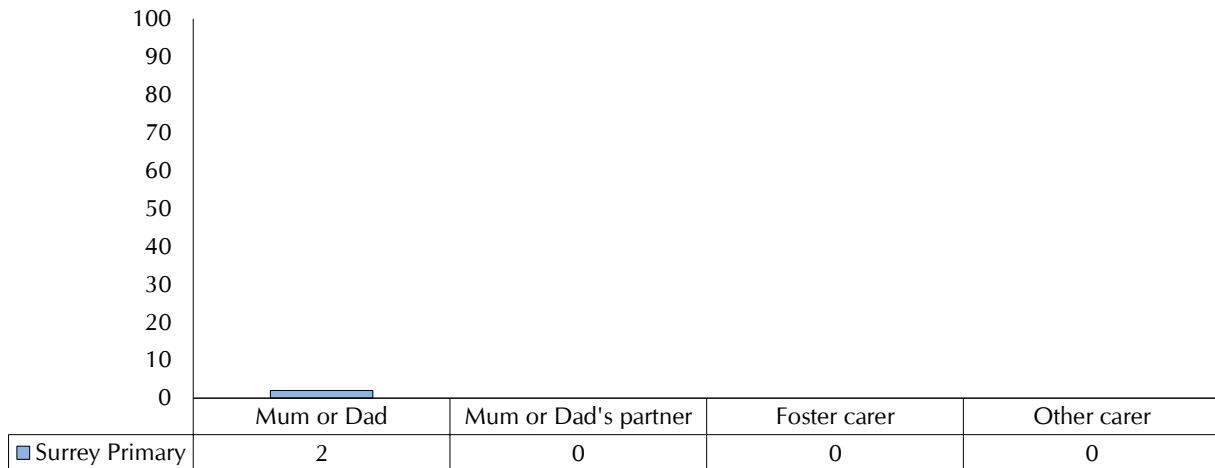
Armed forces

2% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 6% said they are 'not sure' if they do and 1% didn't want to say.

Q4a. Percentage answering that they have a parent/carer who is in the armed forces.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	2	2	1
Girls	2	2	2

Q4b. If yes, who is it?



Young carers

6% of pupils responded that they are a 'young carer', while 5% said they are 'not sure' if they are.

Q5a. Percentage answering that they are a 'young carer'.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	7	4	6
Girls	6	5	6

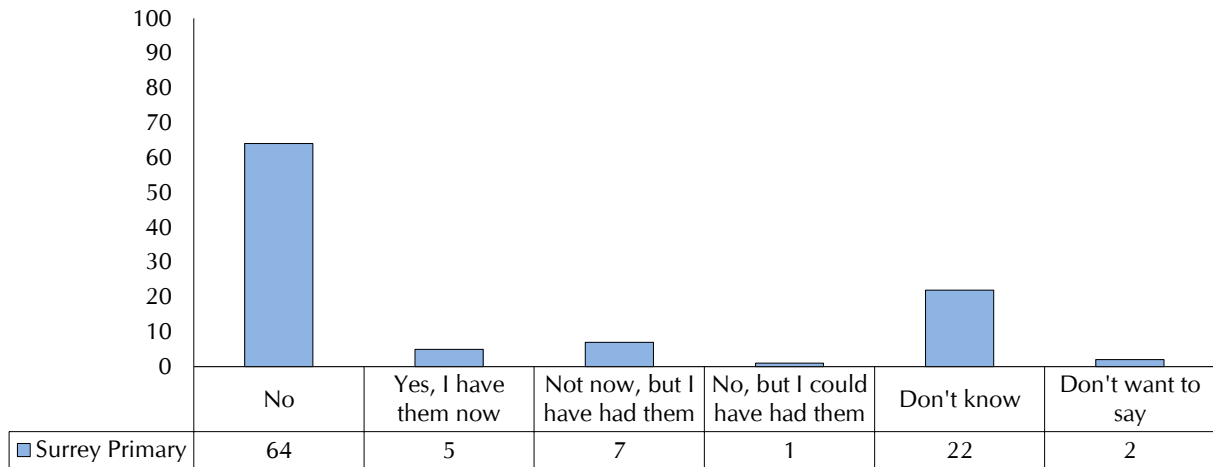
1% of pupils responded that their school knows they are a 'young carer'.

Q5c. Percentage answering that their school knows they are a 'young carer'.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	2	0	1
Girls	1	1	2

Free school meals

Q9. Have you ever had free school meals, or vouchers for free meals?



5% of pupils responded that they currently have free school meals, while 7% said they have had them and 1% could have them if they wanted.

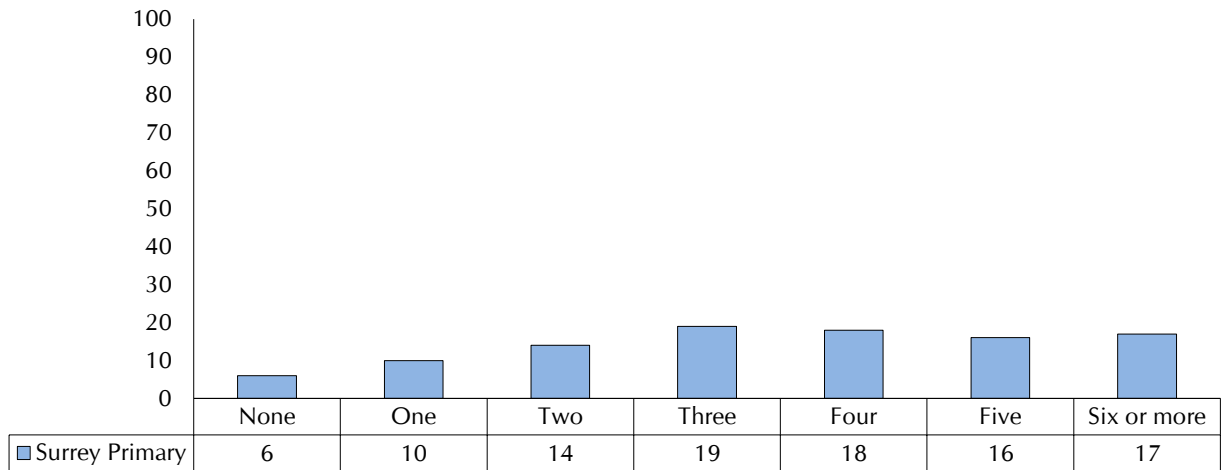
Q9. Percentage answering that they currently have free school meals.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	5	5	4
Girls	5	3	4

Healthy Eating

5-a-day

Q6. How many portions of fruit and vegetables did you eat yesterday?



6% of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.

Q6. Percentage answering that they didn't have any portions of fruit or vegetables on the day before the survey.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	9	6	7
Girls	6	5	4

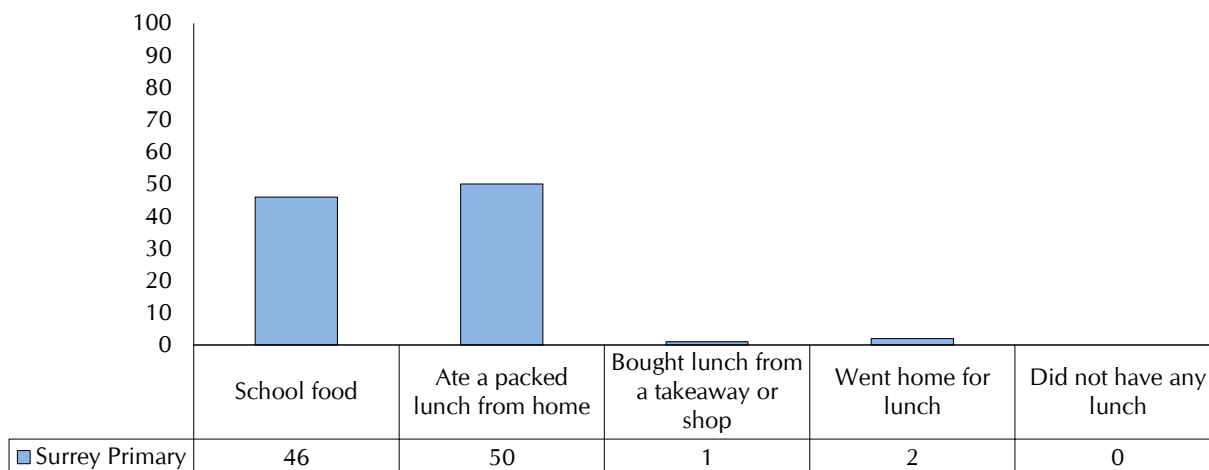
33% of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

Q6. Percentage answering that they had at least 5 portions of fruit and vegetables on the day before the survey.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	30	30	36
Girls	32	32	36

Lunch

Q7. What did you do for lunch yesterday?



46% of pupils responded that they had school food for lunch on the day before the survey.

Q7. Percentage answering that they had school food for lunch on the day before the survey.

Surrey Primary

	Yr 4	Yr 5	Yr 6
Boys	53	43	39
Girls	53	46	42

0% of pupils responded that they did not have any lunch on the day before the survey, while 1% said they bought lunch from a takeaway or shop.

Q7. Percentage answering that they did not have any lunch on the day before the survey.

Surrey Primary

	Yr 4	Yr 5	Yr 6
Boys	0	1	1
Girls	0	1	1

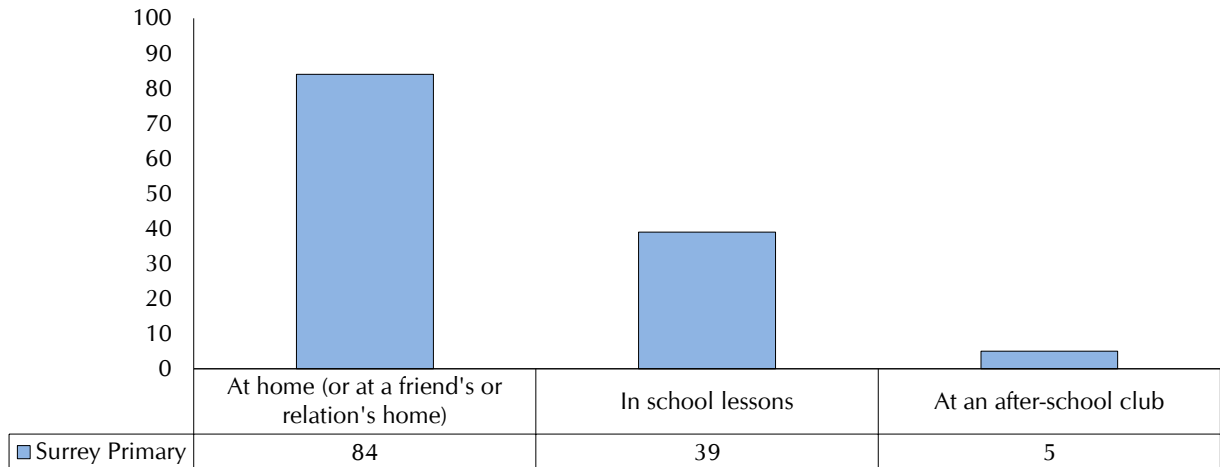
34% of pupils responded that the place where they can get school lunch is friendly, while 49% said it is crowded, and 27% said it is rushed.

Q8. Percentage of pupils responding that they would describe the place where they can get school lunch as the following (top 5):

Boys			Girls		
1	Crowded	49	1	Crowded	50
2	Busy	42	2	Busy	46
3	Happy	38	3	Happy	39
4	Friendly	31	4	Friendly	37
5	Safe	30	5	Safe	31

Cooking

Q10. Percentage of pupils responding that they cook or help with cooking at the following places:



84% of pupils responded that they cook or help with cooking at home (or at a friend's or relation's home), while 39% said that they cook or help with cooking in school lessons.

Q10. Percentage answering that they cook or help with cooking at home.

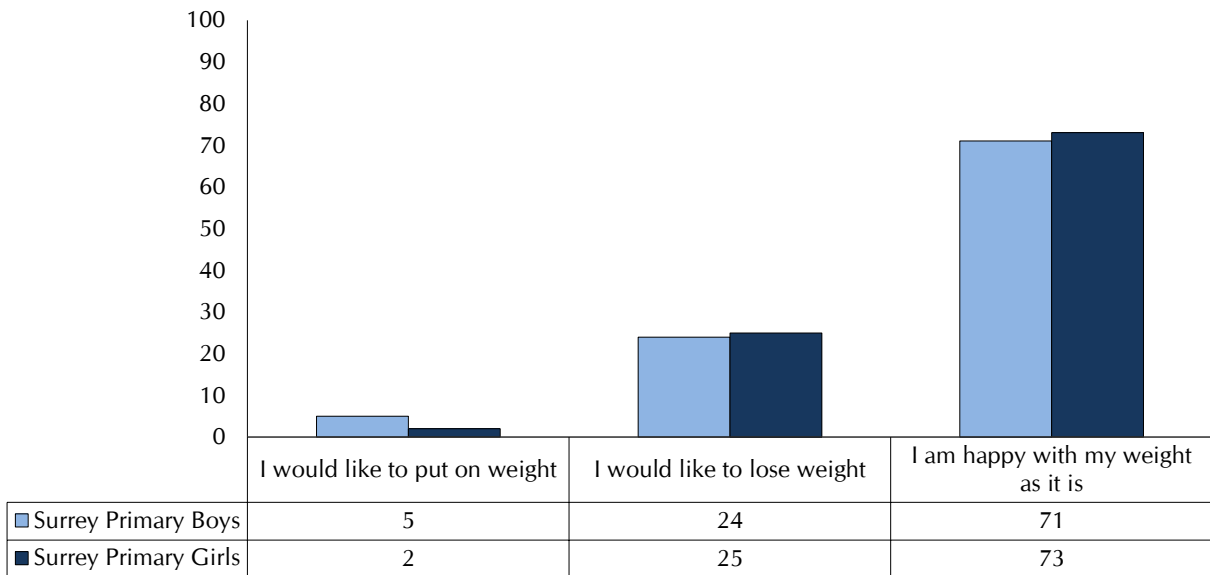
	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	80	77	78
Girls	90	85	89

Q10. Percentage of pupils responding that they cook or help with cooking at the following places :

Boys			Girls		
1	At home	78	1	At home	89
2	In school lessons	38	2	In school lessons	39
3	At an after-school club	4	3	At an after-school club	5

Weight perception

Q11. Weight: Which statement describes you best?



