Young People in Surrey Schools

The Health-Related Behaviour Survey 2015



The Schools Health Education Unit

School Survey Report 2015

East Surrey compared with Surrey Primary

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.

Angela Balding

Angela Balding Survey Manager Schools Health Education Unit

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Dr. David Regis

Research Manager Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <u>http://sheu.org.uk/content/page/appendix</u>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

	Your su	rvey	Reference Sample		
	Year 8	Year 10	Year 8	Year 10	
Boys	10	20	30	40	
Girls	80	70	60	50	

Fav	Favourite fruits						
1	Apples	70	(60)				
2	Oranges	60	(50)				
3	Bananas	50	(40)				

Your survey (Reference sample)

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

		East Surre	еу	_	Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	45	13	125	490	182	579	
Girls	44	18	116	471	162	558	

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

East Surrey Headlines

East Surrey				Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	45	13	125	490	182	579
Girls	44	18	116	471	162	558

Surrey Primary data in brackets; see notes on interpreting differences.

Background

ETHNICITY

□ 77% (72%) of pupils described themselves as White British.

FAMILY

- □ 74% (75%) of pupils responded that they live with their Mum and Dad together.
- 11% (12%) of pupils responded that they live 'mainly or only' with their Mum, while 2% (1%) said they live 'mainly or only' with their Dad.

ARMED FORCES

1% (2%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 5% (6%) said they are 'not sure' if they do and 2% (1%) didn't want to say.

YOUNG CARERS

- □ 5% (6%) of pupils responded that they are a 'young carer', while 5% (5%) said they are 'not sure' if they are.
- 2% (1%) of pupils responded that their school knows they are a 'young carer'.

FREE SCHOOL MEALS

□ 6% (5%) of pupils responded that they currently have free school meals, while 4% (7%) said they have had them and 1% (1%) could have them if they wanted.

Healthy Eating

5-A-DAY

- 8% (6%) of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.
- 33% (33%) of pupils responded that they had at least
 5 portions of fruit and vegetables to eat on the day before the survey.

LUNCH

- 1% (0%) of pupils responded that they did not have any lunch on the day before the survey. 52% (46%) said that they had school food for lunch while 1% (1%) bought lunch from a takeaway or shop.
- 35% (34%) of pupils responded that the place where they can get school lunch is friendly, while 43% (49%) said that it is crowded, and 22% (27%) said that it is rushed.

COOKING

85% (84%) of pupils responded that they cook or help with cooking at home, while 51% (39%) said that they cook or help with cooking in school lessons.

WEIGHT PERCEPTION

- 2% (4%) of pupils responded that they would like to put on weight.
- □ 28% (25%) of pupils responded that they would like to lose weight.
- □ 70% (72%) of pupils responded that they are happy with their weight as it is.

BREAKFAST

- 12% (8%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 6% (5%) only had a drink and 5% (8%) had a cooked breakfast.
- 28% (32%) of pupils responded that they had toast before lessons on the day of the survey, while 17% (18%) had fruit.
- 80% (84%) of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

FOOD & DRINK

- □ 60% (64%) of pupils responded that they eat fresh fruit 'on most days', while 24% (22%) said the same of sweets, chocolate, choc bars.
- □ 6% (6%) of pupils responded that they 'rarely or never' eat vegetables, while 27% (24%) said the same of fish/fish fingers.

Physical Activity

ENJOY EXERCISE

- □ 2% (2%) of pupils responded that they don't enjoy physical activities 'at all'.
- 81% (85%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

HARD EXERCISE

- 17% (16%) of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.
- 24% (24%) of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

PE LESSONS

- 83% (84%) of pupils responded that they enjoy their PE lessons, while 13% (12%) are 'not sure' if they do.
- □ 69% (70%) of pupils responded that they feel they are getting better at PE, while 26% (24%) are 'not sure' if they are.

SCHOOL SPORTS

- □ 62% (58%) of pupils responded that their school has helped them to be more healthy, while 30% (32%) are 'not sure' if it has.
- 31% (23%) of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- 33% (40%) of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.
- 36% (35%) of pupils responded that they haven't played any games or matches against other schools this year.
- 37% (40%) of pupils responded that they have played at least 4 matches against other schools this year.
- 53% (56%) of pupils responded that they haven't played any sports games or matches at their school this year.
- 26% (23%) of pupils responded that they have played at least 4 matches at their school this year.

ACTIVE TRAVEL

- □ 56% (58%) of pupils responded that they travelled to school by car/van on the day of the survey.
- □ 44% (35%) of pupils responded that they walked to school on the day of the survey.

Alcohol, Smoking & Drugs ALCOHOL

- □ 1% (4%) of Year 6+ pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.
- 0% (2%) of Year 6+ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.
- 0% (1%) of Year 6+ pupils responded that they drank beer or lager in the 7 days before the survey and 0% (1%) said they drank spirits.
- □ 92% (88%) of Year 6+ pupils responded that they do not drink alcohol.
- 7% (10%) of Year 6+ pupils responded that they drink alcohol and their parents 'always' know, while 0% (1%) said they 'usually' know.
- O% (1%) of Year 6+ pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

SMOKING AT HOME

□ 24% (21%) of pupils responded that their parents/carers smoke.

- □ 8% (6%) of pupils responded that someone smokes indoors at home in rooms that they use.
- □ 10% (9%) of pupils responded that someone smokes in a car when they are in it too.

SMOKING

- □ 0% (2%) of Year 6+ pupils responded that they have tried smoking in the past or smoke now.
- □ 0% (0%) of Year 6+ pupils responded that they smoked in the 7 days before the survey.

DRUGS

- □ 76% (51%) of Year 6 + pupils responded that their teachers have talked with them in school lessons about illegal drugs, while 54% (54%) said that their parents/carers have talked with them.
- □ 10% (8%) of Year 6+ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs that are not medicines.
- □ 0% (1%) of Year 6+ pupils responded that they have been offered cannabis.
- □ 1% (1%) of Year 6+ pupils responded that they have been offered other drugs.

Emotional Health & Well-being

GROWING UP

- 61% (52%) of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up, while 75% (72%) said that their parents/carers have talked with them.
- 57% (55%) of pupils responded that they feel they know enough about how their body changes as they get older, while 10% (10%) feel they don't know enough.

WORRYING

- □ 72% (72%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- 25% (30%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 33% (36%) said the same of SATs/tests, and 24% (25%) worry 'quite a lot' or 'a lot' about family problems.

PROBLEM SOLVING

 70% (69%) of pupils responded that they at least 'sometimes' listen to music when a problem worries them. 92% (93%) said that they will talk to an adult about the problem at least 'sometimes', while 58% (56%) said that they will keep busy.

SELF-ESTEEM

- □ 29% (29%) of pupils had a med-low self-esteem score (9 or less).
- □ 31% (34%) of pupils had a high self-esteem score (15 or more).
- 81% (83%) of pupils responded that they feel happy talking to other pupils at school.

Health & Hygiene HAND WASHING

- 55% (57%) of pupils responded that they washed their hands before lunch on the day before the survey, while 19% (19%) said they are 'not sure' if they did.
- 75% (75%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet, while 1% (2%) said they 'never or hardly ever' do and 24% (23%) do so only 'sometimes'.

DENTAL HEALTH

- 1% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- 84% (85%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- 77% (74%) of pupils responded that they had a check-up the last time they visited the dentist.
- 16% (17%) of pupils responded that they had fillings the last time they visited the dentist.
- 3% (3%) of pupils responded that they had a brace fitted or checked the last time they visited the dentist.

Staying Safe

PEER PRESSURE

- 51% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- 20% (21%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- 42% (42%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- 17% (15%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

ACCIDENTS

- 33% (32%) of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.
- 7% (7%) of pupils responded that their most recent accident resulted in a broken bone, while 6% (6%) said that their most recent accident was a cut.

BULLYING

- 35% (38%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- 8% (8%) of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.
- 22% (23%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (19%) said they 'don't know' if they have been.

- 65% (67%) of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 27% (25%) said they have done so 'often' or 'every day'.
- 41% (41%) of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while 37% (41%) were pushed/hit for no reason.
- 21% (23%) of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while 6% (5%) experienced it on the way to or from school.
- 7% (6%) of pupils responded that they think they are being 'picked on' or bullied because of their race, colour or religion, while 18% (19%) said that it was because of the way they look.
- 67% (66%) of pupils responded that they think their school takes bullying seriously, while 9% (10%) don't think their school takes bullying seriously.
- 4% (2%) of pupils responded that they think others may fear going to school because of them, while 20% (19%) said they are 'not sure' if others do.

INTERNET SAFETY

- 85% (85%) of pupils responded that they have used the internet at home in the last month, while 55% (59%) said they have used it at school and 59% (59%) have used it on a mobile device.
- 71% (67%) of pupils responded that they use the internet for schoolwork, while 71% (75%) said that they use it for playing games.
- 28% (29%) of Year 6+ pupils responded that they have seen images or videos online that were for adults-only.
- 28% (28%) of Year 6+ pupils responded that they have seen images or videos online that upset them.
- 29% (28%) of pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.
- 94% (93%) of pupils responded that they have been told how to stay safe while using the internet, while 6% (7%) said they haven't been told how to stay safe.
- 63% (65%) of pupils responded that they get e-safety information from their parents/carers/family, while 86% (82%) said that they get information from school.
- 21% (19%) of pupils responded that they have received a chat message that scared them or made them upset.
- 18% (15%) of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.

School & Leisure EVERY CHILD MATTERS

68% (68%) of Year 6+ pupils responded that in their school, people with different backgrounds are valued.

AFTER-SCHOOL ACTIVITIES

□ 66% (61%) of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while 36% (42%) spent time playing sport.

