

Young People in Surrey Schools

The Health-Related Behaviour Survey 2015



A report for East Surrey

The Schools Health Education Unit

www.sheu.org.uk

School Survey Report 2015

East Surrey compared with Surrey Secondary

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:

Angela Balding, Survey Manager
Schools Health Education Unit
3 Manaton Court
Manaton Close
Matford
Exeter EX2 8PF

Tel: 01392 667272 Fax: 01392 667269

e-mail angela.balding@sheu.org.uk

CONTENTS

	Page No.
FOREWORD	6
INTRODUCTION	7
EAST SURREY HEADLINES	9
SIGNIFICANT DIFFERENCES.....	15
PUPIL COMPARISONS.....	18
BACKGROUND.....	23
HEALTHY EATING.....	28
ALCOHOL, SMOKING & DRUGS.....	35
EMOTIONAL HEALTH & WELL-BEING	43
SEXUAL HEALTH.....	51
PHYSICAL ACTIVITY	55
HEALTH SERVICES	63
STAYING SAFE	66
ENJOYING & ACHIEVING	76
LEISURE	80
MAKING A POSITIVE CONTRIBUTION	82
LIST OF TABLES.....	84

N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

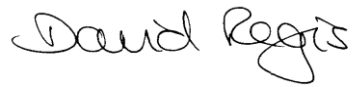
SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding
Survey Manager
Schools Health Education Unit



Dr. David Regis
Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Surrey. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

	Your survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	10	20	30	40
Girls	80	70	60	50

Favourite fruits			
1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	74	71	673	482
Girls	44	55	563	437

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

East Surrey Headlines

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	74	71	673	482
Girls	44	55	563	437

Surrey Secondary data in brackets; see notes on interpreting differences.

Background

ETHNICITY

- 83% (77%) of pupils responded that they are White British.

HOME LIFE

- 65% (68%) of pupils responded that they live with their Mum and Dad together.
- 14% (15%) of pupils responded that they live 'mainly or only' with their Mum, while 3% (2%) said they live 'mainly or only' with their Dad.

SPECIAL NEEDS

- 1% (1%) of pupils responded that someone helped them to fill in the questionnaire, while 2% (2%) said they are 'not sure' if someone helped them and 2% (1%) didn't want to say.
- 1% (1%) of pupils responded that they are disabled, while 3% (3%) said they are 'not sure' if they are and 2% (1%) didn't want to say.
- 13% (13%) of pupils responded that they have a long-standing illness, while 6% (6%) said they are 'not sure' if they have and 0% (1%) didn't want to say.
- 8% (9%) of pupils responded that they have a special educational need or learning difficulty, while 6% (8%) said they are 'not sure' if they have and 1% (1%) didn't want to say.
- 5% (7%) of pupils responded that their additional needs are properly looked after in school, while 2% (3%) said they are 'not sure' if they are and 7% (7%) don't have any needs like that.
- This works out as 40% (55%) of the 30 (272) pupils with additional needs responding that their needs are properly looked after.

YOUNG CARERS

- 5% (6%) of pupils responded that they are a 'young carer', while 3% (4%) said they are 'not sure' if they are and 2% (1%) didn't want to say.
- 3% (2%) of pupils responded that being a young carer takes up at least an hour of their time each day, while 0% (1%) said it takes up less than an hour.

ARMED FORCES

- 5% (3%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 4% (3%) said they are 'not sure' if they do and 0% (0%) didn't want to say.

- 0% (0%) of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 0% (0%) said their Mum or Dad's partner is.

FREE SCHOOL MEALS

- 7% (8%) of pupils responded that they currently have free school meals, while 18% (11%) said they have had them in the last 6 years and 1% (2%) said they could have them if they wanted.

Healthy Eating

CONTROL OVER HEALTH

- 96% (92%) of pupils agreed with at least one statement about being in control of their health (Q12a&c).
- 49% (51%) of pupils agreed with at least one statement saying that they weren't in control of their health (Q12b&d).
- 87% (78%) of pupils responded that they are in charge of their health, while 46% (46%) said that even if they look after themselves, they can still easily fall ill.

WEIGHT & APPEARANCE

- 6% (7%) of pupils responded that they would like to put on weight.
- 40% (41%) of pupils responded that they would like to lose weight.
- 54% (52%) of pupils responded that they are happy with their weight as it is.
- 24% (22%) of pupils responded that they are the main thing that affects the way they feel about their appearance, while 38% (36%) said comments/attitudes of other people at school affect them.

HEALTHY CHOICES

- 59% (55%) of boys and 58% (49%) of girls responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- 16% (19%) of boys and 17% (24%) of girls responded that they 'very often' or 'always' consider their health when choosing what to eat.

5-A-DAY

- 11% (7%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

- ❑ 19% (22%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

LUNCH

- ❑ 31% (38%) of pupils responded that they had school food for lunch on the day before the survey.
- ❑ 17% (13%) of pupils responded that they didn't have any lunch on the day before the survey.
- ❑ 85% (74%) of pupils responded that the place where they can get a school lunch is crowded and 57% (58%) said it is busy.

BREAKFAST

- ❑ 14% (12%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.
- ❑ 13% (8%) of pupils responded that they only had a drink before lessons on the day of the survey.
- ❑ 26% (25%) of pupils responded that they had toast or bread before lessons on the day of the survey, while 10% (13%) had fruit.

FOOD & DRINK

- ❑ 43% (51%) of pupils responded that they eat fresh fruit 'on most days'; 51% (58%) said the same for vegetables.
- ❑ 32% (29%) of pupils responded that they 'rarely or never' eat fish/fish fingers.

Alcohol, Smoking & Drugs

PEER PERCEPTION

- ❑ 7% (6%) of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 46% (46%) said 'none or just a few' did.
- ❑ 4% (3%) of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 63% (61%) said 'none or just a few' were.
- ❑ 13% (8%) of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 38% (42%) said 'none or just a few' did.
- ❑ 4% (2%) of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 63% (70%) said 'none or just a few' did.

ALCOHOL

- ❑ 12% (12%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 3% (3%) of pupils responded that they were drunk in the 7 days before the survey.
- ❑ 1% (0%) of boys and 0% (0%) of girls drank over the advised weekly limit of alcohol for adult females of 14 units.
- ❑ 2% (3%) of pupils responded that they drank beer or lager in the 7 days before the survey and 2% (2%) said they drank spirits.

- ❑ 42% (54%) of pupils responded that they 'never' drink alcohol.
- ❑ 27% (26%) of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 14% (9%) said their parents/carers 'usually' know.
- ❑ This works out as 46% (57%) of those who do drink alcohol responding that their parents 'always know'.
- ❑ 18% (10%) of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

ALCOHOL & DRUG INFORMATION

- ❑ 57% (49%) of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 15% (19%) said they wouldn't know where to go.

SMOKING

- ❑ 25% (17%) of pupils responded that they have smoked in the past or smoke now.
- ❑ 5% (2%) of pupils responded that they smoke 'regularly'.
- ❑ Of the 13 (37) pupils who smoke regularly, 15% (43%) said they would like to give up.
- ❑ 5% (3%) of pupils responded that they have smoked in the 7 days before the survey.
- ❑ 2% (1%) of pupils responded that they have bought cigarettes with health warnings in a different language.
- ❑ 7% (10%) of pupils responded that they have 'never heard of' electronic cigarettes, while 70% (74%) said they have never used them.
- ❑ 5% (3%) of pupils responded that they use an electronic cigarette 'occasionally' or 'regularly'.
- ❑ 39% (31%) of pupils responded that their parents/carers smoke.
- ❑ 13% (9%) of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 15% (13%) of pupils responded that someone smokes in a car when they are in it too.
- ❑ 50% (63%) of pupils responded that no-one ever smokes at home.
- ❑ 32% (24%) of pupils responded that smoking happens only outside.
- ❑ 5% (5%) of pupils responded that smoking happens on the doorstep only.
- ❑ 10% (6%) of pupils responded that smoking happens in certain rooms only.
- ❑ 3% (2%) of pupils responded that smokers can smoke anywhere in their home.

DRUGS

- ❑ 41% (32%) of pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.

- ❑ 23% (15%) of pupils responded that they have been offered cannabis.
- ❑ 14% (10%) of pupils responded that they have been offered other illegal drugs or legal highs (not cannabis).
- ❑ 13% (6%) of pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).
- ❑ 5% (3%) of pupils responded that they have taken at least one of the drugs listed during the last month.
- ❑ 9% (4%) of pupils responded that they have taken at least one of the drugs listed during the last year.

Emotional Health & Well-being

SATISFACTION

- ❑ 3% (4%) of pupils responded that they are 'not at all' happy with their life at the moment.
- ❑ 65% (65%) of pupils responded that they are at least 'quite' happy with their life at the moment.

SELF-ESTEEM

- ❑ 21% (23%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 39% (42%) of pupils had a high self-esteem score (15 or more).
- ❑ 75% (77%) of pupils responded that they feel happy talking to other pupils at school.

WORRYING

- ❑ 72% (73%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 43% (46%) of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot'.
- ❑ 75% (73%) of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% (8%) said they don't know anyone.

PROBLEM SOLVING

- ❑ 50% (53%) of pupils responded that they 'usually' or 'always' listen to music when they have a problem that worries them or they are feeling stressed, while 39% (46%) said they talk to someone about it.

RESILIENCE

- ❑ 37% (33%) of pupils had a low measure of resilience (0 – 19).
- ❑ 20% (20%) of pupils had a high measure of resilience (26+).
- ❑ 51% (53%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 24% (21%) said they get upset and feel bad for ages.
- ❑ 56% (55%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 41% (42%) ask for help and 10% (10%) give up.

Sexual Health

SEX & RELATIONSHIPS EDUCATION

- ❑ 77% (62%) of pupils responded that they have learned about contraception from school lessons, while 13% (26%) said they never learned about it anywhere.
- ❑ 81% (68%) of pupils responded that they have learned about sexually transmitted infections from school lessons, while 7% (15%) said they never learned about it anywhere.

CONTRACEPTION

- ❑ 41% (31%) of pupils responded that they know where they can get condoms free of charge.

HEALTH & ADVICE SERVICES

- ❑ 83% (86%) of pupils responded that they have never heard of Catch 22, while 1% (1%) said that they know what it is, but not where or how to access it.
- ❑ 0% (0%) of pupils responded that they have used Catch 22.
- ❑ 86% (85%) of pupils responded that they have never heard of GUM clinics, while 2% (2%) said that they know what they are, but not where or how to access them.
- ❑ 0% (0%) of pupils responded that they have used GUM clinics.
- ❑ 71% (73%) of pupils responded that they have never heard of CASH clinics, while 6% (4%) said that they know what they are, but not where or how to access them.
- ❑ 1% (0%) of pupils responded that they have used CASH clinics.
- ❑ 48% (51%) of pupils responded that they have never heard of sexual health clinics just for young people, while 11% (10%) said that they know what they are, but not where or how to access them.
- ❑ 3% (1%) of pupils responded that they have used sexual health clinics just for young people.

YEAR 10+: SEXUAL RELATIONSHIPS

- ❑ 15% (11%) of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.
- ❑ 39% (49%) of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.
- ❑ 2% (5%) of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.
- ❑ 3% (3%) of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.
- ❑ 21% (11%) of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.

Physical Activity

ENJOY EXERCISE

- ❑ 3% (4%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 73% (74%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

PE LESSONS

- ❑ 75% (74%) of pupils responded that they enjoy their PE lessons, while 15% (17%) are 'not sure' if they do.
- ❑ 69% (67%) of pupils responded that they feel they are getting better at PE, while 21% (21%) are 'not sure' if they are.

SCHOOL SPORTS

- ❑ 46% (47%) of pupils responded that their school has helped them to be more healthy, while 31% (33%) are 'not sure' if it has.
- ❑ 51% (43%) of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
- ❑ 21% (28%) of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.
- ❑ 63% (65%) of pupils responded that they haven't played any sports games or matches at their school this year.
- ❑ 23% (20%) of pupils responded that they have played at least 4 matches at their school this year.
- ❑ 51% (48%) of pupils responded that they haven't played any games or matches against other schools this year.
- ❑ 32% (32%) of pupils responded that they have played at least 4 matches against other schools this year.
- ❑ 17% (18%) of pupils responded that they currently take part in sports volunteering or sports leadership.

EXERCISE

- ❑ 4% (7%) of boys and 13% (8%) of girls responded that they didn't do any physical activity in the week before the survey.
- ❑ 30% (34%) of boys and 14% (23%) of girls responded that they did physical activity on five days or more in the week before the survey.
- ❑ 31% (26%) of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.
- ❑ 8% (12%) of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.
- ❑ 43% (39%) of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more in the week before the survey.
- ❑ 5% (8%) of pupils responded that they did physical activity that caused them to get out of breath and/or

sweaty for an hour or more on at least 5 days in the week before the survey.

- ❑ 79% (80%) of pupils responded that their week's pattern of activity was usual, while 13% (11%) said it was more active than usual and 8% (10%) said it was less active than usual.

Health Services

DOCTOR

- ❑ 66% (71%) of pupils responded that they last visited the doctor in the last 6 months.
- ❑ 17% (13%) of pupils responded that they last visited the doctor more than a year ago.
- ❑ 21% (22%) of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.
- ❑ 20% (20%) of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

AT SCHOOL

- ❑ 35% (31%) of pupils responded that there is a health clinic in their school, while 47% (55%) said they are 'not sure' if there is.
- ❑ 26% (47%) of pupils responded that they know who their School Nurse is, while 3% (2%) said they don't have one.
- ❑ 44% (56%) of pupils responded that they know how to get to see their School Nurse, while 28% (20%) said that they do not know.

DENTAL HEALTH

- ❑ 86% (84%) of pupils responded that they visited the dentist in the last 6 months.
- ❑ 4% (6%) of pupils responded that they last visited the dentist more than a year ago and 1% (1%) said they have never been.

Staying Safe

PEER PRESSURE

- ❑ 67% (64%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 9% (9%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

BULLYING

- ❑ 25% (25%) of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 6% (6%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 20% (21%) of pupils responded that they have been bullied at or near school in the last 12 months, while 12% (13%) said they 'don't know' if they have been.

- ❑ 17% (13%) of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 21% (20%) said they 'don't know' if they have.
- ❑ 21% (9%) of pupils responded that their school deals with bullying 'badly', while 2% (6%) said that bullying is not a problem in their school.
- ❑ 32% (46%) of pupils responded that their school deals with bullying 'quite' or 'very' well.
- ❑ 47% (66%) of pupils responded that they think their school takes bullying seriously, while 37% (24%) said they 'don't know' if it does.
- ❑ 15% (17%) of pupils responded that they were pushed/hit for no reason in the month before the survey and 10% (8%) said they have had belongings taken/broken.
- ❑ 19% (21%) of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 20% (17%) said they experienced it in a classroom during breaktimes.
- ❑ 15% (15%) of pupils responded that they were bullied recently and told their Mum or Dad/carer, while 11% (10%) said they told a teacher or other staff at school.
- ❑ 11% (14%) of pupils responded that the bullying problem stopped after telling someone, while 11% (8%) said it didn't stop.
- ❑ 20% (19%) of boys and 30% (27%) of girls think they are being picked on or bullied because of their size or weight.
- ❑ 26% (21%) of boys and 49% (41%) of girls think they are being picked on or bullied because of the way they look.

LOCAL AREA

- ❑ 69% (77%) of pupils rated their safety at school as 'good' or 'very good'; 41% (51%) said the same of going out after dark.
- ❑ 14% (15%) of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 5% (3%) said the same of being at school.

RELATIONSHIPS

- ❑ 27% (24%) of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

E-SAFETY

- ❑ 81% (84%) of pupils responded that they have chatted on the internet.
- ❑ 36% (35%) of pupils responded that they chat to friends of friends on the internet, while 21% (21%) said they chat to other people who they don't know in real life.
- ❑ 18% (18%) of pupils responded that they have received a hurtful, nasty or scary message online, while 10% (8%) said someone has changed their password.

- ❑ 13% (10%) of pupils responded that they have given personal information to someone online who they didn't know in real life.
- ❑ 22% (20%) of pupils responded that someone online who they didn't know has asked to see pictures of them.
- ❑ 6% (5%) of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.
- ❑ 5% (2%) of pupils responded that they have sent sexual pictures of themselves to someone they don't know.
- ❑ 7% (6%) of pupils responded that they have sent sexual pictures of themselves to someone they do know.
- ❑ 20% (16%) of pupils responded that someone they don't know in person has asked to meet with them; 11% (6%) said this person was, as far as they know, quite a bit older than them and 5% (3%) said they did actually meet up with them.
- ❑ 91% (93%) of pupils responded that they have been told how to stay safe while online.
- ❑ 73% (73%) of pupils responded that they always follow the advice they have been given about how to stay safe online.
- ❑ 65% (63%) of pupils responded that they have blocked someone because of something upsetting that happened online and 2% (2%) said they have reported something to CEOP.

Enjoying & Achieving

FUTURE PLANS

- ❑ 41% (47%) of boys and 47% (57%) of girls responded that they want to continue in full-time education at the end of Year 11.
- ❑ 37% (33%) of boys and 53% (39%) of girls responded that they want to find a job as soon as they can at the end of Year 11.
- ❑ 45% (47%) of boys and 41% (47%) of girls responded that they want to get training for a skilled job at the end of Year 11.
- ❑ 14% (11%) of boys and 13% (8%) of girls responded that they want to start a family at the end of Year 11.

SCHOOL LESSONS

- ❑ 46% (47%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 8% (9%) of pupils responded that they enjoy 'hardly any' of their lessons at school.
- ❑ 17% (24%) of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
- ❑ 10% (15%) of pupils responded that they have found school lessons about citizenship 'not at all' useful.

ATTENDANCE

- ❑ 91% (89%) of pupils responded that they think it is important to go to school regularly, while 2% (3%) think it isn't important.
- ❑ 62% (68%) of pupils responded that they were away from school due to illness or injury in the 12 months before the survey, while 37% (41%) said they have been away due to doctor/dentist appointments.

EVERY CHILD MATTERS

- ❑ 27% (40%) of pupils responded that they think the school cares whether they are happy or not and 61% (68%) said their work is marked so they can see how to improve it.

Leisure

- ❑ 70% (74%) of pupils responded that they spent time watching TV after school on the day before the survey, while 56% (68%) did homework and 48% (47%) played video games.

- ❑ 58% (61%) of pupils responded that they listened to music after school on the day before the survey, while 26% (28%) said they met with friends.

Making a Positive Contribution

- ❑ 54% (58%) of pupils responded that they are asked for their opinions about what they learn in school; 36% (40%) said their opinions make a difference and 46% (52%) would like to be consulted more often.
- ❑ 46% (52%) of pupils responded that they are asked for their opinions about how they learn in school; 37% (44%) said their opinions make a difference and 45% (51%) would like to be consulted more often.
- ❑ 43% (49%) of pupils responded that they are asked for their opinions about the school environment; 43% (47%) said their opinions make a difference and 42% (47%) would like to be consulted more often.
- ❑ 29% (33%) of pupils responded that they are asked for their opinions about their community; 29% (32%) said their opinions make a difference and 37% (42%) would like to be consulted more often.

Significant Differences

Significant differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
2. even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your Year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number In sample	20	6.7	8.9	10.2	11.0	11.2
	30	5.5	7.3	8.4	8.9	9.1
	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
	500	1.3	1.8	2.0	2.2	2.2

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about $\pm 6.5\%$.

List of significant differences

Below we have listed some statistically significant differences between East Surrey and Surrey Secondary.

Sig	Your	Wider	Question
***	26%	47%	of pupils responded that they know who their School Nurse is.
***	47%	66%	of pupils responded that they think their school takes bullying seriously.
***	21%	9%	of pupils responded that their school deals with bullying 'badly'.
***	77%	62%	of pupils responded that they have learned about contraception from school lessons.
***	13%	26%	of pupils responded that they never learned about contraception anywhere.
***	32%	46%	of pupils responded that their school deals with bullying 'quite' or 'very' well.
***	81%	68%	of pupils responded that they have learned about sexually transmitted infections from school lessons.
***	50%	63%	of pupils responded that no-one ever smokes at home.
***	56%	68%	of pupils responded that they spent time doing homework after school on the day before the survey.
***	13%	6%	of pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).
***	27%	40%	of pupils responded that they think the school cares whether they are happy or not.
***	42%	54%	of pupils responded that they 'never' drink alcohol.
***	7%	15%	of pupils responded that they never learned about sexually transmitted infections anywhere.
***	85%	74%	of pupils responded that the place where they can get a school lunch is crowded.
***	44%	56%	of pupils responded that they know how to get to see their School Nurse.
***	18%	10%	of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.
***	25%	17%	of pupils responded that they have smoked in the past or smoke now.
***	87%	78%	of pupils responded that they are in charge of their health.
***	23%	15%	of pupils responded that they have been offered cannabis.
***	41%	31%	of pupils responded that they know where they can get condoms free of charge.
***	41%	32%	of pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.
***	13%	8%	of pupils responded that they only had a drink before lessons on the day of the survey.
***	21%	11%	of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.
***	32%	24%	of pupils responded that smoking happens only outside.
***	69%	77%	of pupils rated their safety at school as 'good' or 'very good'.
***	69%	77%	of pupils rated their safety when going out after dark as 'good' or 'very good'.
**	39%	31%	of pupils responded that their parents/carers smoke.
**	43%	51%	of pupils responded that they eat fresh fruit 'on most days'.
**	51%	43%	of pupils responded that they don't go to any sports clubs at lunch time or after school each week.
**	17%	24%	of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
**	57%	49%	of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs.
*	13%	8%	of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey.
*	43%	51%	of pupils responded that they want to continue in full-time education at the end of Year 11.
*	63%	70%	of pupils responded that they believe 'none or just a few' people their age took cannabis in the 7 days before the survey.
*	96%	92%	of pupils agreed with at least one statement about being in control of their health (Q12a&c).
*	61%	68%	of pupils responded that their work is marked so they can see how to improve it.
*	21%	28%	of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.
*	2%	6%	of pupils responded that bullying is not a problem in their school.

*	11%	7%	of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
*	43%	36%	of pupils responded that they want to find a job as soon as they can at the end of Year 11.
*	13%	9%	of pupils responded that someone smokes indoors at home in rooms that they use.
*	10%	15%	of pupils responded that they have found school lessons about citizenship 'not at all' useful.
*	83%	77%	of pupils responded that they are White British.
*	39%	46%	of pupils responded that they 'usually' or 'always' talk to someone when they have a problem that worries them or they are feeling stressed.
*	37%	44%	of pupils responded that the opinions of young people make a difference to decisions made about how they learn in school.
*	31%	38%	of pupils responded that they had school food for lunch on the day before the survey.
*	10%	6%	of pupils responded that smoking happens in certain rooms only.
Tests: Chi-squared (χ^2). KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).			

Pupil Comparisons

We have identified a few questions to consider in more detail to see how answers vary for different groups of students. We know that we get different answers depending on the age and experience of pupils and we also know that boys and girls often give different answers, for example to the physical activity questions, with boys in general being more active than the girls.

For each example, the question we are looking at is listed at the top of the table and beneath that, the question responses we are identifying are shown with the sample sizes involved.

The sample size for each table is shown in bold at the top of each column (overall Surrey Secondary data in brackets).

Question	→	Q3. Which adults do you live with?		
Answer options	→	'Mum & Dad together'	Other (not Mum & Dad)	Overall
Sample sizes	→	247 (2753)	155 (1747)	403 (4523)
Pupils who responded that they currently have free school meals.		7% (5%)	12% (17%)	9% (10%)
Pupils who responded that they are a 'young carer'.		4% (4%)	5% (8%)	5% (6%)

In the example above, 247 pupils in this school live with both parents together and 155 pupils don't.

When we look at the question which asks if they have free school meals, 9% of the whole school sample said they were compared with (10%) in the wider county sample. Breaking this down further by who they live with, 7% of pupils in this school who live with both parents had free school meals compared with 12% of pupils who don't live with both parents together.

Considerations

When interpreting the differences between the groups we have listed it is important to consider what else might have had an impact on the results. For example, girls generally record lower levels of high self-esteem so the observed differences may have more to do with gender differences than low/high self-esteem differences.

We hope that the following pages are useful, particularly as evidence for inequalities. If you need any help in interpreting the data, please don't hesitate to contact us at the unit.

Pupil Comparisons

The first comparison is between those who said they live with both parents together compared with those who didn't. The sample size for each table is shown in bold at the top of each column. (Surrey Secondary data in brackets).

Q3. Which adults do you live with?

	'Mum & dad together' 159 (1457)	Other (not mum & dad) 84 (690)	Overall 244 (2168)
Pupils who described themselves as White British.	80% (76%)	87% (79%)	83% (77%)
Pupils who responded that they are a 'young carer'.	4% (4%)	4% (9%)	5% (6%)
Pupils who responded that they are currently/were previously eligible for free school meals or vouchers for free school meals.	21% (14%)	33% (34%)	25% (21%)
Pupils who responded that they are in charge of their health.	87% (79%)	87% (78%)	87% (78%)
Pupils who responded that they are happy with their weight as it is.	56% (54%)	49% (47%)	54% (52%)
Pupils who responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.	20% (23%)	19% (20%)	19% (22%)
Pupils who responded that they didn't have any lunch on the day before the survey.	15% (11%)	20% (17%)	17% (13%)
Pupils who responded that they didn't have anything to eat or drink before lessons on the day of the survey.	13% (10%)	15% (18%)	14% (12%)
Pupils who responded that they had an alcoholic drink in the 7 days before the survey.	9% (11%)	17% (16%)	12% (12%)
Pupils who responded that they have tried smoking in the past or smoke now.	21% (12%)	33% (25%)	25% (17%)
Pupils who responded that they smoked at least one cigarette in the 7 days before the survey.	4% (1%)	7% (5%)	5% (3%)
Pupils who responded that their parents/carers smoke.	29% (24%)	58% (45%)	39% (31%)
Pupils who responded that they are 'fairly sure' or 'certain' they know someone personally who uses drugs.	38% (29%)	48% (39%)	41% (32%)
Pupils who responded that they have taken drugs to get high (not medicines, tobacco or alcohol).	11% (5%)	14% (8%)	13% (6%)
Pupils who responded that they are 'not at all' happy with their life at the moment.	3% (3%)	4% (7%)	3% (4%)
Pupils who had a med-high self-esteem score (10 or more).	80% (81%)	76% (70%)	79% (77%)
Pupils who responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.	70% (70%)	75% (80%)	72% (73%)
Pupils who had a high measure of resilience (26+).	23% (22%)	14% (14%)	20% (20%)
Pupils who responded that they know where they can get condoms free of charge.	37% (29%)	46% (36%)	41% (31%)
Year 10+ pupils who responded that they are either in a sexual relationship or have had one in the past.	17% (8%)	28% (17%)	21% (11%)
Pupils who responded that they did physical activity on five days or more in the week before the survey.	26% (31%)	17% (25%)	24% (29%)
Pupils who responded that they feel afraid of going to school because of bullying at least 'sometimes'.	23% (24%)	28% (28%)	25% (25%)
Pupils who responded that they would like to continue in full-time education after the end of Year 11.	48% (54%)	35% (46%)	43% (51%)
Pupils who responded that they enjoy 'most' or 'all' lessons at school.	49% (50%)	40% (40%)	46% (47%)
Pupils who agreed that the school cares whether they are happy or not.	29% (43%)	25% (34%)	27% (40%)

Q11. In the last 6 years, have you ever had free school meals, or vouchers for free meals?