4% of pupils responded that they would like to put on weight.

Q11. Percentage answering that they would like to put on weight.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	6	3	4
Girls	2	3	3

25% of pupils responded that they would like to lose weight.

Q11. Percentage answering that they would like to lose weight.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	25	19	26
Girls	22	18	29

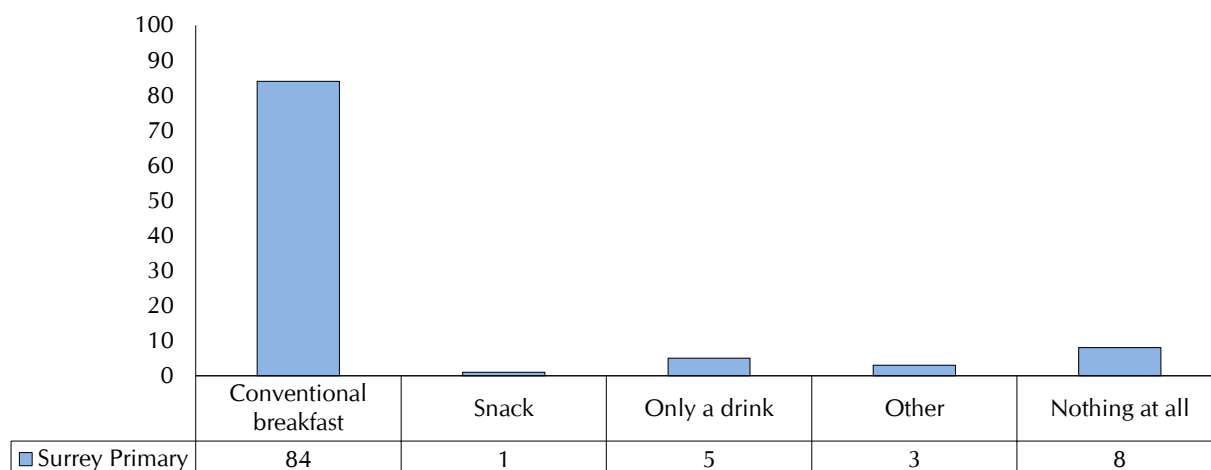
72% of pupils responded that they are happy with their weight as it is.

Q11. Percentage answering that they are happy with their weight as it is.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	69	78	70
Girls	77	79	68

Breakfast

Q13. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



8% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 5% only had a drink and 8% had a cooked breakfast.

Q13. Percentage answering that they had nothing to eat or drink before lessons on the day of the survey.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	11	10	8
Girls	4	7	7

32% of pupils responded that they had toast before lessons on the day of the survey, while 18% had fruit.

Q13. Percentage of pupils responding that they had the following to eat or drink before lessons on the day of the survey (top 10):

Boys			Girls		
1	Other drink	41	1	Other drink	49
2	Other cereals	33	2	Toast or bread	35
3	Toast or bread	30	3	Other cereals	33
4	Fruit	17	4	Fruit	19
5	Sugar-coated cereals	11	5	Tea/ice tea	9
6	Cooked breakfast	9	6	Sugar-coated cereals	8
7	Hot chocolate	8	7	Hot chocolate	8
8	Yoghurt	7	8	Yoghurt	8
9	Biscuits/cakes/croissants	7	9	Cooked breakfast	7
10	Tea/ice tea	7	10	Porridge/Ready brek	7

84% of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

Q12. Percentage of pupils responding that they had something to eat or drink at the following before lessons on the day of the survey:

Boys			Girls		
1	At home	83	1	At home	86
2	At school	13	2	At school	15
3	On the way to school	7	3	On the way to school	8

Food & drink

64% of pupils responded that they eat fresh fruit 'on most days', while 22% said the same of sweets, chocolate, choc bars.

Q14. Percentage of pupils responding that they eat the following 'on most days' (top 10):

Boys			Girls		
1	Water	83	1	Water	85
2	Fresh fruit	59	2	Fresh fruit	68
3	Vegetables	55	3	Vegetables	63
4	Milk	55	4	Milk	45
5	Crisps	26	5	Cheese	24
6	Sweets, chocolate, choc bars	23	6	Salads	22
7	Cheese	22	7	Pulses (peas, beans lentils)	22
8	Pulses (peas, beans lentils)	20	8	Crisps	21
9	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	18	9	Sweets, chocolate, choc bars	21
10	Salads	17	10	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	17

6% of pupils responded that they 'rarely or never' eat vegetables, while 24% said the same of fish/fish fingers.

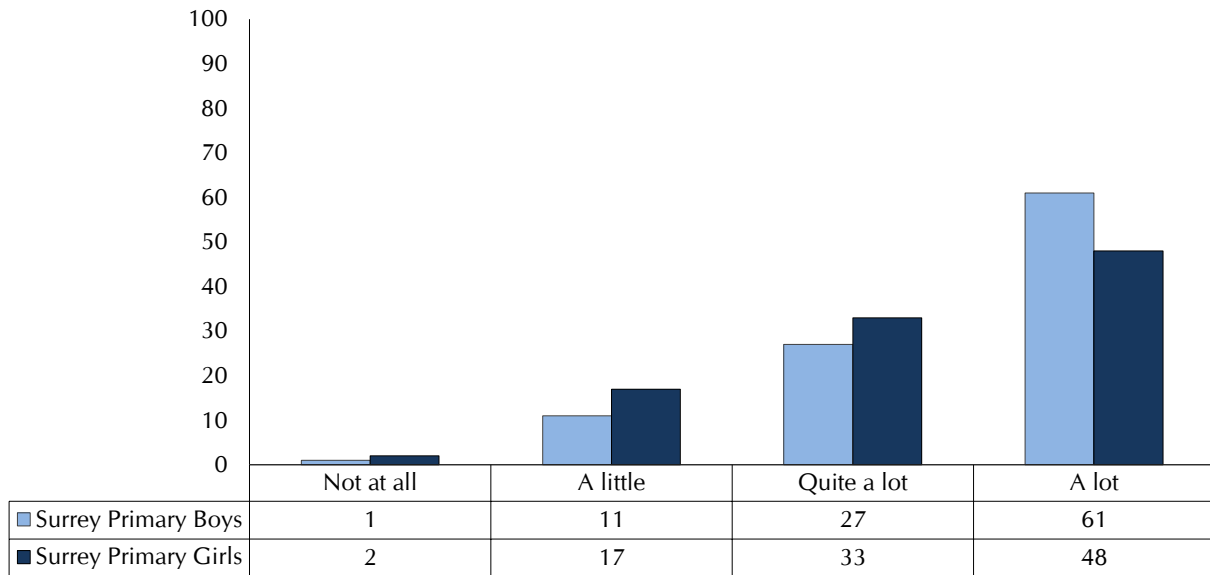
Q14. Percentage of pupils responding that they 'rarely or never' eat the following (top 10):

Boys			Girls		
1	Coffee/cappuccino	77	1	Coffee/cappuccino	81
2	Energy drinks (e.g. Red Bull, Relentless)	71	2	Energy drinks (e.g. Red Bull, Relentless)	80
3	Tea/ice tea	54	3	Tea/ice tea	53
4	'Diet' fizzy drinks (low calorie)	43	4	'Diet' fizzy drinks (low calorie)	52
5	Takeaways (e.g. burgers, Chinese, Indian, pizza)	40	5	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	50
6	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	39	6	Takeaways (e.g. burgers, Chinese, Indian, pizza)	47
7	Hot chocolate	36	7	Hot chocolate	35
8	Salads	35	8	Eggs	32
9	Eggs	32	9	Salads	28
10	Cheese	24	10	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	26

Physical Activity

Enjoy exercise

Q15. How much do you enjoy physical activities?



2% of pupils responded that they don't enjoy physical activities 'at all'.

Q15. Percentage answering that they don't enjoy physical activities 'at all'.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	3	1	1
Girls	3	1	2

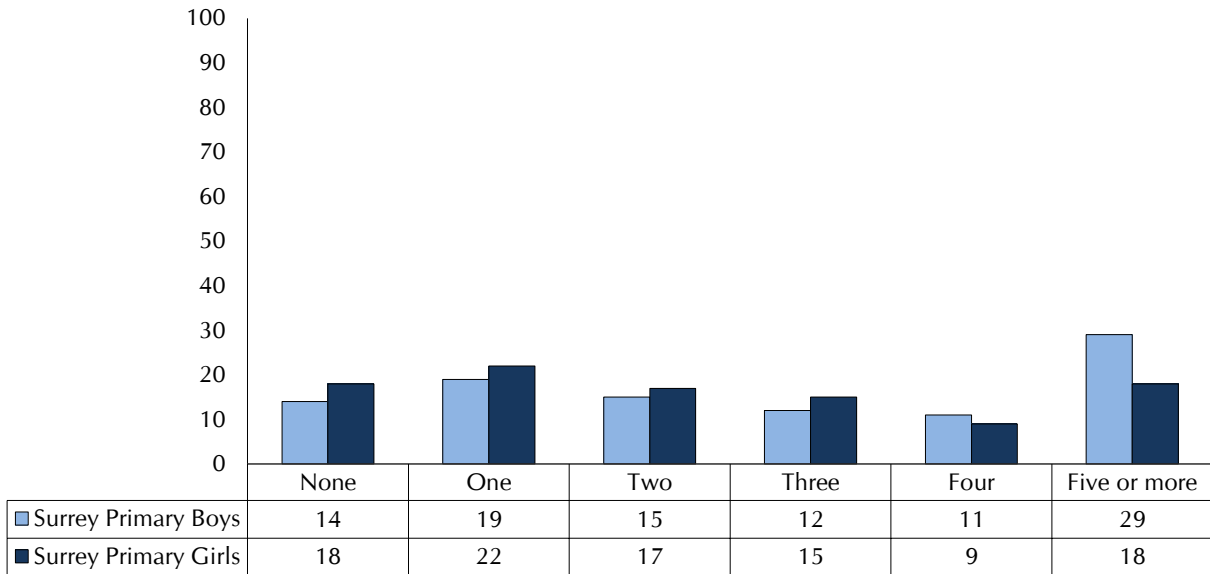
85% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q15. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	84	88	91
Girls	80	84	82

Hard exercise

Q16. On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



16% of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.

Q16. Percentage answering that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.

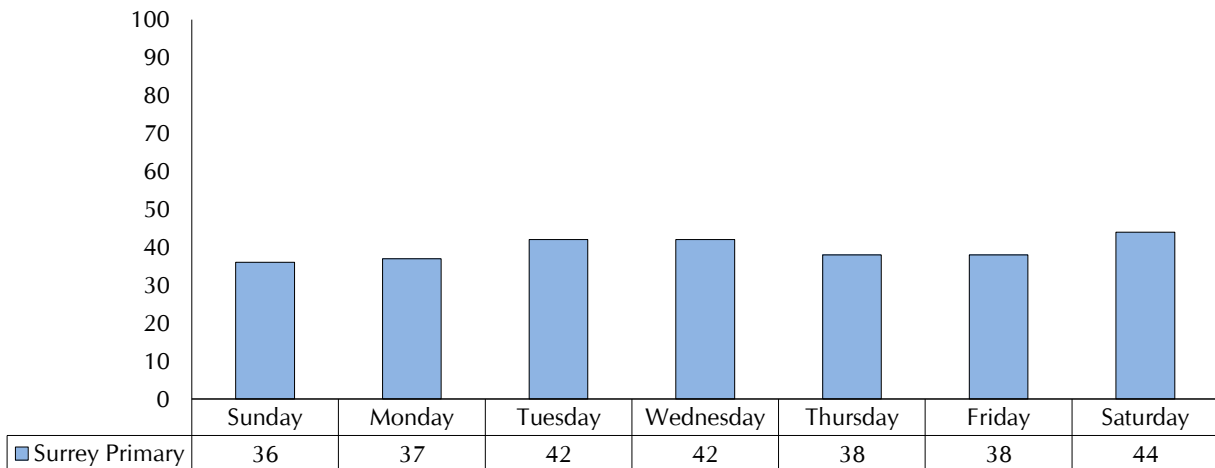
Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	17	13	12
Girls	20	22	16

24% of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

Q16. Percentage answering that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	20	35	35
Girls	14	17	22

Q16. On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



PE lessons

84% of pupils responded that they enjoy their PE lessons, while 12% are 'not sure' if they do.

70% of pupils responded that they feel they are getting better at PE, while 24% are 'not sure' if they are.

School sports

58% of pupils responded that their school has helped them to be more healthy, while 32% are 'not sure' if it has.

Q17a. Percentage answering that they enjoy their PE lessons.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	88	87	85
Girls	82	81	81

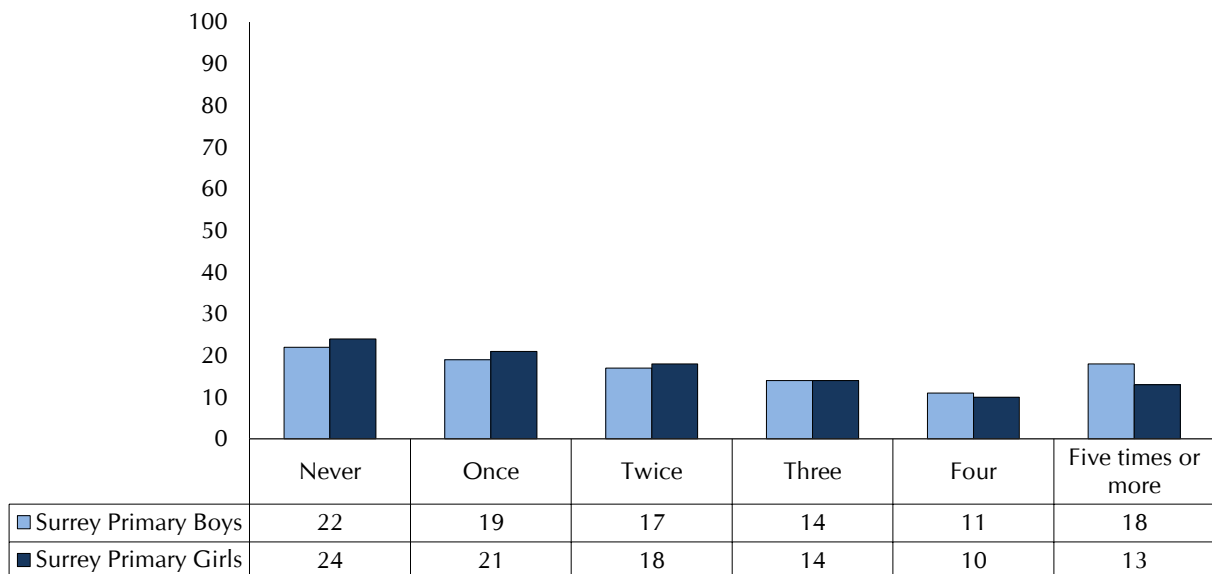
Q17b. Percentage answering that they feel they are getting better at PE.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	74	73	71
Girls	69	65	68

Q17c. Percentage answering that their school has helped them to be more healthy.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	64	53	51
Girls	71	65	51

Q18. How many times each week do you go to sports clubs at lunchtime or after school?



