# Young People in Surrey Schools 

The Health-Related Behaviour Survey 2015


A report for East Surrey

The Schools Health Education Unit

www.sheu.org.uk

# School Survey Report 2015 

East Surrey compared with Surrey Primary

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

## Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.
The report compares the data collected from your pupils with those from a larger, wider sample.
SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.
Finally, SHEU would like to take this opportunity to thank you for your support and cooperation in agreeing to participate in this valuable research initiative.

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## Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received The Survey Results Tables (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: http://sheu.org.uk/content/page/appendix.

## Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.
$\mathbf{1 5 \%}(20 \%)$ of the sample...
Your survey (Reference sample)

|  | Your survey |  | Reference Sample |  |
| :--- | :--- | :--- | :--- | :--- |
|  | Year $\mathbf{8}$ | Year 10 | Year 8 | Year 10 |
| Boys | $\mathbf{1 0}$ | $\mathbf{2 0}$ | 30 | 40 |
| Girls | $\mathbf{8 0}$ | $\mathbf{7 0}$ | 60 | 50 |


| Favourite fruits |  |  |  |
| :--- | :--- | :--- | :--- |
| 1 | Apples | $\mathbf{7 0}$ | $(60)$ |
| 2 | Oranges | $\mathbf{6 0}$ | $(50)$ |
| 3 | Bananas | $\mathbf{5 0}$ | $(40)$ |

## Administration

Staff in school will have been responsible for the classes selected for inclusion.
Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

## The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

|  | East Surrey |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Yr 4 | Yr 5 | Yr 6 | $\operatorname{Yr} 4$ | Yr 5 | Yr 6 |
| Boys | 45 | 13 | 125 | 490 | 182 | 579 |
| Girls | 44 | 18 | 116 | 471 | 162 | 558 |

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

East Surrey Headlines

| East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Yr 4 | $\operatorname{Yr} 5$ | $\operatorname{Yr} 6$ | $\operatorname{Yr} 4$ | $\operatorname{Yr} 5$ | Yr 6 |
| Boys | 45 | 13 | 125 | 490 | 182 | 579 |
| Girls | 44 | 18 | 116 | 471 | 162 | 558 |

Surrey Primary data in brackets; see notes on interpreting differences.

## Background

## ETHNICITY

- $77 \%$ ( $72 \%$ ) of pupils described themselves as White British.


## FAMILY

- $74 \%(75 \%)$ of pupils responded that they live with their Mum and Dad together.
- $11 \%(12 \%)$ of pupils responded that they live 'mainly or only' with their Mum, while $2 \%$ ( $1 \%$ ) said they live 'mainly or only' with their Dad.


## ARMED FORCES

- $1 \%(2 \%)$ of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 5\% (6\%) said they are 'not sure' if they do and $2 \% ~(1 \%)$ didn't want to say.


## YOUNG CARERS

- $5 \%$ ( $6 \%$ ) of pupils responded that they are a 'young carer', while $5 \%$ ( $5 \%$ ) said they are 'not sure' if they are.
- $2 \%$ (1\%) of pupils responded that their school knows they are a 'young carer'.


## FREE SCHOOL MEALS

- 6\% (5\%) of pupils responded that they currently have free school meals, while $4 \%$ ( $7 \%$ ) said they have had them and $1 \%$ ( $1 \%$ ) could have them if they wanted.


## Healthy Eating

## 5-A-DAY

- $8 \%(6 \%)$ of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.
- $33 \%(33 \%)$ of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey


## LUNCH

- $1 \%(0 \%)$ of pupils responded that they did not have any lunch on the day before the survey. $52 \%$ ( $46 \%$ ) said that they had school food for lunch while $1 \%$ ( $1 \%$ ) bought lunch from a takeaway or shop.
- $35 \%$ ( $34 \%$ ) of pupils responded that the place where they can get school lunch is friendly, while $43 \%$ ( $49 \%$ ) said that it is crowded, and $22 \%$ ( $27 \%$ ) said that it is rushed.


## COOKING

- $85 \%(84 \%)$ of pupils responded that they cook or help with cooking at home, while $51 \%$ ( $39 \%$ ) said that they cook or help with cooking in school lessons.


## WEIGHT PERCEPTION

- $2 \%(4 \%)$ of pupils responded that they would like to put on weight
- $28 \%(25 \%)$ of pupils responded that they would like to lose weight.
- $70 \%$ ( $72 \%$ ) of pupils responded that they are happy with their weight as it is


## BREAKFAST

- $12 \%(8 \%)$ of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while $6 \%$ ( $5 \%$ ) only had a drink and $5 \%$ ( $8 \%$ ) had a cooked breakfast.
- $28 \%$ ( $32 \%$ ) of pupils responded that they had toast before lessons on the day of the survey, while $17 \%$ ( $18 \%$ ) had fruit.
- $80 \%(84 \%)$ of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.


## FOOD \& DRINK

- $60 \%(64 \%)$ of pupils responded that they eat fresh fruit 'on most days', while $24 \%$ ( $22 \%$ ) said the same of sweets, chocolate, choc bars.
- $6 \%(6 \%)$ of pupils responded that they 'rarely or never' eat vegetables, while $27 \%$ ( $24 \%$ ) said the same of fish/fish fingers.


## Physical Activity

## ENJOY EXERCISE

- $2 \%(2 \%)$ of pupils responded that they don't enjoy physical activities 'at all'.
- $81 \%(85 \%)$ of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.


## HARD EXERCISE

- $17 \%(16 \%)$ of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.
- $24 \%(24 \%)$ of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.


## PE LESSONS

- $83 \%(84 \%)$ of pupils responded that they enjoy their PE lessons, while $13 \%$ ( $12 \%$ ) are 'not sure' if they do.
- $69 \%(70 \%)$ of pupils responded that they feel they are getting better at PE, while $26 \%$ ( $24 \%$ ) are 'not sure' if they are.


## SCHOOL SPORTS

- $62 \%(58 \%)$ of pupils responded that their school has helped them to be more healthy, while $30 \%$ ( $32 \%$ ) are 'not sure' if it has.
- $31 \%(23 \%)$ of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- $33 \%(40 \%)$ of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.
- $36 \%(35 \%)$ of pupils responded that they haven't played any games or matches against other schools this year.
- $37 \%(40 \%)$ of pupils responded that they have played at least 4 matches against other schools this year.
- $53 \%(56 \%)$ of pupils responded that they haven't played any sports games or matches at their school this year.
- $26 \%(23 \%)$ of pupils responded that they have played at least 4 matches at their school this year.


## ACTIVE TRAVEL

- $56 \%(58 \%)$ of pupils responded that they travelled to school by car/van on the day of the survey.
- $44 \%(35 \%)$ of pupils responded that they walked to school on the day of the survey.


## Alcohol, Smoking \& Drugs <br> ALCOHOL

- $1 \%(4 \%)$ of Year $6+$ pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.
- $0 \%(2 \%)$ of Year $6+$ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.
- $0 \%(1 \%)$ of Year $6+$ pupils responded that they drank beer or lager in the 7 days before the survey and $0 \% ~(1 \%)$ said they drank spirits.
- $92 \%(88 \%)$ of Year $6+$ pupils responded that they do not drink alcohol.
- $7 \%(10 \%)$ of Year $6+$ pupils responded that they drink alcohol and their parents 'always' know, while $0 \%$ (1\%) said they 'usually' know.
- $0 \%(1 \%)$ of Year $6+$ pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.


## SMOKING AT HOME

- $24 \%(21 \%)$ of pupils responded that their parents/carers smoke.
- $8 \%$ ( $6 \%$ ) of pupils responded that someone smokes indoors at home in rooms that they use.
- $10 \%(9 \%)$ of pupils responded that someone smokes in a car when they are in it too.


## SMOKING

- $0 \%(2 \%)$ of Year $6+$ pupils responded that they have tried smoking in the past or smoke now.
- $0 \%(0 \%)$ of Year $6+$ pupils responded that they smoked in the 7 days before the survey.


## DRUGS

- $76 \%(51 \%)$ of Year $6+$ pupils responded that their teachers have talked with them in school lessons about illegal drugs, while $54 \%$ ( $54 \%$ ) said that their parents/carers have talked with them.
- $10 \%(8 \%)$ of Year $6+$ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs that are not medicines.
- $0 \%(1 \%)$ of Year $6+$ pupils responded that they have been offered cannabis.
- $1 \%(1 \%)$ of Year $6+$ pupils responded that they have been offered other drugs.


## Emotional Health \& Well-being

## GROWING UP

- $61 \%(52 \%)$ of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up, while $75 \%$ ( $72 \%$ ) said that their parents/carers have talked with them.
- $57 \%(55 \%)$ of pupils responded that they feel they know enough about how their body changes as they get older, while $10 \%(10 \%)$ feel they don't know enough.


## WORRYING

- $72 \%(72 \%)$ of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- $25 \%(30 \%)$ of pupils responded that they worry about crime 'quite a lot' or 'a lot', while $33 \%$ ( $36 \%$ ) said the same of SATs/tests, and $24 \%$ ( $25 \%$ ) worry 'quite a lot' or 'a lot' about family problems.


## PROBLEM SOLVING

- $70 \%(69 \%)$ of pupils responded that they at least 'sometimes' listen to music when a problem worries them. $92 \%(93 \%)$ said that they will talk to an adult about the problem at least 'sometimes', while 58\% $(56 \%)$ said that they will keep busy.


## SELF-ESTEEM

- $29 \%(29 \%)$ of pupils had a med-low self-esteem score ( 9 or less).
- $31 \%(34 \%)$ of pupils had a high self-esteem score (15 or more).
- $81 \%(83 \%)$ of pupils responded that they feel happy talking to other pupils at school.


