

Improving the physical health for those with mental illness in Surrey Heartlands

How big is the problem?

On average, men known to mental health services die 22 years younger than other men, and women die 16 years younger than other women

Compared to the national average, Surrey Heartlands has more people aged 40-65 and 75+ years and the inequality gap widens with age

Surrey Heartlands
850,000 people
across 7 boroughs
5% of the population
or (42,500) known
to mental health
services

Our plan to address the gaps



People known to mental health services are 2-4x more likely to die of cancers, circulatory and respiratory diseases



Men are 11x more likely to die from digestive diseases
 Women 5x more likely



Men are 12x times more likely to die from endocrine and metabolic diseases
 Women are 7x more likely to die



Men and women are 3x more likely to attend A&E and 4x more likely to have emergency admissions
 Non attendance for appointments is higher



People with Schizophrenia are 3x more likely to smoke