23% of pupils responded that they don't go to any sports clubs at lunch time or after school each week.

40% of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.

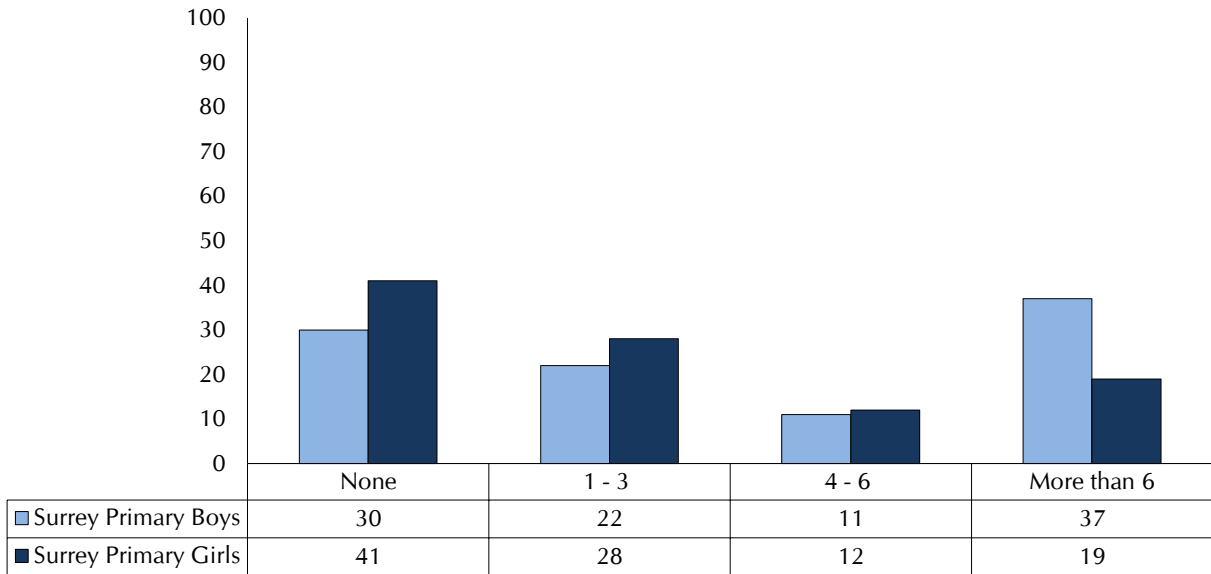
Q18. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	24	18	23
Girls	27	21	23

Q17b. Percentage answering that they go to at least 3 sports clubs at lunch time or after school each week.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	35	51	45
Girls	30	36	42

Q19. How many games or matches have you played against other schools this year?



35% of pupils responded that they haven't played any games or matches against other schools this year.

Q19. Percentage answering that they haven't played any games or matches against other schools this year.

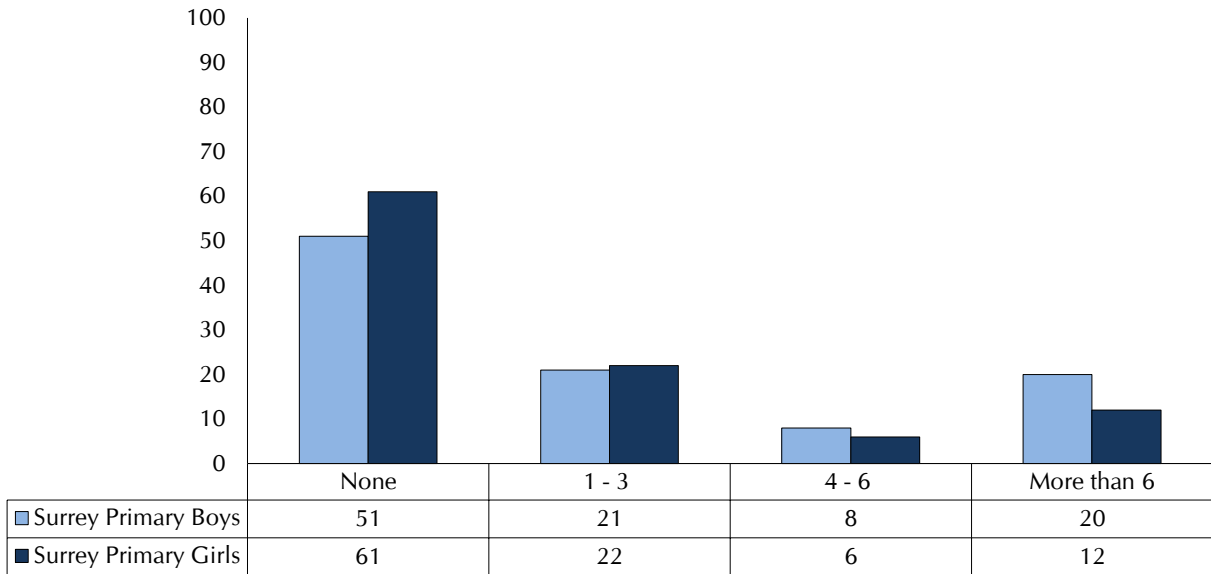
	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	33	28	28
Girls	53	34	34

40% of pupils responded that they have played at least 4 matches against other schools this year.

Q19. Percentage answering that they have played at least 4 matches against other schools this year.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	42	49	52
Girls	20	36	39

Q20. How many sports games or matches have you played at your school this year?



56% of pupils responded that they haven't played any sports games or matches at their school this year.

Q20. Percentage answering that they haven't played any sports games or matches at their school this year.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	66	54	39
Girls	78	63	46

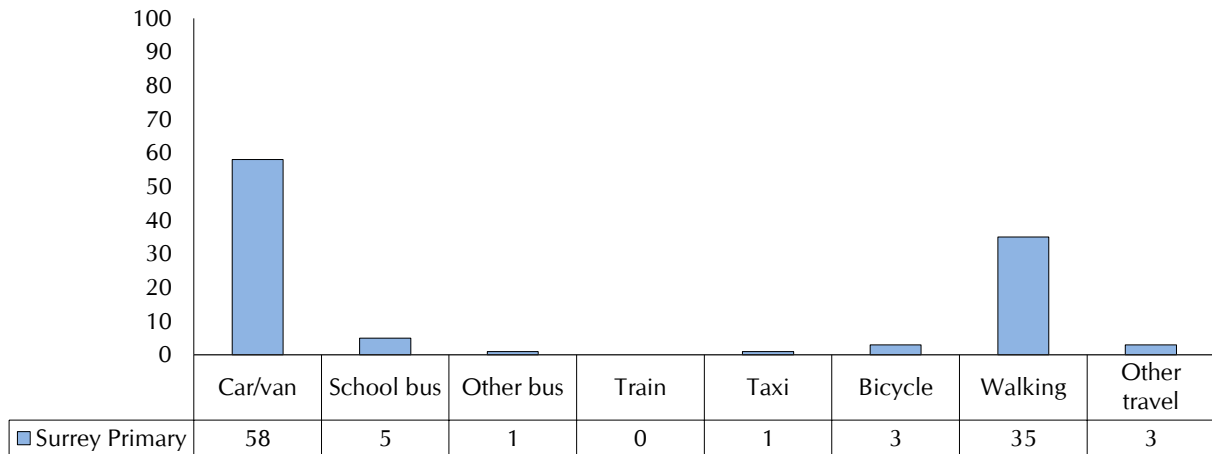
23% of pupils responded that they have played at least 4 matches at their school this year.

Q20. Percentage answering that they have played at least 4 matches at their school this year.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	13	26	41
Girls	5	15	28

Active travel

Q65. How did you travel to school today?



58% of pupils responded that they travelled to school by car/van on the day of the survey.

Q65. Percentage answering that they travelled to school by car/van on the day of the survey.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	60	49	58
Girls	60	62	56

35% of pupils responded that they walked to school on the day of the survey.

Q65. Percentage answering that they walked to school on the day of the survey.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	30	37	38
Girls	32	35	39

Alcohol, Smoking & Drugs

Alcohol

4% of Year 6+ pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.

Q21. Percentage of Year 6+ pupils answering that they had an alcoholic drink in the 7 days before the survey.

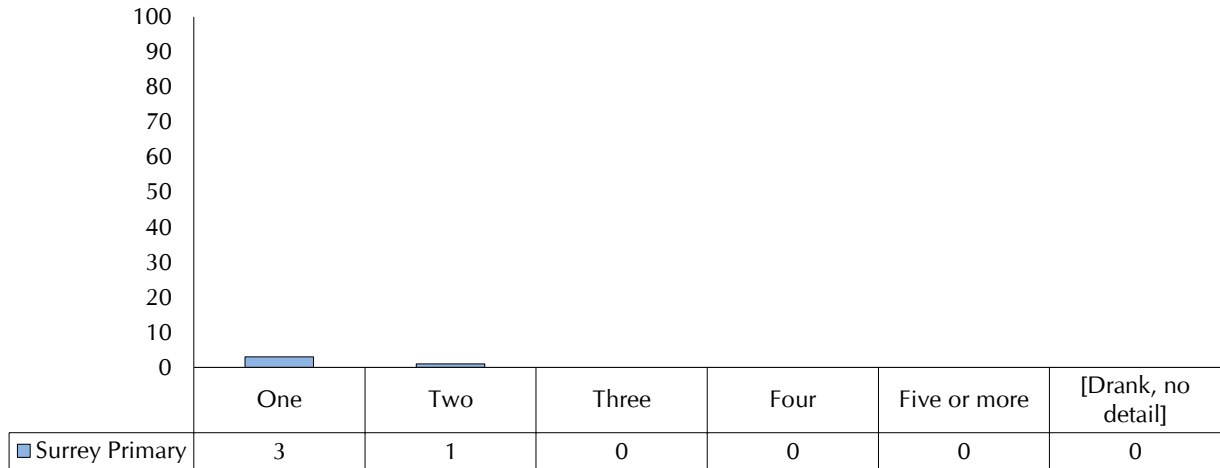
Surrey Primary

Yr 6

Boys 6

Girls 2

Q22. Year 6+ only: If yes, on how many days did you drink alcohol, in the last 7 days?



2% of Year 6+ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.

Q22. Percentage of Year 6+ pupils answering that they drank alcohol on more than one day in the 7 days before the survey.

Surrey Primary

Yr 6

Boys 2

Girls 1

1% of Year 6+ pupils responded that they drank beer or lager in the 7 days before the survey and 1% said they drank spirits.

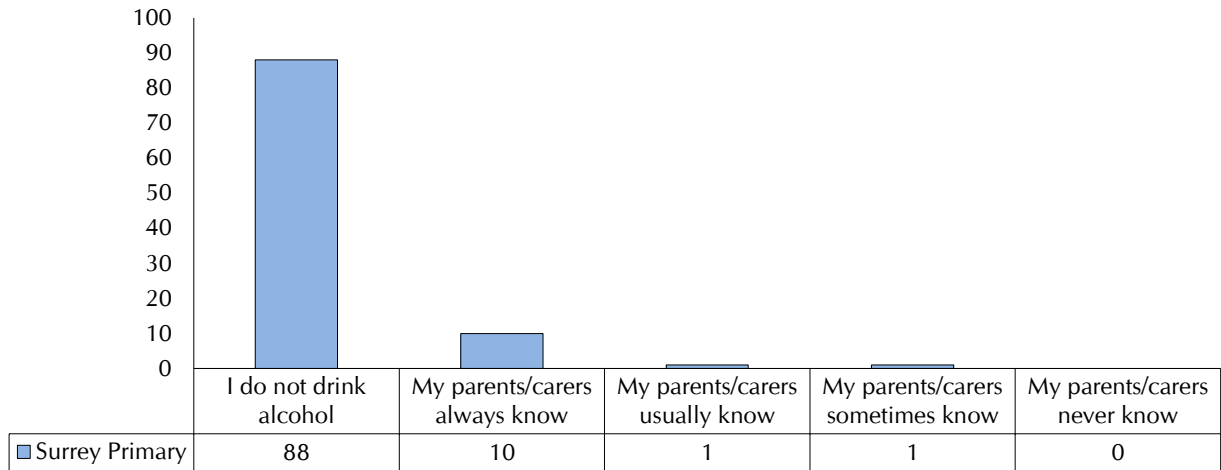
Q23. Year 6+ only: Most popular alcoholic drinks from the last 7 days (top 5):

Yr 6 Boys

Yr 6 Girls

1	Wine	3	1	Spirits	1
2	Beer or lager	2	2	Beer or lager	1
3	Spirits	1	3	Wine	1
4	Cider	1	4		
5	Shandy (beer mixed with lemonade)	1	5		

Q24. Year 6+ only: Do your parents know if you drink alcohol?



88% of Year 6+ pupils responded that they do not drink alcohol.

Q24. Percentage of Year 6+ pupils answering that they do not drink alcohol.

Surrey Primary
 Yr 6
 Boys 85
 Girls 91

10% of Year 6+ pupils responded that they drink alcohol and their parents 'always' know, while 1% said they 'usually' know.

Q24. Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'always' know.

Surrey Primary
 Yr 6
 Boys 14
 Girls 7

1% of Year 6+ pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

Q24. Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

Surrey Primary
 Yr 6
 Boys 1
 Girls 1

Smoking at home

21% of pupils responded that their parents/carers smoke.

Q25a. Percentage answering that their parents/carers smoke.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	22	15	22
Girls	20	20	23

6% of pupils responded that someone smokes indoors at home in rooms that they use.