	Currently or previously eligible 61 (442)	'No' 161 (1516)	Overall 244 (2168)
Pupils who described themselves as White British.	77% (72%)	84% (78%)	83% (77%)
Pupils who responded that they live with their mum and dad together.	54% (46%)	71% (75%)	65% (68%)
Pupils who responded that they are a 'young carer'.	3% (12%)	4% (4%)	5% (6%)
Pupils who responded that they are in charge of their health.	92% (78%)	87% (79%)	87% (78%)
Pupils who responded that they are happy with their weight as it is.	67% (50%)	49% (53%)	54% (52%)
Pupils who responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.	23% (21%)	20% (23%)	19% (22%)
Pupils who responded that they didn't have any lunch on the day before the survey.	10% (14%)	19% (12%)	17% (13%)
Pupils who responded that they didn't have anything to eat or drink before lessons on the day of the survey.	10% (15%)	16% (12%)	14% (12%)
Pupils who responded that they had an alcoholic drink in the 7 days before the survey.	13% (11%)	12% (13%)	12% (12%)
Pupils who responded that they have tried smoking in the past or smoke now.	17% (21%)	28% (15%)	25% (17%)
Pupils who responded that they smoked at least one cigarette in the 7 days before the survey.	2% (4%)	6% (2%)	5% (3%)
Pupils who responded that their parents/carers smoke.	53% (47%)	33% (26%)	39% (31%)
Pupils who responded that they are 'fairly sure' or 'certain' they know someone personally who uses drugs.	34% (36%)	45% (32%)	41% (32%)
Pupils who responded that they have taken drugs to get high (not medicines, tobacco or alcohol).	10% (6%)	14% (6%)	13% (6%)
Pupils who responded that they are 'not at all' happy with their life at the moment.	0% (7%)	5% (4%)	3% (4%)
Pupils who had a med-high self-esteem score (10 or more).	90% (74%)	74% (78%)	79% (77%)
Pupils who responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.	66% (77%)	75% (73%)	72% (73%)
Pupils who had a high measure of resilience (26+).	21% (19%)	22% (21%)	20% (20%)
Pupils who responded that they know where they can get condoms free of charge.	39% (32%)	42% (32%)	41% (31%)
Year 10+ pupils who responded that they are either in a sexual relationship or have had one in the past.	28% (17%)	20% (10%)	21% (11%)
Pupils who responded that they did physical activity on five days or more in the week before the survey.	23% (29%)	23% (30%)	24% (29%)
Pupils who responded that they feel afraid of going to school because of bullying at least 'sometimes'.	18% (28%)	29% (24%)	25% (25%)
Pupils who responded that they would like to continue in full-time education after the end of Year 11.	31% (42%)	50% (56%)	43% (51%)
Pupils who responded that they enjoy 'most' or 'all' lessons at school.	48% (44%)	45% (48%)	46% (47%)
Pupils who agreed that the school cares whether they are happy or not.	33% (39%)	22% (41%)	27% (40%)

Q17. How many portions of fruit and vegetables did you eat yesterday?

	0 – 4 portions 183 (1596)	5+ portions 44 (451)	Overall 244 (2168)
Pupils who described themselves as White British.	85% (77%)	77% (75%)	83% (77%)
Pupils who responded that they live with their mum and dad together.	64% (68%)	66% (71%)	65% (68%)
Pupils who responded that they are a 'young carer'.	4% (6%)	2% (5%)	5% (6%)
Pupils who responded that they are currently/were previously eligible for free school meals or vouchers for free school meals.	24% (21%)	30% (19%)	25% (21%)
Pupils who responded that they are in charge of their health.	86% (78%)	89% (81%)	87% (78%)
Pupils who responded that they are happy with their weight as it is.	55% (50%)	45% (59%)	54% (52%)
Pupils who responded that they didn't have any lunch on the day before the survey.	16% (13%)	20% (10%)	17% (13%)
Pupils who responded that they didn't have anything to eat or drink before lessons on the day of the survey.	16% (13%)	7% (8%)	14% (12%)
Pupils who responded that they had an alcoholic drink in the 7 days before the survey.	10% (12%)	14% (13%)	12% (12%)
Pupils who responded that they have tried smoking in the past or smoke now.	25% (17%)	20% (12%)	25% (17%)
Pupils who responded that they smoked at least one cigarette in the 7 days before the survey.	6% (2%)	2% (2%)	5% (3%)
Pupils who responded that their parents/carers smoke.	41% (33%)	32% (22%)	39% (31%)
Pupils who responded that they are 'fairly sure' or 'certain' they know someone personally who uses drugs.	39% (32%)	43% (31%)	41% (32%)
Pupils who responded that they have taken drugs to get high (not medicines, tobacco or alcohol).	13% (6%)	7% (4%)	13% (6%)
Pupils who responded that they are 'not at all' happy with their life at the moment.	4% (4%)	2% (3%)	3% (4%)
Pupils who had a med-high self-esteem score (10 or more).	77% (76%)	82% (80%)	79% (77%)
Pupils who responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.	73% (75%)	73% (73%)	72% (73%)
Pupils who had a high measure of resilience (26+).	18% (18%)	23% (25%)	20% (20%)
Pupils who responded that they know where they can get condoms free of charge.	40% (31%)	48% (30%)	41% (31%)
Year 10+ pupils who responded that they are either in a sexual relationship or have had one in the past.	25% (11%)	6% (12%)	21% (11%)
Pupils who responded that they did physical activity on five days or more in the week before the survey.	22% (26%)	26% (44%)	24% (29%)
Pupils who responded that they feel afraid of going to school because of bullying at least 'sometimes'.	25% (26%)	28% (24%)	25% (25%)
Pupils who responded that they would like to continue in full-time education after the end of Year 11.	43% (51%)	45% (59%)	43% (51%)
Pupils who responded that they enjoy 'most' or 'all' lessons at school.	46% (45%)	44% (51%)	46% (47%)
Pupils who agreed that the school cares whether they are happy or not.	31% (40%)	14% (44%)	27% (40%)

Q40. Composite self-esteem score:

	Med-low score 50 (481)	Med-high score 187 (1643)	Overall 244 (2168)
Pupils who described themselves as White British.	84% (77%)	83% (77%)	83% (77%)
Pupils who responded that they live with their mum and dad together.	62% (58%)	67% (71%)	65% (68%)
Pupils who responded that they are a 'young carer'.	6% (11%)	4% (5%)	5% (6%)
Pupils who responded that they are currently/were previously eligible for free school meals or vouchers for free school meals.	12% (23%)	28% (20%)	25% (21%)
Pupils who responded that they are in charge of their health.	86% (69%)	89% (81%)	87% (78%)
Pupils who responded that they are happy with their weight as it is.	28% (29%)	61% (59%)	54% (52%)
Pupils who responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.	17% (20%)	21% (23%)	19% (22%)
Pupils who responded that they didn't have any lunch on the day before the survey.	38% (26%)	11% (9%)	17% (13%)
Pupils who responded that they didn't have anything to eat or drink before lessons on the day of the survey.	22% (21%)	11% (10%)	14% (12%)
Pupils who responded that they had an alcoholic drink in the 7 days before the survey.	8% (12%)	11% (12%)	12% (12%)
Pupils who responded that they have tried smoking in the past or smoke now.	31% (22%)	23% (15%)	25% (17%)
Pupils who responded that they smoked at least one cigarette in the 7 days before the survey.	9% (5%)	4% (2%)	5% (3%)
Pupils who responded that their parents/carers smoke.	44% (42%)	37% (28%)	39% (31%)
Pupils who responded that they are 'fairly sure' or 'certain' they know someone personally who uses drugs.	43% (39%)	41% (30%)	41% (32%)
Pupils who responded that they have taken drugs to get high (not medicines, tobacco or alcohol).	16% (6%)	10% (5%)	13% (6%)
Pupils who responded that they are 'not at all' happy with their life at the moment.	12% (15%)	1% (1%)	3% (4%)
Pupils who responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.	96% (96%)	67% (68%)	72% (73%)
Pupils who had a high measure of resilience (26+).	11% (8%)	23% (23%)	20% (20%)
Pupils who responded that they know where they can get condoms free of charge.	41% (28%)	39% (31%)	41% (31%)
Year 10+ pupils who responded that they are either in a sexual relationship or have had one in the past.	32% (17%)	18% (10%)	21% (11%)
Pupils who responded that they did physical activity on five days or more in the week before the survey.	20% (25%)	24% (30%)	24% (29%)
Pupils who responded that they feel afraid of going to school because of bullying at least 'sometimes'.	54% (60%)	16% (14%)	25% (25%)
Pupils who responded that they would like to continue in full-time education after the end of Year 11.	56% (48%)	41% (54%)	43% (51%)
Pupils who responded that they enjoy 'most' or 'all' lessons at school.	35% (30%)	49% (52%)	46% (47%)
Pupils who agreed that the school cares whether they are happy or not.	16% (24%)	32% (46%)	27% (40%)

Background

Ethnicity

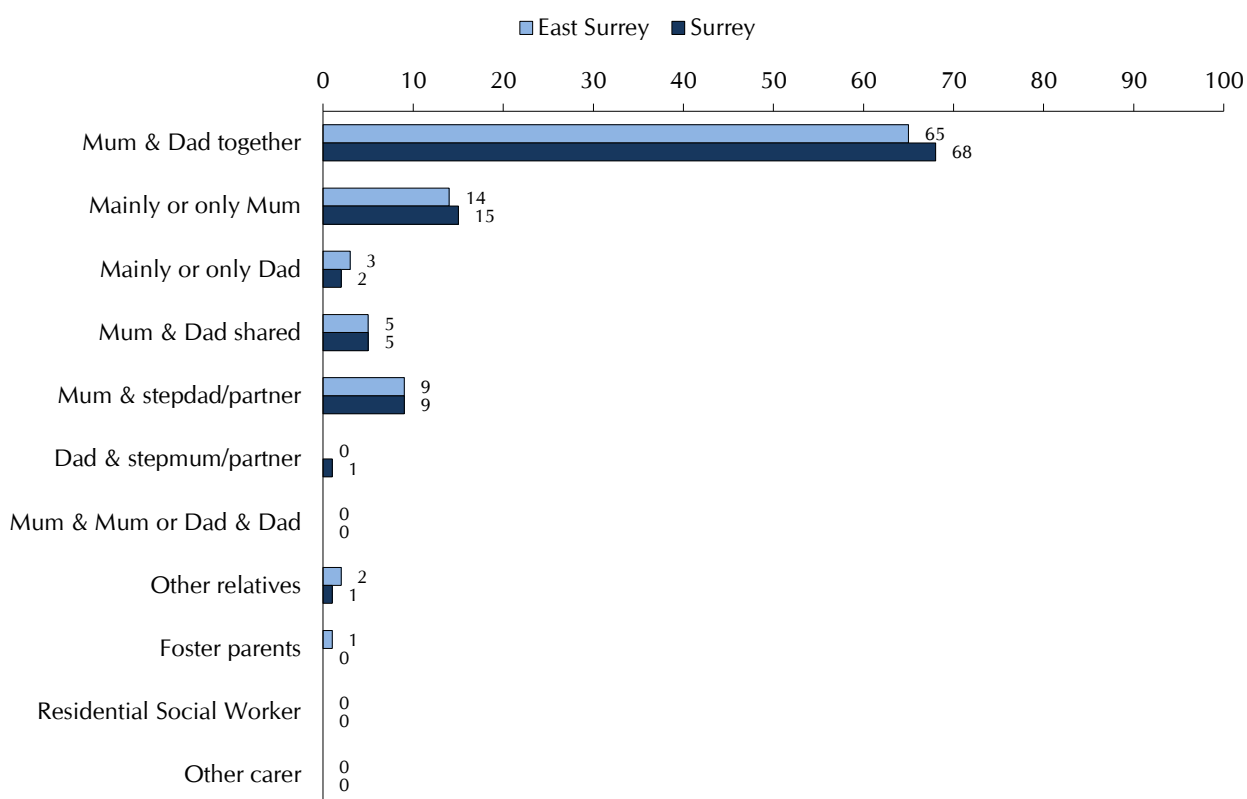
83% (77%) of pupils responded that they are White British.

Q1. Percentage answering that they are White British.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	75	92	73	80
Girls	75	87	75	81

Home life

Q3. Which adults do you live with?



65% (68%) of pupils responded that they live with their Mum and Dad together.

Q3. Percentage answering that they live with their Mum and Dad together.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	65	67	71	68
Girls	68	62	67	65

14% (15%) of pupils responded that they live 'mainly or only' with their Mum, while 3% (2%) said they live 'mainly or only' with their Dad.

Q3. Percentage answering that they live 'mainly or only' with their Mum.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	14	13	13	14
Girls	7	22	15	16

Special needs

1% (1%) of pupils responded that someone helped them to fill in the questionnaire, while 2% (2%) said they are 'not sure' if someone helped them and 2% (1%) didn't want to say.

1% (1%) of pupils responded that they are disabled, while 3% (3%) said they are 'not sure' if they are and 2% (1%) didn't want to say.

13% (13%) of pupils responded that they have a long-standing illness, while 6% (6%) said they are 'not sure' if they have and 0% (1%) didn't want to say.

8% (9%) of pupils responded that they have a special educational need or learning difficulty, while 6% (8%) said they are 'not sure' if they have and 1% (1%) didn't want to say.

5% (7%) of pupils responded that their additional needs are properly looked after in school, while 2% (3%) said they are 'not sure' if they are and 7% (7%) don't have any needs like that.

This works out as 40% (55%) of the 30 (272) pupils with additional needs responding that their needs are properly looked after.

Q4. Percentage answering that someone helped them to fill in the questionnaire.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	3	2	1
Girls	0	0	1	1

Q5. Percentage answering that they are disabled.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	1	2	2
Girls	0	2	0	0

Q6. Percentage answering that they have a long-standing illness.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	12	14	15	10
Girls	14	13	13	14

Q7. Percentage answering that they have a special educational need or learning difficulty.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	10	11	10
Girls	7	6	6	6

Q8. Percentage answering that they have additional needs which are looked after properly in school.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	7	10	8
Girls	2	9	3	5

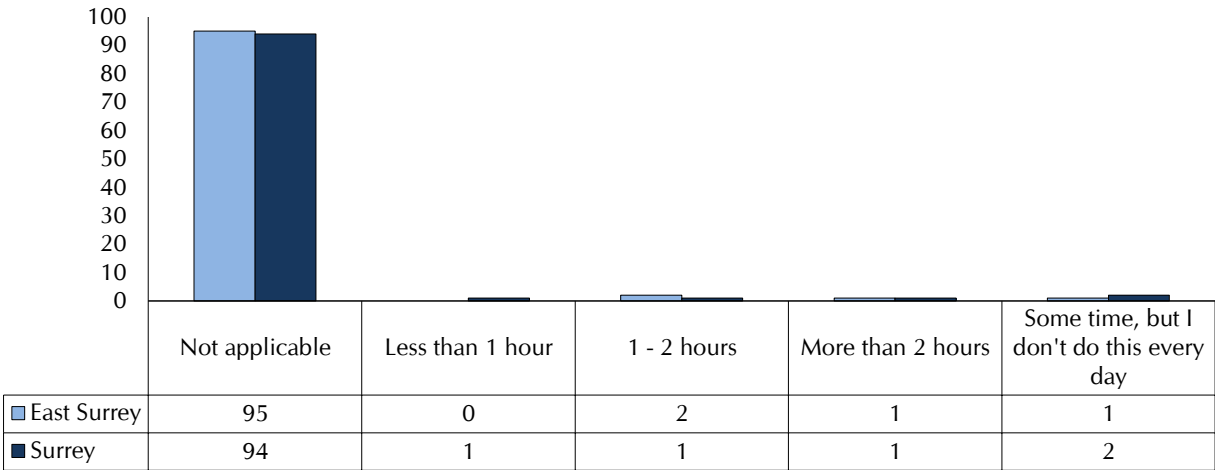
Young carers

5% (6%) of pupils responded that they are a ‘young carer’, while 3% (4%) said they are ‘not sure’ if they are and 2% (1%) didn’t want to say.

Q9a. Percentage answering that they are a ‘young carer’.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	3	6	7	4
Girls	9	2	7	7

Q9c. If you are a ‘young carer’, how much of your time does it take up each day?



3% (2%) of pupils responded that being a young carer takes up at least an hour of their time each day, while 0% (1%) said it takes up less than an hour.

Q9c. Percentage answering that being a young carer takes up at least an hour of their time each day.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	3	1	2	2
Girls	7	2	2	3

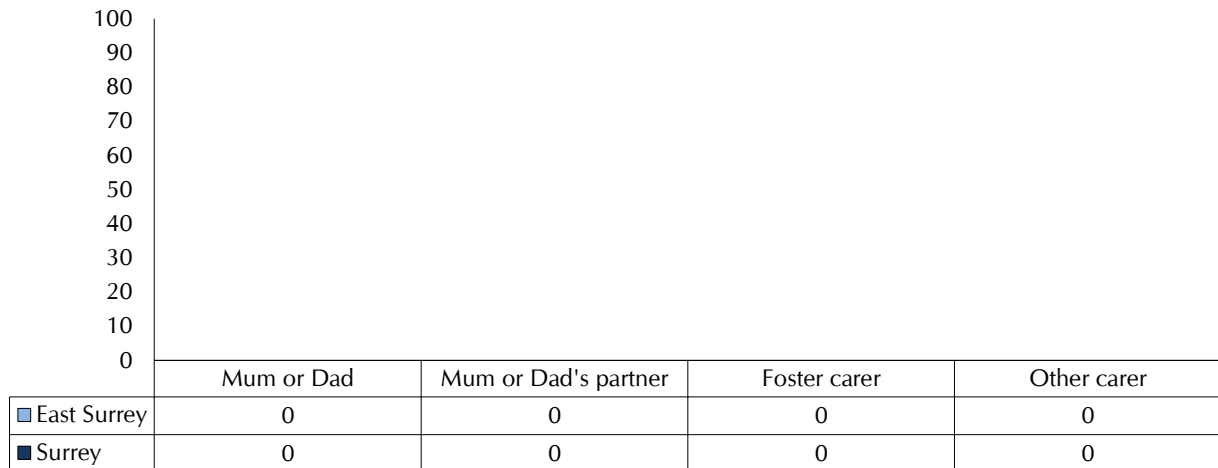
Armed forces

5% (3%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 4% (3%) said they are 'not sure' if they do and 0% (0%) didn't want to say.

Q10a. Percentage answering that they have a parent/carer who is in the armed forces.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	9	0	5	2
Girls	7	2	3	2

Q10b. If yes, who is it?



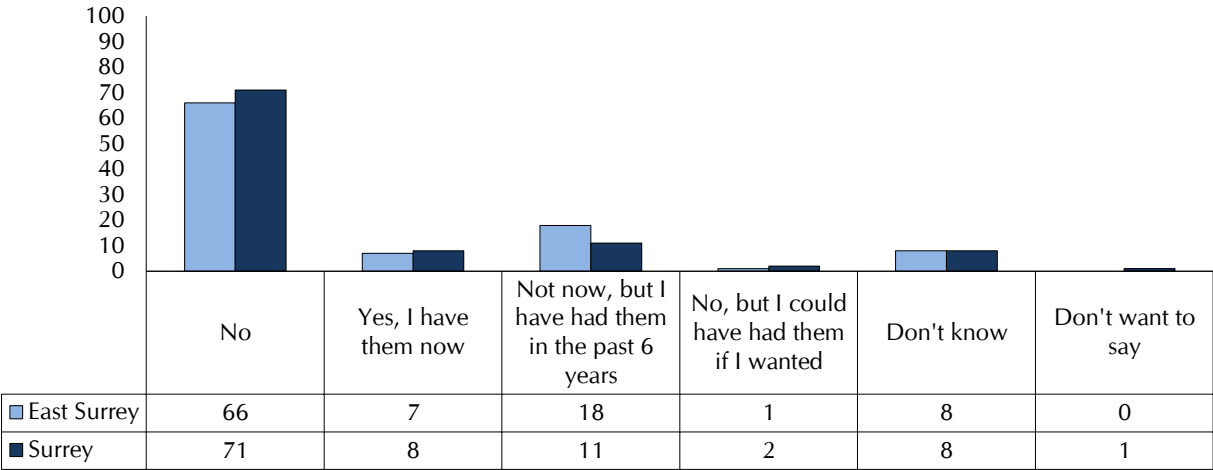
0% (0%) of pupils responded that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 0% (0%) said their Mum or Dad's partner is.

Q10b. Percentage answering that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	0	0	0
Girls	0	2	1	1

Free school meals

Q11. In the last 6 years have you ever had free school meals, or vouchers for free meals?



7% (8%) of pupils responded that they currently have free school meals, while 18% (11%) said they have had them in the last 6 years and 1% (2%) said they could have them if they wanted.

Q11. Percentage answering that they currently have free school meals.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	9	6	8	6
Girls	2	7	8	9

Healthy Eating

Control over health

96% (92%) of pupils agreed with at least one statement about being in control of their health (Q12a&c).

Q12. Percentage agreeing with statements Q12a and/or Q12c.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	96	97	89	96
Girls	93	96	89	94

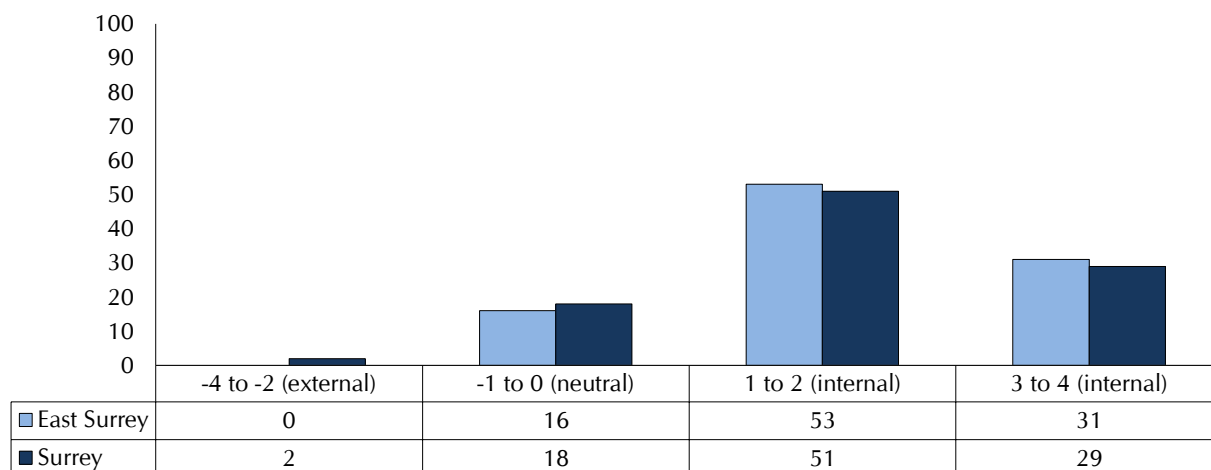
49% (51%) of pupils agreed with at least one statement saying that they weren't in control of their health (Q12b&d).

Q12. Percentage agreeing with statements Q12b and/or Q12d.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	46	52	52	52
Girls	50	47	48	50

For an overall 'control' score SHEU add together the scores for the two 'controlling' items (a + c) and take away the score for the two 'chance' items (b + d). This gives a score, in the jargon, of 'health locus of control', whether a person sees themselves as being generally in control of their health or not. If not then this fatalism may make health warnings irrelevant.

Q12. Aggregate health locus of control score:



87% (78%) of pupils responded that they are in charge of their health, while 46% (46%) said that even if they look after themselves, they can still easily fall ill.

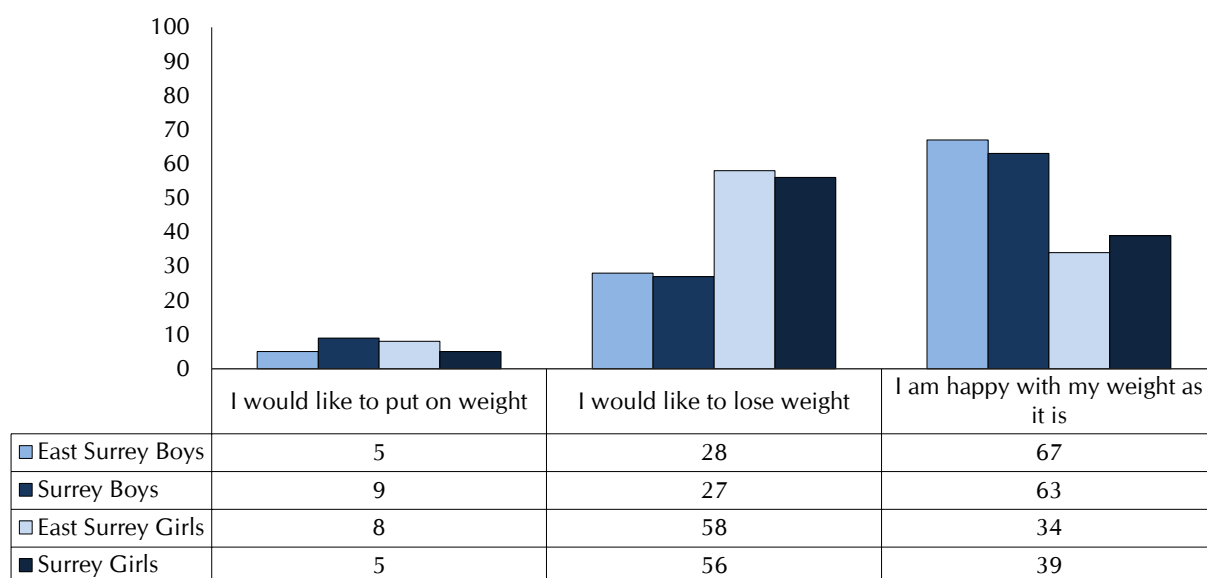
Q12. Percentage of pupils responding that they 'agree' with the following statements (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
a. "I am in charge of my health."	88 (74)	84 (71)	90 (88)	85 (84)	87 (78)
b. "If I keep healthy, I've just been lucky."	14 (11)	9 (11)	1 (8)	11 (10)	9 (10)
c. "If I take care of myself I'll stay healthy."	80 (78)	86 (76)	79 (85)	85 (81)	82 (79)
d. "Even if I look after myself I can still easily fall ill."	39 (47)	48 (43)	52 (48)	45 (46)	46 (46)
e. "I think I'm healthy but I don't make much effort."*	28 (25)	36 (25)	49 (40)	38 (36)	38 (30)

*This item does not contribute to the calculation of the health locus of control.

Weight & appearance

Q14. Weight: Which statement describes you best?



6% (7%) of pupils responded that they would like to put on weight.

Q14. Percentage answering that they would like to put on weight.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	1	7	13
Girls	7	9	5	4

40% (41%) of pupils responded that they would like to lose weight.

Q14. Percentage answering that they would like to lose weight.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	29	27	31	22
Girls	57	58	52	61

54% (52%) of pupils responded that they are happy with their weight as it is.

Q14. Percentage answering that they are happy with their weight as it is.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	63	72	62	65
Girls	36	33	43	35

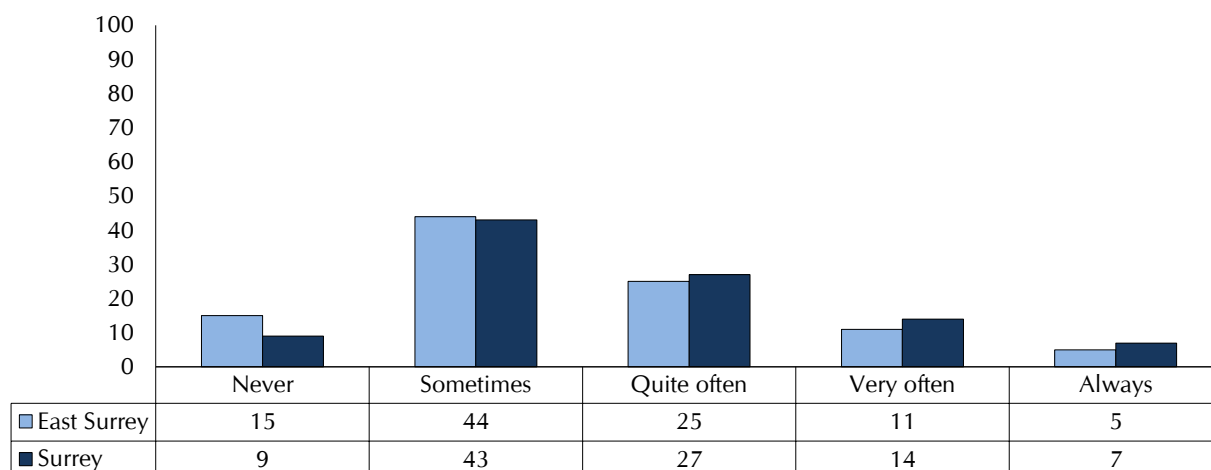
24% (22%) of pupils responded that they are the main thing that affects the way they feel about their appearance, while 38% (36%) said that the comments/attitudes of other people at school affect them.