## Health \& Hygiene

## HAND WASHING

- $55 \%(57 \%)$ of pupils responded that they washed their hands before lunch on the day before the survey, while $19 \%(19 \%)$ said they are 'not sure' if they did.
- $75 \%(75 \%)$ of pupils responded that they wash their hands 'whenever possible' after visiting the toilet, while $1 \%$ ( $2 \%$ ) said they 'never or hardly ever' do and $24 \%(23 \%)$ do so only 'sometimes'.


## DENTAL HEALTH

- $1 \%(2 \%)$ of pupils responded that they did not clean their teeth at all on the day before the survey.
- $84 \%(85 \%)$ of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- $77 \%(74 \%)$ of pupils responded that they had a check-up the last time they visited the dentist.
- $16 \%(17 \%)$ of pupils responded that they had fillings the last time they visited the dentist.
- $3 \%(3 \%)$ of pupils responded that they had a brace fitted or checked the last time they visited the dentist.


## Staying Safe

## PEER PRESSURE

- $51 \%(47 \%)$ of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- $20 \%(21 \%)$ of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- $42 \%(42 \%)$ of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- $17 \%(15 \%)$ of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.


## ACCIDENTS

- $33 \%(32 \%)$ of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.
- $7 \%(7 \%)$ of pupils responded that their most recent accident resulted in a broken bone, while $6 \%(6 \%)$ said that their most recent accident was a cut.


## BULLYING

- $35 \%(38 \%)$ of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- $8 \%(8 \%)$ of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.
- $22 \%(23 \%)$ of pupils responded that they have been bullied at or near school in the last 12 months, while $19 \%(19 \%)$ said they 'don't know' if they have been.
- $65 \%(67 \%)$ of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while $27 \%(25 \%)$ said they have done so 'often' or 'every day'.
- $41 \%(41 \%)$ of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while $37 \%$ ( $41 \%$ ) were pushed/hit for no reason.
- $21 \%(23 \%)$ of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while $6 \%(5 \%)$ experienced it on the way to or from school.
- $7 \%(6 \%)$ of pupils responded that they think they are being 'picked on' or bullied because of their race, colour or religion, while $18 \%$ ( $19 \%$ ) said that it was because of the way they look.
- $67 \%(66 \%)$ of pupils responded that they think their school takes bullying seriously, while $9 \%$ ( $10 \%$ ) don't think their school takes bullying seriously.
- $4 \%(2 \%)$ of pupils responded that they think others may fear going to school because of them, while $20 \%(19 \%)$ said they are 'not sure' if others do.


## INTERNET SAFETY

- $85 \%(85 \%)$ of pupils responded that they have used the internet at home in the last month, while $55 \%$ ( $59 \%$ ) said they have used it at school and $59 \%$ $(59 \%)$ have used it on a mobile device.
- $71 \%(67 \%)$ of pupils responded that they use the internet for schoolwork, while $71 \%$ ( $75 \%$ ) said that they use it for playing games.
- $28 \%(29 \%)$ of Year $6+$ pupils responded that they have seen images or videos online that were for adults-only.
․ $28 \%(28 \%)$ of Year $6+$ pupils responded that they have seen images or videos online that upset them.
- $29 \%(28 \%)$ of pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.
- $94 \%(93 \%)$ of pupils responded that they have been told how to stay safe while using the internet, while $6 \%(7 \%)$ said they haven't been told how to stay safe.
- $63 \%(65 \%)$ of pupils responded that they get e-safety information from their parents/carers/family, while $86 \%(82 \%)$ said that they get information from school.
- $21 \%(19 \%)$ of pupils responded that they have received a chat message that scared them or made them upset.
- $18 \%(15 \%)$ of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.


## School \& Leisure

## EVERY CHILD MATTERS

- $68 \%(68 \%)$ of Year $6+$ pupils responded that in their school, people with different backgrounds are valued.


## AFTER-SCHOOL ACTIVITIES

- $66 \%(61 \%)$ of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while $36 \%$ ( $42 \%$ ) spent time playing sport.


## BREAKTIMES

- $18 \%(29 \%)$ of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes, while $90 \%$ ( $90 \%$ ) spend time chatting/talking.
- $61 \%(64 \%)$ of pupils responded that their playtimes and lunchtimes are friendly, while $38 \%$ ( $37 \%$ ) said
that they are crowded, and $10 \%(9 \%)$ said that they are boring.


## VIEWS \& OPINIONS

- $35 \%(42 \%)$ of pupils responded that their views and opinions are asked for in school, while $16 \%$ ( $14 \%$ ) said they aren't asked for.
- $47 \%(56 \%)$ of pupils responded that their views and opinions are listened to in school, while 14\% (10\%) said they aren't listened to.
- $47 \%$ ( $49 \%$ ) of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while $47 \%$ ( $45 \%$ ) feel they are listened to through a school or class council.
- $17 \%(20 \%)$ of pupils responded that their views and opinions make a difference to how their school is run, while $26 \%$ ( $25 \%$ ) said they don't make a difference.


## Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5\%)
2. even if your sample is small, you may have a very high proportion of your available population - if, say, you sample every single pupil of your Year 6 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION
Percentage seen in sample

|  |  | $10 \%$ | $20 \%$ | $30 \%$ | $40 \%$ | $50 \%$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Number | 20 | 6.7 | 8.9 | 10.2 | 11.0 | 11.2 |
| In | 30 | 5.5 | 7.3 | 8.4 | 8.9 | 9.1 |
| sample | 40 | 4.7 | 6.3 | 7.2 | 7.7 | 7.9 |
|  | 50 | 4.2 | 5.7 | 6.5 | 6.9 | 7.1 |
|  | 60 | 3.9 | 5.2 | 5.9 | 6.3 | 6.5 |
|  | 80 | 3.4 | 4.5 | 5.1 | 5.5 | 5.6 |
|  | 100 | 3.0 | 4.0 | 4.6 | 4.9 | 5.0 |
|  | 150 | 2.4 | 3.3 | 3.7 | 4.0 | 4.1 |
|  | 200 | 2.1 | 2.8 | 3.2 | 3.5 | 3.5 |
|  | 300 | 1.7 | 2.3 | 2.6 | 2.8 | 2.9 |
|  | 500 | 1.3 | 1.8 | 2.0 | 2.2 | 2.2 |

So, if you have a sample of 50 students and $30 \%$ of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about $\pm 6.5 \%$.

## List of significant differences

Below we have listed some statistically significant differences between East Surrey and Surrey Primary.

| Sig | Your | Wider | Question |
| :---: | :---: | :---: | :---: |
| *** | 76\% | 51\% | of Year 6+ pupils responded that their teachers have talked with them in school lessons about illegal drugs. |
| *** | 51\% | 39\% | of pupils responded that they cook or help with cooking in school lessons. |
| *** | 18\% | 29\% | of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes. |
| *** | 44\% | 35\% | of pupils responded that they walked to school on the day of the survey. |
| *** | 61\% | 52\% | of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up. |
| *** | 47\% | 56\% | of pupils responded that their views and opinions are listened to in school. |
| *** | 31\% | 23\% | of pupils responded that they don't go to any sports clubs at lunch time or after school each week. |
| ** | 12\% | 8\% | of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey. |
| ** | 35\% | 42\% | of pupils responded that their views and opinions are asked for in school. |
| * | 43\% | 49\% | of pupils responded that the place where they can get school lunch is crowded. |
| * | 22\% | 27\% | of pupils responded that the place where they can get school lunch is rushed. |
| * | 80\% | 84\% | of pupils responded that they had something to eat or drink before lessons at home on the day of the survey. |
| * | 36\% | 42\% | of pupils responded that they spent time playing sport after school on the day before the survey. |
| * | 33\% | 40\% | of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week. |
| Test | i-squar | $\left(\chi^{2}\right)$. | KEY: $\quad *=p<0.05(5 \%) \quad{ }^{* *}=p<0.01(1 \%) \quad{ }^{* * *}=p<0.001(0.1 \%)$. |

## Background

## Ethnicity

$77 \%$ ( $72 \%$ ) of pupils described themselves as White British.

Q1. Percentage describing themselves as White British.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 62 | 69 | 80 | 69 | 80 | 71 |  |
| Girls | 63 | 89 | 83 | 70 | 79 | 72 |  |

## Family


$74 \%$ ( $75 \%$ ) of pupils responded that they live with their Mum and Dad together.
$11 \%$ ( $12 \%$ ) of pupils responded that they live 'mainly or only' with their Mum, while 2\% (1\%) said they live 'mainly or only' with their Dad.

Q3. Percentage answering that they live with their Mum and Dad together.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 78 | 77 | 67 | 77 | 74 | 74 |  |
| Girls | 91 | 71 | 73 | 78 | 71 | 74 |  |

Q3. Percentage answering that they live 'mainly or only' with their Mum.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 4 | 15 | 14 | 13 | 11 | 11 |  |
| Girls | 0 | 6 | 16 | 10 | 12 | 13 |  |

## Armed forces

$1 \%(2 \%)$ of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 5\% ( $6 \%$ ) said they are 'not sure' if they do and $2 \%$ ( $1 \%$ ) didn't want to say.

Q4a. Percentage answering that they have a parent/carer who is in the armed forces.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 0 | 0 | 1 | 2 | 2 | 1 |  |
| Girls | 2 | 0 | 2 | 2 | 2 | 2 |  |

Q4b. If yes, who is it?

| 100 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 90 |  |  |  |  |
| 80 |  |  |  |  |
| 70 |  |  |  |  |
| 60 |  |  |  |  |
| 50 |  |  |  |  |
| 40 |  |  |  |  |
| 30 |  |  |  |  |
| 20 |  |  |  |  |
| 10 |  |  |  |  |
| 0 | Mum or Dad | Mum or Dad's partner | Foster carer | Other carer |
| $\square$ East Surrey | 2 | 1 | 0 | 0 |
| $\square$ Surrey | 2 | 0 | 0 | 0 |

## Young carers

$5 \%(6 \%)$ of pupils responded that they are a 'young carer', while $5 \%$ ( $5 \%$ ) said they are 'not sure' if they are.
$2 \% ~(1 \%)$ of pupils responded that their school knows they are a 'young carer'.