Q25b. Percentage answering that someone smokes indoors at home in rooms that they use.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	6	6	7
Girls	5	3	7

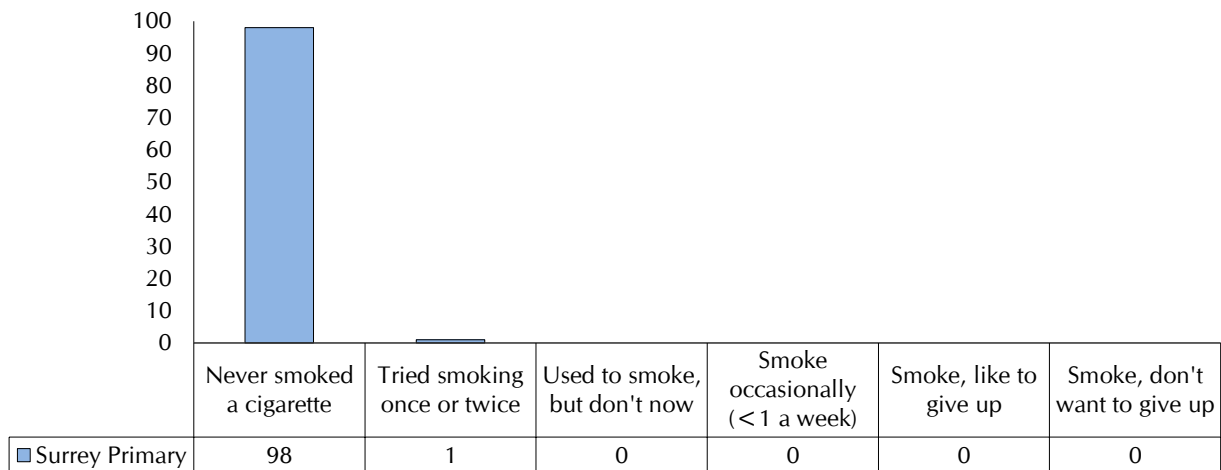
9% of pupils responded that someone smokes in a car when they are in it too.

Q25c. Percentage answering that someone smokes in a car when they are in it too.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	12	8	10
Girls	8	6	10

Smoking

Q26. Year 6+ only: Smoking: Which statement describes you best?



2% of Year 6+ pupils responded that they have tried smoking in the past or smoke now.

Q26. Percentage of Year 6+ pupils answering that they have smoked in the past or smoke now.

Surrey Primary	
Yr 6	
Boys	2
Girls	1

0% of Year 6+ pupils responded that they smoked in the 7 days before the survey.

Q27. Percentage of Year 6+ pupils answering that they smoked in the 7 days before the survey.

Surrey Primary	
Yr 6	
Boys	0
Girls	0

Drugs

51% of Year 6+ pupils responded that their teachers have talked with them in school lessons about illegal drugs, while 54% said that their parents/carers have talked with them.

Q28. Percentage of Year 6+ pupils responding that the following people have talked with them about illegal drugs:

Yr 6 Boys			Yr 6 Girls		
1	Parents/carers	56	1	Teachers, in school lessons	53
2	Teachers, in school lessons	50	2	Parents/carers	53
3	Visitors or speakers in school lessons	26	3	Visitors or speakers in school lessons	24
4	Friends	23	4	Friends	15
5	Brothers or sisters	15	5	Out-of-school activity leaders e.g. Brownies etc.	12

8% of Year 6+ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs that are not medicines.

Q29. Percentage of Year 6+ pupils answering that they are 'fairly sure' or 'certain' they know someone who uses drugs.

Surrey Primary

Yr 6

Boys 9

Girls 7

1% of Year 6+ pupils responded that they have been offered cannabis.

Q30. Percentage of Year 6+ pupils answering that they have been offered cannabis.

Surrey Primary

Yr 6

Boys 2

Girls 0

1% of Year 6+ pupils responded that they have been offered other drugs.

Q31. Percentage of Year 6+ pupils answering that they have been offered other drugs.

Surrey Primary

Yr 6

Boys 1

Girls 0

Emotional Health & Well-being

Growing up

52% of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up, while 72% said that their parents/carers have talked with them.

Q32a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (top 5):

Boys			Girls		
1	Parents/carers	69	1	Parents/carers	75
2	Teachers, in school lessons	53	2	Teachers, in school lessons	51
3	Friends	18	3	Friends	19
4	Brothers or sisters	18	4	Brothers or sisters	16
5	Other close relatives	17	5	Other close relatives	13

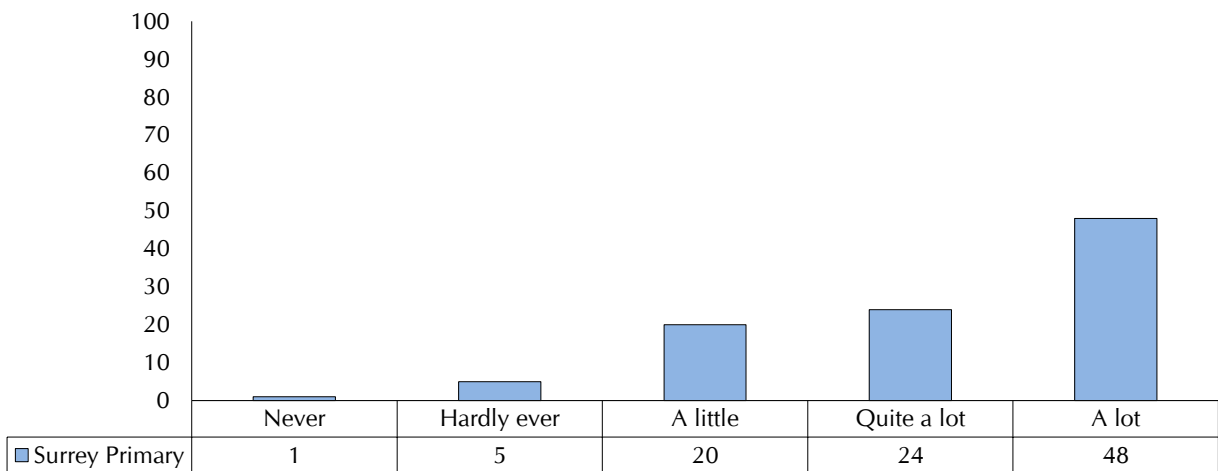
55% of pupils responded that they feel they know enough about how their body changes as they get older, while 10% feel they don't know enough.

Q32b. Percentage answering that they feel they know enough about how their body changes as they get older.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	46	49	67
Girls	41	41	67

Worrying

Q33. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



72% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q33. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

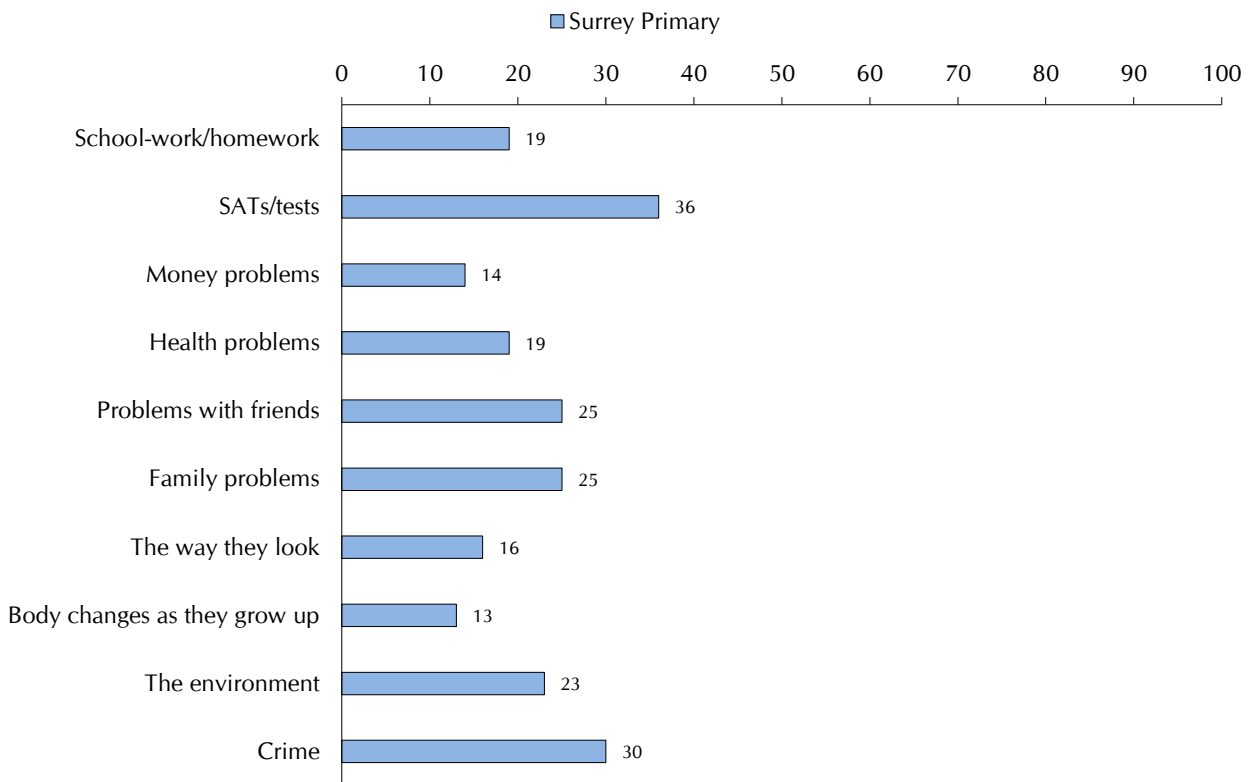
Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	72	72	69
Girls	77	72	71

30% of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 36% said the same of SATs/tests, and 25% worry 'quite a lot' or 'a lot' about family problems.

Q33. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':

Boys			Girls		
1	SATs/tests	32	1	SATs/tests	39
2	Crime	32	2	Problems with friends	30
3	Family problems	26	3	Crime	28
4	The environment	23	4	Family problems	24
5	Problems with friends	21	5	The environment	22
6	Health problems	21	6	The way they look	18
7	School-work/homework	19	7	School-work/homework	18
8	Body changes as they grow up	13	8	Health problems	18
9	Money problems	13	9	Money problems	15
10	The way they look	13	10	Body changes as they grow up	14

Q33. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



Problem solving

In Question 34 the young people were asked to whom they would turn to share a range of problems. The top five sources of support for each of the issues are as follows:

Problem with school

Boys			Girls		
1	Mum and/or Dad	55	1	Mum and/or Dad	57
2	Teacher	23	2	Teacher	20
3	Keep it to myself	8	3	Friend	8
4	Friend	6	4	Keep it to myself	7
5	Brother or sister	3	5	Brother or sister	4

Family problem

Boys			Girls		
1	Mum and/or Dad	53	1	Mum and/or Dad	46
2	Keep it to myself	17	2	Keep it to myself	16
3	Brother or sister	10	3	Friend	15
4	Friend	8	4	Brother or sister	9
5	Teacher	5	5	Teacher	7

Health problem

Boys			Girls		
1	Mum and/or Dad	77	1	Mum and/or Dad	76
2	Keep it to myself	11	2	Keep it to myself	11
3	Friend	3	3	Friend	3
4	Other adult	2	4	Teacher	2
5	Brother or sister	2	5	Brother or sister	2

Problem with friends

Boys			Girls		
1	Mum and/or Dad	44	1	Mum and/or Dad	46
2	Teacher	20	2	Teacher	21
3	Keep it to myself	14	3	Friend	11
4	Friend	11	4	Keep it to myself	11
5	Brother or sister	5	5	Brother or sister	6

Bullying problem

Boys			Girls		
1	Mum and/or Dad	53	1	Mum and/or Dad	53
2	Teacher	25	2	Teacher	25
3	Keep it to myself	8	3	Keep it to myself	8
4	Friend	4	4	Friend	5
5	Brother or sister	3	5	Brother or sister	3

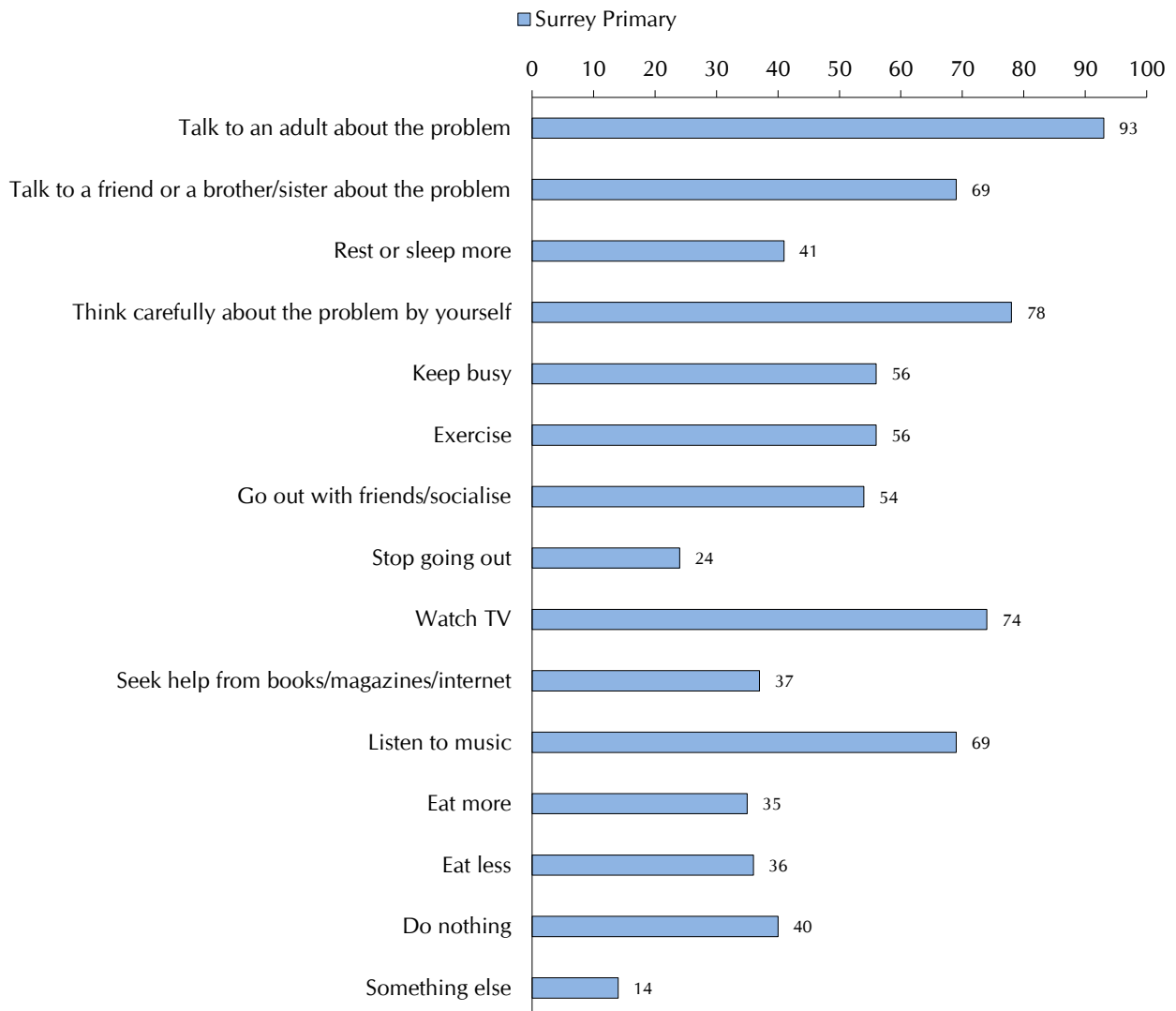
'Keep it to myself' is not necessarily negative. For some pupils it may mean that they feel they can cope without help.