BREAKTIMES

- 18% (29%) of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes, while 90% (90%) spend time chatting/talking.
- □ 61% (64%) of pupils responded that their playtimes and lunchtimes are friendly, while 38% (37%) said

that they are crowded, and 10% (9%) said that they are boring.

VIEWS & OPINIONS

- 35% (42%) of pupils responded that their views and opinions are asked for in school, while 16% (14%) said they aren't asked for.
- □ 47% (56%) of pupils responded that their views and opinions are listened to in school, while 14% (10%) said they aren't listened to.
- □ 47% (49%) of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while 47% (45%) feel they are listened to through a school or class council.
- 17% (20%) of pupils responded that their views and opinions make a difference to how their school is run, while 26% (25%) said they don't make a difference.

Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

- 1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
- 2. even if your sample is small, you may have a very high proportion of your available population if, say, you sample every single pupil of your Year 6 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

		Percenta	Percentage seen in sample				
		10%	20%	30%	40%	50%	
Number	20	6.7	8.9	10.2	11.0	11.2	
In	30	5.5	7.3	8.4	8.9	9.1	
sample	40	4.7	6.3	7.2	7.7	7.9	
	50	4.2	5.7	6.5	6.9	7.1	
	60	3.9	5.2	5.9	6.3	6.5	
	80	3.4	4.5	5.1	5.5	5.6	
	100	3.0	4.0	4.6	4.9	5.0	
	150	2.4	3.3	3.7	4.0	4.1	
	200	2.1	2.8	3.2	3.5	3.5	
	300	1.7	2.3	2.6	2.8	2.9	
	500	1.3	1.8	2.0	2.2	2.2	

TABLE OF STANDARD ERRORS OF PROPORTION .

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So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about $\pm 6.5\%$.

List of significant differences

Below we have listed some statistically significant differences between East Surrey and Surrey Primary.

Sig	Your	Wider	Question				
* * *	76%	51%	of Year 6+ pupils responded that their teachers have talked with them in school lessons about illegal drugs.				
* * *	51%	39%	of pupils responded that they cook or help with cooking in school lessons.				
* * *	18%	29%	of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes.				
* * *	44%	35%	of pupils responded that they walked to school on the day of the survey.				
* * *	61%	52%	of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up.				
* * *	47%	56%	of pupils responded that their views and opinions are listened to in school.				
* * *	31%	23%	of pupils responded that they don't go to any sports clubs at lunch time or after school each week.				
* * *	12%	8%	of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.				
* *	35%	42%	of pupils responded that their views and opinions are asked for in school.				
*	43%	49%	of pupils responded that the place where they can get school lunch is crowded.				
*	22%	27%	of pupils responded that the place where they can get school lunch is rushed.				
*	80%	84%	of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.				
*	36%	42%	of pupils responded that they spent time playing sport after school on the day before the survey.				
*	33%	40%	of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.				
Tests:	Chi-square	ed (χ ²).	KEY: $* = p < 0.05 (5\%)$ $** = p < 0.01 (1\%)$ $*** = p < 0.001 (0.1\%).$				

Background

Ethnicity

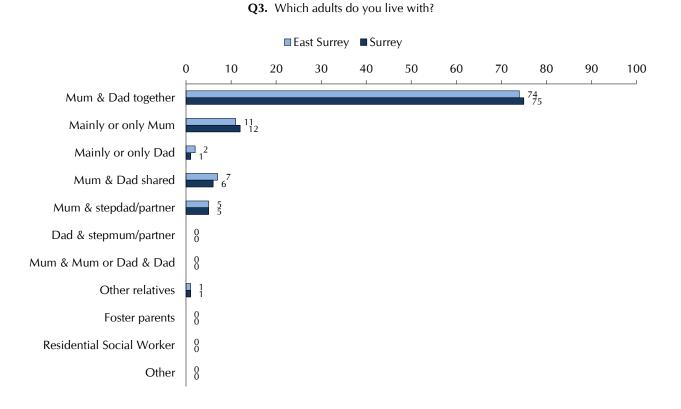
77% (72%) of pupils described themselves as White British.

Q1. F	Q1. Percentage describing themselves as White British.							
East Surrey				Surrey				
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6		
Boys	62	69	80	69	80	71		
Girls	63	89	83	70	79	72		

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Family



74% (75%) of pupils responded that they live with their Mum and Dad together.

11% (12%) of pupils responded that they live 'mainly or only' with their Mum, while 2% (1%) said they live 'mainly or only' with their Dad. **Q3.** Percentage answering that they live with their Mum and Dad together.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	78	77	67	77	74	74
Girls	91	71	73	78	71	74

Q3. Percentage answering that they live 'mainly or only' with their Mum.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	4	15	14	13	11	11
Girls	0	6	16	10	12	13

Armed forces

1% (2%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 5% (6%) said they are 'not sure' if they do and 2% (1%) didn't want to say.

Q4a. Percentage answering that they have a parent/carer who is in the armed forces.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	0	0	1	2	2	1
Girls	2	0	2	2	2	2

	Q4b. If yes, who is it?								
100									
90									
80									
70									
60									
50									
40									
30									
20									
10									
0	Mum or Dad	Mum or Dad's partner	Foster carer	Other carer					
East Surrey	2	1	0	0					
■ Surrey	2	0	0	0					

Young carers

5% (6%) of pupils responded that they are a 'young carer', while 5% (5%) said they are 'not sure' if they are.

2% (1%) of pupils responded that their school knows they are a 'young carer'.

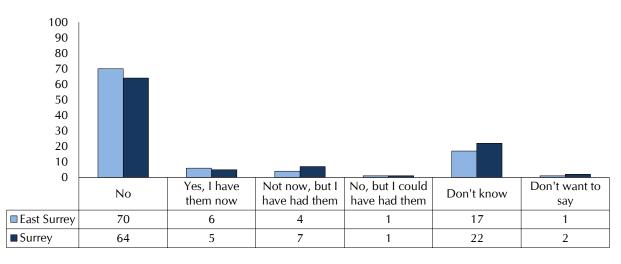
<i>'</i> .

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	7	0	3	7	4	6
Girls	14	6	4	6	5	6

Q5c. Percentage answering that their school knows they are a 'young carer'.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	2	0	2	2	0	1	
Girls	2	0	2	1	1	2	

Free school meals



Q9. Have you ever had free school meals, or vouchers for free meals?

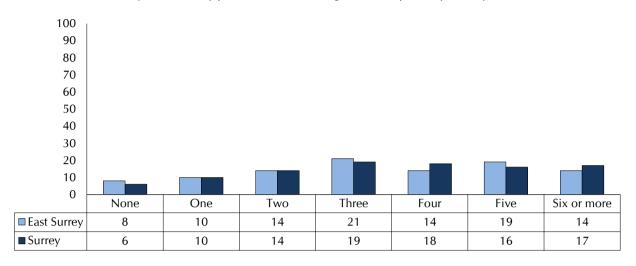
6% (5%) of pupils responded that they currently have free school meals, while 4% (7%) said they have had them and 1% (1%) could have them if they wanted.

Q9. Percentage answering that they currently have free school meals.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	9	8	6	5	5	4
Girls	2	0	7	5	3	4

Healthy Eating

5-a-day



Q6. How many portions of fruit and vegetables did you eat yesterday?

8% (6%) of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey. **Q6.** Percentage answering that they didn't have any portions of fruit or vegetables on the day before the survey.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	9	8	8	9	6	7
Girls	5	0	9	6	5	4

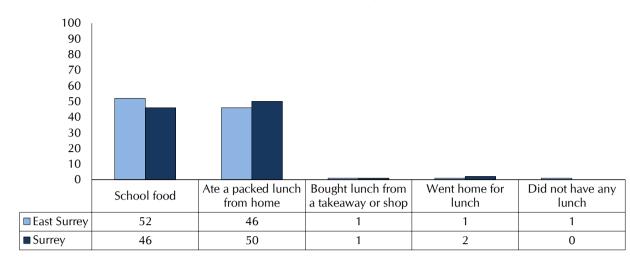
33% (33%) of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

Q6. Percentage answering that they had at least 5 portions of fruit and vegetables on the day before the survey.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	27	46	32	30	30	36
Girls	42	44	30	32	32	36

Lunch

Q7. What did you do for lunch yesterday?



52% (46%) of pupils responded that they had school food for lunch on the day before the survey.

Q7. Percentage answering that they had school food for lunch on the day before the survey.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	60	38	51	53	43	39
Girls	67	11	50	53	46	42

1% (0%) of pupils responded that they did not have any lunch on the day before the survey, while 1% (1%) said they bought lunch from a takeaway or shop. **Q7.** Percentage answering that they did not have any lunch on the day before the survey.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	0	0	2	0	1	1
Girls	0	0	1	0	1	1

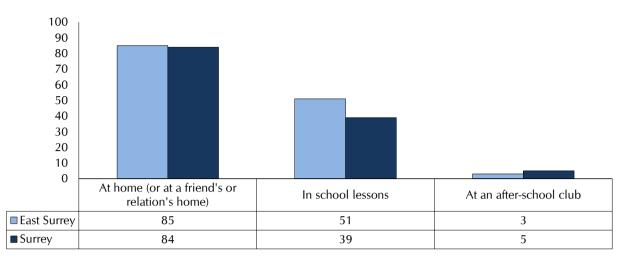
35% (34%) of pupils responded that the place where they can get school lunch is friendly, while 43% (49%) said it is crowded, and 22% (27%) said it is rushed.