Q15. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance (top 5 – Surrey Secondary data in brackets):

Boys				Girls			
1	Comments/attitudes of friends	32	(35)	1	Comments/attitudes of other people at school	51	(45)
2	Just me	30	(28)	2	Comments/attitudes of friends	31	(32)
3	Comments/attitudes of other people at school	29	(28)	3	Seeing images of people on TV and in films	25	(30)
4	Seeing images of people on TV and in films	16	(15)	4	Comments/attitudes of parents	21	(13)
5	Seeing images of people involved in sport/music/dance	14	(19)	5	Seeing images of people in features about fashion	19	(20)

Healthy choices

Q16. When choosing what to eat, do you consider your health?



59% (55%) of boys and 58% (49%) of girls responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.

Q16. Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	53	66	52	60
Girls	59	56	48	49

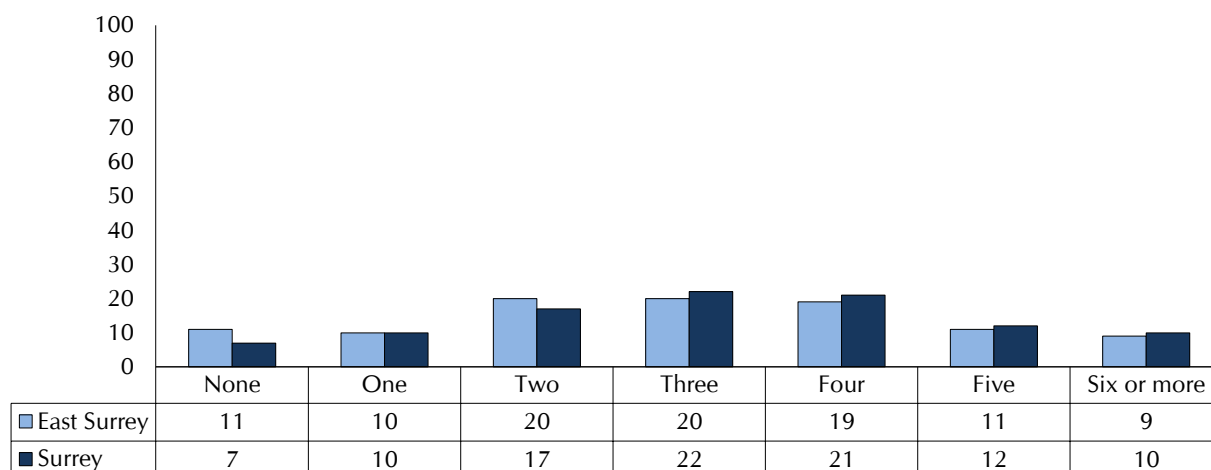
16% (19%) of boys and 17% (24%) of girls responded that they 'very often' or 'always' consider their health when choosing what to eat.

Q16. Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	21	11	21	16
Girls	11	22	25	23

5-a-day

Q17. How many portions of fruit and vegetables did you eat yesterday?



11% (7%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q17. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	11	16	8	7
Girls	11	8	7	5

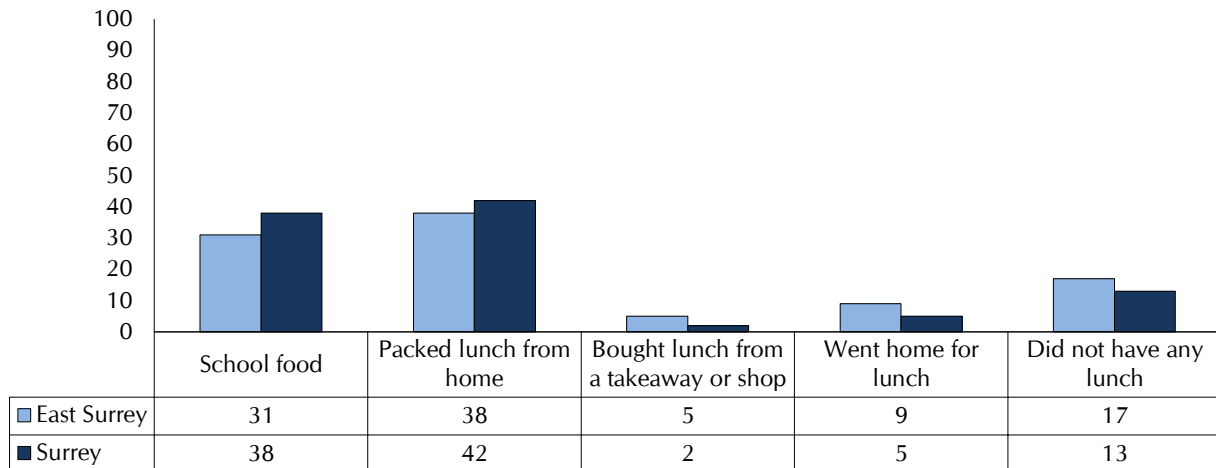
19% (22%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Q17. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	22	17	22	20
Girls	18	19	25	22

Lunch

Q18. What did you do for lunch yesterday?



31% (38%) of pupils responded that they had school food for lunch on the day before the survey.

Q18. Percentage answering that they had school food for lunch on the day before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	47	23	48	33
Girls	39	13	40	24

17% (13%) of pupils responded that they didn't have any lunch on the day before the survey.

Q18. Percentage answering that they didn't have any lunch on the day before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	17	7	13
Girls	25	22	16	16

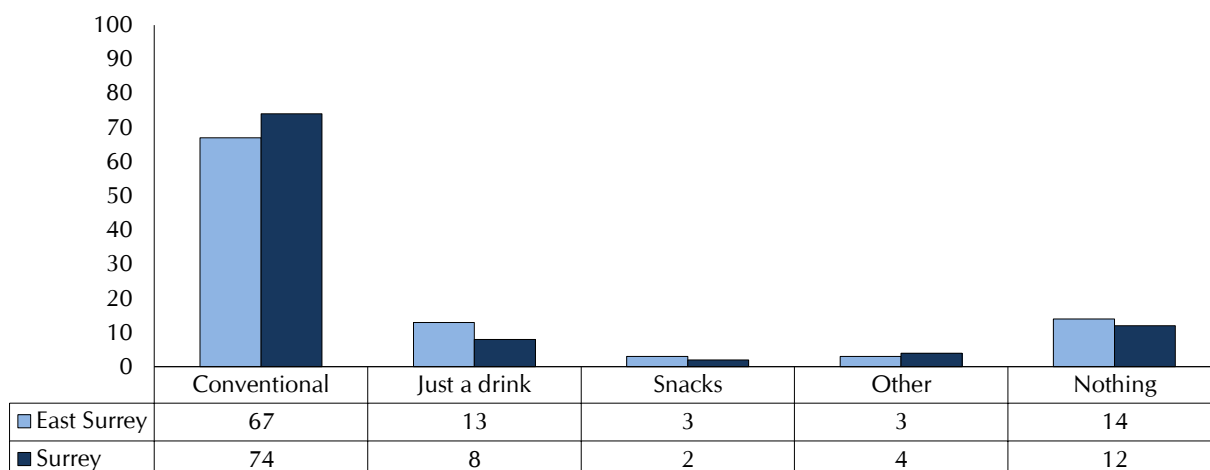
85% (74%) of pupils responded that the place where they can get a school lunch is crowded and 57% (58%) said it is busy.

Q19. Percentage of pupils responding that they would describe the place where they can get a school lunch as the following (Surrey Secondary data in brackets):

Boys				Girls			
1	Crowded	81	(71)	1	Crowded	90	(78)
2	Busy	50	(56)	2	Busy	67	(61)
3	Rushed	48	(44)	3	Rushed	52	(47)
4	Smelly	13	(7)	4	Smelly	9	(7)
5	Happy	7	(18)	5	Happy	8	(17)
6	Safe	6	(15)	6	Friendly	4	(21)
7	Friendly	4	(17)	7	Safe	3	(13)
8	Relaxed	2	(5)	8	Relaxed	0	(5)

Breakfast

Q20. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; porridge; toast or bread; cooked breakfast; fruit; yoghurt or a breakfast bar. Only snacks means: chocolate bar or sweets; biscuits, cakes or croissants or crisp-type snack but not conventional breakfast.

14% (12%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.

Q20. Percentage answering that they didn't have anything to eat or drink before lessons on the day of the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	11	13	9	10
Girls	14	18	14	17

13% (8%) of pupils responded that they only had a drink before lessons on the day of the survey.

Q20. Percentage answering that they only had a drink before lessons on the day of the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	14	8	7	7
Girls	18	15	7	9

26% (25%) of pupils responded that they had toast or bread before lessons on the day of the survey, while 10% (13%) had fruit.

Q20. Percentage of pupils responding that they had the following to eat for breakfast on the day of the survey (top 5 – Surrey Secondary data in brackets):

Boys				Girls			
1	Toast or bread	27	(25)	1	Toast or bread	25	(24)
2	Other cereals	21	(32)	2	Other cereals	13	(22)
3	Sugar-coated cereals	12	(9)	3	Fruit	10	(13)
4	Fruit	10	(13)	4	Porridge/Ready brek	9	(5)
5	Biscuits/cakes/croissants	10	(6)	5	Yoghurt	8	(8)

Q20. Percentage of pupils responding that they had the following to drink for breakfast on the day of the survey (top 3 – Surrey Secondary data in brackets):

Boys				Girls			
1	Other drink	26	(30)	1	Other drink	36	(32)
2	Energy drink (e.g. Red Bull, Relentless)	12	(6)	2	Tea/ice tea	19	(14)
3	Tea/ice tea	10	(10)	3	Coffee/cappuccino	7	(4)

Food & drink

43% (51%) of pupils responded that they eat fresh fruit 'on most days'; 51% (58%) said the same for vegetables.

Q21. Percentage of pupils responding that they eat or drink the following 'on most days' (top 10 – Surrey Secondary data in brackets):

Boys				Girls			
1	Water	77	(83)	1	Water	85	(84)
2	Milk	54	(57)	2	Vegetables	56	(63)
3	Vegetables	48	(54)	3	Fresh fruit	45	(57)
4	Fresh fruit	41	(47)	4	Sweets, chocolate, choc bars	33	(26)
5	Crisps	38	(26)	5	Crisps	32	(23)
6	Sweets, chocolate, choc bars	28	(25)	6	Milk	31	(41)
7	Tea/ice tea	26	(18)	7	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	17	(10)
8	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	25	(16)	8	Salads	16	(23)
9	Cheese	23	(20)	9	Tea/ice tea	16	(22)
10	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	23	(13)	10	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	14	(13)

32% (29%) of pupils responded that they 'rarely or never' eat fish/fish fingers.

Q21. Percentage of pupils responding that they 'rarely or never' eat or drink the following (top 10 – Surrey Secondary data in brackets):

Boys				Girls			
1	Coffee/cappuccino	68	(70)	1	Coffee/cappuccino	74	(72)
2	Energy drinks (e.g. Red Bull, Relentless)	47	(56)	2	Energy drinks (e.g. Red Bull, Relentless)	72	(73)
3	'Diet' fizzy drinks (low calorie)	43	(45)	3	Tea/ice tea	58	(40)
4	Tea/ice tea	41	(46)	4	Hot chocolate	38	(37)
5	Hot chocolate	41	(44)	5	Eggs	38	(29)
6	Any fish/fish fingers	35	(27)	6	'Diet' fizzy drinks (low calorie)	37	(53)
7	Takeaways (e.g. burgers, Chinese, Indian, pizza)	30	(35)	7	Takeaways (e.g. burgers, Chinese, Indian, pizza)	35	(46)
8	Eggs	26	(23)	8	Other caffeinated drinks (e.g. Coke, Pepsi, Mountain Dew, Lucozade Energy)	32	(40)
9	Salads	24	(26)	9	Other sugary drinks (e.g. Tango, Sprite, squash, fruit juice)	27	(25)
10	Pulses (peas, beans lentils)	23	(24)	10	Any fish/fish fingers	26	(31)

Alcohol, Smoking & Drugs

Peer perception

Q22. How many people of your age, do you believe...?

	None or just a few	Some	Many	Most of them	All or nearly all
...drank alcohol in the last 7 days?	46 (46)	33 (31)	12 (15)	6 (5)	1 (1)
...have been drunk at least once in the last 7 days?	63 (61)	24 (25)	7 (8)	3 (2)	1 (1)
...have smoked a cigarette in the last 7 days?	38 (42)	27 (31)	20 (16)	10 (7)	3 (2)
...have taken cannabis in the last 7 days?	63 (70)	24 (20)	8 (6)	2 (1)	2 (1)

7% (6%) of pupils responded that they believe at least 'most' people their age drank alcohol in the week before the survey. 46% (46%) said 'none or just a few' did.

Q22a. Percentage answering that they believe at least 'most' people their age drank alcohol in the week before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	8	1	9
Girls	2	13	4	14

4% (3%) of pupils responded that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey. 63% (61%) said 'none or just a few' were.

Q22b. Percentage answering that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	3	3	1	3
Girls	0	11	2	8

13% (8%) of pupils responded that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey. 38% (42%) said 'none or just a few' did.

Q22c. Percentage answering that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	13	3	9
Girls	5	33	8	17

4% (2%) of pupils responded that they believe at least 'most' people their age took cannabis in the 7 days before the survey. 63% (70%) said 'none or just a few' did.

Q22d. Percentage answering that they believe at least 'most' people their age took cannabis in the 7 days before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	6	1	3
Girls	0	4	1	4

Alcohol

12% (12%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.

Q23. Percentage answering that they had an alcoholic drink in the 7 days before the survey.

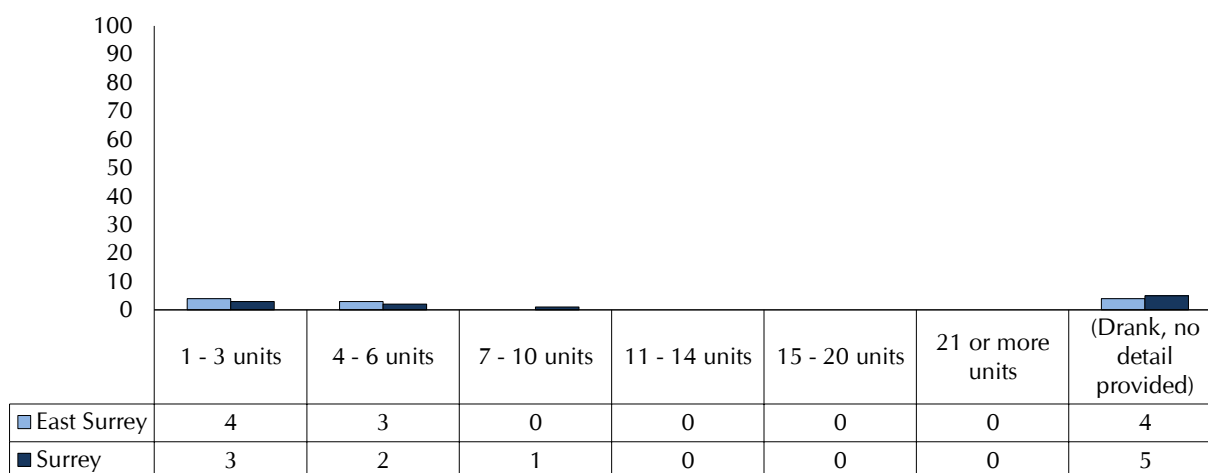
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	6	16	7	20
Girls	9	16	6	21

3% (3%) of pupils responded that they were drunk in the 7 days before the survey.

Q24. Percentage answering that they were drunk in the 7 days before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	1	0	3
Girls	0	11	1	8

Q25. Total units of alcohol pupils reported drinking in the 7 days before the survey:



1% (0%) of boys and 0% (0%) of girls drank over the advised weekly limit of alcohol for adult females of 14 units.

Q25. Percentage answering that they drank over 14 units of alcohol in the 7 days before the survey.

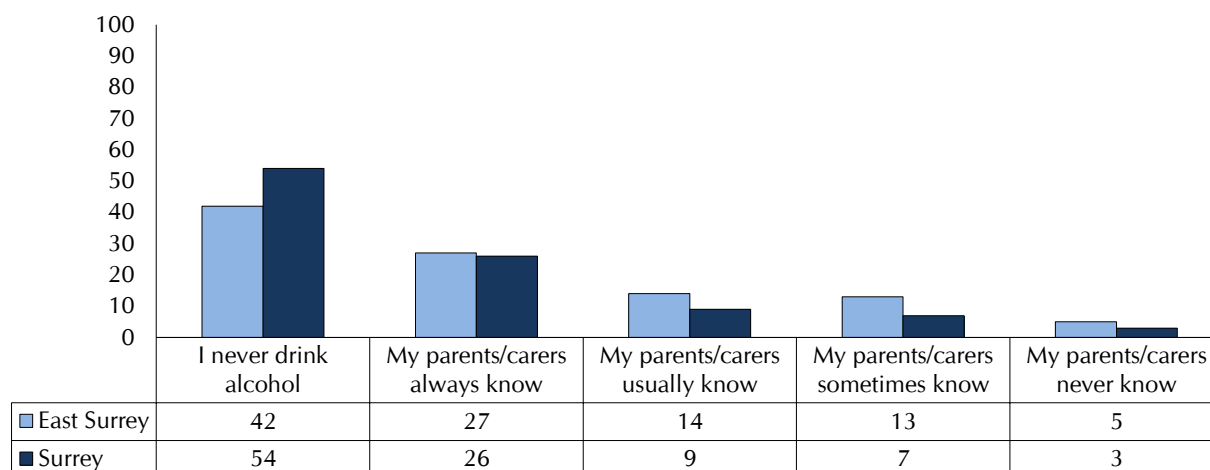
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	0	0	0
Girls	0	0	0	0

2% (3%) of pupils responded that they drank beer or lager in the 7 days before the survey and 2% (2%) said they drank spirits.

Q25. Most popular alcoholic drinks in the 7 days before the survey (top 5 – Surrey Secondary data in brackets):

Boys					Girls				
1	Cider	3	(3)		1	Pre-mixed drinks	5	(3)	
2	Beer or lager	3	(3)		2	Wine	4	(3)	
3	Spirits	3	(2)		3	Baileys, Tia Maria, Martini, Cinzano, Sherry etc.	4	(1)	
4	Pre-mixed drinks	3	(2)		4	Spirits	2	(3)	
5	Shooters/shots/jelly	2	(1)		5	Cider	1	(2)	

Q26. If you ever drink alcohol, do your parents/carers know?



42% (54%) of pupils responded that they 'never' drink alcohol.

27% (26%) of pupils responded that if they ever drink alcohol, their parents/carers 'always' know, while 14% (9%) said their parents/carers 'usually' know.

This works out as 46% (57%) of those who do drink alcohol responding that their parents 'always' know'.

18% (10%) of pupils responded that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

Q26. Percentage answering that they never drink alcohol.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	56	28	67	39
Girls	59	26	69	34

Q26. Percentage answering that if they ever drink alcohol, their parents/carers 'always' know.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	33	24	26	28
Girls	25	23	21	31

Q26. Percentage answering that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	23	5	15
Girls	9	32	6	20

Alcohol & drug information

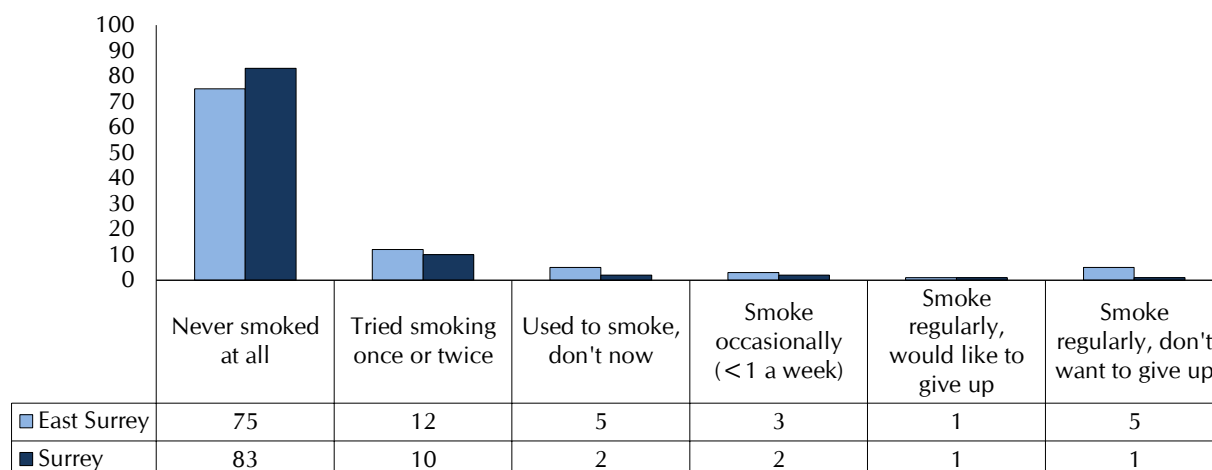
57% (49%) of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs, while 15% (19%) said they wouldn't know where to go.

Q27a. Percentage answering that they would know where to go if they wanted information or support about alcohol or drugs.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	62	66	49	54
Girls	43	51	46	46

Smoking

Q28. Smoking: Which statement describes you best?



25% (17%) of pupils responded that they have smoked in the past or smoke now.

Q28. Percentage answering that they have smoked in the past or smoke now.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	11	33	8	26
Girls	16	42	11	26

5% (2%) of pupils responded that they smoke 'regularly'.

Q28. Percentage answering that they smoke 'regularly'

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	6	0	3
Girls	0	15	0	4

Of the 13 (37) pupils who smoke regularly, 15% (43%) said they would like to give up.

5% (3%) of pupils responded that they have smoked in the 7 days before the survey.

Q29. Percentage answering that they have smoked in the 7 days before the survey.

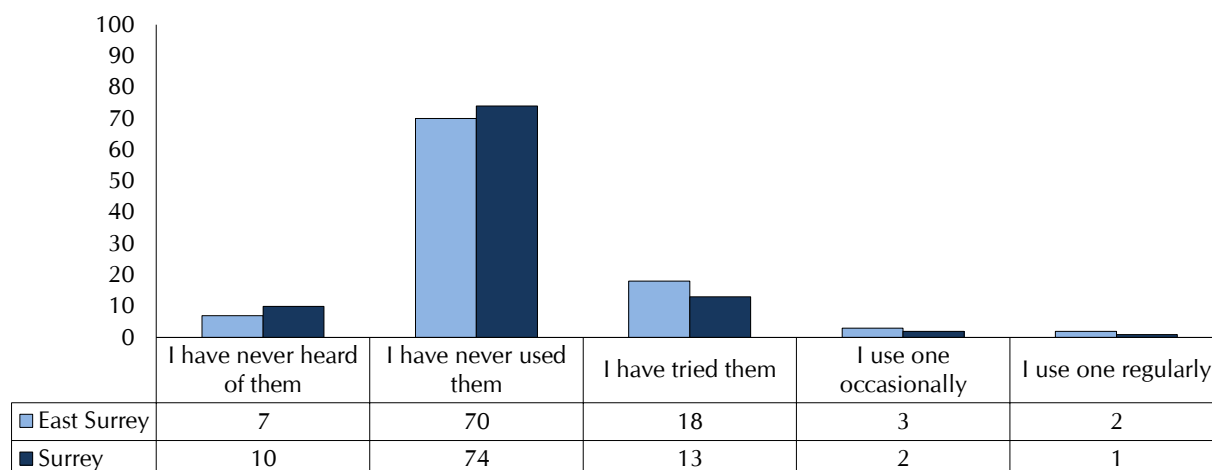
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	3	4	1	4
Girls	0	13	1	5

2% (1%) of pupils responded that they have bought cigarettes with health warnings in a different language.

Q30. Percentage of pupils responding that they have bought the following (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Cigarettes with health warnings in a different language	1 (0)	0 (0)	1 (2)	7 (2)	2 (1)
Fake cigarettes (counterfeit)	3 (0)	0 (1)	0 (0)	0 (0)	1 (0)
Single cigarettes (not in packets)	1 (0)	0 (0)	3 (2)	2 (1)	2 (1)
Cigarettes from other sellers (e.g. neighbours, market stalls etc.)	1 (0)	0 (0)	0 (1)	2 (1)	1 (1)

Q31. What do you know about electronic cigarettes or 'e-cigarettes'?



7% (10%) of pupils responded that they have 'never heard of' electronic cigarettes, while 70% (74%) said they have never used them.

Q31. Percentage answering that they have either 'never heard of' or 'never used' electronic cigarettes.

		East Surrey		Surrey	
		Yr 8	Yr 10	Yr 8	Yr 10
Boys		86	67	89	76
Girls		91	67	89	80

5% (3%) of pupils responded that they use an electronic cigarette 'occasionally' or 'regularly'.

Q31. Percentage answering that they use an electronic cigarette 'occasionally' or 'regularly'.

		East Surrey		Surrey	
		Yr 8	Yr 10	Yr 8	Yr 10
Boys		1	4	2	4
Girls		0	13	2	5

39% (31%) of pupils responded that their parents/carers smoke.

Q32a. Percentage answering that their parents/carers smoke.

		East Surrey		Surrey	
		Yr 8	Yr 10	Yr 8	Yr 10
Boys		46	38	30	31
Girls		34	35	31	31

13% (9%) of pupils responded that someone smokes indoors at home in rooms that they use.

Q32b. Percentage answering that someone smokes indoors at home in rooms that they use.

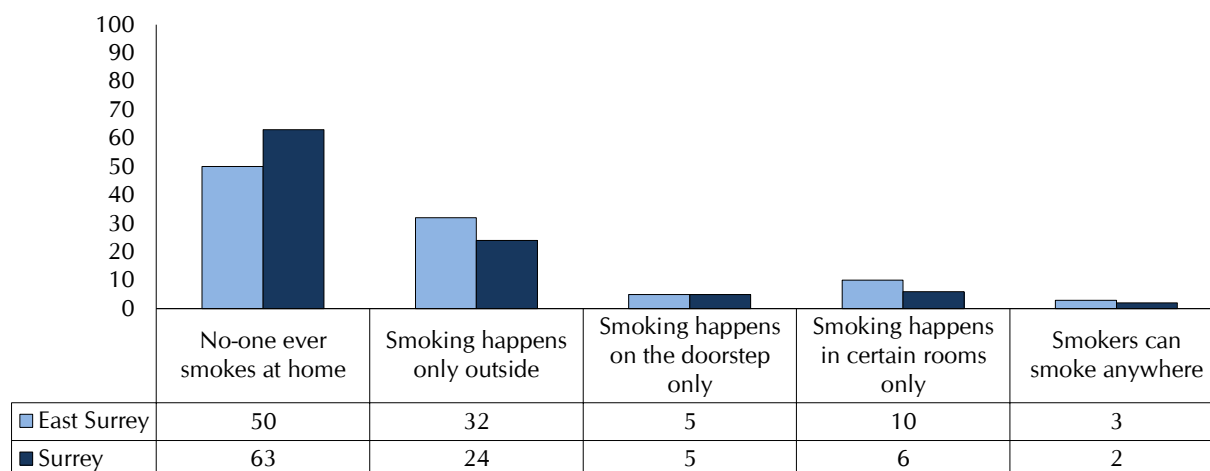
		East Surrey		Surrey	
		Yr 8	Yr 10	Yr 8	Yr 10
Boys		17	13	7	7
Girls		11	10	10	10

15% (13%) of pupils responded that someone smokes in a car when they are in it too.