69% of pupils responded that they at least 'sometimes' listen to music when a problem worries them. 93% said that they will talk to an adult about the problem at least 'sometimes', while 56% said that they will keep busy.

Q35. Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them (top 10):

Boys			Girls		
1	Talk to an adult about the problem	92	1	Talk to an adult about the problem	94
2	Think carefully about the problem by yourself	75	2	Think carefully about the problem by yourself	82
3	Watch TV	73	3	Watch TV	76
4	Talk to a friend or a brother/sister about the problem	65	4	Listen to music	73
5	Listen to music	65	5	Talk to a friend or a brother/sister about the problem	73
6	Exercise	59	6	Keep busy	57
7	Go out with friends/socialise	55	7	Exercise	54
8	Keep busy	54	8	Go out with friends/socialise	54
9	Rest or sleep more	41	9	Rest or sleep more	40
10	Do nothing	41	10	Do nothing	38

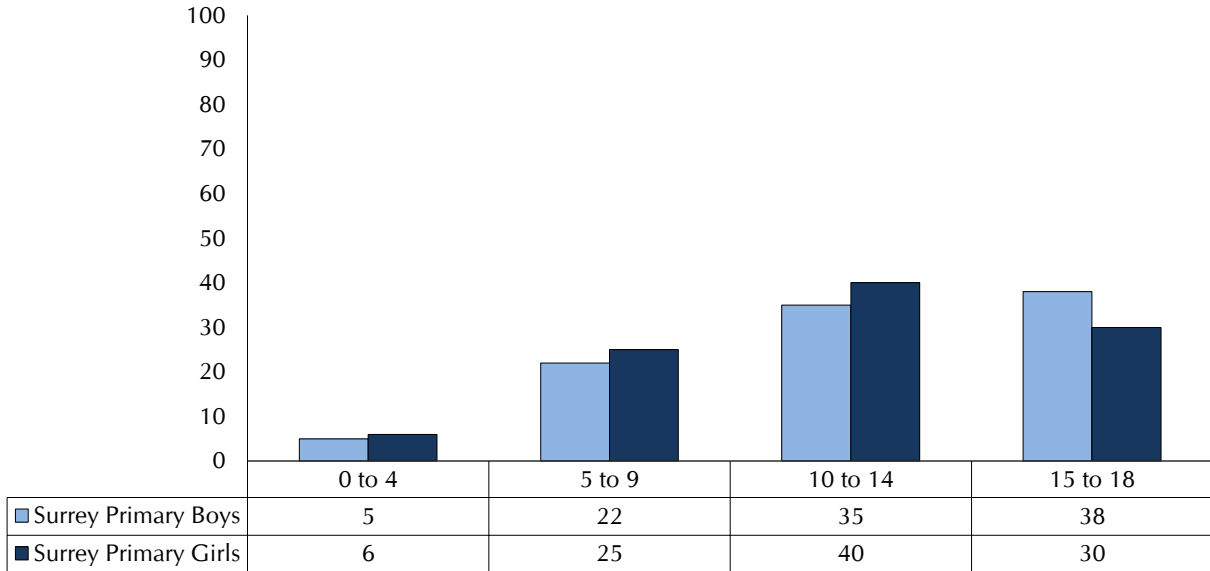
Q35. Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them:



Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

Q58. Composite self-esteem score:



Data from the 'Young People into...' series reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

29% of pupils had a med-low self-esteem score (9 or less).

Q58. Percentage of pupils with a med-low self-esteem score (9 or less).

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	28	30	26
Girls	35	29	27

34% of pupils had a high self-esteem score (15 or more).

Q58. Percentage of pupils with a high self-esteem score (15 or more).

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	36	38	40
Girls	25	35	32

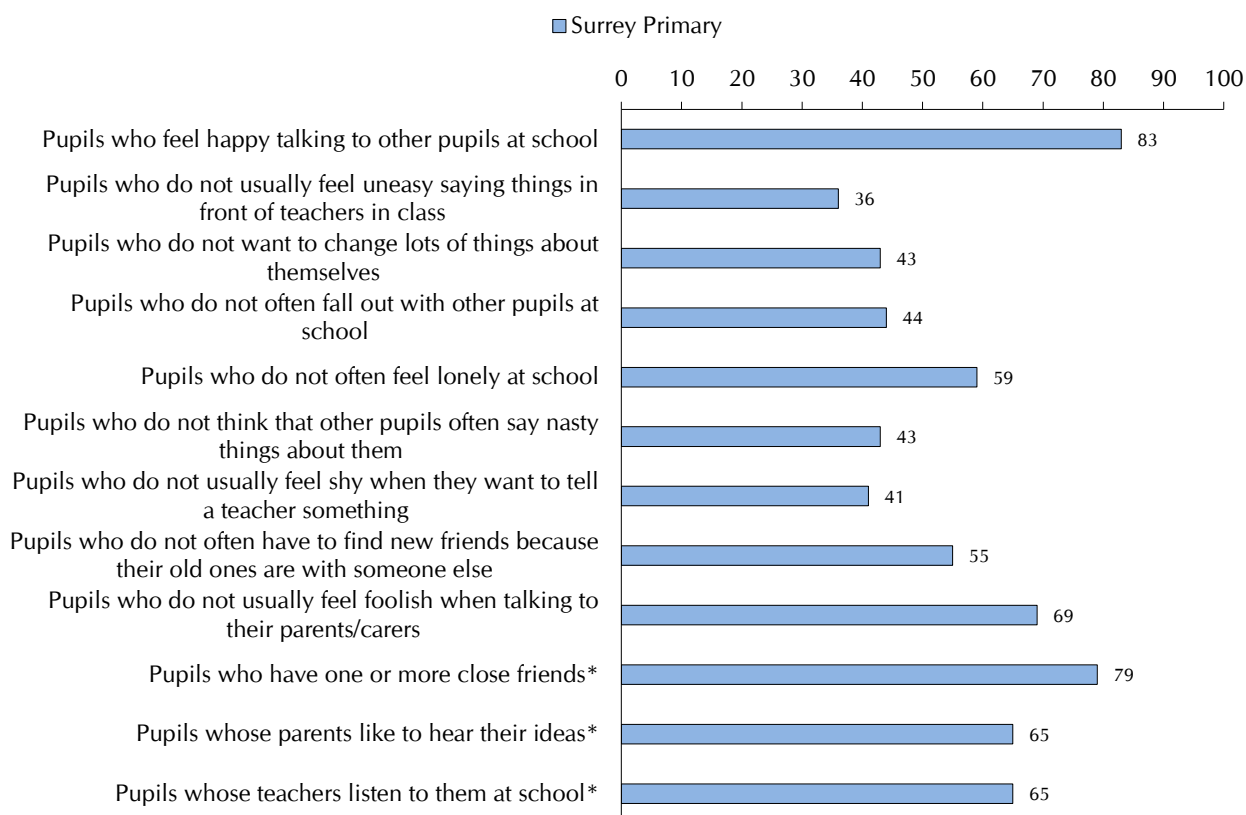
83% of pupils responded that they feel happy talking to other pupils at school.

Q58. (Individual self-esteem items) Percentage in each group giving a high esteem response:

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	83	78	84	82	85	85	83
Pupils who do not usually feel uneasy saying things in front of teachers in class	37	29	31	41	40	36	36
Pupils who do not want to change lots of things about themselves	47	43	45	47	43	40	43
Pupils who do not often fall out with other pupils at school	43	37	42	51	49	46	44
Pupils who do not often feel lonely at school	53	48	60	56	67	64	59
Pupils who do not think that other pupils often say nasty things about them	46	41	43	45	45	38	43
Pupils who do not usually feel shy when they want to tell a teacher something	46	32	43	38	49	34	41
Pupils who do not often have to find new friends because their old ones are with someone else	52	45	57	52	65	55	55
Pupils who do not usually feel foolish when talking to their parents/carers	69	67	66	66	73	68	69
Pupils who have one or more close friends*	73	72	78	85	84	83	79
Pupils whose parents like to hear their ideas*	59	61	66	65	67	68	65
Pupils whose teachers listen to them at school*	64	69	66	63	63	65	65

*N.B: These items do not contribute to the calculation of the composite self-esteem score.

Q58. (Individual self-esteem items) Percentage in each group giving a high esteem response:



*N.B: These items do not contribute to the calculation of the composite self-esteem score.

Health & Hygiene

Hand washing

57% of pupils responded that they washed their hands before lunch on the day before the survey, while 19% said they are 'not sure' if they did.

75% of pupils responded that they wash their hands 'whenever possible' after visiting the toilet, while 2% said they 'never or hardly ever' do and 23% do so only 'sometimes'.

Q36. Percentage answering that they washed their hands before lunch on the day before the survey.

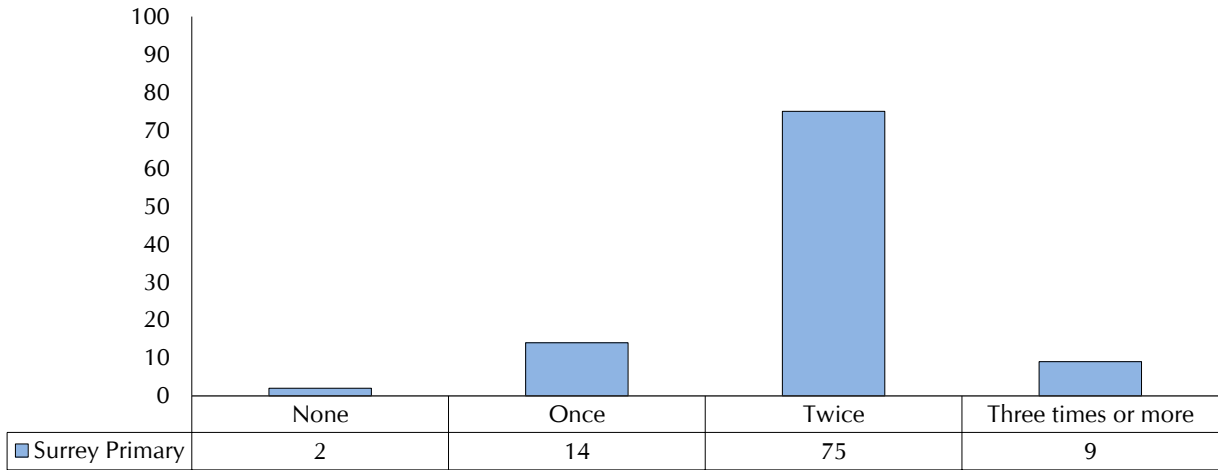
	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	59	56	60
Girls	60	48	54

Q37. Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	70	73	72
Girls	77	79	80

Dental health

Q38. How many times did you clean your teeth yesterday?



2% of pupils responded that they did not clean their teeth at all on the day before the survey.

85% of pupils responded that they cleaned their teeth at least twice on the day before the survey.

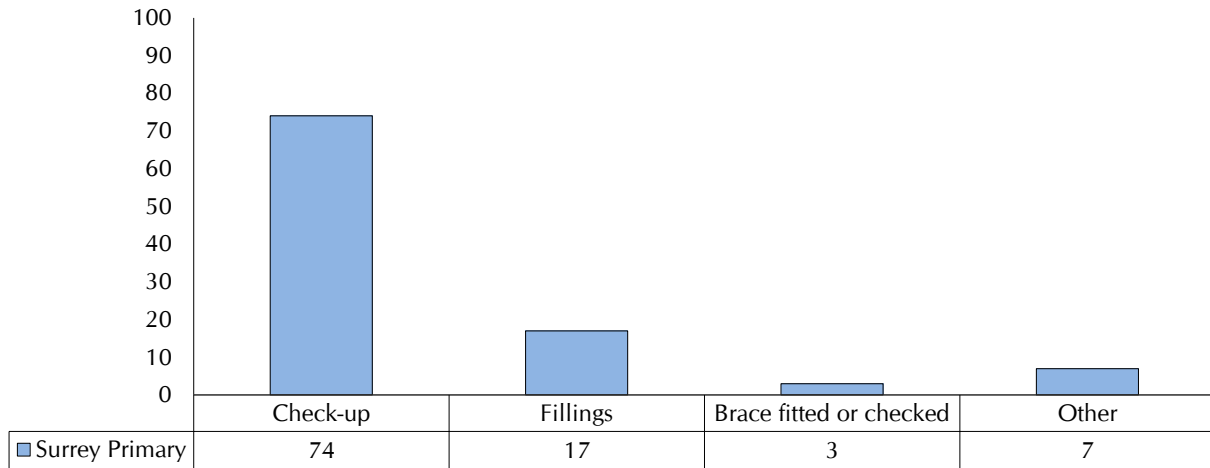
Q38. Percentage answering that they did not clean their teeth at all on the day before the survey.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	3	2	1
Girls	1	1	1

Q38. Percentage answering that they cleaned their teeth at least twice yesterday.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	80	83	83
Girls	86	89	89

Q39. What treatment did the dentist give you on your last visit?