Q8. Percentage of pupils responding that they would describe the place where they can get school lunch as the following (top 5 – Surrey Primary data in brackets):

	Boys				Girls		
1	Нарру	45	(38)	1	Crowded	44	(50)
2	Crowded	42	(49)	2	Busy	43	(46)
3	Busy	37	(42)	3	Нарру	39	(39)
4	Friendly	33	(31)	4	Friendly	37	(37)
5	Safe	33	(30)	5	Safe	25	(31)

Cooking

Q10. Percentage of pupils responding that they cook or help with cooking at the following places:



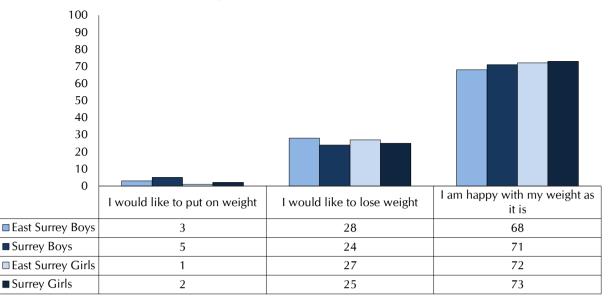
85% (84%) of pupils responded that they cook or help with cooking at home (or at a friend's or relation's home), while 51% (39%) said that they cook or help with cooking in school lessons. **Q10.** Percentage answering that they cook or help with cooking at home.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	80	85	78	80	77	78
Girls	98	94	87	90	85	89

Q10. Percentage of pupils responding that they cook or help with cooking at the following places (Surrey Primary data in brackets):

	Boys				Girls		
1	At home	79	(78)	1	At home	90	(89)
2	In school lessons	54	(38)	2	In school lessons	49	(39)
3	At an after-school clib	3	(4)	3	At an after-school clib	3	(5)

Weight perception



Q11. Weight: Which statement describes you best?

2% (4%) of pupils responded that they would like to put on weight.

28% (25%) of pupils responded that they would

like to lose weight.

Q11. Percentage answering that they would like to put on weight.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	7	0	2	6	3	4
Girls	0	0	2	2	3	3

Q11. Percentage answering that they would like to lose weight.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	18	31	32	25	19	26
Girls	25	17	29	22	18	29

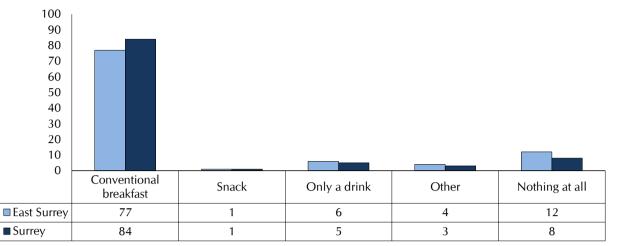
70% (72%) of pupils responded that they are happy with their weight as it is.

Q11. Percentage answering that they are happy with their weight as it is.

		East Surr	ey	Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	76	69	66	69	78	70
Girls	75	83	69	77	79	68

Breakfast

Q13. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



12% (8%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 6% (5%) only had a drink and 5% (8%) had a cooked breakfast. **Q13.** Percentage answering that they had nothing to eat or drink before lessons on the day of the survey.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	16	15	13	11	10	8
Girls	9	6	11	4	7	7

28% (32%) of pupils responded that they had toast before lessons on the day of the survey, while 17% (18%) had fruit.

Q13. Percentage of pupils responding that they had the following to eat or drink before lessons on the day of the survey (top 10 – Surrey Primary data in brackets):

	Boys				Girls		
1	Other drink	40	(41)	1	Other drink	43	(49)
2	Other cereals	31	(33)	2	Other cereals	32	(33)
3	Toast or bread	25	(30)	3	Toast or bread	30	(35)
4	Fruit	13	(17)	4	Fruit	22	(19)
5	Sugar-coated cereals	11	(11)	5	Tea/ice tea	10	(9)
6	Hot chocolate	8	(8)	6	Sugar-coated cereals	8	(8)
7	Cooked breakfast	7	(9)	7	Biscuits/cakes/croissants	8	(6)
8	Biscuits/cakes/croissants	7	(7)	8	Yoghurt	7	(8)
9	Yoghurt	5	(7)	9	Porridge/Ready brek	7	(7)
10	Tea/ice tea	5	(7)	10	Hot chocolate	4	(8)

80% (84%) of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

Q12. Percentage of pupils responding that they had something to eat or drink at the following before lessons on the day of the survey (Surrey Primary data in brackets):

	Boys				Girls				
1	At home	78	(83)	1	At home	82	(86)		
2	At school	14	(13)	2	At school	17	(15)		
3	On the way to school	4	(7)	3	On the way to school	5	(8)		

Food & drink

60% (64%) of pupils responded that they eat fresh fruit 'on most days', while 24% (22%) said the same of sweets, chocolate, choc bars.

Q14. Percentage of pupils responding that they eat the following 'on most days' (top 10 – Surrey Primary data in brackets):

	Boys		Girls				
1	Water	78	(83)	1	Water	87	(85)
2	Vegetables	56	(55)	2	Fresh fruit	68	(68)
3	Fresh fruit	53	(59)	3	Vegetables	67	(63)
4	Milk	52	(55)	4	Milk	44	(45)
5	Crisps	27	(26)	5	Crisps	28	(21)
6	Sweets, chocolate, choc bars	27	(23)	6	Pulses (peas, beans lentils)	25	(22)
7	Cheese	22	(22)	7	Cheese	22	(24)
8	Pulses (peas, beans lentils)	20	(20)	8	Salads	20	(22)
9	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	19	(18)	9	Sweets, chocolate, choc bars	20	(21)
10	Salads	16	(17)	10	Tea/ice tea	16	(12)

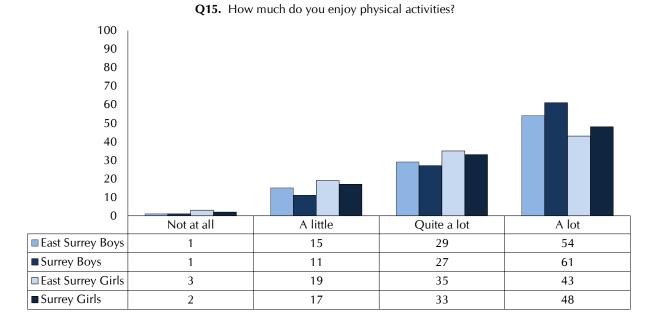
6% (6%) of pupils responded that they 'rarely or never' eat vegetables, while 27% (24%) said the same of fish/fish fingers.

Q14. Percentage of pupils responding that they 'rarely or never' eat the following (top 10 – Surrey Primary data in brackets):

	Boys		Girls					
1	Energy drinks (e.g. Red Bull, Relentless)	73	(71)	1	Coffee/cappuccino	87	(81)	
2	Coffee/cappuccino	72	(77)	2	Energy drinks (e.g. Red Bull, Relentless)	83	(80)	
3	Tea/ice tea	53	(54)	3	Takeaways (e.g. burgers, Chinese, Indian, pizza)	51	(47)	
4	Takeaways (e.g. burgers, Chinese, Indian, pizza)	39	(40)	4	Tea/ice tea	49	(53)	
5	'Diet' fizzy drinks (low calorie)	36	(43)	5	'Diet' fizzy drinks (low calorie)	49	(52)	
6	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	34	(39)	6	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	46	(50)	
7	Hot chocolate	34	(36)	7	Hot chocolate	39	(35)	
8	Salads	33	(35)	8	Eggs	33	(32)	
9	Eggs	32	(32)	9	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	29	(26)	
10	Any fish/fish fingers	27	(23)	10	Any fish/fish fingers	28	(25)	

Physical Activity

Enjoy exercise



2% (2%) of pupils responded that they don't enjoy physical activities 'at all'.

Q15. Percentage answering that they don't enjoy physical activities 'at all'.

		East Surr	ey	Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	5	0	0	3	1	1	
Girls	5	0	3	3	1	2	

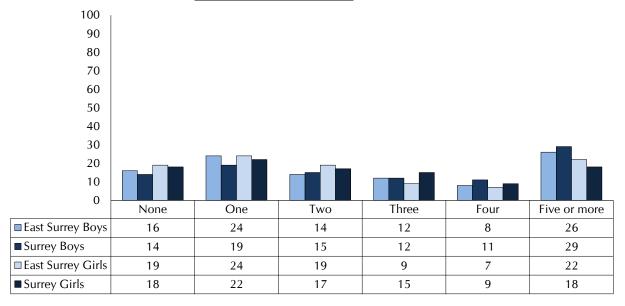
81% (85%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q15. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	80	69	86	84	88	91
Girls	70	94	78	80	84	82

Schools Health Education Unit

Hard exercise



Q16. On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?

17% (16%) of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.

24% (24%) of pupils responded that they got out of breath and/or sweaty while doing physical activity

on five days or more in the week before the survey.

Q16. Percentage answering that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	16	31	15	17	13	12
Girls	25	28	15	20	22	16

Q16. Percentage answering that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	16	15	31	20	35	35
Girls	14	22	26	14	17	22

90							
80							
70							
60							
50							
40							
30							
20							
10							
0							
-	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
East Surrey	28	36	37	40	45	39	41
■ Surrey	36	37	42	42	38	38	44

Q16. On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?

100

PE lessons

83% (84%) of pupils responded that they enjoy their PE lessons, while 13% (12%) are 'not sure' if they do.

69% (70%) of pupils responded that they feel they are getting better at PE, while 26% (24%) are 'not sure' if they are.

School sports

62% (58%) of pupils responded that their school has helped them to be more healthy, while 30% (32%) are 'not sure' if it has.

Q17a. Percentage answering that they enjoy their PE lessons.