Q32c. Percentage answering that someone smokes in a car when they are in it too.

		East Surrey		Surrey	
		Yr 8	Yr 10	Yr 8	Yr 10
Boys		13	14	12	13
Girls		16	19	12	16

Q33. Thinking about smoking at home, what best describes what happens in your home?



50% (63%) of pupils responded that no-one ever smokes at home.

Q33. Percentage answering that no-one ever smokes at home.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	47	51	65	64
Girls	57	46	64	61

32% (24%) of pupils responded that smoking happens only outside.

Q33. Percentage answering that smoking happens only outside.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	33	34	23	25
Girls	23	33	22	24

5% (5%) of pupils responded that smoking happens on the doorstep only.

Q33. Percentage answering that smoking happens on the doorstep only.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	6	3	4	5
Girls	5	9	4	7

10% (6%) of pupils responded that smoking happens in certain rooms only.

Q33. Percentage answering that smoking happens in certain rooms only.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	11	7	5	5
Girls	14	7	8	7

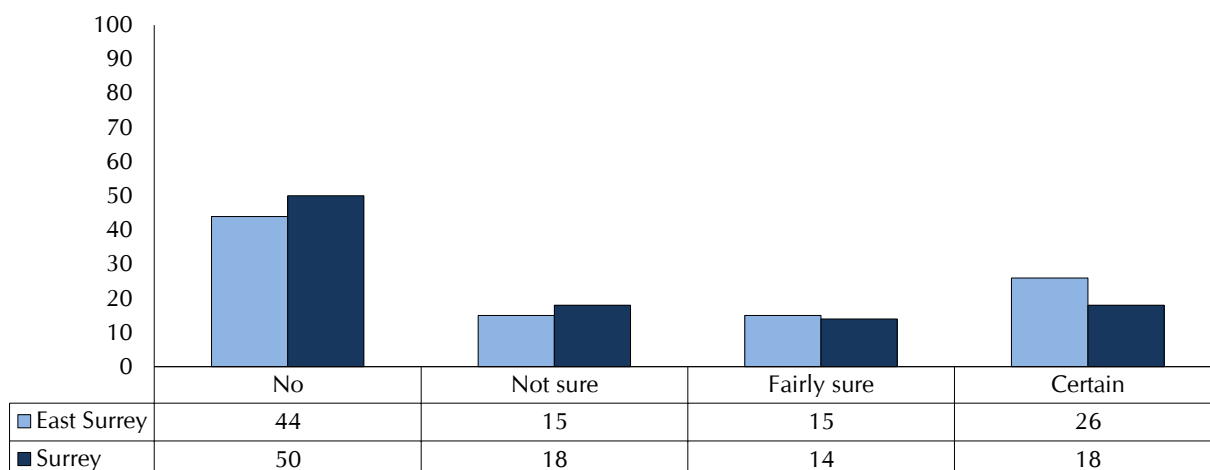
3% (2%) of pupils responded that smokers can smoke anywhere in their home.

Q33. Percentage answering that smokers can smoke anywhere in their home.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	3	4	2	2
Girls	2	4	3	1

Drugs

Q34. Do you know anyone personally who you think takes any drugs to get high (not medicines, tobacco or alcohol)?



41% (32%) of pupils responded that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.

Q34. Percentage answering that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	22	70	18	53
Girls	9	57	20	45

23% (15%) of pupils responded that they have been offered cannabis.

Q35. Percentage answering that they have been offered cannabis.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	17	38	8	30
Girls	2	29	5	21

14% (10%) of pupils responded that they have been offered other illegal drugs or legal highs (not cannabis).

Q36. Percentage answering that they have been offered other illegal drugs or legal highs (not cannabis).

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	10	21	6	18
Girls	7	18	6	13

13% (6%) of pupils reported that they have taken drugs to get high (not medicines, tobacco or alcohol).

Q37. Percentage answering that they have taken drugs to get high (not medicines, tobacco or alcohol).

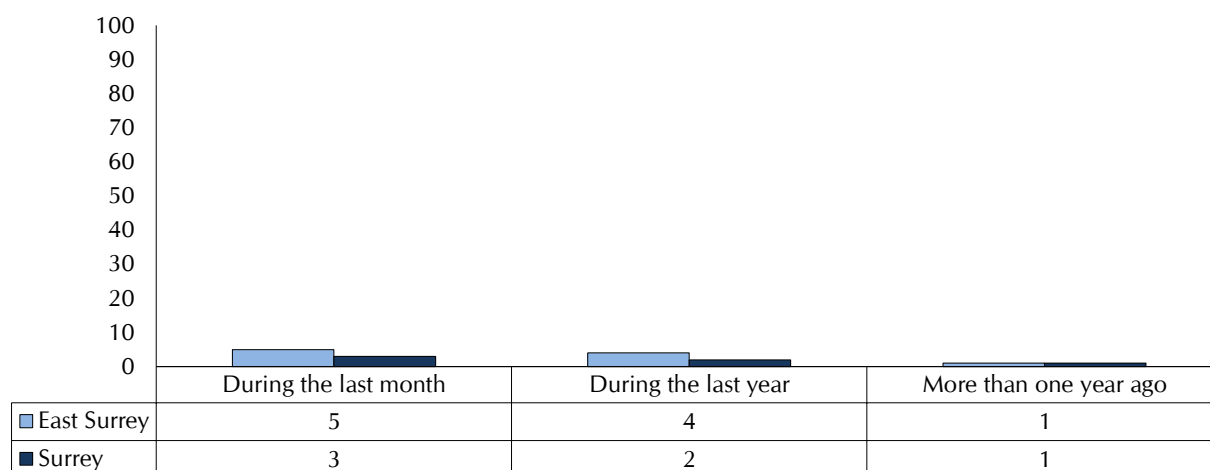
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	7	23	3	13
Girls	0	18	2	8

Q38. Summary of some common recreational drugs (Surrey Secondary data in brackets):

Year 8	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	1 (0)	1 (0)	1 (0)
Cannabis	1 (0)	2 (1)	3 (1)
Cocaine	0 (0)	0 (0)	0 (0)
Synthetic hallucinogens	1 (0)	1 (0)	1 (0)
Poppers	1 (0)	1 (0)	1 (0)
Legal highs	0 (0)	1 (0)	1 (0)

Year 10	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	0 (0)	0 (0)	0 (0)
Cannabis	8 (5)	14 (8)	17 (10)
Cocaine	0 (0)	0 (0)	0 (1)
Synthetic hallucinogens	0 (0)	0 (0)	0 (0)
Poppers	0 (0)	1 (0)	1 (0)
Legal highs	2 (1)	3 (1)	4 (2)

Q38. Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:



5% (3%) of pupils responded that they have taken at least one of the drugs listed during the last month.

Q38. Percentage answering that they have taken one of the drugs listed during the last month.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	11	0	6
Girls	0	7	1	5

9% (4%) of pupils responded that they have taken at least one of the drugs listed during the last year.

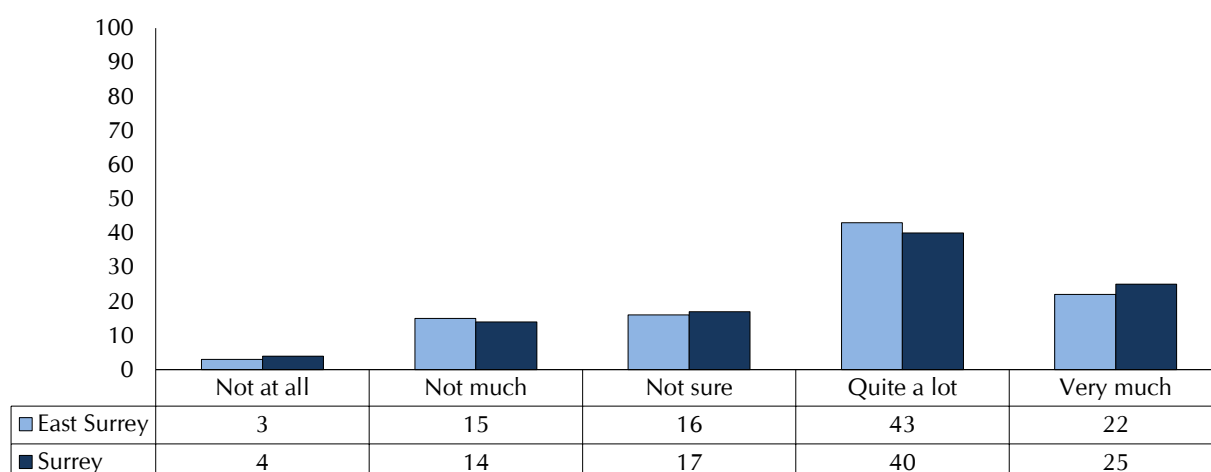
Q38. Percentage answering that they have taken one of the drugs listed during the last year.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	15	1	10
Girls	0	15	1	7

Emotional Health & Well-being

Satisfaction

Q39. In general, how happy do you feel with your life at the moment?



3% (4%) of pupils responded that they are 'not at all' happy with their life at the moment.

Q39. Percentage answering that they are 'not at all' happy with their life at the moment.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	0	3	3
Girls	7	4	5	7

65% (65%) of pupils responded that they are at least 'quite' happy with their life at the moment.

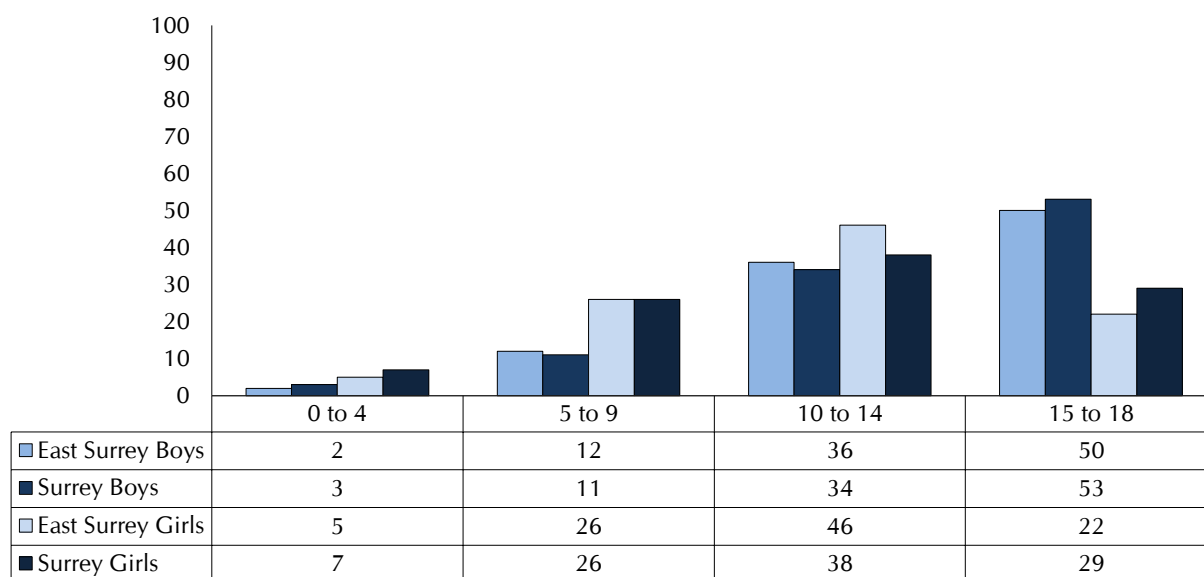
Q39. Percentage answering that they are at least 'quite' happy with their life at the moment.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	80	71	77	72
Girls	48	51	56	54

Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

Q40. Composite self-esteem score:



21% (23%) of pupils had a med-low self-esteem score (9 or less).

Q40. Percentage with a med-low self-esteem score (9 or less).

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	15	13	16	11
Girls	29	34	35	31

39% (42%) of pupils had a high self-esteem score (15 or more).

Q40. Percentage with a high self-esteem score (15 or more).

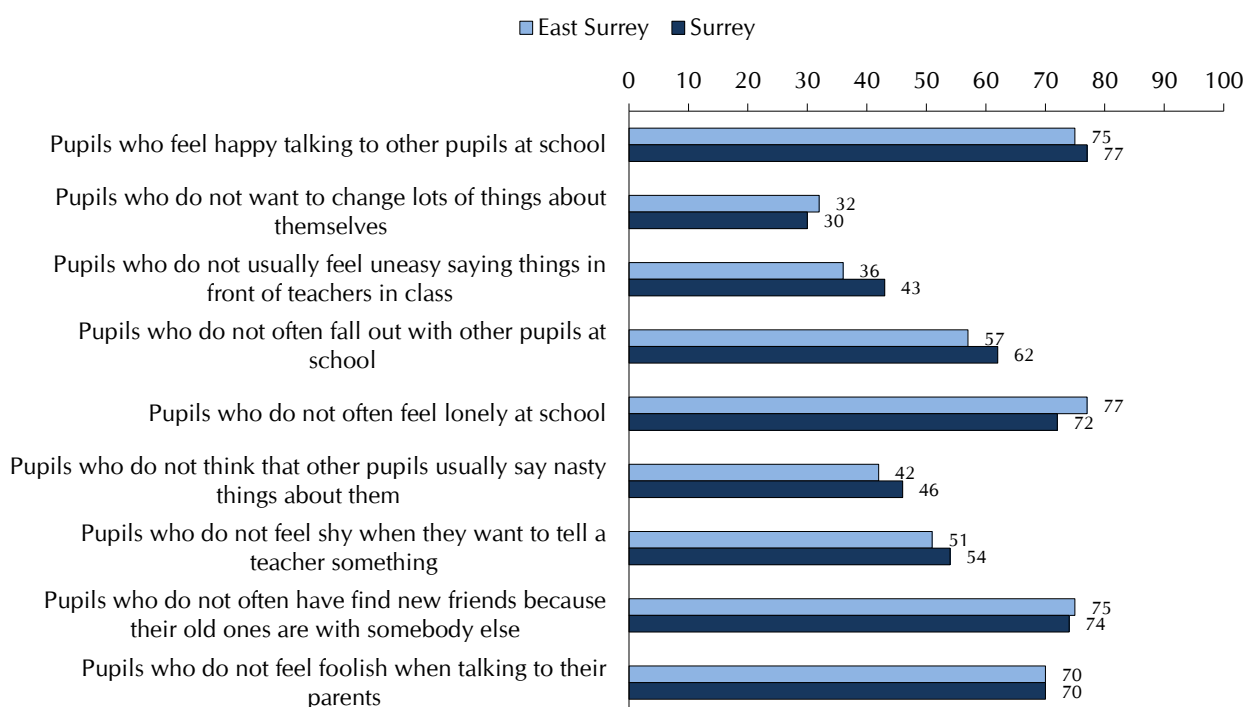
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	48	52	49	58
Girls	24	21	27	32

75% (77%) of pupils responded that they feel happy talking to other pupils at school.

Q40. (Individual self-esteem items) Percentage in each group giving a high esteem response (Surrey Secondary data in brackets):

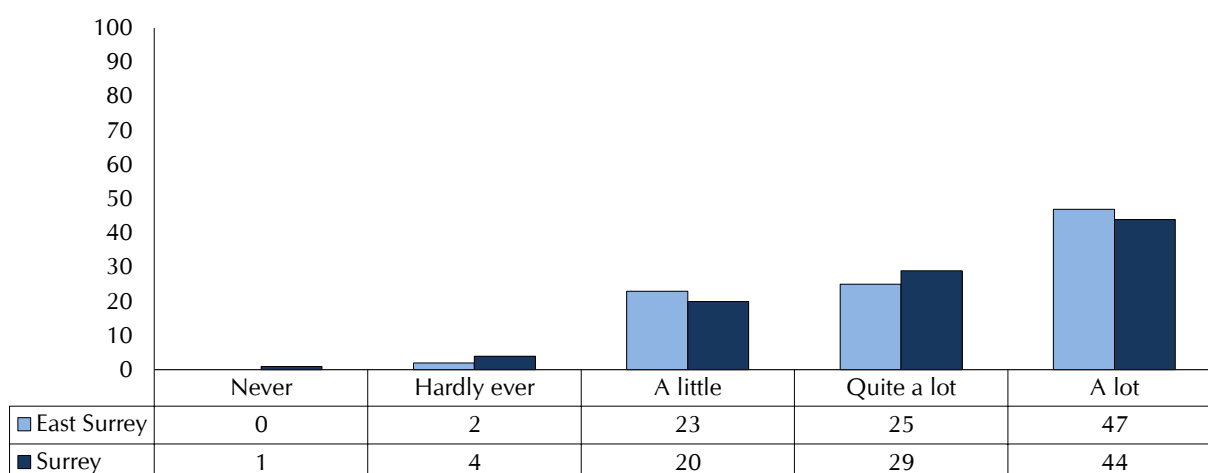
	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	81 (82)	66 (72)	83 (86)	65 (68)	75 (77)
Pupils who do not want to change lots of things about themselves	43 (38)	20 (23)	41 (39)	15 (19)	32 (30)
Pupils who do not usually feel uneasy saying things in front of teachers in class	50 (46)	20 (33)	44 (56)	18 (35)	36 (43)
Pupils who do not often fall out with other pupils at school	50 (58)	30 (50)	73 (73)	69 (69)	57 (62)
Pupils who do not often feel lonely at school	84 (78)	68 (61)	87 (83)	62 (65)	77 (72)
Pupils who do not think that other pupils usually say nasty things about them	47 (49)	32 (34)	48 (60)	35 (40)	42 (46)
Pupils who do not feel shy when they want to tell a teacher something	64 (62)	36 (40)	66 (71)	27 (43)	51 (54)
Pupils who do not often have find new friends because their old ones are with somebody else	76 (76)	61 (61)	80 (82)	76 (78)	75 (74)
Pupils who do not feel foolish when talking to their parents	72 (72)	66 (61)	76 (81)	62 (65)	70 (70)

Q40. (Individual self-esteem items) Percentage in each group giving a high esteem response:



Worrying

Q41. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



72% (73%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q41. Percentage answering they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	58	66	60	69
Girls	73	96	81	87

43% (46%) of pupils responded that they worry about exams and tests 'quite a lot' or 'a lot'.

Q41. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 – Surrey Secondary data in brackets):

Boys				Girls			
1	Exams and tests	34	(36)	1	Exams and tests	57	(57)
2	School-work problems	21	(19)	2	The way they look	53	(51)
3	The way they look	21	(16)	3	Their physical health	40	(33)
4	Family problems	20	(21)	4	School-work problems	35	(38)
5	Mental health of someone in their family	19	(19)	5	Family problems	34	(33)
6	Relationships	19	(15)	6	Their mental health	32	(27)
7	Their physical health	18	(20)	7	Mental health of someone in their family	27	(26)
8	Their mental health	16	(17)	8	Problems with friends	25	(31)
9	Money problems/family finances	13	(14)	9	Money problems/family finances	22	(22)
10	Problems with friends	13	(14)	10	Relationships	21	(26)

75% (73%) of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% (8%) said they don't know anyone.

Q42. Percentage answering they know an adult they trust who they can talk to if they are worried about something.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	72	80	77	80
Girls	76	71	69	67

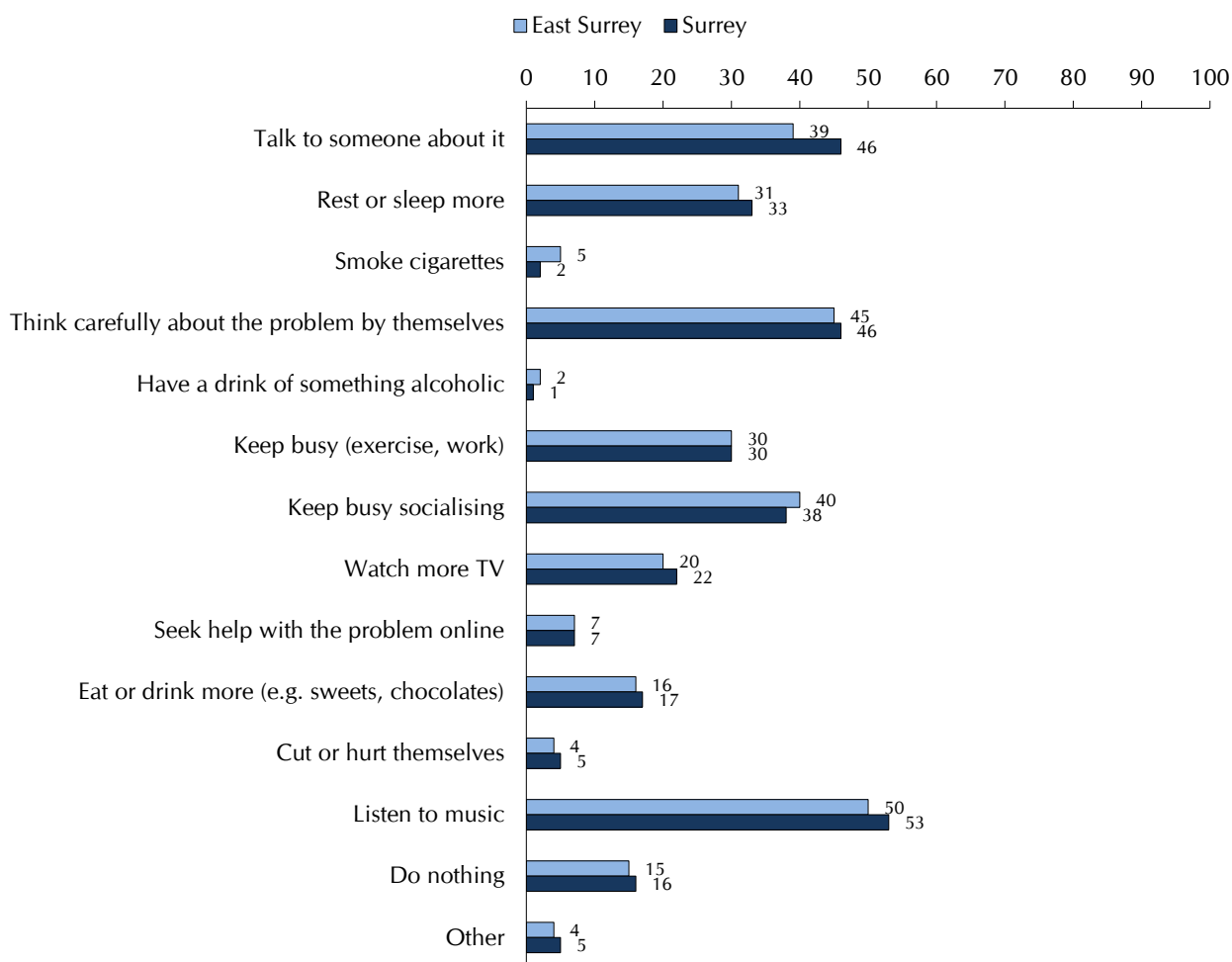
Problem solving

50% (53%) of pupils responded that they 'usually' or 'always' listen to music when they have a problem that worries them or they are feeling stressed, while 39% (46%) said they talk to someone about it.

Q43. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed (top 10 – Surrey Secondary data in brackets):

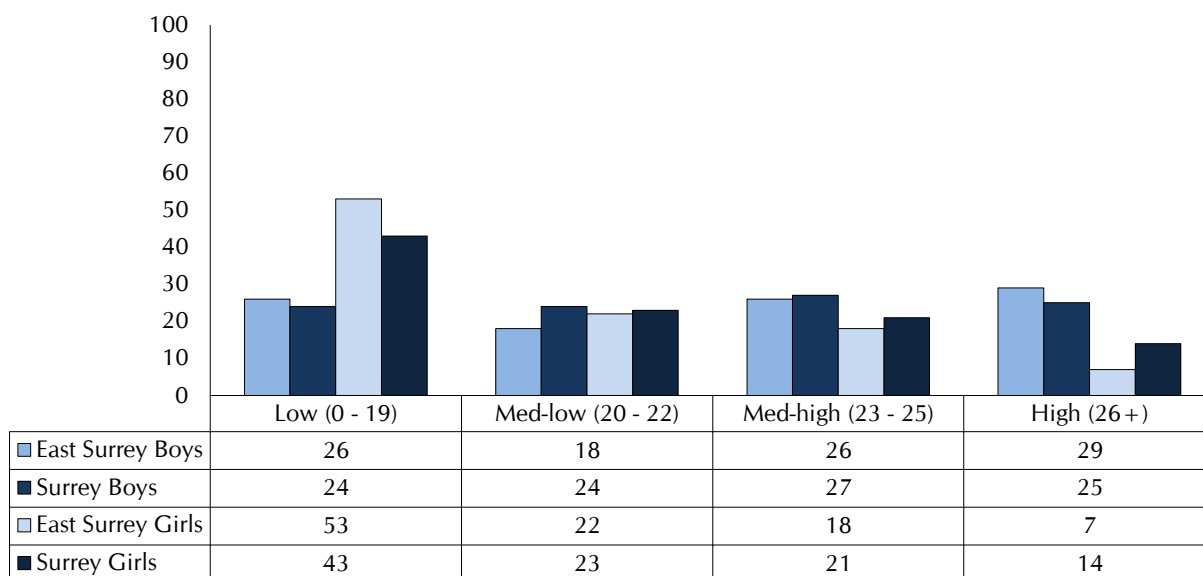
Boys				Girls			
1	Keep busy socialising	47	(38)	1	Listen to music	62	(65)
2	Think carefully about the problem by themselves	46	(46)	2	Think carefully about the problem by themselves	44	(47)
3	Listen to music	42	(43)	3	Talk to someone about it	38	(45)
4	Talk to someone about it	39	(47)	4	Keep busy socialising	29	(38)
5	Rest or sleep more	35	(33)	5	Rest or sleep more	25	(33)
6	Keep busy (exercise, work)	34	(30)	6	Keep busy (exercise, work)	25	(30)
7	Watch more TV	20	(21)	7	Watch more TV	19	(24)
8	Do nothing	14	(15)	8	Eat or drink more (e.g. sweets, chocolates)	18	(22)
9	Eat or drink more (e.g. sweets, chocolates)	14	(12)	9	Do nothing	17	(16)
10	Other	5	(4)	10	Seek help with the problem online	10	(9)

Q43. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed:



Resilience

Q44/45. Composite resilience score:



We have used these two questions (44 & 45) to form an overall measure of “resilience”. All the items are scored 0 – 3 if phrased positively, or 3 – 0 if they are phrased negatively.

37% (33%) of pupils had a low measure of resilience (0 – 19).

Q44/45. Percentage with a low measure of resilience (0 – 19).

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	23	30	24	25
Girls	54	52	40	47

20% (20%) of pupils had a high measure of resilience (26 +).

Q44/45. Percentage with a high measure of resilience (26 +).