74% of pupils responded that they had a check-up the last time they visited the dentist.

Q39. Percentage answering that they had a check-up the last time they visited the dentist.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	69	76	76
Girls	72	78	78

17% of pupils responded that they had fillings the last time they visited the dentist.

Q39. Percentage answering that they had fillings the last time they visited the dentist.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	21	19	16
Girls	18	11	13

3% of pupils responded that they had a brace fitted or checked the last time they visited the dentist.

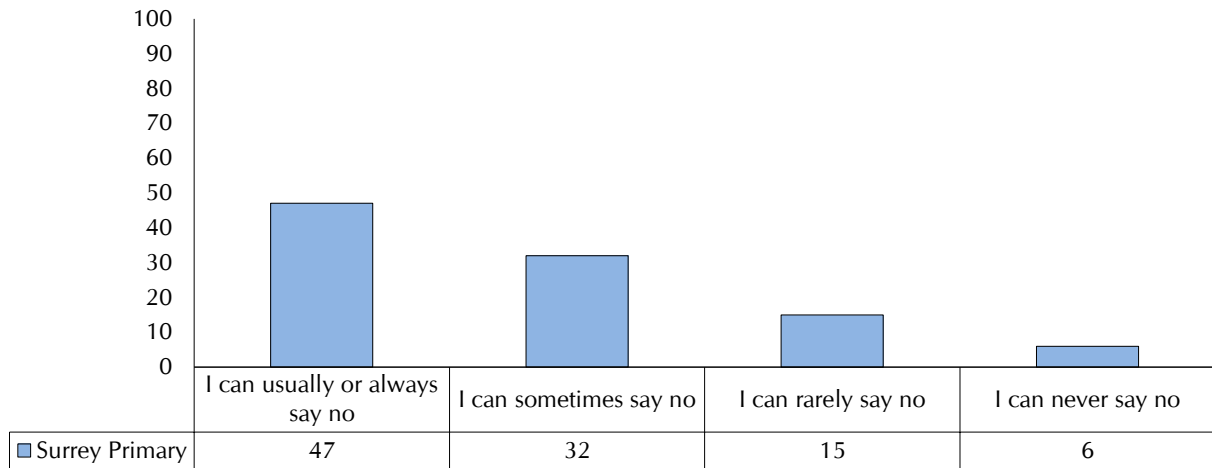
Q39. Percentage answering that they had a brace fitted or checked the last time they visited the dentist.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	3	3	3
Girls	1	2	5

Staying Safe

Peer pressure

Q40. When a friend wants me to do something I don't want to do...



47% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q40. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

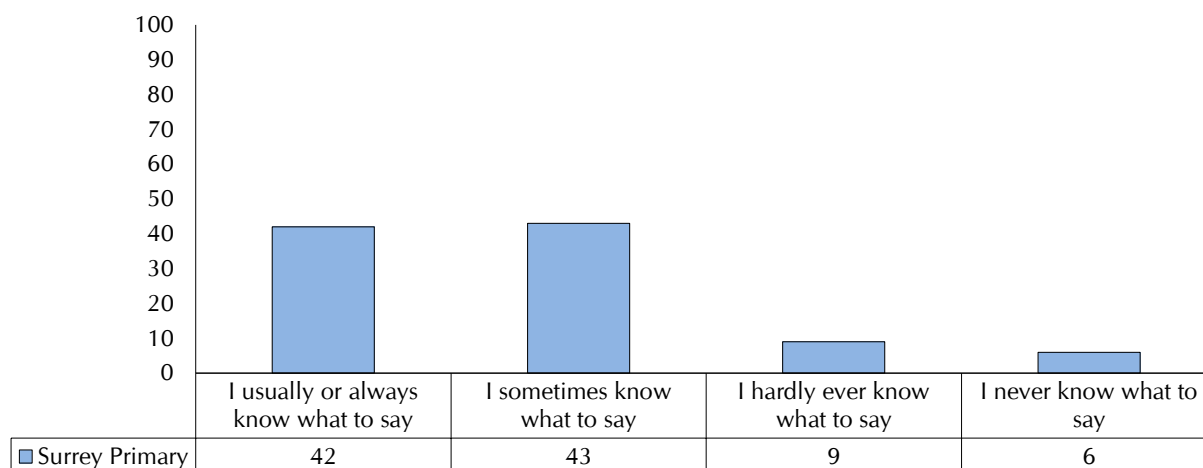
Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	37	52	58
Girls	36	41	53

21% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Q40. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	28	19	13
Girls	29	27	17

Q41. When I want a friend to do something...



42% of pupils responded that they 'usually or always' know what to say when they want a friend to do something.

Q41. Percentage answering that they 'usually or always' know what to say when they want a friend to do something.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	45	43	47
Girls	36	41	39

15% of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

Q41. Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	15	12	12
Girls	19	17	16

Accidents

32% of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.

Q42. Percentage answering that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	33	30	38
Girls	29	25	32

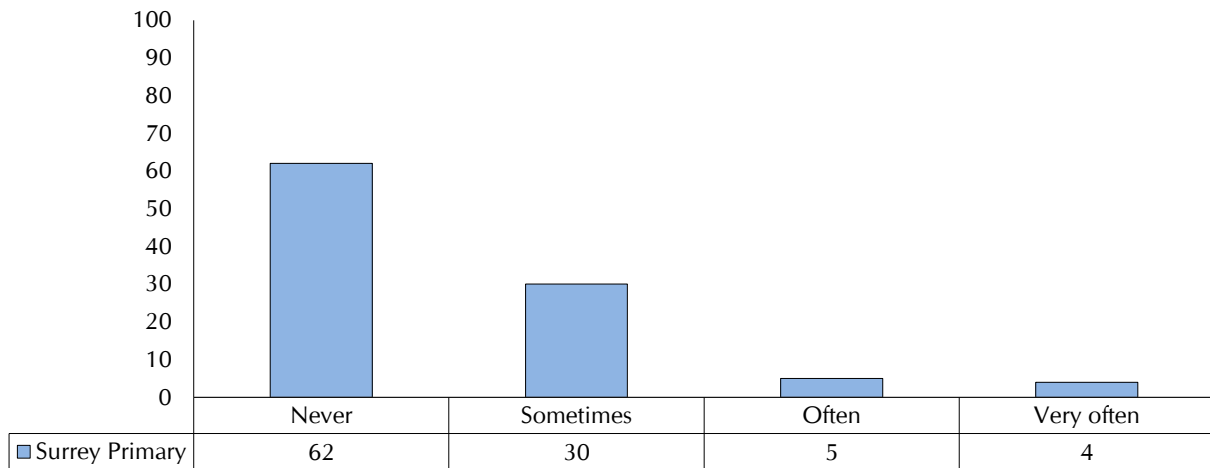
7% of pupils responded that their most recent accident resulted in a broken bone, while 6% said that their most recent accident was a cut.

Q43. Most recent accident: What sort of accident was it? (Top 5):

Boys			Girls		
1	I had a bruise, graze or sprain	8	1	I had a bruise, graze or sprain	9
2	I had a cut	8	2	I had a broken bone	6
3	I had a broken bone	7	3	I had a cut	5
4	I hurt my head	6	4	Other	3
5	Other	4	5	I hurt my head	3

Bullying

Q44. Do you ever feel afraid of going to school because of bullying?



38% of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

Q44. Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	37	40	27
Girls	52	40	38

8% of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.

Q44. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

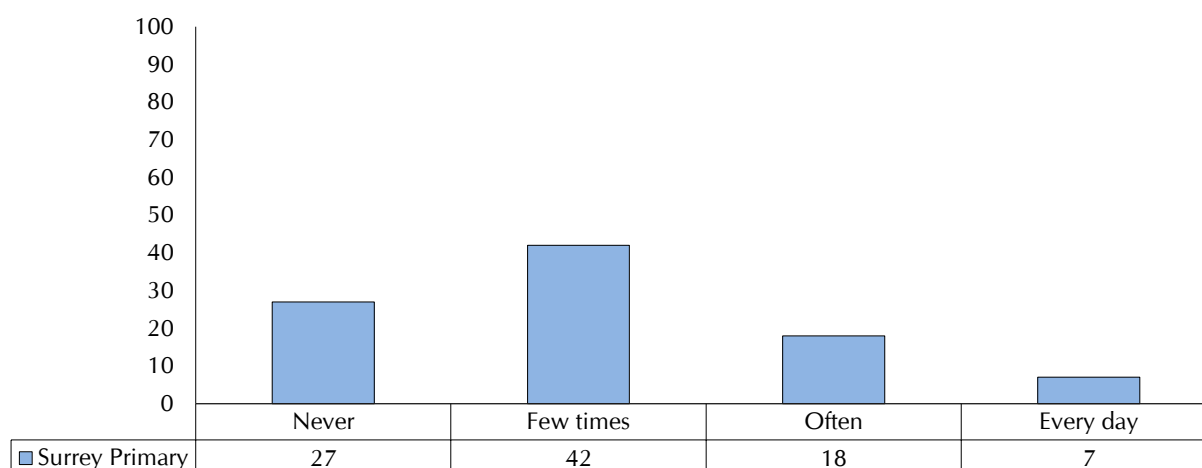
	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	9	12	5
Girls	12	7	7

23% of pupils responded that they have been bullied at or near school in the last 12 months, while 19% said they are 'not sure' if they have been.

Q45. Percentage answering that they have been bullied at or near school in the last 12 months.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	28	28	19
Girls	24	18	21

Q46. Negative behaviour summary: Percentage of pupils responding that they experienced at least one of the negative behaviours listed in the month before the survey:



67% of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 25% said they have done so 'often' or 'every day'.

Q46. Percentage answering that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	70	75	68
Girls	68	64	61

41% of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while 41% were pushed/hit for no reason.

Q46. Percentage of pupils responding that they experienced the following negative behaviours at least a 'few times' in the month before the survey:

Boys			Girls		
1	Pushed/hit for no reason	47	1	Been teased/made fun of	41
2	Been teased/made fun of	46	2	Called nasty names	39
3	Called nasty names	44	3	Pushed/hit for no reason	34
4	Been called 'gay'	35	4	Had belongings taken/broken	23
5	Been ganged up on	24	5	Been ganged up on	19
6	Had belongings taken/broken	24	6	Been threatened for no reason	16
7	Been threatened for no reason	23	7	Been called 'gay'	11
8	Been threatened for money	10	8	Been threatened for money	7
9	Bullied on my mobile phone	5	9	Bullied through e-mail/internet	5
10	Bullied through e-mail/internet	5	10	Other	4

23% of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while 5% experienced it on the way to or from school.

Q47. Percentage of pupils responding that they experienced negative behaviours at the following places in the month before the survey (top 5):

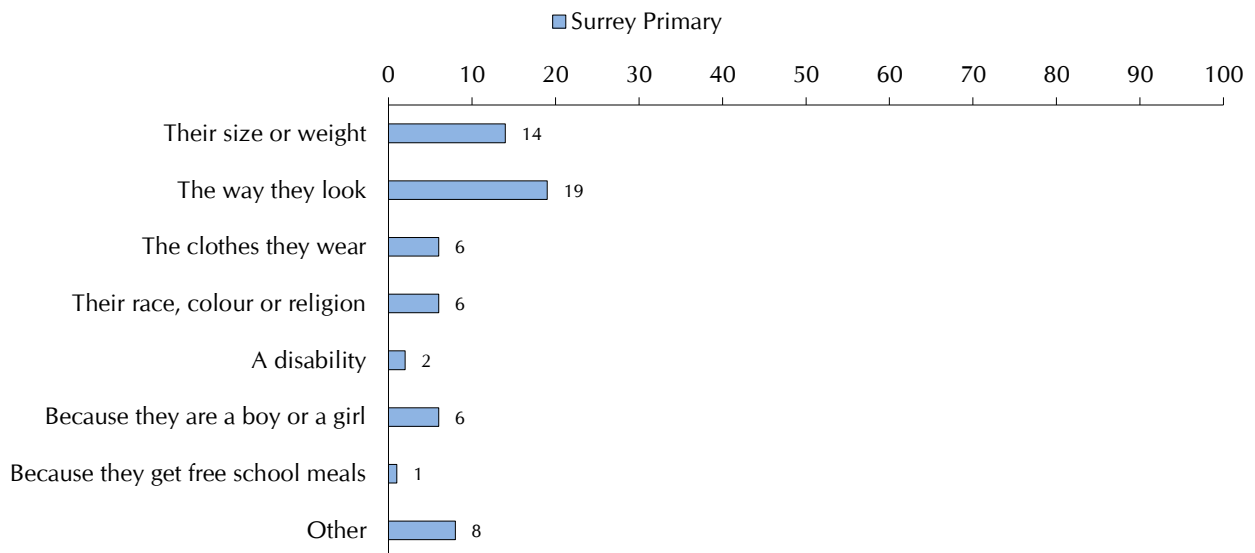
Boys			Girls		
1	Outside at school (breaktimes)	35	1	Outside at school (breaktimes)	28
2	In a classroom (breaktimes)	24	2	In a classroom (breaktimes)	22
3	At or near home	17	3	At or near home	17
4	During lesson times	10	4	During lesson times	10
5	On the way to or from school	7	5	In the corridors	7

6% of pupils responded that they think they are being 'picked on' or bullied because of their race, colour or religion, while 19% said that it was because of the way they look.

Q48. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following:

Boys			Girls		
1	The way they look	18	1	The way they look	20
2	Their size or weight	15	2	Their size or weight	14
3	Other	8	3	Other	9
4	The clothes they wear	6	4	Because they are a boy or a girl	7
5	Their race, colour or religion	5	5	Their race, colour or religion	6
6	Because they are a boy or a girl	5	6	The clothes they wear	6
7	A disability	3	7	A disability	2
8	Because they get free school meals	2	8	Because they get free school meals	1

Q48. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following:



66% of pupils responded that they think their school takes bullying seriously, while 10% don't think their school takes bullying seriously.

Q49. Percentage answering that they think their school takes bullying seriously.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	64	61	70
Girls	67	70	65

2% of pupils responded that they think others may fear going to school because of them, while 19% said they are 'not sure' if others do.

Q50. Percentage answering that they think others may fear going to school because of them.