		East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	91	100	84	88	87	85
Girls	81	89	77	82	81	81

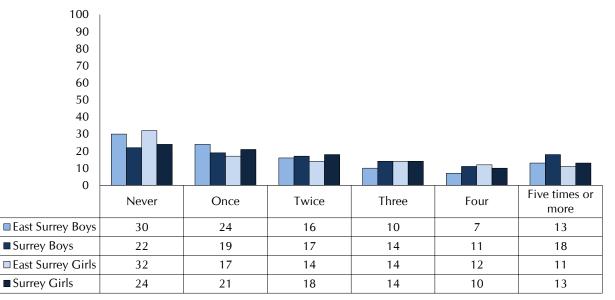
Q17b. Percentage answering that they feel they are getting better at PE.

	l	East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	73	83	73	74	73	71
Girls	60	76	63	69	65	68

Q17c. Percentage answering that their school has helped them to be more healthy.

		East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	67	50	64	64	53	51
Girls	65	59	60	71	65	51

Q18. How many times each week do you go to sports clubs at lunchtime or after school?



31% (23%) of pupils responded that they don't go to any sports clubs at lunch time or after school each week.

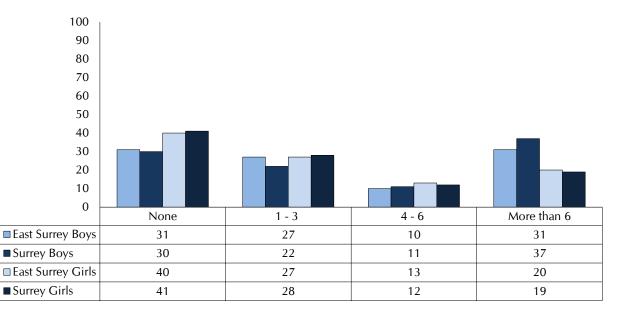
33% (40%) of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.

Q18. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.

		East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	47	10	26	24	18	23
Girls	49	0	31	27	21	23

Q17b. Percentage answering that they go to at least 3 sports clubs at lunch time or after school each week.

		East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	19	60	30	35	51	45
Girls	11	75	42	30	36	42



Q19. How many games or matches have you played against other schools this year?

36% (35%) of pupils responded that they haven't played any games or matches against other schools this year.

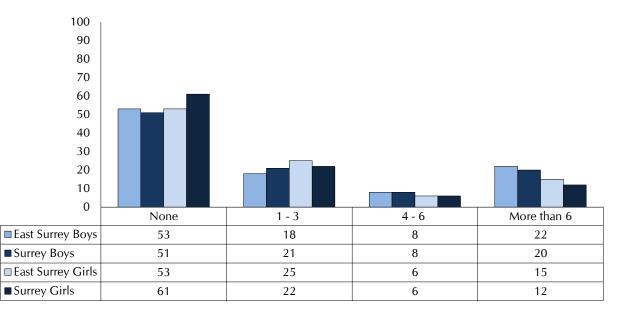
Q19. Percentage answering that they haven't played any games or matches against other schools this year.

		East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	16	8	39	33	28	28
Girls	43	13	43	53	34	34

37% (40%) of pupils responded that they have played at least 4 matches against other schools this year.

Q19. Percentage answering that they have played at least 4 matches against other schools this year.

		-			-	
		East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	50	62	36	42	49	52
Girls	36	60	28	20	36	39



Q20. How many sports games or matches have you played at your school this year?

53% (56%) of pupils responded that they haven't played any sports games or matches at their school this year.

Q20. Percentage answering that they haven't played any sports games or matches at their school this year.

		East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	77	46	44	66	54	39
Girls	74	43	47	78	63	46

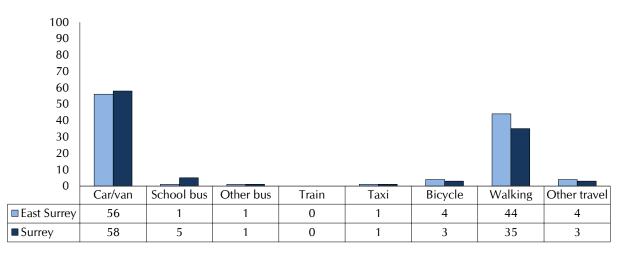
Q20. Percentage answering that they have played at least 4 matches at their school this year.

		East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	11	54	34	13	26	41
Girls	12	21	25	5	15	28

26% (23%) of pupils responded that they have played at least 4 matches at their school this year.

Active travel





56% (58%) of pupils responded that they travelled to school by car/van on the day of the survey.

Q65. Percentage answering that they travelled to school by car/van on the day of the survey.

	I	East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	49	69	50	60	49	58
Girls	55	56	65	60	62	56

44% (35%) of pupils responded that they walked to school on the day of the survey.

Q65. Percentage answering that they walked to school on the day of the survey.

		East Surre	ey		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	53	8	48	30	37	38
Girls	57	22	40	32	35	39

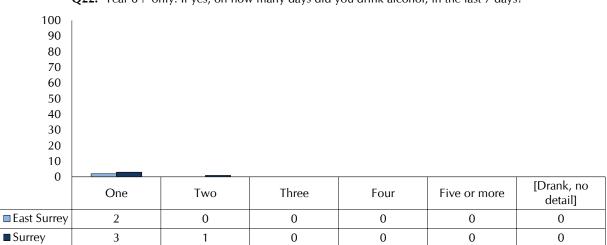
Alcohol, Smoking & Drugs

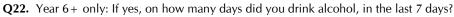
Alcohol

1% (4%) of Year 6 + pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.

Q21. Percentage of Year 6 + pupils answering that they						
had an alcoholic drink in the 7 days before the survey.						
	East Surrey	Surrey				
	Yr 6	Yr 6				
Boys	2	6				

2





Girls

0

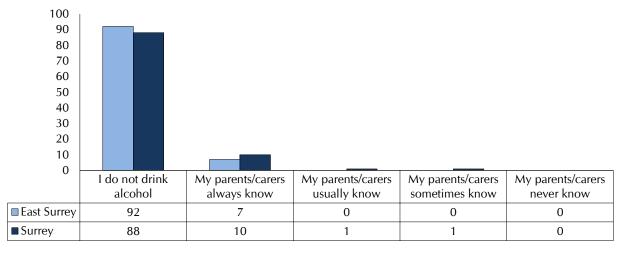
0% (2%) of Year 6+ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.

Q22. Percentage of Year 6 + pupils answering that they drank alcohol on more than one day in the 7 days before the survey.

	East Surrey		Surrey
	Yr 6	Yr 6	
Boys	0	2	
Girls	0	1	

0% (1%) of Year 6+ pupils responded that they drank beer or lager in the 7 days before the survey and 0% (1%) said they drank spirits.

	Yr 6 Boys				Yr 6 Girls		
1	Shandy (beer mixed with lemonade)	1	(1)	1	Wine	0	(1)
2	Other	1	(0)	2	Spirits	0	(1)
3	Wine	0	(3)	3	Beer or lager	0	(1)
4	Beer or lager	0	(2)	4			
5	Spirits	0	(1)	5			



Q24. Year 6+ only: Do your parents know if you drink alcohol?

92% (88%) of Year 6+ pupils responded that they do not drink alcohol.

7% (10%) of Year 6 + pupils responded that they drink alcohol and their parents 'always' know, while 0% (1%) said they 'usually' know.

0% (1%) of Year 6 + pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

Q24. Percentage of Year 6+ pupils answering that they do not drink alcohol.

	East Surrey		Surrey
	Yr 6	Yr 6	
Boys	90	85	
Girls	96	91	

Q24. Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'always' know.

East Surrey		Surrey
Yr 6	Yr 6	
10	14	
4	7	
	Yr 6	Yr 6 Yr 6

Q24. Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

	East Surrey		Surrey
	Yr 6	Yr 6	
Boys	1	1	
Girls	0	1	

Smoking at home

24% (21%) of pupils responded that their parents/carers smoke.

8% (6%) of pupils responded that someone smokes indoors at home in rooms that they use.

10% (9%) of pupils responded that someone smokes in a car when they are in it too.

Q25a. Percentage answering that their parents/carers smoke.

	East Surrey				Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	27	15	21	22	15	22
Girls	21	6	31	20	20	23

Q25b. Percentage answering that someone smokes indoors at home in rooms that they use.

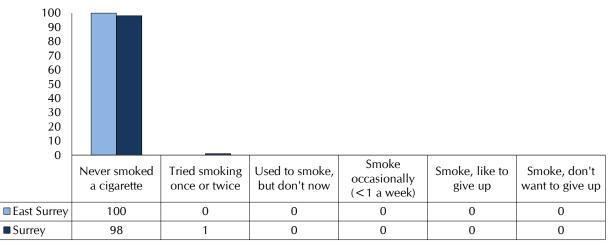
	East Surrey				Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	9	8	8	6	6	7
Girls	7	0	9	5	3	7

Q25c. Percentage answering that someone smokes in a car when they are in it too.

	East Surrey				Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	9	8	10	12	8	10
Girls	7	6	13	8	6	10

Smoking





0% (2%) of Year 6 + pupils responded that they have tried smoking in the past or smoke now.

0% (0%) of Year 6 + pupils responded that they smoked in the 7 days before the survey.

Q26. Percentage of Year 6 + pupils answering that they have smoked in the past or smoke now.

	East Surrey		Surrey
	Yr 6	Yr 6	
Boys	1	2	
Girls	0	1	

Q27. Percentage of Year 6+ pupils answering that they smoked in the 7 days before the survey.

	East Surrey		Surrey
	Yr 6	Yr 6	
Boys	0	0	
Girls	0	0	

Drugs

76% (51%) of Year 6+ pupils responded that their teachers have talked with them in school lessons about illegal drugs, while 54% (54%) said that their parents/carers have talked with them.