Q5a. Percentage answering that they are a 'young carer'.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | $\operatorname{Yr} 4$ | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 7 | 0 | 3 | 7 | 4 | 6 |  |
| Girls | 14 | 6 | 4 | 6 | 5 | 6 |  |

Q5c. Percentage answering that their school knows they are a 'young carer'.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 2 | 0 | 2 | 2 | 0 | 1 |  |
| Girls | 2 | 0 | 2 | 1 | 1 | 2 |  |

## Free school meals

Q9. Have you ever had free school meals, or vouchers for free meals?

$6 \%(5 \%)$ of pupils responded that they currently have free school meals, while $4 \%$ ( $7 \%$ ) said they have had them and $1 \%(1 \%)$ could have them if they wanted.

Q9. Percentage answering that they currently have free school meals.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 9 | 8 | 6 | 5 | 5 | 4 |  |
| Girls | 2 | 0 | 7 | 5 | 3 | 4 |  |

## Healthy Eating

## 5-a-day

Q6. How many portions of fruit and vegetables did you eat yesterday?

$8 \%$ (6\%) of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.
$33 \%$ (33\%) of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

Q6. Percentage answering that they didn't have any portions of fruit or vegetables on the day before the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 9 | 8 | 8 | 9 | 6 | 7 |  |
| Girls | 5 | 0 | 9 | 6 | 5 | 4 |  |

Q6. Percentage answering that they had at least 5 portions of fruit and vegetables on the day before the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 27 | 46 | 32 | 30 | 30 | 36 |  |
| Girls | 42 | 44 | 30 | 32 | 32 | 36 |  |

## Lunch

Q7. What did you do for lunch yesterday?

$52 \% ~(46 \%)$ of pupils responded that they had school food for lunch on the day before the survey.

Q7. Percentage answering that they had school food for lunch on the day before the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 60 | 38 | 51 | 53 | 43 | 39 |  |
| Girls | 67 | 11 | 50 | 53 | 46 | 42 |  |

Q7. Percentage answering that they did not have any lunch on the day before the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 0 | 0 | 2 | 0 | 1 | 1 |  |
| Girls | 0 | 0 | 1 | 0 | 1 | 1 |  |

$35 \%$ ( $34 \%$ ) of pupils responded that the place where they can get school lunch is friendly, while $43 \%$ (49\%) said it is crowded, and $22 \%$ ( $27 \%$ ) said it is rushed.

Q8. Percentage of pupils responding that they would describe the place where they can get school lunch as the following (top 5 - Surrey Primary data in brackets):

|  | Boys |  |  | Girls |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 1 | Happy | 45 | $(38)$ | 1 | Crowded | 44 | $(50)$ |
| 2 | Crowded | 42 | $(49)$ | 2 | Busy | 43 | $(46)$ |
| 3 | Busy | 37 | $(42)$ | 3 | Happy | 39 | $(39)$ |
| 4 | Friendly | 33 | $(31)$ | 4 | Friendly | 37 | $(37)$ |
| 5 | Safe | 33 | $(30)$ | 5 | Safe | 25 | $(31)$ |

## Cooking

Q10. Percentage of pupils responding that they cook or help with cooking at the following places:

$85 \%$ ( $84 \%$ ) of pupils responded that they cook or help with cooking at home (or at a friend's or relation's home), while $51 \%$ ( $39 \%$ ) said that they cook or help with cooking in school lessons.

Q10. Percentage answering that they cook or help with cooking at home.

|  | East Surrey |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |
| Boys | 80 | 85 | 78 | 80 | 77 | 78 |
| Girls | 98 | 94 | 87 | 90 | 85 | 89 |

Q10. Percentage of pupils responding that they cook or help with cooking at the following places (Surrey Primary data in brackets):
Boys

## Girls

| 1 | At home | 79 | $(78)$ | 1 | At home | 90 | (89) |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 2 | In school lessons | 54 | $(38)$ | 2 | In school lessons | 49 | (39) |
| 3 | At an after-school clib | 3 | $(4)$ | 3 | At an after-school clib | 3 | (5) |

## Weight perception

Q11. Weight: Which statement describes you best?

$2 \%(4 \%)$ of pupils responded that they would like to put on weight.
$28 \%$ ( $25 \%$ ) of pupils responded that they would like to lose weight.
$70 \%$ (72\%) of pupils responded that they are happy with their weight as it is.

Q11. Percentage answering that they would like to put on weight.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | $\operatorname{Yr} 4$ | $\operatorname{Yr} 5$ | $\operatorname{Yr} 6$ | $\operatorname{Yr} 4$ | $\operatorname{Yr} 5$ | Yr 6 |  |
| Boys | 7 | 0 | 2 | 6 | 3 | 4 |  |
| Girls | 0 | 0 | 2 | 2 | 3 | 3 |  |

Q11. Percentage answering that they would like to lose weight.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 18 | 31 | 32 | 25 | 19 | 26 |  |
| Girls | 25 | 17 | 29 | 22 | 18 | 29 |  |

Q11. Percentage answering that they are happy with their weight as it is.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 76 | 69 | 66 | 69 | 78 | 70 |  |
| Girls | 75 | 83 | 69 | 77 | 79 | 68 |  |

## Breakfast

Q13. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:

$12 \%$ (8\%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while $6 \%$ ( $5 \%$ ) only had a drink and $5 \%$ ( $8 \%$ ) had a cooked breakfast.

Q13. Percentage answering that they had nothing to eat or drink before lessons on the day of the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 16 | 15 | 13 | 11 | 10 | 8 |  |
| Girls | 9 | 6 | 11 | 4 | 7 | 7 |  |

$28 \%(32 \%)$ of pupils responded that they had toast before lessons on the day of the survey, while $17 \%$ ( $18 \%$ ) had fruit.

Q13. Percentage of pupils responding that they had the following to eat or drink before lessons on the day of the survey (top 10 - Surrey Primary data in brackets):

| Boys |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Girls |  |  |  |  |  |  |
| 1 | Other drink | 40 | $(41)$ | 1 | Other drink | 43 | $(49)$ |
| 2 | Other cereals | 31 | $(33)$ | 2 | Other cereals | 32 | $(33)$ |
| 3 | Toast or bread | 25 | $(30)$ | 3 | Toast or bread | 30 | $(35)$ |
| 4 | Fruit | 13 | $(17)$ | 4 | Fruit | 22 | $(19)$ |
| 5 | Sugar-coated cereals | 11 | $(11)$ | 5 | Tea/ice tea | 10 | $(9)$ |
| 6 | Hot chocolate | 8 | $(8)$ | 6 | Sugar-coated cereals | 8 | $(8)$ |
| 7 | Cooked breakfast | 7 | $(9)$ | 7 | Biscuits/cakes/croissants | 8 | $(6)$ |
| 8 | Biscuits/cakes/croissants | 7 | $(7)$ | 8 | Yoghurt | 7 | $(8)$ |
| 9 | Yoghurt | 5 | $(7)$ | 9 | Porridge/Ready brek | 7 | $(7)$ |
| 10 | Tea/ice tea | 5 | $(7)$ | 10 | Hot chocolate | 4 | $(8)$ |

$80 \%(84 \%)$ of pupils responded that they had something to eat or drink before lessons at home on the day of the survey.

Q12. Percentage of pupils responding that they had something to eat or drink at the following before lessons on the day of the survey (Surrey Primary data in brackets):
Boys

| 1 | At home | 78 | $(83)$ | 1 | At home | 82 | (86) |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 2 | At school | 14 | $(13)$ | 2 | At school | 17 | $(15)$ |
| 3 | On the way to school | 4 | $(7)$ | 3 | On the way to school | 5 | (8) |

## Food \& drink

$60 \%$ ( $64 \%$ ) of pupils responded that they eat fresh fruit 'on most days', while $24 \%$ ( $22 \%$ ) said the same of sweets, chocolate, choc bars.
Q14. Percentage of pupils responding that they eat the following 'on most days' (top 10 - Surrey Primary data in brackets): Boys Girls

| 1 | Water | 78 | $(83)$ | 1 | Water | 87 | $(85)$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 2 | Vegetables | 56 | $(55)$ | 2 | Fresh fruit | 68 | $(68)$ |
| 3 | Fresh fruit | 53 | $(59)$ | 3 | Vegetables | 67 | $(63)$ |
| 4 | Milk | 52 | $(55)$ | 4 | Milk | 44 | $(45)$ |
| 5 | Crisps | 27 | $(26)$ | 5 | Crisps | 28 | $(21)$ |
| 6 | Sweets, chocolate, choc bars | 27 | $(23)$ | 6 | Pulses (peas, beans lentils) | 25 | $(22)$ |
| 7 | Cheese | 22 | $(22)$ | 7 | Cheese | 22 | $(24)$ |
| 8 | Pulses (peas, beans lentils) | 20 | $(20)$ | 8 | Salads | 20 | $(22)$ |
| 9 | Other sugary drinks (e.g. Tango, | 19 | $(18)$ | 9 | Sweets, chocolate, choc bars | 20 | $(21)$ |
|  | Sprite, squash, fruit juice) |  |  |  |  | 16 | $(12)$ |
| 10 | Salads | 16 | $(17)$ | 10 | Tea/ice tea |  |  |

$6 \%(6 \%)$ of pupils responded that they 'rarely or never' eat vegetables, while $27 \%$ ( $24 \%$ ) said the same of fish/fish fingers.
Q14. Percentage of pupils responding that they 'rarely or never' eat the following (top 10 - Surrey Primary data in brackets):

| Boys |  |  | Girls |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Energy drinks (e.g. Red Bull, Relentless) | 73 | (71) | 1 | Coffee/cappuccino | 87 | (81) |
| 2 | Coffee/cappuccino | 72 | (77) | 2 | Energy drinks (e.g. Red Bull, Relentless) | 83 | (80) |
| 3 | Tea/ice tea | 53 | (54) | 3 | Takeaways (e.g. burgers, Chinese, Indian, pizza) | 51 | (47) |
| 4 | Takeaways (e.g. burgers, Chinese, Indian, pizza) | 39 | (40) | 4 | Tea/ice tea | 49 | (53) |
| 5 | 'Diet' fizzy drinks (low calorie) | 36 | (43) | 5 | 'Diet' fizzy drinks (low calorie) | 49 | (52) |
| 6 | Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy) | 34 | (39) | 6 | Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy) | 46 | (50) |
| 7 | Hot chocolate | 34 | (36) | 7 | Hot chocolate | 39 | (35) |
| 8 | Salads | 33 | (35) | 8 | Eggs | 33 | (32) |
| 9 | Eggs | 32 | (32) | 9 | Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice) | 29 | (26) |
| 10 | Any fish/fish fingers | 27 | (23) | 10 | Any fish/fish fingers | 28 | (25) |

## Physical Activity

## Enjoy exercise

Q15. How much do you enjoy physical activities?