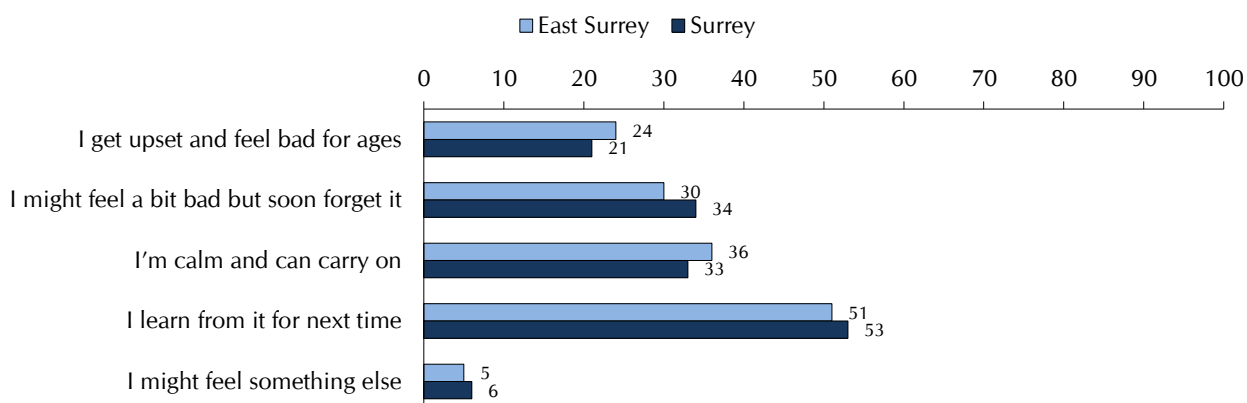
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	32	27	26	22
Girls	5	9	16	11

51% (53%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 24% (21%) said they get upset and feel bad for ages.

Q44. Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
I get upset and feel bad for ages	14 (11)	30 (28)	15 (13)	44 (34)	24 (21)
I might feel a bit bad but soon forget it	24 (34)	27 (33)	41 (40)	25 (31)	30 (34)
I'm calm and can carry on	45 (39)	14 (25)	48 (45)	27 (24)	36 (33)
I learn from it for next time	51 (52)	32 (48)	63 (63)	49 (49)	51 (53)
I might feel something else	7 (5)	2 (9)	1 (3)	7 (8)	5 (6)

Q44. Percentage of pupils responding that they 'usually' or 'always' feel the following when something goes wrong:

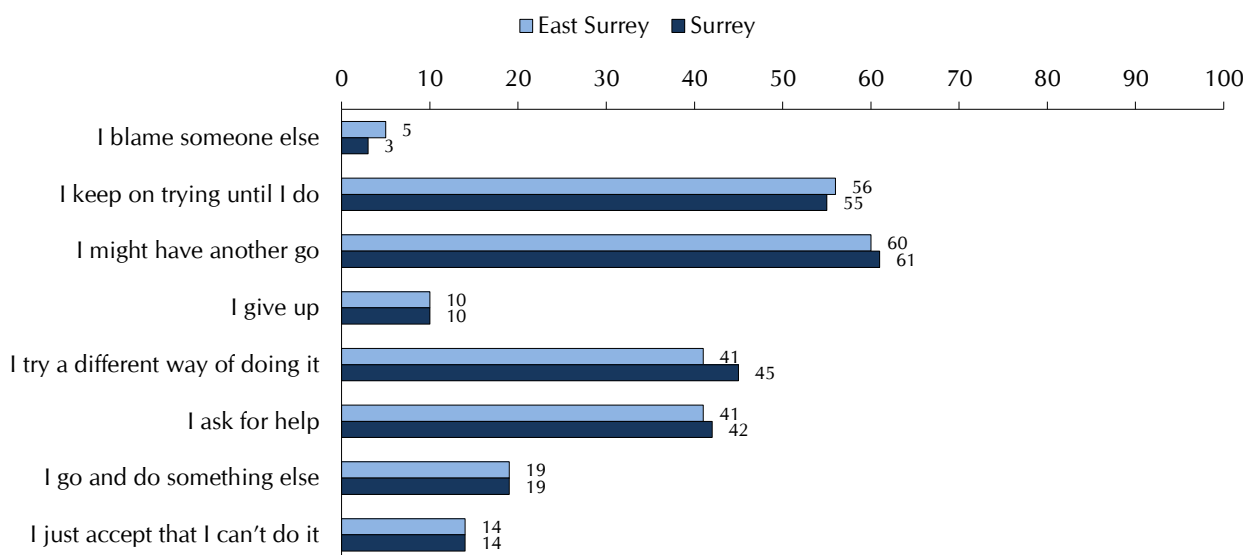


56% (55%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 41% (42%) ask for help and 10% (10%) give up.

Q45. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
I blame someone else	5 (3)	0 (3)	7 (5)	5 (4)	5 (3)
I keep on trying until I do	64 (59)	41 (53)	65 (56)	47 (50)	56 (55)
I might have another go	66 (63)	48 (59)	68 (66)	51 (57)	60 (61)
I give up	4 (6)	11 (13)	6 (7)	22 (17)	10 (10)
I try a different way of doing it	47 (48)	34 (43)	44 (46)	35 (41)	41 (45)
I ask for help	34 (40)	43 (42)	41 (38)	49 (47)	41 (42)
I go and do something else	20 (16)	16 (20)	20 (19)	20 (26)	19 (19)
I just accept that I can't do it	11 (11)	9 (18)	10 (11)	29 (19)	14 (14)

Q45. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:



Sexual Health

Sex & relationships education

77% (62%) of pupils responded that they have learned about contraception from school lessons, while 13% (26%) said they never learned about it anywhere.

Q46a. Percentage of pupils responding that they have learned about contraception from the following people or places (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Never learned about it anywhere	24 (44)	30 (42)	1 (5)	0 (2)	13 (26)
Learned about it from school lessons	59 (40)	66 (46)	90 (88)	93 (88)	77 (62)
Learned about it from parents/carers	22 (11)	14 (18)	20 (24)	44 (32)	25 (20)
Learned about it from friends	18 (14)	11 (14)	20 (24)	40 (27)	22 (19)
Learned about it at a youth club or other group	1 (2)	0 (1)	3 (4)	2 (6)	2 (3)
Learned about it from the internet or magazines	12 (5)	2 (5)	17 (16)	22 (18)	14 (10)

81% (68%) of pupils responded that they have learned about sexually transmitted infections from school lessons, while 7% (15%) said they never learned about it anywhere.

Q46b. Percentage of pupils responding that they have learned about sexually transmitted infections from the following people or places (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Never learned about it anywhere	11 (25)	11 (24)	3 (3)	2 (2)	7 (15)
Learned about it from school lessons	72 (51)	77 (54)	86 (90)	91 (89)	81 (68)
Learned about it from parents/carers	22 (15)	11 (18)	15 (20)	31 (23)	20 (18)
Learned about it from friends	22 (18)	11 (16)	23 (23)	31 (20)	22 (19)
Learned about it at a youth club or other group	1 (2)	0 (2)	4 (3)	2 (5)	2 (3)
Learned about it from the internet or magazines	8 (8)	0 (9)	17 (15)	15 (16)	11 (12)

Contraception

41% (31%) of pupils responded that they know where they can get condoms free of charge.

Q47. Percentage answering that they know where they can get condoms free of charge.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	35	50	21	50
Girls	27	47	16	48

Help & advice services

Q48. What do you know about the following services?

	Never heard of it	Heard of, know nothing/little about	Know what it is, don't know where/how to access	Know what it is/how to access, haven't used it	Have used it
Catch 22	83 (86)	9 (8)	1 (1)	1 (1)	0 (0)
GUM clinics	86 (85)	5 (9)	2 (2)	2 (1)	0 (0)
CASH clinics	71 (73)	10 (15)	6 (4)	6 (3)	1 (0)
Sexual health clinics just for young people	48 (51)	24 (28)	11 (10)	9 (7)	3 (1)

83% (86%) of pupils responded that they have never heard of Catch 22, while 1% (1%) said that they know what it is, but not where or how to access it.

0% (0%) of pupils responded that they have used Catch 22.

86% (85%) of pupils responded that they have never heard of GUM clinics, while 2% (2%) said that they know what they are, but not where or how to access them.

0% (0%) of pupils responded that they have used GUM clinics.

71% (73%) of pupils responded that they have never heard of CASH clinics, while 6% (4%) said that they know what they are, but not where or how to access them.

1% (0%) of pupils responded that they have used CASH clinics.

48% (51%) of pupils responded that they have never heard of sexual health clinics just for young people, while 11% (10%) said that they know what they are, but not where or how to access them.

3% (1%) of pupils responded that they have used sexual health clinics just for young people.

Q48a. Percentage answering that they have never heard of Catch 22.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	81	85	86	86
Girls	89	78	88	84

Q48b. Percentage answering that they have never heard of GUM clinics.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	80	86	81	85
Girls	89	91	88	84

Q48b. Percentage answering that they have never heard of CASH clinics.

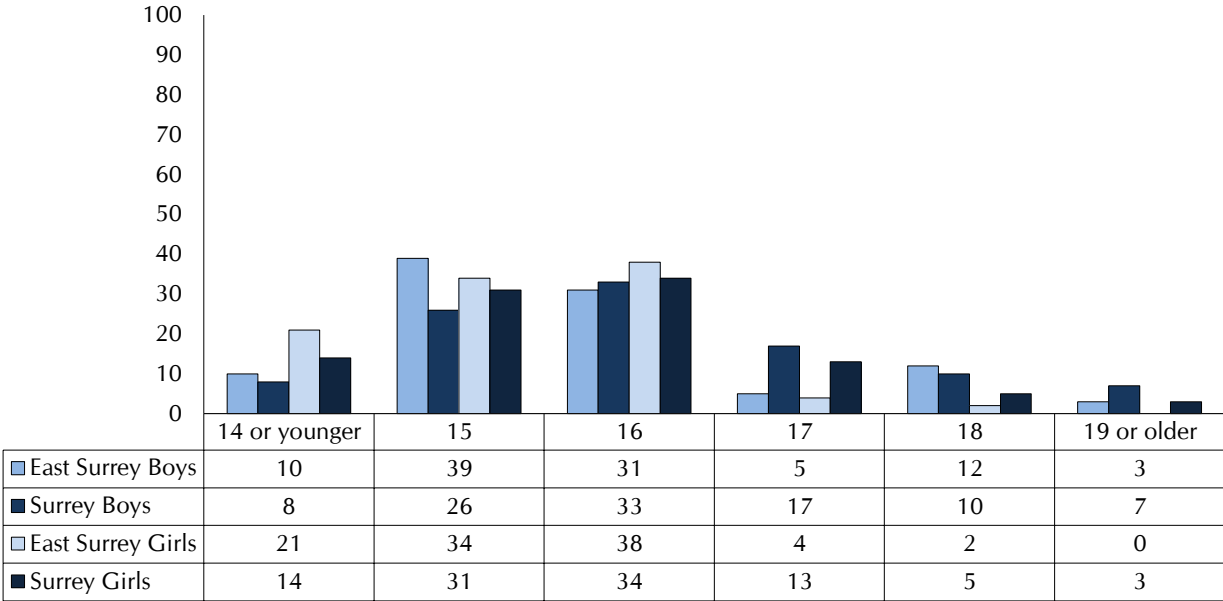
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	72	69	77	67
Girls	84	62	80	65

Q48b. Percentage answering that they have never heard of sexual health clinics just for young people.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	61	46	62	44
Girls	59	24	59	31

Year 10+: Sexual relationships

Q89. Year 10+: At what age do you think most young people start having sex?



15% (11%) of Year 10+ pupils responded that they think most young people start having sex aged 14 or younger.

Q89. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 14 or younger.

	East Surrey	Surrey
	Yr 10	Yr 10
Boys	10	8
Girls	21	14

39% (49%) of Year 10+ pupils responded that they think most young people start having sex aged 16 or 17.

Q89. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 16 or 17.

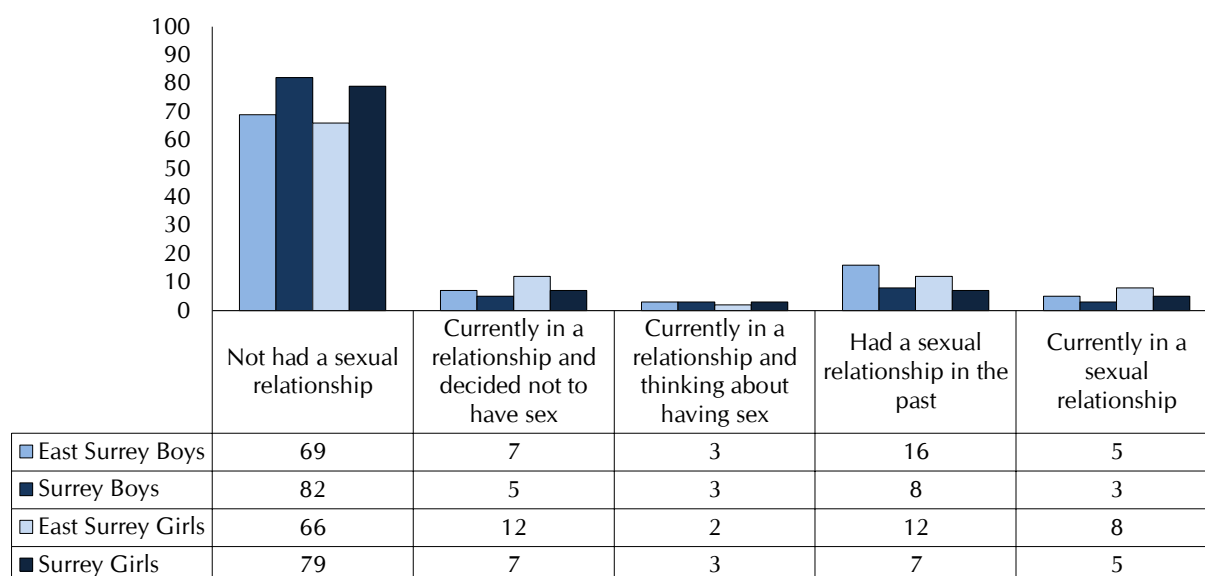
	East Surrey	Surrey
	Yr 10	Yr 10
Boys	36	50
Girls	43	47

2% (5%) of Year 10+ pupils responded that they think most young people start having sex aged 19 or older.

Q89. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 19 or older.

	East Surrey	Surrey
	Yr 10	Yr 10
Boys	3	7
Girls	0	3

Q90. Year 10+: Sexual relationships: Which of the following best describes you?



3% (3%) of Year 10+ pupils responded that they are currently in a relationship and thinking about having sex.

Q90. Percentage of Year 10+ pupils answering that they are currently in a relationship and thinking about having sex.

	East Surrey	Surrey
	Yr 10	Yr 10
Boys	3	3
Girls	2	3

21% (11%) of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.

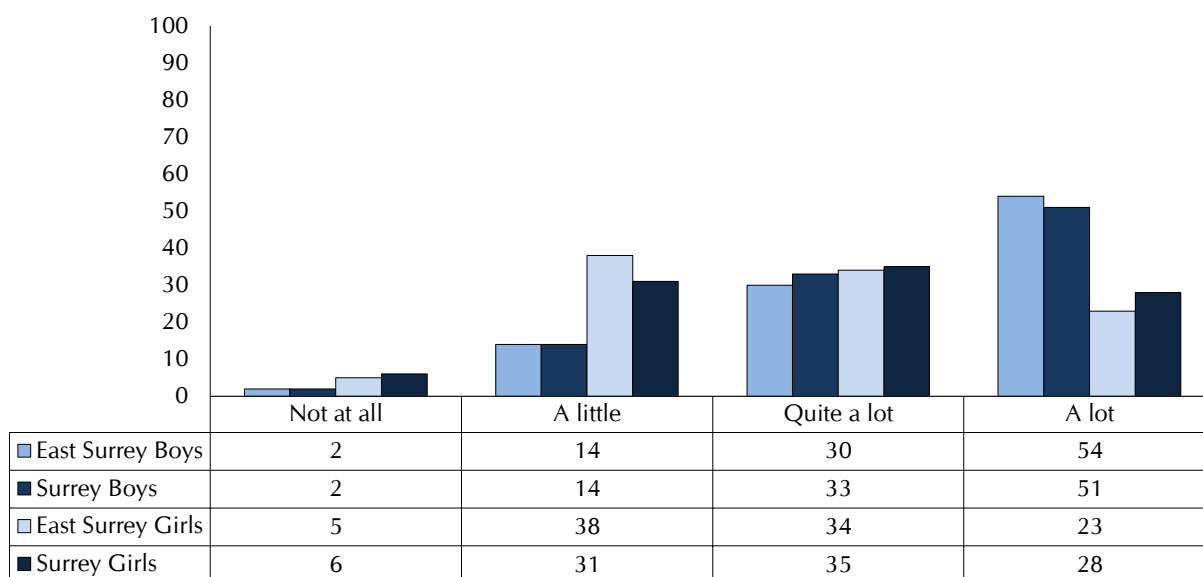
Q90. Percentage of Year 10+ pupils answering that they are either in a sexual relationship or have had one in the past.

	East Surrey	Surrey
	Yr 10	Yr 10
Boys	21	11
Girls	20	11

Physical Activity

Enjoy exercise

Q49. How much do you enjoy physical activities?



3% (4%) of pupils responded that they don't enjoy physical activities at all.

Q49. Percentage answering that they don't enjoy physical activities at all.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	4	2	2
Girls	2	7	5	7

73% (74%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q49. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	93	76	85	83
Girls	74	44	69	57

PE lessons

75% (74%) of pupils responded that they enjoy their PE lessons, while 15% (17%) are 'not sure' if they do.

Q50a. Percentage answering that they enjoy their PE lessons.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	90	80	83	84
Girls	81	45	68	55

69% (67%) of pupils responded that they feel they are getting better at PE, while 21% (21%) are 'not sure' if they are.

Q50b. Percentage answering that they feel they are getting better at PE.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	88	76	80	72
Girls	64	40	63	47

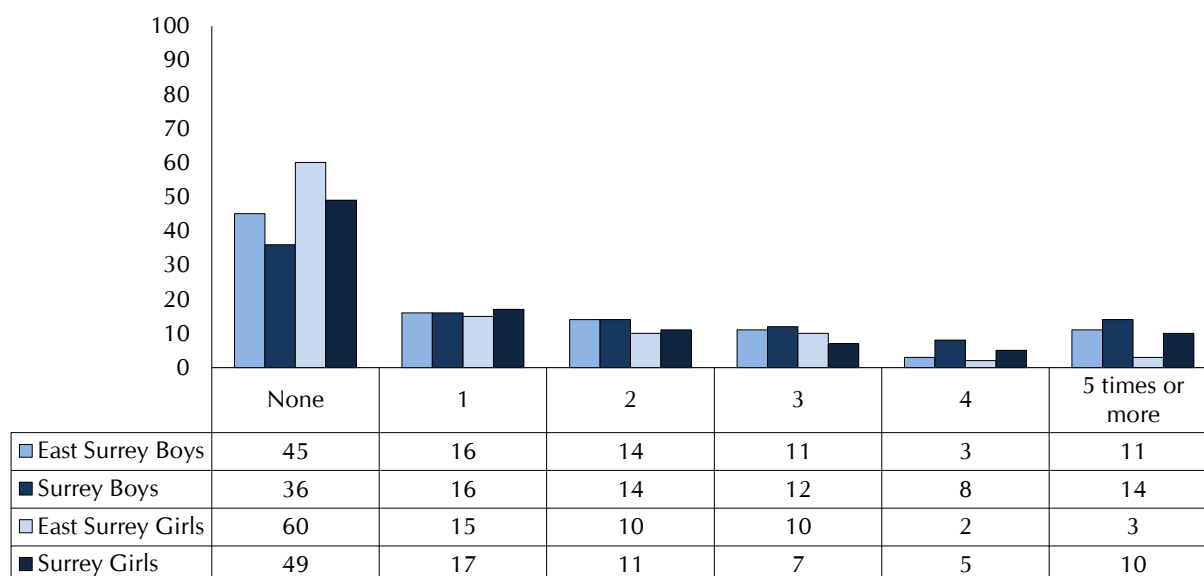
School sports

46% (47%) of pupils responded that their school has helped them to be more healthy, while 31% (33%) are 'not sure' if it has.

Q50c. Percentage answering that their school has helped them to be more healthy.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	61	51	58	49
Girls	40	27	44	31

Q51. How many times each week do you go to sports clubs at lunchtime or after school?



51% (43%) of pupils responded that they don't go to any sports clubs at lunch time or after school each week.

Q51. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.

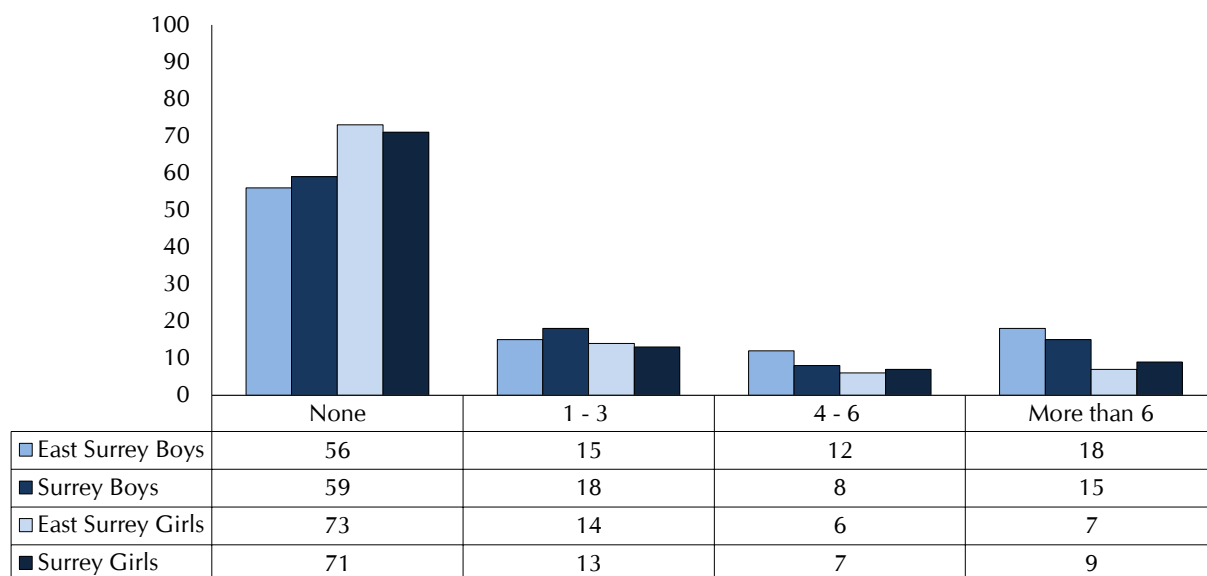
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	37	53	34	39
Girls	48	70	46	54

21% (28%) of pupils responded that they go to at least 3 sports clubs at lunch time or after school each week.

Q51. Percentage answering that they go to at least 3 sports clubs at lunch time or after school each week.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	35	15	36	32
Girls	13	17	26	17

Q52. How many sports games or matches have you played in school this year?



63% (65%) of pupils responded that they haven't played any sports games or matches at their school this year.

Q52. Percentage answering that they haven't played any sports games or matches at their school this year.

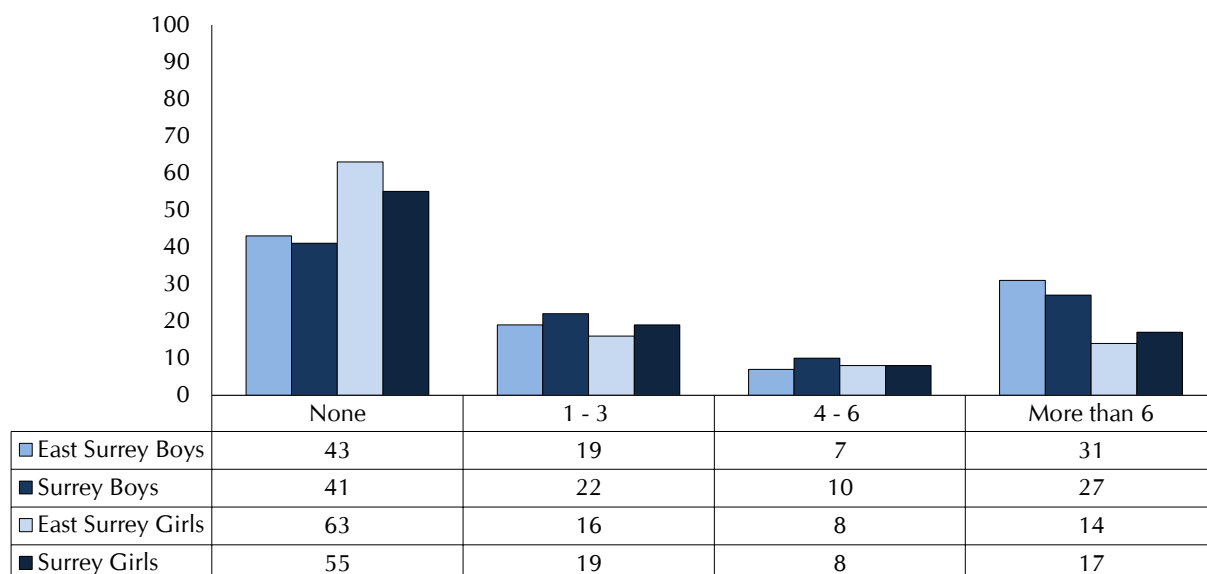
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	52	59	60	56
Girls	69	76	66	78

23% (20%) of pupils responded that they have played at least 4 matches at their school this year.

Q52. Percentage answering that they have played at least 4 matches at their school this year.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	31	28	23	23
Girls	19	9	18	12

Q53. How many games or matches have you played against other schools this year?



51% (48%) of pupils responded that they haven't played any games or matches against other schools this year.

Q53. Percentage answering that they haven't played any games or matches against other schools this year.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	39	46	41	41
Girls	57	67	48	65

32% (32%) of pupils responded that they have played at least 4 matches against other schools this year.

Q53. Percentage answering that they have played at least 4 matches against other schools this year.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	42	35	38	37
Girls	21	22	29	20

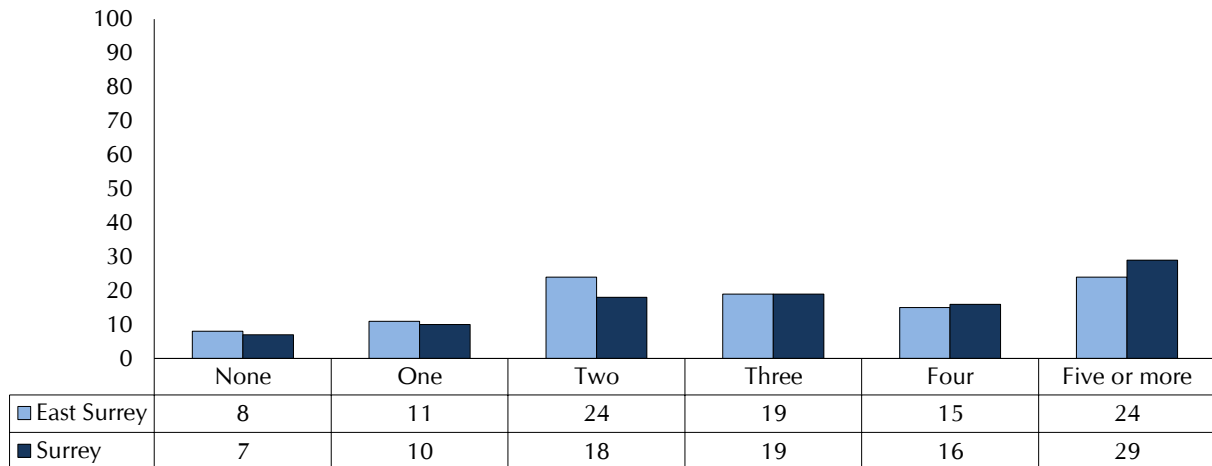
17% (18%) of pupils responded that they currently take part in sports volunteering or sports leadership.

Q54. Percentage answering that they currently take part in sports volunteering or sports leadership.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	26	19	20	24
Girls	7	9	10	19

Exercise

Q55. On how many days did you do any physical activity in the last 7 days?