Q28. Percentage of Year 6+ pupils responding that the following people have talked with them about illegal drugs (Surrey Primary data in brackets):

	Yr 6 Boys			Yr 6 Girls			
1	Teachers, in school lessons	74	(50)	1	Teachers, in school lessons	79	(53)
2	Parents/carers	55	(56)	2	Parents/carers	52	(53)
3	Friends	19	(23)	3	Friends	21	(15)
4	Visitors or speakers in school lessons	17	(26)	4	Visitors or speakers in school lessons	14	(24)
5	Brothers or sisters	15	(15)	5	Brothers or sisters	14	(11)

10% (8%) of Year 6+ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs that are not medicines.

Q29. Percentage of Year 6+ pupils answering that they are 'fairly sure' or 'certain' they know someone who uses drugs.

	East Surrey		Surrey
	Yr 6	Yr 6	
Boys	9	9	
Girls	11	7	

0% (1%) of Year 6 + pupils responded that they have been offered cannabis.

Q30. Percentage of Year 6+ pupils answering that they have been offered cannabis.

	East Surrey		Surrey
	Yr 6	Yr 6	
Boys	0	2	
Girls	1	0	

1% (1%) of Year 6+ pupils responded that they have been offered other drugs.

Q31. Percentage of Year 6+ pupils answering that they have been offered other drugs.

	East Surrey		Surrey
	Yr 6	Yr 6	
Boys	1	1	
Girls	1	0	

Emotional Health & Well-being

Growing up

61% (52%) of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up, while 75% (72%) said that their parents/carers have talked with them.

Q32a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (top 5 – Surrey Primary data in brackets):

	they grow up (top 5 – burley rinnary data in brackets).							
Boys			Girls					
1	Parents/carers	70	(69)	1	Parents/carers	79	(75)	
2	Teachers, in school lessons	63	(53)	2	Teachers, in school lessons	60	(51)	
3	Brothers or sisters	21	(18)	3	Friends	26	(19)	
4	Friends	16	(18)	4	Brothers or sisters	18	(16)	
5	Other close relatives	14	(17)	5	Other close relatives	15	(13)	

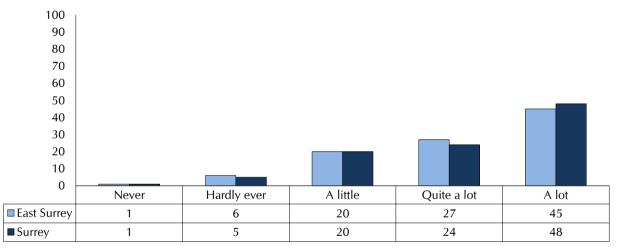
57% (55%) of pupils responded that they feel they know enough about how their body changes as they get older, while 10% (10%) feel they don't know enough.

Q32b. Percentage answering that they feel they know enough about how their body changes as they get older. East Surrey Surrey

	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	45	45	63	46	49	67
Girls	39	27	66	41	41	67

Worrying

Q33. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



72% (72%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q33. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

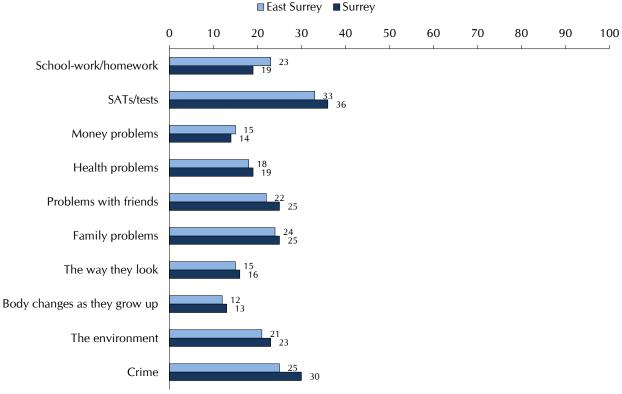
	E	ast Surre	y .		Surrey	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	67	85	70	72	72	69
Girls	82	72	71	77	72	71

25% (30%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 33% (36%) said the same of SATs/tests, and 24% (25%) worry 'quite a lot' or 'a lot' about family problems.

Q33. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (Surrey Primary data in brackets):

				,			
	Boys				Girls		
1	Crime	27	(32)	1	SATs/tests	40	(39)
2	Family problems	27	(26)	2	Problems with friends	24	(30)
3	SATs/tests	26	(32)	3	Crime	24	(28)
4	School-work/homework	23	(19)	4	Family problems	22	(24)
5	The environment	20	(23)	5	School-work/homework	22	(18)
6	Problems with friends	20	(21)	6	The environment	21	(22)
7	Health problems	20	(21)	7	The way they look	17	(18)
8	The way they look	14	(13)	8	Money problems	17	(15)
9	Money problems	13	(13)	9	Health problems	16	(18)
10	Body changes as they grow up	10	(13)	10	Body changes as they grow up	15	(14)

Q33. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



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Problem solving

In Question 34 the young people were asked to whom they would turn to share a range of problems. The top five sources of support for each of the issues are as follows (Surrey Primary data in brackets):

Problem with school

		Boys				Girls			
	1	Mum and/or Dad	48	(55)	1	Mum and/or Dad	50	(57)	
	2	Teacher	27	(23)	2	Teacher	18	(20)	
	3	Keep it to myself	10	(8)	3	Friend	11	(8)	
	4	Friend	7	(6)	4	Keep it to myself	8	(7)	
	5	Brother or sister	3	(3)	5	Brother or sister	5	(4)	
Family pro	oblem								
		Boys				Girls			
	1	Mum and/or Dad	50	(53)	1	Mum and/or Dad	48	(46)	
	2	Keep it to myself	17	(17)	2	Keep it to myself	18	(16)	
	3	Brother or sister	14	(10)	3	Friend	12	(15)	
	4	Friend	7	(8)	4	Brother or sister	7	(9)	
	5	Teacher	5	(5)	5	Other adult	4	(4)	
Health pro	oblem								
-		Boys				Girls			
	1	Mum and/or Dad	74	(77)	1	Mum and/or Dad	72	(76)	
	2	Keep it to myself	12	(11)	2	Keep it to myself	10	(11)	
	3	Friend	3	(3)	3	Friend	3	(3)	
	4	Other adult	3	(2)	4	Teacher	1	(2)	
	5	Brother or sister	2	(2)	5	Brother or sister	1	(2)	
Problem w	vith fri	ends							
		Boys				Girls			
	1	Mum and/or Dad	42	(44)	1	Mum and/or Dad	43	(46)	
	2	Teacher	18	(20)	2	Teacher	20	(21)	
	3	Keep it to myself	16	(14)	3	Friend	11	(11)	
	4	Friend	12	(11)	4	Keep it to myself	10	(11)	
	5	Brother or sister	5	(5)	5	Brother or sister	7	(6)	
Bullying p	roblen	ı							
1 01		Boys				Girls			
	1	Mum and/or Dad	45	(53)	1	Mum and/or Dad	52	(53)	
	2	Teacher	27	(25)	2	Teacher	21	(25)	
	3	Keep it to myself	13	(8)	3	Keep it to myself	10	(8)	
	4	Friend	4	(4)	4	Friend	6	(5)	
	5	Brother or sister	4	(3)	5	Brother or sister	2	(3)	

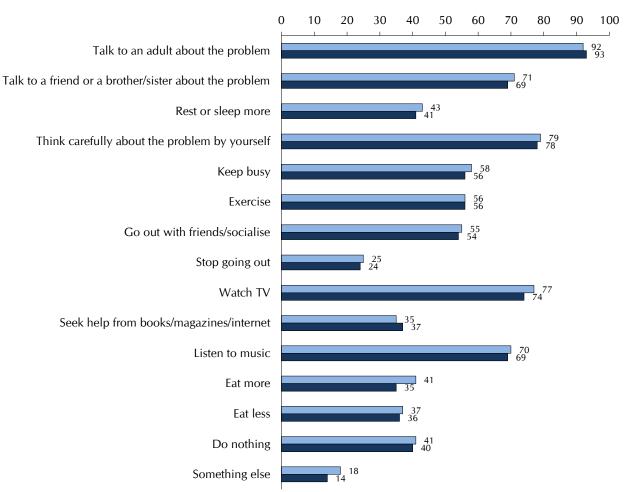
'Keep it to myself' is not necessarily negative. For some pupils it may mean that they feel they can cope without help.

70% (69%) of pupils responded that they at least 'sometimes' listen to music when a problem worries them. 92% (93%) said that they will talk to an adult about the problem at least 'sometimes', while 58% (56%) said that they will keep busy.

Q35. Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them (top 10 – Surrey Primary data in brackets):

			- / /				
	Boys				Girls		
1	Talk to an adult about the problem	92	(92)	1	Talk to an adult about the problem	92	(94)
2	Think carefully about the problem by yourself	79	(75)	2	Think carefully about the problem by yourself	79	(82)
3	Watch TV	76	(73)	3	Watch TV	78	(76)
4	Talk to a friend or a brother/sister about the problem	72	(65)	4	Listen to music	75	(73)
5	Listen to music	66	(65)	5	Talk to a friend or a brother/sister about the problem	70	(73)
6	Exercise	57	(59)	6	Keep busy	60	(57)
7	Keep busy	56	(54)	7	Go out with friends/socialise	56	(54)
8	Go out with friends/socialise	55	(55)	8	Exercise	54	(54)
9	Eat more	45	(37)	9	Rest or sleep more	43	(40)
10	Rest or sleep more	44	(41)	10	Do nothing	39	(38)

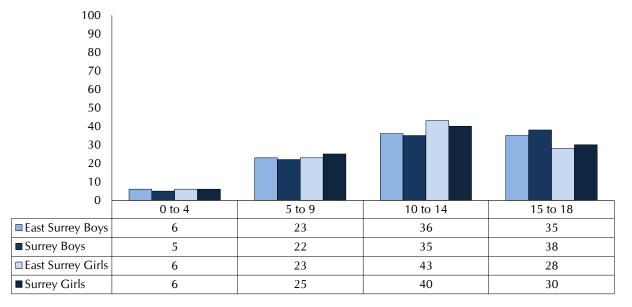
Q35. Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them:

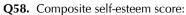


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Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:





Data from the 'Young People into...' series reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

29% (29%) of pupils had a med-low self-esteem score (9 or less).