$2 \%$ (2\%) of pupils responded that they don't enjoy physical activities 'at all'.
$81 \%(85 \%)$ of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q15. Percentage answering that they don't enjoy physical activities 'at all'.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | $\operatorname{Yr} 4$ | Yr 5 | Yr 6 |  |
| Boys | 5 | 0 | 0 | 3 | 1 | 1 |  |
| Girls | 5 | 0 | 3 | 3 | 1 | 2 |  |

Q15. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 80 | 69 | 86 | 84 | 88 | 91 |  |
| Girls | 70 | 94 | 78 | 80 | 84 | 82 |  |

## Hard exercise

Q16. On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?

$17 \%$ ( $16 \%$ ) of pupils responded that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.
$24 \%(24 \%)$ of pupils responded that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

Q16. Percentage answering that they didn't get out of breath and/or sweaty while doing physical activity at all in the week before the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 16 | 31 | 15 | 17 | 13 | 12 |  |
| Girls | 25 | 28 | 15 | 20 | 22 | 16 |  |

Q16. Percentage answering that they got out of breath and/or sweaty while doing physical activity on five days or more in the week before the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 16 | 15 | 31 | 20 | 35 | 35 |  |
| Girls | 14 | 22 | 26 | 14 | 17 | 22 |  |

Q16. On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?


## PE lessons

$83 \%(84 \%)$ of pupils responded that they enjoy their PE lessons, while $13 \%$ ( $12 \%$ ) are 'not sure' if they do.

69\% (70\%) of pupils responded that they feel they are getting better at PE, while $26 \%$ ( $24 \%$ ) are 'not sure' if they are.

Q17a. Percentage answering that they enjoy their PE lessons.

|  | East Surrey |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |
| Boys | 91 | 100 | 84 | 88 | 87 | 85 |
| Girls | 81 | 89 | 77 | 82 | 81 | 81 |

Q17b. Percentage answering that they feel they are getting better at PE .

|  | East Surrey |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |
| Boys | 73 | 83 | 73 | 74 | 73 | 71 |
| Girls | 60 | 76 | 63 | 69 | 65 | 68 |

## School sports

$62 \% ~(58 \%)$ of pupils responded that their school has helped them to be more healthy, while $30 \%$ ( $32 \%$ ) are 'not sure' if it has.

Q17c. Percentage answering that their school has helped them to be more healthy.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 67 | 50 | 64 | 64 | 53 | 51 |  |
| Girls | 65 | 59 | 60 | 71 | 65 | 51 |  |

Q18. How many times each week do you go to sports clubs at lunchtime or after school?

$31 \%(23 \%)$ of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
$33 \% ~(40 \%)$ of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.

Q18. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 47 | 10 | 26 | 24 | 18 | 23 |  |
| Girls | 49 | 0 | 31 | 27 | 21 | 23 |  |

Q17b. Percentage answering that they go to at least 3 sports clubs at lunch time or after school each week.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 19 | 60 | 30 | 35 | 51 | 45 |  |
| Girls | 11 | 75 | 42 | 30 | 36 | 42 |  |

Q19. How many games or matches have you played against other schools this year?

$36 \%$ ( $35 \%$ ) of pupils responded that they haven't played any games or matches against other schools this year.
$37 \% ~(40 \%)$ of pupils responded that they have played at least 4 matches against other schools this year.

Q19. Percentage answering that they haven't played any games or matches against other schools this year.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 16 | 8 | 39 | 33 | 28 | 28 |  |
| Girls | 43 | 13 | 43 | 53 | 34 | 34 |  |

Q19. Percentage answering that they have played at least 4 matches against other schools this year.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 50 | 62 | 36 | 42 | 49 | 52 |  |
| Girls | 36 | 60 | 28 | 20 | 36 | 39 |  |

Q20. How many sports games or matches have you played at your school this year?

$53 \%$ ( $56 \%$ ) of pupils responded that they haven't played any sports games or matches at their school this year.
$26 \%$ ( $23 \%$ ) of pupils responded that they have played at least 4 matches at their school this year.

Q20. Percentage answering that they haven't played any sports games or matches at their school this year.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 77 | 46 | 44 | 66 | 54 | 39 |  |
| Girls | 74 | 43 | 47 | 78 | 63 | 46 |  |

Q20. Percentage answering that they have played at least 4 matches at their school this year.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 11 | 54 | 34 | 13 | 26 | 41 |  |
| Girls | 12 | 21 | 25 | 5 | 15 | 28 |  |

## Active travel

Q65. How did you travel to school today?

$56 \% ~(58 \%)$ of pupils responded that they travelled to school by car/van on the day of the survey.
$44 \%(35 \%)$ of pupils responded that they walked to school on the day of the survey.

Q65. Percentage answering that they travelled to school by car/van on the day of the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 49 | 69 | 50 | 60 | 49 | 58 |  |
| Girls | 55 | 56 | 65 | 60 | 62 | 56 |  |

Q65. Percentage answering that they walked to school on the day of the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 53 | 8 | 48 | 30 | 37 | 38 |  |
| Girls | 57 | 22 | 40 | 32 | 35 | 39 |  |

## Alcohol, Smoking \& Drugs

## Alcohol

$1 \%(4 \%)$ of Year $6+$ pupils responded that they had an alcoholic drink (not just a sip) in the 7 days before the survey.

Q21. Percentage of Year $6+$ pupils answering that they had an alcoholic drink in the 7 days before the survey.

|  | East Surrey |  |  |
| :--- | :--- | :--- | :--- |
|  | $\operatorname{Yr} 6$ | $\operatorname{Yr} 6$ |  |
| Boys 6 | 2 | 6 |  |
| Girls | 0 | 2 |  |

Q22. Year $6+$ only: If yes, on how many days did you drink alcohol, in the last 7 days?

$0 \%(2 \%)$ of Year $6+$ pupils responded that they drank alcohol on more than one day in the 7 days before the survey.

Q22. Percentage of Year $6+$ pupils answering that they drank alcohol on more than one day in the 7 days before the survey.

|  | East Surrey |  | Surrey |
| :--- | :--- | :--- | :--- |
|  | $\operatorname{Yr} 6$ | $\operatorname{Yr} 6$ |  |
| Boys | 0 | 2 |  |
| Girls | 0 | 1 |  |

$0 \%(1 \%)$ of Year $6+$ pupils responded that they drank beer or lager in the 7 days before the survey and $0 \%$ ( $1 \%$ ) said they drank spirits.

Q23. Year 6+ only: Most popular alcoholic drinks from the last 7 days (top 5 - Surrey Primary data in brackets):

Yr 6 Boys
1 Shandy (beer mixed with lemonade)
2 Other
3 Wine 0
4 Beer or lager
5 Spirits

Yr 6 Girls

| (1) | 1 | Wine | 0 | (1) |
| :--- | :--- | :--- | :--- | :--- |
| (0) | 2 | Spirits | 0 | (1) |
| (3) | 3 | Beer or lager | 0 | (1) |
| $(2)$ | 4 |  |  |  |
| $(1)$ | 5 |  |  |  |

Q24. Year 6+ only: Do your parents know if you drink alcohol?

$92 \%(88 \%)$ of Year $6+$ pupils responded that they do not drink alcohol.
$7 \%$ (10\%) of Year $6+$ pupils responded that they drink alcohol and their parents 'always' know, while $0 \%$ ( $1 \%$ ) said they 'usually' know.
$0 \%(1 \%)$ of Year $6+$ pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

Q24. Percentage of Year 6+ pupils answering that they do not drink alcohol.

|  | East Surrey |  |  |
| :--- | :--- | :--- | :--- |
|  | Yr 6 | $\operatorname{Yr} 6$ |  |
| Boys | 90 | 85 |  |
| Girls | 96 | 91 |  |

Q24. Percentage of Year $6+$ pupils answering that they drink alcohol and their parents 'always' know.

|  | East Surrey |  | Surrey |
| :--- | :--- | :--- | :--- |
|  | $\operatorname{Yr} 6$ | $\operatorname{Yr} 6$ |  |
| Boys | 10 | 14 |  |
| Girls | 4 | 7 |  |

Q24. Percentage of Year 6+ pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

|  | East Surrey |  | Surrey |
| :--- | :--- | :--- | :--- |
|  | $\operatorname{Yr} 6$ | $\operatorname{Yr} 6$ |  |
| Boys | 1 | 1 |  |
| Girls | 0 | 1 |  |

## Smoking at home

$24 \%$ (21\%) of pupils responded that their parents/carers smoke.
$8 \%$ (6\%) of pupils responded that someone smokes indoors at home in rooms that they use.
$10 \%$ ( $9 \%$ ) of pupils responded that someone smokes in a car when they are in it too.