	Surrey Primary		
	Yr 4	Yr 5	Yr 6
Boys	4	3	3
Girls	3	0	1

Internet safety

85% of pupils responded that they have used the internet at home in the last month, while 59% said they have used it at school and 59% have used it on a mobile device.

Q51. Percentage of pupils responding that they have used the internet at the following places in the last month:

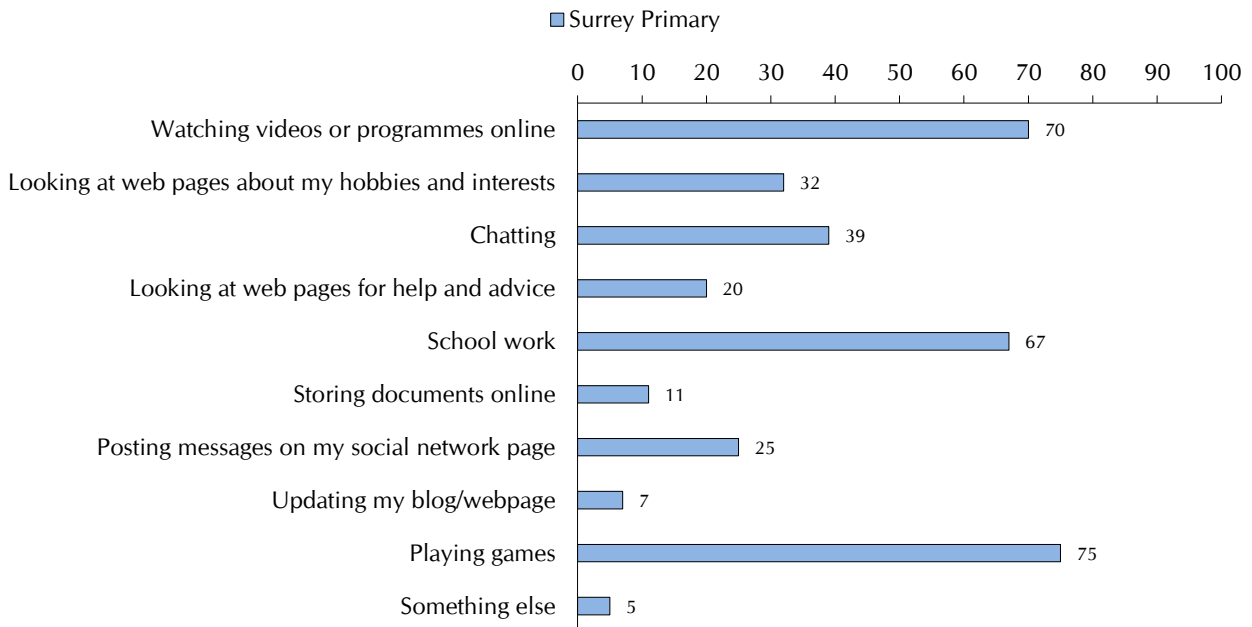
	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
At home	82	80	88	83	91	87	85
At school	55	58	58	54	63	60	59
On a mobile device (phone, iPad etc.)	52	40	59	56	71	72	59
Elsewhere	20	17	29	21	31	27	24

67% of pupils responded that they use the internet for schoolwork, while 75% said that they use it for playing games.

Q52. Percentage of pupils answering that they use the internet for the following (top 5):

Boys			Girls		
1	Playing games	80	1	School work	71
2	Watching videos or programmes online	73	2	Playing games	70
3	School work	64	3	Watching videos or programmes online	66
4	Chatting (e.g. Skype)	38	4	Chatting (e.g. Skype)	41
5	Looking at web pages about my hobbies and interests	35	5	Looking at web pages about my hobbies and interests	30

Q52. Percentage of pupils answering that they use the internet for the following:



29% of Year 6+ pupils responded that they have seen images or videos online that were for adults-only.

Q53a. Percentage of Year 6+ pupils answering that they have seen images or videos online that were for adults-only.

Surrey Primary
Yr 6

Boys	34
Girls	24

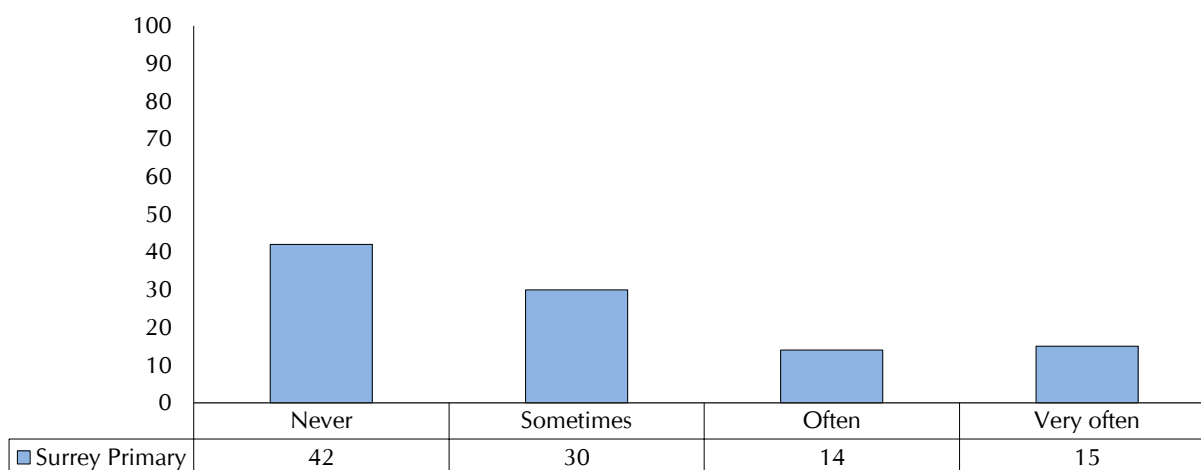
28% of Year 6+ pupils responded that they have seen images or videos online that upset them.

Q53b. Percentage of Year 6+ pupils answering that they have seen images or videos online that upset them.

Surrey Primary
Yr 6

Boys	25
Girls	31

Q54a. How often do you use internet chat rooms or social networking sites?



28% of pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.

Q54a. Percentage answering that they use internet chat rooms or social networking sites 'often' or 'very often'.

Surrey Primary

	Yr 4	Yr 5	Yr 6
Boys	22	28	35
Girls	16	28	37

93% of pupils responded that they have been told how to stay safe while using the internet, while 7% said they haven't been told how to stay safe.

Q54b. Percentage answering that they have been told how to stay safe while using the internet.

Surrey Primary

	Yr 4	Yr 5	Yr 6
Boys	87	92	96
Girls	92	94	97

65% of pupils responded that they get e-safety information from their parents/carers/family, while 82% said that they get information from school.

Q54c. Percentage of pupils responding that they get e-safety information from the following places:

Boys			Girls		
1	School	81	1	School	84
2	Parents/carers/family	62	2	Parents/carers/family	69
3	On-line advice	14	3	Friends	16
4	Friends	12	4	On-line advice	11

19% of pupils responded that they have received a chat message that scared them or made them upset.

Q55. Percentage answering that they have received a chat message that scared them or made them upset.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	17	17	17
Girls	16	18	25

15% of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.

Q56. Percentage answering that they have sent a chat message or posted a comment which they later wished they had not written.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	12	17	19
Girls	8	9	19

School & Leisure

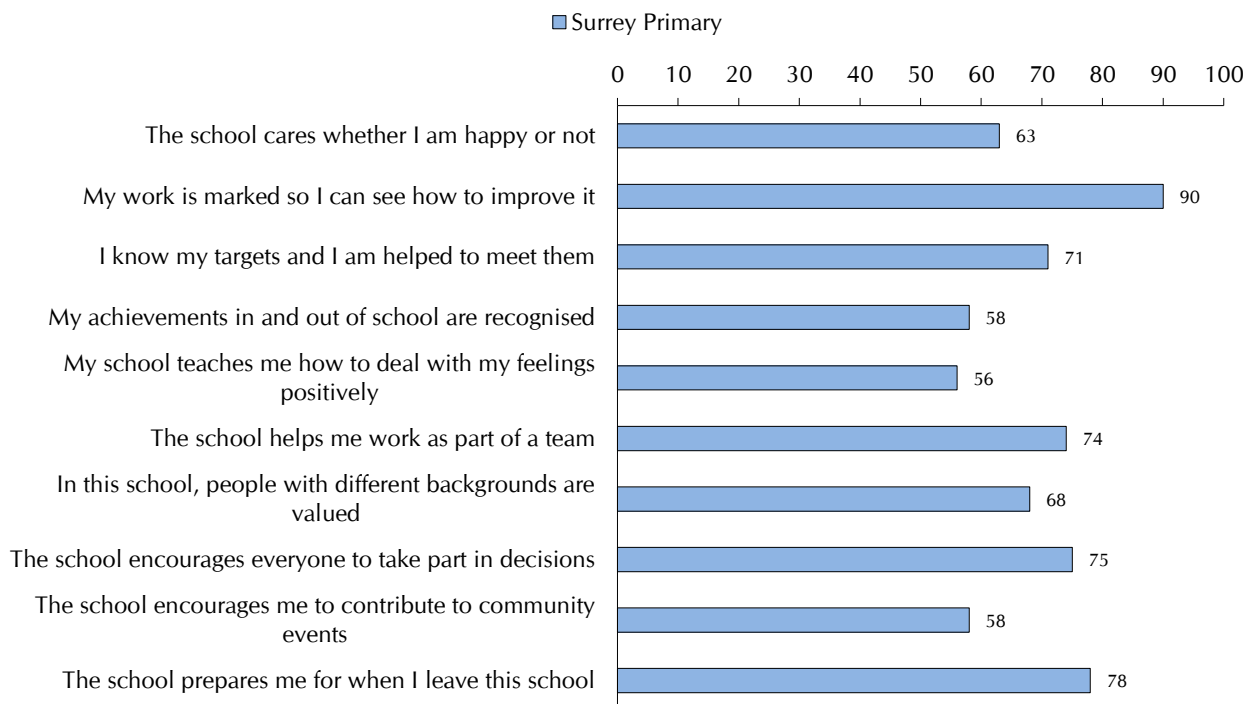
Every Child Matters

68% of Year 6+ pupils responded that in their school, people with different backgrounds are valued.

Q57. Percentage of Year 6+ pupils responding 'yes' to the following statements:

	Year 6		Total
	Boys	Girls	
The school cares whether I am happy or not	63	63	63
My work is marked so I can see how to improve it	91	90	90
I know my targets and I am helped to meet them	71	70	71
My achievements in and out of school are recognised	60	57	58
My school teaches me how to deal with my feelings positively	58	54	56
The school helps me work as part of a team	73	74	74
In this school, people with different backgrounds are valued	68	68	68
The school encourages everyone to take part in decisions	74	76	75
The school encourages me to contribute to community events	58	59	58
The school prepares me for when I leave this school	78	77	78

Q57. Percentage of Year 6+ pupils responding 'yes' to the following statements:



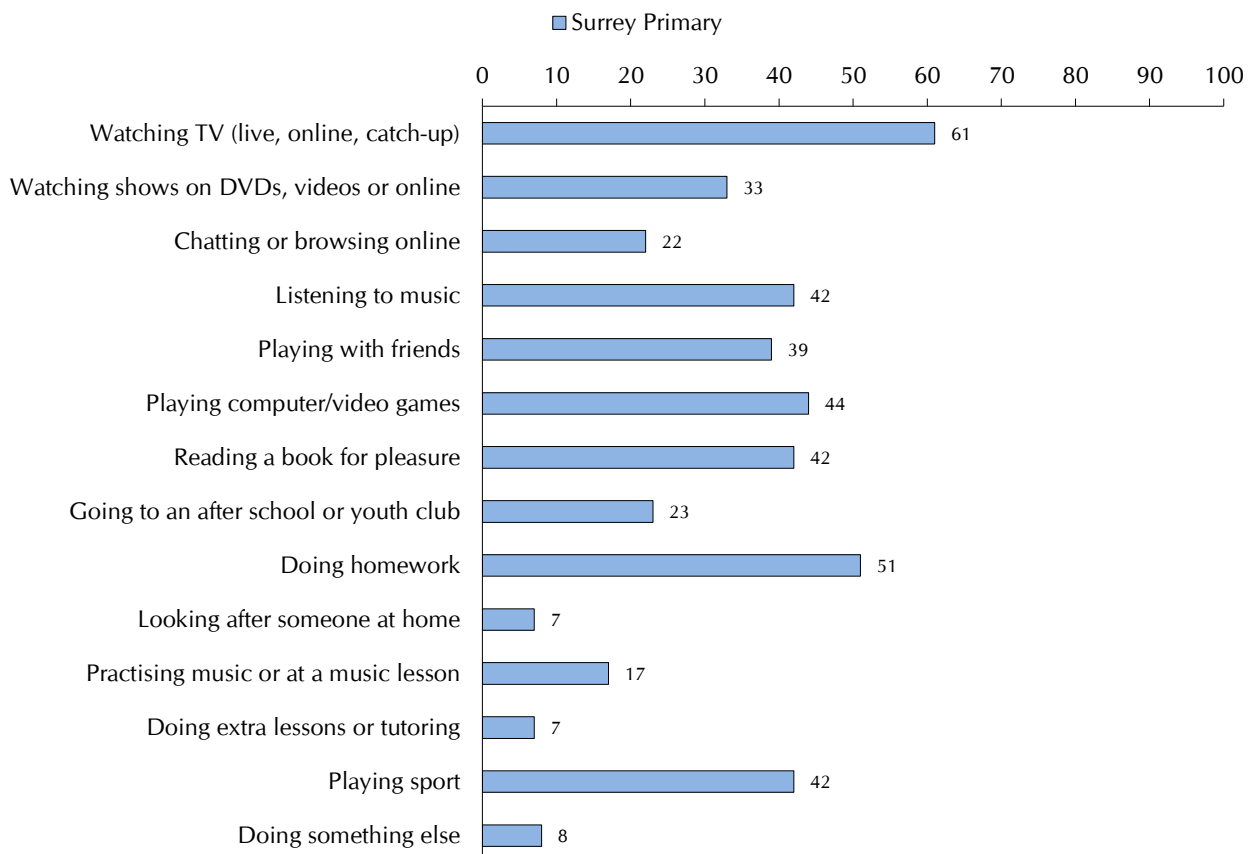
After-school activities

61% of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while 42% spent time playing sport.