Q58. Percentage of pupils with a med-low self-esteem score (9 or less).

		East Surre	ey	Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	36	23	27	28	30	26
Girls	38	40	24	35	29	27

31% (34%) of pupils had a high self-esteem score (15 or more).

Q58. Percentage of pupils with a high self-esteem score (15 or more).

		East Surre	ey	Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	42	31	33	36	38	40	
Girls	18	20	32	25	35	32	

81% (83%) of pupils responded that they feel happy talking to other pupils at school.

Q58. (Individual self-esteem items) Percentage in each group giving a <u>high</u> esteem response (Surrey Primary data in brackets):

	Drac	(Kets):					
	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	96 (83)	86 (78)	92 (84)	56 (82)	77 (85)	82 (85)	81 (83)
Pupils who do not usually feel uneasy saying things in front of teachers in class	44 (37)	23 (29)	23 (31)	17 (41)	37 (40)	31 (36)	33 (36)
Pupils who do not want to change lots of things about themselves	62 (47)	48 (43)	31 (45)	39 (47)	36 (43)	37 (40)	41 (43)
Pupils who do not often fall out with other pupils at school	49 (43)	43 (37)	46 (42)	33 (51)	40 (49)	44 (46)	43 (44)
Pupils who do not often feel lonely at school	53 (53)	48 (48)	46 (60)	44 (56)	58 (67)	68 (64)	58 (59)
Pupils who do not think that other pupils often say nasty things about them	51 (46)	48 (41)	46 (43)	17 (45)	38 (45)	39 (38)	40 (43)
Pupils who do not usually feel shy when they want to tell a teacher something	47 (46)	20 (32)	46 (43)	22 (38)	42 (49)	35 (34)	37 (41)
Pupils who do not often have to find new friends because their old ones are with someone else	49 (52)	45 (45)	77 (57)	17 (52)	57 (65)	50 (55)	51 (55)
Pupils who do not usually feel foolish when talking to their parents/carers	76 (69)	64 (67)	69 (66)	50 (66)	74 (73)	71 (68)	70 (69)
Pupils who have one or more close friends*	80 (73)	68 (72)	77 (78)	67 (85)	80 (84)	84 (83)	79 (79)
Pupils whose parents like to hear their ideas*	76 (59)	61 (61)	69 (66)	61 (65)	61 (67)	64 (68)	64 (65)
Pupils whose teachers listen to them at school*	62 (64)	75 (69)	62 (66)	39 (63)	56 (63)	58 (65)	59 (65)
			10				

*N.B: These items do not contribute to the calculation of the composite self-esteem score.

Q58. (Individual self-esteem items) Percentage in each group giving a high esteem response:

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	0	10	20	30	40	50	60	70	
Pupils who feel happy talking to other pupils at school									
Pupils who do not usually feel uneasy saying things in front of teachers in class					³³ 36				
Pupils who do not want to change lots of things about themselves						41 43			
Pupils who do not often fall out with other pupils at school						43 44			
Pupils who do not often feel lonely at school							58 59		
Pupils who do not think that other pupils often say nasty things about them					4	0 43			
Pupils who do not usually feel shy when they want to tell a teacher something					37	1			
Pupils who do not often have to find new friends because their old ones are with someone else							51 55		
Pupils who do not usually feel foolish when talking to their parents/carers								6	70 9
Pupils who have one or more close friends*									
Pupils whose parents like to hear their ideas*								64 65	
Pupils whose teachers listen to them at school*							59	65	

*N.B: These items do not contribute to the calculation of the composite self-esteem score.

79 79

80

81 83

90 100

Health & Hygiene

Hand washing

55% (57%) of pupils responded that they washed their hands before lunch on the day before the survey, while 19% (19%) said they are 'not sure' if they did.

75% (75%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet, while 1% (2%) said they 'never or hardly ever' do and 24% (23%) do so only 'sometimes'.

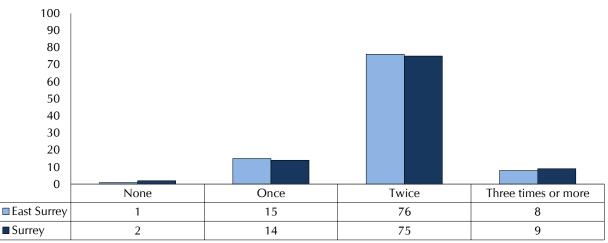
Q36. Percentage answering that they washed their hands before lunch on the day before the survey.

		East Surre	ey	Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	60	46	55	59	56	60	
Girls	70	19	52	60	48	54	

Q37. Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.

	l	East Surre	ey	Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	67	77	68	70	73	72
Girls	89	81	81	77	79	80

Dental health



Q38. How many times did you clean your teeth yesterday?

1% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.

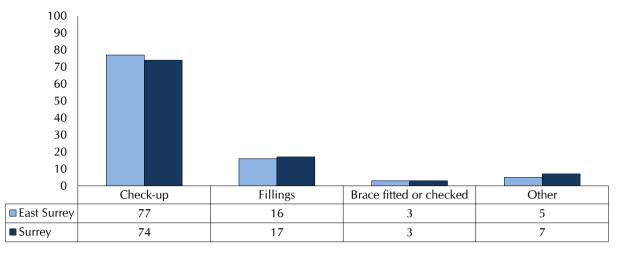
84% (85%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.

Q38. Percentage answering that they did not clean their teeth at all on the day before the survey.

		East Surre	ey	Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	4	0	1	3	2	1	
Girls	0	0	0	1	1	1	

Q38. Percentage answering that they cleaned their teeth at least twice yesterday.

	E	ast Surrey	y	Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	80	69	80	80	83	83	
Girls	86	94	90	86	89	89	



Q39. What treatment did the dentist give you on your last visit?

77% (74%) of pupils responded that they had a check-up the last time they visited the dentist.

16% (17%) of pupils responded that they had fillings the last time they visited the dentist.

3% (3%) of pupils responded that they had a brace fitted or checked the last time they visited the dentist.

Q39. Percentage answering that they had a check-up the last time they visited the dentist.

		East Surre	еу	Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	73	54	77	69	76	76	
Girls	75	83	80	72	78	78	

Q39. Percentage answering that they had fillings the last time they visited the dentist.

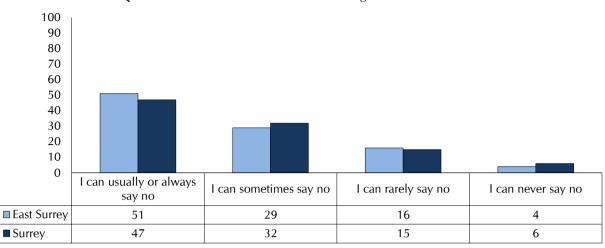
		East Surre	ey	Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	18	15	20	21	19	16	
Girls	18	11	10	18	11	13	

Q39. Percentage answering that they had a brace fitted or checked the last time they visited the dentist.

		,				
I	East Surre	ey	Surrey			
Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
2	23	1	3	3	3	
0	0	4	1	2	5	
	Yr 4 2	Yr 4 Yr 5 2 23	2 23 1	Yr 4 Yr 5 Yr 6 Yr 4 2 23 1 3	Yr 4 Yr 5 Yr 6 Yr 4 Yr 5 2 23 1 3 3	

Staying Safe

Peer pressure



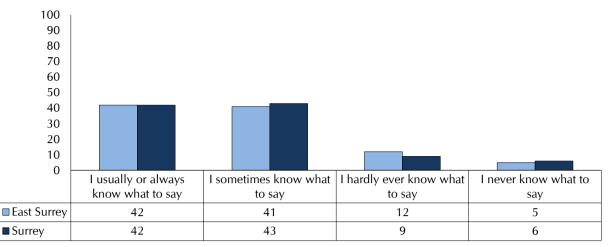
Q40. When a friend wants me to do something I don't want to do...:

51% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do. **Q40.** Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	47	38	58	37	52	58	
Girls	42	25	55	36	41	53	

20% (21%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do. **Q40.** Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	26	31	14	28	19	13	
Girls	37	38	15	29	27	17	



Q41. When I want a friend to do something...:

42% (42%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.

17% (15%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

Q41. Percentage answering that they 'usually or always' know what to say when they want a friend to do something.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	47	62	34	45	43	47	
Girls	50	50	42	36	41	39	

Q41. Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	20	15	18	15	12	12	
Girls	20	31	13	19	17	16	

Accidents

33% (32%) of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.

Q42. Percentage answering that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.

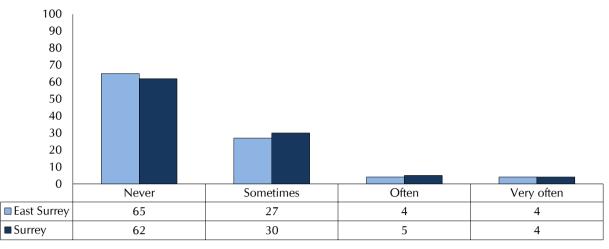
	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	35	46	34	33	30	38	
Girls	21	19	36	29	25	32	

7% (7%) of pupils responded that their most recent accident resulted in a broken bone, while 6% (6%) said that their most recent accident was a cut.