Q25a. Percentage answering that their parents/carers smoke.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 27 | 15 | 21 | 22 | 15 | 22 |  |
| Girls | 21 | 6 | 31 | 20 | 20 | 23 |  |

Q25b. Percentage answering that someone smokes indoors at home in rooms that they use.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 9 | 8 | 8 | 6 | 6 | 7 |  |
| Girls | 7 | 0 | 9 | 5 | 3 | 7 |  |

Q25c. Percentage answering that someone smokes in a car when they are in it too.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 9 | 8 | 10 | 12 | 8 | 10 |  |
| Girls | 7 | 6 | 13 | 8 | 6 | 10 |  |

## Smoking

Q26. Year 6+ only: Smoking: Which statement describes you best?

$0 \%(2 \%)$ of Year $6+$ pupils responded that they have tried smoking in the past or smoke now.
$0 \%(0 \%)$ of Year $6+$ pupils responded that they smoked in the 7 days before the survey.

Q26. Percentage of Year $6+$ pupils answering that they have smoked in the past or smoke now.

|  | East Surrey |  | Surrey |
| :--- | :--- | :--- | :--- |
|  | $\operatorname{Yr} 6$ | $\operatorname{Yr} 6$ |  |
| Boys | 1 | 2 |  |
| Girls | 0 | 1 |  |

Q27. Percentage of Year 6+ pupils answering that they smoked in the 7 days before the survey.

|  | East Surrey |  |  |
| :--- | :--- | :--- | :--- |
|  | $\operatorname{Yr} 6$ | $\operatorname{Yr} 6$ |  |
| Boys 6 Surrey |  |  |  |
| Girls | 0 | 0 | 0 |

## Drugs

$76 \%(51 \%)$ of Year $6+$ pupils responded that their teachers have talked with them in school lessons about illegal drugs, while $54 \%$ ( $54 \%$ ) said that their parents/carers have talked with them.
Q28. Percentage of Year $6+$ pupils responding that the following people have talked with them about illegal drugs (Surrey Primary data in brackets):

| Yr 6 Boys |  |  | Yr 6 Girls |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Teachers, in school lessons | 74 | (50) | 1 | Teachers, in school lessons | 79 | (53) |
| 2 | Parents/carers | 55 | (56) | 2 | Parents/carers | 52 | (53) |
| 3 | Friends | 19 | (23) | 3 | Friends | 21 | (15) |
| 4 | Visitors or speakers in school lessons | 17 | (26) | 4 | Visitors or speakers in school lessons | 14 | (24) |
| 5 | Brothers or sisters | 15 | (15) | 5 | Brothers or sisters | 14 | (11) |

$10 \%$ (8\%) of Year $6+$ pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs that are not medicines.
$0 \%$ ( $1 \%$ ) of Year $6+$ pupils responded that they have been offered cannabis.
$1 \%$ (1\%) of Year $6+$ pupils responded that they have been offered other drugs.

Q29. Percentage of Year 6+ pupils answering that they are 'fairly sure' or 'certain' they know someone who uses drugs.

|  | East Surrey |  |  |
| :--- | :--- | :--- | :--- |
|  | Yr 6 | $\operatorname{Yr} 6$ |  |
| Boys | 9 | 9 |  |
| Girls | 11 | 7 |  |

Q30. Percentage of Year $6+$ pupils answering that they have been offered cannabis.

|  | East Surrey |  |  |
| :--- | :--- | :--- | :--- |
|  | $\operatorname{Yr} 6$ | $\operatorname{Yr} 6$ |  |
| Boys | 0 | 2 |  |
| Girls | 1 | 0 |  |

Q31. Percentage of Year 6+ pupils answering that they have been offered other drugs.

|  | East Surrey |  |  |
| :--- | :--- | :--- | :--- |
|  | $\operatorname{Yr} 6$ | $\operatorname{Yr} 6$ |  |
| Boys | 1 | 1 |  |
| Girls | 1 | 0 |  |

## Emotional Health \& Well-being

## Growing up

$61 \%(52 \%)$ of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up, while $75 \%$ ( $72 \%$ ) said that their parents/carers have talked with them.

Q32a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (top 5 - Surrey Primary data in brackets):

| Boys |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Girls |  |  |  |  |  |  |
| 1 | Parents/carers | 70 | $(69)$ | 1 | Parents/carers | 79 | (75) |
| 2 | Teachers, in school lessons | 63 | $(53)$ | 2 | Teachers, in school lessons | 60 | $(51)$ |
| 3 | Brothers or sisters | 21 | $(18)$ | 3 | Friends | 26 | $(19)$ |
| 4 | Friends | 16 | $(18)$ | 4 | Brothers or sisters | 18 | $(16)$ |
| 5 | Other close relatives | 14 | $(17)$ | 5 | Other close relatives | 15 | $(13)$ |

$57 \%$ ( $55 \%$ ) of pupils responded that they feel they know enough about how their body changes as they get older, while $10 \%$ ( $10 \%$ ) feel they don't know enough.

Q32b. Percentage answering that they feel they know enough about how their body changes as they get older.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 45 | 45 | 63 | 46 | 49 | 67 |  |
| Girls | 39 | 27 | 66 | 41 | 41 | 67 |  |

## Worrying

Q33. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:

$72 \%$ ( $72 \%$ ) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q33. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 67 | 85 | 70 | 72 | 72 | 69 |  |
| Girls | 82 | 72 | 71 | 77 | 72 | 71 |  |

$25 \%$ ( $30 \%$ ) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while $33 \%$ ( $36 \%$ ) said the same of SATs/tests, and $24 \%$ ( $25 \%$ ) worry 'quite a lot' or 'a lot' about family problems.

Q33. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (Surrey Primary data in brackets):

| Boys |  |  | Girls |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Crime | 27 | (32) | 1 | SATs/tests | 40 | (39) |
| 2 | Family problems | 27 | (26) | 2 | Problems with friends | 24 | (30) |
| 3 | SATs/tests | 26 | (32) | 3 | Crime | 24 | (28) |
| 4 | School-work/homework | 23 | (19) | 4 | Family problems | 22 | (24) |
| 5 | The environment | 20 | (23) | 5 | School-work/homework | 22 | (18) |
| 6 | Problems with friends | 20 | (21) | 6 | The environment | 21 | (22) |
| 7 | Health problems | 20 | (21) | 7 | The way they look | 17 | (18) |
| 8 | The way they look | 14 | (13) | 8 | Money problems | 17 | (15) |
| 9 | Money problems | 13 | (13) | 9 | Health problems | 16 | (18) |
| 10 | Body changes as they grow up | 10 | (13) | 10 | Body changes as they grow up | 15 | (14) |

Q33. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':


## Problem solving

In Question 34 the young people were asked to whom they would turn to share a range of problems. The top five sources of support for each of the issues are as follows (Surrey Primary data in brackets):

## Problem with school

| Boys |  |  |  |  |  |  |  |  | Girls |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Mum and/or Dad | 48 | $(55)$ | 1 | Mum and/or Dad | 50 | $(57)$ |  |  |  |  |  |  |
| 2 | Teacher | 27 | $(23)$ | 2 | Teacher | 18 | $(20)$ |  |  |  |  |  |  |
| 3 | Keep it to myself | 10 | $(8)$ | 3 | Friend | 11 | $(8)$ |  |  |  |  |  |  |
| 4 | Friend | 7 | $(6)$ | 4 | Keep it to myself | 8 | $(7)$ |  |  |  |  |  |  |
| 5 | Brother or sister | 3 | $(3)$ | 5 | Brother or sister | 5 | $(4)$ |  |  |  |  |  |  |

## Family problem

| Boys |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: | :---: |
| Girls |  |  |  |  |  |  |  |  |  |
| 1 | Mum and/or Dad | 50 | $(53)$ | 1 | Mum and/or Dad | 48 | $(46)$ |  |  |
| 2 | Keep it to myself | 17 | $(17)$ | 2 | Keep it to myself | 18 | $(16)$ |  |  |
| 3 | Brother or sister | 14 | $(10)$ | 3 | Friend | 12 | $(15)$ |  |  |
| 4 | Friend | 7 | $(8)$ | 4 | Brother or sister | 7 | $(9)$ |  |  |
| 5 | Teacher | 5 | $(5)$ | 5 | Other adult | 4 | $(4)$ |  |  |

## Health problem

| Boys |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Girls |  |  |  |  |  |  |  |
| 1 | Mum and/or Dad | 74 | $(77)$ | 1 | Mum and/or Dad | 72 | (76) |
| 2 | Keep it to myself | 12 | $(11)$ | 2 | Keep it to myself | 10 | (11) |
| 3 | Friend | 3 | $(3)$ | 3 | Friend | 3 | (3) |
| 4 | Other adult | 3 | $(2)$ | 4 | Teacher | 1 | $(2)$ |
| 5 | Brother or sister | 2 | $(2)$ | 5 | Brother or sister | 1 | $(2)$ |

## Problem with friends

| Boys |  |  |  |  |  |  |  |  |  | Girls |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Mum and/or Dad | 42 | $(44)$ | 1 | Mum and/or Dad | 43 | $(46)$ |  |  |  |  |  |  |  |
| 2 | Teacher | 18 | $(20)$ | 2 | Teacher | 20 | $(21)$ |  |  |  |  |  |  |  |
| 3 | Keep it to myself | 16 | $(14)$ | 3 | Friend | 11 | $(11)$ |  |  |  |  |  |  |  |
| 4 | Friend | 12 | $(11)$ | 4 | Keep it to myself | 10 | $(11)$ |  |  |  |  |  |  |  |
| 5 | Brother or sister | 5 | $(5)$ | 5 | Brother or sister | 7 | $(6)$ |  |  |  |  |  |  |  |


| Boys |  |  |  |  |  |  |  |  |  | Girls |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Mum and/or Dad | 42 | $(44)$ | 1 | Mum and/or Dad | 43 | $(46)$ |  |  |  |  |  |  |  |
| 2 | Teacher | 18 | $(20)$ | 2 | Teacher | 20 | $(21)$ |  |  |  |  |  |  |  |
| 3 | Keep it to myself | 16 | $(14)$ | 3 | Friend | 11 | $(11)$ |  |  |  |  |  |  |  |
| 4 | Friend | 12 | $(11)$ | 4 | Keep it to myself | 10 | $(11)$ |  |  |  |  |  |  |  |
| 5 | Brother or sister | 5 | $(5)$ | 5 | Brother or sister | 7 | $(6)$ |  |  |  |  |  |  |  |