4% (7%) of boys and 13% (8%) of girls responded that they didn't do any physical activity in the week before the survey.

Q55. Percentage answering that they didn't do any physical activity in the week before the survey.

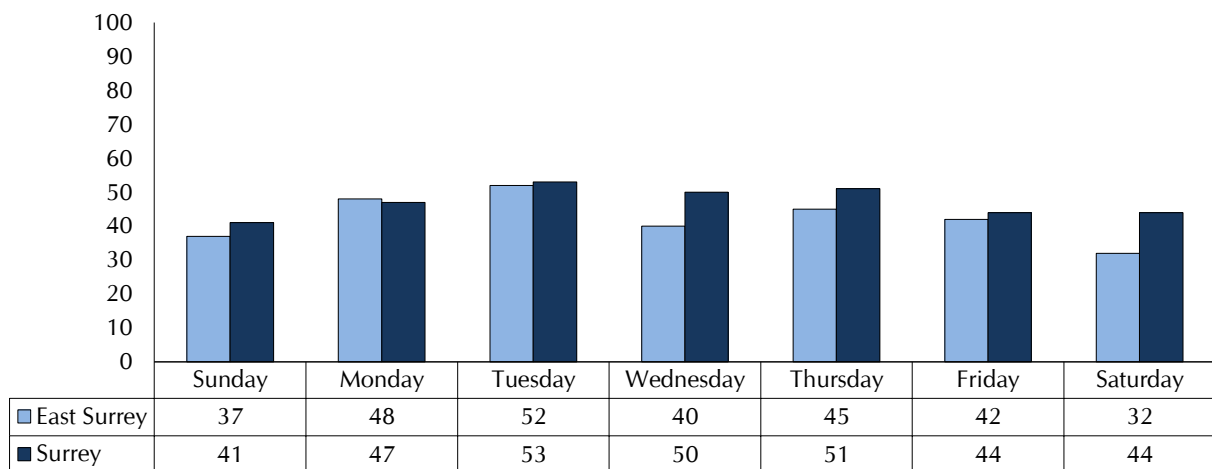
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	6	3	8	6
Girls	17	11	7	9

30% (34%) of boys and 14% (23%) of girls responded that they did physical activity on five days or more in the week before the survey.

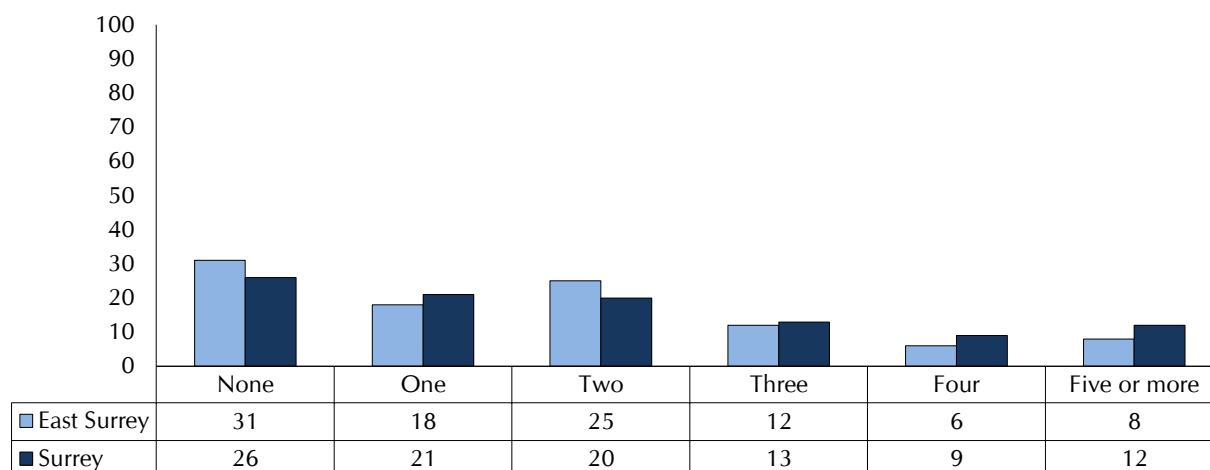
Q55. Percentage answering that they did physical activity on five days or more in the week before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	30	30	34	34
Girls	10	18	24	23

Q55. On which days did you do any physical activity in the last 7 days?



Q56. On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



31% (26%) of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.

Q56. Percentage answering that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.

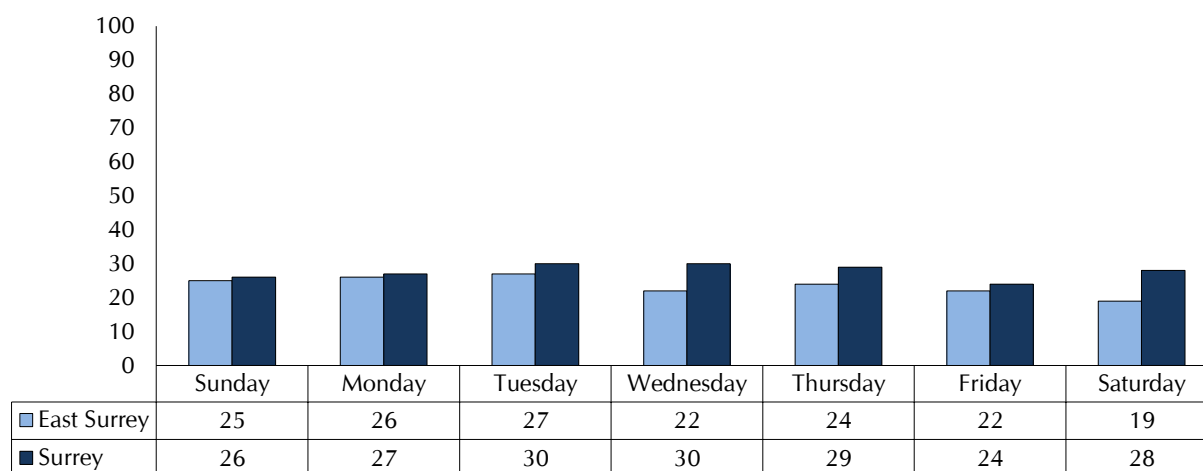
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	30	18	25	20
Girls	43	38	29	29

8% (12%) of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.

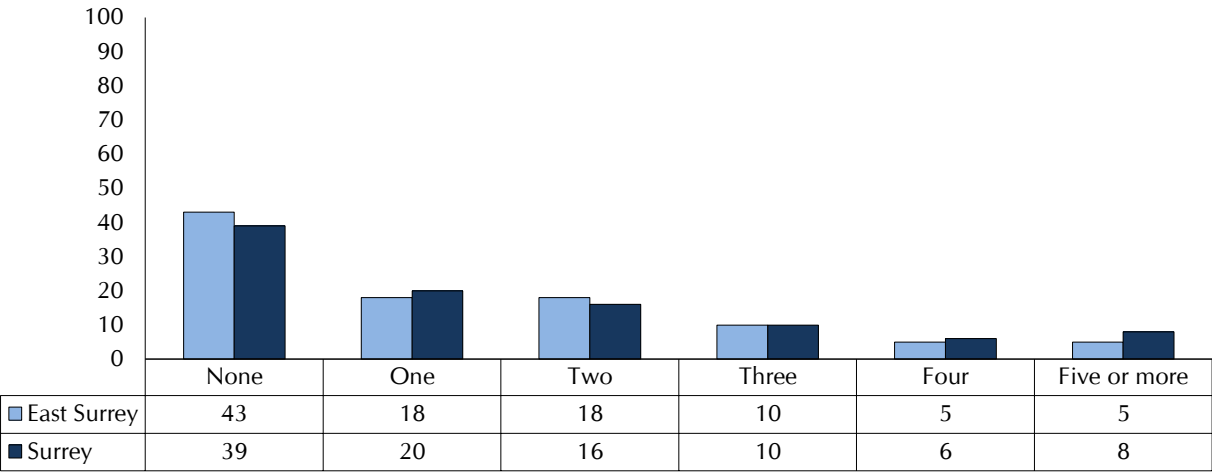
Q56. Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	16	9	14	14
Girls	2	2	9	8

Q56. On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



Q57. On how many days did you get out of breath and/or sweaty while doing physical activity for an hour or more, in the last 7 days?



43% (39%) of pupils responded that they didn’t do any physical activity that caused them to get out of breath and/or sweaty for an hour or more in the week before the survey.

Q57. Percentage answering that they didn’t do any physical activity that caused them to get out of breath and/or sweaty for an hour or more in the week before the survey.

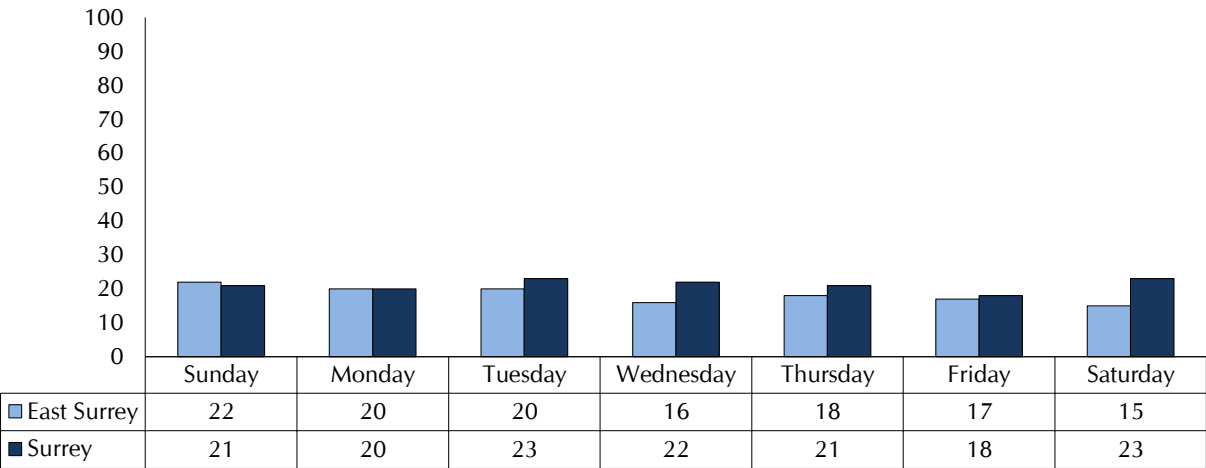
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	40	28	40	32
Girls	55	56	43	41

5% (8%) of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.

Q57. Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	7	10	10
Girls	2	2	6	6

Q57. On which days did you get out of breath and/or sweaty while doing physical activity for an hour or more, in the last 7 days?



79% (80%) of pupils responded that their week's pattern of activity was usual, while 13% (11%) said it was more active than usual and 8% (10%) said it was less active than usual.

Q58. Percentage answering that their week's pattern of activity was usual.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	81	86	82	79
Girls	70	75	79	77

32% (36%) of pupils responded that they don't have enough time to do activities as much as they would like, while 17% (12%) said transport to get there is a problem.

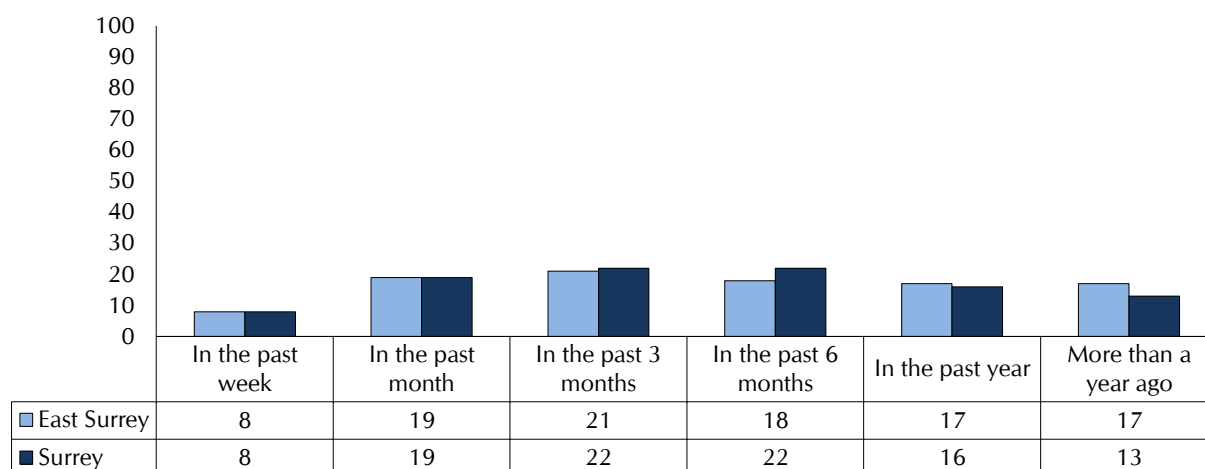
Q59. Percentage of pupils responding that the following stops them doing activities as much as they would like (top 10 – Surrey Secondary data in brackets):

Boys				Girls			
1	Nothing stops them	43	(41)	1	Don't have enough time	42	(44)
2	Don't have enough time	26	(29)	2	They are shy in front of other people	37	(29)
3	Transport to get there is a problem	17	(11)	3	Not comfortable about how they look	30	(27)
4	It costs a lot to get there or to take part	15	(9)	4	Nothing stops them	23	(23)
5	Other	10	(12)	5	Don't know what to do	22	(16)
6	They know what they want to do, but don't know where to go	9	(7)	6	It costs a lot to get there or to take part	20	(18)
7	They are shy in front of other people	8	(9)	7	Transport to get there is a problem	16	(12)
8	Don't know what to do	8	(9)	8	Don't like the places they'd have to go	14	(8)
9	Not comfortable about how they look	6	(7)	9	Don't like the people who go there	13	(8)
10	Don't like the places they'd have to go	6	(5)	10	Other	12	(10)

Health Services

Doctor

Q60. How long ago did you last visit the doctor?



66% (71%) of pupils responded that they last visited the doctor in the last 6 months.

Q60. Percentage answering that they last visited the doctor in the last 6 months.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	51	70	70	69
Girls	78	69	72	72

17% (13%) of pupils responded that they last visited the doctor more than a year ago.

Q60. Percentage answering that they last visited the doctor more than a year ago.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	25	14	12	14
Girls	5	18	10	15

21% (22%) of pupils responded that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.

Q61. Percentage answering that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	22	16	21	15
Girls	30	19	29	23

20% (20%) of pupils responded that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

Q61. Percentage answering that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	13	32	21	31
Girls	10	20	12	18

At school

35% (31%) of pupils responded that there is a health clinic in their school, while 47% (55%) said they are 'not sure' if there is.

26% (47%) of pupils responded that they know who their School Nurse is, while 3% (2%) said they don't have one.

44% (56%) of pupils responded that they know how to get to see their School Nurse, while 28% (20%) said that they do not know.

Q62. Percentage answering that there is a health clinic in their school.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	41	41	40	31
Girls	23	31	27	22

Q63. Percentage answering that they know who their School Nurse is.

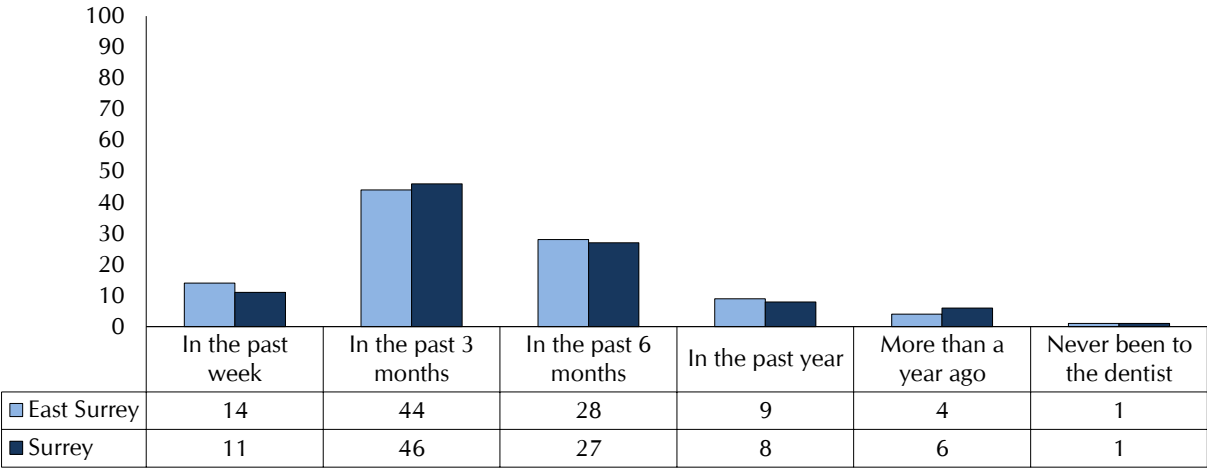
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	25	27	38	50
Girls	15	33	46	56

Q64. Percentage answering that they know how to get to see their School Nurse.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	41	48	56	56
Girls	30	53	54	60

Dental health

Q65. How long ago did you last visit the dentist?



86% (84%) of pupils responded that they visited the dentist in the last 6 months.

4% (6%) of pupils responded that they last visited the dentist more than a year ago and 1% (1 %) said they have never been.

Q65. Percentage answering that they visited the dentist in the last 6 months.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	89	90	85	84
Girls	85	78	84	84

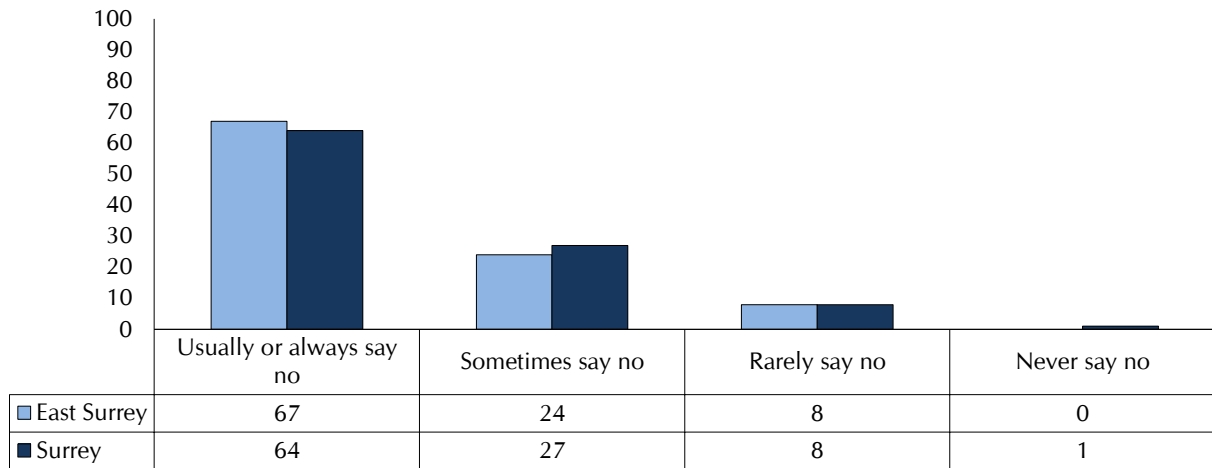
Q65. Percentage answering that they last visited the dentist more than a year ago.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	5	1	5	8
Girls	5	7	6	7

Staying Safe

Peer pressure

Q66. When a friend wants me to do something I don't want to do, I can....:



67% (64%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q66. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	71	67	64	69
Girls	63	65	60	63

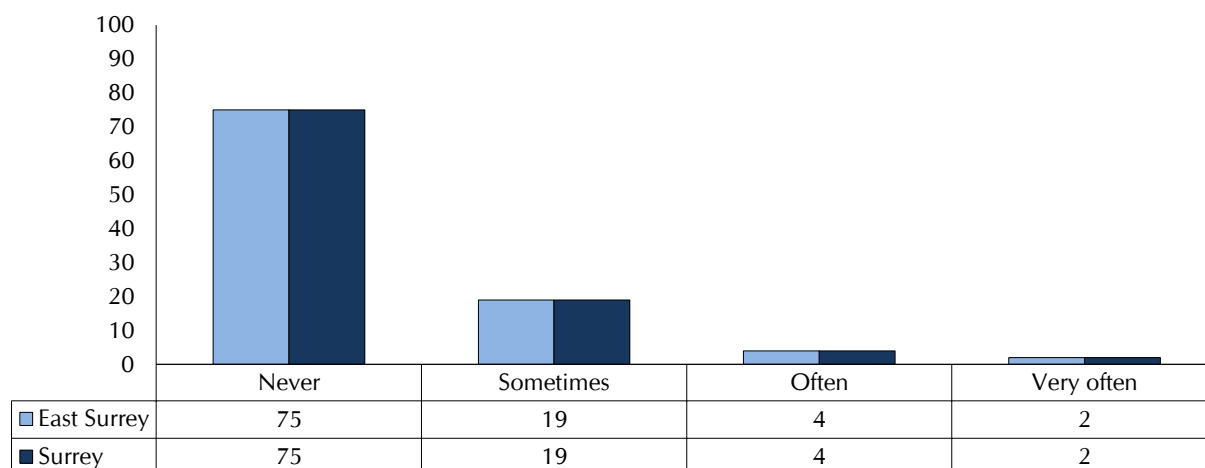
9% (9%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Q66. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	6	9	10	8
Girls	16	7	9	8

Bullying

Q67. Do you ever feel afraid of going to school because of bullying?



25% (25%) of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.

Q67. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	18	14	21	13
Girls	37	38	39	26

6% (6%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

Q67. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	5	3	6	2
Girls	11	9	9	7

20% (21%) of pupils responded that they have been bullied at or near school in the last 12 months, while 12% (13%) said they 'don't know' if they have been.

Q68. Percentage answering that they have been bullied at or near school in the last 12 months.

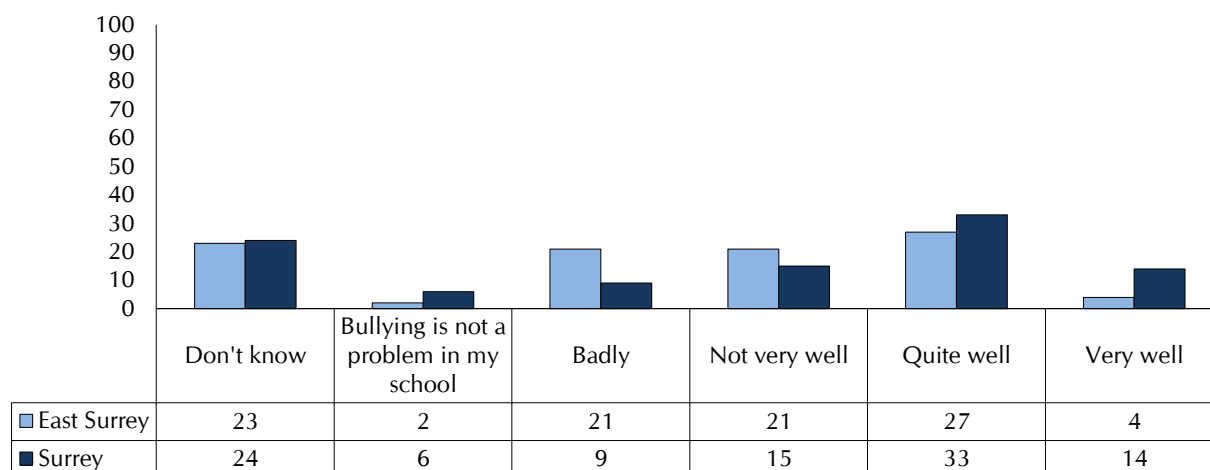
	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	23	11	22	13
Girls	26	24	28	21

17% (13%) of pupils responded that they have deliberately upset or hurt someone else at school in the last 12 months, while 21% (20%) said they 'don't know' if they have.

Q69. Percentage answering that they have deliberately upset or hurt someone else at school in the last 12 months.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	29	12	17	14
Girls	8	15	11	9

Q70. How well does your school deal with bullying?



21% (9%) of pupils responded that their school deals with bullying 'badly', while 2% (6%) said that bullying is not a problem in their school.

Q70. Percentage answering that their school deals with bullying 'badly'.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	21	14	9	11
Girls	18	33	6	11

32% (46%) of pupils responded that their school deals with bullying 'quite' or 'very' well.

Q70. Percentage answering that their school deals with bullying 'quite' or 'very' well.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	34	27	48	41
Girls	32	35	49	47

47% (66%) of pupils responded that they think their school takes bullying seriously, while 37% (24%) said they 'don't know' if it does.

Q71. Percentage answering that they think their school takes bullying seriously.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	52	53	73	65
Girls	34	41	64	62

15% (17%) of pupils responded that they were pushed/hit for no reason in the month before the survey and 10% (8%) said they have had belongings taken/broken.

Q72. Percentage of pupils responding that they experienced the following in the month before the survey (top 10 – Surrey Secondary data in brackets):

Boys				Girls			
1	Been teased/made fun of	32	(34)	1	Been teased/made fun of	36	(41)
2	Called nasty names	28	(25)	2	Called nasty names	32	(33)
3	Pushed/hit for no reason	18	(21)	3	Received nasty/threatening text message	12	(9)
4	Had belongings taken/broken	11	(9)	4	Seen nasty things written about them online	11	(10)
5	Been threatened for no reason	10	(8)	5	Been ganged up on	11	(8)
6	Been ganged up on	8	(8)	6	Pushed/hit for no reason	10	(13)
7	Received nasty/threatening text message	6	(3)	7	Had belongings taken/broken	9	(7)
8	Received nasty/threatening online messages	4	(3)	8	Been threatened for no reason	9	(7)
9	Been forced to do things they didn't want to do	3	(4)	9	Received nasty/threatening online messages	8	(8)
10	Seen nasty things written about them online	3	(3)	10	Been forced to do things they didn't want to do	6	(6)

19% (21%) of pupils responded that they experienced negative behaviour outside at school during breaktimes, while 20% (17%) said they experienced it in a classroom during breaktimes.

Q73. Percentage of pupils responding that they have experienced negative behaviour at the following places in the month before the survey (top 5 – Surrey Secondary data in brackets):

Boys				Girls			
1	In a classroom (breaktimes)	21	(16)	1	Outside at school (breaktimes)	19	(21)
2	Outside at school (breaktimes)	19	(22)	2	In a classroom (breaktimes)	19	(19)
3	During lesson time	19	(12)	3	During lesson time	16	(17)
4	In the corridors	8	(10)	4	In the corridors	11	(12)
5	On the way to or from school	7	(6)	5	At or near home	10	(12)

15% (15%) of pupils responded that they were bullied recently and told their Mum or Dad/carers, while 11% (10%) said they told a teacher or other staff at school.