Q43. Most recent accident: What sort of accident was it? (Top 5 – Surrey Primary data in brackets):

	Boys		Girls					
1	I had a bruise, graze or sprain	11	(8)	1	I had a broken bone	8	(6)	
2	I had a cut	8	(8)	2	I had a bruise, graze or sprain	6	(9)	
3	I had a broken bone	7	(7)	3	I had a cut	4	(5)	
4	I hurt my head	7	(6)	4	I hurt my head	4	(3)	
5	I broke or damaged a tooth	4	(3)	5	Other	3	(3)	

Bullying



Q44. Do you ever feel afraid of going to school because of bullying?

35% (38%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

8% (8%) of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.

22% (23%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (19%) said they are 'not sure' if they have been. **Q44.** Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.

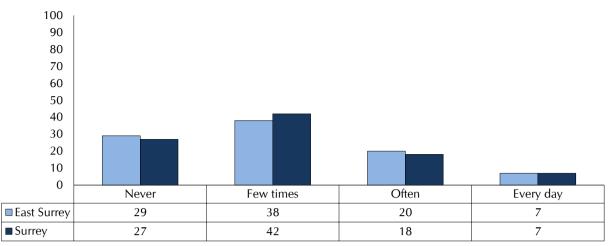
	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	30	38	30	37	40	27	
Girls	43	60	36	52	40	38	

Q44. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	9	8	7	9	12	5	
Girls	9	0	10	12	7	7	

Q45. Percentage answering that they have been bullied at or near school in the last 12 months.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	17	62	18	28	28	19	
Girls	14	27	26	24	18	21	



Q46. Negative behaviour summary: Percentage of pupils responding that they experienced at least one of the negative behaviours listed in the month before the survey:

65% (67%) of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 27% (25%) said they have done so 'often' or 'every day'. **Q46.** Percentage answering that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	56	92	70	70	75	68	
Girls	66	72	59	68	64	61	

41% (41%) of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while 37% (41%) were pushed/hit for no reason.

Q46. Percentage of pupils responding that they experienced the following negative behaviours at least a 'few times' in the month before the survey (Surrey Primary data in brackets):

					Cirlo		
	Boys				Girls		
1	Been teased/made fun of	48	(46)	1	Been teased/made fun of	40	(41)
2	Pushed/hit for no reason	45	(47)	2	Called nasty names	40	(39)
3	Called nasty names	41	(44)	3	Pushed/hit for no reason	29	(34)
4	Been called 'gay'	37	(35)	4	Had belongings taken/broken	22	(23)
5	Been ganged up on	23	(24)	5	Been ganged up on	21	(19)
6	Had belongings taken/broken	23	(24)	6	Been threatened for no reason	16	(16)
7	Been threatened for no reason	23	(23)	7	Been called 'gay'	12	(11)
8	Been threatened for money	10	(10)	8	Bullied through e-mail/internet	7	(5)
9	Bullied on my mobile phone	5	(5)	9	Been threatened for money	6	(7)
10	Bullied through e-mail/internet	5	(5)	10	Bullied on my mobile phone	5	(4)

21% (23%) of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while 6% (5%) experienced it on the way to or from school.

Q47. Percentage of pupils responding that they experienced negative behaviours at the following places in the month before the survey (top 5 – Surrey Primary data in brackets):

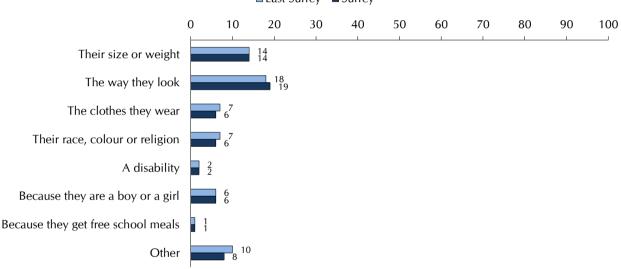
	Boys	1		Girls			
1	Outside at school (breaktimes)	31	(35)	1	Outside at school (breaktimes)	25	(28)
2	In a classroom (breaktimes)	23	(24)	2	In a classroom (breaktimes)	19	(22)
3	At or near home	14	(17)	3	At or near home	16	(17)
4	During lesson times	13	(10)	4	During lesson times	10	(10)
5	On the way to or from school	9	(7)	5	Online	7	(3)

7% (6%) of pupils responded that they think they are being 'picked on' or bullied because of their race, colour or religion, while 18% (19%) said that it was because of the way they look.

Q48. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following (Surrey Primary data in brackets):

					,				
	Boys		Girls						
1	The way they look	20	(18)	1	The way they look	16	(20)		
2	Their size or weight	14	(15)	2	Their size or weight	15	(14)		
3	Other	7	(8)	3	Other	13	(9)		
4	The clothes they wear	7	(6)	4	The clothes they wear	8	(6)		
5	Their race, colour or religion	7	(5)	5	Their race, colour or religion	6	(6)		
6	Because they are a boy or a girl	7	(5)	6	Because they are a boy or a girl	4	(7)		
7	A disability	2	(3)	7	A disability	1	(2)		
8	Because they get free school meals	1	(2)	8	Because they get free school meals	1	(1)		

Q48. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following:



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67% (66%) of pupils responded that they think their school takes bullying seriously, while 9% (10%) don't think their school takes bullying seriously.

4% (2%) of pupils responded that they think others may fear going to school because of them, while 20% (19%) said they are 'not sure' if others do. **Q49.** Percentage answering that they think their school takes bullying seriously.

	I	East Surre	ey	Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	47	69	75	64	61	70	
Girls	52	40	76	67	70	65	

Q50. Percentage answering that they think others may fear going to school because of them.

		East Surre	ey	Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	7	8	4	4	3	3	
Girls	5	0	2	3	0	1	

Internet safety

85% (85%) of pupils responded that they have used the internet at home in the last month, while 55% (59%) said they have used it at school and 59% (59%) have used it on a mobile device.

Q51. Percentage of pupils responding that they have used the internet at the following places in the last month (Surrey Primary data in brackets):

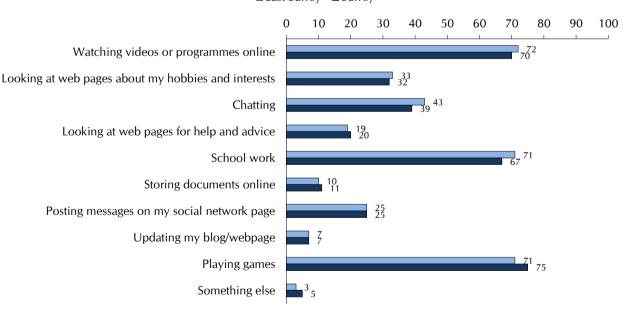
	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
At home	93 (82)	86 (80)	69 (88)	61 (83)	88 (91)	84 (87)	85 (85)
At school	51 (55)	43 (58)	23 (58)	44 (54)	61 (63)	60 (60)	55 (59)
On a mobile device (phone, iPad etc.)	44 (52)	27 (40)	62 (59)	28 (56)	66 (71)	72 (72)	59 (59)
Elsewhere	9 (20)	14 (17)	8 (29)	28 (21)	36 (31)	22 (27)	24 (24)

71% (67%) of pupils responded that they use the internet for schoolwork, while 71% (75%) said that they use it for playing games.

Q52. Percentage of pupils answering that they use the internet for the following (top 5 – Surrey Primary data in brackets):

	Boys			Girls				
1	Playing games	80	(80)	1	School work	74	(71)	
2	Watching videos or programmes online	77	(73)	2	Watching videos or programmes online	67	(66)	
3	School work	68	(64)	3	Playing games	63	(70)	
4	Chatting (e.g. Skype)	44	(38)	4	Chatting (e.g. Skype)	42	(41)	
5	Looking at web pages about my hobbies and interests	37	(35)	5	Looking at web pages about my hobbies and interests	29	(30)	

Q52. Percentage of pupils answering that they use the internet for the following:



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28% (29%) of Year 6 + pupils responded that they have seen images or videos online that were for adults-only.

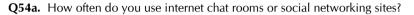
Q53a. Percentage of Year 6 + pupils answering that they have seen images or videos online that were for adults-only.

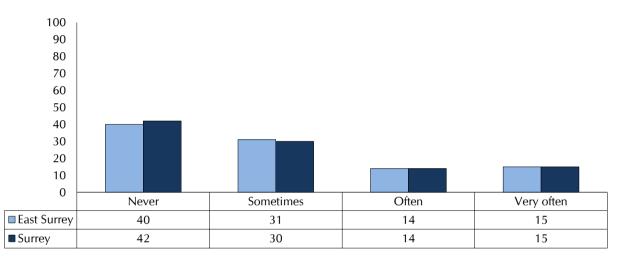
	East Surrey		Surrey
	Yr 6	Yr 6	
Boys	29	34	
Girls	26	24	

28% (28%) of Year 6 + pupils responded that they have seen images or videos online that upset them.

Q53b. Percentage of Year 6+ pupils answering that they have seen images or videos online that upset them.

	East Surrey		Surrey
	Yr 6	Yr 6	
Boys	24	25	
Girls	32	31	





29% (28%) of pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.

94% (93%) of pupils responded that they have been told how to stay safe while using the internet, while 6% (7%) said they haven't been told how to stay safe.

Q54a. Percentage answering that they use internet chat rooms or social networking sites 'often' or 'very often'.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	13	38	29	22	28	35
Girls	16	27	40	16	28	37

Q54b. Percentage answering that they have been told how to stay safe while using the internet.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	93	85	95	87	92	96	
Girls	93	73	97	92	94	97	

63% (65%) of pupils responded that they get e-safety information from their parents/carers/family, while 86% (82%) said that they get information from school.

Q54c. Percentage of pupils responding that they get e-safety information from the following places (Surrey Primary data in brackets):

	Boys				Girls		
1	School	89	(81)	1	School	84	(84)
2	Parents/carers/family	59	(62)	2	Parents/carers/family	67	(69)
3	On-line advice	14	(14)	3	Friends	19	(16)
4	Friends	9	(12)	4	On-line advice	11	(11)

21% (19%) of pupils responded that they have received a chat message that scared them or made them upset.