Girls

## Bullying problem

| Boys |  |  | Girls |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 1 | Mum and/or Dad | 45 | $(53)$ | 1 | Mum and/or Dad | 52 | $(53)$ |
| 2 | Teacher | 27 | $(25)$ | 2 | Teacher | 21 | $(25)$ |
| 3 | Keep it to myself | 13 | $(8)$ | 3 | Keep it to myself | 10 | $(8)$ |
| 4 | Friend | 4 | $(4)$ | 4 | Friend | 6 | $(5)$ |
| 5 | Brother or sister | 4 | $(3)$ | 5 | Brother or sister | 2 | $(3)$ |

'Keep it to myself' is not necessarily negative. For some pupils it may mean that they feel they can cope without help.
$70 \%$ ( $69 \%$ ) of pupils responded that they at least 'sometimes' listen to music when a problem worries them. $92 \%(93 \%)$ said that they will talk to an adult about the problem at least 'sometimes', while $58 \%$ ( $56 \%$ ) said that they will keep busy.

Q35. Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them (top 10 - Surrey Primary data in brackets):

| Boys |  |  | Girls |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Talk to an adult about the problem | 92 | (92) | 1 | Talk to an adult about the problem | 92 | (94) |
| 2 | Think carefully about the problem by yourself | 79 | (75) | 2 | Think carefully about the problem by yourself | 79 | (82) |
| 3 | Watch TV | 76 | (73) | 3 | Watch TV | 78 | (76) |
| 4 | Talk to a friend or a brother/sister about the problem | 72 | (65) | 4 | Listen to music | 75 | (73) |
| 5 | Listen to music | 66 | (65) | 5 | Talk to a friend or a brother/sister about the problem | 70 | (73) |
| 6 | Exercise | 57 | (59) | 6 | Keep busy | 60 | (57) |
| 7 | Keep busy | 56 | (54) | 7 | Go out with friends/socialise | 56 | (54) |
| 8 | Go out with friends/socialise | 55 | (55) | 8 | Exercise | 54 | (54) |
| 9 | Eat more | 45 | (37) | 9 | Rest or sleep more | 43 | (40) |
| 10 | Rest or sleep more | 44 | (41) | 10 | Do nothing | 39 | (38) |

Q35. Percentage of pupils responding that they at least 'sometimes' do the following when a problem worries them:


## Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

Q58. Composite self-esteem score:


Data from the 'Young People into...' series reveal more girls than boys found the lower end of the scale and more boys than girls at the higher end.

29\% (29\%) of pupils had a med-low self-esteem score ( 9 or less).
$31 \%(34 \%)$ of pupils had a high self-esteem score (15 or more).

Q58. Percentage of pupils with a med-low self-esteem score (9 or less).

|  | East Surrey |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |
| Boys | 36 | 23 | 27 | 28 | 30 | 26 |
| Girls | 38 | 40 | 24 | 35 | 29 | 27 |

Q58. Percentage of pupils with a high self-esteem score (15 or more).

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 42 | 31 | 33 | 36 | 38 | 40 |  |
| Girls | 18 | 20 | 32 | 25 | 35 | 32 |  |

$81 \%(83 \%)$ of pupils responded that they feel happy talking to other pupils at school.
Q58. (Individual self-esteem items) Percentage in each group giving a high esteem response (Surrey Primary data in brackets):

|  | Year 4 |  | Year 5 |  | Year 6 |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Boys | Girls | Boys | Girls | Boys | Girls |  |
| Pupils who feel happy talking to other pupils at school | 96 (83) | 86 (78) | 92 (84) | 56 (82) | 77 (85) | 82 (85) | 81 (83) |
| Pupils who do not usually feel uneasy saying things in front of teachers in class | 44 (37) | 23 (29) | 23 (31) | 17 (41) | 37 (40) | 31 (36) | 33 (36) |
| Pupils who do not want to change lots of things about themselves | 62 (47) | 48 (43) | 31 (45) | 39 (47) | 36 (43) | 37 (40) | 41 (43) |
| Pupils who do not often fall out with other pupils at school | 49 (43) | 43 (37) | 46 (42) | 33 (51) | 40 (49) | 44 (46) | 43 (44) |
| Pupils who do not often feel lonely at school | 53 (53) | 48 (48) | 46 (60) | 44 (56) | 58 (67) | 68 (64) | 58 (59) |
| Pupils who do not think that other pupils often say nasty things about them | 51 (46) | 48 (41) | 46 (43) | 17 (45) | 38 (45) | 39 (38) | 40 (43) |
| Pupils who do not usually feel shy when they want to tell a teacher something | 47 (46) | 20 (32) | 46 (43) | 22 (38) | 42 (49) | 35 (34) | 37 (41) |
| Pupils who do not often have to find new friends because their old ones are with someone else | 49 (52) | 45 (45) | 77 (57) | 17 (52) | 57 (65) | 50 (55) | 51 (55) |
| Pupils who do not usually feel foolish when talking to their parents/carers | 76 (69) | 64 (67) | 69 (66) | 50 (66) | 74 (73) | 71 (68) | 70 (69) |
| Pupils who have one or more close friends* | 80 (73) | 68 (72) | 77 (78) | 67 (85) | 80 (84) | 84 (83) | 79 (79) |
| Pupils whose parents like to hear their ideas* | 76 (59) | 61 (61) | 69 (66) | 61 (65) | 61 (67) | 64 (68) | 64 (65) |
| Pupils whose teachers listen to them at school* | 62 (64) | 75 (69) | 62 (66) | 39 (63) | 56 (63) | 58 (65) | 59 (65) |

*N.B: These items do not contribute to the calculation of the composite self-esteem score.
Q58. (Individual self-esteem items) Percentage in each group giving a high esteem response:


[^0]
## Health \& Hygiene

## Hand washing

$55 \%(57 \%)$ of pupils responded that they washed their hands before lunch on the day before the survey, while $19 \%$ (19\%) said they are 'not sure' if they did.
$75 \%$ ( $75 \%$ ) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet, while $1 \%(2 \%)$ said they 'never or hardly ever' do and $24 \%$ ( $23 \%$ ) do so only 'sometimes'.

Q36. Percentage answering that they washed their hands before lunch on the day before the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 60 | 46 | 55 | 59 | 56 | 60 |  |
| Girls | 70 | 19 | 52 | 60 | 48 | 54 |  |

Q37. Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 67 | 77 | 68 | 70 | 73 | 72 |  |
| Girls | 89 | 81 | 81 | 77 | 79 | 80 |  |

## Dental health

Q38. How many times did you clean your teeth yesterday?

$1 \%$ (2\%) of pupils responded that they did not clean their teeth at all on the day before the survey.
$84 \%$ ( $85 \%$ ) of pupils responded that they cleaned their teeth at least twice on the day before the survey.

Q38. Percentage answering that they did not clean their teeth at all on the day before the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 4 | 0 | 1 | 3 | 2 | 1 |  |
| Girls | 0 | 0 | 0 | 1 | 1 | 1 |  |

Q38. Percentage answering that they cleaned their teeth at least twice yesterday.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 80 | 69 | 80 | 80 | 83 | 83 |  |
| Girls | 86 | 94 | 90 | 86 | 89 | 89 |  |

Q39. What treatment did the dentist give you on your last visit?

$77 \%$ ( $74 \%$ ) of pupils responded that they had a check-up the last time they visited the dentist.
$16 \%(17 \%)$ of pupils responded that they had fillings the last time they visited the dentist.
$3 \%(3 \%)$ of pupils responded that they had a brace fitted or checked the last time they visited the dentist.

Q39. Percentage answering that they had a check-up the last time they visited the dentist.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 73 | 54 | 77 | 69 | 76 | 76 |  |
| Girls | 75 | 83 | 80 | 72 | 78 | 78 |  |

Q39. Percentage answering that they had fillings the last time they visited the dentist.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 18 | 15 | 20 | 21 | 19 | 16 |  |
| Girls | 18 | 11 | 10 | 18 | 11 | 13 |  |

Q39. Percentage answering that they had a brace fitted or checked the last time they visited the dentist.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | $\operatorname{Yr} 4$ | Yr 5 | Yr 6 |  |
| Boys | 2 | 23 | 1 | 3 | 3 | 3 |  |
| Girls | 0 | 0 | 4 | 1 | 2 | 5 |  |

## Staying Safe

## Peer pressure

Q40. When a friend wants me to do something I don't want to do...:

$51 \%(47 \%)$ of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
$20 \%(21 \%)$ of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Q40. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 47 | 38 | 58 | 37 | 52 | 58 |  |
| Girls | 42 | 25 | 55 | 36 | 41 | 53 |  |

Q40. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 26 | 31 | 14 | 28 | 19 | 13 |  |
| Girls | 37 | 38 | 15 | 29 | 27 | 17 |  |

Q41. When I want a friend to do something...:

$42 \%$ ( $42 \%$ ) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
$17 \%$ ( $15 \%$ ) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

Q41. Percentage answering that they 'usually or always' know what to say when they want a friend to do something.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 47 | 62 | 34 | 45 | 43 | 47 |  |
| Girls | 50 | 50 | 42 | 36 | 41 | 39 |  |

Q41. Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 20 | 15 | 18 | 15 | 12 | 12 |  |
| Girls | 20 | 31 | 13 | 19 | 17 | 16 |  |

## Accidents

$33 \%$ ( $32 \%$ ) of pupils responded that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.