Q59. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10):

Boys			Girls		
1	Watching TV (live, online, catch-up)	63	1	Watching TV (live, online, catch-up)	58
2	Playing computer/video games	61	2	Doing homework	52
3	Playing sport	50	3	Reading a book for pleasure	45
4	Doing homework	50	4	Listening to music	45
5	Playing with friends	42	5	Playing with friends	35
6	Listening to music	40	6	Playing sport	33
7	Reading a book for pleasure	40	7	Watching shows on DVDs, videos or online	30
8	Watching shows on DVDs, videos or online	36	8	Playing computer/video games	27
9	Going to an after school or youth club	24	9	Going to an after school or youth club	23
10	Chatting or browsing online	22	10	Chatting or browsing online	21

Q59. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



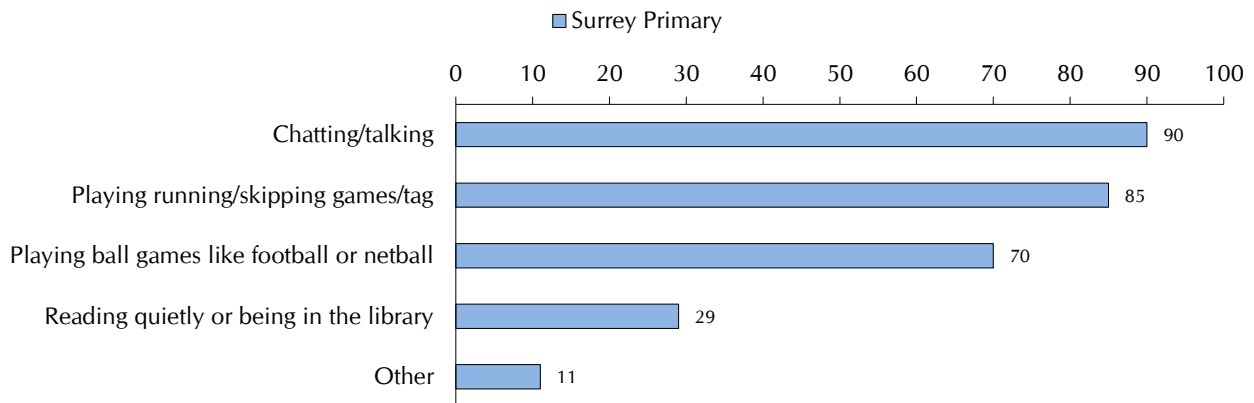
Breaktimes

29% of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes, while 90% spend time chatting/talking.

Q60. Percentage of pupils responding that they at least 'sometimes' spend time doing the following during school playtimes:

Boys			Girls		
1	Chatting/talking	89	1	Chatting/talking	90
2	Playing running/skipping games/tag	85	2	Playing running/skipping games/tag	85
3	Playing ball games like football or netball	80	3	Playing ball games like football or netball	59
4	Reading quietly or being in the library	25	4	Reading quietly or being in the library	34
5	Other	8	5	Other	13

Q60. Percentage of pupils responding that they at least 'sometimes' spend time doing the following during school breaktimes:



64% of pupils responded that their playtimes and lunchtimes are friendly, while 37% said that they are crowded, and 9% said that they are boring.

Q61. Percentage of pupils responding that they would describe their playtimes and lunchtimes as the following (top 5):

Boys			Girls		
1	Happy	78	1	Happy	79
2	Friendly	59	2	Friendly	69
3	Safe	41	3	Safe	46
4	Crowded	40	4	Busy	40
5	Busy	39	5	Crowded	35

Views & opinions

42% of pupils responded that their views and opinions are asked for in school, while 14% said they aren't asked for.

Q62. Percentage answering that their views and opinions are asked for in school.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	29	43	48
Girls	37	44	51

56% of pupils responded that their views and opinions are listened to in school, while 10% said they aren't listened to.

Q63a. Percentage answering that their views and opinions are listened to in school.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	49	54	58
Girls	56	56	61

49% of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while 45% feel they are listened to through a school or class council.

Q63b. Percentage of pupils responding that their views and opinions are listened to in the following ways:

Boys			Girls		
1	Talking to teachers	46	1	Talking to teachers	52
2	School/class council	44	2	School/class council	47
3	Talking to other adults in school	27	3	Talking to other adults in school	31
4	Talking to trained pupils (e.g. playground pals/buddies)	16	4	Talking to trained pupils (e.g. playground pals/buddies)	15
5	Suggestion box	12	5	Suggestion box	14
6	Tick time	3	6	Tick time	4

20% of pupils responded that their views and opinions make a difference to how their school is run, while 25% said they don't make a difference.

Q64. Percentage answering that their views and opinions make a difference to how their school is run.

Surrey Primary			
	Yr 4	Yr 5	Yr 6
Boys	17	21	23
Girls	18	19	22

List of Tables

Q1. Percentage describing themselves as White British.....	9
Q3. Which adults do you live with?	9
Q3. Percentage answering that they live with their Mum and Dad together.....	9
Q3. Percentage answering that they live 'mainly or only' with their Mum.	9
Q4a. Percentage answering that they have a parent/carer who is in the armed forces.	10
Q4b. If yes, who is it?	10
Q5a. Percentage answering that they are a 'young carer'.	10
Q5c. Percentage answering that their school knows they are a 'young carer'.....	10
Q9. Have you ever had free school meals, or vouchers for free meals?	11
Q9. Percentage answering that they currently have free school meals.	11
Q6. How many portions of fruit and vegetables did you eat yesterday?	12
Q6. Percentage answering that they didn't have any portions of fruit or vegetables on the day before the survey.	12
Q6. Percentage answering that they had at least 5 portions of fruit and vegetables on the day before the survey.	12
Q7. What did you do for lunch yesterday?	13
Q7. Percentage answering that they had school food for lunch on the day before the survey.	13
Q7. Percentage answering that they did not have any lunch on the day before the survey.	13
Q8. Percentage of pupils responding that they would describe the place where they can get school lunch as the following (top 5):.....	13
Q10. Percentage of pupils responding that they cook or help with cooking at the following places:	14
Q10. Percentage answering that they cook or help with cooking at home.	14
Q10. Percentage of pupils responding that they cook or help with cooking at the following places :	14
Q11. Weight: Which statement describes you best?.....	15
Q11. Percentage answering that they would like to put on weight.	15
Q11. Percentage answering that they would like to lose weight.	15
Q11. Percentage answering that they are happy with their weight as it is.	15
Q13. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:	16
Q13. Percentage answering that they had nothing to eat or drink before lessons on the day of the survey.	16
Q13. Percentage of pupils responding that they had the following to eat or drink before lessons on the day of the survey (top 10):.....	16
Q12. Percentage of pupils responding that they had something to eat or drink at the following before lessons on the day of the survey:	16
Q14. Percentage of pupils responding that they eat the following 'on most days' (top 10):	17
Q14. Percentage of pupils responding that they 'rarely or never' eat the following (top 10):	17
Q15. How much do you enjoy physical activities?	18
Q15. Percentage answering that they don't enjoy physical activities 'at all'.	18
Q15. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.	18
Q16. On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?	19
Q16. Percentage answering that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.	19
Q16. Percentage answering that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.....	19
Q16. On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?	19
Q17a. Percentage answering that they enjoy their PE lessons.	20
Q17b. Percentage answering that they feel they are getting better at PE.	20
Q17c. Percentage answering that their school has helped them to be more healthy.	20
Q18. How many times each week do you go to sports clubs at lunchtime or after school?	20
Q18. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.	20
Q17b. Percentage answering that they go to at least 3 sports clubs at lunch time or after school each week.	20
Q19. How many games or matches have you played against other schools this year?.....	21
Q19. Percentage answering that they haven't played any games or matches against other schools this year.	21
Q19. Percentage answering that they have played at least 4 matches against other schools this year.	21
Q20. How many sports games or matches have you played at your school this year?	22
Q20. Percentage answering that they haven't played any sports games or matches at their school this year.	22
Q20. Percentage answering that they have played at least 4 matches at their school this year.	22

Q65. How did you travel to school today?	23
Q65. Percentage answering that they travelled to school by car/van on the day of the survey.	23
Q65. Percentage answering that they walked to school on the day of the survey.	23
Q21. Percentage of Year 6+ pupils answering that they had an alcoholic drink in the 7 days before the survey.	24
Q22. Year 6+ only: If yes, on how many days did you drink alcohol, in the last 7 days?.....	24
Q22. Percentage of Year 6+ pupils answering that they drank alcohol on more than one day in the 7 days before the survey.....	24
Q23. Year 6+ only: Most popular alcoholic drinks from the last 7 days (top 5):	24
Q24. Year 6+ only: Do your parents know if you drink alcohol?.....	25
Q24. Percentage of Year 6+ pupils answering that they do not drink alcohol.	25
Q24. Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'always' know.....	25
Q24. Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.....	25
Q25a. Percentage answering that their parents/carers smoke.....	26
Q25b. Percentage answering that someone smokes indoors at home in rooms that they use.	26
Q25c. Percentage answering that someone smokes in a car when they are in it too.	26
Q26. Year 6+ only: Smoking: Which statement describes you best?.....	26
Q26. Percentage of Year 6+ pupils answering that they have smoked in the past or smoke now.....	26
Q27. Percentage of Year 6+ pupils answering that they smoked in the 7 days before the survey.....	26
Q28. Percentage of Year 6+ pupils responding that the following people have talked with them about illegal drugs:	27
Q29. Percentage of Year 6+ pupils answering that they are 'fairly sure' or 'certain' they know someone who uses drugs.	27
Q30. Percentage of Year 6+ pupils answering that they have been offered cannabis.	27
Q31. Percentage of Year 6+ pupils answering that they have been offered other drugs.....	27
Q32a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (top 5):.....	28
Q32b. Percentage answering that they feel they know enough about how their body changes as they get older.	28
Q33. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:	28
Q33. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.	28
Q33. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':	29
Q33. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':	29
Problem with school	30
Family problem.....	30
Health problem.....	30
Problem with friends	30
Bullying problem	30
Q35. Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them (top 10):.....	31
Q35. Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them:	31
Q58. Composite self-esteem score:.....	32
Q58. Percentage of pupils with a med-low self-esteem score (9 or less).....	32
Q58. Percentage of pupils with a high self-esteem score (15 or more).	32
Q58. (Individual self-esteem items) Percentage in each group giving a high esteem response:	33
Q58. (Individual self-esteem items) Percentage in each group giving a high esteem response:	33
Q36. Percentage answering that they washed their hands before lunch on the day before the survey.	34
Q37. Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.	34
Q38. How many times did you clean your teeth yesterday?.....	34
Q38. Percentage answering that they did not clean their teeth at all on the day before the survey.	34
Q38. Percentage answering that they cleaned their teeth at least twice yesterday.	34
Q39. What treatment did the dentist give you on your last visit?	35
Q39. Percentage answering that they had a check-up the last time they visited the dentist.....	35
Q39. Percentage answering that they had fillings the last time they visited the dentist.	35
Q39. Percentage answering that they had a brace fitted or checked the last time they visited the dentist.....	35
Q40. When a friend wants me to do something I don't want to do...:	36
Q40. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.	36
Q40. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.	36
Q41. When I want a friend to do something...:.....	37

Q41. Percentage answering that they 'usually or always' know what to say when they want a friend to do something.	37
Q41. Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something. .37	
Q42. Percentage answering that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.	37
Q43. Most recent accident: What sort of accident was it? (Top 5):.....	37
Q44. Do you ever feel afraid of going to school because of bullying?	38
Q44. Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.....	38
Q44. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.	38
Q45. Percentage answering that they have been bullied at or near school in the last 12 months.....	38
Q46. Negative behaviour summary: Percentage of pupils responding that they experienced at least one of the negative behaviours listed in the month before the survey:	39
Q46. Percentage answering that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey.....	39
Q46. Percentage of pupils responding that they experienced the following negative behaviours at least a 'few times' in the month before the survey:.....	39
Q47. Percentage of pupils responding that they experienced negative behaviours at the following places in the month before the survey (top 5):.....	39
Q48. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following:	40
Q48. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following:	40
Q49. Percentage answering that they think their school takes bullying seriously.	40
Q50. Percentage answering that they think others may fear going to school because of them.	40
Q51. Percentage of pupils responding that they have used the internet at the following places in the last month:	41
Q52. Percentage of pupils answering that they use the internet for the following (top 5):.....	41
Q52. Percentage of pupils answering that they use the internet for the following:	41
Q53a. Percentage of Year 6+ pupils answering that they have seen images or videos online that were for adults-only.	42
Q53b. Percentage of Year 6+ pupils answering that they have seen images or videos online that upset them.	42
Q54a. How often do you use internet chat rooms or social networking sites?.....	42
Q54a. Percentage answering that they use internet chat rooms or social networking sites 'often' or 'very often'.....	42
Q54b. Percentage answering that they have been told how to stay safe while using the internet.....	42
Q54c. Percentage of pupils responding that they get e-safety information from the following places:.....	42
Q55. Percentage answering that they have received a chat message that scared them or made them upset.	43
Q56. Percentage answering that they have sent a chat message or posted a comment which they later wished they had not written.	43
Q57. Percentage of Year 6+ pupils responding 'yes' to the following statements:	44
Q57. Percentage of Year 6+ pupils responding 'yes' to the following statements:	44
Q59. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10):.....	45
Q59. Percentage of pupils responding that they spent time doing the following after school on the day before the survey: ..45	
Q60. Percentage of pupils responding that they at least 'sometimes' spend time doing the following during school playtimes:46	
Q60. Percentage of pupils responding that they at least 'sometimes' spend time doing the following during school breaktimes:	46
Q61. Percentage of pupils responding that they would describe their playtimes and lunchtimes as the following (top 5):	46
Q62. Percentage answering that their views and opinions are asked for in school.	47
Q63a. Percentage answering that their views and opinions are listened to in school.	47
Q63b. Percentage of pupils responding that their views and opinions are listened to in the following ways:.....	47
Q64. Percentage answering that their views and opinions make a difference to how their school is run.	47



**This is not the end of your
Health Related Behaviour Survey!**

Ask us about...

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Free resources about young people's health-related
behaviour: www.sheu.org.uk/node/366**

***We may also be able to introduce you to health and
education contacts, with money and resources, within your
local community***