18% (15%) of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written. **Q55.** Percentage answering that they have received a chat message that scared them or made them upset.

	East Surrey			Surrey		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	11	23	20	17	17	17
Girls	14	13	29	16	18	25

Q56. Percentage answering that they have sent a chat message or posted a comment which they later wished they had not written.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	16	23	17	12	17	19	
Girls	7	20	24	8	9	19	

School & Leisure

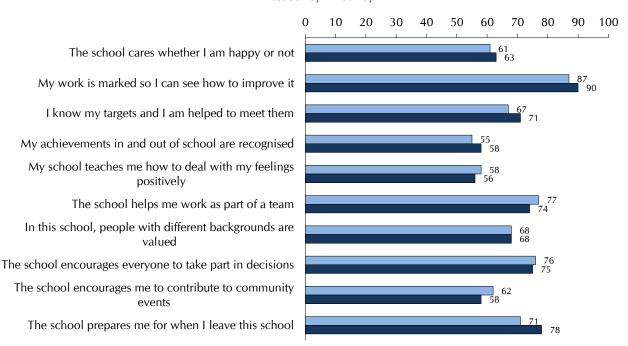
Every Child Matters

68% (68%) of Year 6+ pupils responded that in their school, people with different backgrounds are valued.

Q57. Percentage of Year 6+ pupils responding 'yes' to the following statements (Surrey Primary data in brackets):

	Year 6		Total
	Boys	Girls	
The school cares whether I am happy or not	63 (63)	59 (63)	61 (63)
My work is marked so I can see how to improve it	86 (91)	89 (90)	87 (90)
I know my targets and I am helped to meet them	70 (71)	64 (70)	67 (71)
My achievements in and out of school are recognised	54 (60)	56 (57)	55 (58)
My school teaches me how to deal with my feelings positively	61 (58)	54 (54)	58 (56)
The school helps me work as part of a team	76 (73)	78 (74)	77 (74)
In this school, people with different backgrounds are valued	71 (68)	65 (68)	68 (68)
The school encourages everyone to take part in decisions	77 (74)	74 (76)	76 (75)
The school encourages me to contribute to community events	64 (58)	60 (59)	62 (58)
The school prepares me for when I leave this school	67 (78)	75 (77)	71 (78)

Q57. Percentage of Year 6+ pupils responding 'yes' to the following statements:



East Surrey Surrey

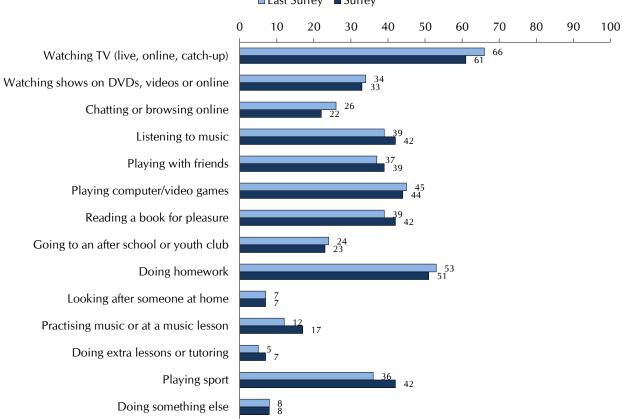
After-school activities

66% (61%) of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while 36% (42%) spent time playing sport.

Q59. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10 – Surrey Primary data in brackets):

	Boys				Girls		
1	Watching TV (live, online, catch- up)	70	(63)	1	Watching TV (live, online, catch- up)	62	(58)
2	Playing computer/video games	67	(61)	2	Doing homework	54	(52)
3	Doing homework	51	(50)	3	Listening to music	42	(45)
4	Playing sport	41	(50)	4	Reading a book for pleasure	40	(45)
5	Playing with friends	39	(42)	5	Playing with friends	34	(35)
6	Reading a book for pleasure	38	(40)	6	Playing sport	30	(33)
7	Watching shows on DVDs, videos or online	37	(36)	7	Watching shows on DVDs, videos or online	30	(30)
8	Listening to music	36	(40)	8	Chatting or browsing online	25	(21)
9	Chatting or browsing online	28	(22)	9	Playing computer/video games	23	(27)
10	Going to an after school or youth club	24	(24)	10	Going to an after school or youth club	23	(23)

Q59. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



■ East Surrey ■ Surrey

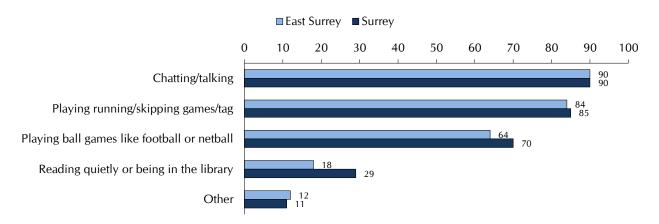
Breaktimes

18% (29%) of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes, while 90% (90%) spend time chatting/talking.

Q60. Percentage of pupils responding that they at least 'sometimes' spend time doing the following during school playtimes (Surrey Primary data in brackets):

	Boys				Girls		
1	Chatting/talking	93	(89)	1	Chatting/talking	88	(90)
2	Playing running/skipping games/ tag	86	(85)	2	Playing running/skipping games/ tag	83	(85)
3	Playing ball games like football or netball	76	(80)	3	Playing ball games like football or netball	51	(59)
4	Reading quietly or being in the library	16	(25)	4	Reading quietly or being in the library	20	(34)
5	Other	11	(8)	5	Other	13	(13)

Q60. Percentage of pupils responding that they at least 'sometimes' spend time doing the following during school breaktimes:



61% (64%) of pupils responded that their playtimes and lunchtimes are friendly, while 38% (37%) said that they are crowded, and 10% (9%) said that they are boring.

Q61. Percentage of pupils responding that they would describe their playtimes and lunchtimes as the following (top 5 – Surrey Primary data in brackets):

	Boys		. ,		Girls		
1	Нарру	81	(78)	1	Нарру	77	(79)
2	Friendly	61	(59)	2	Friendly	62	(69)
3	Crowded	42	(40)	3	Safe	43	(46)
4	Safe	40	(41)	4	Busy	40	(40)
5	Busy	34	(39)	5	Crowded	33	(35)

Views & opinions

35% (42%) of pupils responded that their views and opinions are asked for in school, while 16% (14%) said they aren't asked for.

Q62. Percentage answering that their views and opinions are asked for in school.

	East Surrey			Surrey			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	20	31	38	29	43	48	
Girls	25	13	47	37	44	51	

Q63a. Percentage answering that their views and opinions are listened to in school.

	East Surrey			Surrey				
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6		
Boys	40	54	44	49	54	58		
Girls	49	20	55	56	56	61		

47% (56%) of pupils responded that their views and opinions are listened to in school, while 14% (10%) said they aren't listened to.

47% (49%) of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while 47% (45%) feel they are listened to through a school or class council.

Q63b. Percentage of pupils responding that their views and opinions are listened to in the following ways (Surrey Primary data in brackets):

	Boys				Girls		
1	Talking to teachers	45	(46)	1	School/class council	51	(47)
2	School/class council	44	(44)	2	Talking to teachers	49	(52)
3	Talking to other adults in school	28	(27)	3	Talking to other adults in school	28	(31)
4	Suggestion box	21	(12)	4	Suggestion box	21	(14)
5	Taking to trained pupils (e.g. playground pals/buddies)	19	(16)	5	Taking to trained pupils (e.g. playground pals/buddies)	17	(15)
6	Tick time	3	(3)	6	Tick time	3	(4)

17% (20%) of pupils responded that their views and opinions make a difference to how their school is run, while 26% (25%) said they don't make a difference.

Q64. Percentage answering that their views and opinions make a difference to how their school is run.

-	East Surrey			Surrey				
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6		
Boys	16	23	19	17	21	23		
Girls	14	7	18	18	19	22		

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Problem with friends Bullying problem	32 32 10
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Problem with friends Bullying problem Q35. Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them (top – Surrey Primary data in brackets): Q35. Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them: Q58. Composite self-esteem score: Q58. Percentage of pupils with a med-low self-esteem score (9 or less)	32 32 10 33 33 34 34
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 Problem with friends	32 10 33 34 34 34 34 35 35 36
 Problem with friends	32 10 33 34 34 34 34 35 35 36 36
 Problem with friends	32 32 10 33 34 34 34 35 36 36 36
 Problem with friends	32 32 10 33 34 34 35 35 36 36 36
 Problem with friends	32 32 10 33 34 34 35 35 36 36 36 36 36
 Problem with friends	32 32 10 33 34 34 35 35 35 36 36 36 36 36 37
 Problem with friends	32 32 10 33 34 34 34 35 36 36 36 36 36 37 37
 Problem with friends	32 32 10 33 34 34 34 35 36 36 36 36 37 37
 Problem with friends	32 32 10 33 34 34 35 35 36 36 36 36 36 36 37 37 37

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Q46. Percentage answering that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey	1
Q46. Percentage of pupils responding that they experienced the following negative behaviours at least a 'few times' in the month before the survey (Surrey Primary data in brackets):	1
Q47. Percentage of pupils responding that they experienced negative behaviours at the following places in the month before the survey (top 5 – Surrey Primary data in brackets):	1
Q48. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following (Surrey Primary data in brackets):	2
Q48. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following:	
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This is not the end of your Health Related Behaviour Survey!

Ask us about...

... Getting your data into your computers ... Turning your data into graphs and pie charts ... Free resources about young people's health-related behaviour: www.sheu.org.uk/node/366

We may also be able to introduce you to health and education contacts, with money and resources, within your local community