Q42. Percentage answering that they have been treated for an accident by a doctor or at a hospital in the 12 months before the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 35 | 46 | 34 | 33 | 30 | 38 |  |
| Girls | 21 | 19 | 36 | 29 | 25 | 32 |  |

$7 \%$ ( $7 \%$ ) of pupils responded that their most recent accident resulted in a broken bone, while $6 \%$ (6\%) said that their most recent accident was a cut.

Q43. Most recent accident: What sort of accident was it? (Top 5 - Surrey Primary data in brackets):
Boys

| 1 | I had a bruise, graze or sprain | 11 |
| :--- | :--- | :--- |
| 2 | I had a cut | 8 |
| 3 | I had a broken bone | 7 |
| 4 | I hurt my head | 7 |
| 5 | I broke or damaged a tooth | 4 |

5 I broke or damaged a tooth

## Girls

| (8) | 1 | I had a broken bone | 8 | ( 6) |
| :--- | :--- | :--- | :--- | :--- |
| (8) | 2 | I had a bruise, graze or sprain | 6 | (9) |
| (7) | 3 | I had a cut | 4 | $(5)$ |
| (6) | 4 | I hurt my head | 4 | $(3)$ |
| $(3)$ | 5 | Other | 3 | $(3)$ |

## Bullying

Q44. Do you ever feel afraid of going to school because of bullying?

$35 \%$ ( $38 \%$ ) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
$8 \%(8 \%)$ of pupils responded that they feel afraid of going to school because of bullying 'often' or 'very often'.
$22 \%(23 \%)$ of pupils responded that they have been bullied at or near school in the last 12 months, while $19 \%$ ( $19 \%$ ) said they are 'not sure' if they have been.

Q44. Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 30 | 38 | 30 | 37 | 40 | 27 |  |
| Girls | 43 | 60 | 36 | 52 | 40 | 38 |  |

Q44. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | $\operatorname{Yr} 5$ | $\operatorname{Yr} 6$ | $\operatorname{Yr} 4$ | $\operatorname{Yr} 5$ | $\operatorname{Yr} 6$ |  |
| Boys | 9 | 8 | 7 | 9 | 12 | 5 |  |
| Girls | 9 | 0 | 10 | 12 | 7 | 7 |  |

Q45. Percentage answering that they have been bullied at or near school in the last 12 months.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 17 | 62 | 18 | 28 | 28 | 19 |  |
| Girls | 14 | 27 | 26 | 24 | 18 | 21 |  |

Q46. Negative behaviour summary: Percentage of pupils responding that they experienced at least one of the negative behaviours listed in the month before the survey:

$65 \%(67 \%)$ of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while $27 \%$ ( $25 \%$ ) said they have done so 'often' or 'every day'.

Q46. Percentage answering that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 56 | 92 | 70 | 70 | 75 | 68 |  |
| Girls | 66 | 72 | 59 | 68 | 64 | 61 |  |

$41 \% ~(41 \%)$ of pupils responded that they were called nasty names at least a 'few times' in the month before the survey, while $37 \%$ ( $41 \%$ ) were pushed/hit for no reason.

Q46. Percentage of pupils responding that they experienced the following negative behaviours at least a 'few times' in the month before the survey (Surrey Primary data in brackets):

| Boys |  |  |  |  |  |  |  |  |  | Girls |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Been teased/made fun of | 48 | $(46)$ | 1 | Been teased/made fun of | 40 | $(41)$ |  |  |  |  |  |  |  |
| 2 | Pushed/hit for no reason | 45 | $(47)$ | 2 | Called nasty names | 40 | $(39)$ |  |  |  |  |  |  |  |
| 3 | Called nasty names | 41 | $(44)$ | 3 | Pushed/hit for no reason | 29 | $(34)$ |  |  |  |  |  |  |  |
| 4 | Been called 'gay' | 37 | $(35)$ | 4 | Had belongings taken/broken | 22 | $(23)$ |  |  |  |  |  |  |  |
| 5 | Been ganged up on | 23 | $(24)$ | 5 | Been ganged up on | 21 | $(19)$ |  |  |  |  |  |  |  |
| 6 | Had belongings taken/broken | 23 | $(24)$ | 6 | Been threatened for no reason | 16 | $(16)$ |  |  |  |  |  |  |  |
| 7 | Been threatened for no reason | 23 | $(23)$ | 7 | Been called 'gay' | 12 | $(11)$ |  |  |  |  |  |  |  |
| 8 | Been threatened for money | 10 | $(10)$ | 8 | Bullied through e-mail/internet | 7 | $(5)$ |  |  |  |  |  |  |  |
| 9 | Bullied on my mobile phone | 5 | $(5)$ | 9 | Been threatened for money | 6 | $(7)$ |  |  |  |  |  |  |  |
| 10 | Bullied through e-mail/internet | 5 | $(5)$ | 10 | Bullied on my mobile phone | 5 | $(4)$ |  |  |  |  |  |  |  |

$21 \%(23 \%)$ of pupils responded that they experienced negative behaviour in a classroom (at breaktimes) in the month before the survey, while $6 \%(5 \%)$ experienced it on the way to or from school.

Q47. Percentage of pupils responding that they experienced negative behaviours at the following places in the month before the survey (top 5 - Surrey Primary data in brackets):

|  | Boys |  | Girls |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Outside at school (breaktimes) | 31 | (35) | 1 | Outside at school (breaktimes) | 25 | (28) |
| 2 | In a classroom (breaktimes) | 23 | (24) | 2 | In a classroom (breaktimes) | 19 | (22) |
| 3 | At or near home | 14 | (17) | 3 | At or near home | 16 | (17) |
| 4 | During lesson times | 13 | (10) | 4 | During lesson times | 10 | (10) |
| 5 | On the way to or from school | 9 | ( 7) | 5 | Online | 7 | (3) |

$7 \%$ (6\%) of pupils responded that they think they are being 'picked on' or bullied because of their race, colour or religion, while $18 \%(19 \%)$ said that it was because of the way they look.
Q48. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following (Surrey Primary data in brackets):

| Boys |  |  | Girls |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | The way they look | 20 | (18) | 1 | The way they look | 16 | (20) |
| 2 | Their size or weight | 14 | (15) | 2 | Their size or weight | 15 | (14) |
| 3 | Other | 7 | (8) | 3 | Other | 13 | (9) |
| 4 | The clothes they wear | 7 | (6) | 4 | The clothes they wear | 8 | (6) |
| 5 | Their race, colour or religion | 7 | ( 5) | 5 | Their race, colour or religion | 6 | (6) |
| 6 | Because they are a boy or a girl | 7 | ( 5) | 6 | Because they are a boy or a girl | 4 | (7) |
| 7 | A disability | 2 | (3) | 7 | A disability | 1 | (2) |
| 8 | Because they get free school meals | 1 | (2) | 8 | Because they get free school meals | 1 | (1) |

Q48. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following:

$67 \%$ ( $66 \%$ ) of pupils responded that they think their school takes bullying seriously, while $9 \%$ (10\%) don't think their school takes bullying seriously.
$4 \%(2 \%)$ of pupils responded that they think others may fear going to school because of them, while $20 \%(19 \%)$ said they are 'not sure' if others do.

Q49. Percentage answering that they think their school takes bullying seriously.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 47 | 69 | 75 | 64 | 61 | 70 |  |
| Girls | 52 | 40 | 76 | 67 | 70 | 65 |  |

Q50. Percentage answering that they think others may fear going to school because of them.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | $\operatorname{Yr} 4$ | Yr 5 | $\operatorname{Yr} 6$ | $\operatorname{Yr} 4$ | $\operatorname{Yr} 5$ | Yr 6 |  |
| Boys | 7 | 8 | 4 | 4 | 3 | 3 |  |
| Girls | 5 | 0 | 2 | 3 | 0 | 1 |  |

## Internet safety

$85 \%$ ( $85 \%$ ) of pupils responded that they have used the internet at home in the last month, while $55 \%$ ( $59 \%$ ) said they have used it at school and $59 \%$ ( $59 \%$ ) have used it on a mobile device.

Q51. Percentage of pupils responding that they have used the internet at the following places in the last month (Surrey Primary data in brackets):

|  | Year 4 |  | Year 5 |  | Year 6 |  | Total |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Boys | Girls | Boys | Girls | Boys | Girls |  |
| At home | $93(82)$ | $86(80)$ | $69(88)$ | $61(83)$ | $88(91)$ | $84(87)$ | $85(85)$ |
| At school | $51(55)$ | $43(58)$ | $23(58)$ | $44(54)$ | $61(63)$ | $60(60)$ | $55(59)$ |
| On a mobile device (phone, iPad etc.) | $44(52)$ | $27(40)$ | $62(59)$ | $28(56)$ | $66(71)$ | $72(72)$ | $59(59)$ |
| Elsewhere | $9(20)$ | $14(17)$ | $8(29)$ | $28(21)$ | $36(31)$ | $22(27)$ | $24(24)$ |

$71 \%(67 \%)$ of pupils responded that they use the internet for schoolwork, while $71 \%(75 \%)$ said that they use it for playing games.
Q52. Percentage of pupils answering that they use the internet for the following (top 5 - Surrey Primary data in brackets):

| Boys |  |  | Girls |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Playing games | 80 | (80) | 1 | School work | 74 | (71) |
| 2 | Watching videos or programmes online | 77 | (73) | 2 | Watching videos or programmes online | 67 | (66) |
| 3 | School work | 68 | (64) | 3 | Playing games | 63 | (70) |
| 4 | Chatting (e.g. Skype) | 44 | (38) | 4 | Chatting (e.g. Skype) | 42 | (41) |
| 5 | Looking at web pages about my hobbies and interests | 37 | (35) | 5 | Looking at web pages about my hobbies and interests | 29 | (30) |

Q52. Percentage of pupils answering that they use the internet for the following:

$28 \%(29 \%)$ of Year $6+$ pupils responded that they have seen images or videos online that were for adults-only.
$28 \%(28 \%)$ of Year $6+$ pupils responded that they have seen images or videos online that upset them.