Q74. Percentage of pupils responding that they were bullied recently and told the following people about it (top 5 – Surrey Secondary data in brackets):

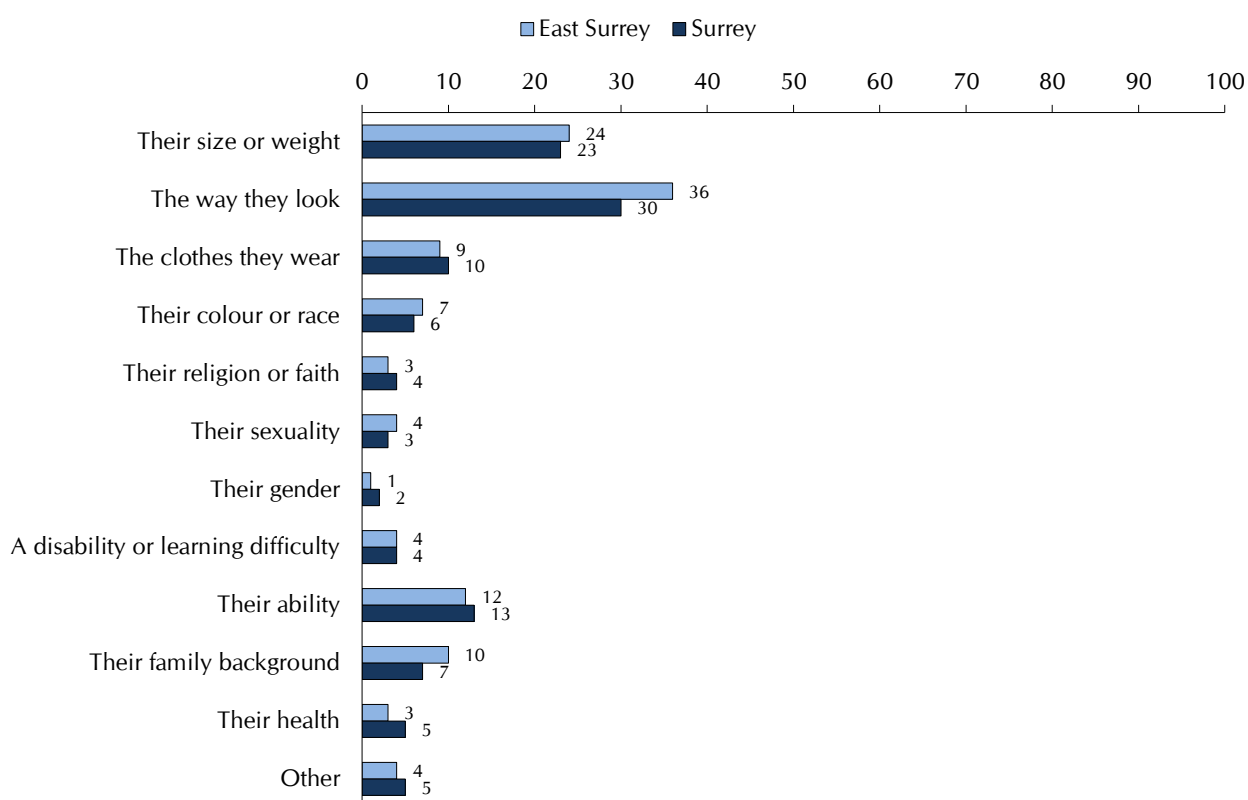
Boys				Girls			
1	No one	14	(16)	1	Friend	19	(20)
2	Mum or Dad/carers	14	(14)	2	Mum or Dad/carers	16	(18)
3	Teacher or other staff at school	10	(9)	3	Teacher or other staff at school	12	(10)
4	Friend	8	(9)	4	No one	10	(15)
5	Brother or sister	4	(4)	5	Brother or sister	8	(6)

11% (14%) of pupils responded that the bullying problem stopped after telling someone, while 11% (8%) said it didn't stop.

Q75. Percentage answering that the bullying problem stopped after telling someone.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	16	5	17	9
Girls	11	10	17	11

Q76. Do you think you are being picked on or bullied for any of the following?



20% (19%) of boys and 30% (27%) of girls think they are being picked on or bullied because of their size or weight.

Q76. Percentage answering that they think they are being picked on or bullied because of their size or weight.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	15	25	19	19
Girls	27	33	28	27

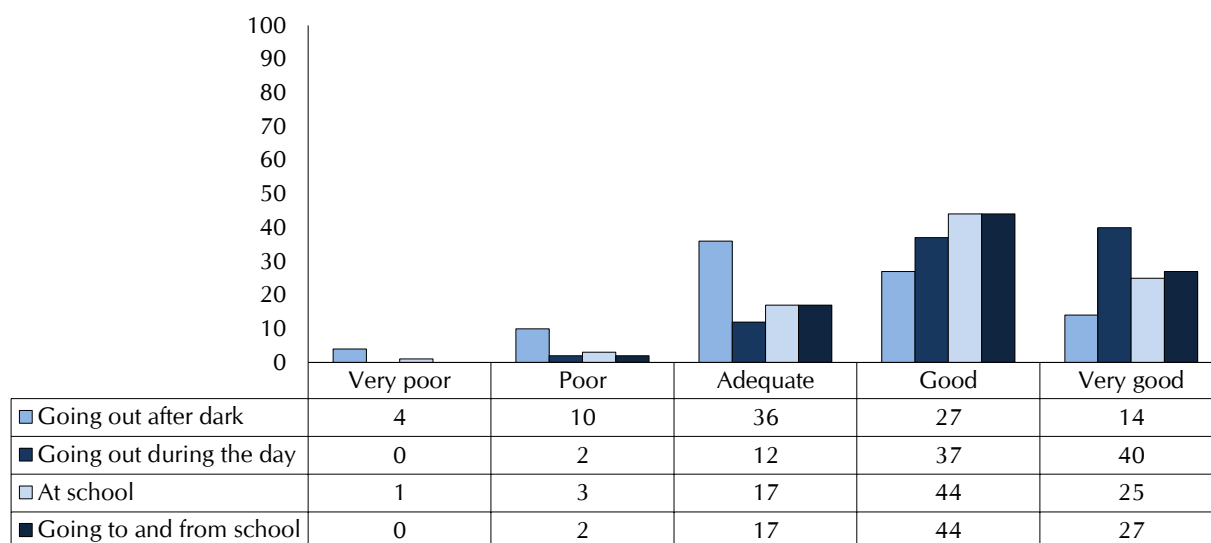
26% (21%) of boys and 49% (41%) of girls think they are being picked on or bullied because of the way they look.

Q76. Percentage answering that they think they are being picked on or bullied because of the way they look.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	24	28	21	21
Girls	39	58	40	41

Local area

Q77. How do you rate your safety at the following times in the area where you live?



N.B. Chart shows data for East Surrey only.

69% (77%) of pupils rated their safety at school as 'good' or 'very good'; 41% (51%) said the same of going out after dark.

Q77. Percentage of pupils rating their safety as 'good' or 'very good' in the following circumstances (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Going out after dark	41 (53)	34 (47)	51 (58)	35 (47)	41 (51)
Going out during the day	70 (78)	61 (84)	92 (90)	80 (86)	77 (84)
At school	64 (69)	52 (76)	82 (84)	75 (83)	69 (77)
Going to and from school	70 (71)	52 (72)	80 (83)	75 (78)	71 (75)

14% (15%) of pupils rated their safety when going out after dark as 'poor' or 'very poor'; 5% (3%) said the same of being at school.

Q77. Percentage of pupils rating their safety as 'poor' or 'very poor' in the following circumstances (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Going out after dark	12 (13)	18 (16)	13 (11)	15 (18)	14 (15)
Going out during the day	3 (2)	2 (1)	0 (1)	4 (3)	2 (2)
At school	5 (4)	9 (4)	0 (2)	5 (2)	5 (3)
Going to and from school	1 (4)	7 (4)	0 (2)	5 (3)	3 (3)

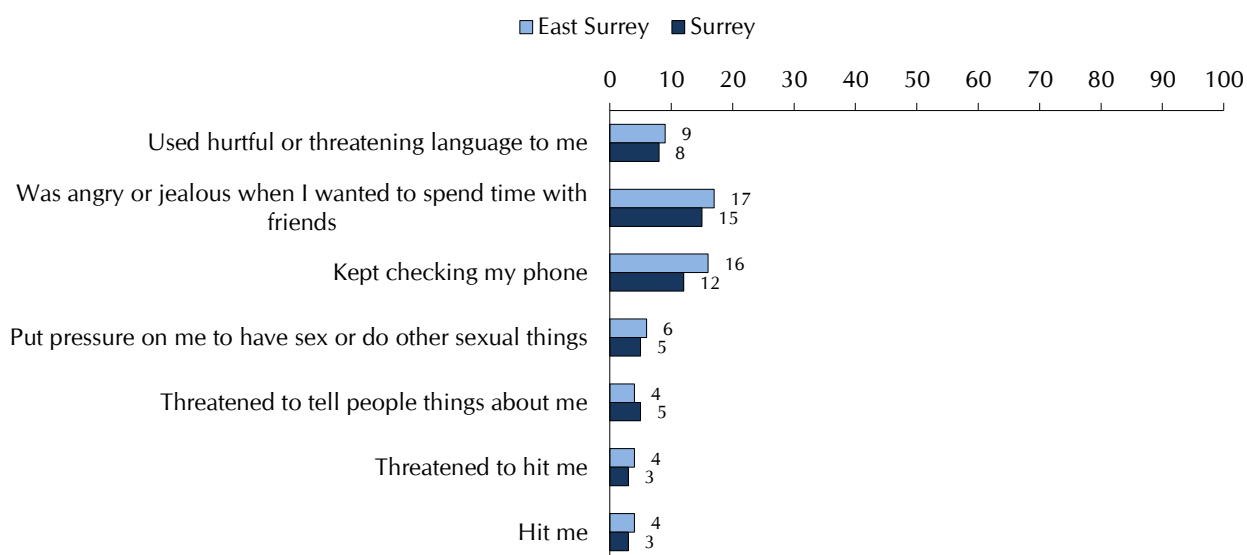
Relationships

27% (24%) of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

Q78. Have any of these things happened to you in a relationship with a boyfriend/girlfriend? (Surrey Secondary data in brackets):

Boys	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Used hurtful or threatening language to me	71 (75)	8 (7)	1 (1)
Was angry or jealous when I wanted to spend time with friends	61 (69)	13 (12)	5 (2)
Kept checking my phone	61 (69)	14 (12)	4 (2)
Put pressure on me to have sex or do other sexual things	74 (79)	3 (3)	3 (1)
Threatened to tell people things about me	75 (78)	2 (4)	1 (1)
Threatened to hit me	74 (80)	2 (2)	2 (1)
Hit me	72 (80)	3 (3)	3 (1)
Girls	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Used hurtful or threatening language to me	80 (79)	7 (8)	2 (1)
Was angry or jealous when I wanted to spend time with friends	73 (73)	13 (14)	2 (2)
Kept checking my phone	74 (78)	12 (8)	2 (2)
Put pressure on me to have sex or do other sexual things	81 (81)	5 (6)	2 (1)
Threatened to tell people things about me	84 (81)	2 (6)	2 (1)
Threatened to hit me	85 (85)	2 (2)	1 (0)
Hit me	87 (85)	0 (2)	1 (0)

Q78. Percentage of pupils responding that they experienced the following in a relationship with a past or current partner:



E-safety

81 % (84%) of pupils responded that they have chatted on the internet.

Q79a(i). Percentage answering that they have chatted on the internet

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	76	87	77	90
Girls	62	93	78	93

36% (35%) of pupils responded that they chat to friends of friends on the internet, while 21% (21%) said they chat to other people who they don't know in real life.

Q79a(ii)-(v). Percentage of pupils responding 'yes' to the following questions about chatting on the internet (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Do you video chat (e.g. Skype, Facetime)?	35 (47)	45 (61)	63 (68)	75 (71)	54 (60)
Do you chat to just your friends or family that you know in real life?	39 (51)	45 (61)	56 (64)	62 (67)	50 (59)
Do you chat to friends of friends?	22 (29)	27 (34)	46 (42)	49 (39)	36 (35)
Do you chat to other people who you don't know in real life?	14 (17)	11 (15)	23 (26)	38 (27)	21 (21)

18% (18%) of pupils responded that they have received a hurtful, nasty or scary message online, while 10% (8%) said someone has changed their password.

Q79b. Percentage of pupils responding that the following things have happened to them online (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Received a hurtful, nasty or scary message	19 (14)	18 (24)	10 (12)	29 (25)	18 (18)
Hurtful comments were posted about them on a social networking site	8 (7)	16 (18)	6 (6)	15 (16)	10 (11)
An insulting poll or webpage was set up about them	3 (1)	0 (1)	0 (1)	4 (2)	2 (1)
Someone used/changed a picture or video to humiliate them	8 (5)	2 (8)	11 (5)	9 (9)	8 (7)
Someone posted private information about them (including pictures)	5 (3)	0 (4)	7 (4)	5 (5)	5 (4)
Someone used their identity/password to post false or hurtful things	1 (2)	7 (4)	0 (2)	4 (2)	2 (3)
Someone changed their password	5 (5)	7 (11)	13 (9)	15 (10)	10 (8)
Other	1 (1)	0 (3)	0 (2)	0 (2)	0 (2)

13% (10%) of pupils responded that they have given personal information to someone online who they didn't know in real life.

Q79c. Percentage answering that they have given personal information to someone online who they didn't know in real life.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	9	13	8	8
Girls	5	22	8	16

22% (20%) of pupils responded that someone online who they didn't know has asked to see pictures of them.

6% (5%) of pupils responded that someone (online or in person) has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.

5% (2%) of pupils responded that they have sent sexual pictures of themselves to someone they don't know.

7% (6%) of pupils responded that they have sent sexual pictures of themselves to someone they do know.

20% (16%) of pupils responded that someone they don't know in person has asked to meet with them; 11% (6%) said this person was, as far as they know, quite a bit older than them and 5% (3%) said they did actually meet up with them.

Q79d. Percentage answering that someone online who they didn't know has asked to see pictures of them.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	17	16	11	15
Girls	13	42	23	34

Q79e. Percentage answering that someone has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	5	0	2	1
Girls	5	15	7	12

Q79f. Percentage answering that they have sent sexual pictures of themselves to someone they don't know.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	2	3	1	2
Girls	0	13	1	6

Q79g. Percentage answering that they have sent sexual pictures of themselves to someone they do know.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	6	2	8
Girls	0	22	2	16

Q79h(i). Percentage answering that someone they don't know in person has asked to meet with them.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	14	12	8	14
Girls	3	47	15	32

91 % (93%) of pupils responded that they have been told how to stay safe while online.

Q79i(i). Percentage answering that they have been told how to stay safe online.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	86	91	89	91
Girls	89	96	94	96

73% (73%) of pupils responded that they always follow the advice they have been given about how to stay safe online.

Q79i(ii). Percentage answering that they always follow the advice they have been given about how to stay safe online.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	79	68	74	65
Girls	83	67	80	72

65% (63%) of pupils responded that they have blocked someone because of something upsetting that happened online and 2% (2%) said they have reported something to CEOP.

Q79j. Percentage of pupils responding that they have done the following because of something upsetting that happened online (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Blocked someone	50 (53)	68 (71)	61 (58)	87 (74)	65 (63)
Insulted someone back	19 (19)	16 (21)	30 (33)	33 (24)	25 (24)
Asked a friend to reply for them	4 (10)	16 (21)	4 (11)	27 (22)	11 (15)
Talked to their parents/carers	22 (16)	25 (31)	15 (11)	35 (21)	23 (20)
Reported to CEOP	4 (3)	2 (2)	0 (1)	0 (2)	2 (2)
Talked to the police	5 (2)	5 (2)	1 (1)	0 (3)	3 (2)
Talked to an adult at school	5 (5)	11 (10)	4 (3)	18 (10)	9 (7)
Talked to an adult outside school	4 (7)	11 (9)	1 (2)	7 (5)	5 (6)

Enjoying & Achieving

Future plans

Q80. At the end of Year 11, do you want to...?



41% (47%) of boys and 47% (57%) of girls responded that they want to continue in full-time education at the end of Year 11.

Q80. Percentage answering that they want to continue in full-time education at the end of Year 11.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	32	49	38	59
Girls	32	60	47	70

37% (33%) of boys and 53% (39%) of girls responded that they want to find a job as soon as they can at the end of Year 11.

Q80. Percentage answering that they want to enter into employment at the end of Year 11.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	28	46	32	36
Girls	43	60	38	41

45% (47%) of boys and 41% (47%) of girls responded that they want to get training for a skilled job at the end of Year 11.

Q80. Percentage answering that they want to get training for a skilled job at the end of Year 11.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	51	38	50	43
Girls	45	38	52	40

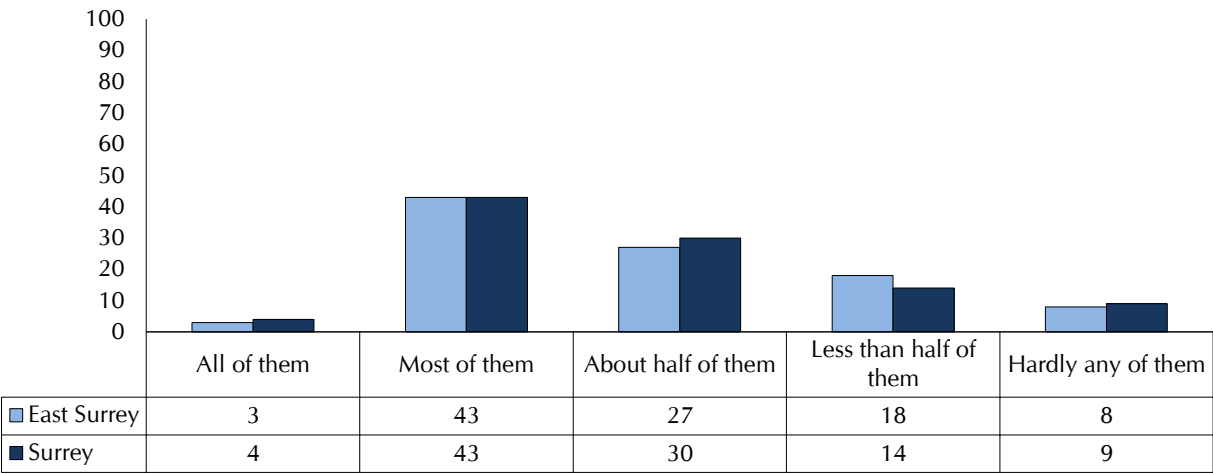
14% (11%) of boys and 13% (8%) of girls responded that they want to start a family at the end of Year 11.

Q80. Percentage answering that they want to start a family at the end of Year 11.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	18	10	15	6
Girls	14	13	9	6

School lessons

Q81. How many lessons do you enjoy at school?



46% (47%) of pupils responded that they enjoy ‘most’ or ‘all’ of their lessons at school.

Q81. Percentage answering that they enjoy ‘most’ or ‘all’ of their lessons at school.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	44	62	44	54
Girls	38	34	43	48

8% (9%) of pupils responded that they enjoy ‘hardly any’ of their lessons at school.

Q81. Percentage answering that they enjoy ‘hardly any’ of their lessons at school.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	9	5	8	7
Girls	12	9	12	8

17% (24%) of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.

Q82. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Managing money	18 (18)	7 (13)	15 (18)	7 (10)	13 (15)
Citizenship	27 (29)	7 (24)	18 (22)	9 (17)	17 (24)
Drug education (including alcohol and tobacco)	49 (43)	39 (40)	49 (45)	49 (47)	47 (43)
Emotional health and wellbeing	47 (36)	30 (36)	34 (34)	31 (32)	36 (35)
Bullying	43 (44)	36 (46)	34 (35)	38 (39)	38 (41)
Healthy eating	42 (44)	39 (45)	30 (41)	42 (44)	38 (44)
Physical activity	49 (51)	32 (49)	48 (49)	36 (43)	43 (48)
Safety	50 (52)	39 (56)	44 (48)	47 (50)	45 (52)
Sex and Relationships education	43 (37)	32 (37)	42 (43)	45 (46)	41 (40)

10% (15%) of pupils responded that they have found school lessons about citizenship 'not at all' useful.

Q82. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Managing money	8 (11)	14 (14)	21 (20)	24 (18)	16 (15)
Citizenship	5 (10)	16 (15)	13 (17)	9 (22)	10 (15)
Drug education (including alcohol and tobacco)	7 (8)	9 (12)	11 (10)	11 (9)	9 (10)
Emotional health and wellbeing	3 (9)	11 (12)	13 (16)	25 (19)	12 (13)
Bullying	11 (9)	7 (12)	14 (17)	11 (17)	11 (13)
Healthy eating	7 (7)	9 (10)	17 (14)	18 (13)	13 (11)
Physical activity	7 (6)	9 (10)	8 (10)	15 (13)	9 (9)
Safety	5 (4)	9 (7)	8 (12)	7 (8)	7 (7)
Sex and Relationships education	7 (11)	7 (13)	7 (12)	15 (11)	9 (12)

Attendance

91% (89%) of pupils responded that they think it is important to go to school regularly, while 2% (3%) think it isn't important.

Q83. Percentage answering that they think it is important to go to school regularly.

	East Surrey		Surrey	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	89	97	87	92
Girls	88	89	89	91

62% (68%) of pupils responded that they were away from school due to illness or injury in the 12 months before the survey, while 37% (41%) said they have been away due to doctor/dentist appointments.

Q84. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (top 5 – Surrey Secondary data in brackets):

Boys				Girls			
1	Illness or injury	60	(67)	1	Illness or injury	65	(69)
2	Medical/dental appointments	34	(36)	2	Medical/dental appointments	41	(47)
3	Day trips or holiday in term-time	8	(12)	3	Worries about school	17	(15)
4	Other	6	(4)	4	Day trips or holiday in term-time	11	(15)
5	Worries about school	5	(5)	5	Effects on my social life	9	(6)

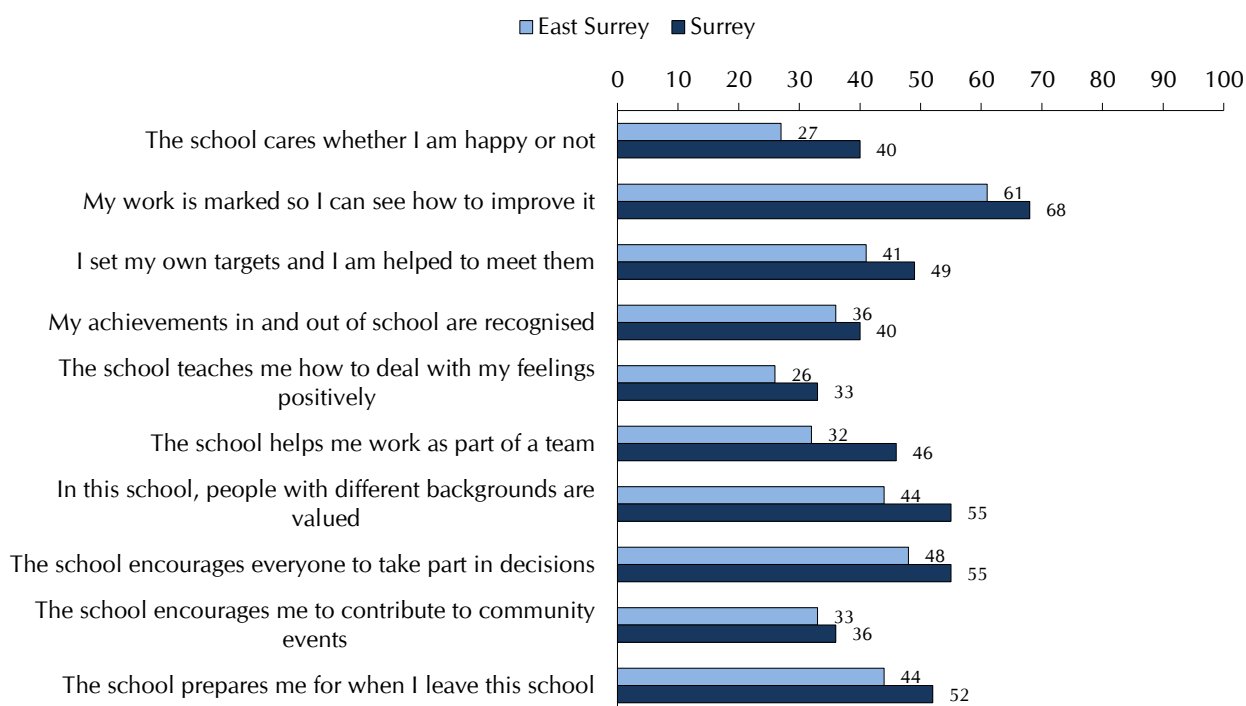
Every Child Matters

27% (40%) of pupils responded that they think the school cares whether they are happy or not and 61% (68%) said their work is marked so they can see how to improve it.

Q85. Percentage of pupils responding that they 'agree' with the following statements (Surrey Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	27 (41)	30 (38)	28 (41)	25 (41)	27 (40)
My work is marked so I can see how to improve it	46 (60)	43 (63)	72 (79)	82 (76)	61 (68)
I set my own targets and I am helped to meet them	43 (50)	27 (46)	51 (54)	35 (47)	41 (49)
My achievements in and out of school are recognised	41 (41)	34 (36)	41 (44)	27 (42)	36 (40)
The school teaches me how to deal with my feelings positively	32 (37)	27 (31)	24 (34)	18 (28)	26 (33)
The school helps me work as part of a team	42 (47)	27 (42)	30 (47)	24 (47)	32 (46)
In this school, people with different backgrounds are valued	36 (50)	41 (51)	42 (59)	60 (65)	44 (55)
The school encourages everyone to take part in decisions	41 (49)	41 (53)	54 (62)	58 (57)	48 (55)
The school encourages me to contribute to community events	31 (37)	25 (33)	34 (40)	40 (35)	33 (36)
The school prepares me for when I leave this school	42 (50)	39 (51)	55 (57)	36 (51)	44 (52)

Q85. Percentage of pupils responding that they 'agree' with the following statements:



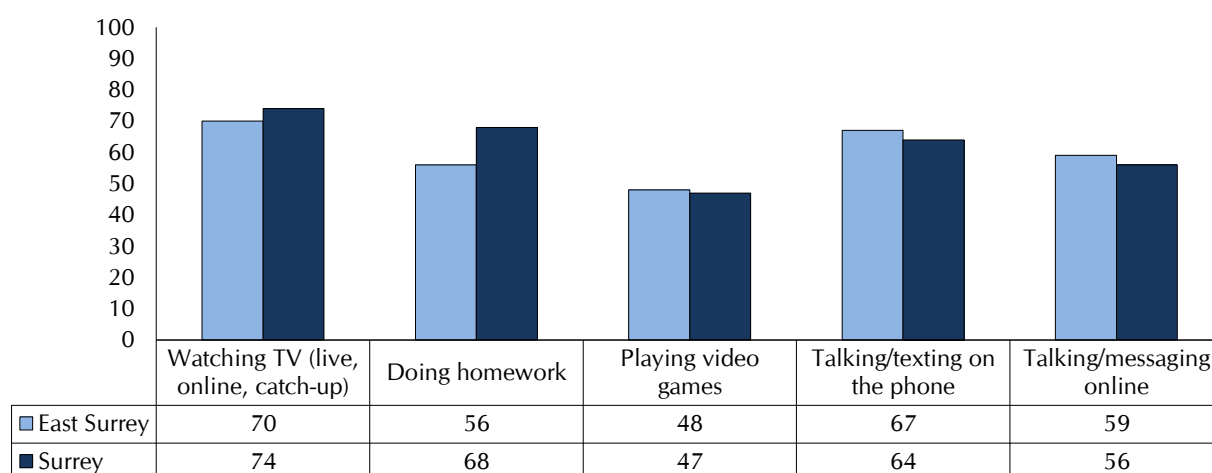
Leisure

70% (74%) of pupils responded that they spent time watching TV after school on the day before the survey, while 56% (68%) did homework and 48% (47%) played video games.

Q86. Percentage of pupils responding that they spent time doing the following after school on the day before the survey
(Surrey Secondary data in brackets):

Boys	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV (live, online, catch-up)	13 (17)	23 (30)	21 (21)	8 (8)	11 (8)
Doing homework	25 (22)	32 (38)	13 (17)	5 (4)	2 (3)
Playing video games	11 (17)	16 (19)	17 (18)	11 (14)	21 (17)
Talking/texting on the phone	15 (30)	32 (29)	11 (10)	5 (6)	14 (10)
Talking/messaging online	28 (37)	28 (27)	7 (8)	5 (5)	8 (7)
Girls	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV (live, online, catch-up)	12 (13)	23 (35)	23 (23)	13 (11)	18 (12)
Doing homework	27 (18)	39 (38)	17 (23)	4 (10)	2 (5)
Playing video games	67 (70)	10 (13)	1 (4)	6 (3)	6 (4)
Talking/texting on the phone	15 (20)	18 (26)	17 (15)	12 (12)	27 (20)
Talking/messaging online	14 (28)	21 (25)	21 (14)	11 (10)	22 (17)

Q86. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



58% (61%) of pupils responded that they listened to music after school on the day before the survey, while 26% (28%) said they met with friends.

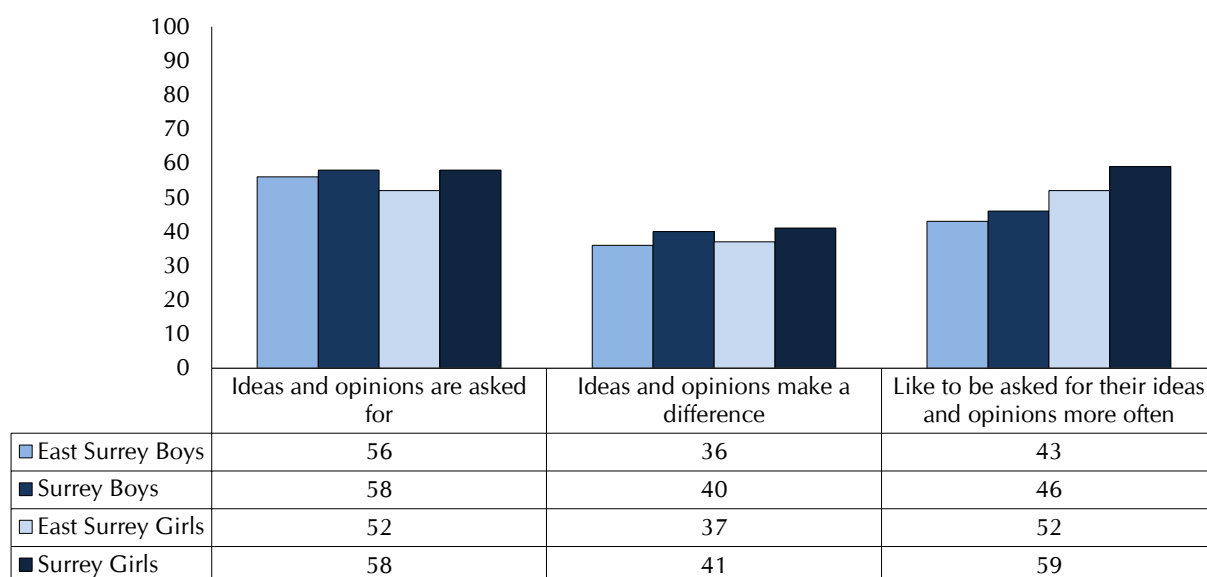
Q87. Percentage of pupils responding that they did the following after school on the day before the survey (top 10 – Surrey Secondary data in brackets):

Boys				Girls			
1	Listened to music	46	(52)	1	Listened to music	77	(72)
2	Sport	37	(43)	2	Cared for pets	39	(43)
3	Cared for pets	37	(35)	3	Used a computer for school work	34	(43)
4	Used a computer for school work	30	(39)	4	Read a book for pleasure	26	(28)
5	Met with friends	28	(30)	5	Met with friends	24	(26)
6	Played a musical instrument	11	(11)	6	Cared for family members	17	(13)
7	Cared for family members	11	(6)	7	Sport	15	(29)
8	Read a book for pleasure	10	(19)	8	Played a musical instrument	11	(22)
9	Other	6	(6)	9	Helping and volunteering outside the home	4	(6)
10	Helping and volunteering outside the home	3	(4)	10	Other	3	(8)

Making a Positive Contribution

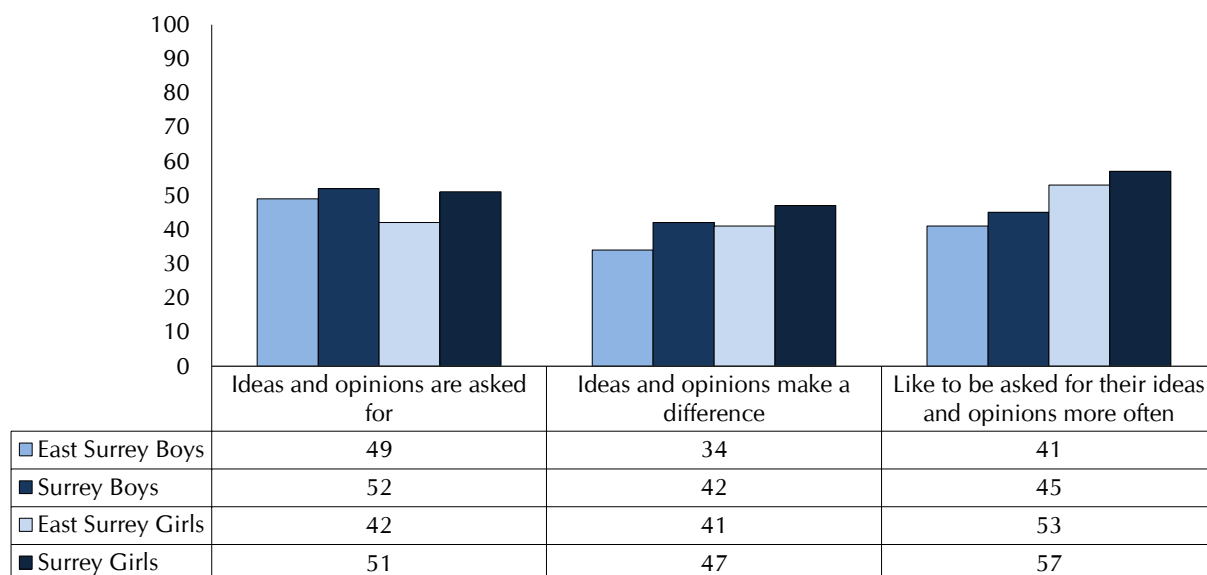
54% (58%) of pupils responded that they are asked for their opinions about what they learn in school; 36% (40%) said their opinions make a difference and 46% (52%) would like to be consulted more often.

Q88. Percentage of pupils responding to questions about what they learn in school:



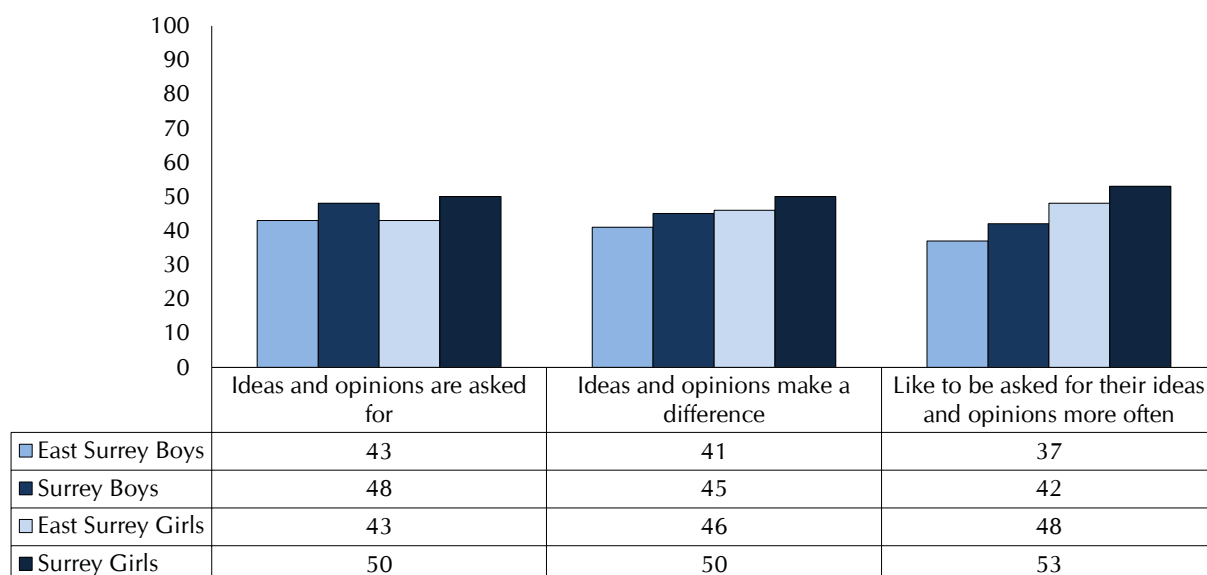
46% (52%) of pupils responded that they are asked for their opinions about how they learn in school; 37% (44%) said their opinions make a difference and 45% (51%) would like to be consulted more often.

Q88. Percentage of pupils responding to questions about how they learn in school:



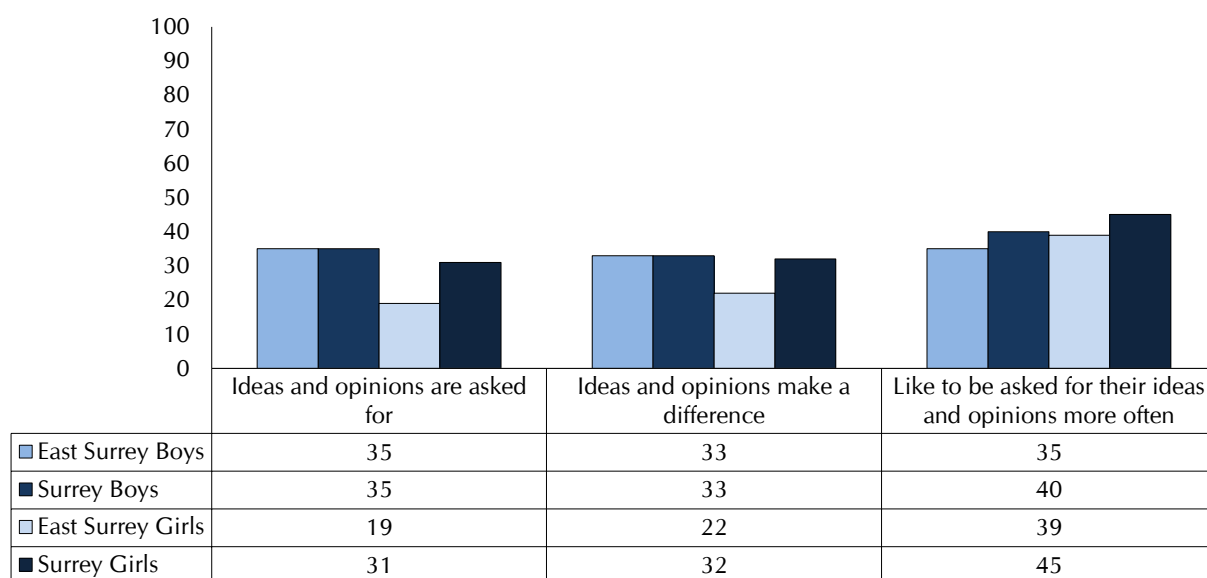
43% (49%) of pupils responded that they are asked for their opinions about the school environment; 43% (47%) said their opinions make a difference and 42% (47%) would like to be consulted more often.

Q88. Percentage of pupils responding to questions about the school environment:



29% (33%) of pupils responded that they are asked for their opinions about their community; 29% (32%) said their opinions make a difference and 37% (42%) would like to be consulted more often.

Q88. Percentage of pupils responding to questions about their community:



List of Tables

Q1. Percentage answering that they are White British.....	23
Q3. Which adults do you live with?	23
Q3. Percentage answering that they live with their Mum and Dad together.....	23
Q3. Percentage answering that they live 'mainly or only' with their Mum.....	23
Q4. Percentage answering that someone helped them to fill in the questionnaire.....	24
Q5. Percentage answering that they are disabled.....	24
Q6. Percentage answering that they have a long-standing illness.....	24
Q7. Percentage answering that they have a special educational need or learning difficulty.....	24
Q8. Percentage answering that they have additional needs which are looked after properly in school.....	24
Q9a. Percentage answering that they are a 'young carer'.....	25
Q9c. If you are a 'young carer', how much of your time does it take up each day?.....	25
Q9c. Percentage answering that being a young carer takes up at least an hour of their time each day.....	25
Q10a. Percentage answering that they have a parent/carers who is in the armed forces.....	26
Q10b. If yes, who is it?.....	26
Q10b. Percentage answering that their Mum or Dad is in the British Army, Royal Navy, Royal Air Force or the Reserves.....	26
Q11. In the last 6 years have you ever had free school meals, or vouchers for free meals?.....	27
Q11. Percentage answering that they currently have free school meals.....	27
Q12. Percentage agreeing with statements Q12a and/or Q12c.....	28
Q12. Percentage agreeing with statements Q12b and/or Q12d.....	28
Q12. Aggregate health locus of control score:	28
Q12. Percentage of pupils responding that they 'agree' with the following statements (Surrey Secondary data in brackets):	28
Q14. Weight: Which statement describes you best?.....	29
Q14. Percentage answering that they would like to put on weight.....	29
Q14. Percentage answering that they would like to lose weight.....	29
Q14. Percentage answering that they are happy with their weight as it is.....	29
Q15. Percentage of pupils responding that the following are the main things that affect the way they feel about their appearance (top 5 – Surrey Secondary data in brackets):.....	29
Q16. When choosing what to eat, do you consider your health?.....	30
Q16. Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.....	30
Q16. Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.....	30
Q17. How many portions of fruit and vegetables did you eat yesterday?	31
Q17. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.....	31
Q17. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.....	31
Q18. What did you do for lunch yesterday?	32
Q18. Percentage answering that they had school food for lunch on the day before the survey.....	32
Q18. Percentage answering that they didn't have any lunch on the day before the survey.....	32
Q19. Percentage of pupils responding that they would describe the place where they can get a school lunch as the following (Surrey Secondary data in brackets):.....	32
Q20. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:	33
Q20. Percentage answering that they didn't have anything to eat or drink before lessons on the day of the survey.....	33
Q20. Percentage answering that they only had a drink before lessons on the day of the survey.....	33
Q20. Percentage of pupils responding that they had the following to eat for breakfast on the day of the survey (top 5 – Surrey Secondary data in brackets):	33
Q20. Percentage of pupils responding that they had the following to drink for breakfast on the day of the survey (top 3 – Surrey Secondary data in brackets):	33
Q21. Percentage of pupils responding that they eat or drink the following 'on most days' (top 10 – Surrey Secondary data in brackets):	34
Q21. Percentage of pupils responding that they 'rarely or never' eat or drink the following (top 10 – Surrey Secondary data in brackets):	34
Q22. How many people of your age, do you believe...?	35
Q22a. Percentage answering that they believe at least 'most' people their age drank alcohol in the week before the survey.....	35

Q22b. Percentage answering that they believe at least 'most' people their age were drunk at least once in the 7 days before the survey.	35
Q22c. Percentage answering that they believe at least 'most' people their age smoked a cigarette in the 7 days before the survey.	35
Q22d. Percentage answering that they believe at least 'most' people their age took cannabis in the 7 days before the survey.	35
Q23. Percentage answering that they had an alcoholic drink in the 7 days before the survey.	36
Q24. Percentage answering that they were drunk in the 7 days before the survey.	36
Q25. Total units of alcohol pupils reported drinking in the 7 days before the survey:	36
Q25. Percentage answering that they drank over 14 units of alcohol in the 7 days before the survey.	36
Q25. Most popular alcoholic drinks in the 7 days before the survey (top 5 – Surrey Secondary data in brackets):	36
Q26. If you ever drink alcohol, do your parents/carers know?.....	37
Q26. Percentage answering that they never drink alcohol.	37
Q26. Percentage answering that if they ever drink alcohol, their parents/carers 'always' know.	37
Q26. Percentage answering that if they ever drink alcohol, their parents/carers 'never' or only 'sometimes' know.	37
Q27a. Percentage answering that they would know where to go if they wanted information or support about alcohol or drugs.	37
Q28. Smoking: Which statement describes you best?	38
Q28. Percentage answering that they have smoked in the past or smoke now.	38
Q28. Percentage answering that they smoke 'regularly'	38
Q29. Percentage answering that they have smoked in the 7 days before the survey.....	38
Q30. Percentage of pupils responding that they have bought the following (Surrey Secondary data in brackets):	38
Q31. What do you know about electronic cigarettes or 'e-cigarettes'?.....	39
Q31. Percentage answering that they have either 'never heard of' or 'never used' electronic cigarettes.	39
Q31. Percentage answering that they use an electronic cigarette 'occasionally' or 'regularly'.	39
Q32a. Percentage answering that their parents/carers smoke.....	39
Q32b. Percentage answering that someone smokes indoors at home in rooms that they use.	39
Q32c. Percentage answering that someone smokes in a car when they are in it too.	39
Q33. Thinking about smoking at home, what best describes what happens in your home?.....	40
Q33. Percentage answering that no-one ever smokes at home.	40
Q33. Percentage answering that smoking happens only outside.....	40
Q33. Percentage answering that smoking happens on the doorstep only.	40
Q33. Percentage answering that smoking happens in certain rooms only.	40
Q33. Percentage answering that smokers can smoke anywhere in their home.	40
Q34. Do you know anyone personally who you think takes any drugs to get high (not medicines, tobacco or alcohol)?	41
Q34. Percentage answering that they are 'fairly sure' or 'certain' they know someone who takes drugs to get high.	41
Q35. Percentage answering that they have been offered cannabis.....	41
Q36. Percentage answering that they have been offered other illegal drugs or legal highs (not cannabis).	41
Q37. Percentage answering that they have taken drugs to get high (not medicines, tobacco or alcohol).....	41
Q38. Summary of some common recreational drugs (Surrey Secondary data in brackets):	42
Q38. Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:	42
Q38. Percentage answering that they have taken one of the drugs listed during the last month.....	42
Q38. Percentage answering that they have taken one of the drugs listed during the last year.	42
Q39. In general, how happy do you feel with your life at the moment?.....	43
Q39. Percentage answering that they are 'not at all' happy with their life at the moment.	43
Q39. Percentage answering that they are at least 'quite' happy with their life at the moment.	43
Q40. Composite self-esteem score:.....	44
Q40. Percentage with a med-low self-esteem score (9 or less).....	44
Q40. Percentage with a high self-esteem score (15 or more).	44
Q40. (Individual self-esteem items) Percentage in each group giving a high esteem response (Surrey Secondary data in brackets):	45
Q40. (Individual self-esteem items) Percentage in each group giving a high esteem response:	45
Q41. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:	46

Q41. Percentage answering they worry about at least one of the issues listed 'quite a lot' or 'a lot'.....	46
Q41. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 – Surrey Secondary data in brackets):.....	46
Q42. Percentage answering they know an adult they trust who they can talk to if they are worried about something.	46
Q43. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed (top 10 – Surrey Secondary data in brackets):	47
Q43. Percentage of pupils responding that they 'usually' or 'always' do the following when they have a problem that worries them or they are feeling stressed:	47
Q44/45. Composite resilience score:	48
Q44/45. Percentage with a low measure of resilience (0 – 19).	48
Q44/45. Percentage with a high measure of resilience (26 +).	48
Q44. Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong (Surrey Secondary data in brackets):	49
Q44. Percentage of pupils responding that they 'usually' or 'always' feel the following when something goes wrong:	49
Q45. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed (Surrey Secondary data in brackets):	50
Q45. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:.....	50
Q46a. Percentage of pupils responding that they have learned about contraception from the following people or places (Surrey Secondary data in brackets):	51
Q46b. Percentage of pupils responding that they have learned about sexually transmitted infections from the following people or places (Surrey Secondary data in brackets):	51
Q47. Percentage answering that they know where they can get condoms free of charge.	51
Q48. What do you know about the following services?	52
Q48a. Percentage answering that they have never heard of Catch 22.	52
Q48b. Percentage answering that they have never heard of GUM clinics.	52
Q48b. Percentage answering that they have never heard of CASH clinics.	52
Q48b. Percentage answering that they have never heard of sexual health clinics just for young people.	52
Q89. Year 10+: At what age do you think most young people start having sex?.....	53
Q89. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 14 or younger.	53
Q89. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 16 or 17.	53
Q89. Percentage of Year 10+ pupils answering that they think most young people start having sex aged 19 or older.	53
Q90. Year 10+: Sexual relationships: Which of the following best describes you?	54
Q90. Percentage of Year 10+ pupils answering that they are currently in a relationship and thinking about having sex.	54
Q90. Percentage of Year 10+ pupils answering that they are either in a sexual relationship or have had one in the past.	54
Q49. How much do you enjoy physical activities?	55
Q49. Percentage answering that they don't enjoy physical activities at all.	55
Q49. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.	55
Q50a. Percentage answering that they enjoy their PE lessons.	55
Q50b. Percentage answering that they feel they are getting better at PE.	55
Q50c. Percentage answering that their school has helped them to be more healthy.	56
Q51. How many times each week do you go to sports clubs at lunchtime or after school?	56
Q51. Percentage answering that they don't go to any sports clubs at lunch time or after school each week.	56
Q51. Percentage answering that they go to at least 3 sports clubs at lunch time or after school each week.	56
Q52. How many sports games or matches have you played in school this year?	57
Q52. Percentage answering that they haven't played any sports games or matches at their school this year.	57
Q52. Percentage answering that they have played at least 4 matches at their school this year.	57
Q53. How many games or matches have you played against other schools this year?.....	58
Q53. Percentage answering that they haven't played any games or matches against other schools this year.	58
Q53. Percentage answering that they have played at least 4 matches against other schools this year.	58
Q54. Percentage answering that they currently take part in sports volunteering or sports leadership.	58
Q55. On how many days did you do any physical activity in the last 7 days?.....	59
Q55. Percentage answering that they didn't do any physical activity in the week before the survey.	59
Q55. Percentage answering that they did physical activity on five days or more in the week before the survey.	59

Q55. On which days did you do any physical activity in the last 7 days?	59
Q56. On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?	60
Q56. Percentage answering that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.....	60
Q56. Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty on at least 5 days in the week before the survey.....	60
Q56. On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?	60
Q57. On how many days did you get out of breath and/or sweaty while doing physical activity for an hour or more, in the last 7 days?	61
Q57. Percentage answering that they didn't do any physical activity that caused them to get out of breath and/or sweaty for an hour or more in the week before the survey.....	61
Q57. Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty for an hour or more on at least 5 days in the week before the survey.	61
Q57. On which days did you get out of breath and/or sweaty while doing physical activity for an hour or more, in the last 7 days?	61
Q58. Percentage answering that their week's pattern of activity was usual.	62
Q59. Percentage of pupils responding that the following stops them doing activities as much as they would like (top 10 – Surrey Secondary data in brackets):	62
Q60. How long ago did you last visit the doctor?	63
Q60. Percentage answering that they last visited the doctor in the last 6 months.	63
Q60. Percentage answering that they last visited the doctor more than a year ago.	63
Q61. Percentage answering that the reception and waiting room environment made them feel 'quite' or 'very' uneasy on their last visit to the doctor.	63
Q61. Percentage answering that the reception and waiting room environment made them feel 'at ease' on their last visit to the doctor.	63
Q62. Percentage answering that there is a health clinic in their school.....	64
Q63. Percentage answering that they know who their School Nurse is.....	64
Q64. Percentage answering that they know how to get to see their School Nurse.....	64
Q65. How long ago did you last visit the dentist?	65
Q65. Percentage answering that they visited the dentist in the last 6 months.	65
Q65. Percentage answering that they last visited the dentist more than a year ago.....	65
Q66. When a friend wants me to do something I don't want to do, I can...:	66
Q66. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.	66
Q66. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.	66
Q67. Do you ever feel afraid of going to school because of bullying?	67
Q67. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.	67
Q67. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.	67
Q68. Percentage answering that they have been bullied at or near school in the last 12 months.....	67
Q69. Percentage answering that they have deliberately upset or hurt someone else at school in the last 12 months.....	67
Q70. How well does your school deal with bullying?	68
Q70. Percentage answering that their school deals with bullying 'badly'.....	68
Q70. Percentage answering that their school deals with bullying 'quite' or 'very' well.	68
Q71. Percentage answering that they think their school takes bullying seriously.	68
Q72. Percentage of pupils responding that they experienced the following in the month before the survey (top 10 – Surrey Secondary data in brackets):	69
Q73. Percentage of pupils responding that they have experienced negative behaviour at the following places in the month before the survey (top 5 – Surrey Secondary data in brackets):	69
Q74. Percentage of pupils responding that they were bullied recently and told the following people about it (top 5 – Surrey Secondary data in brackets):	69
Q75. Percentage answering that the bullying problem stopped after telling someone.	69
Q76. Do you think you are being picked on or bullied for any of the following?	70
Q76. Percentage answering that they think they are being picked on or bullied because of their size or weight.....	70
Q76. Percentage answering that they think they are being picked on or bullied because of the way they look.....	70

Q77. How do you rate your safety at the following times in the area where you live?	71
Q77. Percentage of pupils rating their safety as 'good' or 'very good' in the following circumstances (Surrey Secondary data in brackets):	71
Q77. Percentage of pupils rating their safety as 'poor' or 'very poor' in the following circumstances (Surrey Secondary data in brackets):	71
Q78. Have any of these things happened to you in a relationship with a boyfriend/girlfriend? (Surrey Secondary data in brackets):	72
Q78. Percentage of pupils responding that they experienced the following in a relationship with a past or current partner:	72
Q79a(i). Percentage answering that they have chatted on the internet	73
Q79a(ii)-(v). Percentage of pupils responding 'yes' to the following questions about chatting on the internet (Surrey Secondary data in brackets):	73
Q79b. Percentage of pupils responding that the following things have happened to them online (Surrey Secondary data in brackets):	73
Q79c. Percentage answering that they have given personal information to someone online who they didn't know in real life:	73
Q79d. Percentage answering that someone online who they didn't know has asked to see pictures of them.	74
Q79e. Percentage answering that someone has threatened or pressured them to send a picture or video of themselves or show themselves on webcam.	74
Q79f. Percentage answering that they have sent sexual pictures of themselves to someone they don't know.	74
Q79g. Percentage answering that they have sent sexual pictures of themselves to someone they do know.	74
Q79h(i). Percentage answering that someone they don't know in person has asked to meet with them.	74
Q79i(i). Percentage answering that they have been told how to stay safe online.	75
Q79i(ii). Percentage answering that they always follow the advice they have been given about how to stay safe online.	75
Q79j. Percentage of pupils responding that they have done the following because of something upsetting that happened online (Surrey Secondary data in brackets):	75
Q80. At the end of Year 11, do you want to...?	76
Q80. Percentage answering that they want to continue in full-time education at the end of Year 11.	76
Q80. Percentage answering that they want to enter into employment at the end of Year 11.	76
Q80. Percentage answering that they want to get training for a skilled job at the end of Year 11.	76
Q80. Percentage answering that they want to start a family at the end of Year 11.	76
Q81. How many lessons do you enjoy at school?	77
Q81. Percentage answering that they enjoy 'most' or 'all' of their lessons at school.	77
Q81. Percentage answering that they enjoy 'hardly any' of their lessons at school.	77
Q82. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful (Surrey Secondary data in brackets):	78
Q82. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful (Surrey Secondary data in brackets):	78
Q83. Percentage answering that they think it is important to go to school regularly.	78
Q84. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (top 5 – Surrey Secondary data in brackets):	78
Q85. Percentage of pupils responding that they 'agree' with the following statements (Surrey Secondary data in brackets):	79
Q85. Percentage of pupils responding that they 'agree' with the following statements:	79
Q86. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (Surrey Secondary data in brackets):	80
Q86. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:	80
Q87. Percentage of pupils responding that they did the following after school on the day before the survey (top 10 – Surrey Secondary data in brackets):	81
Q88. Percentage of pupils responding to questions about what they learn in school:	82
Q88. Percentage of pupils responding to questions about how they learn in school:	82
Q88. Percentage of pupils responding to questions about the school environment:	83
Q88. Percentage of pupils responding to questions about their community:	83



This is not the end of your Health Related Behaviour Survey!

Ask us about...

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related
behaviour: www.sheu.org.uk/node/366**

***We may also be able to introduce you to health and
education contacts, with money and resources, within your
local community***