Q53a. Percentage of Year 6+ pupils answering that they have seen images or videos online that were for adultsonly.

|  | East Surrey | Surrey |  |
| :--- | :--- | :--- | :--- |
|  | Yr 6 | Yr 6 |  |
| Boys | 29 | 34 |  |
| Girls | 26 | 24 |  |

Q53b. Percentage of Year 6+ pupils answering that they have seen images or videos online that upset them.

|  | East Surrey |  | Surrey |
| :--- | :--- | :--- | :--- |
|  | Yr 6 | Yr 6 |  |
| Boys | 24 | 25 |  |
| Girls | 32 | 31 |  |

Q54a. How often do you use internet chat rooms or social networking sites?

$29 \%$ (28\%) of pupils responded that they use internet chat rooms or social networking sites 'often' or 'very often'.
$94 \%(93 \%)$ of pupils responded that they have been told how to stay safe while using the internet, while $6 \%(7 \%)$ said they haven't been told how to stay safe.

Q54a. Percentage answering that they use internet chat rooms or social networking sites 'often' or 'very often'.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 13 | 38 | 29 | 22 | 28 | 35 |  |
| Girls | 16 | 27 | 40 | 16 | 28 | 37 |  |

Q54b. Percentage answering that they have been told how to stay safe while using the internet.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 93 | 85 | 95 | 87 | 92 | 96 |  |
| Girls | 93 | 73 | 97 | 92 | 94 | 97 |  |

$63 \% ~(65 \%)$ of pupils responded that they get e-safety information from their parents/carers/family, while $86 \%$ ( $82 \%$ ) said that they get information from school.

Q54c. Percentage of pupils responding that they get e-safety information from the following places (Surrey Primary data in brackets):

> Boys

| 1 | School | 89 |
| :--- | :--- | :--- |
| 2 | Parents/carers/family | 59 |
| 3 | On-line advice | 14 |
| 4 | Friends | 9 |


| $(81)$ | 1 | School | 84 | (84) |
| :--- | :--- | :--- | :--- | :--- |
| $(62)$ | 2 | Parents/carers/family | 67 | $(69)$ |
| $(14)$ | 3 | Friends | 19 | $(16)$ |
| $(12)$ | 4 | On-line advice | 11 | (11) |

$21 \%$ (19\%) of pupils responded that they have received a chat message that scared them or made them upset.
$18 \%(15 \%)$ of pupils responded that they have sent a chat message or posted a comment which they later wished they had not written.

Q55. Percentage answering that they have received a chat message that scared them or made them upset.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 11 | 23 | 20 | 17 | 17 | 17 |  |
| Girls | 14 | 13 | 29 | 16 | 18 | 25 |  |

Q56. Percentage answering that they have sent a chat message or posted a comment which they later wished they had not written.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 16 | 23 | 17 | 12 | 17 | 19 |  |
| Girls | 7 | 20 | 24 | 8 | 9 | 19 |  |

## School \& Leisure

## Every Child Matters

$68 \%(68 \%)$ of Year $6+$ pupils responded that in their school, people with different backgrounds are valued.
Q57. Percentage of Year 6+ pupils responding 'yes' to the following statements (Surrey Primary data in brackets):

|  | Year 6 |  | Total |
| :--- | :--- | :--- | :--- |
| The school cares whether I am happy or not | Boys | Girls |  |
| My work is marked so I can see how to improve it | $63(63)$ | $59(63)$ | $61(63)$ |
| I know my targets and I am helped to meet them | $86(91)$ | $89(90)$ | $87(90)$ |
| My achievements in and out of school are recognised | $70(71)$ | $64(70)$ | $67(71)$ |
| My school teaches me how to deal with my feelings positively | $54(60)$ | $56(57)$ | $55(58)$ |
| The school helps me work as part of a team | $61(58)$ | $54(54)$ | $58(56)$ |
| In this school, people with different backgrounds are valued | $76(73)$ | $78(74)$ | $77(74)$ |
| The school encourages everyone to take part in decisions | $71(68)$ | $65(68)$ | $68(68)$ |
| The school encourages me to contribute to community events | $77(74)$ | $74(76)$ | $76(75)$ |
| The school prepares me for when I leave this school | $64(58)$ | $60(59)$ | $62(58)$ |
|  | $67(78)$ | $75(77)$ | $71(78)$ |

Q57. Percentage of Year $6+$ pupils responding 'yes' to the following statements:


## After-school activities

$66 \%(61 \%)$ of pupils responded that they spent time watching TV (live, online, catch-up) after school on the day before the survey, while $36 \%$ ( $42 \%$ ) spent time playing sport.
Q59. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10 - Surrey Primary data in brackets):

## Boys

1 Watching TV (live, online, catch- 70 up)
2 Playing computer/video games 67
3 Doing homework 51
4 Playing sport 41
5 Playing with friends 39
6 Reading a book for pleasure 38
$7 \quad$ Watching shows on DVDs, videos 37 or online

Girls


Q59. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:


## Breaktimes

$18 \%(29 \%)$ of pupils responded that they at least 'sometimes' spend time reading quietly or being in the library during school playtimes, while $90 \%$ ( $90 \%$ ) spend time chatting/talking.
Q60. Percentage of pupils responding that they at least 'sometimes' spend time doing the following during school playtimes (Surrey Primary data in brackets):

| Boys |  |  | Girls |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Chatting/talking | 93 | (89) | 1 | Chatting/talking | 88 | (90) |
| 2 | Playing running/skipping games/ tag | 86 | (85) | 2 | Playing running/skipping games/ tag | 83 | (85) |
| 3 | Playing ball games like football or netball | 76 | (80) | 3 | Playing ball games like football or netball | 51 | (59) |
| 4 | Reading quietly or being in the library | 16 | (25) | 4 | Reading quietly or being in the library | 20 | (34) |
| 5 | Other | 11 | ( 8) | 5 | Other | 13 | (13) |

Q60. Percentage of pupils responding that they at least 'sometimes' spend time doing the following during school breaktimes:

$61 \%(64 \%)$ of pupils responded that their playtimes and lunchtimes are friendly, while $38 \%$ ( $37 \%$ ) said that they are crowded, and $10 \%(9 \%)$ said that they are boring.

Q61. Percentage of pupils responding that they would describe their playtimes and lunchtimes as the following (top 5 Surrey Primary data in brackets):

|  | Boys |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 1 | Happy | 81 | $(78)$ | 1 | Happy |  | Girls |  |
| 2 | Friendly | 61 | $(59)$ | 2 | Friendly | 67 | $(79)$ |  |
| 3 | Crowded | 42 | $(40)$ | 3 | Safe | 43 | $(46)$ |  |
| 4 | Safe | 40 | $(41)$ | 4 | Busy | 40 | $(40)$ |  |
| 5 | Busy | 34 | $(39)$ | 5 | Crowded | 33 | $(35)$ |  |

## Views \& opinions

$35 \%$ ( $42 \%$ ) of pupils responded that their views and opinions are asked for in school, while $16 \%$ ( $14 \%$ ) said they aren't asked for.
$47 \%$ ( $56 \%$ ) of pupils responded that their views and opinions are listened to in school, while $14 \%$ ( $10 \%$ ) said they aren't listened to.

Q62. Percentage answering that their views and opinions are asked for in school.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 20 | 31 | 38 | 29 | 43 | 48 |  |
| Girls | 25 | 13 | 47 | 37 | 44 | 51 |  |

Q63a. Percentage answering that their views and opinions are listened to in school.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 40 | 54 | 44 | 49 | 54 | 58 |  |
| Girls | 49 | 20 | 55 | 56 | 56 | 61 |  |

$47 \%(49 \%)$ of pupils responded that they feel their views and opinions are listened to by talking to teachers in school, while $47 \%(45 \%)$ feel they are listened to through a school or class council.

Q63b. Percentage of pupils responding that their views and opinions are listened to in the following ways (Surrey Primary data in brackets):

| Boys |  |  | Girls |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Talking to teachers | 45 | (46) | 1 | School/class council | 51 | (47) |
| 2 | School/class council | 44 | (44) | 2 | Talking to teachers | 49 | (52) |
| 3 | Talking to other adults in school | 28 | (27) | 3 | Talking to other adults in school | 28 | (31) |
| 4 | Suggestion box | 21 | (12) | 4 | Suggestion box | 21 | (14) |
| 5 | Taking to trained pupils (e.g. playground pals/buddies) | 19 | (16) | 5 | Taking to trained pupils (e.g. playground pals/buddies) | 17 | (15) |
| 6 | Tick time | 3 | ( 3) | 6 | Tick time | 3 | ( 4) |

$17 \%(20 \%)$ of pupils responded that their views and opinions make a difference to how their school is run, while $26 \%$ ( $25 \%$ ) said they don't make a difference.

Q64. Percentage answering that their views and opinions make a difference to how their school is run.

|  | East Surrey |  |  |  | Surrey |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
|  | Yr 4 | Yr 5 | Yr 6 | Yr 4 | Yr 5 | Yr 6 |  |
| Boys | 16 | 23 | 19 | 17 | 21 | 23 |  |
| Girls | 14 | 7 | 18 | 18 | 19 | 22 |  |

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## This is not the end of your Health Related Behaviour Survey!

Ask us about...
... Getting your data into your computers
... Turning your data into graphs and pie charts
... Free resources about young people's health-related behaviour: www.sheu.org.uk/node/366

We may also be able to introduce you to health and education contacts, with money and resources, within your local community


[^0]:    *N.B: These items do not contribute to the calculation of the composite self-esteem score.

